



window on **wakefield**

Your Local News

Community News for the Wakefield Area

St John's Church Architect Gains Long Overdue Recognition

by Peter Verstappen

St John's church, nestled comfortably on the rise overlooking our village, has a few claims to fame. Until recently it was described in the New Zealand Heritage List as the second oldest surviving church in New Zealand (after Christ Church in Russell) and the oldest parish church in the South Island. What the Heritage List failed to mention is that St John's has another remarkable feature – its architect was a woman, Marianne Reay.

The fact that St John's is likely to be the first building in New Zealand designed by a woman has long been known to the congregation but not recognised more widely. Now, a story in the New Zealand Heritage magazine aims to establish Marianne's place in our architectural history and add further lustre to the reputation of our modest parish church.

Window on Wakefield spoke to the author of the Heritage magazine story, Wellington-based Cherie Jacobson, to find out about Marianne and her remarkable achievement.

Who was Marianne Reay?

Marianne was the wife of Reverend Charles Lucas Reay, a missionary for the Church Missionary Society in Nelson, who was given responsibility for establishing a church in Wakefield. Edward Baigent, the prominent Wakefield settler who built the church, wrote in a memoir late in his life that "Mrs Reay drew a design for the church which was approved." We don't know much more about Marianne. She left the district when her husband was transferred to the North Island in 1847 and later returned to England after his death in 1848.

How significant do you think it is to know the church was designed by a woman?

I think it's incredibly significant. Despite a huge increase in the number of women studying architecture over the past thirty years or so, architecture is still a male dominated profession. Women struggle to rise through the ranks and gain recognition - at the senior level women are hugely under-represented. Given the current situation, it's easy to understand why people may have accepted the idea that women in architecture is a relatively new thing. Stories like Marianne Reay's show that women were involved in architecture and design well before that. We just don't know much about these women and like so many other women throughout history, their work has been overshadowed, downplayed or ignored.

How did you come across the story of Marianne designing the church and why did you think it was important to tell?

Heritage consultant Elizabeth Cox said she had read in a few places that St John's Wakefield had possibly been designed by a woman and asked me to try and find evidence to support this. I can't claim to have discovered anything particularly hidden. In Marion Stringer's 1996 sesqui-centennial history of the church, she confidently claim's Marianne Reay designed the church and cites Baigent's memoir and the invoice. When a historian wrote the citation for St John's listing with Heritage New Zealand in the 1970s, he hadn't seen this memoir but he was aware of the claim that Marianne Reay was the designer. It seems he was just reluctant to believe it.



... continued on page 3



WINDOW ON WAKEFIELD

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St John's Church Architect [contd...]

It's an important story to tell because it's a significant moment in women's history in New Zealand and it's a story that doesn't seem to have been fully embraced. I'm really proud that as a result of this work the citation for St John's Wakefield on the Heritage New Zealand website now includes Marianne Reay.

We don't know much about Marianne. When you've imagined her life, how do you think she gathered the skills and confidence to be an architect, especially in an age and place where women's roles were almost exclusively domestic?

Well, I don't think she was an architect in the way that we might think of an architect today. I don't think she made detailed scaled drawings. I think she was perhaps a woman with a reasonable amount of education for the time, possibly artistic, who had seen and been in many churches prior to her arrival in Nelson. So when it was decided a church would be built, I like to imagine she sat down, thought about the site and the needs of the community, then sketched out a simple design and showed her husband Reverend Reay who said 'Perfect!' and took the sketch to Edward Baigent to work out the details of construction. I don't think that diminishes her achievement though, many of the architectural greats did and still do the same thing – they come up with the concept, the overall design, the initial drawings, then their team works out all the details.

How would you like to see Marianne's achievement recognised by the Wakefield community?

I would like to see her achievement recognised as part of an interpretation panel outside the church for visitors to read and appreciate. But that's quite a conventional form of recognition and to me it's important that if the Wakefield community do think it's something to recognise and celebrate, then they come up with a way to do what feels appropriate to them and represents who they are as a community. Something creative would be perfect, given I think it was an act of creativity and an expression of faith by Marianne Reay.

For more about this story readers can buy Heritage magazine online at: <https://shop.heritage.org.nz/collections/frontpage/products/heritage-new-zealand-magazine>

The update listing for St John's in the Heritage List can be viewed here: <https://www.heritage.org.nz/the-list/details/40>



Totaradale Golf Club

by Mike Hrynkiw

NBS Teams Trophy

First Sunday in August saw a great field challenging for the Nelson Building Society Teams Trophy. The event has four players per team and each player playing a Stableford round where the best two scores from the team count on the first six holes, then the best three on the next six and then the last six all scores count, certainly not the time to have a bad hole. Winners this year from left to right Brian Biggs, Murray Newport, Heather Wells and Brian Miller.

Newbies Embrace Beginners' Golf

The club has been running coaching sessions for adults new to golf on Sunday mornings and juniors in the afternoons with the help of Tasman Golf Development coach PGA Professional Nick Loach.

These sessions run for five weeks only with plans to introduce some twilight coaching once we move into Daylight Saving. A few holes of golf on a Friday evening, crank up the BBQ and enjoy a refreshing glass of your favourite.

A great way to meet new people and all starting golf at a similar level. If anyone is interested in joining the group please contact Mike Hrynkiw on 021 061 8066, please note all equipment provided.



September Quiz Night [subject to being in Level 1]

A note for your social diaries - the Totaradale Golf Club quiz night this year is on Friday 25th September commencing at 7.00pm.

Teams of six, half time nibbles, spot prizes and a great silent auction table not to mention a fantastic social event.

Please see our advert on the following pages or simply phone the clubhouse to enter.



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In the Bush

Our monthly get together saw us again at the Robson Scenic Reserve (which is located at the beginning of 88 Valley Road Wakefield). We have been doing a big push with weeding this area and are now also halfway in the completion of resurfacing the walking track for this reserve.

While working on the track I have noticed an increase in use and have been incredibly pleased with the positive comments back from the users to our progress and the work of our society in general.

A new carpark has also just been completed, this work was arranged to be undertaken by the Tasman District Council Reserves department and was not part of our society's undertaking. There have been teething troubles with this car park construction etc, neighbours and users have voiced numerous concerns directly to the council staff.

BIRDS IN OUR BUSH

Paradise Shelduck Tadorna variegata - the Maori name is Putangitangi

A very distinct duck with the female being more colourful than the males which is unusual in the bird world as it is normally the other way around. They are to be found on open ground, along water ways and lakes. At this stage there is a pair who have taken ownership of Robson Scenic Reserve.

Their diet covers a wide variety of food depending on where they are situated. They mate for life but if one dies, they quickly find another partner. They start breeding in August and their nest can be a depression in the ground, thickly overlaid with down and concealed under fallen logs, tree roots, building or stacks of timber or hay or can be found 20 metres high in a hole in a tree. Eight to twelve white eggs are laid and are incubated for 30-32 days by the female alone. In the fledging period of about eight weeks they are guarded by both parents.

