



window on **wakefield**

Your Local News

Community News for the Wakefield Area

Wakefield Community ANZAC Service 2023

by Julian Eggers, Chairperson, Wakefield Community Council

At the going down of the sun and in the morning, We will remember them.

What a morning despite the windy weather. I personally would like to thank the community for your incredible attendance at the Wakefield Anzac service. This day means more than a day off, it's a day to respect, honor and reflect on the servicemen and women, past and present, who serve and have served our country.

A team of beautiful people and organizations that need a massive thank you that made our service special. Thank you to....

- RSA Waimea
- Army Centre Group - Higgins Park
- Promote You Wakefield
- Willow Bank Heritage Village
- Nelson Cadet Unit
- Wakefield Volunteer Fire Brigade
- Nathan Dunn
- Julian Eggers
- Wakefield Community Council
- Tasman District Council
- Ake Creative - Graphic Design (service sheet design)
- Wakefield Scout Group
- Wakefield Police

Many thanks and love to the speakers...

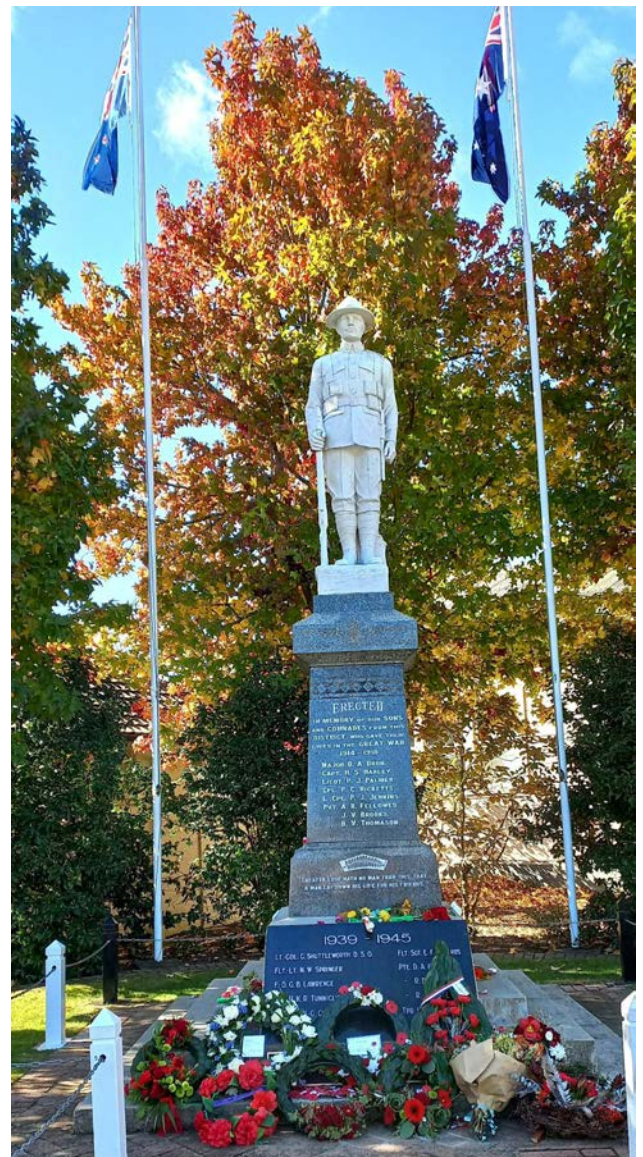
- Nathan Dunn - MC
- Ewan Robinson - Bagpipes
- Don Moses - Vicar, St John's Church
- Mia Kinzett & Juliet Thompson-Blythe - Waimea Youth Council.
- John D'Rose - Richmond-Waimea RSA
- Hon Damien O'Connor - MP Westcoast-Tasman
- Christeen Mackenzie - TDC Ward Councillor
- Doug White - Spring Grove Church

What an incredible military vehicle and firearms display, which was on the village green. The Army Centre Group did a wonderful job showcasing these military items and it gave a realistic idea of what was used during World War I and World War II.

Barry Burgess did a beautiful musical piece of 'You raise me up' as well as the Last Post. Euan Robertson brought the service together with three Bagpipe songs.

While the community comes together, the faith of the fallen will be carried on. The spirit will live on.

We will remember them.



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Window on Wakefield is a community newspaper, and as such, we look forward to having articles and content contributed by our community. If you wish to submit a one off article, or suggest some regular content, please make contact with Sonia on 541 9005 or email windowonwakefield@gmail.com and read the Terms and Conditions below.

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Due out the first full week of each month

All Advertising to be submitted by the 20th of the Month prior

All Content to be submitted by the 23rd of the Month prior

For Advertising please contact Wakefield Print Ltd 541 9641

For Content please contact All Accounts Matter Ltd 541 9005



On the Beat

by Constable Jamie White, Wakefield Police

Kia Ora Wakefield,

Matt and I were privileged to take part in this years Wakefield Anzac service. It was a fantastic turnout and a fitting tribute to those who have served us in the armed forces and paid the ultimate sacrifice for our freedom. A massive thank you to Julian Eggers for organising the Anzac service. A lot of time and effort went in to organising the service and we really appreciate it.

As many of you are aware, there was a spate of burglaries and unlawful interference with dwellings and vehicles. This occurred on the night of 1st April 2023. There were several reports made to us, but most were only discovered when I went to conduct some scene enquiries. After investigating this matter, I have been able to establish a suspect and search warrants were obtained. Two search warrants have been executed and some of the stolen property has been located. A male has been arrested and has been charged in relation to the offending and other offending. A good result and good to be able to hold the offender to account.

In terms of security, there are some simple things that you can do to avoid being the victim of this sort of offending. In regard to the latest offending in Wakefield, every single vehicle or dwelling was left insecure or unlocked. The offenders simply drove around looking for insecure vehicles and dwellings to steal property. If a house or vehicle was locked and secure they simply moved on to the next one. If you lock and secure your property, it significantly reduces the chance of you being the victim of dishonesty offending.

Having cameras is a fantastic tool and I recommend that you install some if you are thinking about it. Make sure you have good lighting and that the cameras are decent quality. I have seen varying degrees of quality and some are little more than a figure walking past. If you are going to the effort of getting cameras, make sure they are good quality.

Whilst on the subject of CCTV, many of you will know I have fundraised for cameras in the village. The Community Council and TDC have come to the party and helped us with this. CCTV will not stop offending but it certainly helps to investigate the matter. I am in the process of looking for funding to install some more in the area that was recently hit. We have had some very generous locals donate already towards the cameras. We really appreciate those contributions and they will certainly help have some new sites installed. If you are interested in putting some money towards the cameras you can donate to Wakefield Community Council account number: 02-0747-0044482-025. If you have any questions you can contact me at jamie.white2@police.govt.nz.

I have noticed there seems to be some confusion regarding what numbers to call Police on. Put simply, if it is happening now and time sensitive, call 111 every time. If it has already happened and non time sensitive please report to 105. If you see something suspicious, even if you think it is minor or the person has decamped, please call 111 immediately!

Social media is a great tool but please call 111 before you post to social media. Do not expect me to see it as there is a good chance I won't until well after the fact. We want the information ASAP as it dramatically increases our chances of locating the offenders. You will never be criticized for calling 111. We can triage the information and respond according to priority and capability.

Finally, I have seen some commenting regarding Wakefield becoming unsafe and the whereabouts of the offenders. This particular case was not from local offenders. Wakefield is not the only place that has this sort of offending, it happens everywhere from time to time. We live in changing times and leaving your property unlocked and insecure should be a thing of the past. Let's make it as difficult as possible to steal things from our community and make sure you report crime or suspicious activity immediately.

Well that's it from me this month.
Take care and look after each other.

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Health Centre

"If I Don't Need Antibiotics, What Then Are My Options?"

by Dr Wayne Hurlow

There is no cure for the common cold and if you catch one you can expect to be sick for one to two weeks. But that doesn't mean you have to be miserable, these remedies might help you feel better!

STAY HYDRATED

Water, juice or clear broth or warm lemon water with honey helps to loosen congestion and prevents dehydration. Avoid alcohol and caffeine which can worsen dehydration. Sipping warm liquids can be soothing and might ease congestion by increasing mucus flow.

REST!

Your body needs to heal and this is the best way how.

SOOTHE A SORE THROAT

A saltwater gargle - ¼ to ½ teaspoon salt dissolved in a glass of warm water - can temporarily relieve a sore and scratchy throat. Children under the age of six are unlikely to be able to gargle properly. You can try ice chips, sore throat sprays or lozenges. There is good evidence for the use of NSAIDs eg ibuprofen or neurofen and/or paracetamol.

