

window onwakefield

Community News for the Wakefield Area

Wakefield Bowling Club

by Tony Eames

The two-day tournament held over the June holiday weekend was sponsored by Wendy Pearson, Welcome Real Estate. After Saturday's play, teams were split into two divisions: Winner of Division 1 was Mike Turnbull, Anne Curtis and Gail Warne and winner of Division 2 was Mel Mounsey, Don and Margaret Lyndsay.

Club events for the Bonnington (women) and Shuttleworth (men) Trophies were played with drawn pairs in acknowledgement of these long-established Wakefield bowling families. The Bonnington Trophy was won by Barbara McGregor and Leticia Mannins and the Shuttleworth trophy by Neville Nisbett and Neville Mannins.

At the AGM in May, Alan Robertson was re-elected as President and Treasurer and Kevin Galvin elected as vice President and Secretary. Other Board members elected were: David Cartwright, Tony Eames, Melva Forrest, Don Lyndsay, Nick Riordan, Yvonne Robertson and Terry Ryan.

Margaret Eames was awarded Life Membership having been club secretary for 15 years from her first year as a member of the club and having fulfilled many other roles within the Club over this time. She has had success as a player at Club, Centre & Reps level and is an ITO level umpire, officiating at national and international events including World Bowls championships; these achievements have brought recognition and mana to Wakefield.

Over winter, mini tournaments are held on Wednesday afternoons and social roll ups on Friday afternoons followed by social time. Interclub is held alternate Mondays. Club events are held on Saturdays and open tournaments held monthly on Sundays.

Coaching is available on alternate Wednesday mornings from 11am.

Visitors are welcome to come along during any events as above or as listed on the notice outside the club gates and on the website: http://www.wakefieldbowls.co.nz/

The synthetic green is down behind the clubrooms and is not visible from the car park but there will be play when you see cars parked outside so come on in.

For more info or to arrange a time to have a go phone the club rooms on 541 8556 (leave a message if the answerphone comes on).

Photos:

Top Right - Winning team at the Kings Birthday weekend tournament: Mike Turnbull, Anne Curtis and Gail Warne.







Middle[.]

Winner of Division 2 at Kings Birthday: Mel Mounsey, Don and Margaret Lyndsay

Left - Wakefield contingent at the Nelson Centre prize giving: Tonv Eames, Yvonne Robertson, Pam Bonis (with the trophy for the midweek interclub), Chris Longman, Carolyn Mason (with trophy for Champion of Champions Fours), Alan (President) Robertson and Margaret Eames (with the Higgins Trophy won by Nelson Reps held at Wakefield)

WINDOW ON WAKEFIELD

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Window on Wakefield is a community newspaper, and as such, we look forward to having articles and content contributed by our community. If you wish to submit a one off article, or suggest some regular content, please make contact with Sonia on 541 9005 or email windowonwakefield@gmail.com and read the Terms and Conditions below.

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Bus Service

by Julian Eggers

Nelson Tasman's new bus service is a gamechanger for public transport in our region.

More buses, more often: a fleet of 17 electric buses will operate on a half-hourly timetable on all urban routes around Nelson and Richmond, 7am - 7pm, 7 days a week. That means there will be a bus from Nelson City Centre via Stoke to Richmond, or vice versa, every 15 minutes.

More destinations: new peak hour rural express routes servicing Motueka, Mapua, Wakefield and Brightwater. These buses run express from Richmond to Nelson City Centre (via the hospital), so perfect for commuting to work.

Zero emission: electric buses are quiet and clean and will help Nelson-Tasman reduce greenhouse gases associated with transport.

Lower flat fare: we're introducing a low \$2 flat fare (on Bee Card) for all buses in the urban area (that's journeys between Nelson and Richmond). That's without a concession applying, so if you have a Community Connect card, Gold Card or are a student the fare is even less.

Less changing bus: we have changed the way our routes work so people have to change buses less often. For instance, a journey from Atawhai to Nelson Hospital used to require changing bus at the Bridge Street interchange, but the new Route 3 will take passengers all the way to the hospital in one journey.

Airport bus: Route 4 now extends all the way from the Brook to the Airport, travelling via Nelson City Centre and Tāhunanui. Setting off every 30 minutes, 7am to 7pm, 7 days a week, Nelsonians and visitors will be able to get to the airport for a \$2 fare (less for concessions).

Easier to use: improved real-time bus tracking, and e-readers at major interchanges will allow passengers to be more confident about when their bus is about to arrive.

Free wifi: all of our new buses come complete with access to free wifi, making them the perfect choice for commuters. Why not see if you can start your workday on your journey to work? Or if you prefer just relax with a TV show or your favourite podcast.

Wakefield: what is proposed for us?

Wakefield will have two bus stops proposed, one at Whitby Way (village green) and one on Pitfure Rd, as part of the Nelson/Tasman bus rollout.

We have attached images and are open to hear any feedback from the Wakefield community. (Open for 10 days). Feedback to Julian Eggers, Chairperson, Wakefield Community Council; Eggers213@gmail.com. Feedback will be sent to the TDC once all collected.



Photos: Top Right - example bus shelter, Middle - Pitfure Road bus shelter, Bottom Left - Pitfure Road stops, Bottom Right - Whitby Way stop.







Health Centre

by Gavin Drummond

Changing seasons can sometimes have an affect on our physical and mental health. Over the winter months it is essential that we take care of our wairua (spirit), hinengaro (mind), tinana (body) our relationships and overall well-being.

Some tips to help combat the 'Winter Blues':

· Rest, give your body the time it needs to recover

Stay hydrated, keep up the fluids

Moderate alcoholic and caffeinated beverages Manage aches and pains with paracetamol or cold and flu medications

· Sore throat, gargle, honey or over the counter medications such as lozenges or throat sprays can help

Stay connected with your family/whanau and friends

Eat a balanced diet, limit unhealthy food choices, and aim for 5+ fruit and vege a day

• Get a good night's sleep - 7-9 hours a night is optimal

Keep to your schedule, build a healthy daily routine

- Set aside some 'me' time each week to unwind and relax
- Move your body daily
- Spend some time outdoors
- Have indoor activities ready if the weather doesn't play ball
- Limit online time and the quantity of news you read
- Take note of and enjoy small moments of happiness ٠

You can treat most colds and flu-like illnesses at home but it is important to know when to seek medical help.

