



window onwakefield News

Community News for the Wakefield Area

Kainui Mountain Bike Trail

by Kate West

It is very exciting to announce that the Kainui mountain bike trails will be opening soon. We can't pin down a date yet at the time of printing, but please keep looking on our facebook page for updates.

On the opening day we plan on having a sausage sizzle and Motueka Creamery icecream for sale, all funds going back to building the trails. We may also have some special guests, so stay tuned. What makes the opening even more special is that OneFortyOne's "Kainui Forest" after which our trails are aptly named, and where they are located, are celebrating their 100 year anniversary.

Starting from scratch we have built 7km of trail with 28km currently planned (uphill, beginner and some of an intermediate track). These trails would not have been able to be developed without OneFortyOne New Zealand Ltd, who has generously given the community use of its land to turn into mountain bike trails.

Kainui will have five trails all over 3km in length, except for one trail which is over 6km. These trails will be graded 2 and 3, which are beginner and intermediate respectively. This is a first for the Nelson Tasman region as most trails around our region are of higher grades or do not fully cater to beginners. This area will be fantastic for all ages and levels of mountain bikers and will be especially good for beginners and families.

Kainui will further cement Wakefield as being a great biking destination together with the already existing McGazzaland, the Great Taste Trail and the Wairoa Gorge Bike Park run by the Nelson Mountain Bike Club.

Currently we have a small team of volunteers working tirelessly to get these trails going and thankfully the full support of the Mountain Bike Trails Trust, as well as local businesses.

If you would like to know more, or are interesting in joining our group of volunteers head to our facebook page, just search

@kainuibikepark.

Hope to see you all on our opening day!







WINDOW ON WAKEFIELD

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Window on Wakefield is a community newspaper, and as such, we look forward to having articles and content contributed by our community. If you wish to submit a one off article, or suggest some regular content, please make contact with Sonia on 541 9005 or email windowonwakefield@gmail.com and read the Terms and Conditions below.

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Little People Wakefield

by Kim

What fun we have been having over the last few weeks. With the spring weather arriving we decided it was a great time to get out and explore more of our local community. We hired a bus and went to visit the Gymnastic Nelson.

We all had such a good time and enjoyed learning some new ways to keep us all fit and healthy.

After the gym we had a great lunch at Isel Park enjoying the sunshine and getting to have a play in the park.

Spaces available now, 18 free hours for 2-3 year olds and up to 30 free hours for three years and over.

Contact us now on 03 541 8086 or pop in for a visit. T&C apply.















Health Centre

by Dr Kim Hurlow

Kia ora Koutou!

The Kowhai is blooming and Kōanga (Spring) has arrived, with blossoms and new growth and baby animals.

Spring is a new start and provides new energy - we have made it!! (Not always a big deal just to make it through Makariri/winter but having been through the last two years and then COVID the last six months or so, it certainly feels like a victory!).

Kōanga is digging time, as all gardeners know, preparing, planting, smelling like dirt, cutting flowers, planting for a later harvest.

The air is fresh (if a bit pollen laden, sorry for those of you struggling with allergies!) and it is easy to look forward, and feel some optimism, and find some energy to make the changes we need for our ongoing wellbeing.

For us, it has been spending some time thinking about how we work towards equity, being inspired by whakatauki in our Māori language month, setting



Wakefield Health Centre

Surgery hours:

Monday to Friday 8.30am – 5:30pm

Wednesday 8.30am – 7pm

Phone 541 8911 12 Edward St Wakefield

up our check-in kiosk (so test it out if you are visiting!) and planning how we can make sure some of our patients with more complex medical needs get the best care with a care plan.

And we are planning for our first Māori advisory group hui at the end of October – if you are Māori and you would like to be part of this hui, please email through office@wakfldhc.co.nz.

We are already enjoying the effect of a slight reduction in colds, flus and COVID as the weather warms up a little - though there might be a little more spread with less masks worn in the community, so we continue to encourage people to wear masks in public IF you have to be out when you yourself have respiratory symptoms.

Thanks for continuing to mask up when you visit the health centre, and letting us know if you do have any respiratory symptoms.

If you are one of the people who has got COVID, the flu or another nastry virus this winter, and subsequently picked up other viruses and are feeling run down, we hope that the warmer months will give you some reprieve and recovery time.

We would encourage you to take the opportunity to think about how to support your immune system/body with your recovery –

Are you sleeping enough hours and good quality? Are you taking time to relax and leave a margin of energy each day rather than use everything available (or more!)? Are you eating in a way that nourishes and equips your body for what is required of it? Is your lifestyle working for you mentally and physically?

It's a good time to stop and take stock. If you want to learn some tools to assist you or set some goals to make some changes, we have an awesome health improvement practitioner, Morgan and also have a health coach, Claudia, starting soon. These services are free for your benefit.

Our nurses can help with advice about eating and referrals for green presciption service and smoking cessation and of course you can talk with your GP about any of this too.

This is Kōanga, the digging season, now is the time to prepare the soil and plant the crops – to reap a harvest later!



In The Bush

With more settled weather (and my shorts out of moth balls!!), we were welcomed by sunshine for our September maintenance working bee at the Robson's Scenic Reserve. A tremendous amount of catch up work was done.

Also sincere thanks to the team members that went back to finish the mulching and weed eating jobs. In consultation with our team, we feel we can now move on to progress the urgent and necessary weeding, and maintenance work, particularly at Faulkner Bush.

