

WINDOW ON WAKEFIELD
ONLINE EDITION BROUGHT TO YOU

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Craft Cooperative
by Finn Thompson, Roving Reporter

Local artist Rose Shepard recently gained her Master's Degree in Fine Arts, but she isn't stopping for a break. She has started up another project that will hopefully become an annual feature for Wakefield during the months of November through February. Rose is transforming the old trade building on the main road into a fantastic craft shop featuring the creations of many Wakefield residents.

Rose doesn't have a lot of time herself to look after the shop, so she decided on a co-operative to share the load. The Christmas Craft co-operative already has a group of thirty keen members making craft items to sell. Everything in the shop will be handmade, and health and safety regulations mean that there won't be any food, but other than that there are no restrictions to what you might see, ranging from furniture to Christmas decorations to jewellery. Suppliers earn 80% profit on all sales, with the remainder of the money going towards rent and running the shop. Each day, six days a week, one supplier will look after the shop while making more of their own products to sell.



Rose Shepard

This is not the first craft co-operative that Wakefield has had. Back in the 1980s there was another and it ran with great success. Rose is the perfect person to rekindle the same sort of project. She has had experience managing small businesses before, and is in contact with many artists both locally and further afield, although she hopes to keep it within the community. "I was listening to other people who were desperately trying to find work, and I thought, there's a real need for an outlet for people who are creating work that is craft based, somewhere for them to sell the work." Hopefully the co-operative can fill this void to help other up and coming artists launch their careers.




Rose and her husband Richard will be redecorating the old trade centre to create a rustic, country feel to the shop. "It's just the perfect location, smack dab in the middle of Wakefield", says Rose who is very happy about how the project is coming along. "I think it'll give something in that drive through Wakefield which at the moment is just industrial sort of looking. We'll leave the lights on at night so I think it'll look really nice".

If you are interested in taking part in the Craft Co-operative contact Rose Shepard at (03) 5419452 or rose.shepard@xtra.co.nz.



Artists taking part in the craft co-operative at a meeting

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WINDOW ON WAKEFIELD

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All Advertising to be submitted by the 20th of the Month prior

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Faulkner Bush restoration – job done?

by Peter Verstappen, Roving Reporter

A few Saturdays ago a group of keen locals completed the final major tree-planting in Wakefield's priceless Faulkner Bush Scenic Reserve.

Now, on a wet Tuesday evening, Doug South, president of the Faulkner Bush Restoration Society, reflects on a fourteen year journey of recovery for the Reserve.

It all started at a public meeting in 1999 where 200 people debated an application to drive an extension of Treeton Place through a corner of the reserve and Doug remembers clearly the mood of that meeting.

The road went ahead despite the opposition, cutting off a corner of the reserve next to the scout den and allowing the development of Treeton and Matariki Places. "But although we lost the battle we won the war," Doug recalls, because out of the meeting a committee was established which, a year later, became an incorporated society and the journey to restore Faulkner Bush began.

Long-time residents will remember Faulkner Bush was a very different place in 1999. Fences and tracks were minimal, sheep grazed most of the site, weeds and pests flourished.

The reserve's transformation has been won through the determination and tireless efforts of a small group and some successful partnerships they've built with the District Council, DOC and others. Doug says a key to the process was getting the site's status changed to a Scenic Reserve. In a normal park or reserve people are given priority but in a Scenic Reserve human activity takes a back seat to the needs of plants and animals.

The project's success is built around three management programmes governing replanting, weeding and tracks. Programmes have been expanded over the years as targets were met and new possibilities emerged. Dorothy Hole, the Society's planting programme manager, supported by plant specialist Pamela Sirett, has spent countless hours collecting seed from local trees that the Council and its contractors have nurtured into the young plants now flourishing around the site. Doug reckons the Society has planted 13-15 thousand trees, shrubs and grasses in the reserve, kept them free from weeds and occasionally hand-watered young plants to get them through a dry summer.

Rob Brown manages pest control, trapping rats and mice, keeping cats away from native birds and hauling out a fair few possums. Doug himself has constructed many of the tracks and fences or managed contractors to do the work.

They've had their share of challenges and setbacks over the years, from frosts to droughts, and occasional vandalism to fences and young plants. Society members keep a sharp eye out for culprits, even capturing them on camera, and Doug urges the public to speak out if they see anything suspicious. "Tell the police," says Doug, "they might not solve the problem straight away but every bit of information is important."

So with the last major planting under its belt does that mean 'job done' for the Restoration Society? Not a bit, reckons Doug. "We're not looking five years ahead but thirty years." The focus now is on maintenance, and that means a bit of in-fill planting and lots of weeding and pest control – unglamorous but essential tasks.

And under its agreement with the District Council the Restoration Society also manages Edward Baigent Scenic Reserve and Robson's Reserve on 88 Valley Road, and it's Robson's Reserve that may become more of a focus for the Society's energy in the future.

In the meantime the 25 locals who are the Faulkner Bush Restoration Society can pause and congratulate themselves on reaching a point that may not be the beginning of the end to their work, but is perhaps the end of the beginning.



News from Wakefield School

Australian Maths Competition

by Tiana

In the first week of the term about fifteen year four to six students took part in the Australian Maths Competition. We had an hour to do it. Each question got harder as you went along. No one used a calculator, only a scrap piece of paper and a pencil. Everyone had to be quiet. It's a competition from Australia but lots of countries take part. We all finished early. It was hard but everybody tried their best.

Book Week

by Jade G

Wakefield School celebrated Book Week two weeks ago with a wide range of activities and competitions. Books were on sale in the library throughout the week and it was great to see so many children and parents sharing their love of books and making the difficult decision about which books to buy. Over \$5000 was raised and the school will receive a percentage of this amount to purchase new books for our library.

The library was abuzz each day with children reading, being read to by teachers and participating in competitions. The competitions included; guess the weight of the books, guess the number of lollies in the jar and match the teacher to their favourite book. The week ended on a high note with a colourful parade of children and staff dressed up as their favourite book characters. Well done to everyone, especially the lucky competition winners.

Science in a Van

On Tuesday the 13th of August the inspiring, fantabulous nerds from Science in a Van came along to Wakefield School to fill up our brains with science.

Their show named, 'What's the Matter,' certainly wowed the students of Wakefield School and taught us a thing or two about science. They taught us about the periodic table that lead on to the well-known baking soda experiment, but with a trick. They stuck a rubber glove to the bottle lid and unpredictably [for most] it blew up into a fake hand.

The next experiment was spectacular. They heated up two fizzy cans [without the fizzy] for 20-30 minutes then they dropped one of the cans into cold water and it suddenly crushed and sucked up water into the can.

I could tell you so much more of their experiments but my ink pen is running out, so I will tell you one more which I think everyone loved.

It is what they called the grand finale - the Mentos and Sprite experiment where they dropped some Mentos into a bottle of Sprite and we all know what happens next!



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News from Wakefield School continued

Grasshopper Tennis

by Madeline

At Wakefield School, every day in every class the boring stuff goes over and over and over until it's time to get outside, run around and get some fresh air. To still learn and to have fun by playing tennis on Thursday and Friday is something to look forward to. Every week Ngaire comes and sets up the tennis nets so we can learn how to play tennis and have a little fun as well.

Ngaire is a professional tennis player/coach and so is her daughter Ash. They have been doing this program for the past three years. If you do this program you will get sports gear for your school. It is an educational program of sport and teaches us hand and eye co-ordination. Ngaire also does training at the tennis court down the road at the Wakefield Domain.

Wakefield Tennis Have a Go Day is on 14th September 10 am to 11 am at the Wakefield Tennis courts. Racquets are supplied and it's free!! Go in the Draw to win a \$100 tennis package sponsored by Wilson.

If wet Sunday 15th September.



Wakefield School Twilight Gala
Saturday 9th November
4:00pm - 7:30pm

Wakefield School,
Edward Street, Wakefield

Funds raised will go towards the purchase of a stage for our hall.
Please note the gala will run wet or fine!

Planning is underway for another GREAT FAMILY NIGHT OUT!

The Wakefield School PTA would love to hear from any individuals or business who are able to help the school through the donation of prizes for the silent auction, products for the food stalls, resources for the activities or sponsorship of advertising.

We would also be grateful for plants & good, clean items for the Book, Toy or Clothing stalls.