The Paradise Duck has been exploited as food since the start of Polynesian settlement and in early European times the Marlborough Maori used to gather up to 5000 birds at a time storing some for their own use and sending the rest to the Wellington market. Today you must have a hunting license to gather them, which roughly covers the period from May to July and there is a daily bag limit that you can take.

Regards Doug South,
President - The Wakefield Bush Restoration Soc (2000) Inc.
Telephone 541 8980 Mobile 027 907 2879
Email tuiville@xtra.co.nz



TOTARADALE GOLF CLUB

QUIZ NIGHT

FRIDAY 25TH SEPTEMBER

6.30PM REGISTRATION
AND 7.00PM START IN THE CLUBHOUSE

Gift Card prizes for the top three teams!

- Teams of 6 [max]
- 17 Teams max/ \$60 per team
- Half-time refreshments
- Spot Prizes
- Silent Auction

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Wakefield Volunteer Fire Brigade

Good afternoon Wakefield community

It is official that Nelson has had the warmest winter so far since records have begun so this is not good news for the sheep and beef farmers as well as the horticultural farmers. Water is such a precious resource so we all must use it wisely and not be wasteful. There will be nothing worse than a fireman turning on a water hydrant to feed the fire engine pump to put out a house fire and nothing coming out of the hydrant. We all should be conserving water where we can, so this does not happen to our community.

Last month we held our honours evening at the fire station which recognises the time the fire persons have volunteered their time to FENZ and our community. Wakefield VFB has a total of 22 members with a range of service from seven months to our longest serving member of 46 years and the average length of service for the total brigade is 18 years, well done team. The brigade is in a great position of having new recruits coming through the system as well as having experienced members which is a great balance for the brigade.

Calls from July 20 to Aug 20th	
PFA	Fonterra Brightwater
Veg fire	Kohatu
PFA	Brightwater School
Medical	Wakefield
Veg fire	Kohatu
Medical	Wakefield
Car roll	Tophouse Valley
Medical	Wai-iti
PFA	Wakefield School
Smoke Alarm	Wakefield house



Total calls for this year 2019 = 172 (most calls in any one year)

Total calls 2020 = 76

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Health Centre

Gut Health - How a Healthy Microbiome Works In Our Favour

by Dr Wayne Hurlow

Last month we discussed the value of a high fiber** diet, in particular the diversity of fiber from different plants that promote the growth of the best kind of bacteria to make up a diverse gut ecosystem.

Dr Will Bulsiewicz, in his book "Fiber Fueled" (which unpacks a lot of the latest research on the gut), recommends eating 40 different plants in your diet per week to promote the growth of a diverse microbiome. Our food is their food and different microbes need different food, diversity of plant foods is the key to a diverse gut ecosystem (or microbiome).

This month, I'll provide those of you who want to know some technical information about how fiber works. So here goes:

Prebiotics (plants or fiber) grow healthy probiotics (bacteria) that reward us by making our food into compounds that reduce inflammation, and promote health and balance. These postbiotics (health-promoting compounds) play a vital role in our immunity, metabolism, hormone balance, cognition and gene expression (ie the function of the 'whole person'). The opposite is true if we encourage the growth of "bad" bacteria that create harmful compounds (like TMAO*** compounds produced by bacteria promoted by red meat, eggs, dairy) that cause inflammation in our bodies.

So what are these health-promoting compounds?

Healthy bacteria feed on fiber, they also transform fiber into Short Chain Fatty Acids or SCFAs. As their numbers increase they produce more and more SCFAs and get better at producing SCFAs - practice makes perfect. These SCFAs sound like something nasty, but are actually the key to good gut health and whole health, and the more the better.

So HOW do they work?

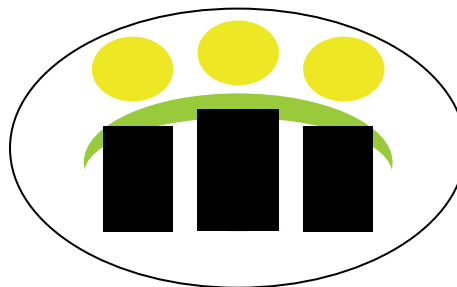
SCFAs are a vital nutrient for intestinal health. They are the dominant energy source for your colon, support a healthy gut ecosystem (increase acidity to suppress dangerous bacteria like E.Coli and Salmonella), repair leaky gut (a condition where your gut lining cells have gaps, letting things through into the body that shouldn't be there - causing inflammation), reduce release of bacterial endotoxin or harmful compounds (by reducing bad bacterial numbers), promote movement of food down your intestines, and decrease visceral hypersensitivity (or pain of Irritable Bowel Syndrome).

In summary, our best defence against disease is to focus on promoting the "good guys" through a high fiber diet. These "good guys" then breakdown the fiber to release SCFAs which keep our gut lining healthy and promote health in our whole person.

**Excerpts from Ch 3. Fiber Fueled by Dr Will Bulsiewicz*

***Fiber = Complex carbohydrates found in whole plants + behaves very differently to refined sugars which are absorbed within 20min of consumption. Fiber or complex carbohydrates reach your colon unchanged, where they are sorted out by your gut bacteria.*

****Trimethylamine N-Oxide or TMAO is linked with and is shown to cause inflammation of your endothelium (lining of your blood vessels) the repair of which causes atherosclerosis or in the heart, coronary artery disease.*



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Quiz Answers

1. "O mio babbino caro" ("Oh my dear papa") is a soprano aria from what Puccini opera?
Gianni Schicchi (1918)

2. What bird Can fly backwards?
A hummingbird

3. What is nomophobia ?
Fear of not having mobile phone access

4. What is the deepest point in the Mediterranean Sea?
The Calypso Deep, located southwest of Pylos, Greece in the Hellenic Trench with a maximum depth of 5,267m.

5. Las Vegas Nevada plays host to an average of how many marriage ceremonies each month - 100, 1000 or 10,000?
10,000 - or over 120,000 per year

6. Composer Handel was born in Germany but generally claims to be a British citizen - why?
From 1712 he was a permanent resident, becoming a naturalised Briton in 1727 by means of an Act of Parliament - the only way for a foreign-born resident to obtain citizenship in those days.

7. Which British Film Director won Oscars for The Bridge over the River Kwai and Lawrence of Arabia?
David Lean

8. Anagram "gather seven" - action british serial program (3, 8)
The Avengers

9. What did Oscar Wilde consider to be the curse of the drinking classes?
Work

10. What explosive device was invented by Alfred B Nobel, founder of the Nobel peace prize?
Dynamite

Quiz

by Derek Evans

1. England great Tom Finney played over 400 games for this club between 1946 and 1960 - which club is it?
2. We all know what Stupid and Stupidity mean, and also Cupid, but what does Cupidity mean?
3. Anagram of Ritual Jewels - a British Actress
4. Why is there a cap and gown ceremony at Graduations?
5. What is an Orca?
6. What is the present name of the Sandwich Islands?
7. What does Kung Fu mean?
8. In what sport do you refer to "hitting the wall"?
9. Where did Surfing originate?
10. What is peculiar about the Sargasso Sea?