If you have any concerns give us a call or alternatively Healthline on 0800 611 116.





Wakefield Health Centre

Surgery hours: Wednesday

Monday to Friday 8.30am - 5:30pm 8.30am - 7pm

Phone 541 8911 **12 Edward St Wakefield**







Meals made by the community for the community.

We all go through times in our life when putting dinner on the table just seems too hard!

Could be you know of someone struggling and want to help them out. Maybe you are not sure who to ask for help?

The Big Bake Up is a local, Wakefield based, not for profit organisation established in 2021.

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Live Well Stay Well

by Christine Godfrey

On a cool but sunny morning, members of the Live Well Stay Well group met at the home of Judy and Ian Hutchings in Eighty Eight Valley. We came to see Judy's impressive collection of dolls and teddy bears. She first started collecting when she was young and got given dolls from overseas penfriends, dressed in national costumes. Judy had dolls in all shapes, sizes and shades, made out of all different materials.

There were Maori and Native American Indian dolls, baby dolls, Barbie, Sindy and Bratz, to name but a few. Also a Shirley Temple doll and royals (Kate and William) dolls in their wedding outfits. Judy also makes a lot of outfits for her dolls. We thanked her with a voucher.

by Sonja Lamers

Upcoming meetings:

Tuesday 11 July 2023: coffee meeting at The Villa in Wakefield, 9.45am onwards

Tuesday 25 July 2023: 9.45am: Speaker Dr. Pip de Hamel of Wakefield Health Centre talking about OLDER PEOPLE'S MENTAL AND PHYSICAL HEALTH - WHAT TO BE AWARE OF at the supper room of Fire Brigade, Pigeon Valley Road, Wakefield

Tuesday 8 August 2023: coffee meeting at HQ Cafe in Brightwater 9.45am onwards

Live Well Stay Well is a local health and social group that meets twice a month in Wakefield. Our goal is to keep well and healthy, by encouraging good health practices and exercise, but also by having a positive social connection with others in our community.

Maybe you are new to the area, or feeling a little isolated, and would like to meet and get to know others who live locally, within a friendly environment. Or would you like to learn more about our community? Then our group could be for you.

Our group meets twice a month in Wakefield, mostly on a Tuesday morning from 9.45am to 11am. One Tuesday we will meet in a local café for a coffee and chat, and the other Tuesday we have a guest speaker focussing on health knowledge or who can help us understand and learn more about our community. This could also be a visit to a local business of interest. We aim to arrange a varied and interesting programme.

The group is run on an informal basis and there is no joining fee. However when we have a guest speaker we do ask for a \$2 gold coin donation to help us cover the hire of the hall facilities and tea and coffee.

We advertise our programme in "Window on Wakefield", your local news magazine, plus on the Community noticeboards in Wakefield. We also communicate what is happening each month by an email group.

You are very welcome to join us. We would love to meet you! If you would like to be on email list, please contact one of the convenors: Sandra 027 609 9202, Sonja 027 374 0500 and Christine 027 677 0080

Wakefield Community Council

Notice of AGM

Monday 17th July, 2023 7pm Venue to be confirmed

Guest speaker, Nate Wilbourne - Ensure the voices of our young people are heard. Ensuring young people feel empowered to express their views and beliefs because their voice matters.

(Check Wakefield Facebook pages, notice board or email WCC secretary or Chairperson closer to the date to comfirm location).

All are welcome to attend. Any questions please feel free to email the Chairperson or Secretary.

> Chelsea - Secretary: WCCsecretary8@gmail.com Julian - Chairperson: eggers213@gmail.com



Live Well, Stay Well

Tuesday July 11 at The Villa in Wakefield and August 8 at HQ in Brightwater at 9.45am

Tuesday 25th July 2023 9.45am—11am

Venue: Wakefield Fire Brigade,

Pigeon Valley Road, Wakefield

Speaker

Dr. Pip de Hamel

of Wakefield Health Centre Talk about

Older people's mental and physical

health-what to be aware of

For information contact Sandra 027 6099202, Sonja 027 3740500 or Christine 027 677 0080



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Willow Bank Heritage Village

by Julian Eggers

Willow Bank Heritage Village has been very busy with three different schools visiting in June.

We had four classes from Richmond Primary School, three classes from Brightwater Primary School and the whole Hope Primary School take part in the education programme here at Willow Bank Heritage Village.

Programme included; getting dressed up, old fashioned school house with Mr Wilkinson, learning and using the dial-up telephones, laundry and house hold chores and hand writing



d house hold chores and hand writing letters to themselves that got sent to their school. All the children, teachers and parent helpers enjoyed their time exploring back, experiencing what it was like 100 years ago.

Want to book your class or school? Experience the Willow Bank Heritage Village School programme, please contact us for more information. Spaces are available.



Our 2023/24 open day season starts Sunday 3rd September 10am till 3pm. Come check us out. More information check out our website or Facebook for more information.





Wakefield Toy Library

by Charlotte Thynne

Play is a child's most important work but did you know that play is also an important form of rest for a child? No child is going to lie in bed for long periods of time simply because they are told they need to rest, but by providing interesting building and imaginary play items a child will rest through their play. So with winter ills and chills setting in and at the end of a long school term, come join the Toy Library and grab your child a "ticket to rest."

Happy playing and resting everyone.

Wakefield Community Toy Library is located on Edward St just opposite the school and is open Saturdays 10:00-11:00 and Mondays 3:15-4:15.





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Waimea South Historical Society

by Yo Tye, Secretary

Post Memory

The following is a summary of the presentation given by Sarah Arnold at the AGM of the Waimea South Historical Society on 23rd May.

Sarah Arnold lives on Main Road Spring Grove and is in the process of developing a State of the Art project that she has called POST MEMORY.

Sarah is employed by the NMIT/Te Pukenga as a Programme Support Coordinator, Creative Industries, and with the help of other NMIT staff members such as Ali Kahwaji, a software developer and Stefan Hanspuch, a graphic and object designer, as well as some of the talented students, she has been able to create a unique way of presenting our local history.