If you are able to support the school in any of these ways then please leave your name and number at the school office for a member of the PTA to be in touch.
Please phone: 541 8392

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Chess Tournament
by Blake

Children from Wakefield School attended a chess tournament at Nayland College earlier this term. The week before many keen chess players battled it out during their lunch time in pool play. Teacher Mary McHale organised these senior students in to four groups and they honed their skills during these matches.

These matches were closely fought with each player testing their skills out on their fellow opponents. Most matches ended in a result but some were replayed because of a stalemate, especially as it got down to the final rounds.

Finally came the day of the tournament at Nayland College and a very keen group of children set off to test their skills against children from a wide range of schools from the Nelson Region. There were about 165 competitors of mixed ability, competing in three grades; junior, senior and a college grade.

Each student competed in six games. The Wakefield team came a commendable third place overall in the junior grade.

Congratulations to the following students on their efforts and success; Kiera Kennard, Jannae and Ben Grundy, Ethan and Connor O'Toole, Sam Burke, Isaiah Jessop, Dylan Elwood, Arron Whittaker and Blake Riley.

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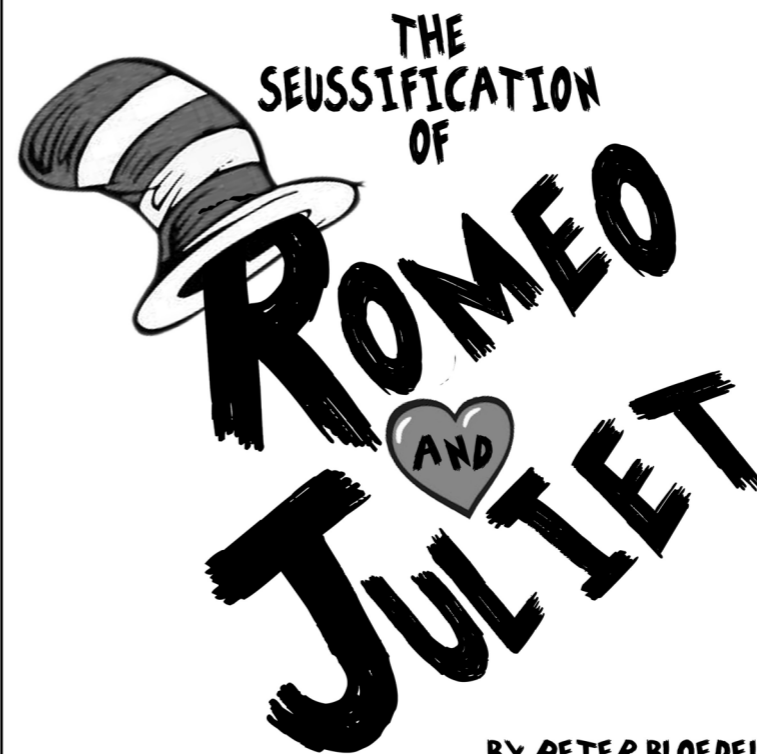


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BY PETER BLOEDEL
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Not Knowing

In the last couple of columns I've discussed some of the value and adventure in saying "Yes" and "No". Of course when opportunity knocks we don't always know the fullness of what is being offered and sometimes we can't respond with a simple "Yes" or "No". We can find ourselves muttering around the edges and feeling indecisive. Yet this isn't necessarily a bad thing.

A common response to such a situation is to take 'more time' to consider what is in the offering and this is common sense in many situations. We might do some research, the 'pros and cons' exercise, and ask others for advice. Of course gathering information may be needed but there does come a point when what we read or hear is only confirming what we already know. Carrying on with our search for the answer 'out there' can start to feel pointless. The question arises from the deep "where do I go from here?"

Well, oftentimes the answer isn't 'out there'; it is inside of us. It comes through stillness and openness to all possibilities. It arrives out of acceptance of our 'not knowing'. We wait. Becoming comfortable with being in a state of 'not knowing' is a great gift to ourselves. Full acceptance brings our energy back into our body allowing more wholeness and more power. This allows life to come to us in ways we may not have considered, or even known was possible. The decision to 'not decide' is indeed a powerful one in itself.

For more information see www.karenwason.com

Meet Our Roving Reporter - Finn Thompson



Tell us a bit about yourself

I am a fourteen year old boy attending Nelson College at Year Ten. I have two brothers, one older and one younger. Before Nelson College I went to Wakefield School.

What are your interests and hobbies?

I enjoy playing the piano, reading books and playing football. I am part of a small drama group, and will be performing in a play near the end of September.

What are your most favourite and least favourite school subjects?

At school I like maths, English, French and economics, but my outright favourite would have to be an interesting subject called Future Problem Solving. The way it works is that you get given a future scene (this term we are studying Megacities) and you think of problems with it, then you solve these problems. It is interesting and different, as well. The subject I don't like so much is PE and I will be happy when I can drop it next year!

What are your favourite books, movies and songs?

At the moment I have two good authors that I am reading lots of: John Grisham and Bill Bryson. My favourite movie would have to be "Inception", a very clever Science Fiction film. My iPod playlist is extremely diverse, ranging from classical to pop. I love almost any sort of music.

How long have you lived in Wakefield, and what do you like/dislike about it?

I have lived in Wakefield all my life. I like that Wakefield is small enough that lots of people know you, but not so small that nothing is going on. My only problem is at the moment I can't drive, and it's a long way into town!

What sparked your interest in writing?

I have had some fantastic teachers at Wakefield School and Nelson College. In my first year at Wakefield School, my teacher made a small "book" from a short piece of my writing about my mum. I like the idea of writing my own book, so I wrote a short story about each of my family members. I still have these books now, and occasionally I look back at them and see how I have progressed.



What do you do in your weekend?

I would normally have a game of football on Saturday morning (not at the moment as I broke my wrist), and then I clean my room and do some homework. The rest of the time is spent relaxing by reading, playing the piano, and just lying around doing nothing at all.

What would you like to do when you finish school?

At the moment I am thinking either a Degree in Law or Commerce, but I have other ideas, like a political reporter.

What is your favourite funny story about yourself?

My parents always talk about me being incredibly stubborn when I was younger. One time when I was about three, my aunt came to babysit me and I refused to go to bed! I hid in a cupboard, and eventually went to sleep there. Another time when I was five, my mum (who is a teacher) was relieving in my classroom, and I wouldn't do any work for her! My teacher wouldn't believe it because I was always so well behaved.

What annoys you most at the moment?

Up until about three weeks ago, I have spent the last three months preparing for my piano exam at grade six. The week before I was supposed to have it, I broke my wrist, making all of my practice useless, and meaning I will have to re-sit the exam in November.

What sort of things make you laugh?

I like witty humour, and jokes with unexpected endings. I am a particular fan of irony. My favourite ironic picture looks like this (see above)

If you have something that you think should be included in an upcoming Window on Wakefield, and you know Finn, feel free to contact him directly with your ideas.

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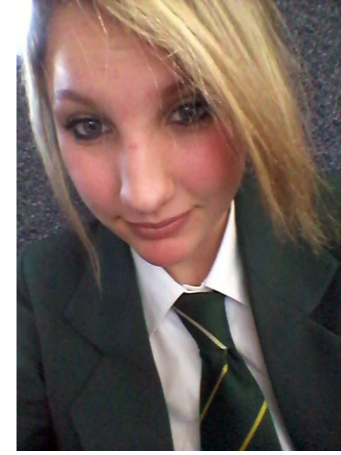
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Meet Our Roving Reporter - Hope Shatford-Banks



Tell us a bit about yourself?

Enthusiasm is an attribute I acquired at a young age. I'm the type of person who enjoys meeting new people and taking on exciting new challenges. I work hard at school but also have a lot of good times.

What are your interests and hobbies?

Singing and writing have always been passions of mine from an early age. As well as these favourite past times I enjoy reading, spending time with friends, watching movies, listening to music and sewing.

What are your most favourite and least favourite school subjects?

All my subjects have positive and negative parts to them. I would have to say psychology and materials textiles are the classes I look forward to the most. Resource is compulsory and I have to say it's my least favourite subject; however you learn many skills which will come in handy.

What are your favourite books, movies and songs?

"When I was Joe" by Keren David is a book I couldn't stop reading. Other books I like are Homecoming by Cathy Kelly and The Lost Wife by Alyson Richman, Auslander by Paul Doswell, off the top of my head.

