

# window onwakefield

#### Community News for the Wakefield Area

#### Wakefield Community Hub - Two Location Options

by Peter Verstappen

**Option 2** 

Recently the Tasman District Council was approached by the owners of 52 Edward Street, the Fort Haldeman building between the school and the hotel, asking if the Council would consider acquiring part of this property as a potential site for the new community hub.

This out-of-the-blue proposal means we now have two possible locations for the future hub: the Wakefield Recreation Reserve or Edward Street.



A portion of 52 Edward Street Wakefield (Fort Haldeman site) 4500sqm

The TDC has commissioned a review to weigh up the strengths and weaknesses of the two locations, considering all relevant factors, including location size, access to services, parking, proximity to other properties, future expansion options, and so on.

The Community Hub Steering Group expects the Council's review to be available this month for your scrutiny and reponse, and we'll organise opportunities for that.

In the meantime, we want to know what you think about the two options...

Where would you like to see your new community hub located?

### Edward Street or the Recreation Reserve?

Send us your preferences and reasons for your choice, and we'll make sure the Council hears your views.

#### Contact us:

email: info@waimeasouth.org.nz

website: www.waimeasouth.org.nz

Facebook: https://www.facebook.com/ WakefieldCommunityHub

Phone: 021 047 1092

Or talk to one of our steering group members (find us on the waimeasouth website).

We look forward to knowing which location you prefer.

#### WINDOW ON WAKEFIELD

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### **Town and Country Vet**

by Brenda Halliwell, Vet

#### New TDC Cat Regulations Reminder

Tasman District Council and Nelson City Council both have new Cat Management Bylaws in effect.

As a result, many people have been bringing their cats in to be microchipped and checking they are registered which is great.

But we've had a few comments like "What's the point?" and "How is this going to control cats?"

#### So just a reminder that the point is:

\* A microchip identifies them as an owned pet cat.

\* And registering their microchip number on the NZ Companion Animal Register (NZCAR) links them directly to their owner.
 \* And when all our pet cats are identified, the various groups that are involved in managing cat populations (eg councils, SPCA, Predator)

Free NZ) will be able to start controlling unowned stray and feral cat populations. \* Remember these rules are all about reducing the impact of uncontrolled cats on our beautiful NZ environment and improving cat

welfare in NZ (all cats having a home and food)

\* If your cat is not microchipped and registered by June 2026, there is the risk it might be taken away with the unowned strays and feral cats.

#### So a reminder about the new requirements:

\* All domestic cats need to be microchipped, registered on NZCAR and desexed by the time they are six months old.

\* Cats can be exempt from desexing if they are a breeding cat registered with a national breeding body, or if a vet considers the procedure could harm the health or welfare of the cat (this would be extremely uncommon eg a cat with heart disease so anaesthetic is risky)
\* Owners of older cats have until June 2026 to comply with the bylaw.

\* If you have a cat that is already desexed, microchipped and registered on NZCAR, you don't have to do anything else.

#### And remember:

\* Being microchipped doesn't automatically register your cat on NZCAR. If you're not sure if your cat is registered, you can check directly on NZCAR's website by entering your cat's microchip number.

\* If you don't know if your cat is microchipped or its number, you might be able to find it in vaccination records, vet paperwork or by phoning your vet or bringing your cat in to be scanned.



"...for all creatures great & small..."

#### HOURS:

Monday 8.30 – 5.00 with Brenda consulting all day Tuesday 8.30 – 5.00 with Brenda - morning consults only Wednesday 8.30 – 12 Nurse only Thursday 8.30 – 5.00 with Paula – morning consults only Friday 8.30 – 12.00 Nurse only

### Ph 541 8974

info@tcvet.co.nz \* www.tcvet.co.nz Edward Street, Wakefield

Head office 35 McGlashen Avenue, Richmond 544 1200 24 hours In the next few years, TDC is also going to look into further cat management regulations such as limits on pet cat numbers, curfews and rules around providing food for colonies of cats.





# **Wakefield Community ANZAC Service**

"At the going down of the sun and in the morning, we will remember them."

What a beautiful and respectful morning it was. I would personally like to thank the Wakefield community for your incredible attendance at the 2025 ANZAC Service — the turnout was great with many youth.

ANZAC Day is more than just a day off — it is a time to honour, respect, and reflect on the brave service men and women, past and present, who have served our country.

A huge thank you goes out to the wonderful individuals and organisations who made this service so special:

- RSA Waimea
- Army Centre Group Higgins Park
- Promote You Wakefield
- Willow Bank Heritage Village
- Nelson Cadet Unit
- Nathan Dunn for sponsoring the service sheets
- Julian Eggers
- Wakefield Community Council
- Tasman District Council
- Ake Creative Graphic design for the service sheet
- Wakefield Police

Heartfelt thanks and love to our speakers:

- CPL Hannah Buckland MC
- Ewan Robertson Bagpipes
- Michael Johnson St John's Church
- Barry Burgess
- Will Thompson-Blythe Waimea Youth Council
- John & Elaine Llewellyn Richmond-Waimea RSA
- Harold Thomson

A special mention to the Army Centre Group for the incredible military vehicle and firearms display on the Village Green. It gave a powerful and realistic glimpse into the equipment used in WWI, WWII, and other conflicts.