COMBAT STUFFINESS

Saline nasal drops or sprays can help relieve stuffiness and congestion. In infants, experts recommend putting several saline drops into one nostril, then gently suctioning that nostril with a bulb syringe.

Sinus rinse (nasal irrigation) is especially helpful for symptoms of sinusitis and can be made up by adding one teaspoon of table salt and ½ teaspoon of baking soda to 500mls of warm water – the aim is to sniff this liquid which rinses the sinuses and helps clear sinus secretions – it is recommended that this is done 2-3 times a day until better.

RELIEVE PAIN

For children under the age of six months, give only paracetamol. For children older than six months, give either paracetamol or neurofen/ibuprofen. Ask your child's doctor for the correct dose for your child's age and weight. Adults can take paracetamol or ibuprofen. Do not take ibuprofen if you or your child isn't taking fluids as this can affect your kidneys when dehydrated.

ADD MOISTURE TO THE AIR

A cool mist vaporizer or humidifier can add moisture to your home, which might loosen congestion. Don't use steam, which hasn't been shown to help and may cause burns.

TRY OVER THE COUNTER (OTC) COLD AND COUGH MEDICATIONS

For adults and children older than five, OTC decongestants, antihistamines and pain relievers might offer symptom relief. However, they won't prevent a cold or shorten its duration, and most have some side effects. Do not give these to younger children.

LIMITED EVIDENCE BUT SAFE:

Taking Vitamin C before the onset of a cold may shorten its duration of symptoms. It may be helpful in preventing colds in people at high risk of developing colds due to frequent exposure eg children who attend group child care during winter.

The evidence for Echinacea is mixed. Different types of Echinacea used in different studies may have contributed to the differing results. Both Vitamin C and Echinacea are safe and therefore worth a try!

THE FOLLOWING IS INEFFECTIVE IN TREATING COMMON COLD:

Antibiotics, OTC medication in young children (under the age of 6yrs), and Zinc.

<http://www.mayoclinic.org/diseases-conditions/common-cold/in-depth/cold-remedies/art-20046403?pg=1>



Wakefield Health Centre

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Wai-iti International Dark Sky Park

by Ralph Bradley

During last winter we held Star Parties at the Wai-iti Dark Sky Park on July 22nd, August 26th, unfortunately September 23rd and 24th evenings were cloudy and we had to cancel those events.

The total lunar eclipse in November on Tuesday 8th and 9th on the other hand was a beautiful fine night and a fun lunar party was held with good numbers attending early in the eclipse. It was a long night with the eclipse starting at 9:02pm reaching maximum at 11:59pm and finishing at 2:56am, 5 hours 54 min in total duration. When the moon is right in the earth shadow, it is necessary to change the camera settings to photograph it and the moon then appears blood red, hence the term "blood moon".

The Star Party in early December was again clouded out.

During the summer month we normally take a break from running Star Parties as its very late at night before stars are visible. But anyone is welcome to go to the park and have their own late-night session.

We held a stall at the January 2nd Wakefield Market Day. Many people enjoyed looking at our own star (the sun) through telescope and a proper solar filter. Children counted as many as 14 sun spots at one time. Clearly the sun has entered an active point in its 11-year cycle.

April 15 to the 21st was International Dark Sky Week and to celebrate the week we held a Star Party at St Arnaud on the lake foreshore. While a little windy it was a fine clear night and 40 or so folk, both visitors and locals, turned out from 7:00pm until 9:40pm to view some of the summer night highlights. To end the Dark Sky Week a Star Party is planned for either the 21st Friday or 22nd April Saturday night at Wai-iti. At the time of writing, it was not looking great weather wise for the weekend.

Thanks to the TDC we now have an official finger sign on the main road. This winter we plan to run focused Star Parties at the Dark Sky Park on the 4th quarter cycle of the moon, usually around the third weekend in the month. During the new moon, at the beginning of the month the Atkinson Observatory at Clifton Terrace School at Marybank is opened for viewing. Up to date information on events is on the Nelson Astronomical Society Facebook page and on our website: darkskies.nz.

One disappointing feature of our 2022 annual report to the International Dark Sky Association in December was a drop in light readings. Part of our qualifying for an officially recognised Dark Sky Park is that we take regular light readings. A perfect dark sky has reading of 21.60 and above. The Wai-iti DSP qualified at 21.52 over a six year period. Last year the reading dropped to 21.47 average. Our nights at the Park are getting lighter. This means light pollution is further destroying our awesome night sky.

Internationally light pollution has grown at 10% per year between 2012 and 2022. Dr Ellen Cieraad (NMIT) has shown the same is happening in Nelson Tasman.

We appeal to all residents if you really need outside lighting: only put up lighting that is really necessary. Use as little light as needed to do the job, use amber colours, (not bright white LED), shield it so all light is directed down, put it on a timer so its only on when needed.

Please think of the natural dark night as a treasure to be protected for your own health and for the environment. The more light you put up the less we can see of the stars.

Thanks again for your support.



Live Well, Stay Well

Tuesday 9 May Coffee at The Villa in Wakefield at 9.45am

Tuesday 23rd May 2023 9.45am-11am

Speakers:

Jacintha Atkinson and Amanda Crehan

Lawyers at Atkinson Crehan Law

(formerly Knapps Lawyers)

Presentation on Retirement Village

Purchases—tips and traps

venue Wakefield Fire Brigade, Pigeon Valley Road, Wakefield

For information contact Sandra 027 6099202, Sonja 027 3740500 or Christine 027 677 0080

We invite the community to...



At the next Wakefield Community Council Meeting

Monday 15th May
7:30PM
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Wakefield Bowling Club

by Tony Eames

The April tournament was sponsored by Wakefield Auto Services. It was won by the team of Nora Harvey, Russel Downie and Kevin Willson from United Bowling Club, regular supporters of our tournaments. The ANZAC Day Tournament was sponsored by Tasman Pine Forests Ltd. A commemoration ceremony was led by club member and Royal Navy Commander Denis Hall with a reflection on the realities of war, the laying of a wreath by patron Rona Vessey, recitation of the ode and the last post played on bugle by RNZAF Flight Sergeant Mason Robinson, Tasman Pine Manager, Accounts and Land.

Prizes were presented by Dale Smith, Tasman Pine Harvesting Supervisor and with a family connection to the Club through his parents, Bert and Beryl. The winners of each round received cash prizes and the overall winning team of Anne Curtis, Mike Turnbull and Kevin Willson was presented with the prestigious Wakefield Feathers Trophy made from cap feathers from local soldiers in the Boer War.

We have a brief recess in play between the summer and winter seasons with much work to be done around the Club by members in working bees. Great for team spirit.



Winter Season Opens Saturday 13 May

There will be regular events throughout the winter with mini tournaments on Wednesday afternoons, social roll ups on Friday afternoons, Club days for various trophies on Saturdays and monthly open tournaments on Sundays. We have a popular 2-day tournament on the Kings Birthday weekend sponsored by Wendy Pearson with her new venture Welcome Real Estate.

Visitors are welcome at all these events. Sunny winter days are a great time to play bowls, get some exercise and socialise.

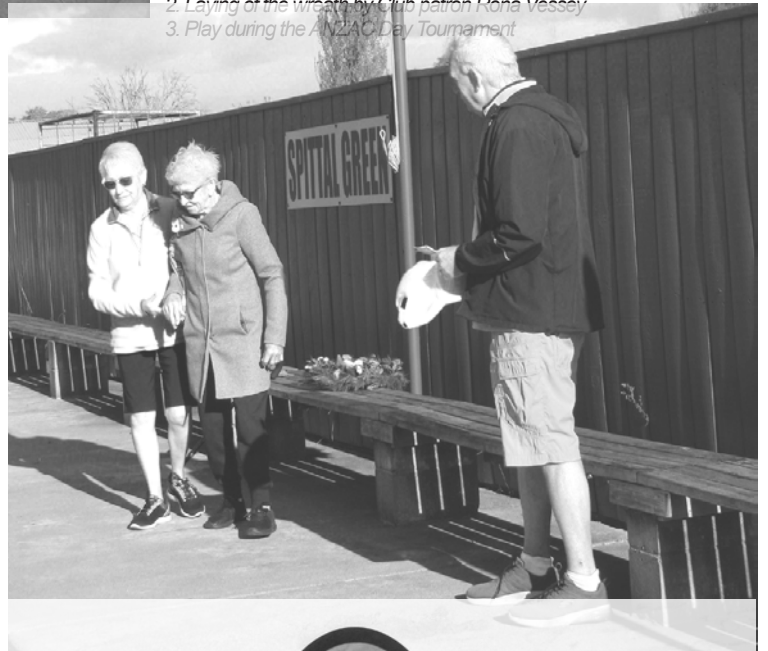
For more info:

Phone the Club rooms on 5418556 (leave a message if the answerphone comes on).