Movies are amazing. The Boy in Striped Pyjamas, The Host, Mean Girls, Horrible Bosses, The Hunger Games, The Paranormal Activities, She's the Man, Pitch Perfect, Easy A, 10 Things I Hate About You, John Tucker Must Die, The Legally Blondes, Pirates of the Caribbean, My Sister's Keeper, Orphan and the Lion King.

Instead of songs I will name a few artists I really like because there's too many! Lana Del Ray, Adele, Taylor Swift, Swedish House Mafia, Lorde, Daft Punk, Rihanna, Ed Sheeran, Macklemore, The Cranberries, The Begees, The Carpenters, Deadmau5, Skrillex, Knife Party, Rusko, Sublime, Eminem, Shaggy, System of a Down, Disturbed, Snoop Dogg, Black Veil Brides and Dr Dre.

How long have you lived in Wakefield, and what do you like/dislike about it?

I have lived in Wakefield for around 8 years. I like the atmosphere in Wakefield; it's peaceful and friendly here. I dislike that it is quite far away from Richmond and Nelson which makes it harder for me to spend time with my friends.

What sparked your interest in writing?

I realised in Year 5 that writing is something I am reasonably good at but especially when it comes to poems. I started to enter writing competitions. I went to Wakefield school for two years and both years I won the "Stringer Award" for young writers. I entered a few more competitions, won a few more. I then stalled a bit. It's only recently I started writing again.

What do you do in your weekend?

I work part-time at Caltex in Wakefield as a junior forecourt assistant and the rest of my weekend is usually spent socialising.

What would you like to do when you finish school?

I would like to do a BA in criminology and a degree in law at Victoria University.

What annoys you most at the moment?

Well exams are really close and studying can get pretty hectic with each teacher expecting you to put in 100% just for their subject. Most of my friends and peers are feeling the stress to so it can get very annoying.

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What sort of things make you laugh?

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POLICE OFFICER DOWN!!

Searching for Long Distance Commander to Drive 30 Minutes to Save Him

by Rev.d Allan Wasley, Chairperson Wakefield Community Council

Well, that could be a headline if we do nothing!!

Please, any who can, please write to the Nelson Mail or the weekly papers, and express your dismay and disgust (or even your delight?) at the proposal. Points to note include:

1. No amount of speed can make up for physical distance, it takes 30 minutes to drive from Nelson or Motueka to Wakefield, perhaps 20 at breakneck speed endangering others
2. Richmond no longer has a 24 hour office, so that is no help at all after hours
3. Tapawera is even further disadvantaged than Wakefield
4. Murchison will have no close backup
5. Domestic violence incidents, robbery, theft - the scene will be gruesome by the time an officer arrives. Deaths may well be the result.
6. The one resident officer will be severely stressed without local resident backup
7. All the reasons given to sell this concept, appear to have more to do with distant policing than local knowledge and personal relationship.
8. Why take the one person and add them to a team of 10 already at Motueka? How fair is that?

Get mad, but don't ring me, ring Nelson Bays Area Commander Inspector Steven Grealley, he says he wants lots of community feedback. His replies have not convinced me that it is an advantage at all, quite the contrary. Phone 546 3840 for the Nelson central Police HQ number.

Or alternatively, if the headline "WAKEFIELD TO LOSE POLICE OFFICER" in the Nelson Mail on 26th August 2013 got your heart pumping, or blood boiling and you want to know more, or have your say, then come along to the:

Wakefield Community Council Meeting
Tues 10th Sept 7.30pm
St Johns Worship Centre Wakefield

This will be the first and main topic for the evening so bring along your questions, comments, facts and thoughts and have your say.



Kousen High School Farm Visit

by Colin Gibbs

Cameras clicked as a group of students from Kousen High School, from Shiga Prefecture, in Japan visited the Gibbs' family farm recently.

Each year, Kousen High School send a group of students, aged between 13 and 17, to schools in New Zealand for practical language experience.

Kousen High School has a sister school arrangement with Nayland College. In Japan, students are currently having their summer holidays and these visits are scheduled during their school holiday breaks.

The students are home-stayed, usually with local students who are learning Japanese. This provides a two way benefit for all parties.

A visit to a farm provides them the opportunity to see and touch animals that they may not be able to do in their home country. It also provides a language experience.

The students love the wide open spaces as well as seeing nature face to face. They have opportunity to touch lambs, hens, dogs as well as trying their hand at shearing. This time, they even witnessed a set of twin lambs being born.



Getting Your Business Online

by Gary Nickless

Hi again everyone and welcome back!

I hope everyone did their homework from last month and you went and got your Google ID all setup and underway so that you're ready to go? If not, no problem just head over to Google now and register for a gmail account as this is all you need to get going with this month's task.

Getting Started with Google Places for Business

Google Places for Business allows any local business to create a listing that displays store information like contact details (including a link to your website), hours, a map, photos, videos, coupons, reviews and more. The best thing about Google Places is that you don't need a website to get started with this type of listing, so it's a fantastic free (I always love free!) way to start to get some online presence for your business, while you think about a website.

Your store's listing and information is then shown in response to relevant queries, and is displayed across the search results pages of various Google products including Google Web Search, Maps, Mobile Search, Google Earth and Google+, potentially reaching hundreds or thousands of prospective customers if optimised correctly. And the good news is setting up your Places page is super easy!

Three Simple Steps Is All That Is Required

Step 1. Login to your Gmail account or Google ID you have setup

Step 2. Go to this web address <http://www.google.co.nz/business/placesforbusiness/> (or just search for Google Places) and select "Get Started". This is where you will be required to enter all your business information and there are some key areas to fill out fully here to optimise your listing for a higher search position. Key areas to focus on are;

- Business Name – Make sure you fill this out correctly as the name is key. You can try and work a few keywords in here too.
- Description – You have 200 characters to work with here so make sure you use them all and again use words that relate to your business or service.
- Category – You have to select one from the main menu, but after that you can add four others that can be custom named. Example: if you were a plumber, this would be first but then you could add gas fitter, blocked drains, drainage, hot water cylinders etc. Try and use keywords that relate to broad areas of what you do.
- Images – You can add 10 images to your listing page so make sure you do this and get them ready before you start filling out the listing. Pick nice images that show your business in its best light.
- Video's – five videos can be added as well (they need to be on Youtube first) do this if you can. Using your smart phone, why not get five video testimonials from customers to get going.

Filling out all this info will put you head and shoulders above your competition that doesn't have it and you only have to do it once. Google likes to display completely filled out listings, so by doing everything right might just mean you get to the top of the page, where someone finds you first before they find your competitor!

Step 3. Verify your account

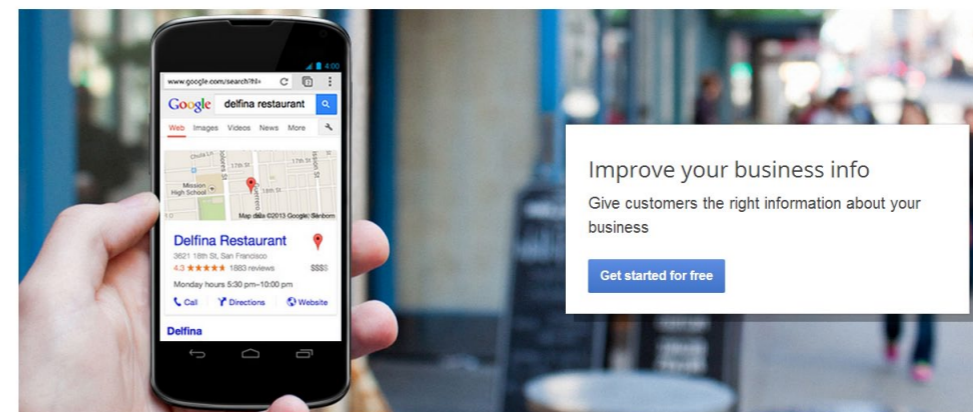
Google has to verify that you are who you say you are, so they do this by sending out a postcard with a five digit code on it to the address that you have filled out on your listing. All you do is simply enter this code in the box as indicated and your listing is verified and your information will now show up. It may take a little while for this to happen, but it will happen.

How Local Search Helps Your Business

If you run a local store or business that has a fixed location or is even totally mobile, then optimising for local search is something you need to pay attention to. Remember not everyone that travels through Wakefield and surrounding areas is a local and knows where everything is. With everyone now carrying a smart phone, you want to make sure your business shows up when they search for it.