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Live Well Stay Well

Live Well Stay Well Update

At the Live Well Stay Well meeting on 18 August our guest speaker was Bee Williamson, Health Promotions Manager at Nelson Bays Primary Health. Bee spoke to us about women and heart disease. While she brought a wealth of knowledge and expertise to her talk, being an educator for Type 2 Diabetes and cardiac rehabilitation, Bee shared her own personal experience of a heart attack, which made her talk so much more meaningful.

I think we all took on board her advice and information on recognising the signs, diet, physical activity and risk factors. And the importance of regular checks with your doctor. Thank you Bee for sharing your personal insights.

Upcoming Meetings

1 September: coffee meeting at Headquarters in Brightwater, 9.45am onwards

15 September: Jamie White, our local policeman, who will talk about security and community issues and Ian Viapree, trustee of Nelson Tasman Community Transport Trust, speaking about the Wakefield Bus. Venue: Wakefield Hall from 9.45 to 11am.

29 September: coffee meeting at Cafe Rhubarbe in Wakefield, 9.45am onwards

"Stay Well Live Well" is a health and social group that meets two weekly in Wakefield or Brightwater from 9.45-11.00am on a Tuesday morning.

We advertise our programme in the "Window on Wakefield", your local news, and on Wakefield and Brightwater notice boards.

A varied programme is organised which is informative and fun plus regular coffee and chat sessions. Our goal is to keep well and healthy by promoting good health practices and exercise plus having a positive social connection with others in our community.

Monthly we focus on a speaker with either health knowledge or people who help us understand our community more. We also have time in local coffee shops for Coffee and Chat sessions plus visits to local businesses of interest helping us to get to know our local area.

So this group is ideal for people newly moved to the area who want to get to know our community plus those who live here. Or perhaps you are feeling a bit isolated where you live and want to meet some friendly locals.

No joining fee but we ask you for a gold coin donation at our monthly Wakefield Hall get togethers to help us cover rent and food costs. We communicate what is happening by an email group.

Please contact either of the numbers below if you want to be on our communication list or WATCH THIS SPACE.

You are very welcome to join us.

Convenors

Sandra 027 6099202 or Sonja 027 3740500



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A Matter of Accounts

by Sonia Emerson, CA, BBus

GST - TO REGISTER OR NOT TO REGISTER?

You have established that the business is viable with a solid business plan. You have established the best structure for your business and have set that up. Now, to register, or not to register for GST, that is the question? This is a question that I get asked quite a bit. So, I thought that I would cover some of the key points [certainly not everything] about Goods and Services Tax.

WHO NEEDS TO REGISTER?

You must register for GST if you carry out a TAXABLE ACTIVITY and if your turnover [total value of your sales and income] for the last 12 months was more than \$60,000 or if you expect your turnover for the next 12 months to go over \$60,000. This means that you have to be aware of how you are tracking during the year, and think ahead to what turnover you expect to achieve at the end of each 12 month period. If you are required to register, you need to do so within 21 days of becoming liable. Failure to register for GST when you are over the threshold, may result in the IRD charging you penalties.

Taxable Activity - "A taxable activity is an activity carried out continuously or regularly by a business, trade, manufacturer, professional, association or club. It includes any activity that supplies, or intends to supply, goods and services to someone else for a consideration (money, compensation, reward) but not necessarily for profit. We refer to these goods and services as "taxable supplies".

Some examples of activities that are not a "taxable activity" are working for wages and salaries, being a company director, hobbies or private pursuits, the occasional sale of household/domestic items. There are also exempt supplies including residential rental property, interest received, donated goods and services sold by a non-profit body and certain financial services.

You can also choose to register for GST even if your annual turnover is less than \$60,000, which is called voluntary registration. So why would someone voluntarily register for GST. This table shows some of the advantages and disadvantages of GST registration:

Advantages of being GST-registered

If you purchase goods and services from someone who is GST-registered, you'll be charged GST and you'll be able to claim it back.

You can also claim GST if you purchase secondhand goods from someone who isn't GST-registered, and you use these goods in your taxable activity.

Completing regular GST returns helps keeping your records up-to-date and accurate.

Disadvantages of being GST-registered

You have to account to us for GST on all of your taxable goods and services, including grants and subsidies.

Complying with GST requirements takes time.

When you stop your registration you have to pay GST on the open (current) market value of any business assets that you keep for private use.

One other thing to consider is, who are your clients likely to be? If your clients are predominantly private individuals, there is likely to be less incentive to register for GST as you will have to charge your clients a GST inclusive price. This means that you either add GST onto the existing price, hence charging more, or you effectively receive less yourself as you have to account to the IRD for the GST portion of the income. On the other side of the coin, if your clients are predominantly other businesses, they may perceive your operation to be more professional or substantial, if you are GST registered [note the word perceive].

More on GST in the next issue.

This information is intended as a guide only - it is not intended as legal advice. For more detailed information please refer to the legislation or seek legal and or accounting advice.



All Accounts Matter Ltd

For All Your Accounting and Tax Needs



Sonia Emerson
Chartered Accountant

Mobile: 021 221 1009
74 Whitby Road, Wakefield 7025
Phone: 03 541 9005 Fax: 03 541 9305
Email: allaccountsmatter@gmail.com



Wakefield Playcentre

by Liz Chandler

With the school's book week held during August, the Playcentre Tamariki were very excited to dress up as their favourite storybook character and head down to Faulkner Bush to support the school children on their sensational parade! We are so lucky at Playcentre to share a fence with Wakefield School. Past Playcentre children, older siblings and just inquisitive school children often turn up at the fence during the schools play breaks to say hello and ask questions about the fun we are having at Playcentre. We have definitely noticed that this makes the transition to school much easier for our Playcentre tamariki and with a large contingent of three and four year olds at the moment it's lovely to see these positive interactions with the school kids.

Playcentre has also experienced a baby boom over the past few months with three of our families welcoming babies into the whanau:



Welcome to Alfred, a baby brother for Rose, Lucy and Evie

Welcome to Harper, a baby sister for Hannah

Welcome to Luke, a baby brother for Arlo

We look forward to getting to know these new babies and supporting their families during this new born phase and beyond.

This month we also welcome Archer and Mum Shannon to Playcentre, we're excited to get to know you both and to help you discover all the fun things about Playcentre and our Wakefield community.

Playcentre is open 9:30am – 12:00, five days a week.

If you're interested in joining us, just turn up, or contact Charlotte Thynne 027 631 4887 if you have any questions.