Check the Club's new website <http://www.wakefieldbowls.co.nz/index.html> Or visit us on Facebook

Photo: Left - Winners of the ANZAC Day Tournament. - front, Mike Turnbull, Anne Curtis & Kevin Willson; back Dale Smith (Tasman Pine Forests Ltd), Club President Alan Robertson (partially obscured) & RNZAF Flight Sergeant Mason Robinson (Tasman Pine).

*2. Laying of the wreath by Club patron Rona Vessey
3. Play during the ANZAC Day Tournament*



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Waimea South Historical Society

by Margaret Clark

The Waimea South Historical Society visit to St Josephs Catholic Church and cemetery in Wakefield on 30 March 2023. This church has recently celebrated its 150th Anniversary.

The first Parish priest, a Frenchman, was Father Antoine Garin and he had an extensive diary of the church beginnings as he was a scholar and enthusiastic about his role. As early as 1858 land was set aside for the Catholics of Wakefield and 1868 it was determined that a church should be built there as the people here desired it for the southern end of the Waimea Plains. On October 10 1869 the foundation stone was laid. The site was also set aside for the cemetery. The land was organised by Mr Tomlinson and was to be called the Church of St Joseph.

The building committee comprised Thomas Shea, Joseph Hoult snr, Joseph Hoult Jnr, Edwin Fowler, James Arnold, Jos Tomlinson, and Joseph Bolton. Many of these names are still well known in the Wakefield/Waimea District.

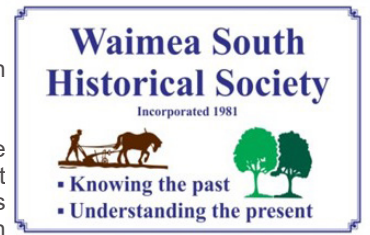
Robert Stewart snr was the architect and Mr W Good was the contractor who tendered for the job and his was the accepted one at 350 pounds. Timber was promised and supplied by Mr J Hoult snr (totara, red pine and rimu) and other residents provided money or goods and services. Joseph Hoult provided 22,000 shingles and Edwin Fowler carted all the timber. Charles Tomlinson, James Hagen and James Arnold carted the sand and stones needed. From here on the building was progressing quickly with a decision made to add a vestry and also a cross on the spire. (The spire is now removed as it was deemed a hazard). The stained glass window is a recent addition to the church. The church and cemetery is listed as a Heritage 2 building with New Zealand Historic Buildings Trust.

The opening day was on May 7th 1870 when the new church was blessed and opened. Father Garin and his curate Father Chareyre, gave the High Mass and instruction. About 250 people sat down to tea together and a great time was experienced together.

The Waimea South Historical Society Inc were interested to learn of how this church had developed from these early years, and provided the Catholics in the district with a space to worship and continue the work commenced by Father Garin and his committee.



The Church has developed a written booklet to celebrate their 150 years of Wakefield history.



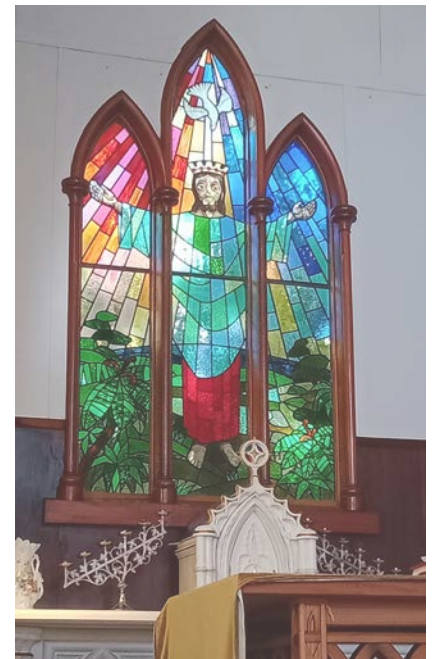
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SUNDAY

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Pigeon Valley Wakefield

Higgins Heritage Park Happenings

by David Win

Our volunteers work hard to keep our Park and museum shed displays as an inviting, informative and interesting place to visit. A recent kind donation by Michael Halse of heritage Perkins outboard motors now adds to the variety of equipment we have on show. Michael worked for Perkins Engines Ltd in the UK, starting as an apprentice in September 1957 and became responsible through the 1960's for the servicing of Perkins outboard motors worldwide.

The Perkins Heritage Story, a most interesting read via their website, began 90 years ago (started in 1932 by two out of work engineers) when it was the first company to recognise the potential of diesel. They have produced off-highway power solutions, power for hospitals, sports arenas, materials handling, construction, and industry - marine, powerboats, harvesters, excavators, forest machines, wheel loaders and forklift trucks – all developed over the decades from those early tractor engines!

Our Nelson / Tasman districts are closely associated with the sea with our first settlers sailing ships arriving here in the 1840's and thereafter we have been enjoying the benefits of living in the beautiful coastal areas of Golden Bay.

The Perkins Outboard Motors story begins about 1957 when the Perkins directors decided to look for potential alternative products to supplement the mainstream diesel products in case of a market and business downturn. A visit by Monty Prichard to the Oliver Corporation in the USA, following up a chance remark to the Perkins North American subsidiary, resulted in him returning to Peterborough with a signed agreement to purchase their Outboard Motor Division.

The initial testing by Perkins revealed shortcomings in both design and quality. Oliver had already been struggling for a share in the sophisticated North America market where Evinrude and Johnson, had already set very high standards.

A new company was formed - Perkins Outboard Motors Limited at a separate manufacturing plant in Northamptonshire, UK at Sages Lane, close to the Peter Brotherhoods plant in Walton with other departments at Eastfield and Peterscourt. Key personnel were recruited including Horace Rainbow as Chief Engineer. Although a separate company, advantage was taken of the Perkins infrastructure since sales, spare parts and service were especially important in a mainly private buyers leisure market.

Production started in 1959 with the restyled and Perkins branded 6, 16 and 35 horsepower units – all twin cylinder two-stroke engines running on petrol. Heavy advertising was done in the marine press in Europe.

The early 1960s developments saw a smaller engine put into production at 4.5 horsepower (based upon the 6 horsepower but redesigned to reduce weight and complexity). Range uprating to 6.5, 18 and 40 horsepower, plus a derated engine at 30 horsepower for workboat applications. Trials were also carried out by the Armed Services who were attracted by the low weight and transportability of modern outboards. A limited amount of 'badge engineering' was also carried out, with engines being sold through the Rootes Group under their name.

In 1959 Massey Ferguson took over Perkins and required more focus on the mainstream products. Forward plans to develop diesel outboards, and to explore the potential for the new rotary Wankel engine in the marine field, were cancelled. Serious work had been done with the Wankel engine as its inherent compactness could put 40 horsepower into the space of the 18 horsepower two stroke.

In 1964 the whole outboard business was sold to British Anzani, but the products soon disappeared from production. The Wankel version was also sold off but was effectively killed as a potential competitor to the existing designs. Today a few outboards still exist in the hands of enthusiasts, plus museum exhibits such as those on display in our own collection.

The Perkins outboards productions totalled 25,950 during 1960 – 1963.
 1960: total 4050 of 6hp,16hp,35hp, 35hp military = 20/day
 1961 total 6000 of 6hp,16hp,35hp,40hp = 30/day
 1962 total 8600 of 4 1/2 hp, 6 1/2hp, 18hp,30hp (man), 30hp (elec) 40hp = 43/day
 1963 total 7300 of 4 1/2 hp, 6 1/2hp, 18hp,30hp (man), 30hp (elec) 40hp = 36.5/day

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THE 6.5—A SURE FAVOURITE WITH BOAT

The new 6.5 hp motor is a great replacement and uprated version of the famous 6 hp motor. It features a new, more powerful 2-cylinder engine with a new propeller and a new fuel tank. It is a true 6.5 hp motor, not a 6 hp motor with a 1/2 hp boost.

BRIEF SPECIFICATION:
 H.P. 6.5 at 4500 r.p.m. Bore and stroke: 2 1/2" x 2 1/2"
 2 cylinders. Starting: Electric with emergency manual or manual with automatic rewind. Exhaust: Under water. Gears: Forward, Neutral, Reverse. Propeller: Semi-synthetic 3 blades. Weight: 65 lbs. Fuel tank: Removable 5 1/2 Imp. Gals. (8 1/2 U.S. Gals.) Colour: Silver-bronze and concourse blue.

THE ADVANTAGES:
 1. A motor that is really at home packing a conventional or a folding boat.
 2. The easy-going, automatic, electric start is available in the same size of providing auxiliary power, and for use with the battery.
 3. There are just some of the everyday jobs that the 6.5 performs admirably. They give some indication of its unique multi-purpose suitability.