Get your business on Google
with Places for Business



Google Places makes this easy and your listing could become a valuable source of both online traffic as well as foot traffic to your physical location (if you have one).

So there you have it, my crash course in Google Places. So your mission this month, if you choose to accept it!

Get all your business information, images and video's together in one spot and sit down and get this done! It should only take 20-30 mins.

Next month I will discuss website platforms and give you my tips on which ones I think are best for different types of businesses.

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The Way We Were

Wakefield's Libraries Part I

by Roger Batt
From the Nelson Examiner 23 July 1856 - Local Intelligence.

OPENING OF THE WAIMEA SOUTH LITERARY INSTITUTION.

On Thursday last, the first building erected in Waimea South for a Literary Institution was opened. A large number of persons were present at the interesting ceremony: J Saxton Esq, one of the representatives for the district in the Provincial Council, was in the chair.

After the national anthem of "Rule Britannia" had been sung, respectfully accompanied by some of the village musicians on the violin and violincello, the chairman addressed the company, and in stating the objects of the Institution, pointed out the rapid change which a few years had wrought in the district, and commending the exertions of the inhabitants of Waimea South, in founding a Literary Institution in their village.

Mr J Squire, a resident in Waimea South, then delivered a lecture on the "Progress of Literature." The lecturer went back to the earliest writers of which we have any record, and then gave a rapid sketch of the history of literature and the arts amongst the principal of the ancient nations, and in the early days of our own country. The subject was exceedingly well handled, and an intimation that the history of modern literature was reserved for a future lecture, was received with much satisfaction by the company.

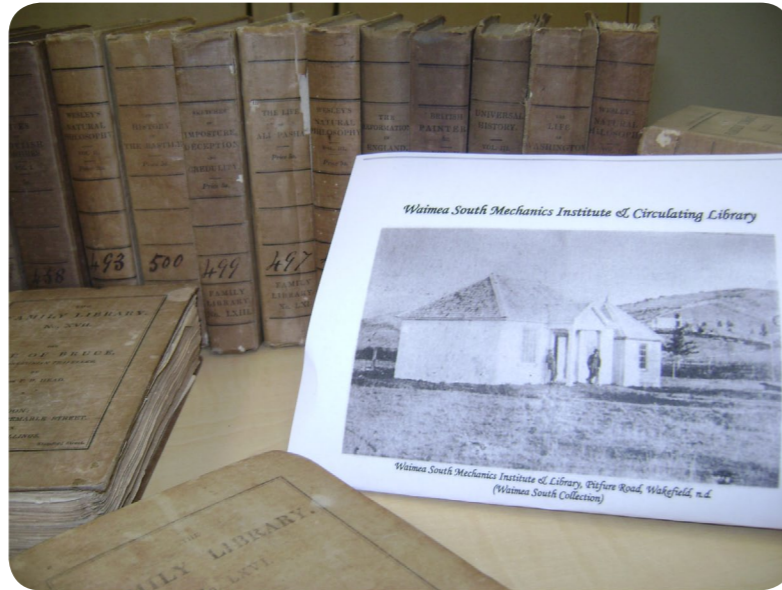
After the meeting had been addressed by Mr Muller, and Mr C Elliott, both of whom expressed their sincere satisfaction at the efforts which had been made in Waimea South to promote the intellectual culture of the people, the Chairman laid before the meeting the financial statement of the Institution; by which it appeared that the building had cost £154. 2s. 1d. and, that towards this there had been contributed 133 pounds 6s. 6d.; leaving a deficit of £20 15s. 7d.

The Chairman paid a well-merited tribute to Mr Baigent, to whose exertions the success of the Institution is mainly attributable, and to whose liberality they were indebted for a gift of two acres of land on which this building had been erected. The library, the meeting was informed, contained at present three hundred and four volumes. Tea was then served to about a hundred and fifty persons, all of whom appeared to have entered fully into the spirit of the proceedings of the day.

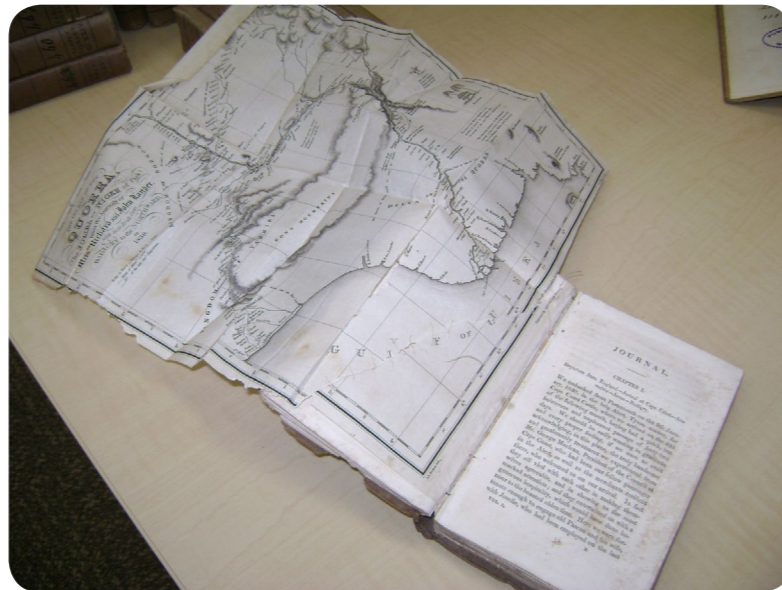
The building stands facing the high road, a little below the church, and is a neat and comfortable room of good dimensions, built of cob. In addition to its value as a Literary Institution, such a building may be made to serve the object of meetings for local and parochial purposes, and supply a want which all country districts feel in having no suitable place where the inhabitants can meet to transact public affairs. We hope to see the example so laudably set by the people of Waimea South, followed by all the other districts of the province.

This was Wakefield's first library or the Waimea South Mechanics Institute and Circulating Library as it came to be known. Built a little south of the Catholic Church in Pitfure Road, it was a result of the great importance placed on education by the first settlers, many of whom could not read or write, but saw an opportunity to better themselves in a new country. The nucleus of the institute was formed on board the Whitby on May 17th 1841 after Capt. Arthur Wakefield had set up classes on board. Later, once settled, a meeting was held in the Wakefield church on Oct. 15th 1853 to establish the institute with the declared object of providing "rational amusement combined with intellectual instruction by the instrumentality of a library and classes for mutual teaching in literature and science."

The original collection of 304 volumes contained 52 volumes of "The Family Library" now housed in the Tasman District Library. Published by John Murray, London, in 1832, it is a collection of books on a diverse range of subjects from "The Life and Times of General Washington" to "The Niger" and a work enigmatically entitled "Natural Magic". By 1860 the original collection had grown to 600 volumes. A tea party with musical entertainment was held each year to celebrate the foundation, as recorded in The Colonist on 10 January 1860 under the heading Wakefield Literary Institution, "The tea party went off as usual upon these occasions; the viands (ham sandwiches, cake, and bread and butter) were in abundance and everybody partook to their fancy."



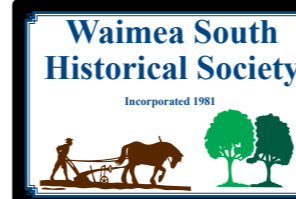
*The Family Library
pub. 1832 with the building in which they were first housed.*



*The Niger, showing fold-out map.
(The vol. on George Washington contains a fold-out facsimile page of the Declaration of Independence)*

The Wakefield Institute, as it came to be known, was well used and classes for all persons over 12 years were well attended. In the absence of a public hall, it was ideal for meetings, music classes, readings, as well as a library. Opening hours were 7-9pm Tuesdays. Music classes were held weekly.

It is interesting to reflect that just as today, libraries are much more than mere book repositories, so the first library in Wakefield was also founded upon this principle and seen by the local townsfolk as a centre for learning and culture.



Explore the
past with us
www.waisouth.wordpress.com

Acknowledgements:
Papers Past: Nelson Examiner and The Colonist
Stringer, Marion: Just Another Row of Spuds, 1999

Country Players Update



Our recent show: 'Two Short Plays: featuring DayTrippers and Happy Birthday Mum' were performed at the Wakefield Hall to a comfortable crowd. They braved the cold evening to share their picnics with friends and to be both alarmed and amused at what these two plays had to offer. The comments received were very positive, with many first time people claiming they will be back.