We are also fortunate to have two members (Alana and Gowan) who dedicate a period of time each week to maintaining the Edward Baigent Memorial Scenic Reserve. Our society members also do regular walk arounds, to check each Reserve, this also gives us a good indication of areas that we need to tackle and sadly to also view damage done, or doggy do left in so many strange places!!

The big concern is tree damage, the chopping down of trees that are 15-20 years old, for huts, bike jumps, building dams and the like. We all appreciate that children have these incredible playgrounds on their door steps, but I would ask for parents to explain that cutting down trees is simply not acceptable, in a Scenic Reserve. And leaving home for an adventure in the bush with an axe or machete, may need to be further questioned.

The latest to be hit, were trees located in the old BMX bike track, at the rear of the Wakefield Recreation Reserve soccer grounds. As I was personally on that particular planting team, all those years ago, I was simply gutted. The society has reported the damage to both the Reserves Department of the Tasman District Council and our local police. I did appreciate a neighbour who alerted me to this damage.





We all as a community need to be responsible in our protection and appreciation of our three Scenic Reserves, particularly with further housing developments and a huge increase in numbers of public using them.

On the plus side, and identified by our bright green volunteer vests, we are delighted at the number of folks that stop for a chat, share with us their enjoyment of the bush and of course are most interested in the history that surrounds them.

Do feel free to contact us to go on our telephone tree, our regular group days are held on the 2nd Saturday of each month, from 10am until noon. We always stop for a cuppa, food and chat afterwards, which is a highlight and a great fun way to greet and meet new friends.

Kind Regards Evie-joy South, President, The Wakefield Bush Restoration Soc (2000) Inc Phone or Txt 027 907 2879 Landline 03 541 8980 Or Email tuiville@xtra.co.nz

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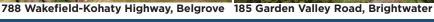


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Team Heyward Property Talk

Spring - The Window of Opportunity with Jilly Perry

Well-documented uncertainty settled a blanket over residential sales activity this winter as households adjusted their budgets to accommodate rising costs, winter expenses and the general shift in seasonal gear. But buyers previously waiting in the wings are becoming more motivated to transact, emboldened by greater choice on the market for sale, stabilising mortgage lending rates, and the renewed optimism that comes with warmer spring weather.

MORE MOTIVATION

Despite moves from the Reserve Bank (RBNZ) to tighten financial conditions and dampen consumer demand, Kiwis have emerged from the pandemic more motivated to put their lifestyles first. Flexible working facilities and national demand for skills and workers have underpinned activity in regional housing markets, and we're seeing more urban property purchasers turned on to the long-term opportunities of lifestyle land. While the fundamental reasons to buy and sell persist, previously uncertain buyers are coming back to the fore, motivated to maximise equity accrued over the pandemic and trade up into a new home. The high number of properties available for sale presents an incredible opportunity for buyers who have previously been held back by rapidly rising property prices and tough lending restrictions under the Credit Contracts and Consumer Finance Act (CCCFA). With rules now relaxed and property values stabilising, purchasers are increasingly looking to maximise current market fundamentals, creating an air of competition and a more exciting residential climate just in time for spring.

FUTURE UNCERTAINTY

As the global economy continues to tighten its financial belt to control post-pandemic inflation, observers say the risk of an overcorrection is real. At home, six successive Official Cash Rate (OCR) rises have had almost an immediate impact on Kiwis' willingness to spend, and there remains concern over the lagging effects of higher debt servicing costs. At the same time, building consent numbers point to a strong pipeline of residential supply which may finally satiate buyer appetites, bringing affordability metrics back into check. The culmination of these factors spells uncertainty for seller prospects over the next 12 months, while still-good value growth across certain market segments offers an impetus to secure a sale under current market conditions.

SETTLED BY SUMMER

With New Zealand's international border now fully reopen to the rest of the world, regional housing markets are welcoming back interest, buoyed by an uptick in seasonal tourism operations. Longer daylight hours offer greater exposure to sunshine, and Kiwis have reported increased mood and motivation, creating a greater incentive to tick off some home goals. Where existing homeowners are looking to add-value renovations before preparing their homes for sale, open home and auction attendance is expected to report a post-winter peak as more purchasers seek out homes in their best seasonal light.

Garden growth and sun-drenched living spaces help buyers to see that the grass is greener, while sellers previously hesitant to make a move take encouragement from more choice on the market for sale. Yet, spring offers another reason to get up and go, with a looming new year motivating those on the edges of the market to seek an unconditional sale. If buying or selling is on your mind, contact Lydia Heyward or Jilly Perry at Bayleys Wakefield to discuss how they can achieve a great result for you.



Have you just had a baby or expecting one in the near future?

We have another exciting year of our Space programme planned for 2021 starting **Feb 3rd** at Wakefield Play Centre! Come to meet other families with tamariki similar ages, chat about parenting and child development topics, enjoy lovely music sessions, make some crafts for your baby to love, and have some time to relax with a cuppa! For more information email Fiona at fiona.programmes@playcentre.org.nz (Ph. 027 808 6797 or (03) 545 6512) or find our Facebook page @SPACENelson.

WAKEFIELDQUARRY

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Wakefield Bowling Club

by Julie Hall

As the weather has been good we've managed to play all the events we had in September!!

The winners were:

Tournament - Margaret Eames, Julie Hall and Terry Ryan 242 Pairs - Di Potts and Neville Scott from United BC Drawn mixed pairs - Mark Connor and Maureen Oakly

Well done to you all and good bowling for the coming season.

We had our opening day on the 17th with our patron Rona Vessey putting up the first bowl and at 92 years young she's an inspiration to us all!!