The Nelson Army Cadets did an outstanding job with the Cenotaph Guard, Guard of Honour, and flag duties — truly a display of dedication and respect.

Barry Burgess delivered a moving rendition of "My Heart Will Go On" by Celine Dion, as well

as the hauntingly beautiful Last Post. Ewan Robertson brought the service together with three bagpipe pieces that truly captured the spirit of remembrance.

As our community gathers, the legacy of the fallen lives on. Their spirit lives on. We will remember them.

### 8 & Under Dance Class

6 week Ballroom & Latin course, for children 8 & under Thursday afternoons, Wakefield School Hall

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### Wakefield School

#### St John's Church Mystery

by Paige and Payton, Year 5 and 6 students from Wakefield School

On Tuesday 10th of December 2024 the Year 4, 5 and 6 students from Room 8 and the Year 7 students from Room 9 went up to St John's Anglican Church and cemetery to clean the graves. Payton, Paige, Maggie, Evie, Mila and Harriet's job was to pull the ivy off a really old, special tree with the help of Valerie Crouch.

The ivy had come all the way down to the ground and the girls were all digging in one spot to pull out the ivy roots. Maggie and Paige were pulling hard on one big root that was stuck in the ground when Payton noticed something unusual in the dirt. Payton asked the others, "What's that?" and pointed to what looked like a broken concrete block. "Not sure," the other girls replied. "Let's keep digging and we'll find out!"

So Evie and Harriet started to pull the root out of the way, Payton brushed the dirt aside and the other girls were pulling the thicker ivy patch out so the object could be seen more clearly. Valerie was also encouraging the girls to keep going because she was just interested as everyone else.

Once Payton and Paige had cleared more of the dirt away they revealed another bigger piece of concrete. This piece was different to the other piece because the girls could make out some lettering. "What does it say?" asked Mila and Maggie.

With Evie's help and Valerie supporting, the girls could make out the name Mary Helen. This got Valerie really excited and she dashed away to get the map of all the graves in the St John's Church cemetery.

By the time Valerie got back, the girls had uncovered even more of what they now realised was a broken gravestone and could read the words Wife of W.H. Phillips, June. Died July 8th 1877. Valerie looked in her book and was surprised to find that this grave was not on her map at all and mentioned that she had been trying to find a grave that was not on the map for years. It turns out that this group of six girls had discovered a hidden grave that had been covered for years by the ivy!

The girls were very excited that they were a part of an exciting moment in time where they had uncovered something that was thought to be lost and made Valerie's day even more special.

Every year the senior students from Wakefield head up to St John's Church cemetery to clean graves, sweep leaves and pull weeds as part of the Student Volunteer Army. Next time you are up near the church, we encourage you to go up the stairs to the big tree on the left and take a look at Mary Helen's gravestone. While you are there you might want to pull some weeds, clean off some ivy or dust down a grave, just like the student volunteers from Wakefield School.



### Waimea South Historical Society

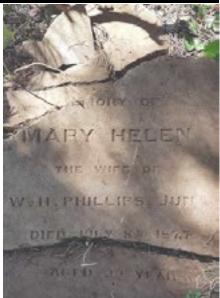
At our last meeting one of our committee members, Warwick Johnston, talked to us about the progress we have been making in promoting heritage in our region, but more particularly, in and around Wakefield. He reviewed our August 2024 Council Presentation and highlighted the fact that the Council had agreed to the formation of district-wide heritage advisory group. The purpose and makeup of the group have yet to be finalised but it is hoped that the Council with its assistance and guidance will have a better appreciation of its heritage responsibilities.

The main item in Warwick's talk was a discussion of how our Historical Society will approach the upcoming proposal from Council, that is, Plan Change 81. The Plan is now in the public domain and will impact quite markedly on Wakefield. The essence of the plan is to change the residential zoning for the central part of Wakefield.

At the moment central Wakefield, that is an area, comprising Whitby Road, Whitby Way, Arrow and Edward Streets and Pitfure Road, is zoned 'Residential'. The plan is to change that zoning to 'Medium Density Residential'. This means that new residential dwellings can be built up to, and including, three storeys. So, from predominantly single storey homes within the present Wakefield Village area the new zoning regulation will, to use the Council's own words, 'facilitate intensification'. High rise intensification.

The resulting discussion revolved around the impact this will have on the historic and heritage character of Wakefield. We have only six Council listed heritage/historic buildings in that area, whereas we all know that there are any number that could potentially be regarded as historic/heritage. Homes could well be demolished simply to make way for high rise 'intensification' with little regard for the Historic feel of Wakefield village. It is important now to get more information about Plan Change 81 and to attend any Council workshops to register disapproval for such a change.

We do not want the 21 Pitfure Road situation to recur. It was decided by the meeting that the Society should endeavour to persuade Council to register the Wakefield Village area as a 'Heritage Area'. This would put in place public consultation processes that would give the area some protection from wanton destruction simply for financial gain.



### In the Bush

#### Reporting in from Evie South - President

Greetings to you all, Easter did creep up on me, however my love of Marshmallow Easter Eggs has been truly honoured.

The weather has also been all over the place. I am so grateful to our "waterways" volunteer team for their extra efforts to keep all the creeks flowing into Faulkner Bush. This has meant a lot of time, keeping these creeks weed free and cleared out when we do have a build-up of debris. **HUGE THANK YOU.** This work is pivotal as this water is important to "feed" back into all the native plantings.