Can we celebrate your special event or help remember someone dear to you?

Please send your obituaries, birth announcements, wedding stories, other celebration notices to us at windowonwakefield@gmail.com or ring 541 9005



Big Brothers Big Sisters

Potential is everywhere. It is in the margins, in the shadows, in plain sight. It is in every young person. But so many still need someone in their corner. Our mentors are not saviours, they are allies. We don't create potential, we defend it. Through defending our tamariki's potential – we start something.



BBBSNT aims to provide a mentor for any young person who needs one between the ages of six and 12. Our young people come from many types of home and family structure; different social-economic levels, ethnic backgrounds, neighbourhoods and schools which cross all communities. Children and parents come to BBBS through school, counseling and other sources. All children and parents choose to be in the programme. Their backgrounds and personalities are unique, but they all have a need for friendship with a caring adult.

Big Brothers Big Sisters has been operating in New Zealand for 20 years, with Nelson being one of the founding regions. Our programme has grown significantly over the last five years, from 74 to over 200. There are still over 40 children waiting for mentors in our community, both boys and girls.

We have young people in Wakefield, particularly boys, who would like to go mountain biking, play in the outdoors, go to the beach, go fishing, skateboarding, visit the speedway, and fix motorbikes. These kids just need somebody to show up, show they care and be a consistent, positive influence in their lives.

It's amazing talking to all of our mentors as they say they go into mentoring wanting to make a difference, but they get so much out of it themselves. Mentors are able to spend time engaging in interesting new hobbies with young people, and love taking time out of their week to "be a kid again".

Mentoring truly does make a direct, measurable and long-lasting difference in the lives of local youth. We have incredible statistics, but the real difference is hearing feedback from children involved in BBBS. Here a few examples – "Seeing you was the highlight of my week." "I have a real friend who will listen to me." "She is the one with whom I can get all my emotional things out, and I don't feel lonely." "Having a Big Sister is the best thing in the universe. Oh, and unicorns."

We also get great feedback from our families - "I am so happy that you are my daughter's mentor because she is excited to have you in her life. Each time before you pick her up, she counts down the hours and minutes, which makes me happy that someone meaning you has put a spark back in that little girls eyes."

Would you like to start something BIG? You don't need to change your life to change theirs and the only skills you need is being you. One to four hours a week is all it takes to make a real difference. Contact us on 03 545 9864 or email chelsea@bbbs.nz.



Higgins Heritage Park

Back in the Day @ Higgins Heritage Park!

by David Win

The Park is a fantastic venue for all types of social functions and events for all age groups. Remember we are located at 222 Pigeon Valley Road, Wakefield and keep an eye on our website for upcoming events at www.higginsheritagepark.co.nz or phone our Park Manager, Allan Palmer 027 319 7427. Email info@higginsheritagepark.co.nz or phone our secretary David and wife Diane - phone 544 7096.

Recently during the Covid19 lockdown, for many of us, it was into the cookbooks and sharing recipes.

During a recent conversation with Evie-joy South, Diane Win and Dianne Holmwood, they reminisced about growing up and learning to cook on the old wood stoves with cast iron stockpots and griddles for making pikelets – just like the stove, pots, kettles and irons can be found in the Holmwood Collection museum at the park.

It appeared that Mothers and Grandmothers didn't worry much about the stove or oven temperatures, mixture quantity details, reusing the flourbags for plum duff, and often if it was cold or wet then feet in socks were in the doorway of the oven while the meat dish was cooking! Flourbags were 'recycled' for many uses – meat storage, made into aprons etc.

Some of the memorable recipes from these wood ranges which date back over 100 years are:



Dianne Holmwood – a hearty Golden Bay meal at the Holmwood farm cooked on the wood and coal range which is now in the Holmwood Collection at Higgins Heritage Park.

Beef stew with vegetables from the garden – onions, pumpkin, carrots, parsnip, potatoes, silver beet, leeks. Add water and cook in a cast iron pot with lid. Cook long and slow (around 4-5 hours), thickened with flour and water. Add dumplings on top.

Diane Win – Grandma Suzies plum duff cooked on their wood / coal range in Takaka.

2 cups of flour, 1 cup of sugar, 1lb of Suet "shreddo", 2-3 lbs currents (3 pkts), tip in lemon juice and rum essence, add strong cold leaf tea until nice moist mixture, 1tsp

baking soda, boil in a cloth flour bag tied at the top. Add 2 lemons to water in a preserving pan with a lid. Turn a saucer upside down and place the pudding on top of it (this keeps the pudding away from the direct heat) fill with water and cook for 5-6 hours.

Note whilst the above has some measurements, Grandma Suzie didn't use any temperatures or specific amounts!



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Live Well, Stay Well

Coffee at Headquarters in Brightwater on Tuesday 1 September and at Café Rhubarbe in Wakefield on Tuesday 29 September at 9.45am

On Tuesday 15 September 2020,
9.45am–11.00am
at the Wakefield Village Hall

Jamie White

Local Policeman

“Security and Community Issues”

Ian Viapree

Nelson Tasman Community Transport Trust

“Bus service Wakefield to Richmond”

For information contact
Sandra 027 6099202 or Sonja 027 3740500



WHAT'S ON IN WAKEFIELD & BRIGHTWATER

Hi Everyone!! Winter is here but there is still lots to do in your community to keep active. Even a brisk walk around your block in the fresh air is a good way to get the blood pumping and increase your energy levels. We all know that we all feel better after we do some kind of active movement. It is easy to sit inside in the warm and park up and watch some TV every night but our bodies all need to keep moving or we will freeze up like the snow on the hills so.... ..**LETS GET ACTIVE!!**

Term Three: 20th July – 11th October 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Circuit Class 6:00am Casuals Welcome \$10 per session Wanderers Community Gym, Brightwater</p> <p>Rural Ramblers Walking Group 9am (2nd Monday of mth) Wakefield Car Park</p> <p>Circuit Class 9:00am Casuals Welcome \$10 per session Wanderers Community Gym, Brightwater</p> <p>Functional 45 6.00 – 6.45pm \$10 per session Lord Rutherford Park Clubrooms Brightwater</p> <p>Circuit Class 6:30pm Casuals Welcome \$10 per session Wanderers Community Gym, Brightwater</p>	<p>Live Well, Stay Well Group 9:45am (fortnightly) Meets at various locations Check Windows on Wakefield for more info</p> <p>Junior Tennis Coaching 3:30 – 6:30pm Waimea West Club</p> <p>Powerhooping 6:00 – 7.00pm Casual \$12 (includes pwrhoop) Powerhoops available to purchase Brightwater Public Hall</p>	<p>Circuit Class 6:00am Casuals Welcome \$10 per session Wanderers Community Gym, Brightwater</p> <p>Yoga Class 6:30pm Casuals Welcome \$10 per session Wanderers Community Gym, Brightwater</p> <p>ZUU with Carl 6:00 – 6.45pm \$10 per session Wakefield School Hall</p>	<p>Circuit Class 9:00am Casuals Welcome \$10 per session Wanderers Community Gym, Brightwater</p> <p>Aerobics St John Worship Wakefield Contact Linda for times</p> <p>Pilates St John Worship Centre Wakefield Contact Linda for times</p> <p>Powerhooping 9:15 – 10:15am Casual \$12 (includes pwrhoop) Concession available Powerhoops available to purchase Brightwater Public Hall</p>	<p>Circuit Class 6:00am Casuals Welcome \$10 per session Wanderers Community Gym, Brightwater</p> <p>Social Bowls 1:00pm - names in by 12:45pm \$5 per session – free for under 16 yrs Flat soled shoes required Wakefield Bowling Club</p> <p>Junior Tennis Coaching 3:30 – 6.30pm Wakefield Tennis Club</p>