Included in this article is a photo taken with the ladies that represented the club at Hastings in July with Wendy Pearson who donated money to help with the cost of travel. Thank you Wendy for your continued support to the club.





Also we had a car from Rob Griffiths donated to us and after some work done on it from Andrew at Brightwater Motors it was sold and monies given to the ladies and the bowling club. Thank you to all involved.

On Saturday 15th October we will be holding our annual Have a go Day 1.00pm.

Come along and try bowling out. You never know you may be a budding Black Jack!

Also with Christmas around the corner the club is available for hire, with great facilities bowling, bar and kitchen - could be that something different to do!

Contact Bowling Club on 541 8556.





Live Well, Stay Well

Tuesday 11 October 2022 Coffee at The Villa in Wakefield at 9.45am

Tuesday 25 October 2022 10am

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CHRISTMAS IS FAST APPROACHING!

I know....it's not even Labour Weekend yet but it's never too early to start planning!

Book your pre Christmas appt now to avoid missing out. Xmas week is already filling up! If you want glowing skin or summer/swim proof eye colour for xmas day and your summer holiday secure your appt today.

Remember gift vouchers make the perfect gift for that special someone. Pick any treatment or any amount and they can be collected or emailed.

Dermalogica xmas packs and specials will be avail late October. Grab a great deal on excellent skincare.

Yayyyy.....l love Christmas!!!



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Live Well, Stay Well

by Sonja Lamers

Upcoming meetings:

11 October 2022: coffee meeting at the Villa in Wakefield, 9.45am onwards

25 October 2022: Visit to Plant & Share, Sharyn Ogg, 216 Pigeon Valley Road, Wakefield (organic skincare products made from

medicinal plants)

8 November 2022: coffee meeting at Cafe Rhubarbe in Wakefield, 9.45am onwards

Live Well Stay Well is a local health and social group that meets twice a month either in Wakefield or Brightwater. Our goal is to keep well and healthy, by encouraging good health practices and exercise, but also by having a positive social connection with others in our community. Maybe you are new to the area, or feeling a little isolated, and would like to meet and get to know others who live locally, within a friendly environment. Or would you like to learn more about our community? Then our group could be for you.

Our group meets twice a month either in Wakefield or Brightwater on a Tuesday morning from 9.45am to 11am. One Tuesday we will meet in a local café for a coffee and chat, and the other Tuesday we have a guest speaker focussing on health knowledge or who can help us understand and learn more about our community. This could also be a visit to a local business of interest. We aim to arrange a varied and interesting programme.

The group is run on an informal basis and there is no joining fee. However when we have a guest speaker we do ask for a \$2 gold coin donation to help us cover the hire of the hall facilities and tea and coffee.

We advertise our programme in "Window on Wakefield", your local news magazine, plus on the Community noticeboards in Wakefield and Brightwater. We also communicate what is happening each month by an email group. You are very welcome to join us. We would love to meet you! If you would like to be on email list, please contact one of the convenors. Sandra 027 609 9202, Sonja 027 374 0500 and Christine 027 677 0080

Article by Christine Godfrey

On Tuesday 27th September Dale McDonald who is Paralympics NZ Para Sport Pathway Manager, came to talk to our Live Well Stay Well group. Dale has previously been Development Coordinator for Para Cycling for three years.

She explained that PNZ, as a charity and member of the International Paralympic Committee (IPC) they are part of a worldwide social change movement, which uses the power of sport to positively influence community perceptions of disabled people and to promote a more diversive and inclusive society. To do this, they support and celebrate the achievements of Para athletes at International and National competitions all year round. Every two years they lead NZ teams to the Paralympic Games. They also work in the local community to advocate for sport to become more accessible for disabled people and to support the creations of more systems and programmes to enable participation in Para sport.

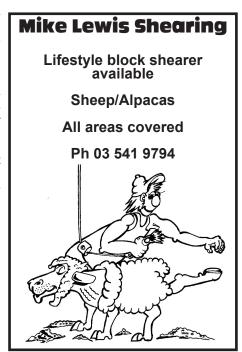
Dale explained the history of paralympics, that in 1948, the day of the opening ceremony of the London Olympics, Dr Guttman organised the first competition for wheelchair athletes, which he named the Stoke Mandeville Games, a milestone in Paralympic history. They involved 16 injured servicemen and women who took part in archery. NZ has sent delegations to the summer paralympics since 1968 and to the winter paralympics since 1980. This includes athletes with mobility disabilities, amputations, blindness and cerebal palsy.

Dale spoke about the Classification System - how it is crucial to Para Sport. It establishes who can and can't compete and groups athletes into sport classes. There are 10 permanent eligible impairment types eg Spina Bifida, trauma affected joint and leg length differences. Non eligible impairments include eg pain, low muscle tone and hearing impairment.

There are 22 Summer Para Sports, which include blind football, sitting volleyball, para canoeing etc. Winter Para sports (6) include wheelchair curling, para alpine skiing, para snowboarding etc.

Dale also showed us video clips of NZ paralympic highlights at the 2021 Tokyo Games, showing empowered, resilient athletes and the power of Para Sport.

Thank you Dale, for enlightening us all about Para Sport. I think few of us present, would not have realised what a huge positive support network Para NZ is behind the scenes.





Halloween at Willowbank

by Ciaran Thompson

Are you ready to walk the talk? Do you want to experience the most scary, exciting, wacky, horror filled, event of the year? Do you like horror movies and want to experience what being scared truly feels like. Well... Your wait is over... for our 5th year running...