Special mention also to Eric Palmer for monitoring all the drains throughout the Reserves, for John Ross for giving the weeds a very good haircut around our new planting at the Southern end of The Edward Baigent Memorial Scenic Reserve. And to all the volunteers that came to our huge push at our maintenance day in April to get The Robson's Scenic Reserve plantings tidied up for winter and for those who went back to finish off this project.

Most of our planting projects, across all three Scenic Reserves that the Society is involved with, have been completed, we now concentrate on monitoring the plantings, doing minor infill plantings, pest control and minor maintenance. We are most grateful to Steve Hammond for supplying native plants for us to infill this year.

Eric and I got to dismantle two huts that had been built around Faulkner Bush. Quite a job as many materials had been carried in and of course we had to carry them out! Both of us agreeing that the steep slope nearly got the better of us. However it might appear to readers that this is a thing that a kid just does, and is natural to build huts in the bush. **BUT** do remember **these are Scenic Reserves** and sadly with the building of these huts has also seen the cutting down of trees to accommodate the space for these huts. So Eric and I also had to do remedial action to also cut back and hopefully save some of these native trees.

Please if you do observe these budding condominium construction experts at work, do tactfully explain to them that these Scenic Reserves are a **NO GO AREA** for building anything!!!!

Many of you will have also been reading or caught up by word of mouth, the Tasman District Council review of Operational costs - which basically are changes being made to some of their operations to rein in a forecast budget over expenditure in Community infrastructure activities this financial year.

Costs cutting measures decided upon include the removal of some rubbish bins and doggy doo bag dispensers from reserves and reductions in the cleaning frequency of 14 public toilets from twice to once a day. ETC *Abridged the full article appeared on the front page of the TDC Newsline Issue 592 18th April 2025.* 

I personally do not think I can further burden our volunteers to also become rubbish collectors and doggy poo scoopers. Because removal or lack of bins for either rubbish or doggy poo, is simply going to heighten dumping. OR can some of you, within our community come up with an alternative? As our elected councillors voted eight to six in favour of these recommendations.

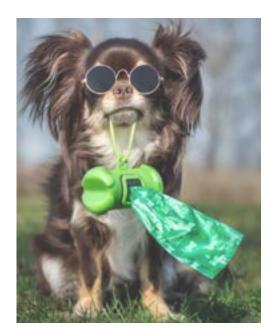
For the health of our Scenic Reserves, dog walkers and folks using them for other recreational activities, you simply cannot be continually walking in poo!!! Or decomposing picnic food!!

#### JOIN OUR TEAM

Any spare time?? How about joining up to our telephone tree to let you know when we are out and about maintaining our Scenic Reserves.

#### Kind regards Evie for the Volunteer Team Phone or Txt 027 907 2879 Landline 03 541 8980 Or Email tuiville@xtra.co.nz





### Wakefield School

#### Baking in Room 7

by Skye Berkett and Sophie Redpath

On Tuesday the 25 of March at Wakefield School, Room 7 did some baking. We baked some chocolate chip muffins. The muffins were very good and tasty. Some of the students thought it was quick and easy, and others thought it was challenging. Some of the muffins overflowed with batter. We thought it was fun to cook. Times were boring and times were exciting. The measuring cups were all different sizes. We had lots of supplies to cook with. The main thing about this cooking is learning how to measure ingredients. It was the first time we had done cooking the whole year. We used cupcake liners to put the batter in. We got into groups of four and three made up of year fives, sixes and fours.



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# Wakefield Volunteer Fire Brigade

by Daniel Vibert

As we approach the colder months now is the time to start thinking about making sure we are prepared for the cold and wet.

#### Winter Check List:

ð Did I check my smoke alarms when Daylight Saving ended?

ð Do I have smoke alarms?

ð Have I had my electric blanket checked for damage?

ð Have I had the gutters cleaned?

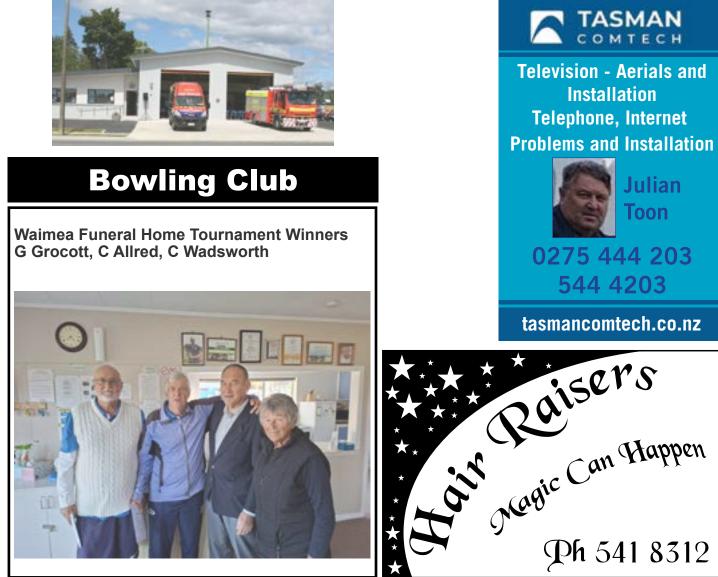
ð Have I had my chimney cleaned and fireplace inspected?