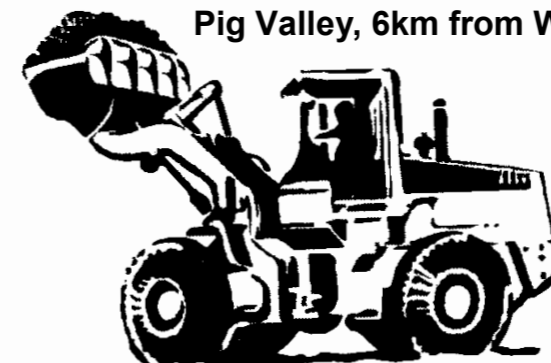
If you have never been to a Country Players show then you will have the chance to in November when we put on our Christmas show with a catered meal. Once we have decided which play, we will let you know. If you are not on our database and you would like to receive notification of our up coming plays then contact Dixie on 5418862 and leave a message on her answerphone.

For a younger audience, though not too young, we have the Junior Country Players show The Seussification of Romeo and Juliet. To our knowledge this play has never been performed in Nelson. William Shakespeare and Dr Seuss meet in this 50 minute play full of colour and laughs. Our local teenagers have been tripping over the lines as they master both Shakespeare's ideas and Dr Seuss' fun with words "Oh little love monkey, thou sweet chimpanzeezel" and try this for size "Bronco Buck Billy, and Buck Billy Buff." This show will throw colour on to the stage in both costume and set. We don't take ourselves seriously and neither should you. Come along and support the kids on the 21st September, 7pm, Wakefield Village Hall.



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Health & Wellbeing

LOVE YOUR BONES

I recently attended an educational session on osteoporosis which highlighted to me how important it is to look after our bones. Action needs to be taken irrespective of age to help prevent osteoporosis. This month's article will hopefully clarify what osteoporosis is and what you can do to prevent it.

Osteoporosis is a disease affecting bone. Osteoporotic bones are thin and have a reduced bone density when compared to that of healthy bone (refer picture 1). As a result bones become fragile, and are more likely to break or fracture. The most common fracture sites occur at the hips, spine and wrist. Osteoporosis affects one in three women over the age of 50 and one in five men. But the most vital piece of information is that osteoporosis is **PREVENTABLE**.

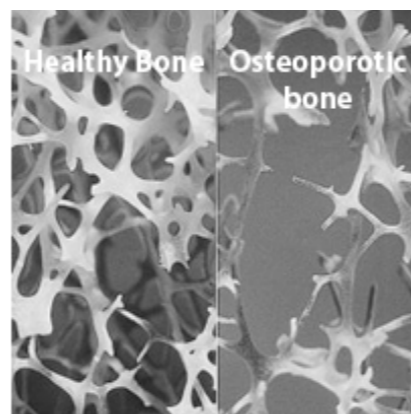
Prevention of osteoporosis can begin at a young age. The peak bone producing years occur between the ages of 8-16 years and bones fully reach their peak density at 20-25 years. It is vital that as much bone mass as possible is built up during these years to prevent osteoporosis. For children, it is estimated that a 10 percent increase in bone mass reduces the risk of fractures in adult life by 50 percent (International Osteoporosis Foundation, 2013). Bone density doesn't alter much until the age of forty and then bone density naturally declines. For women, bone density decreases more rapidly in the first couple of years following menopause. This is due to the reduction in the hormone oestrogen which aids calcium absorption.

So how do we build up bone density and therefore prevent osteoporosis? You need to:

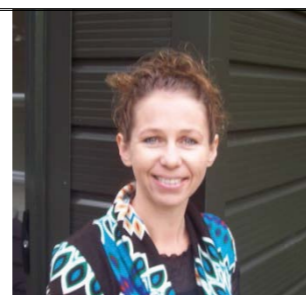
- **Participate in weight bearing exercise.** Your bone is a living tissue and responds to stress, so you need to do weight bearing exercise to make them strong and dense. Weight bearing exercise is exercise that 'shocks' your bones eg running, walking, ball sports, dancing etc. Biking and swimming are great for your fitness but they do not influence bone density. The recommendation for young people is 40 minutes of normal vigorous activity each day, and for adults 30-40 minutes a day, three to four times a week.
- **Eat foods rich in calcium.** Eat a healthy and varied diet with plenty of calcium containing products such as dairy (milk, yoghurt and cheese) and nuts. If you want to check if you are getting enough calcium in your diet visit <http://www.iofbonehealth.org/calcium-calculator> or seek the advice of a dietician.
- **Get plenty of Vitamin D.** Our body produces vitamin D through exposure to the sun. Exposure to the sun for 20minutes a day is the general recommendation, but remember to be SunSmart.

Take the time to complete the 'One-Minute Osteoporosis Risk Test' to assess the status of your bone health as well as the 'Fracture Risk Assessment Tool (FRAX)' to evaluate your fracture risk. These can be found at www.iofbonehealth.org Osteoporosis NZ's website (www.bones.org.nz) is also worth visiting as it contains additional information and resources.

Kate West - Physiotherapist
Wakefield Physio



Healthy Bone versus Osteoporotic Bone
From International Osteoporosis Foundation (IOF)
Web: www.iofbonehealth.org



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Wakefield Health Centre

ADDRESS UPDATING

Recently there has been a change to the software at Wakefield Health Centre for coding patient addresses. This has been a mandatory requirement from the Ministry of Health and subsequently addresses are having to be checked and recoded according to the new regulations. Many of you will have had a phone call from Reception staff asking for Rapid Number, correct Street or Road and your Area Code. This is a very time consuming task for staff and we ask if your address has changed or Rapid number changed or you now have one, to please ring the Health Centre and let Reception know - phone 541 8911.

Rapid Number is also important for emergency situations ie ambulance, police, fire, civil defence emergencies. These new addresses indicate to the Ministry the number of people living in different quintiles, and from these numbers funding is allocated to the appropriate Primary Health Organisations and General Practices. We want to be able to offer the best service we can to as many patients as possible so we are requesting people, especially those in Tapawera, Dovedale, St Arnaud, and those on Main Highways, to ensure we have your correct address.

SPRING IS HERE

The lambs are jumping about, pollen is flying in the air and people are sneezing. **SPRING MUST BE HERE.**

Have you had a check up and stocked up on your inhalers and antihistamines. Always a good time to see your GP and have a check up before the summer so you can enjoy the longer days and fun summer activities. Remember 30 minutes of brisk walking each day is good exercise so why not start in Spring and breathe in the brisk fresh air – everyone feels much better after a nice walk looking at the changes Spring brings with it.

Phone for an appointment today and get ready for a healthy summer.

STOPPING SMOKING

Recently had a Quit Smoking success story - husband and wife gave up smoking three years ago and have put that money into a separate bank account – soon they and their two children are heading to Australia with the money they have saved – this includes flights, accommodation, theme parks, rental car, fuel. **DO YOU THINK YOU CAN DO BETTER THAN THIS?** If you want help to give up smoking contact Health Centre for advice and or appointment.



Kate West BPhy
Mary Caldwell Cred MDT

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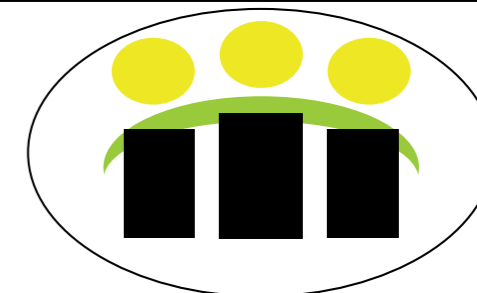
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New Enrolments Welcome

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Civil Defence Report

Take the Time to Get Prepared

Extract from TDC Newsline 305 – 16 August 2013

Recent seismic activity has once again brought into focus the fact that Tasman, and New Zealand as a whole, is an area that is prone to earthquakes and their effects. This doesn't stop us from getting on with our lives and loving where we live, but it is something that we can, and should, ensure we are prepared to deal with.

Get Ready Get Through is a campaign that offers advice and practical tips on how you and your family can be better prepared for extreme natural events.