Halloween at Willow Bank is BACK

Introducing our spooktacular 'Haunted Village'. Our scare zone is targeted for 16yrs and older - so don't miss out. 12yrs and over need to be supported by a parent or guardian.

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Willow Bank Heritage Village is pleased to announce yet again to host the annual 'Halloween at Willow Bank 2022 event' for the 5th year running on Friday 21st and Saturday 22nd of October 2022.

Friday 21st is the Haunted Village, for those aged 16 and over who can handle the more frightening scenes. 12yrs + supported by a parent or guardian. This will go from 8pm to 10pm with a \$10 entry fee.



Saturday 22nd includes the crowd pleasing 'Trick or Treat' for the children and families. This goes from 5pm to 7pm and has a \$5 entry fee. Everyone is encouraged to dress up – what will you be dressed up as this year! There will be food, drink to cater for the hungry tummies as well as entertainment.

With Julian Eggers the driving force behind this, supported by a dedicated team of people, it is going to be the biggest year yet. We're pulling out all the stops to make it as family friendly but also terrifying as possible.

Halloween at Willow Bank 2022- Friday 21st and Saturday 22nd October.







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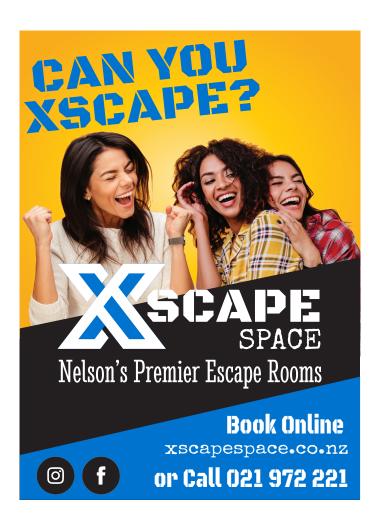




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Visiting Wakefield Fortnightly



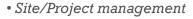


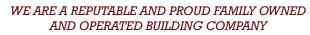


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Higgins Heritage Park Happenings

by David Win

'Park' Dates to remember:

Sunday 16 October - Museum sheds & jigger rides open day

Saturday 22 October - MoPars National Rally vehicle display event

Sunday 6 November - Museum sheds open & Steam-up

Sunday 20 November - Museum sheds & jigger rides open day

Sunday 4 December - Museum sheds open & Steam-up

Sunday 18 December - Museum sheds & jigger rides open day

Monday 2nd January Annual Community Craft Fair - There are a few stall sites available

– please email craftfair@higginsheritagepark.co.nz This is a fun day for all with museum activities, rides and steam up.

This month we feature a two wheel grader which was donated to the Park by Tex Stratford in 1983 and it is now part of the various vintage equipment on display.

The following is Ruth Stratford's delightful story about the time she and Tex were living up the Serpentine Valley with the river floods and also having to operate the two wheel grader to clear the road.

"After a huge flood in the Serpentine Valley in the year of June 1975, the road had to be graded. Heavy rains and winds had brought anything and everything down the hillside. One day after the huge flood I had to go and see Dr Davies at Wakefield. Our first child was close to the due date. I am driving down the road in my little blue car coming around a tight corner and there is a huge boulder on the road. I swerved to miss it and only drove over another boulder that had a

the road. I swerved to miss it and only drove over another boulder that had a very sharp point on it and this put a lovely hole in the sump. I had no oil in my little blue car so I had to walk to Johnson's so I could use the phone to ring Tex. This was about a good mile's walk and thank goodness they were home. Tex was just walking out the door so he came to Johnsons in the Land Rover. The next thing was to ring the Doctor and say I'm going to be late and gave the reason. Do I have to come in today? A very firm yes was the reply. I drove off in the Land Rover and left Tex to sort the fixing of the sump out on the little blue car. So the list of shopping also got done after the Doctors visit and it was so blissful to be driving home in the Rover as it's much bigger off the ground than my wee car. The Rover managed to drive over or around all the rocks on the road home.

Now grading the road smooth again was done like this: Tex drove the dozer and I sat in the graders seat and Tex called out the instructions which went like this: Right wheel, one full circle – this put your right side of the blade flat on the ground which pushed the boulders off to the right – Left wheel, half turn back – that lifted the left side of the blade up to move the boulders to the right so they could be moved off the road – Big bugger coming up – both wheel down – that meant the blade was flat on the ground to push the huge boulder off to the right side.

The left side of the road was the steep hillside that caused all the trouble. We graded the road right up to Johnsons land which also had a large area of land which enabled us to turn around and then grade the right side back down the Serpentine Valley. The right side of the

road was graded going up the road and the right side graded on the way back to home. This means that there will be a smooth road to drive on till the next big storm – and there was a fair few of those.

Tex is holding the wheel of the grader in the photo of the dozer pulling the grader after smoothing the road out and pushing all the big boulders into the river.

My little blue car was a 105E Ford Anglia. The staff at Nelson Hospital kitchen also dressed it up for our wedding day. Fortunately it was locked! After our first baby arrived we swapped cars for a 1955 Chevrolet – this car was a very good swimmer through the flooded rivers going up the Serpentine Valley, and once only after doing our Xmas shopping we got stuck in the first river crossing, it being a very steep drive down and also a steep pull out. The clutch slipped and with the river roaring and water coming into the car Tex said to me open the back seat door, I looked in the back and there was 3 weeks of our mail floating around and our child in her car seat splashing her feet in the water and laughing.

This log was our bridge across the Serpentine River which was often in flood. One of the worst floods was when the water was just under the log and roaring with great force and we had to walk across it – Tex just ran, but me, that day I thought I was going to be fish and chips. Mother nature was very kind to put the log bridge in place for us to use when the river was in flood. I did ask for a concrete bridge but Tex said the log one was 'just perfect'!