So wonder that it is used so lightly by those who know what to look for in a quality steel motor.

SOME SPECIAL PERKINS FEATURES:
 1. The new 6.5 hp motor is a great replacement and uprated version of the famous 6 hp motor. It features a new, more powerful 2-cylinder engine with a new propeller and a new fuel tank. It is a true 6.5 hp motor, not a 6 hp motor with a 1/2 hp boost.
 2. The easy-going, automatic, electric start is available in the same size of providing auxiliary power, and for use with the battery.
 3. There are just some of the everyday jobs that the 6.5 performs admirably. They give some indication of its unique multi-purpose suitability.

My Te Araroa Adventure

by Peter Verstappen

How do you retire? How do you step across the threshold to life-after-work? Last December, when I departed my job as Principal of Wakefield School and a thirty year career in education, I wasn't ready to confront the question, so I came up with a plan to side-step it, by deciding to walk the length of the South Island along Te Araroa.

Te Araroa – the long pathway – is New Zealand's answer to America's Appalachian Trail, or Spain's El Camino; a 3,000km route from Cape Reinga to Bluff, created by painstakingly stitching together alpine tramping tracks, rural cycleways and roadsides, suburban footpaths and easements across private lands. It even includes a memorable canoe section down the Whanganui River. Through-hikers, those doing the entire trail, commonly start in spring and mostly walk in a southbound direction (SOBO), taking roughly five months to complete the trip.

I joined Te Araroa at Ship Cove at the top of the Marlborough Sounds, my eyes fixed firmly south. I imagined Bluff just down the track. Sylvia and our daughters joined me for the first few days along the Queen Charlotte walkway, on what should have been a civilised ramble but became a trudge through pouring rain, with blistered feet, sore knees and wounded pride.

After a short recovery at home, I returned alone to the trail, carrying an arsenal of blister treatments, blitzing the Richmond Ranges, again in appalling weather, before family affairs forced another temporary break.

I finally was able to hit my stride in mid-February, revelling in the alpine route to Blue Lake, scaling Waiau Pass and bowling down the wide valleys of the St James. Beyond Boyle River Te Araroa slides around the back alleys of Canterbury - Lake Sumner and the Hurunui River - dips into Westland for a brisk couple of days down the Taramakau River before returning to Canterbury near Arthur's Pass. From there it threads its way through the ranges and high country east of the Alps, long sections of wilderness occasionally brushing civilisation at Tekapo, Wanaka, Queenstown, Te Anau, before reaching the coast at Western Southland and a final few days walking the fringe of Foveaux Strait with Bluff hill gradually looming.

My Te Araroa journey that began at Ship Cove, finished at Stirling Point in Bluff on 5th April, 1,300kms and 57 walking days later (and about 6 kilos lighter).

I realise it's not most people's idea of fun to hike alpine tracks in all weathers, sleep on the ground in a tiny tent and wash in mountain streams, but I have rarely felt such freedom: the freedom of waking at dawn on the banks of a river or lake somewhere in this beautiful land, eating breakfast under a clear sky, rolling up tent and sleeping bag, gathering small possessions, hoisting my pack onto my back and stepping onto the trail. It was the freedom of having no more responsibility than following the day's route, of setting my challenge to whatever level I felt capable of handling.

An unexpected pleasure was the Te Araroa community of fellow SOBOs (and a few NOBOs – northbounders), mostly foreigners, almost all half my age or younger, united in a common endeavour. I enjoyed the company of these physically fit, positive, interesting people, having the time of their lives. I enjoyed our conversations in DOC huts or campsites, sharing stories about our lives or trading trail tips. Te Araroa is like a river, constantly changing as people move at different speeds; some people are swept ahead, become names you search for in hut intentions books, others fall behind, leaving you wondering about their progress and if you'll meet them again. The young ones are all teched up so they stay connected on social media in even the most remote places, but, still, this community is one of short, often intense connections, broken narratives that feed the imagination.

My separation from home and Sylvia was eased by her joining me for parts of the walk. We're good tramping companions and the trail is always smoother in her company. Our time together included one outrageous day walking into the teeth of a classic Southland southerly, with snow showers, rain and sleet, watching the Takitimu mountains, whose temperament is brooding at the best of times, argue violently with the elements.

My Te Araroa was a kind of pilgrimage. I grew up in Western Southland, lived for years in Otago and Canterbury, before moving to Wakefield a decade ago, so this was a walk back across the trajectory of my life. I quipped that I was getting younger every day as I walked south, and I enjoyed reflecting on memories of previous connections with various parts of the trail: celebrating my 21st birthday on an army camp out the back of Tekapo; learning to ice skate on a frozen pond in Arrowtown; running over Goat Pass on the Coast to Coast race as a twenty-something year old; managing school trips to the Ashburton Lakes as a youngish teacher.

And wider memories: my father, newly arrived from Holland, shooting rabbits on Southland farms in the 1950s; the environmental campaigns in the deep South that saved lake Manapouri but forever damaged the Waiau river that flowed past my childhood home.

It's these reflections on my past, revealing the pattern of my life, that is perhaps the pot of gold at the end of my Te Araroa. If I chose to walk the length of the South Island partly to sidestep the question, 'how do you retire?', I discovered that by walking back into my past, renewing my connection to this land and my place in it, I began to see my future a little more clearly.

Whatever that looks like, Te Araroa has renewed my love for this place, and my gratitude that this island is my turangawaewae – the place where I plant my feet, where I am claimed.

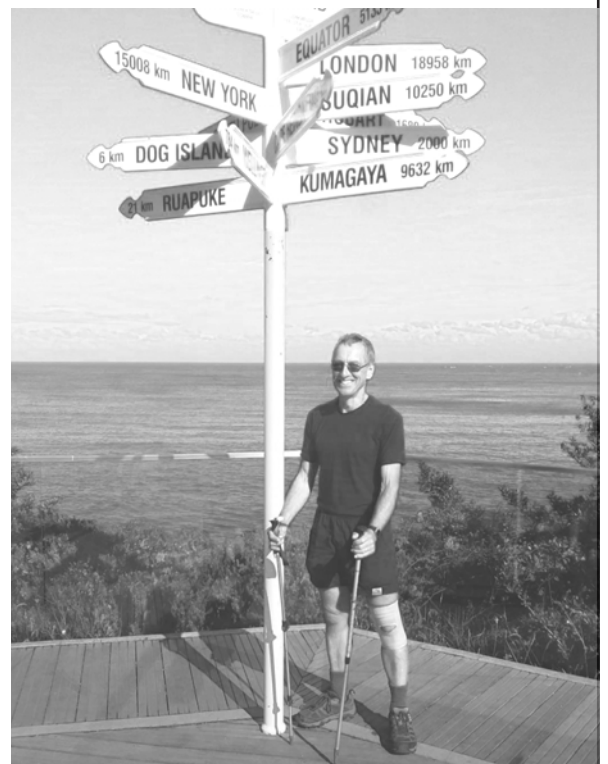


Photo: The end of the trail - Stirling Point, Bluff

Town and Country Vet

by Brenda Halliwell, Vet

Do you have a skinny old cat?

If you answered 'yes' then read on....Many of our cats look thinner as they get older. This can be just the normal aging process where muscle mass is lost due to being less active (just like people). But if your cat is looking skinnier and skinnier, that's not normal!

There are several common diseases that occur in older cats resulting in weight loss. These are:

- Hyperthyroidism (= over-active thyroid gland)
- Kidney disease
- Diabetes

These diseases can be managed and enable our pets to live a good quality life. But left untreated, older cats have a poor quality of life and are likely to be euthanased earlier.

They can all be diagnosed quickly and easily with a blood test. And treatment can be as simple as popping a tablet into your pet's dinner. Some cases are more complicated however and require further tests and checkups along the way to keep your elderly cat well.

Unfortunately there are a lot of other diseases which cause cats to lose weight. Some can be treated with medicines or surgically, and others are untreatable. But it is much better for your pet to have a checkup and have the appropriate care and advice to give your pet the best quality of life for as long as they have left.

Antibiotics

Just like human doctors, vets are being increasingly careful about antibiotic use to slow the development of antibiotic resistance. This is when bacteria become resistant to antibiotics so the antibiotic becomes useless. Antibiotic resistance is a problem for everyone as it is a threat to successful treatment of infections in all species including humans.

To protect our currently effective antibiotics we need to use them less frequently and only if really necessary alongside other strategies such as thoroughly cleaning wounds and preventing disease in the first place eg by vaccination.