ð Does my property have clear 4m x 4m access for my friends from the fire station to visit with their big Red or Yellow trucks if I need them?

ð Is my letter box clearly marked so I can be easily found?

ð Am I following my Friends at Wakefield Volunteer Fire Brigade on Facebook for local information?

If you think you could benefit from a free in home fire safety visit please visit the site below and one of our team will be in touch. www. fireandemergency.nz/home-fire-safety/home-fire-safety-visits









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# Wakefield Youth Hangout

#### by Julian Eggers

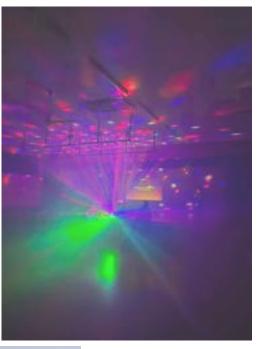
Wakefield Youth Hangout has been absolutely buzzing this Term 1!

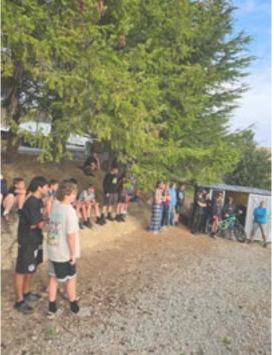
We've packed the weeks with epic fun-from high-energy dance parties to action-packed Lazer Tag battles at Bridge Valley. We had an awesome visit from the St John's MIST team, and our classic Hall Hangs have been full of laughs, games, and good vibes.

And let's be real-food is always a fan favourite, with treats like ice cream sundaes and waffles loaded with every topping imaginable!

It's been so cool to create a space where our Wakefield teens can just be themselves, connect, and have a blast.

If you've got a young person aged 13–18, they're more than welcome to come hang with us!







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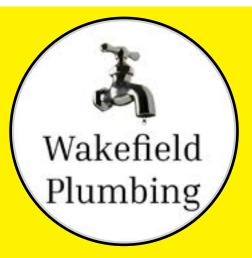




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### **Youth Grant**

by Jenny Lines

#### Have you heard about the Focus Wakefield Youth Grant?

This is an opportunity for talented local youth to apply for help with funding towards a particular event, competition or project. This can be through their passionate involvement in sport, art, culture, academia and more!

Recently the Focus Wakefield Youth grant has helped a talented youth get to Portugal for Dancing, four youth to Auckland for the Halberg games and two young female cricketers to Christchurch for tournament and development training.

Funds of up to \$250 can be applied for by emailing windowonwakefield@gmail.com and requesting an application form.



### Wakefield Village Kindergarten

We have had more busy months at Wakefield Village Kindergarten. The children have an ongoing interest in bugs, finding lots of spiders and other interesting insects, at the kindy. The team decided to build on their interest and look further into metamorphosis. A number of our whānau and kaiako provided eggs, caterpillars and swan plants to help us experience the life cycle of monarch butterflies. We raised many butterflies and celebrated every time one flew away to start the cycle all over again. Some of our parents and staff also delighted in watching the daily changes.

With metamorphosis being such an interest and the spectacular display of sunflowers just down the road, this was another great learning opportunity. A big thank you to Cameron who very kindly brought in some sunflowers at various stages of development for us to explore. Some were as tall as the fence! And we discovered that sunflower seeds are very tasty.

We also raised tadpoles, which have moved through the stage of froglets into frogs. It is quite challenging to keep them supplied with living fruit flies and flies so our next journey is to farm some mealworms to keep the frogs fed over the winter months. This will be another interesting opportunity to learn about metamorphosis.

Recently, we supported the interest in living things by heading out on an excursion to Natureland. We organised the visit with the Educator at Natureland so the tamariki saw a little more behind the scenes than usual. We were able to make some of the food for the animals and then watch them being fed with it. It was also interesting to see that some of the food plants appear to be grown on site. We would like to send a special thank you to Pohara Beach TOP 10 Holiday Park who very generously helped support this excursion.

We have had several children leave to start school recently, while we miss them, we are excited to get to know the new children who have started attending and are looking forward to being a part of their learning journey.



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# **Higgins Heritage Park Happenings**

#### by David Win

Our story this month is from the Historic Transport Museum about a little old 1925 transport truck (Chevy) which is usually on display in the museum. As you will see, Chevy liked to escape from time to time back down the highways which are much improved from the one lane gravel roads, less steep or winding that Chevy had been brought up on during her heyday. "Chevy" is a 1925 Chevrolet, bought by the Solly family as the first truck in their fleet. The late Ken Solly was her first driver and Chevy covered all of the Golden Bay area carrying anything from shingle for farms and country roads as well as general freight. A run to Nelson could take up to two days. Chevy is on long term loan to the museum and was one of the first vehicles to be on display when the museum opened in 2004 and has now been joined by two other later vehicles. Just before Easter Chevy hitched a ride on the back of big brother, Sollys TK Bedford, and had a 2-day trip from Wakefield to the Wheels at Wanaka.