CONTACTS

Social Bowls

wakefieldbowlssecretary@gmail.com

Rural Ramblers

Carolyn – 541 9200

Functional 45/ZUU

Carl - 021 0236 8260

www.purefunctionalfitness.co.nz

Circuit Class / Yoga

Brightwater Group Fitness

Louise Knight – 027 242 6151

lmjknight@gmail.com

Powerhooping

Sara – 021 0697522

powerhoopingnelson@gmail.com

Aerobics/Pilates

Linda - 027 222 1491

Junior Tennis Coaching

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www.caldertennis.co.nz

Live Well, Stay Well

Sandra 027 609 9202

Sonja 027 374 0500



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wakefieldgroupleader@gmail.com

Bowls

by Tony Eames

We had been well back into bowling after the Covid lockdown and have completed several competitions. Now back in Level 2 we are playing with limited numbers and wide rinks for social distancing and the August Open Tournament was postponed.

Joan Eden Memorial Trophy women's drawn triples was won by Chris Longman, June Lines and Alison Edwards.
Edward Baigent Pioneer Trophy men's drawn triples - Tony Eames, Harry Beckers and Jim Stringer.
George Lines Memorial Trophy mixed triples - Mel Mounsey, John van der Laan and Chris Longman.
Winter 2-4-2 pairs - Mel Mounsey and Allan Robertson for the second successive year.

The scroungers handicap competition was a new event played throughout the last summer season and the finals postponed from March have now been completed being won by Carolyn Mason with Mel Mounsey as runner up. Prizes were kindly supplied by Allan Robertson who initiated this new event.

Wednesday mini tournaments and Friday social roll ups continue into September, names in by 12.45pm.

There have been working bees to maintain the synthetic green and to tidy up the gardens. Winter work continues on the live green. All this is possible due to the volunteer efforts of members and the great community spirit within the club.

Summer season opening day is 19 September at 1.30pm. To mark the 10th anniversary of the synthetic green, it will be named after Ray and Diana Spittal whose generous donation started the fundraising efforts and whose son Andrew arranged the ground works for the club.

Anyone interested in playing is welcome to call in to the club at any of the times above or contact Tony on 5418316 to arrange a time to meet. Check out our website: <https://www.sporty.co.nz/wakefieldbowls/Home>. Email: wakefieldbowlssecretary@gmail.com

Photos:

Top right: Joan Eden Trophy winners - June Lines, Chris Longman and Alison Edwards.

Bottom right: Edward Baigent Trophy winners - Jim Stringer, Tony Eames and Harry Beckers.



WE NEED ACTORS FOR HALLOWEEN

WE NEED VOLUNTEER ACTORS FOR HALLOWEEN 31. OCTOBER AT WILLOW BANK, WAKEFIELD (OR 1ST NOVEMBER IF WET).

ACTORS OF ALL AGES NEEDED. WE ARE ALSO LOOKING FOR MAKE UP/SPECIAL EFFECTS ARTISTS, SET UP/PACK DOWN CREW, CAR PARKING MARSHALS. (VOLUNTEERS)

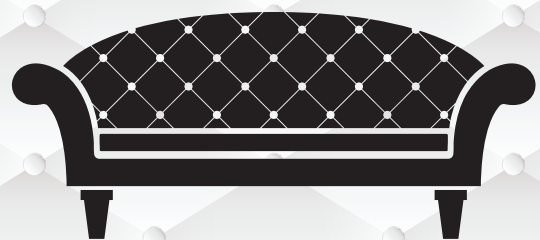
QUESTIONS:  HALLOWEEN AT WILLOWBANK HERITAGE VILLAGE

MEETING: 13TH SEPTEMBER

**AT WILLOW BANK HERITAGE VILLAGE
79 WAKEFIELD-KOHATU HIGHWAY WAKEFIELD**



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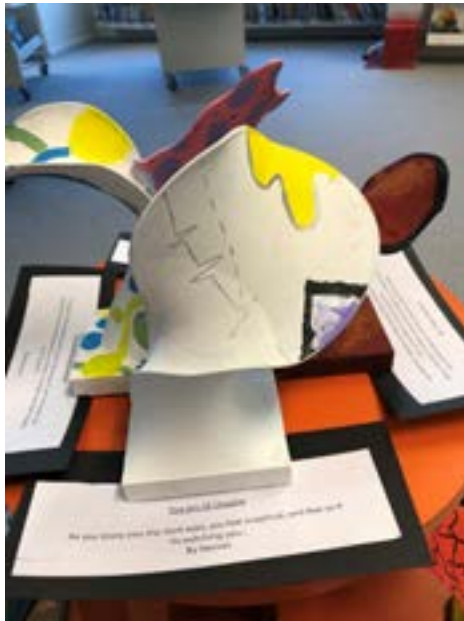
Craig 022 351 5989 Cherie 022 352 5991

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RECOVERY & REPAIR**

Wakefield School

Here are our abstract pantyhoses sculptures.

First we had to plan and second, we had to decide where the holes went in the wooden base for the wire to sit in. Then we pulled the pantyhose onto of the wire and glued it on. We then painted it with PVA glue and then painted it with the colours we did in our plan.
by Morgan



**Have an idea for an article
or something you have written
that you would like to submit?**

**Email us at
windowonwakefield@gmail.com
or ring 541 9005**



**What has happened to
Barney the friendly sheep
that was next to the
Wakefield Police Station???**

A lot of us locals would feed and talk to Barney who was a loved icon of Wakefield.

We have heard that something happened to a hind leg but we all hope he's not sausages.

Hope you can find out for the regular walkers.

[If you can help out our readers with more information, please email us at windowonwakefield@gmail.com]

Town and Country Vet

by Brenda Halliwell, Vet

Wow we're back into lambing and calving already – where has the year gone?! So here are some tips on calf and lamb rearing...