Nowadays there will be cases where we no longer prescribe antibiotics when in the past we did and there are several antibiotic groups that we can only use as a last resort and only after specific bacterial testing. Also if your pet (or you!) is prescribed antibiotics always make sure you give the whole course even if they seem better before it is finished – don't stop early and don't save any for another time!



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Janet - NZ Botanical Artist

Rachel & Phil - Villa Grove Estate Olive Oils

Steph's Cacti & Succulents

Zeta's Brookside Nursery Plants

88 Valley Walnuts

Artist Jan's cards + bags & aprons

Artist Fiona's natural soaps

CASH SALES

Bank ATM's @ Wakefield Garage & Four Square Supermarket

Wakefield School Camp

On 21 of March 2023 Room 8 went to Paretai Camp. The river. The river flow was as smooth as a piece of paper. The current was a bit strong for us but we went down the rapids anyway. There was a raft. It was black and because Room 8 was the first room to go on the raft the raft had no holes in it. The rocks were really stabby and there were a lot of rocks in the river. I stabbed my knee on them and it really hurt but it was one of the best experiences of my life so I want to say thank you to all the teachers including Mr Mack and the principal.

by Lily



This was me and Liam in the Brook Sanctuary. It was a cool walk and we saw lots of cool predator traps. There were weta homes and lots of weta. Sadly, there were also some dead bees. At the end Rick, our guide, got a sack out of the freezer and in it was a dead possum. It was eight years old. He showed us lots of weasels. It was really cool but it smelled horrible. I almost passed out from the smell but it was really cool and that's the end.

by Adelaide



In this photo Leah, Pyper, Lexa, Georgia and I are doing our teddy salon for the camp concert. The camp concert was very funny! In our teddy salon there were two wild dogs that busted in through the door and took our CLIENTS!! When we were doing our part we literally could not stop laughing. It was really embarrassing.

by Billie-May



On camp we did lots of different things. We all were tired by the time we got home. On camp we did a concert and the concert was about you and other people.

by Georgia

My favourite thing was the camp concert. As part of the concert I was putting cards behind my back and saying "This card I'm about to show you is a king of hearts" and showed them the card. I knew I got it right because I saw the expressions of amazement enter their faces. Also James said that I beat all the other magic people performing. If you don't think we were magic, explain how Ayden shuffled the cards without me looking...

by Cooper



My favorite part of camp was the camp concert. It was fun and funny. We came 1st in the concert and we were the Magic Men. Cooper did a card trick. He would put them behind his back and pick a card. He said what the card was and he got it right. Zak and I were the assistants.

by Harley

I was doing giant garden Jenga with Harley and James. The blocks are sore if they fall on you so in this picture I am getting out of the way. All the games came out of the Sports Trailer from Sport Tasman. James really wanted to crash it but we did not let him.

by Evie



This is me at Paretai Camp 2023. When we tried to make damper, we first had to make the mini fires to cook it over (as you can see in the photo). In the end we didn't succeed because the dough didn't roll so we roasted marshmallows in the big fire pit and I got the marshmallow all over my oodie. When half way through making the fires my friends Lily and Rylee joined me because their fire wasn't cooperating with them very well.

by Madie



In this photo is Zoe's mum Anne, Zoe, Meg, Cooper, and Scarlett on the raft. My favourite thing about camp was swimming and going on the raft down the rapids. The water was a bit cold.

by Leah M

In this photo we are happy because at camp we made new friends. This was us getting our skit ready. Everyone helped each other and made sure everyone was included. We were just doing it for fun and it made us all laugh. It made us build up each other and work through little fights. Over camp we spent time with new friends and found out who they really are. We did heaps of activities together. My favourite was trying to light the fires and my second favourite was the Nelson Tasman Sport trailer they let us use. The hardest thing at camp was getting to my bag in the corner with everyone else's gear. My least favourite activity was probably the raft building because it caused some fights because everyone was tired.

My favourite part of camp was building fires. Once Kurt shoved a pine cone on it and it went out. Mr Mac had to save me and Kurt with firefighters. He put them on the fire. Firefighters are styrofoam blocks.

by Indi



My favourite part of camp was building fires. Once Kurt shoved a pine cone on it and it went out. Mr Mac had to save me and Kurt with firefighters. He put them on the fire. Firefighters are styrofoam blocks.

by Liam

Wakefield School Camp

The teachers gave us a choice to do our camp concert inside or outside. Milly, Estelle and I made the choice. We thought it would be best if we did it outside because we needed quite a lot of space. The teachers told us that we were going to go first. We were all very nervous as we stepped on the dewy wet cold grass to do our performance. "We are called the hula girls," I said nervously and then we got our hula hoops ready and we were dancing away to the song Shake It Off. When we were finished there was a round of applause as my heart leapt with joy. I will remember that for a long time!

by Izzy

As I stepped out onto the cold damp grass with Izzy and Millie, adrenaline rushed through me. I was really nervous but I knew after I started it would be okay. The music played and we were in action. We did all our tricks with hula hoops and I was praying I didn't throw the hula hoop too high and hit someone. Gladly, I didn't. When we were doing all the cartwheels I felt great. I made a slight mistake but I fixed it straight away so hopefully no one noticed. As the music got quieter we finished up the routine and did our final poses. We took a bow, everyone clapped with delight and I felt great!

by Estelle

As I stepped out onto the lush green grass a cold breeze blew around Estelle, Izzy and I. As we waited for our turn to arrive I suddenly got a rush of butterflies in my tummy. I was worried that we weren't going to be able to do our hula hoop gymnastic routine on the grass. I crossed my fingers and closed my eyes hoping that we were going to be able to do it. Suddenly, Julie comes to the rescue. All I can hear is her saying, "If anyone wants to do their thing on the grass they can go now." Phew! I am so relieved. My group goes out to perform the routine. My mum proudly watches on, taking photos and videos.

by Millie S



My time at the river was definitely one to remember. I stood on the rock ready to dive in. I was so scared that my heart was pounding but I knew my time at the river was short so I leaped into the air. As my toes pointed and my hands hit the water, suddenly I was in. I quickly swam to the raft and jumped once, twice, three times and then desperately leaped for my towel. My body was shaking, my lips had turned purple but I was totally refreshed!

by Holly



I went down the stairs they got very steep and the water was rushing with rage. The water gave me a brain freeze when I got in. I climbed on the rocks to the raft. 1,2,3... I jumped off and my brain was instantly frozen. Then I swam over to the land where Mr Mack was skimming some rocks. I went to skim some. My first skim was not that good but my second was very good. I crossed the river and it was very cold on my legs. I went back to the raft to do a flip off of it. I hit my face on the raft which really hurt. I swam back to do some more skimming.

by Carter

I went down to the river. The steps were very steep. The water was cold. There was a big raft that I knew I had to get to. The water was too cold for me, then I saw some rocks leading to the raft. They were sharp and close to vertical. At the time I had crocs on, so I knew I could do it. I was on one side of the river and the rocks were on the other. I crossed the cold shallow water. I went over to the rocks with my friend. He was not wearing anything. The sharp rocks were not a problem to me and my friend didn't seem to mind either. He was behind me and I thought it would be smart to stay low down. My friend said if I fell in, get to the rock. I didn't know what he meant. I kept on going and I fell in. The water was freezing, my heart was pounding. My friend was yelling, "get to the rock, get to the rock." I climbed up, it was hard but I did it. My friend was up high and he was not falling down. I climbed up with him. It was a lot easier up there. We finally got there.

by Mack

This is a picture of me in the kitchen at camp with Kirsten, Indi's mum. I was helping prepare dinner. I started peeling potatoes but we had to use these small peelers with one side. I was bad at peeling potatoes so Kirsten said I could pull apart the cheese [already in slices] to put in the salad we were making. Indi finished peeling her potato so her mum said she could cut the lettuce up.

by Meg



When Room 8 went to camp there was a stick bug in a tree that fell onto Zoe's shoulder and then Zoe freaked out and threw it on the ground. Then Leah picked the stick bug up and gave it to me and I walked over and I showed everyone the stick bug.

by Scarlett

This photo was taken Tuesday 22nd of March 2023. It was taken at Paretai Lodge for the camp concert. This photo is showing me, Lily and Scarlett. We were performing a magic trick called the 4 Aces. Lily did the

magic after I taught her the trick. I was just sitting in the background clicking my fingers. The trick was featured in my Wakefield's Got Talent act. It was pretty embarrassing when we said the wrong thing about the card placements. We laughed about it later.

by Rylee



This is Scarlett and I at the camp concert. It was so much fun. We were laughing and dancing and smiling. It was really funny. Scarlett and I had so much fun.

by Leah R



Training at Armageddon Paintball

by Bo Hensley

Land Search and Rescue Train at Armageddon Paintball

Over the past few months few of us would fail to agree that our New Zealand's emergency services have been put to the test, stretched and proved invaluable in the dramatic weather events that have occurred nationwide.