The method is called 'Augmented Reality' and involves placing the historic information, derived from old photos, diaries, stories and other archival material, into a three dimensional model that can be rotated and combined with audio accompaniment, that will then be transferred to an 'App' using the latest technology and attached to metal plates that will be attached to strategically placed posts made from recycled plastics.

The user will be able to access the information by using an app or a QR code from their mobile phones.

It is hoped that by using such modern technology that younger generations will feel more connected to the local history.

Initially the Post Trail will be along the cycle trail in the Brightwater to Wakefield section. However Sarah has plans to extend the project to include all of the Tasman Region and beyond.

The system being developed is unique to New Zealand and it has been made possible with grants and sponsorship.

Well done Sarah.

Can we celebrate your special event or help remember someone dear to you?

Please send your obituaries, birth announcements, wedding stories, other important notices to us at

windowonwakefield@gmail.com

or ring 541 9005



The Waimea South Historical Society

is going on a field trip on Tuesday July 25th

to the Workshop of Leather Worker, Xavier Birch

at Stonehurst Farm, 165 Haycocks Road, Hope

Xavier has knowledge in using leather to handcraft old leather goods

Members only, today please, as limited space. Meet at the entrance to Stonehurst Farm by 1.30pm to be shown where to park.

Car pool if you can.

Please text or call if attending 027 5419693



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We're pleased to announce that from 1st June 2023 the **Vet Centre** is now **Vetlife**.





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vetlife.co.nz

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Higgins Heritage Park Happenings

by David Win

Planning is well underway for our 2nd January annual community craft fair with half the sites being taken up already. Anyone wishing to have a site, please contact Diane at dwin@xtra.co.nz or 027 6316786.

This month's story is from our Historic Transport Museum Group who have been fortunate in being able to introduce three new trucks into their display. These massive vehicles are really worth a visit and as seen by the photos are a big contrast to the older trucks in the museum.

Our feature truck is the 1978 Mack, model F-700 which was operated by Ray, one of the Transport Members when the vehicle was used on the "coal run" -Westport to Golden Bay Cement Works and returning with Gypsum from the limestone rocks of The Bay. As it was a night/day round trip there was a driver change at Kohatu.

15	Box
(Mack)	Palm
TRUCKS	New

240 nerston North Zealand 217 truck information delivery date 15-1-1978, job No 274, transport nelson #217 FR 786 RS 1659S 285hp TB676 7D 0110 chassis model & number _____ engine Maxitorque TRD 1070 transmission **CL79** Twin Plate clutch_ **CAR 38S** cab type Twin Farr MD 29336 air cleaner intercooled turbo, air start, 5.02 differential ratio

The TNL truck no 217 was assembled in Palmerston North NZ by Motor Truck Distributors (NZ) Ltd.



The F series was the third generation of cabover Mack trucks. They have taper leaf springs which helps to provide a smoother ride. The cab construction is steel and the doors are fibreglass. The bodies built on these cab and chassis were mainly for cartage and contractor operators.

The engine is a 6-cylinder diesel Mack Maxidyne 675cu.in (11.1 L), producing 285 hp (213 kw@1800 and with a torque 1.080 lbf-ft (1.464 N-m@1000). The exhaust is vertical. It is an airstart and has a 10 speed forward and 5 speed reverse gearbox.

The pictures show some of the different types of work this workhorse has had, during its est 3 &1/2 million miles, with restoration to original status being caried out on the red hiab wide load truck - what a transformation!.

www.higginsheritagepark.co.nz Email: info@higginsheritagepark.co.nz Follow us on Facebook







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WAKEFIELD & BRIGHTWATER

Monday	Tuesday	Wednesday	Thursday	Friday	
Ladies Group Fitness 6:00am Casuals Welcome \$10 per session Wanderers Community Gym, Brightwater 9:00am Casuals Welcome \$10 per session Wanderers Community Gym, Brightwater Metafit/Core 6:00pm Casuals welcome \$10 per session Brightwater School Hall	Live Well, Stay Well Group 9:45am (fortnightly) Meets at various locations Senior Mobility Class 10:30am Gold Coin Donation Taylors Community Gym, Brightwater Procligy Dance Ages: Preschool 2:15-2:55pm 7-6yrs 3:30 - 4:15pm 7-9yrs 4:20 - 5:05pm Brightwater Anglican Church Hall, Brightwater Junior Tennis Coaching 3:30 - 6:30pm Waimea West Club Powerhooping 5:45 - 6:45pm Casual \$12 (includes powerhoop) Brightwater Public Hall	Ladies Group Fitness 6:00am Casuals Welcome \$10 per session Wanderers Community Gym, Brightwater Makefield Craft Group 9:00am – 12:00pm Wakefield Fire Station Supper Room Ladies 6:30pm Casuals Welcome \$10 per session Under Station Supper Room	Wakefield Art Group 9:30am – 12:00pm \$4 per session Wakefield Community Hall Supper Room NZCT Senior Mobility Class 10:30am Gold Coin Donation Taylors Community Gym, Brightwater Zumba with Danielle 6:00pm Brightwater Hall	Ladies Group Fitness 6:00am Casuals Welcome \$10 per session Wanderers Community Gym, Brightwater * Beginners Senior Social Mobility Class 9:15am Gold Coin Donation Taylors Community Gym, Brightwater Senior Mobility Class 0:30am Gold Coin Donation Taylors Community Gym, Brightwater Social Bowls 10:30am Gold Coin Donation Taylors Community Gym, Brightwater Social Bowls 1:00pm Names in by 12:45pn Saper session Free for under 16 yrs Flat soled shoes required Wakefield Bowling Club Junior Tennis Coaching 3:15m - 6:30pm Wakefield Tennis Club	
CONTACTS					

CONTACTS

Live Well, Stay Well Sandra 027 609 9202 Sonja 027 374 0500

Ladies Group Fitness / Yoga Brightwater Group Fitness Louise Knight – 027 242 6151 brightwatergroupfitness@gmail.com

Prodigy Dance Amy-Rose 021 220 7299 prodigydanceconz@gmail.com

Wakefield Craft Group Judy 03 541 8342

Powerhooping Sara – 021 069 7522 powerhoopingnelson@gmail.com

Seniors Mobility Class Jimmy van der Colk......Sandra 027 609 9202 027 714 6160 Jimmy@wanderssports.co.nz

Social Bowls 03 541 8556..... Ngaire-027 2799 938 wakefieldbowlssecretary@gmail.com

Wakefield Art Group Joyce 03 541 8832

Metafit/Core Sam Stacey - 027 351 4008 FB: Brightwater & Wakefield Metafit

Live Well Stay Well Group Sonja 027 374 0500 Christine 027 677 0080

Junior Tennis Coaching www.caldertennis.co.nz

Town and Country Vet

by Brenda Halliwell, Vet

Over the last few years, the field of veterinary dentistry has expanded hugely in knowledge and also across many species. There is so much more information about animals and their teeth that it is a specialist subject.