Weeks before the big adventure "weekend away", Hilton had been spending many hours getting Chevy ready. They also had several practice runs with displays at Takaka, Murchison and Rai Valley. After each show Chevy was carefully cleaned, paint touched up, brass polished, tyres spokes and treads checked, and of course Chevy was suitably admonished about trying to stay clean. Chevy was the perfect passenger on the trip to Wanaka, her 1500 kg's made it a pleasant ride in the TK, being a round trip of 900 kms. There were many other vehicles and machines going to Wanaka, including Sollys OLB and 8-wheeler, various vintage and modern tractors, steam traction engines, huge trucks laden with crawlers, etc etc so Chevy had plenty to look at, often thinking "I am so small, and they are so so big". Chevy was right to be in awe of the machinery on display, she was dwarfed by some of it – only able to reach the centre of the wheel hubs on some of the massive Caterpillars.

After a final dust down Chevy proudly lined up with her peers and also took part both days in the grand parades of hundreds of machines – and with engine purring with pride she led the parade on the Sunday for the pre 1980's. Chevy really enjoyed the visit and seeing the huge variety of vehicles and machines. But imagine her surprise when she found on her dashboard the magnificent trophy as **Best In Show – 2025 Pre-war Truck**. Chevy and the Historic Transport Museum greatly appreciate the continued support of the Solly Family and welcome all our readers to visit Chevy and her big brothers (hopefully she hasn't decided to take another road trip) and her beautiful trophy.

#### Dates to Remember:

Sunday 4 May – Army Centre Group re-enactment. Steam-up, rides around the park and all museum sheds open Sunday 1st June – Museum open day, displays, jigger and honey barrel rides

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# **Wakefield Toy Library**

by Charlotte Thynne

### Sponsors and Grant Funders, THANK YOU from the Wakefield Community Toy Library!

As a volunteer run, not for profit charity serving children and their families in our local community we are heavily dependent on sponsorship and grant funding.

The Wakefield Toy Library is exceptionally lucky to receive a regular donation from Wendy Person at Welcome Real Estate.

Wendy is so incredibly generous in our local community and her regular donation ensures that we can keep our membership fees low making the Toy Library accessible to more families.

This past year we have also been supported by COGs funding to cover operating costs and Lotteries funding for the purchase of new toys, thank you to both these funding bodies.

Be sure to pop into the Toy Library to see our new toy purchases, hear about our low fees and witness for yourself our warm functional building! We are open Saturdays 10:00am -11:00am and Mondays 3:15pm -4:15pm.







### **Country Hospitality**

#### by Petros

Please, can somebody help me? Returning to the garden after the storm the birds found a small grey homing pigeon, looking miserable and calling out in a thin, plaintive voice.

Hello. Where are you from? they asked.

I've lost my way, she said tearfully.

Never mind dear, said Thrush kindly. We've all done that from time to time.

But I'm supposed to be good at it. I've done the training and got my registered number and all. But the lightning ruined my direction sense – I'm not getting anywhere.

Is that the number, on your ankle band? Can't you be phoned in so someone can come and collect you? Yes ... but I'd be too ashamed to have that happen. And I might be evicted from my coop. Look, why don't you spend a day or two with us. The Blackbirds can fix up somewhere for you to sleep. And you'll need a meal – what do you eat, berries?

A little bird-seed would be lovely, thank you. (That packaged stuff? Horrors!)

They settled her in and after a day or two she was happy, and fitted in very well. And best of all, her directional sense began working again.

Well I'd better move on, she said, regretfully. You've all been so kind, and such fun too.

So they sang her a farewell waiata, and watched her circle and set off confidently.

What a delightful young lady, commented an elderly Tui to his chum. We could do with more like her around here.

Oh come on, snorted Kererū, glaring down from her lucerne tree. You males are all the same. (Far too much fluttering of her eye-lashes in my opinion!)

# Wakefield Playcentre

#### by Charlotte Thynne

#### Wakefield Playcentre opens for 4 days in the school holidays.

Last year we realised that most everything for young children stops over the school holidays. For families with school aged children the school holidays can be a well needed rest from routines but for families without school age children the school holidays can be lonely.

Usually Playcentres' are shut over the holidays but for the April holidays Wakefield Playcentre decided to open for two days each week and of course welcome older brothers and sisters onto our sessions who'd usually be in school.

What a blast these sessions were, school age kids seemed to gravitate immediately towards the collage table and there were some wonderful creations. Older kids were also a huge help pushing swings and just generally linking in and being part of a mixed-age world, it was beautiful to see.

For their part our preschoolers loved being able to show their older siblings their stamping ground and take inspiration from the older kids.

Feedback from parents is that having a few sessions open for our families over the school holidays is really appreciated, we'll be doing it again! :-)













## **Live Well Stay Well**

#### Live Well Stay Well Meeting Tuesday 22 April

by Sandra Smith

A large group of us gathered at the Fire Brigade supper room in anticipation of hearing our local constable, Jamie White, talk to us about scams.

Unfortunately Jamie was called away urgently and could not attend. However we made the most of the time together to break into small groups to discuss what we knew and didn't know about scams, what we ourselves had experienced, and what we should do if faced with a scam.

It was a productive session, as the subject of scams is very much on people's minds these days, as scams become more sophisticated and more insidious.

These thoughts and questions will be collated and passed onto Jamie who will hopefully be able to attend one of our meetings later on in the year.