It was therefore a privilege to have been able to facilitate a training session for new recruits for the Nelson Land Search and Rescue team in the City of Purgatory at Armageddon Paintball.

Arriving at 1.30am, 18 potential candidates arrived in a closed army vehicle to what could only be described as a hellish scenario: a factory explosion had occurred and it was up to them to find and treat survivors. Fires burning in drums, a fire engine's siren blaring; it's swirling red lights adding to the calamitous spectacle, hoses spraying water and the sounds of wailing, moaning and people in obvious distress played on in the background.

A team leader was selected for the exercise and she divided the tasks up: some to survey the scene - bringing back information of hazards, victims and other important details so as to create a map of the area; while others began to triage and treat victims. 16 victims were scattered across the area, all with unique injuries that required different treatments. Some were difficult to extract from multi storey buildings; others required stretchers and at all times there were physical hazards to be aware of.

For a couple of hours, the team worked their way through the scenario, watched on and assessed by qualified team members. It was daunting to say the least!

A whistle at 3.30am brought proceedings to a halt and after a debrief, trainees climbed back in their truck to attend the next crisis. Over the 24 hour training period they would be exposed to a variety of simulated disasters to assess their suitability for the Land Search and Rescue team.

From Armageddon Paintballs' perspective it was fascinating to be part of this exercise, seeing the training firsthand and we appreciated the skills and training of the qualified personnel.

A big thank you to the role play victims from St Johns, Brightwater Fire Services and apologies to residents of Wai Iiti Valley Road who must have wondered just what was going on at Armageddon Paintball at 1.30 in the morning.



We hope we never need to call on Land Search and Rescue's services but know that if we do, we'll be in capable hands.



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WAKEFIELD COMMUNITY TRANSPORT AVAILABLE FOR HIRE



The Nelson Tasman Community Trust has recently bought an 8 seater vehicle which is currently being used as a bus service to transport passengers in to Richmond on Tuesdays. This vehicle will shortly be available for hire to anyone at a very reasonable rate. Please phone/text 022 682 373 for full details.

Volunteers are always required as drivers, to help out with the maintenance of the vehicle or as member of the trust. If you are interested in any of these roles, please phone or text 022 682 373 or 020 4195 8866.

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Long Covid

by Jean Gorman, (a personal account)

Covid's just a couple of days with a sore throat, isn't it? Ignore it and don't be such a wuss. Go on, get back to work. Hang on! What about Long Covid? 65 million people worldwide suffer from it.

Between one in five and one in ten people who get Covid don't get over it in a week, or a month, or six months. This includes children.

That means someone you know will get Long Covid and their life will change radically. That's where I am. Lying flat in bed six months after having a couple of days with the Omicron sore throat. Four doctor visits have been no help. There are no definitive answers; it's a new disease.

Long Covid has a wide variety of symptoms, because the virus can affect many different systems. It can be due to your own immune system causing fibrosis, or tiny blood clots in your capillaries causing long term lung damage. It can also cause multiple organ damage.

I'm lucky. I'm not in pain, just breathless, headachy and fatigued. However, I'm fed up with it and don't want it to get worse, which it may do if I don't take care.

I'm treating myself as Human Guinea Pig No 1 with the aid of my watch, a Garmin Lily, which monitors my heart, breathing, energy levels and overnight oxygenation (below 80% - poor). Most people use them to tell them how fit they are.

The immune reaction may be a histamine response. I have tried a low histamine diet and taken antihistamines. No effect.

I have tried ibuprofen, as the problem may be inflammation (I asked the doctor first). No effect.

I am taking an alphabet of vitamin supplements, especially Vitamin B3 as the mitochondria in the blood may be the problem. No help so far.

At first after I had Covid, I appeared to recover quickly. Being the person I am, I pushed through to my previous activities, did more exercise and ignored how I began to feel. That has resulted in matters getting worse.

Small comfort that people still advise me to get more exercise. This tells me that I'm not alone in my folly. What helps a little is lying flat and doing deep breathing exercises and going to bed at 7.30pm.

I've heard of people who have had to leave their jobs and now have the financial worry of meeting mortgage payments. Family members have to look after them and shoulder more responsibilities.

Long Covid is no fun!!



Nelson Tasman Community Transport Trust has 2 administrative vacancies to support our mission for providing and supporting accessible and friendly community transport systems to outlying regions of Nelson and Tasman.

Position 1: Part Time Trust Administrator / Location: Nelson/Tasman
Duration: 1 year contract May 2023 – May 2024
Contract: 1 year for 20 hrs per month (@ \$28 per hour) paid monthly on receipt of report

Work as part of a team to resource monthly meetings with timely agendas & accurate minutes, provide book-keeping support for Treasurer, ensure information is shared & circulated in a timely manner, respond to requests for information & apply for grants, assist Transport & Marketing Co-ordinator to publicize & promote services.

What we are looking for - Well-organized person with an enthusiasm for community projects & contacts, ability to organize own time management; prioritize tasks & meet monthly timelines, confidence in working with others in promotion & publicity, willingness to use own computer & transport.

Position 2: Part Time Transport & Marketing Co-ordinator / Location: Nelson/Tasman
Duration: 1 year contract; May 2023 to May 2024
Contract: 1 year for 40 hrs per month (@ \$28 per hour) paid monthly on receipt of report

Description - Work as part of a team to recruit, train & support & keep data on voluntary drivers for our 3 services, maintain the Trust's 2 buses to ensure fully functional & legal, provide marketing & publicity opportunities & outlets for each of our 3 services, liaise with other organisations & community groups with similar focus.

What we are looking for - Self-motivated person with passion for community focused projects, enthusiasm for working alongside & with others, practical skills for care & basic maintenance of vehicles, creative approaches to publicity & promotion, skills in data-collection & report writing, ability to organize own time-management, willingness to use own transport & computer.

Interested?

What we offer - reimbursement of consumables & travel (@ 83 cents per km), opportunities to work with & resource enthusiastic others who share the same goals of promoting strong viable community links & reducing carbon emissions through providing affordable accessible community transport systems.

To view contracts scope please go to www.ntctt.org.nz/contracts Applications in writing clearly stating suitability for the position - emailed as attachment to chairperson@ntctt.org.nz Applications close May 5th 2023 at midnight – contract to commence in mid-May. For further information contact chairperson@ntctt.org.nz



WAIMEA AREA QUILT GROUP

Meeting Place: St John's Worship Centre
120 Edward St, Wakefield

Next meeting: Saturday Sit & Sew: 9.00 – 3.30pm
Date: 20th May 2023

This month we celebrate our 12th Birthday and are hosting a Craft Tour Group to join us for morning tea.

Members bring their own lunch and work to do, whether it is using their own sewing machines or bringing hand-sewing or knitting. Each month we have a Show and Tell where members show the work they have recently completed. These days are very social.

We are open and welcome new members to join whether you are beginner or more practiced quilter. The cost is \$35 in the first year and currently \$25 per year after that. We charge \$5.00 per member for each Sit and Sew to help cover the additional rental cost.

Usually, we meet on the 2nd Saturday of each month but our get together in May is a week later to accommodate the tour group. About 3 times a year we meet on the 2nd Thursday evening of that month from 7.00 - 9.30pm to accommodate those who work on Saturday's.

Each year we have a challenge. This year the challenge is to create a small item featuring hexagons and using a specific fabric.

For more information please contact:
Marilyn Gibbs Phone 03 5418435.

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Live Well Stay Well

by Christine GodfreyBBi

Birte Becker-Steel of TDC: "How Inclusive Are We to Newcomers in our Community"

On Tuesday 4th April, Birte Becker-Steel from Tasman District Council came to talk to our group. She is the newly appointed Welcoming Communities Officer for the Tasman region, covering Murchison to Takaka. We learned that five pilot programmes started in 2017 and now 32 councils in NZ participate with numbers and popularity growing. Our population of 60,000 people comes from more than 100 ethnic backgrounds, comprising refugees, migrants and newcomers to the region. 50% of people need some settling in support and have to make a lot of adjustments. We can all contribute by making things easier for newcomers by providing welcoming activities, some guidance and support.

Often a friendly smile and chat are a straight forward way to make others feel welcome. Having a foreign student will enrich their lives and your family also.

Birte is planning a range of hui and gatherings, enabling community members to get involved, share feedback and suggest ideas on how to make Tasman more welcoming.