Homes for Wakefield

by Sylvia Huxtable

We were really pleased to read about the TDC's proposed "Plan Change 76". The main idea is to offer more smaller sections and hopefully smaller houses in future stages of the housing development off Pitfure Road. There are a lot of details around many issues that still need to be worked through (and are worth reading about if you like studying this kind of report!) However it gave us a lot of pleasure to know that TDC councillors and staff are listening to feedback and striving to address the need for medium density housing. We are preparing a response to the "Plan Change" and you can too, the deadline is 17th October.

Here is part of the Executive Summary:

..."to provide additional land for residential housing and encourage both intensification and a variety of densities within an identified site in Wakefield... This is responding to issues around the need to provide for population growth, the need to manage housing affordability and the need to provide a variety of lot sizes to cater for different demographics and ensure efficient land use.'

If you would like to read the full report, look at the maps or make a submission, then follow this link https://www.tasman.govt.nz/my-council/ key-documents/tasman-resource-management-plan/plan-changes/proposed-changes/change-76-growth-wakefield/>https://www.tasman. govt.nz/my-council/key-documents/tasman-resource-management-plan/plan-changes/proposed-changes/change-76-growth-wakefield/

Lunar Eclipse

by Ralph Bradley

The Wai-iti International Dark Sky park will be OPEN on November 8th -9th for a total Lunar eclipse visible for the whole of New Zealand.

The Lunar event starts at 9:02 pm on November the 8th - Totality (The moon fully in the earth's shadow) begins at 11:59pm and the event will finish at 2:56 am on the 9th November, when the earth moves completely out of the earth's shadow. It will be a long night for those who wish to stay for the whole event. The event is weather dependant, so cloud or rain will cancel it.

Of course, you can view it from the comfort of your own back yard, but in a dark site it is

even more spectacular. The park will be open for the night from 8:00pm and stay open until the event is over. Please park in the area directly off the main road, leaving the inner park without car lights.

Bring warm clothes, beanie and gloves and lots of layers, and a thermos for hot drinks. A picnic basket, deck chair, bean bag or blankets, binoculars, telescopes, cameras and enjoy the night with others.







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- An enthusiasm and passion to further serve the community we live in

Authorised by Mike Kininmonth

U 022 177 1175 ■ mikekininmonth2022@gmail.com









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by Brenda Halliwell, Vet

FIREWORKS

Some animals are not bothered by fireworks but others can be extremely stressed. If you have a pet that's freaked out by fireworks, it is more effective to prevent (or at least reduce) their exposure to noise and lights than trying to calm them when they are panicking. Move your pet into a familiar room and close curtains before sunset. Then play music or turn on the TV before fireworks start. Having another pet in the room that isn't fearful can help a scared pet relax. And if possible, it is better to remain relaxed and matter-of-fact yourself rather than stressing about your pet's behaviour and behaving anxiously.

If you plan ahead, Adaptil and Feliway are very helpful for reducing stress but have to be started at least a week or two before they're needed. Rescue Remedy, Calmex and similar remedies may also help when started ahead of time. Thundershirts are effective for many pets. Sometimes we prescribe medication to help calm pets – this requires a checkup in the clinic and should also be done ahead of time.

Call us if you would like more help with your pet and fireworks.

FLEAS - again!

Spring has arrived! Though fleas can survive the winter under the right conditions, there is no doubt that the increased temperature in spring causes an increase in the numbers of these pesky insects.

Prevention is better than cure when it comes to fleas. If you wait to see fleas on your pet then there is already an established population of fleas (and eggs and larvae) in your house and garden. Remember when you treat a pet for fleas, the product is not only killing any fleas on them but stopping the lifecycle which means fewer or no fleas around to jump on board your pets.

Getting the right treatment for your pet is best sorted at your vet clinic. We can help you understand the flea life cycle and give you the best advice regarding the various different products. There are many products available including topical drops, oral tablets, sprays and collars, some of which last for three and even six months.

There are lots of different reasons why pets itch and scratch. If your pet is still scratching despite flea treatment, make your pet an appointment for a checkup or pop in for some advice – there's a lot we can do to make them more comfy.

Drenching

On the farm springtime also provides the perfect conditions for parasites to flourish. So it's the time of year when having a good drenching program for your stock is essential.



Open Monday - Thursday 8.30-5pm

Consulting Hours

Monday afternoon with Brenda Tuesday morning with Brenda Thursday morning with Paula

Ph 541 8974

info@tcvet.co.nz * www.tcvet.co.nz Edward Street, Wakefield

Head office 35 McGlashen Avenue, Richmond

544 1200 24 hours

There are many factors that influence drench choice and frequency such as the species being treated, age, lactation, stocking density, weather conditions... Blanket drenching everything increases the chance of drench resistance as well as possibly being unnecessary and therefore a waste of time and money. Sometimes we do Faecal Egg Counts to determine parasite numbers and whether you need to drench. And we can also diagnose the parasite species present so you drench with the most effective product.

Drenching and parasite control is a massive subject that can't be covered in a couple of paragraphs. For more information and advice specific to your situation phone us in our Richmond Clinic.