#### Upcoming meetings:

Tuesday 6 May and 10 June 2025: coffee meeting at The Villa in Wakefield, 9.45am onwards Tuesday 20 May 2025: 9.45 for 10am : Jean Gorman speaking on Alpine Fault (AF8) - what it means for Wakefield, be informed and prepared.

Live Well Stay Well is a local health and social group that meets twice a month in Wakefield. Our goal is to keep well and healthy, by encouraging good health practices and exercise, but also by

health practices and exercise, but also by having a positive social connection with others in our community.

Maybe you are new to the area, or feeling a little isolated, and would like to meet and get to know others who live locally, within a friendly environment. Or would you like to learn more about our community? Then our group could be for you.

Our group meets twice a month in Wakefield, mostly on a Tuesday morning from 9.45am to 11am. One Tuesday we will meet in a local café or a coffee and chat, and the other Tuesday we have a guest speaker focussing on health knowledge or who can help us understand and learn more about our community.

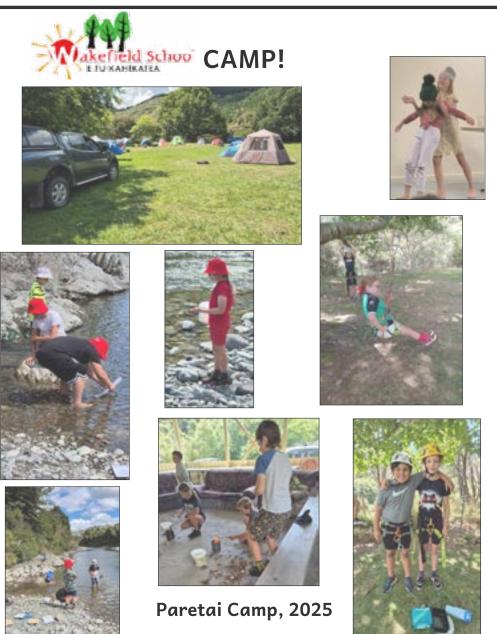
This could also be a visit to a local business of interest. We aim to arrange a varied and interesting programme.

The group is run on an informal basis and there is no joining fee. However when we have a guest speaker or go out for a visit we do ask for a \$2 gold coin donation to help us cover the hire of the hall facilities and tea and coffee and/or a small gift for our speaker.

We advertise our programme in Window on Wakefield", your local news magazine, plus on the Community noticeboard in Wakefield.

We also communicate what is happening each month by an email group. You are very welcome to join us. We would love to meet you!

If you would like to be on email list, please contact one of the convenors: Sandra 027 609 9202, Sonja 027 374 0500, Christine 027 677 0080



### **Wakefield Health Centre**

by Dr Pip de Hamel

#### Some Winter FAQs

So winter has arrived and with it the usual range of winter infections. I thought I would try and cover some of the frequently asked questions about these 'bugs'.

#### 1. When should I worry about a high temperature?

This is a good question, and behind that question is usually a concern that a child may have a febrile seizure if their temperature goes too high.

A fever is one of the body's ways of getting rid of germs. Unfortunately, we usually feel unwell with a high fever, and just occasionally a child can get a seizure.

There is no particular temperature when a seizure happens. It seems that a seizure is more likely if the temperature goes up very

guickly, and some people just seem to have a lower threshold for having seizures.

In general, we treat a fever if the sick person is unwell with it. If a child is younger than three months it is good to see the doctor if the fever is over 38. If a child is between three and six months it is good to see a doctor if the fever is over 39. However, how a child or adult is feeling and acting is more important than just the number on the thermometer, so if in doubt, come and see us at the Health Centre. Looking after a sick kid or adult can be scary and we would far rather check them out than have you worrying.

#### 2. What is the best way to treat a fever?

In general we treat a fever if the sick person is unwell with it. A really good article for advice on treating a fever in children can be found at: https://patient.info/health/feverhigh-temperature-in-children

Taking fluids is really good for bringing a fever down and preventing dehydration. If a child is younger than six months, Paracetamol is the safest medicine for a fever. Older than this Ibuprofen can be used but NOT if the person is dehydrated. For fevers that won't come down with just Paracetamol, it is fine to add in Ibuprofen as well.

#### 3. What do I do about dehydration with tummy bugs?

This can be a problem when even a mouthful of fluid seems to bring on more vomiting! However some fluid does actually get absorbed so it is worth persisting. A useful guide is to give 1 ml of fluid for every Kilogram of body weight every five minutes and keep this up for 2-4 hours. For example if a baby is 10 kg, they would need 10 ml (2 tsp) of fluid every five minutes. Our nurses are a great source of advice in these situations.

#### 4. When should antibiotics be used?

Briefly, most coughs and colds and flu-like illnesses are caused by viruses and antibiotics are not effective against viruses. They are effective for bacterial illnesses. You will have heard reports of looming antibiotic resistance and you may have heard about recent research on our microbiome, the mass of bacteria that live in our bodies and that have a huge effect on our health. Antibiotics can affect the balance of these bacteria in our body and that can have a negative effect on our health. So we try and use antibiotics wisely.

#### 5. Why are there no drugs in the jungle?

Because the parrots-eat - 'em- all (Paracetamol) !!!!!







### Wakefield Health Centre

Phone 541 8911

**12 Edward St Wakefield** 

Surgery hours: Monday to Friday 8.30am – 5:30pm Wednesday

8.30am - 7pm



"...for all creatures great & small..."