A survey is currently being done to capture the viewpoints of the wider community on how inclusive we are for newcomers. Birte says the answers to these questions will then shape a 'Welcoming Plan' which will be a local guide for more inclusive communities across Tasman district. There will be a focus on rural regions, with a series of 'Global Cafes'. To plan for all events, she invites employers, community groups and interested individuals to get in touch. You can find the survey on:

<https://shape.tasman.govt.nz/welcoming-communities-survey>

Thank you Birte for enlightening our group and we look forward to further progress on the subject.

by Sonja Lamers

Upcoming meetings:

Tuesday 9 May 2023:

coffee meeting at The Villa in Wakefield, 9.45am onwards

Tuesday 23 May 2023:

presentation by Lawyers Jacintha Atkinson and Amanda Crehan of ATKINSON CREHAN LAW, formerly Knapps Lawyers, talking about RETIREMENT HOMES PURCHASES, TIPS AND TRAPS at Fire Brigade Rooms, Pigeon Valley Road, Wakefield, 9.45am onwards

Tuesday 13 June:

coffee meeting at Cafe Rhubarbe in Wakefield, 9.45am onwards



Live Well Stay Well is a local health and social group that meets twice a month either in Wakefield or Brightwater. Our goal is to keep well and healthy, by encouraging good health practices and exercise, but also by having a positive social connection with others in our community. Maybe you are new to the area, or feeling a little isolated, and would like to meet and get to know others who live locally, within a friendly environment. Or would you like to learn more about our community? Then our group could be for you.

Our group meets twice a month in Wakefield, mostly on a Tuesday morning from 9.45am to 11am. One Tuesday we will meet in a local café for a coffee and chat, and the other Tuesday we have a guest speaker focussing on health knowledge or who can help us understand and learn more about our community. This could also be a visit to a local business of interest. We aim to arrange a varied and interesting programme.

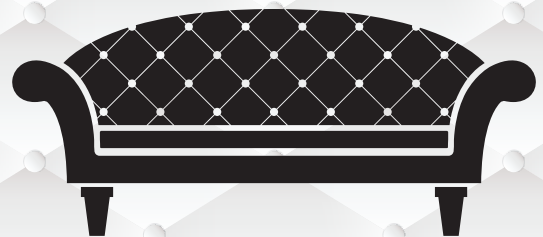
The group is run on an informal basis and there is no joining fee. However when we have a guest speaker we do ask for a \$2 gold coin donation to help us cover the hire of the hall facilities and tea and coffee.

We advertise our programme in "Window on Wakefield", your local news magazine, plus on the Community noticeboards in Wakefield. We also communicate what is happening each month by an email group.

You are very welcome to join us. We would love to meet you!

If you would like to be on email list, please contact one of the convenors. Sandra 027 609 9202, Sonja 027 374 0500 and Christine 027 677 0080

VILLA UPHOLSTERY



Craig 022 351 5989

Cherie 022 352 5991

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In the Bush

Greetings to you all - like me you are all probably enjoying this lovely spell of sunshine and getting a moment in time to tend our own gardens. Our team did a big push last month along the Scout Den boundary (Treeton Place side) and were well rewarded, the weed "capture" was indeed worth the effort.

With excitement we have collected the plantings from Titoki Nursery for our 2023 season, which we try to get to from May onwards. The Reserves Department of the Tasman District Council have supplied 170 for the Faulkner Bush hill site and also approx 400 for continuing on at the Robson's Scenic Reserve. We are grateful for this support, however the numbers are marginally down from our wish list to complete both of these areas.

PLEASE if you are interested in going on our list of folks to contact for our planting season, do let us know. When planting the weather does get monitored so it can see us planting weekdays too, just to get the work done. Our team also spend time doing site preparation, the plant areas are marked and the plants placed by the marker. We also have/need of volunteers to make up the protectors to go around the plants at the time of planting.

I would also like to acknowledge the most generous donation from Gowan and Jeff Simpson who are providing the fertilizer tablets for this season. Also Gowan and Jeff over a period of months sourced some second hand protectors for us to use. This mammoth effort has enabled the society to cut down on the new one's that we usually purchase each season.

It has also been a real pleasure to see many families and individuals using the facilities within our Scenic Reserves, particularly at Faulkner Bush, the picnic area and play area are "crowded" on many occasions. And for many children the flying fox being a particular favourite.

In times past "loading" up the car and heading out for a picnic in Wakefield, was a fun time out from the very long working week.

Very best wishes to you all and for many of you who stop and chat when we are out and about and acknowledge our volunteer efforts – THANK YOU.

Please Note: Our maintenance days are always on the second Saturday of each month, do contact me for further information. Extra days will be allocated when we start our planting programme over the June, July, August period, would love to have your support.

Kind regards Evie-joy South,
Proudly President,
The Wakefield Bush Restoration Soc (2000) Inc.
Phone or Txt 027 907 2879 Landline 03 541 8980 Or Email tuiville@xtra.co.nz



Cameras in Wakefield

Wakefield Community Council in partnership with the Wakefield Police are doing a sponsorship/donation drive, for more community cameras in our village. If you are an individual or a business, do feel free to help as little or as much as you feel necessary.

Opportunity to help us provide more protection from unlawful crimes and behaviours in Wakefield.

For any additional information please feel free to contact Jamie White, Wakefield Police.

Account number: 02-0747-0044482-025, Reference: Cameras.

And a friendly reminder from Constable Jamie White, Wakefield Police "if a crime is happening or you see suspicious behavior, please call 111 immediately."

Let's protect our community

WAKEFIELD COMMUNITY CAMERAS

Wakefield Police & Wakefield Community Council; Community sponsorship & donation drive, for more community cameras in our village. Opportunity to help us provide more protection from unlawful crimes in Wakefield.

Wakefield Community Council
account: ref; cameras,
02-0747-0044482-025

More info:
Jamie.white2@police.govt.nz

A graphic advertisement for 'Wakefield Community Cameras'. It features a central collage of images: a church tower, a street scene with a building, and a building with a sign. The text is arranged around these images, including a headline, a sub-headline, a description of the drive, and contact information for the community council and police.

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Does your place need a spruce up?
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Call today on 021 0832 0013

An advertisement for 'STYLED at HOME'. The top part has the company name in a stylized font, followed by 'HOME STAGING | PROPERTY MAINTENANCE'. Below this is a list of services offered, including decks, fences, water blasting, painting, tiling, and odd jobs. At the bottom, there is a call to action with a phone number. To the right of the text is an illustration of a house with various home improvement tools like a hammer, saw, and paintbrush.



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Email: ed@edthynnehearing.co.nz
Web: edthynnehearing.co.nz



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Wakefield Volunteer Fire Brigade

Let's help save lives by connecting with our neighbours and making sure their smoke alarms are working properly. You might have an elderly neighbour who needs your help to reach their smoke alarm or a student flat next door that's always too busy partying to think about it.

In New Zealand's multicultural society, you may have a new neighbour that hasn't heard Fire and Emergency's safety advice before.

It's a great way to share safety messages over a cup of tea and an opportunity to connect with our communities in a casual, friendly way.

We can also advise on smoke alarm options for the hearing impaired.

When visiting, you may discover that your neighbour doesn't have a smoke alarm already. If this is the case, advise them that we are here to help.






At no cost to them, someone from our local fire station can visit their home and offer fire safety advice.



A Home Fire Safety visit can be booked by calling 0800 693 473 or by emailing wakefieldbrigade@fireandemergency.nz

Regards
The Wakefield Fire Team

Call outs for April:

 medicals x 4	 Structure fire x 1	 Backyard fire x 1	 Car fire x 1
 Flooding x 2	Total calls for the year = 72		



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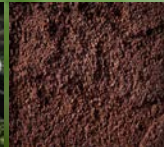
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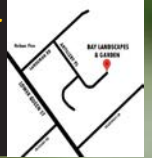
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Friday 8.30 – 12.00 Nurse only

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4 Edward Street, Wakefield - Phone 03 541 8418 - Fax 03 541 9100

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Community Notices

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Wakefield ART Group

Est 2012



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THURSDAY 9.30 am-noon

Wakefield Village Hall – Supper Room
\$4 donation per session

Everyone Welcome. All levels of interest

For more information contact Joyce 03-5418832

2022 Art Group sessions close on 15th Dec.
Recommences 19th January 2023

WAKEFIELD ANGLICAN COMMUNITY LUNCHES

The monthly Community Lunches held in the Worship Centre, will be on the 3rd Thursday of each month at 12 noon, from February until November.

Welcome to any who would like to attend and enjoy a meal and fellowship.

It is helpful if those wishing to attend phone Liz Massey 5418857 the previous Monday. Otherwise just turn up.

Lunch dates are:

May 18
June 15
July 20
August 17
September 21
October 19
November 16



Door-to-door to Richmond for only \$5 return



We will now drive anyone from their home to the Sundial car park, Richmond, provided they live within the Wakefield of Brightwater boundaries or less than 500m from the bus route.