WHAT'S ON IN WAKEFIELD & BRIGHTWATER



Monday	Tuesday	Wednesday	Thursday	Friday
Ladies Group Fitness 6:00am Casuals Welcome \$10 per session Wanderers Community Gym, Brightwater Ladies Group Fitness 9:00am Casuals Welcome \$10 per session Wanderers Community Gym, Brightwater Social Bowls 1:00pm Names in by 1:15pm \$5 per session Free for under 16 yrs Flat soled shoes required Wakefield Bowling Club Wellbeing Hatha Yoga 4:00pm Wakefield Community Hall Metafit/Core 6:00pm Casuals welcome \$10 oer session Brightwater School Hall	Live Well, Stay Well Group 9:45am (fortnightly) Meets at various locations Senior Mobility Class 10:30am Gold Coin Donation Taylors Community Gym, Brightwater Prodigy Dance Ages: Preschool 2:15-2:55pm 7-6yrs 3:30 - 4:15pm 7-9yrs 4:20 - 5:05pm Seniors 5:10 - 5:55pm Brightwater Anglican Church Hall, Brightwater Junior Tennis Coaching 3:30 - 6:30pm Waimea West Club Wellbeing Hatha Yoga 4:45 - 6.00pm 6:15 - 7.30pm Wakefield Community Hall Powerhooping 6:00 - 7.00pm Casual \$12 (includes pwrhoop) Brightwater Public Hall	Ladies Group Fitness 6:00am Casuals Welcome \$10 per session Wanderers Community Gym, Brightwater Ladies Group Fitness 9:00am Casuals Welcome \$10 per session Wanderers Community Gym, Brightwater Yoga - Kokoro Yurt 5:00 - 6:15pm 6:30 - 7:45pm 112 Mt Heslington Rd Brightwater Yoga Class 6:30pm Casuals Welcome \$10 per session Lord Rutherford Park Hall	Yoga & Dance Movement, Meditation - Kokoro Yurt 9:30 – 11.00am 112 Mt Heslington Rd Brightwater Senior Mobility Class 10:30am Gold Coin Donation Taylors Community Gym, Brightwater	Ladies Group Fitness 6:00am Casuals Welcome \$10 per session Wanderers Community Gym, Brightwater Yoga - Kokoro Yurt 9:30 - 10.45am 112 Mt Heslington Rd Brightwater Senior Mobility Class 10:30am Gold Coin Donation Taylors Community Gym, Brightwater Social Bowls 1:30pm Names in by 1:15pm \$5 per session Free for under 16 yrs Flat soled shoes required Wakefield Bowling Club Junior Tennis Coaching 3:15m - 6:30pm Wakefield Tennis Club Senior Social Tennis 6:30pm Wakefield Tennis Club

CONTACTS

Social Bowls

wakefieldbowlssecretary@gmail.com

Ladies Group Fitness / Yoga Brightwater Group Fitness Louise Knight – 027 242 6151 brightwatergroupfitness@gmail.com

Live Well, Stay Well Sandra 027 609 9202 Sonja 027 374 0500

Prodigy Dance
Amy-Rose 021 220 7299
prodigydanceconz@gmail.com

Powerhooping Sara – 021 069 7522 powerhoopingnelson@gmail.com

Junior Tennis coaching/Senior Social Ngaire-027 2799 938 www.caldertennis.co.nz

Yoga - Kokoro Yurt Classes Jeanettte – 021 771 1972 Class Bookings: kokorostudio.co.nz

Metafit/Core Sam Stacey - 027 351 4008 FB: Brightwater & Wakefield Metafit Wellbeing Hatha Yoga Vandana- 021 229 8793 Vandana@ytc.co.nz

Vandana@ytc.co.nz www.ytc.co.nz

Seniors Mobility Class Jimmy van der Colk 027 714 6160 <u>Jimmy@wanderssports.co.nz</u>





Motueka Clinic 03 528 8459 and Mapua Clinic 03 540 2329 Keep an eye on our promos on Facebook





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Wakefield Volunteer Fire Brigade

Good morning Wakefield

Yes we have had our share of rain but we were fortunate this time we missed the worst of the flooding that occurred around us. A lot of people are unaware that for a short time on the Sunday, Wakefield was cut off from Richmond and Nelson due to the Brightwater bridge and the Appleby bridge being closed for three hours due to the flooding.

Once again we were fortunate that the bridges were only closed for three hours. If the bridges were closed for 24 hours have you thought of a plan of what am I going to do to get back home or what are my children going to do if you were on the northern side of the bridge? I know I sound like a broken record player but have you, your partner and family sat around the table and talked about the "what if"? You all need to put plans in place so if the "what if" happens you and your family have a plan in place where you know your loved ones will able to go to someone's house and be safe.

Another quiet month for the brigade this month.

Take care and be safe Fritz Buckendahl CFO Wakefield Calls from August 24th to September 24th

Car off road Person trapped under a rock Chimney fire

Chilliney life Car roll over PFA

Smoke in area

Norris Gully Tapawera Kohatu Wakefield Brightwater Wakefield

Total calls for this year = 73 Total calls 2021 = 162

WCC Report

by Julian Eggers, Chairman

September was a busy month for the Wakefield community Council with hosting the Wakefield Meet the Candidate meeting earlier in the month and Vigil by Candlelight For the passing of Queen Elizabeth II.

Wakefield Meet the Candidate Night - This meeting was held on Wednesday 7th September at the Wakefield Village Hall. This was a successful night with all attendees both mayoral and Moutere/Waimea Ward candidates showcasing to the community on who would be best fit around the council table. Thank you to those of the community who attended and respected the candidates and the host of the night.