#### HOURS:

Monday 8.30 – 5.00 with Brenda consulting all day Tuesday 8.30 – 5.00 with Brenda - morning consults only Wednesday 8.30 – 12 Nurse only Thursday 8.30 – 5.00 with Paula – morning consults only Friday 8.30 – 12.00 Nurse only

### Ph 541 8974

info@tcvet.co.nz \* www.tcvet.co.nz Edward Street, Wakefield

Head office 35 McGlashen Avenue, Richmond 544 1200 24 hours



FAMILY OWNED & OPERATED



Goodbyes are different for everyone Waimea Menzshed built our trailer hearse from recycled rimu. This can be towed by any vehicle with a towbar. One of the many options which can make a final farewell unique. *Our family caring for your family* 03 546 5700 - 24 hours shoneandshirley.co.nz

# Psst! Have You Heard?

More and more locals are choosing Ed Thynne Hearing.

"After trying hearing aids many years ago, which didn't work, I was amazed at the difference hearing aids from Ed made. Sound was rich and full without being overwhelming"

-Peter, Tasman

### Visiting Wakefield Health Centre fortnightly



### Call: 03 526 8221

Email: ed@edthynnehearing.co.nz Web: edthynnehearing.co.nz



### **Community Notices**

### WAKEFIELD COMMUNITY LUNCH

is held at

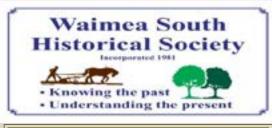
St Johns Worship Centre at Noon 3rd Thursday of each month until November

Everyone is welcome so come and enjoy a beautiful two course meal.

Donations to help cover the costs are welcome but it's seeing the people of Wakefield enjoy food and fellowship that is the important thing.

> This years dates: May 15 June 19 July 17 August 21 September 18 October 16 November 20

To help with numbers for catering, if possible, please phone or text Liz Massey 021 1850 168



Annual General Meeting

Will be held at the Holy Trinity Church Hall 27 Dorset St Richmond on Tuesday May 27th 2025 at 1.30pm. You are welcome to attend.



At this meeting we will required under the Incorporated Societies Act 2022 to pass our new Constitution. As members your attendance will be important. This will be followed by afternoon tea. Enquiries 021 542 338





At the next akefield Community Council Meeting

MONDAY 19TH MAY Wakefield Village Hall - 7pm

 SPECIAL MEETING • Vote on new constitution



# Live Well, Stay Well

Tuesday 6 May and 10 June 2025 Coffee and a chat at Café The Villa in Wakefield at 9.45am

Tuesday 20 May 2025 9.45am-11am

### **Speaker**

### Jean L. Gorman

Geologist

### **Topic: Alpine Faults (AF8)**

what it means for Wakefield, be informed and prepared.

### Venue: Wakefield Fire Brigade,

Pigeon Valley Road, Wakefield.

For information contact Sandra 027 6099202, Sonja 027 3740500 or Christine 027 677 0080

## **Community Classifieds**

#### FOR SALE

March 1997 Toyota Camry wagon V6 2.5l. Approx 187,000k. Current wof and rego, towbar. Sound mechanically, body straight, interior tidy. Paintwork scruffy. Realistic offers considered. Ph 541 8812

#### WANTED

Mav Old concrete roofing tiles, the corrugated ones. Please contact Christine 027 856 6681



### Spring Grove Church of Christ Main Road, Spring Grove

#### Worship and Communion Sundays 10am

You are welcome to attend

### "Be Still and Know God"

Psalms Ch 46 vs 10 NIV

"Be still and know that I am God; I will be exalted among the nations, I will be exalted in the earth."



Come and join the ladies Craft Group held on Wednesday mornings in the Fire Brigade Supper Room **Pigeon Valley Road** 9.00am - 12pm

Bring any project - sewing, knitting, crochet. Learn to knit or crochet or just come for a look and join us for tea, coffee and company. Small donation

For more information phone Judy on 5418342



An enthusiastic & supportive group exchanging ideas

#### Wakefield Village Hall



THURSDAY 9.30 am-noon

Bring your Pencils, Paint & Pastels

\$4 donation per session

Everyone Welcome. All levels of interest

For more information checkout Wakefield Website https://www.wakefield.org.nz Clubs & Societies

#### WAKEFIELD TOY LIBRARY

We want to remind everyone that we are always interested to hear about what toys you think we should add to our collection.

You can share your ideas by emailing us on wakefieldtoylibrary@gmail.com or pop in and see us during our opening hours, Saturday 10:00am-11:00am and Mondays 3:15pm-4:30pm

The Wakefield Community Toy Library is for everyone!

### IN REMEMBRANCE

Doug South 5.11.1954 - 17.4.2022

Thank you Doug, for your friendship, kindness

generosity, care and concern.

Your legacy lives on in Wakefield's Scenic Reserves.

Dorothy Hole - Planting Co-Ordinator

For The Wakefield Bush Restoration Soc (2000) Inc

#### THANK YOU TEAM WILLOWBANK HERITAGE VILLAGE

I would like to express my gratitude for the assistance of Christine, Medea and their team.

My BIG birthday celebrations at Willowbank were exceptional.

AND with the added plus of accommodation available at their recently renovated 1904 villa, totally awesome, for my out of town friends, and located in the "heart" of the Village.