We can also stop at 185 on request. Buy your weeks groceries and save \$\$\$.

Visit ntctt.org.nz for a timetable and phone 020 4195 8866 to book your seat or for further information.



Can we celebrate your special event or help remember someone dear to you?

Please send your obituaries, birth announcements, wedding stories, other important notices to us at windowonwakefield@gmail.com or ring 541 9005

Community Classifieds

WANTED

Old straw or hay for mulch, spray free preferred. Please phone 541 8832 or 027 241 8832.

FREE

Plant guards, corrugated plastic. 280 used guards, in bundles of 20. Phone Lynne 021 0231 6121.

March

March

WANTED TO RENT

Wakefield area, 2 bedroom cottage or flat. Retired couple, no pets Ph 027 693 4412

April

April

FOR SALE

Treated fence palings. Phone Brian 541 8991 evenings

FOR SALE

Ladies Golf Clubs in tidy condition, would suit a beginner - bag also available.

April

Piano Accordion in case, in tidy condition (Hohner 11 Base) suitable for a beginner.

Single bed with innerspring mattress in good condition, white head board also available.

Pair single bedspreads in good condition.

Please phone: 0274 433 291

FREE

Clean glass jars with lids suitable for jam etc. Please phone: 0274 433 291

April

FOR SALE

Firewood old mans pine 120 a cubic meter Wakefield area Phone Karen 541 8979 or 022 065 6075

March

FOR SALE

Mobility Scooter. Near new with only 6 months use. and in very good condition. Black and silver, elegant and stylish with front basket, lockable compartment under the seat and a large satchel on the back of the seat. Has had a service. Sale price \$2000.00 - please phone Diane, 0277 383 458 or 5422148 (Brightwater)

May

FOR SALE

Various items of furniture; king-size single bed, near new bookcase 185cm x 90 cm stereo, radio/tape/disc fridge/freezer 143 cm tall small desk with drawers. For inspection any time, ring 541 9635

May

FOR SALE

1959 Morris Minor. 64 years old, rego on hold. Been under cover for the last 10 years. Ph 541 8612

May

Quantity of native timbers, suitable for craft work, all well seasoned, Ph 541 8612

FOR SALE

Quiet, English Leicester Ram Solid animal with good conformation and lovely grey fleece for spinning. Very fertile! Lovely animal, but I need to move him on to vary the gene pool. \$200 Phone: 03 541 8161

April

Waimea South Historical Society

Notice of AGM

The Annual general meeting of the society will be held on

Tuesday May 23th 2023

at the Holy Trinity Community Centre, 20 Dorset St Richmond,

Our speaker will be Sarah Arnold who will talk about her

"Listening Posts" Project at 1.30pm, followed by afternoon tea.

The AGM will then be held.



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541 9005
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Spring Grove Church of Christ

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"Jesus is Grace and Truth"

"We have seen his Glory, the Glory of the One and Only, who came from the Father, full of grace and truth"

John Ch 1 v 14 (NIV)



Wakefield Craft Group

**Come and join the ladies Craft Group
held on Wednesday mornings
in the Fire Brigade Supper Room
Pigeon Valley Road
9.00am - 12pm**

**Bring any project - sewing, knitting, crochet.
Learn to knit or crochet or just come for a look
and join us for tea, coffee and company.
Small donation**

For more information phone Judy on 5418342

Community Directory

Rutherford Memorial Hall
658 Wakefield-Kohatu Highway, Foxhill
Sue White 027 474 6324
www.lordrutherfordhall.org.nz

Higgins Heritage Park
Secretary: David Win
027 631 6786
info@higginsheritagepark.co.nz

Higgins Park Community Fair
David & Diane Win 544 7096
info@higginsheritagepark.co.nz

Rural Ramblers
Carolyn Mason 541 9200

Spring Grove Drill Hall
C Stratford 542 3992

Totaradale Golf Club
Megan or Jahola 541 8030

Wakefield Anglican Church – St Johns
Sundays 9.00am - Holy Communion
10.30am - Family Communion Service
Office 541 8883

St Johns Worship Centre
Bookings Nigel Massey 541 8857

Wakefield Community Library
Wendy Gibbs 541 8490
Pam Dick 541 8392
Hours - Tues 10.30 -11.30am
Friday - 2.30 - 4pm
(When library is not open book returns
can be left at Hair Raisers Salon)

Wakefield Football Club (Seniors)
wakefieldfootballclub@gmail.com

Waimea Plains Football Club (Juniors)
waimeaplainsfootballclub@gmail.com

Wakefield Medical Centre
541 8911

Wakefield Pharmacy
541 8418

Wakefield Playcentre
Contact: 027 880 2800

Wakefield Volunteer Fire Brigade
CFO Blair Hall 027 405 4280
DCFO Dot Ashton 027 543 0529

Willowbank Heritage Village
willowbank2002@gmail.com

Country Players (Drama)
Jen Amosa 541 8139
enquiries@countryplayers.org.nz
www.countryplayers.wordpress.com

**Nelson Vintage Engine &
Machinery Club**
Allan 027 319 7427

Pinegrove Kindergarten
03 542 3447

Rural Women
Diane Higgins 03 542 4388

St Joseph's Catholic Church
Mass - 2nd Saturday each month
Parish Priest Seth Pijfers 544 8987

Taoist Tai Chi
Deb Knapp 022 083 9332

Waimea Sheepdog Trial Club
Sally Powell 021 773 461
Email: sally@tcvet.co.nz

Waimea Area Quilters
Sue Burrowes 541 9689 or 027 364 0773

Wakefield Book Group
Mahala White - 541 8933 or
Chrissy Harris - 541 9596

Wakefield Bush Restoration Soc Inc
Evie South 541 8980 or 027 907 2879

Plunket Nelson Area Office
For appointments etc 539 5200

**Wakefield School/ Community
Swimming Pool**
Karyn Young 021 112 4203
Libby Thomson 027 541 8202

Target Shooting Wakefield
targetshootingwakefield@gmail.com
Contact: Holly Gibbons
022 406 1674

Wanderers Sports Club
027 714 6160
jimmy@wandererssports.co.nz

Wakefield Toy Library
Saturday 9.30-11.30am
wakefieldtoylibrary@gmail.com

Wakefield Art Group
Thursdays 9.30am - 12pm
Alison 541 8822

**Marlborough Nelson Marine
Radio Assn**
Adrian Mullan 021 118 4832
www.mmr.org.nz

NZ Postcard Society Inc
Evie South 541 8980 or 027 907 2879

Richmond Lions - Wakefield Rep
Sue Burrowes 541 9689 or 027 364 0773

Spring Grove Church of Christ
Meet Sundays 10am
info.springgrovechurch@gmail.com

Waimea South Historical Society
Yvonne Tye 021 542 338

Wakefield Bowling Club
Margaret Eames 541 8316

Wakefield Brightwater Book Club
Sue McAuley 544 7325
sue.mcauley@ncc.govt.nz
Meets last Wed of every month

Wakefield Community Council
Julian Eggers 027 771 8556
eggers213@gmail.com

Wakefield Indoor Bowls Club
Ren Olykan 541 8275

Wakefield Preschool
Contact: 541 8086

Wakefield School PTA
ptawakefield@gmail.com

Wakefield Tennis Club
Ngairie Calder 027 279 9938
www.caldertennis.co.nz

Wakefield Village Hall
Amby Cowe
ambynz@hotmail.com
541 8869

Window on Wakefield
Articles & Content - 541 9005
Sonia Emerson

Window on Wakefield
Advertising - 541 9641
Genie & Lindsay Bradley

Wakefield School
Edward Street 541 8332

Justice of the Peace
Katie Greer
Ph 021 547 756

AED DEFIBRILLATOR LOCATIONS - AVAILABLE 24/7

Wakefield Four Square, Wakefield Bowling Club, Wakefield Football Club, Highfield Farm, Kohatu Flat Rock Cafe, Old Tadmor Store, Dovedale Hall, 29 Moonlight Road Glenhope, Corner of Totara View Road and Kilkenny Place, Corner of Martin Road and Lord Rutherford Road, Southfuels Spring Grove, Belgrove Cafe and Bar [what was], Lake Rotoiti Fire Station, Golden Downs Golf Club, Totaradale Golf Club.

CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have **specialised skills/ equipment**, and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their **responsibility to be personally prepared**. You should ensure that you have your own **survival kit** in place, and that you are able to be **fully self sufficient for at least three days**.

In the event of an emergency, for urgent public messages, tune in to:
More FM 94.1, Classic Hits 89.8, Fresh FM 95.4



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Sarah Robb

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