At home with our pets there is no need to put up with stinky breath, gum disease and broken teeth – there is so much more we can do!

The most common dental health problem we see in pets is periodontal disease. This starts with inflammation of the gums around the teeth which progresses to plaque, tartar, infection and eventually loose teeth.

Bacteria in the mouth easily get into the blood stream through these diseased gums and spread to other organs such as heart and kidneys. The same thing happens in humans but we brush our teeth twice a day every day to prevent it.

70% of cats and 85% of dogs over three years of age are affected by periodontal disease.

The main symptom of periodontal disease is smelly breath. Sometimes there might be drooling or trouble eating but animals don't often show signs of pain. The other oral health issues we see include broken teeth, worn teeth, tooth decay, tumours, overbites, underbites, baby teeth that haven't fallen out, oronasal fistulas and fractures.



In the clinic we have to anaesthetise animals to do dentistry effectively. It's not possible to do a good job while a dog or cat is trying to get away! Or bite! As in humans dental xrays are essential to see below the gums and fully assess teeth health. Damaged teeth are treated as necessary which often means extraction. But specialist veterinary dentists can do root canals, fillings, crowns, bridges and yes even braces. We always finish off with a thorough clean and polish to make those teeth sparkle!

Prevention is best. Just as with humans, it is recommended that your pet experiences the mechanical process of a good toothbrushing every day. So, get brushing! It makes a HUGE difference! And it also means you are seeing their mouth every day so see problems early. Dental diets, dental chews, chew toys, additives in water and oral gels all help to slow down dental disease but toothbrushing is the gold standard – the same as people. Once developed, periodontal disease can be managed but not eliminated.

It is estimated good dental hygiene can add 2-4 years to your pet's life as well as ensuring they get the quality of life they deserve.



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HOURS:

Monday 8.30 - 5.00 with Brenda consulting all day **Tuesday 8.30 – 5.00** with Brenda - morning consults only Wednesday 8.30 - 12 Nurse only Thursday 8.30 – 5.00 with Paula – morning consults only Friday 8.30 - 12.00 Nurse only

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Community Facility Project Gathers Pace

by Peter Verstappen, Chairperson - Waimea South Community Facility Charitable Trust

The building blocks to bring improved sporting, cultural, health and recreational facilities to residents in the Wakefield and Brightwater communities are beginning to stack up, following a recent needs analysis and positive discussions between Council and community. The needs analysis, conducted by consultants Global Leisure Group, builds on two years of community engagement activities by the Waimea South Community Facility Charitable Trust, working with the Wakefield and Brightwater Community Associations and the Council.

At a recent workshop with Moutere-Waimea Ward Councillors and stakeholder groups, attendees offered a positive response to the findings of the needs analysis report and agreed to progress on a number of items. They also agreed on the importance of bringing the Waimea South District together on this project, proceeding under an expectation of community-led delivery with Council support.

Cr Christeen Mackenzie said the workshop was "an important first step which has recognized the needs of growing communities and the important role access to sporting, recreational and cultural facilities play in community wellbeing."

At this stage, a split provision development scenario is preferred. This may mean the facility is not a single space, but a few spaces spread across both the Wakefield and Brightwater communities.

There is potential for modifications and upgrades of existing facilities in Brightwater, while in Wakefield, a new facility is likely to be built on a site at the Wakefield Domain, the needs analysis identifying three possible options at this location, and a fourth option of a new facility on the site of the present village hall.

It is acknowledged that a new facility in Wakefield will reflect the history and character of the town while providing a centre for sporting activities, performing arts and a community space catering to the needs of all groups and ages.

\$200,000 for feasibility and design work for the project has been allocated under the government's Better Off Funding scheme. Further funding to progress the facility will be considered under Tasman's 10-Year Plan discussions.

The next step in the process involves taking the needs analysis report to Council as well as ongoing engagement and dialogue between Council, the community and the established working group to refine plans and requirements.

With the needs analysis now completed, the Waimea South Community Facility Trust will seek further input from Wakefield residents for the feasibility study, so think about where you would like to see a new community facility built, what you want in a new building, and any other bright ideas to make this project a success. As part of its communications strategy, the Trust is involved in rebuilding the local website: www.wakefield.org.nz which will shortly be available to post ideas about this project. Big thanks to local web design and hosting company, Slightly Different, for upgrading the site.

In the meantime, you can send feedback directly to the Trust's steering group representatives: Peter Verstappen: pverstappen01@gmail.com Sonia Emerson: allaccountsmatter@gmail.com



La Miche

Hello Wakefield.

My name is Neisha Woodward and I would like to welcome you all to my new hairdressing salon at 30 Whitby Way, Wakefield.

I am the owner and senior hairstylist with 23 years' experience. Also working with me is Jessica as my apprentice, and our very own beauty technician.

Want to know more???

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To book an appointment with us please **ph: 027 355 1700** or feel free to pop in, we look forward to meeting you.



Wakefield Playcentre

by Charlotte Thynne

Wakefield Playcentre can meet all your child's ECE needs from birth until starting school.

Many Tamariki attend Wakefield Playcentre as their primary ECE. These tamariki march off to school, empowered and happy in themselves and "ready to learn" (in a school environment). This term we have had two fabulous 4 year olds turn 5 and start at Brightwater and Wakefield Schools, having spent their entire ECE years at Playcentre.

Over the rest of the year we have many more 4 year olds who will be turning 5 and starting their school journey. We love celebrating our 4 year olds as they embark on their school life, and love that they have years of fun, exploration and community behind them to launch them into school.