Before an Earthquake

Getting ready before an earthquake will help reduce damage to your home and business and help you survive:

- Develop a Household Emergency Plan. Assemble and maintain your emergency survival items for your home and workplace, as well as a portable getaway kit.
- Practice Drop, Cover and Hold.
- Identify safe places within your home, school or workplace.
- Check your household insurance policy for cover and amount.
- Seek qualified advice to make sure your house is secured to its foundations and ensure any renovations comply with the New Zealand Building Code.
- Secure heavy items of furniture to the floor or wall.

Visit www.eqc.govt.nz to find out how to quake-safe your home.

During an Earthquake

- If you are inside a building, move no more than a few steps, drop, cover and hold. Stay indoors until the shaking stops and you are sure it is safe to exit. In most buildings in New Zealand you are safer if you stay where you are until the shaking stops.
- If you are in an elevator, Drop, Cover and Hold. When the shaking stops, try to get out at the nearest floor if you can safely do so.
- If you are outdoors when the shaking starts, move no more than a few steps away from buildings, trees, streetlights, and power lines, then Drop, Cover and Hold.
- If you are at the beach or near the coast, Drop, Cover and Hold then move to higher ground immediately in case a tsunami follows the quake.
- If you are driving, pull over to a clear location, stop and stay there with your seatbelt fastened until the shaking stops. Once the shaking stops, proceed with caution and avoid bridges or ramps that might have been damaged.
- If you are in a mountainous area or near unstable slopes or cliffs, be alert for falling debris or landslides.

After an Earthquake

- Listen to your local radio station as emergency management officials will be broadcasting the most appropriate advice for your community and situation.
- Expect to feel aftershocks.
- Check yourself for injuries and get first aid if necessary. Help others if you can.
- Be aware that electricity supply could be cut, and fire alarms and sprinkler systems can go off in buildings during an earthquake even if there is no fire. Check for, and extinguish, small fires.
- If you are in a damaged building, try to get outside and find a safe, open place. Use the stairs, not the elevators.
- Watch out for fallen power lines or broken gas lines, and stay out of damaged areas.
- Only use the phone for short essential calls to keep the lines clear for emergency calls.
- If you smell gas or hear a blowing or hissing noise, open a window, get everyone out quickly and turn off the gas if you can
- If you see sparks, broken wires or evidence of electrical system damage, turn off the electricity at the main fuse box if it is safe to do so.



- Keep your animals under your direct control as they can become disorientated. Take measures to protect your animals from hazards, and to protect other people from your animals.
- If your property is damaged, take notes and photographs for insurance purposes. If you rent your property, contact your landlord and your contents insurance company as soon as possible.

For more information go to www.getthru.govt.nz



Wakefield Volunteer Fire Brigade Report

Last year saw the inaugural Fire fighters Ride For Cancer. Fire fighters and friends from around New Zealand left Invercargill and rode to Auckland. Many riders joined throughout the journey for various parts of the ride. This year the ride is in reverse, leaving Auckland on November 20th, arriving in Nelson on November 24th for an arrival in Invercargill on November 28th.

The ride was an inspiration from Station Officer Rob Appleton based in Remuera. Rob has family here in Nelson including cousins in Wakefield, some who have got on board to assist with fundraising efforts. Last years ride raised \$40,000 for the Cancer Society of New Zealand. The funds have been put to good use by the Otago Universities Behavioral Research Facility who carry out research for the Cancer Society.

Rob created the ride after attending the third funeral in short succession for a colleague taken by cancer. He decided there had to be some way in which he could help contribute to the fight against cancer and the effects it has on our communities. It was originally going to be a wee bike relay in Auckland, going from station to station 'shaking a bucket'. Word got out and he started getting enquiries from all over the country, so it went National, and the ride was born.

He got in touch with the Cancer Society of New Zealand, asking if they'd like to be the benefactor of our efforts, they said yes, and here we are. They provide fantastic support to our event, with their many contacts, and a passion equaled by Robs in the fight against this devastating disease.

Then Rob approached the New Zealand Fire Service to get their backing and support. They were very helpful, and allowed us the use of their brand, as well as access to their many contacts in terms of internal promotion of the event. They have been a great support to him and to the event.

He wanted to use the Fire Service as a 'vessel' to get the message out there, and what better way than to have the country's most trusted profession behind such a fantastic cause. The response from brigades and individuals nationally has been great, allowing us to stop at their stations, feeding us, making us feel welcome. Some brigades even held fundraisers for the event last year. We're hoping it will only get bigger this year, and that we surpass the \$40K raised last year.

Rob chose the Cancer Society of New Zealand, rather than a specific regional benefactor as he wanted our efforts to benefit the whole country, and not just a certain area.

If you are interested in being part of the ride, as a rider or just to donate to this cause please visit rideforcancer.org.nz, follow the links to donate, or you can search for individuals who are participating to donate to their own fundraising page or just to the group in general. The Wakefield brigade has three members who will be participating in the ride.

Call Report

Call	Date	Time	Description
95	5-Aug	10:33	Call to smoke in vicinity, this was a permitted burn in Brightwater, no action by brigade
96	6-Aug	16:59	Chimney Fire, St Arnard
97	14-Aug	11:30	MVC Motupiko, car vs motorcycle, crews from Wakefield and Tapawera attended, assisting Police and Ambulance crews
98	17-Aug	21:34	Fire on road, Spring Grove. Nothing found by brigade
99	21-Aug	11:39	House Fire, St Arnard, Crews from Wakefield, Tapawera and St Arnard attended. A great effort by the rural crew from St Arnard managed to save the structure from complete destruction.
100	21-Aug	13:57	Tree over road, Golden Downs.

Until next month, take care, keep warm and be safe
Simon Ladley
CFO WV FB

The 'Firefighters Ride for Cancer 2013' is a national fundraising event in memory of close friends and colleagues the New Zealand Fire Service has tragically lost to cancer in recent years. From Auckland to Invercargill, firefighters and supporters will ride in convoy to raise research funds for the Cancer Society of New Zealand. So if you ride a motorcycle, scooter or moped you're welcome to join in for some or all of the ride. For more info go to rideforcancer.org.nz.
Get in behind this great cause today!!

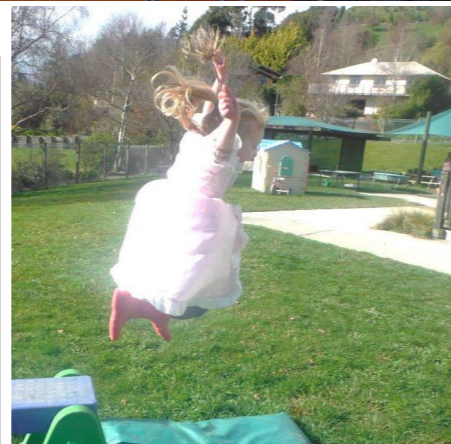
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Wakefield Playcentre

What's been happening in August? Always enjoyable music session with Paul, feeding our lamb friends (thanks Wendy), planting new seeds in our garden and preparing for our trip to the Nelson Gymnasium.



Focus Wakefield is going back to the future... ...but first we're going back to 1843.

We're thrilled to announce our first beautification project is underway.

The area around the historic plaque in the St Johns Church car park commemorating the site of the original Wakefield School is going to have the Kernow Landscaping treatment.

So save the date – Saturday September 28th.

We still need some materials and resources, and we also need volunteers to help Jason and the team on the day.

If we have more helpers it will take less time, and we'll all be toasting the fruits of our labours at the village movie night before you can say 1.21 gigawatts!

We need skills and materials - Can you help?

Do you have these skills? We need a hammer hand, a chainsaw operator, general labourers, a person in charge of site safety, and anyone keen to provide refreshments.

We need the following operations helpers: Hole digging (particularly if you have a tractor mounted auger), general digging and raking (garden preparation), planting (trees x 6, bulbs and bedding), bark spreading, general lifting (large positioning of poles and rocks).

Can you share any of these tools? Hammers, Spades, Forks, Rakes, Iron bar, Pick, Brushes, Level, Chainsaw, Wheelbarrows, Sack trolley, Sledge hammer, Post soil rammer, Angle grinder/metal cutter.

Do you have any of these materials available? Galvanized nails 150mm, Galvanized nails 65mm flat heads (to fix strapping), seasonal bedding plants (to be planted around the plaque), Summer bulbs (Spring bulbs will have to be added later), old bike tubes (to secure trees), stakes for trees x 6

We are still looking for offers of: Waratas (steel posts used for wire fencing) could be old second hand ones (serviceable) no shorter than 1m in length - we need 16 in total.