CALVES

- The majority of death and disease occurs in the first few weeks of life. The key to successful calf rearing is good hygiene.
- Make sure the calf pen/shed is freshly cleaned and sanitized before putting any calves in it. Many microbes that cause disease can stay in the environment for a long time so make sure they are cleaned away before calves are exposed. Get rid of old hay, bedding and spray with Vetsan which is an effective, economic sanitizer and also is safe for calves and people. Continue to spray Vetsan weekly.
- If you breed your own calves, make sure you spray the navel with 10% iodine as soon as possible after birth. And colostrum is extremely important – if a calf has not had a good feed from mum, then it should be given two litres of colostrum in the first 12-24 hours. The earlier the better. Freeze-dried colostrum is available if you can't get it from a cow. If you have bought calves, it will be too late for colostrum but still check the navel to make sure it is clean and dry.
- Provide clean, fresh water at all times. And keep any calf feeding equipment clean and hygienic with regular hot washes.
- Make sure there's enough space for calves to spread out – at least 1.5m square each. This helps to reduce chance of sickness and spread of disease.
- Make sure the shed/pen is ventilated but not draughty. Lots of hay makes great warm bedding and jackets are great for keeping calves warm.
- Wearing gloves and disinfecting boots before entering and after leaving the calf pen can help to keep calves disease-free.
- Scours – most often milk/feeding related eg overfeeding, feeding too fast (check teat speed – milk should drip when a bottle is held upside down), new type of milk, different concentration, temperature. Scours can also be caused by infection – often viral. Scouring calves die of dehydration and lack of energy. Electrolytes alone will cure 95% of scouring. We usually alternate electrolyte drinks with milk feeds so calories are still going in.
- If you have really sick calves, high temperatures, blood in faeces or other symptoms such as head tilts, swollen joints, breathing problems, conjunctivitis, call us for advice or a visit.



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Monday afternoon with Brenda

Tuesday morning with Brenda

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info@tcvet.co.nz * www.tcvet.co.nz

Edward Street, Wakefield

Head office 35 McGlashen Avenue, Richmond

544 1200 24 hours



LAMBS

The same general rules apply for lambs:

- Colostrum is very important, ideally within 12 hours of birth. Freeze-dried colostrum powder can be used. Lamb revivers or stomach tubes can save the life of lambs that are too weak to drink.
- Spray the navel with 10% iodine as soon as possible after birth.
- Make sure lambs are warmed up and kept warm. They will use up all their energy trying to warm up. Bring them inside near a fire or heater but don't overheat them. Lamb jackets are available. It is important that lambs are fed before warming them up.
- Common problems are navel and joint infections and pneumonia. Check navel, joints and breathing and rectal temperature regularly.

Phone us for advice if you need help.





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Phone: (03) 553 1189 Cheryl



World Alzheimers Month

by Sandra Rogan

September is WORLD ALZHEIMERS MONTH: The time to wear Purple!

Facts: Every three seconds, someone in the world develops dementia.

The impact of dementia on our population is growing each year.

Today 60,000 New Zealanders are living with dementia.

The Alzheimer's Society Nelson, with limited resources; does a sterling job. Their mission statement is: "Making life better for all people affected by dementia. Kia piki te ora nga tangata mate porewarewa."

279 Tadmor Valley Road invites you to bring a picnic, learn the history and wander around this ever changing garden from the initial hard work put in by Eva Mary Griffith nee Higgins and her husband Edward (Ted) Griffith in the early 20th century and by following custodians up until today.



The garden will be open from 10.30 am to 3.30 pm on the following days:

Friday: 11th, 18th and 25th September
Saturday: 12th, 19th and 26th September
Sunday: 13th, 20th and 27th September
Monday: 14th, 21st and 28th September

Entrance is by donation. There will be sales tables – consisting of craft, new and pre loved items.

Cash only.
ALL MONEY TAKEN WILL BE GIVEN TO THE ALZHEIMERS NELSON SOCIETY – it is vital income for their programmes.

Learn more at www.alzheimersnelson.org.nz

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99 Ellis Street, Brightwater
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COMPETITIVE

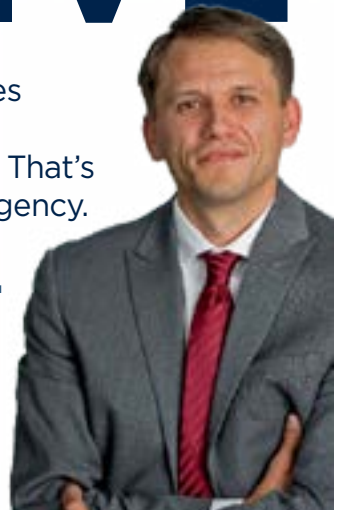


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Team Heyward Property Talk

Your Latest Market Update

by Lydia Heyward

"The Nelson/Marlborough/Tasman region all saw median prices increase year-on-year, with the Tasman region increasing 14.2% to \$680,000. Additionally, both Tasman (95) and Nelson (121) had their highest July sales count since July 2003 and July 1993 respectively.

There are more first home buyers in the market this month and they appear confident and active. A similar number of investors are still present in the market compared to last month who are looking for rental investments.

There is a positive attitude from investors regardless of what the next few months may bring. Vendors remain positive about price expectations as property is moving quickly and the market remains upbeat. Overall, the market is busy driven by buyer demand and attractive interest rates as well as the desire for first homes buyers to either get on the property market or investors to remain in the market. It is expected to be more of the same as we head into Spring."

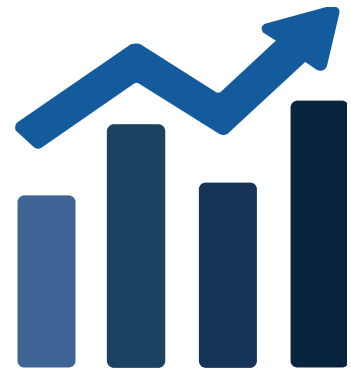
Bindi Norwell REINZ CEO

Sale Statistics for Wakefield



There were **5** residential sales in Wakefield last month

- **\$850,000** was the highest sale price
- **\$578,000** was the lowest sale price



- **\$648,200** was the average price
- Currently there are **15** properties listed for sale in the area.



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- Root Raking - Site Clearing
- Driveways - Gravel Supplies
- Trenching - Posthole Boring

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craigandcath@xtra.co.nz

THE WAKEFIELD HOTEL

What's on

September

Tue 1st Quiz night
Sat 12th Kramit
Sat 26th Karaoke

October

Sat 3rd Dakota
Tue 6th Quiz night
Sat 10th Don't Frett
Sat 17th Kramit
Sat 31st Karaoke

Pot the lot pool every Friday

48 Edward Street, Wakefield 03 541 8006
info@thewakefieldhotel.co.nz



WAKEFIELD PHARMACY

the caring pharmacy

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OFF**



De-camp.
De-stress.
Sleep.
Relax.

RELAX!