WAKEFIELD COMMUNITY TRANSPORT AVAILABLE FOR HIRE



The Nelson Tasman Community Trust has recently bought an 8 seater vehicle which is currently being used as a bus service to transport passengers in to Richmond on Tuesdays. This vehicle will shortly be available for hire to anyone at a very reasonable rate. Please phone/text 022 682 373 for full details.

Volunteers are always required as drivers, to help out with the maintenance of the vehicle or as member of the trust. If you are interested in any of these roles, please phone or text 022 682 373 or 020 4195 8866.



Wakefield School

by Piwakawaka

In Piwakawaka 13 we have been learning about Matariki through stories, art and songs. We have been weaving some stars with wool onto a starry night sky that we painted. Don't they look great. We have read the story of Little Kiwi's Matariki and are in the process of creating some pictures around this story. We painted a kiwi then scratched the paint to make it look like feathers. We collaged a background with paper, paint and cellophane. We are now going to cut out our kiwis and glue them to the background.

We have been peeling and chopping vegetables to make soup that we are excited about sharing with our families at our whole school Matariki night.

-





















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Window On Wakefield Issue 125 July 2023

Welcoming Communities Tasman Advisory group



- ? How can we make our region more welcoming?
- ? How can we help newer community members to develop a sense of belonging in Tasman?
- ? How can we encourage more cultural activities in our district?
- ? How can we promote the benefits of inclusion throughout local workplaces, community groups, schools?

"It takes a village to bring up a child."

Demographic data is clear: the Tasman District is growing at a fast pace and our ethnic diversity is increasing steadily. We need to pro-actively address this and intentionally connect and include new community members to avoid the issues that come with social isolation.

Successful implementation will help us to reap many benefits: better participation, retention rates, economic gains, and social cohesion.

This can't be the sole responsibility of one part-time staff member – we all have a role to play in making Welcoming Communities succeed in our region.

Involving community members from a variety of backgrounds brings diverse perspectives and viewpoints which create synergies, motivation, and innovation. Hands-on collaboration will help us to reach people in rural areas and achieve better overall outcomes.

A Welcoming Communities Advisory group will be the forum to exchange experiences, discuss ideas and develop solutions for the above questions.

Purpose of the Advisory Group is to...

- Provide guidance and expertise regarding the needs of newcomers and migrants.
- Contribute to the development of a Tasman Welcoming Plan and the implementation of inclusive activities and initiatives.
- Grow partnerships and create a diverse network of community representatives.
- Advise the Welcoming Communities Officer on priorities for the Tasman region.
- Collate and share relevant local information to help making directional decisions.
- Support socialising the programme collaboratively by involving the wider community.
- Champion the programme it's good for your karma♥.

Members of the Advisory Group...

- Come from diverse backgrounds and are motivated to make a difference,
- live and/or work in the Tasman District,
- are familiar with intercultural interactions,
- have a range of connections throughout different community groups,
- have personal experience of settling into a new area and ideally an understanding of the situation of newcomers, migrants, former refugees,
- sign an expression of interest and commit to regular attendance and active participation.



Nāu te rourou, nāku te rourou, ka ora ai te iwi

With your food basket and my food basket the people will thrive

Contact birte.becker-steel@tasman.govt.nz

Welcoming Communities Tasman Advisory Group -

The Wakefield Community Council is looking for a rep on behalf of the Wakefield Community to attend and be apart of the welcoming communities Advisory group. This person will inform to the Wakefield Community Council and assist in welcoming new people to the community. Advisory group meetings will be face to face and via Zoom.

Please contact Julian Eggers, Chairperson, Wakefield Community Council for more information.



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Totaradale Golf Club

by Gordy Thomas

The Totaradale golf club winter stroke and match play competitions are well underway. The club champs qualifying rounds for the men's seedings will commence in July. The golf interclub competitions for both men and women have seen some good wins notched up so far with more rounds to play in July.

The club competition days are Tuesdays 10.00am winter tee off for men and women 18 holes and Saturdays 11.00am tee off. 9 hole competition days are Wednesday and Fridays 10.00am tee off.

Green Fee players are very welcome to enjoy a round of either 9 or 18 holes. Check the course is open on the website or call the clubhouse to book a tee time. Casual rounds of golf have got very popular with all ages and is a growing sport where all the family can participate and have a fun time.

NZ Golf is promoting the game as a family sport with two different programmes running throughout the district. Totaradale Golf Club is hosting both programmes with Term 3 commencing in July. The first is 'Futures' Golf which is casual 'turn up and play' sessions for children from 5-15years old who would like to give golf a go. Term 3 commences on Fridays 28 July from 3.45-5.00pm

The second is 'She Loves Golf', play six holes for women who would like to try golf in a casual team environment 'no rules' format. Term 3 commences on Sundays July 23rd from 1-3pm. Please contact the clubhouse for more information or register with Golf NZ by email; eve.clarke@golfnz.org



The annual John Hildyard Par 3 event was played recently. This is a popular full field event playing 18holes of short course golf. Congratulations to the prize winners. The men and lady top scorers were a husband and wife duo of Sue and Alan James (pictured left and right) while overall winner was Ross Ford (pictured middle).

Contact details for the club are; Phone: 03 541 8030 leave a message if unattended, Email: totaradalegc@gmail.com Website: www.totaradalegolf.co.nz

Wakefield Community Council

by Julian Eggers, Chairperson

The Wakefield Community Council has been very busy with hearing ideas, projects and hearing from Tasman District Council staff speakers. Wakefield Community Council met every third Monday of the month. Over the winter months, we are now meeting at 7.00pm instead of 7:30pm, Wakefield Village Hall unless notified otherwise. Public is welcome to attend to hear what's happening in our little village, as well as TDC key information.



Catchment Management Plan for the Brightwater and Wakefield Urban Drainage Areas

During our June meeting, we had a presentation from David Arseneau from the Tasman District Council about a new study; the Brightwater-Wakefield Catchment Management Plan. This study

will take a look at stormwater issues in both of these communities, as well as potential solutions that can be put in place to address them. The study will look at stormwater flooding, water quality issues, development pressures, environmental protection, and other similar issues as they relate to stormwater.

Models are only as good as the information put into them, and on-the-ground observations are some of the best information we have to

confirm model results so; If you have any problems or concerns at home, or in Wakefield please email david.arseneau@tasman.govt.nz. Any information will help towards this study. Refer to the map.