Galvanized strapping (to secure horizontal poles onto posts) could be off cuts of brace strapping used in buildings or something similar, minimum length 900mm.

Top soil 2m³

Please contact JASON on 021 167 3803 before Saturday September 21st if you can help with materials or manpower. Thank you!

Focus Wakefield

BEAUTIFICATION OF THE WAKEFIELD VILLAGE GREEN

At the Focus Wakefield public meeting held in August last year, the Village Green was recognised as a real asset to the Village but it was felt that improvements were needed so that the space could be better utilised as a "green space."

In addition, with the Great Taste Cycleway to Wakefield a reality, a need was identified to better accommodate the increasing number of cyclists who are already visiting the Village. It was noted that the Village Green has insufficient seating, no bikeracks or water fountains.

The Beautification Project is one of the four key projects identified by the Focus Wakefield group for initial focus, and improving the Village Green is just one part of this project. (Another part of the Beautification Project is beautification of the old Wakefield School plaque and St Johns Church boundary which now has a working bee date set- see article of final plans in this edition of WOW).

The Project team, with a lot of invaluable input and design work from Jason Preller of Kernow Landscape Design, has prepared a plan [see pages 20 and 21] to improve the Village Green by:

- providing more seating (tables and chairs)
- adding some carefully considered planting, including a raised circular brick garden, with the purpose of :
 - * creating three dimensional visual interest
 - * general beautification
 - * creating a buffer from the main road
 - * creating a more obvious visual link, specifically with the War Memorial and more broadly with rest of the village centre
 - * softening the appearance of the public toilet
- where possible, adding bike racks, water fountains and rubbish bins to make the Green generally a more user friendly space
- adding up-lighting in some of the larger trees
- extending the paved area into the end of the carpark to reclaim some of the unused car park for recreational purposes and to delineate the pedestrian area
- adding an area of paving and a water feature to celebrate the existing sculpture and to better set it off so that it is complemented by its surroundings
- eventually, updating and improving the signage, maps and heritage walk currently posted on the info Kiosk [this will be a further stage for a later date]

Have a look at the plan and 3D representation beautifully created for us by Rose Shephard on page 22.

In creating the design, the Project Team has been very mindful of the following important considerations (some of which have been raised by the community and some which have been highlighted in our numerous meetings with TDC and other parties):

- retention of as much usable ground area as possible - so that the Green can still be used for markets and other village events as has been the case in the past
- transport/vehicle visibility and safety
- pedestrian safety
- water safety requirements, particularly with small children in mind
- the capital costs of the proposed work (including labour)
- the ongoing costs of maintaining the improvements
- potential vandalism issues
- safety and security of the public within the space both during the day and at night – crime prevention
- careful choice of plants to be aesthetically pleasing yet be easily maintained and comply with TDCs existing maintenance programme

During the period from September last year to date we have shown the plan to many different parties. Specifically we have :

- consulted with SICON who had the TDC contract for maintenance of Village Green
- had several meetings with TDC Parks and Reserves Manager and other staff
- met on site with TDC Transportation Network Engineer who also gained the approval for the Plan from Opus for us
- met with TDC Electrician regarding siting of existing power supply
- met with Rose Shepherd, Artist and one of three who originally completed the Sculpture – to discuss her vision for the sculpture and to gain her approval of plan.

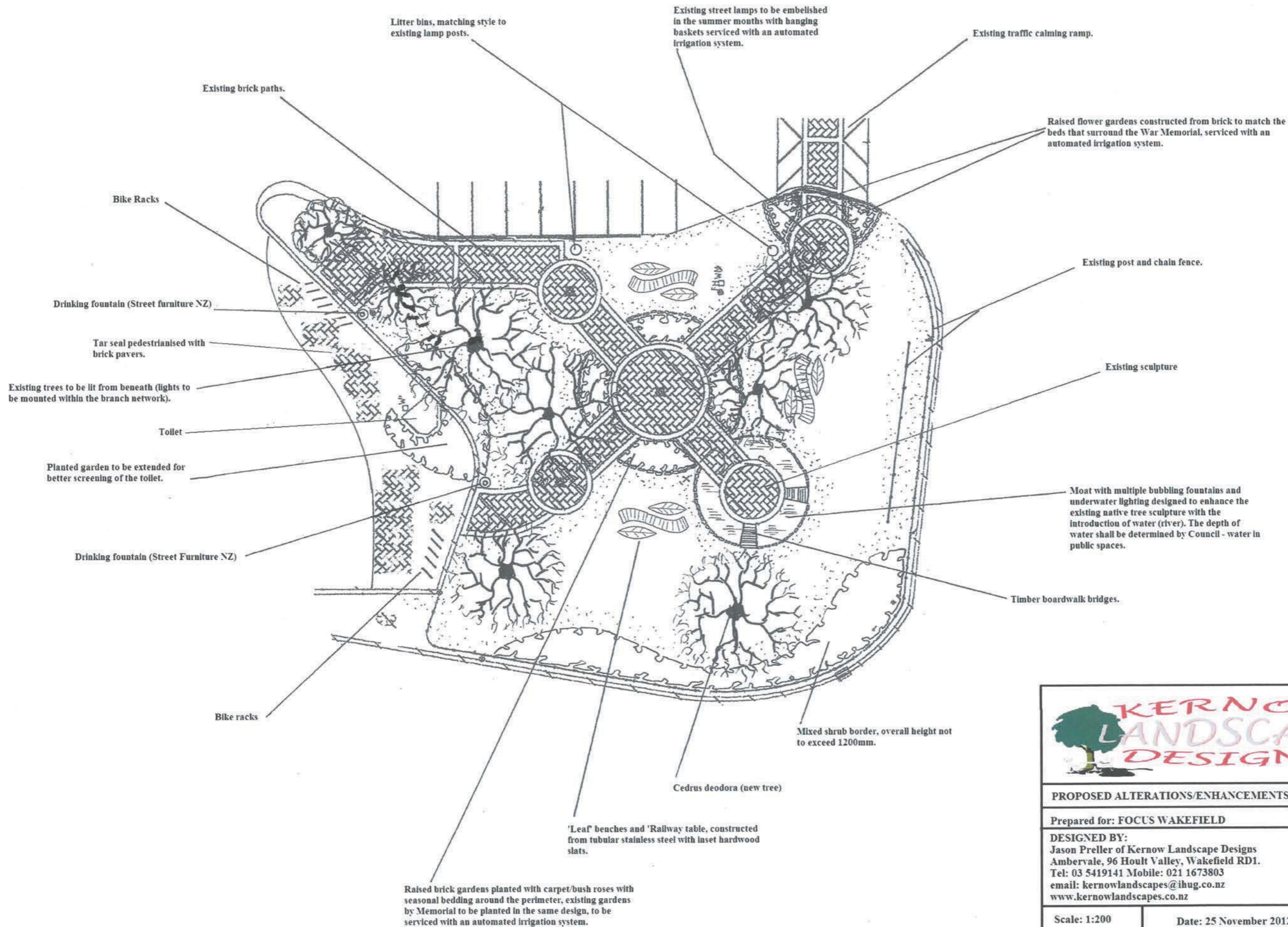
We have also recently presented the Design Plan to the Wakefield Community Council who have given conditional approval of the current design and have approved the Plan to be published in WOW in order to consult with the wider Wakefield Community.

We would therefore like your feedback on the Design Plan. Please give us your accolades, comments, suggestions or concerns either by email to focuswakefield@gmail.com, phoning Diane on 541 9725 or private messaging us on our facebook page <https://www.facebook.com/FocusWakefield>.

Once we have feedback from the Community and we hope your support, the next step will be to go back to TDC and present the plan to the TDC Community Services Committee. TDC will then carry out their own Public Consultation process and all going well, we will be able to get stuck in and go for it.

We will be looking to fund the project by donations of materials/labour, supported by funds raised by Focus Wakefield (WOW) should it be needed.

Some of you have already indicated that you are prepared to help in some way. If you would like to get involved, become a member of the Project Team, lend your services, assist with funding the project, provide materials or simply give some of your time, please get in contact with the Beautification Project Team by email to focuswakefield@gmail.com, phoning Diane on 541 9725 or private messaging us on our facebook page.