SANDERSON

NEW ZEALAND'S NATURAL HEALTH SPECIALISTS

Shop hours -

Monday 8.30am to 5.30pm - Tuesday 8.30am to 5.30pm - Wednesday 8.30am to 7pm
Thursday 8.30am to 5.30pm - Friday 8.30am to 5.30pm - Saturday 10am to 12pm

4 Edward Street, Wakefield - Phone 03 541 8418 - Fax 03 541 9100

www.wakefieldpharmacy.co.nz

Community Notices

WAIMEA AREA QUILT SHOW SATURDAY 17TH & SUNDAY 18TH OCTOBER 2020

WAKEFIELD SCHOOL HALL
Edward Street, Wakefield

10.00AM – 4.00PM Saturday

10.00AM – 4.00PM Sunday

\$3.00pp – ALL WELCOME

Also able to be purchased on site



Refreshments, in support of ongoing pool development,
by Wakefield School & Community Pool Committee

Spring Grove Church of Christ Main Road, Spring Grove

Worship and Communion Sundays 10am
You are welcome to attend. Ph 541 8011

“Life is Better With Jesus”
I have come that they might have life, and have it to the full.
JOHN CH10 V 10 NIV



Wakefield Indoor Bowls Club Invites young and old to their 2020 season

***Tuesday afternoons 1 pm**

Social bowls

***Tuesday nights 7.15 pm**

Social and competitive bowls

Wakefield Hall

****. **From April 7th** ****

The Wakefield Hall is the ideal venue,
being spacious and light with excellent facilities,
warm in winter (the temperature is kept at a very cosy 23°C),

come along in your favourite soft shoes and join in.
Our experienced Trophy winners will be very willing to share their
knowledge.

*If you would like more information please phone
Lionel 027 5418840 for Tuesday afternoons
or Ren 5418275 for Tuesday nights

Willow Bank
HERITAGE VILLAGE
WAKEFIELD, NELSON

OPEN DAY
1ST SUNDAY OF MONTH
SEPT – MAY



SCHOOL HOUSE WILL BE
OPEN FOR LESSONS: 11AM, 1PM AND 2PM.

1970S MILK BAR / VICTORIAN STYLE CAFE / VILLAGE / DRESS SHOP /
PUPPET THEATRE / LIVING MUSEUM / 1950S BURGER BAR /
WORKING BAKELITE PHONES / LIBRARY /
SCHOOL HOUSE / GROCERY STORE / BAKERY + MORE



willowbank2002@gmail.com @willowbankwakefield @willowbankheritagevillage

WILLOW BANK HERITAGE VILLAGE

Open Day: our next open day, the first for the season, will be on Sunday 4 October. Opening as usual from 10am - 3pm. Our monthly open days are a chance to have a wander around our village and a look in all the stores and displays. We offer food and drinks so you can make a day of it and come for lunch or morning tea. We are a living museum so we invite you to try on the outfits and wear them around while you explore the village. Have fun!

Open days for this season will be 4 October 2020, 6 December 2020, 7 February 2021, 7 March 2021, 4 April 2021 and 2 May 2021

Barter and Sell: a new thing this season is our new Barter and Sell car boot sale. Open to anyone wanting to sell their hidden treasures, fresh produce, or any handcraft products. If you are interested or want to park up during our Barter and Sell at the open days, contact Christine on willowbank2002@gmail.com

Volunteers needed for our open days

- helping in our Victorian Cafe and milkshake bar
- helping with dishes

Any age or gender is welcome. We all get dressed in Edwardian clothing, there is enough clothing to choose from. If you have some come already dressed. It is a community event, please take part.

Community Classifieds

FOR SALE

2 sets of left handed golf clubs, bags and trundlers \$100 per set
Phone Brian 03 541 8257

FOR SALE

Canopy for 2003 Ford Falcon ute.
Side opening windows \$550 ono
Ph 541 8543

WANTED

A smaller block of land to lease for small herd of beef cattle in Wakefield or surrounds.
Experienced lessors with great refs.
Please call Brendon 021 0277 2486

FOR SALE

Dolls new and old, also knitted and sewn clothes for your doll.

Will make to order, also will make favourite outfit into dolls clothes eg jeans and frocks.

Do dolls nappies, ponchos, jersies, hats, trousers, crossover frocks with matching nappies - ring Judy 541 8342

WANTED TO RENT

JUS' LOOKIN' FOR A HOME
Wanting a place to rent, long term by retired couple in the Wakefield or rural surroundings. Owners' coming back home due to Covid so we have to vacate after 8 years. Excellent tenants, good references, keen gardeners, and able to assist in farm work if required. Lived in the area for 12 years and love the area and people.
If you can help, please phone Ron 03 541 9438, or 0210 267 7642.

EXPRESSIONS OF INTEREST

We are seeking expressions of interest from community groups that would like to raise funds by way of running a quiz night at The Wakefield Hotel, phone Rob for more details 541 8006.

WANTED

We are looking for a cleaner for a couple hours a week for our home in the Wakefield area.

The family next door is also looking so possibly two houses. Please contact us at wool.prout@gmail.com or call 021 0216 9690.

August WANTED TO RENT

3/4 bedroom home wanted to rent by a small family. Fully fenced with a garage is a bonus!

I enjoy gardening, I'm a clean tidy tenant who has just relocated back to my home town.

Have great references also a bond. Good credit rating.

Can pay \$450/\$550 per week. We have two desexed well trained cats.

Nikita 027 491 8599
Kitarosecoleman@hotmail.com

ANGLICAN PARISH OF WAKEFIELD & DISTRICTS

Bishop Steve Maina and the Wardens, Jenny Allnutt and Caroline Gibbs, are delighted to announce the appointment of the Reverend Don Moses as Vicar of Wakefield and Districts.

Don and his wife Lynda will be inducted on Sunday 13 September 2020 at 10am in the Worship Centre.

We extend a warm welcome to all members of the community to attend this service and meet Don and Lynda.

Don began his ministry in Tapawera from 1992 – 1995. Since then he and Lynda have served in various parishes in the Nelson diocese, including Kaikoura, Wairau Valley and Blenheim South before leaving in 2015 to be Minister of Omokoroa in the Bay of Plenty.

Lynda was ordained Deacon in 2015 and has wide experience and passion for children and families ministry as well as community chaplaincy.

MAINLY MUSIC

Wakefield St Johns
Anglican Worship Centre

Monday's 10.00am.
Cost \$4.00 per family.

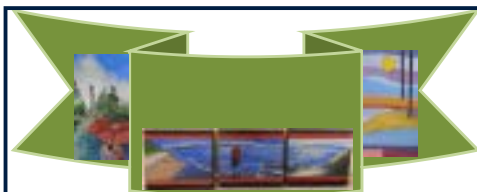
This is a time for parents and children to enjoy music, song, dance and lots of laughs.
Any queries please phone
Jill Stewart 541 8382.

RAW FOOD

Come and see what raw foodies eat that gives them so much energy and vibrant health!