Saturday 17th June, some of the Wakefield Community Council members had an onsite visit with Richard Hilton (TDC) in the new to be Baigent Reserve Pigeon Valley. So much work has been completed by Council with new plantings and ongoing weed operation to ensure unwanted weeds don't travel into other reserves in Wakefield.

Genia Drive playground has been completed and is being enjoyed by children near and far. Completed by Council staff and contractors, which had residents from Genia Drive give feedback towards this project. Many thanks goes to our Ward Councillors, TDC, Richard Hilton and a special mention to Lydia Mitchell, for being the point of call for Genia Drive residents.

Monday 17th July, 7.00pm, venue to be confirmed, is our 2023 AGM meeting. New members are welcome. We also have a guest speaker, Nate Wilbourne - Ensure the voices of our young people are heard. Ensuring young people feel empowered to express their views and beliefs because their voice matter. All are welcome.



In the Bush

Greetings to you all. I am sure that many of you, like me, have been finding lots to keep us occupied indoors. And definitely a new pair of gumboots is on my shopping list!!

The AGM of our Society was held on the 12 June and as always was a great catch up time with members, especially for discussion on a way forward for our Society. Although our membership is strong, those that can now "actively" participate are on the decline.

Since the Societies establishment <u>23 years ago</u> it has been actively involved in fulfilling objectives noted in the Moutere-Waimea Ward Reserve Management Plan.

And over this period of years fulfilling these objectives, which have included new planting, weeding, track maintenance, pest control and fencing.

The committee elected are as follows; Evie South **President**, Gowan Simpson **Vice President**, Avis Blowers **Secretary/Treasurer**, **Committee Members**, Dorothy Hole, Barbara Cameron, Eric Palmer, Kerstin Beckmann, Ian Viapree, Sally & Duncan Gordon.

We have also co-opted member Chris Tonkin (short term) as an advisory consultant. Thank YOU Chris.



A VERY SPECIALLY HUGE THANK YOU to our departing committee member of 23 years, Pam Jackett, whose dedication and commitment not only to our Society but to our community has simply been outstanding. I have many photographs of Pam "outstanding – in the Bush!" Her laughter was always contagious and the cuppa catch-up after our get together, made even more special by her homemade muffins and exceptional apple cake.

Pam has assured me that she and husband Selwyn will still be around for some maintenance days, selfishly I hope the muffins and cake make it too.

Last month we did an extra push in the lower paddock area at Robson's Scenic Reserve to put in some more mature trees that had again been donated by Steve. We are very grateful as they have been an ideal filler on the boundary of the bush and walk way area.

And also members did a check over most of our previous plantings to infill where plants had simply not survived. It was an incredibly productive and positive day....UNTIL.....

Sadly during this time, our team noted that many plantings in the lower track area at Robson's had simply been pulled out, in that person(s) had simply pulled the plants out and left them uprooted inside their protectors, most could not be saved. *It did give to me personally one of those "why the heck do we bother moments!!"*, however a cuppa rallied us around and we fortunately had some further plant donations to infill those that had been vandalised.

ALSO we do realise that most dog owners are very responsible, but the increase in doggy dump in this Reserve is sad for those of us who have to work in and around it. Please do remember to bring your bags with you to take this home.

Our Reserves are certainly appreciated, with many folks using them as a place to sit, enjoy the bush and bring the thermos, for that peaceful cuppa. It is lovely to see "teams" of folks also using them as places to have family gatherings, especially when the weather is kind. *Remember ENJOY and leave only footprints*.

A sincere THANK YOU to our community and region that support and appreciate our endeavours in our three Scenic Reserves.

LOVE FOR YOU TO JOIN US

Our maintenance days are always on the 2nd Saturday of each month. Do contact me for further information. *Kind regards Evie-joy South, Proudly President,* The Wakefield Bush Restoration Soc (2000) Inc. **Phone or Txt** 027 907 2879 **Landline** 03 541 8980 Or **Email** tuiville@xtra.co.nz







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-Peter, Tasman

Visiting Wakefield Health Centre fortnightly





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Wakefield Volunteer Fire Brigade

by Gaye Eden

"First responders are frequently exposed to dangerous, high-stress, and traumatic situations, leaving them susceptible to both physical and mental health consequences"

Lowery, A., & Cassidy, T. (2022). Health and well-being of first responders: The Role of Psychological Capital, self-compassion, social support, relationship satisfaction, and physical activity. Journal of Workplace Behavioral Health, 37(2), 87–105. https://doi.org/10.1080/1 5555240.2021.1990776

As first responders we are not immune to the situations we come across, we rely on our training, our instincts and most importantly each other to get through the events we attend. Once up on a time there were no real support avenues for first responders, it really was a case of "harden up" just go home and get ready for the next one. This type of outlook would have a compounding effect and consequently would also have many emergency personal leave their respective services after a brief period with little to no resolve in dealing with what they have witnessed and experienced over their time. This in turn would have a detrimental effect on their families, the community and quite often ending tragically with them taking their own lives.

Thankfully, we have moved on from this era, we now make Health, Safety and Wellbeing an essential part of everything we do within our fire brigade. We have two members that cover welfare as part of their operational role. They follow up the crew after a call that they deem to be a bit intense. This may be a phone call or going out for coffee and can take place as often as needed. The main message is "It's ok not to be ok" and talking and sharing the load is of utmost importance. Not being able to sleep because you cannot get that job out of your head is a "Red Flag" that you need to talk to someone about it. We also have access to counselling services through the FENZ network and our welfare team will help our members navigate this pathway.

This year we have had a record number of callouts, a lot have been medical with an increase in people overwhelmed with their life situation and trying to end it as they feel they have no other options left. It is heart-breaking to know that this is happening in our community. We work alongside our local Police and ambulance staff to get these people where they need to be and receive the help they did not know was there.