THANK YOU for such a memorable experience.

Evie South

### **Community Directory**

**Rutherford Memorial Hall** 658 Wakefield-Kohatu Highway, Foxhill Sue White 027 474 6324 www.lordrutherfordhall.org.nz

**Higgins Heritage Park** info@higginsheritagepark.co.nz

**Higgins Park Community Fair** info@higginsheritagepark.co.nz

Spring Grove Drill Hall C Stratford 021 0268 5176

**Totaradale Golf Club** Sue James 541 8030 totaradalegc@gmail.com

> Wakefield Anglican Church St Johns on the hill Traditional Service: 9.00am 1st Sunday of each month

The Worship Centre Service: 10.30am every Sunday Food & Faith: 5.00pm every 2nd & 4th Sunday Ph 541 8883 wakefieldanglican@xtra.co.nz

St Johns Worship Centre Bookings Nigel Massey 027 243 1207

Wakefield Community Library Wendy Gibbs 541 8490 Pam Dick 541 8392 Hours - Tues 10.30 -11.30am Friday - 2.30 - 4pm (When library is not open book returns can be left at Hair Raisers Salon)

Wakefield Football Club wakefieldfootballclub@gmail.com www.wakefieldfc.nz

> Wakefield Health Centre 541 8911

Wakefield Pharmacy 541 8418

Wakefield Playcentre 541 7097

Wakefield Volunteer Fire Brigade CFO Wattie Mortimer 022 492 8841 DCFO Dot Ashton 027 543 0529

Willowbank Heritage Village willowbank2002@gmail.com

**Country Players (Drama)** Jen Ámosa 541`8139 enquiries@countryplayers.org.nz www.countryplayers.wordpress.com

> Nelson Vintage Engine & Machinery Club Allan 027 319 7427

**Pinegrove Kindergarten** 03 542 3447

**Rural Women** Diane Higgins 03 542 4388

St Joseph's Catholic Church Mass - 5pm 2nd Saturday each month Fr. Cirilo Barlís Fr. Dyson Tharakan (Assistant Priests) Richmond 03 544 8987

Waimea Sheepdog Trial Club Sally Powell 021 773 461 Email: sally@tcvet.co.nz

Waimea Area Quilters Kay Norgate 021 0811 4860 Marilyn Gibbs 03 541 8435 marilyncolingibbs@gmail.com

Wakefield Book Group Mahala White - 541 8933 or Chrissy Harris - 541 9596

Wakefield Bush Restoration Soc Inc Evie South 541 8980 or 027 907 2879

> **Plunket Nelson Area Office** For appointments etc 539 5200

Wakefield School/ Community Swimming Pool C/- Wakefield School

**Target Shooting Wakefield** targetshootingwakefield@gmail.com Holly Gibbons 022 406 1674

Wanderers Sports Club 027 714 6160 jimmy@wandererssports.co.nz

Wakefield Toy Library Saturday 9.30-11.30am wakefieldtoylibrary@gmail.com

Wakefield Art Group Thursdays 9.30am - 12pm Alison 541 8822

Marlborough Nelson Marine Radio Assn Adrian Mullan 021 118 4832 www.mmr.org.nz

NZ Postcard Society Inc Evie South 541 8980 or 027 907 2879

**Spring Grove Church of Christ** Meet Sundays 10am info.springgrovechurch@gmail.com

Waimea South Historical Society Yvonne Tye 021 542 338

Wakefield Bowling Club Phone club rooms on 541 8556 (Please leave message if answerphone comes on). www.wakefieldbowls.co.ńz

Wakefield Brightwater Book Club Sue McAuley 544 7325 sue.mcauley@ncc.govt.nz Meets last Wed of every month

Wakefield Community Council Julian Eggers 027 771 8556 eggers213@gmail.com

Wakefield Village Kindergarten 20 Whitby Way Phone 021 0227 1762 or 03 5418086

Wakefield School PTC ptawakefield@gmail.com

Wakefield Tennis Club Ngaire Calder 027 279 9938 www.caldertennis.co.nz

Wakefield Village Hall Amby Cowe ambynz@hotmail.com 541 8869

Window on Wakefield Articles & Content Sonia Emerson 021 221 1009

Window on Wakefield Advertising - 027 306 4237 Genie & Lindsay Bradley

Wakefield School Edward Street 541 8332

Justice of the Peace Katie Greer Ph 021 547 756

#### AED DEFIBRILLATOR LOCATIONS - AVAILABLE 24/7

Wakefield Four Square, Wakefield Bowling Club, Wakefield Football Club, Highfield Farm, Kohatu Flat Rock Cafe, Old Tadmor Store, Dovedale Hall, 29 Moonlight Road Glenhope, Corner of Totara View Road and Kilkenny Place, Corner of Martin Ave and Lord Auckland Road, Southfuels Spring Grove, Belgrove Cafe and Bar [what was], Lake Rotoiti Fire Station, Golden Downs Golf Club, Totaradale Golf Club.

#### CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have **specialised skills/ equipment,** and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their responsibility to be personally prepared. You should ensure that you have your own survival kit in place, and that you are able to be fully self sufficient for at least three days.

In the event of an emergency, for urgent public messages, tune in to: More FM 94.1, Classic Hits 89.8, Fresh FM 95.4

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