Every month we have a catered lunch at Broadgreen House in Stoke on the last Sunday of the month.

Cost is \$15 per person.
Time: 12.30 - 2.30.
Contact Sally for more info: 021 170 9443
or sally@naturalnosh.nz



Wakefield Art Group

Everyone welcome. All levels of interest.
Our group has been meeting weekly since July 2012.

Every THURSDAY
9.30 am – noon
Wakefield Village Hall – Supper Room
\$3 per session - cup of tea/coffee included

For more information contact:
Fiona Ph: 027 767 7909
E: kahurangicottage@gmail.com
or Sonja – Ph: 027 3740500 or 5418 176
E: sonjal@ts.co.nz

WAIMEA PLUNKET PLAYGROUP

The Brightwater Community Anglican Church,
Waimea West Road,
Brightwater
Time: 9.00 – 12.00 noon
Day: Wednesday morning
Cost: FREE

St John's Community Lunches

The monthly community lunches held at the Worship Centre on the third Thursday of the month, at 12pm.

Dates of the lunches for the coming year are:

September 17
October 15
November 19

All are welcome to come and enjoy a meal and fellowship.

A small donation helps with expenses but is not compulsory.

If possible please phone Caroline 5418491, by the previous Monday if you wish to attend as this helps with our catering requirements but we welcome you if you just turn up on the day.

WAKEFIELD BOWLING CLUB Scrap metal

Wakefield Bowling Club is willing to collect any old metal, wiring, whiteware (excluding fridge & freezers), car batteries, etc.
Please phone Trevor on 541 8855.

Wakefield Craft Group

Come and join the ladies Craft Group held on Wednesday mornings in the Fire Brigade Supper Room Pigeon Valley Road 9.00am - 12pm

Bring any project - sewing, knitting, crochet. Learn to knit or crochet or just come for a look and join us for tea, coffee and company.
Small donation

For more information phone Judy on 5418342

Community Directory

Citizens Advice Bureau
548 2117 - 0800 367 222

Rutherford Memorial Hall
658 Wakefield-Kohatu Highway, Foxhill
Bookings and enquiries:
Sue White 027 474 6324
Hire Rates & Conditions:
www.lordrutherfordhall.org.nz

Pigeon Valley Steam Museum
Alan Palmer 027 319 7427

Higgins Park Community Fair
David & Diane Win 544 7096
info@higginsheritagepark.co.nz

Rural Ramblers
Carolyn Mason 541 9200

Spring Grove Drill Hall
C Stratford 542 3992

Totaradale Golf Club
Megan or Jahola 541 8030

Wakefield Anglican Church – St Johns
Sundays 9.00am - Communion up the hill
10.30am - Family and kids church
at the Worship Centre
Office 541 8883

St Johns Worship Centre
Bookings Nigel Massey 541 8857

Wakefield Community Library
Wendy Gibbs 541 8490
Pam Dick 541 8392
Hours - Tues 10.30 -11.30am
Friday - 2.30 - 4pm
Excluding Public Holidays
(When library is not open book returns
can be left at Hair Raisers Salon)

Wakefield Football Club
Chris Olaman 027 541 9029
David Emerson 027 256 0531

Wakefield Medical Centre
541 8911

Wakefield Pharmacy
541 8418

Wakefield Playcentre
Contact: 541 8866

Wakefield Volunteer Fire Brigade
DCFO Fritz Buckendahl 027 224 4162

Country Players (Drama)
Jen Amosa 541 8139
enquiries@countryplayers.org.nz
www.countryplayers.wordpress.com

**Nelson Vintage Engine &
Machinery Club**
Allan 027 319 7427

Pinegrove Kindergarten
03 542 3447

Rural Women
Diane Higgins 03 542 4388

St Joseph's Catholic Church
Sun 8am, Thurs 9.30am
Parish Preist Seth Pijfers 544 8987

Taoist Tai Chi
Deb Knapp 022 083 9332

Waimea Sheepdog Trial Club
Colin Gibbs 541 8435
marilyn.gibbs72@gmail.com

Waimea Area Quilters
Sue Burrowes 541 9689 or 027 364 0773

Wakefield Book Group
Mahala White - 541 8933 or
Chrissy Harris - 541 9596

Wakefield Bush Restoration Society
Doug South 541 8980

Wakefield Plunket Volunteers Group
Wendy Wadsworth 541 9272

Plunket Nelson Area Office
For appointments etc 539 5200

**Wakefield School/ Community
Swimming Pool**
Karyn Young 021 112 4203
Libby Thomson 027 541 8202

Target Shooting Wakefield
targetshootingwakefield@gmail.com
Contact: Dot Ashton
541 8989 or 027 543 0529

Wanderers Sports Club
542 3344

Wakefield Toy Library
Saturday 9.30-11.30am
Liz Ashburner 541 9453

NZ Postcard Society Inc.
Doug South 541 8980

Richmond Lions - Wakefield Rep
Sue Burrowes 541 9689 or 027 364 0773

Spring Grove Church of Christ
Meet Sundays 10am
541 8011

Waimea South Historical Society
Arnold Clark 544 7834

Wakefield Bowling Club
Margaret Eames 541 8316

Wakefield Brightwater Book Club
Sue McAuley 544 7325
sue.mcauley@ncc.govt.nz
Meets last Wednesday evening
of every month

Wakefield Community Council
Julian Eggers 027 771 8556

Wakefield Indoor Bowls Club
Ren Olykan 541 8275

Wakefield Preschool
Contact: 541 8086

Wakefield School PTA
ptawakefield@gmail.com

Wakefield Tennis Club
Ngair Calder 027 279 9938
www.caldertennis.co.nz

Wakefield Village Hall
Amby Cowe
ambynz@hotmail.com
541 8869

Window on Wakefield
Articles & Content - 541 9005
Sonia Emerson

Window on Wakefield
Advertising - 541 9641
Genie & Lindsay Bradley

Wakefield School
Edward Street 541 8332

Justice of the Peace
Katie Greer
896 Wakefield/Kohatu Highway
Ph 021 547 756

AED DEFIBRILLATOR LOCATIONS - AVAILABLE 24/7

Wakefield Four Square, Wakefield Bowling Club, Wakefield Football Club, Highfield Farm, Kohatu Flat Rock Cafe, Old Tadmor Store, Dovedale Hall, 29 Moonlight Road Glenhope, Corner of Totara View Road and Kilkenny Place, Southfuels Spring Grove, Belgrove Cafe and Bar, Lake Rotoiti Fire Station, Golden Downs Golf Club, Totaradale Golf Club.

CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have **specialised skills/ equipment**, and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their **responsibility to be personally prepared**. You should ensure that you have your own **survival kit** in place, and that you are able to be **fully self sufficient for at least three days**.

In the event of an emergency, for urgent public messages, tune in to:
More FM 94.1, Classic Hits 89.8, Fresh FM 95.4



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