A study done by the Mental Health Foundation in 2021 found 25% of New Zealanders have poor mental health. I have no doubt this has risen since then. As a country we are not great at sharing our thoughts, issues, and problems, however we need to if we are to get that balance right. If it is good enough for a fire-fighter to speak out, it is good

enough for you to do that as well. Remember: "It's OK not to be OK"

Help is a phone call away:

- * Contact lifeline on 0800543354 24/7
- * I am Hope on 1737 phone or text 24/7
- * Kids line 24/7 up to 18 yrs. old 08009428787
- * Mates in construction 0800111315

Total call outs for the year: 118 Total callouts for June: 21

Medical x13 Structure fire x 2 Hazmat x 1 Alarm activation x 2 Motor Vehicle Crash x 3

Always there in your time of need, Wakefield Fire Brigade team

STYLED of HOME

Does your place need a spruce up?

Or are you preparing to sell and need to get 'sale ready' ? We offer the following property maintenance services:

- Decks
- Fences
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- Painting
- Tiling
- Odd jobs and more
- Call today on 021 0832 0013



Makeover for wakefield.org.nz

by Peter Verstappen

Wakefield's promotional website, www.wakefield.org.nz is getting a timely revamp as part of a new initiative to promote our village and its surrounds.

With tourists once more flocking to our region, and locals enjoying postpandemic freedoms, it's a great time for Wakefield to parade its assets more prominently.



Sorry but we're just rebuilding the site. Please check back in a couple of weeks.

Inspired by local business owner, Bo Hensley, of Redstone Golf Park, the initiative aims to raise Wakefield's profile as a local destination to enjoy good food, a great outdoors environment, recreational activities, sports facilities, historical attractions and more.

Top priority is to improve Wakefield's online presence, with the revamped website leading the way. As well as promoting local attractions, the website is aiming to be a comprehensive directory of local businesses, so if you own a business based in Wakefield make sure your footprint is on the website: contact Bo or Sonia Emerson by email at: destinationwakefieldnz@gmail.com

The website is being retooled by local web design and hosting company, Slightly Different. Big thanks to Steve and his team for this work, and to Melissa Woodhouse from Love Wakefield. When it's back in action wakefield.org.nz aims to be a key go-to for all community matters: business, public events, community consultation, and village news, including this publication, Window on Wakefield.



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Ph 541 8974

info@tcvet.co.nz * www.tcvet.co.nz Edward Street, Wakefield

Head office 35 McGlashen Avenue, Richmond 544 1200 24 hours



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Community Notices



WAKEFIELD ANGLICAN COMMUNITY LUNCHES

The monthly Community Lunches held in the Worship Centre, will be on the 3rd Thursday of each month at 12 noon, from February until November.

> Welcome to any who would like to attend and enjoy a meal and fellowship.

It is helpful if those wishing to attend phone Liz Massey 5418857 the previous Monday. Otherwise just turn up.

Lunch dates are:

July 20, August 17, September 21 October 19, November 16

WAKEFIELD INDOOR BOWLS CLUB 1973-2023

Former members, players and associates are invited to a get together to celebrate the clubs history.

on Thursday 20th July 1.00pm

at The Wakefield Village Hall

A final roll up follwed by afternoon tea which will be provided.

RSVP by 10 July to

David or Fiona 03 544 7911 or Lionel 027 541 8840

Wakefield ART Group

Est 2012

A small enthusiastic & supportive group exchanging ideas



Join our group in the warm supper room this winter

Wakefield Village Hall

THURSDAY 9.30 am-noon

Bring your Pencils, Paint & Pastels

\$4 donation per session

Everyone Welcome. All levels of interest



Door-to-door to Richmond for only \$5 return



We will now drive anyone from their home to the Sundial car park, Richmond, provided they live within the Wakefield of Brightwater boundaries or less than 500m from the bus route.

We can also stop at 185 on request. Buy your weeks groceries and save \$\$\$.

Visit ntctt.org.nz for a timetable and phone 020 4195 8866 to book your seat or for further information.



Community Classifieds

WANTED

March Old straw or hay for mulch, spray free preferred. Please phone 541 8832 or 027 241 8832.

FRFF

June 2-seat settee suitable for verandah or sun-porch. Phone Peter 541 8863

FOR SALE

June Malmo 100% wool new carpet offcut, 5.5m x 1.5m. Colour is Budapest (creamy coloured), style is Danube. \$150.00 Phone 027 286 0530

WORK WANTED

Self employed Wakefield based builders labourer.

Available for any casual or part time work with or for a builder.

Own tools and vehicle. Plenty of experience on tools. Honest and reliable. Please phone Jolly 027 309 0952

FOR SALE - FIREWOOD

June Firewood dry split gum, pine, douglas fir. Also bundles of sawn slabs Ring Rich Kelly 027 4434 105

NEEDED - GARAGE

July Looking for a spare garage or lockup in this area for a young car enthusiast to work detailing & restoration to vehicles. Please call 027 257 9009.

FOR SALE

1 x Chiminea \$60 ono 1 x 6 burner double hood BBQ \$150 ono 1x Tropical Fish Aquarium Aqua one 980 complete with accessories \$ 450 ono

Wakefield area Phone 021 450 591

Spring Grove Church of Christ Main Road, Spring Grove Worship and Communion Sundays 10am You are welcome to attend

Julv

"Truly God is Good"

"Give thanks to the Lord, for he is Good; his love endures forever"

Psalm 107 vs 1 (NIV)





FOR SALE

June

Firewood old mans pine 120 a cubic meter Wakefield area Phone Karen 541 8979 or 022 065 6075

FOR SALE

June 4-and-a-half-year-old Romney Ram, good worker, friendly-ish. \$120. Phone 027 2777450. Can deliver locally.

FOR SALE

July 2 x new folding camping chairs and 1 x small folding wooden table \$35 the lot Ph Graeme 541 8363

TUTORING - Years 0 - 8

25 years of teaching experience Based in Wakefield Please call 021 124 3254

FOR SALE

May Mobility Scooter. Near new with only 6 months use. and in very good condition.

Black and silver, elegant and stylish with front basket, lockable compartment under the seat and a large satchel on the back of the seat. Has had a service.

Sale price \$2,000 - please phone Diane, 0277 383 458 or 5422148 (Brightwater)

FOR SALE

May

Various items of furniture; king-size single bed, near new bookcase 185cm x 90 cm stereo, radio/tape/disc fridge/freezer 143 cm tall small desk with drawers. For inspection any time, ring 541 9635

FOR SALE

March

May

1959 Morris Minor, 64 years old, rego on hold. Been under cover for the last 10 years. Ph 541 8612

Quantity of native timbers, suitable for craft work, all well seasoned, Ph 541 8612

MEALS ON WHEELS **DRIVERS WANTED**

We are needing a driver to deliver meals on alternate Mondays.