Vigil by Candlelight - This was held on Monday 19th September at 7pm at the Wakefield village green. This was a small candlelight ceremony for the passing of Queen Elizabeth II which went for 15 minutes. The service included two songs performed by bagpipes from Euan Robertson, two Bible readings from Geoff Clark and Adrian Humphries saying a few words to conclude the life of the late Queen. A massive thank you to Adrian, Euan, Geoff as well as Willow Bank Heritage Village and Promote You. It was a very special and appropriate way to show our respects to the royal family.

WCC Meeting - Held on 19th September 7:30pm at the Wakefield Village Hall. We had a speaker for the TDC on the update on the Wakefield Plan change regarding the Piture Rd subdivision. Submissions are open for the changes.

• Wakefield - Plan Change 76
Details on the plan changes including mapping can be found at:
TRMP changes | Tasman District Council).

The plan changes are open for submission from the 19 September through to the 17 October 2022. Submission forms and information

on the process can be found at the

link above.

Positions still available

We are still looking for a Treasurer and Secretary to be a part of the Wakefield Community Council. Both are paid positions.

If you know anyone who would like to be involved in a community organization please contact Julian Eggers, Chairperson WCC.

Next community council meeting is Monday 17th October, 7:30pm at the Wakefield Village Hall.

Everyone is welcome.



Community Notices

Wakefield ART Group



Join us and Create with your

Pencils, Paint & Pastels

THURSDAY 9.30 am-noon

Wakefield Village Hall - Supper Room \$4 session + tea/coffee

Everyone Welcome. All levels of interest



MEALS ON WHEELS RELIEF DRIVERS NEEDED

Volunteers to be available to fill in with delivery of meals as required.

Meals are picked up from The Homestead in Wakefield at 11am, for delivery in the Wakefield and Brightwater area.

Delivery takes approximately 1 1/2 hours.

Please contact Heather, 5418151 for details.

Spring Grove Church of Christ Main Road, Spring Grove

Worship and Communion Sundays 10am You are welcome to attend. Ph 541 8011

"God Save the King"

"Show proper respect for everyone: Love the brotherhood of believers, fear God, honour the King"

1 Peter ch 2 vs 17 (NIV)







Community Classifieds

FOR SALE

August

Dolls new and old, also knitted and sewn clothes for your doll.

Will make to order, also will make favourite outfit into dolls clothes eg jeans and frocks.

Do dolls nappies, ponchos, jersies, hats, trousers, crossover frocks with matching nappies - ring Judy 541 8342

FOR SALE

August

Hyline Brown Hens 18 months- 2 and 1/2 years available. \$5-\$7 - Large number to choose from. Message Alison for details 0211680324

WANTED

August

Handy person based between Golden Downs and Brightwater to clean flue and gutters, and other house maintenance.

Also required a wood burner and flue installer for house at Hiwipango (near Belgrove)

Please phone 5418161 and leave a message if necessary, or email anne@woolcraft.co.nz

WANTED

August

Gardener that has good knowledge of gardening. Phone 5418468

FOR SALE

September

2 scaffold boards 3m long \$25 pair Single foam mattress as new \$20 Ph 03 5419251

FOR SALE

September

Poulmet chicken netting 25mx112cm includes poles, as new ph 03 542 2235

FOR SALE

October

Bundles of sawn slabs of firewood Ring Rex Kelly 027 4434 105

FOR SALE

October

3 pure bred murray grey heifers 1 x 6 years, 1 x 2 years and 1 x 18mths
Phone Wendy 541 9119

FREE

October

Pallet green house glass Pallet old red bricks Phone Wendy 541 9119

FOR SALE

October

Wheeled Cutting table - Two Drawer Folds down both sides \$100 Phone: Sue 0273640773

FOR SALE

October

Frozen blueberries - Wakefield Phone 021 267 1298

Wakefield and Districts Health Trust

Wakefield and Districts Health Trust exists to maintain the Wakefield Health Centre building and also supports medical and health related services in the wider community while looking to generally enhance the health and well being of the community.

The Trust's origins are in the incorporated society that was formed in the 1980s when a committee was set up to ensure a medical practice would continue to serve the wider Wakefield community. A concept plan and fundraising was undertaken and the building in Edward St was completed. The Wakefield Health Centre has operated since then.

The Wakefield and Districts Community Health Trust was established in 2016 to formally administer the ongoing maintenance of the Wakefield Health Centre building. We are grateful that three founding members, Christeen Mackenzie, Donald Ladley and Evan Baigent continue to support our work as Trustees today.

One of our initiatives is the funding and maintenance of 14 Automatic External Defibrillators or AEDs in Wakefield, Spring Grove, Dovedale, Belgrove, Kohatu, Tadmor, Golden Downs, Glenhope and St Arnaud. The installation part of our initiative is complete and maintenance of the AEDs remains an ongoing project with annual checks and regular battery replacements. You can find more information and download the excellent AED Location app here https://aedlocations.co.nz/about/. This include other AEDs in the area, many are also listed in this publication.

We are currently planning a reconfiguration and possible extension to the Wakefield Health Centre building to accommodate the growing population in the wider Wakefield area.

The Trust meets the last Tuesday of the month and any queries can be emailed to wdhealthtrust@gmail.com

RAW FOOD

Come and see what raw foodies eat that gives them so much energy and vibrant health!

Every month we have a catered lunch at Broadgreen House in Stoke on the last Sunday of the month.

Cost is \$15 per person. Time: 12.30 - 2.30. Contact Sally for more info: 021 170 9443 or sally@naturalnosh.nz Have an idea for an article or something you have written that you would like to submit?