Meals are picked up from The Homestead Rest Home in Wakefield at 11am.

and delivered to folks in the Belgrove to Brightwater area, and possibly Richmond.

This usually takes approximately 1 1/2 hours.

This service enables elderly and unwell people to remain in their homes longer.

If you would like to help with this community service, please phone Heather on 541 8151.

Wakefield Craft Group

Come and join the ladies Craft Group held on Wednesday mornings in the Fire Brigade Supper Room **Pigeon Valley Road** 9.00am - 12pm

Bring any project - sewing, knitting, crochet. Learn to knit or crochet or just come for a look and join us for tea, coffee and company. **Small donation**

For more information phone Judy on 5418342

Community Directory

Rutherford Memorial Hall 658 Wakefield-Kohatu Highway, Foxhill Sue White 027 474 6324 www.lordrutherfordhall.org.nz

Higgins Heritage Park Secretary: David Win 027 631 6786 info@higginsheritagepark.co.nz

Higgins Park Community Fair David & Diane Win 544 7096 info@higginsheritagepark.co.nz

Rural Ramblers Carolyn Mason 541 9200

Spring Grove Drill Hall C Stratford 542 3992

Totaradale Golf Club Megan or Jahola 541 8030

Wakefield Anglican Church St Johns on the hill Traditional Service: 9.00am 1st & 3rd Sunday of each month The Worship Centre Informal Service: 10.30am every Sunday Ph 541 8883 wakefieldanglican@xtra.co.nz

St Johns Worship Centre Bookings Nigel Massey 541 8857

Wakefield Community Library Wendy Gibbs 541 8490 Pam Dick 541 8392 Hours - Tues 10.30 -11.30am Friday - 2.30 - 4pm (When library is not open book returns can be left at Hair Raisers Salon)

Wakefield Football Club (Seniors) wakefieldfootballclub@gmail.com

Waimea Plains Football Club (Juniors) waimeaplainsfootballclub@gmail.com

> Wakefield Medical Centre 541 8911

Wakefield Pharmacy 541 8418

Wakefield Playcentre Contact: 027 880 2800

Wakefield Volunteer Fire Brigade CFO Blair Hall 027 405 4280 DCFO Dot Ashton 027 543 0529

Willowbank Heritage Village willowbank2002@gmail.com Country Players (Drama) Jen Amosa 541 8139 enquiries@countryplayers.org.nz www.countryplayers.wordpress.com

> Nelson Vintage Engine & Machinery Club Allan 027 319 7427

Pinegrove Kindergarten 03 542 3447

Rural Women Diane Higgins 03 542 4388

St Joseph's Catholic Church Mass - 2nd Saturday each month Parish Priest Seth Pijfers 544 8987

> Taoist Tai Chi Deb Knapp 022 083 9332

Waimea Sheepdog Trial Club Sally Powell 021 773 461 Email: sally@tcvet.co.nz

Waimea Area Quilters Kay Norgate 021 0811 4860 Marilyn Gibbs 03 541 8435 marilyn.gibbs72@gmail.com

Wakefield Book Group Mahala White - 541 8933 or Chrissy Harris - 541 9596

Wakefield Bush Restoration Soc Inc Evie South 541 8980 or 027 907 2879

> Plunket Nelson Area Office For appointments etc 539 5200

Wakefield School/ Community Swimming Pool Karyn Young 021 112 4203 Libby Thomson 027 541 8202

Target Shooting Wakefield targetshootingwakefield@gmail.com Holly Gibbons 022 406 1674

Wanderers Sports Club 027 714 6160 jimmy@wandererssports.co.nz

Wakefield Toy Library Saturday 9.30-11.30am wakefieldtoylibrary@gmail.com

Wakefield Art Group Thursdays 9.30am - 12pm Alison 541 8822 Marlborough Nelson Marine Radio Assn Adrian Mullan 021 118 4832 www.mmr.org.nz

NZ Postcard Society Inc Evie South 541 8980 or 027 907 2879

Richmond Lions - Wakefield Rep Sue Burrowes 541 9689 or 027 364 0773

Spring Grove Church of Christ Meet Sundays 10am info.springgrovechurch@gmail.com

Waimea South Historical Society Yvonne Tye 021 542 338

Wakefield Bowling Club Phone club rooms on 541 8556 (Please leave message if answerphone comes on). www.wakefieldbowls.co.nz

Wakefield Brightwater Book Club Sue McAuley 544 7325 sue.mcauley@ncc.govt.nz Meets last Wed of every month

Wakefield Community Council Julian Eggers 027 771 8556 eggers213@gmail.com

> Wakefield Preschool Contact: 541 8086

Wakefield School PTA ptawakefield@gmail.com

Wakefield Tennis Club Ngaire Calder 027 279 9938 www.caldertennis.co.nz

Wakefield Village Hall Amby Cowe ambynz@hotmail.com 541 8869

Window on Wakefield Articles & Content - 541 9005 Sonia Emerson

Window on Wakefield Advertising - 541 9641 Genie & Lindsay Bradley

Wakefield School Edward Street 541 8332

Justice of the Peace Katie Greer Ph 021 547 756

AED DEFIBRILLATOR LOCATIONS - AVAILABLE 24/7

Wakefield Four Square, Wakefield Bowling Club, Wakefield Football Club, Highfield Farm, Kohatu Flat Rock Cafe, Old Tadmor Store, Dovedale Hall, 29 Moonlight Road Glenhope, Corner of Totara View Road and Kilkenny Place, Corner of Martin Road and Lord Rutherford Road, Southfuels Spring Grove, Belgrove Cafe and Bar [what was], Lake Rotoiti Fire Station, Golden Downs Golf Club, Totaradale Golf Club.

CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have **specialised skills/ equipment**, and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their **responsibility to be personally prepared**. You should ensure that you have your own **survival kit** in place, and that you are able to be **fully self sufficient for at least three days.**

In the event of an emergency, for urgent public messages, tune in to: More FM 94.1, Classic Hits 89.8, Fresh FM 95.4

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