Email us at windowonwakefield@gmail.com or ring 541 9005

WAKEFIELD BOWLING CLUB

Scrap metal

Wakefield Bowling Club is willing to collect any old metal, wiring, whiteware (excl fridge & freezers), car batteries, etc.

Please phone Trevor on 541 8855.

Wakefield Craft Group

Come and join the ladies Craft Group held on Wednesday mornings in the Fire Brigade Supper Room Pigeon Valley Road 9.00am - 12pm

Bring any project - sewing, knitting, crochet. Learn to knit or crochet or just come for a look and join us for tea, coffee and company. Small donation

For more information phone Judy on 5418342

Community Directory

Rutherford Memorial Hall 658 Wakefield-Kohatu Highway, Foxhill

Bookings and enquiries: Sue White 027 474 6324 www.lordrutherfordhall.org.nz

Higgins Heritage Park

Secretary: David Win 027 631 6786

info@higginsheritagepark.co.nz

Higgins Park Community Fair David & Diane Win 544 7096 info@higginsheritagepark.co.nz

Rural Ramblers

Carolyn Mason 541 9200

Spring Grove Drill Hall C Stratford 542 3992

Totaradale Golf Club Megan or Jahola 541 8030

Wakefield Anglican Church - St Johns Sundays 9.00am - Holy Communion 10.30am - Family Communion Service Office 541 8883

St Johns Worship Centre Bookings Nigel Massey 541 8857

Wakefield Community Library

Wendy Gibbs 541 8490 Pam Dick 541 8392 Hours - Tues 10.30 -11.30am Friday - 2.30 - 4pm (When library is not open book returns can be left at Hair Raisers Salon)

Wakefield Football Club (Seniors) wakefieldfootballclub@gmail.com

Waimea Plains Football Club (Juniors) waimeaplainsfootballclub@gmail.com

> Wakefield Medical Centre 541 8911

> > **Wakefield Pharmacy** 541 8418

Wakefield Playcentre Contact: 541 8866

Wakefield Volunteer Fire Brigade DCFO Fritz Buckendahl 027 224 4162

> Willowbank Heritage Village willowbank2002@gmail.com

Country Players (Drama)

Jen Ámosá 541`8139 enquiries@countryplayers.org.nz www.countryplayers.wordpress.com

> Nelson Vintage Engine & Machinery Club Allan 027 319 7427

Pinegrove Kindergarten 03 542 3447

Rural Women Diane Higgins 03 542 4388

St Joseph's Catholic Church Sun 8am Parish Preist Seth Pijfers 544 8987

> **Taoist Tai Chi** Deb Knapp 022 083 9332

Waimea Sheepdog Trial Club Sally Powell 021 773 461

Email: sally@tcvet.co.nz Waimea Area Quilters Sue Burrowes 541 9689 or 027 364 0773

> Wakefield Book Group Mahala White - 541 8933 or Chrissy Harris - 541 9596

Wakefield Bush Restoration Society Evie South 541 8980

> **Plunket Nelson Area Office** For appointments etc 539 5200

Wakefield School/ Community

Swimming Pool
Karyn Young 021 112 4203
Libby Thomson 027 541 8202

Target Shooting Wakefield targetshootingwakefield@gmail.com Contact: Holly Gibbons 022 406 1674

> Wanderers Sports Club 542 3344

Wakefield Toy Library Saturday 9.30-11.30am Liz Ashburner 541 9453

Wakefield Art Group Thursdays 9.30am - 12pm Alison 541 8822

Marlborough Nelson Marine Radio Assn Adrian Mullan 021 118 4832

www.mmr.org.nz **NZ Postcard Society Inc** 541 8980

Richmond Lions - Wakefield Rep Sue Burrowes 541 9689 or 027 364 0773

Spring Grove Church of Christ Meet Sundays 10am 541 8011

Waimea South Historical Society Yvonne Tye 021 542 338

Wakefield Bowling Club Margaret Eames 541 8316

Wakefield Brightwater Book Club Sue McAuley 544 7325 sue.mcauley@ncc.govt.nz Meets last Wed of every month

Wakefield Community Council Julian Eggers 027 771 8556 eggers213@gmail.com

Wakefield Indoor Bowls Club Ren Olykan 541 8275

Wakefield Preschool Contact: 541 8086

Wakefield School PTA ptawakefield@gmail.com

Wakefield Tennis Club Ngaire Calder 027 279 9938 www.caldertennis.co.nz

Wakefield Village Hall Amby Cowe ambynz@hotmail.com 541 8869

Window on Wakefield Articles & Content - 541 9005 Sonia Emerson

Window on Wakefield Advertising - 541 9641 Genie & Lindsay Bradley

Wakefield School Edward Street 541 8332

Justice of the Peace Katie Greer Ph 021 547 756

AED DEFIBRILLATOR LOCATIONS - AVAILABLE 24/7

Wakefield Four Square, Wakefield Bowling Club, Wakefield Football Club, Highfield Farm, Kohatu Flat Rock Cafe, Old Tadmor Store, Dovedale Hall, 29 Moonlight Road Glenhope, Corner of Totara View Road and Kilkenny Place, Southfuels Spring Grove, Belgrove Cafe and Bar [what was], Lake Rotoiti Fire Station, Golden Downs Golf Club, Totaradale Golf Club.

CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have specialised skills/ equipment, and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their responsibility to be personally prepared. You should ensure that you have your own survival kit in place, and that you are able to be fullv self sufficient for at least three davs.

In the event of an emergency, for urgent public messages, tune in to: More FM 94.1, Classic Hits 89.8, Fresh FM 95.4









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wendy.pearson@tallpoppy.co.nz