KERNOW LANDSCAPE DESIGNS

PROPOSED ALTERATIONS/ENHANCEMENTS TO WAKEFIELD GREEN

Prepared for: **FOCUS WAKEFIELD**

DESIGNED BY:
 Jason Preller of Kernow Landscape Designs
 Ambervale, 96 Hoult Valley, Wakefield RD1.
 Tel: 03 5419141 Mobile: 021 1673803
 email: kernowlandscapes@ihug.co.nz
 www.kernowlandscapes.co.nz

Scale: 1:200	Date: 25 November 2012	Drawing No. WG0112
intellectual copyright reserved		Revision No.



Proposed Village Green Plan
(Artists Impression by Rose Shephard)

Edward Street Footpath and Cycle Trail

Last month we reported that we're working with Nelson Tasman Cycle Trail Trust (NTCTT) to complete the final leg of the route to the Village from Higgins Road along Edward St.

To be safe on the church corner, pedestrians and cyclists are currently using a temporary route through St John's churchyard. NTCTT have generously donated improvements to the eastern driveway's surface.

In May we made a submission to Tasman District Council (TDC)'s draft annual plan about pedestrian access from Gossey Park to Treeton Place.

We are pleased to report that the TDC has made this project a priority for this financial year. TDC are contributing expertise and funding to a joint project with the NTCTT to provide a permanent shared footpath and cycleway along Edward St.

Two permanent routes along Edward St are being considered; along the north side and along the south side of Edward St. The TDC are assessing the feasibility of both. The final route will be decided based on the feasibility, cost and the benefits of each route to the community and local area. In the next month TDC will survey Edward St so they have the information to complete cost estimates for both options.

The new section from Gossey Park along Edward Street to Treeton Place is likely to be a shared footpath and cycleway collaboration, to benefit both community and cycle trail users.

We know that there are pros and cons associated with each route. St John's Vestry Committee are already involved in discussions about the permanent route and are considering the implications of both options.

Focus Wakefield will be providing the TDC and NTCTT with an outline of the benefits to our community of each route. We are keen to get your input to this outline.

If you are interested in where the footpath/cycle trail is located along this section of Edward St please contact Diane Blackburn, of Focus Wakefield on focuswakefield@gmail.com or 541 9725.

WELLS RURAL POST

Contact Matt & Angie Wells for all your RD2 Wakefield postal needs, Including

- Prepaid Envelopes
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- Courier Items
- Local freight from Wakefield, Dovedale and Tapawera.

Prescriptions form
Wakefield. Phone 541 8177

AllFit Fit Tips

To Equip or Not To Equip.....That is the Question

One of the biggest reasons for not exercising that I hear is "it costs too much". This can be true if you look at gym memberships, 'AB KING PRO' adverts and other fitness stores, BUT have you ever considered that you already have the best bit of fitness equipment EVER INVENTED?

What is this wonderful thing I hear you cry..... well, it's your body.

That's right, the best tool you can use is your own body weight. There are literally thousands of exercises and activities you can do that provide fantastic strength training benefits. You can also easily grade the activities so that you can start off easy and progress to challenging. By doing this you are constantly challenging your body and that is how you get change.

The other big bonus of using your body as resistance when training, is that although an exercise may focus on one particular part of your body, all the other areas of your body must work too, for example press ups which focus on your arms, chest and back will also work your core (stomach, and lower back muscles), butt and leg muscles.

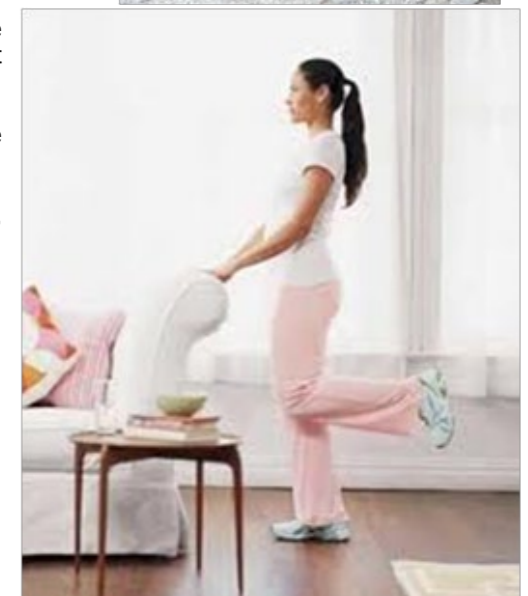
Another great benefit of using your body like this is it is far more time efficient. Just think, no driving to the gym, or unpacking equipment (or taking all the hanging clothes off the treadmill that you haven't used in three months!). You simply just get started. There is of course no limit to where you exercise either. It can be in your living room, garden or the park.

You can also utilise what is around you to help, a park bench is a marvellous piece of work out equipment. You can do step ups, dips, push ups, crunches - the list is endless.

You can see there are many options open to you. It is always a good idea to have a Trainer show you how to do the exercises. This ensures that you have the correct technique and will not aggravate or cause any injuries.

A Trainer will also be able to show you how to progress the exercises and individualise them to you.

So now that the days are getting longer and the sun is putting in more of an appearance, why not take advantage of our wonderful outdoors and get moving.



Lucy Pearson NZRPT
BSc (Hons) Sports Science *A helping hand, improving you*

167 Whitby Rd, Wakefield Ph 541 8585 / 027 464 0154
Email warrenandlucy@xtra.co.nz Facebook / allfitnelson

COMING SOON



Run time: 113.5mins Rated: G

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Focus Wakefield

Saturday 28th September

Wakefield School Hall
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Movie starts 7pm

\$5 per person, under 5's free

Door sales or pre-purchase your tickets from
Wakefield Villa Tearooms or Chateau Rhubarbe
from 15th September onwards

Food and drink available for purchase on the night
Pizza, popcorn, beer, wine, soft drinks

Please feel free to bring a cushion to pad your seat or for the kids to sit on the floor

Rural Ramblers

On Monday 12th August, nine went out in drizzly weather to go on the private farm Oaklands, owned by the Raine family. This adjoins Saxtons Field. They have recently been in the news for installing milk vending machines.

The day fined up and the group went mainly on farm tracks and gravel roads passed friesian dairy cows grazing, passed the calf pens with some lovely calves, and up to the top of the hill where there was a really good view of the district.

The property is approx 400 hectares. The milk vending machines are just amazing. You either buy a Raine own bottle to use over and over, or take your own. No bottles are left around and there are no plastic bottles in the landfill. Its like using an ATM machine and milk tokens are available too.

Each day between 1pm to 5pm, a staff member is on hand to show you the ropes. Every vat of milk is certified before it is put in the machine.

After that lovely scene of farmland, green pastures and then Saxtons Field sports grounds, we went to Isele Park for lunch, and settled down on the veranda of Isele House. Then away again for an afternoon walk on the railway reserve nearby. Some had not been to Isele Park or the railway reserve before. The railway reserve was in beautiful order. It would be a pity if some were lost to roading.

The walks were about eight kilometres. We would like to thank the Raine family for allowing us on the property.

Louise Baker ph 5224909
Caroline Mason ph 5419200
Ann ph 541 9268



Town and Country Talk

FREE DENTAL CHECKS FOR YOUR PET!

If your pet has been snuggling up to you this winter, you may have noticed some bad breath. Sometimes in bad cases they don't even have to get very close – being in the same room can be unpleasant!!

Bad breath is caused by bacteria lodged in **plaque** on the tooth surface. Plaque forms on the surface of teeth when food, saliva and bacteria combine. As this combination builds up it hardens onto the tooth surface in a more permanent solid layer called tartar. **Tartar** itself further irritates the gums and even more bacteria and toxins accumulate on the roughened surface. Eventually tooth decay and bone resorption occur and removal of affected teeth becomes unavoidable.

However all of this is preventable!

Options available to combat dental disease depend on the stage of deterioration and this can be assessed in a **free consultation with one of our qualified nurses.**

The gold standard for pet dental care is the same as humans: toothbrushing! Most people put this in the 'too hard basket' when it comes to their pets but actually it's not as bad as it sounds and can be a simple part of your pet care routine. Brushing your pet's teeth is not as involved as brushing your own and should only take 10-15 seconds daily. Ask us for more info!

Hands-off options to reduce the accumulation of food around the teeth include dental chews, mouth washes, large raw bones for dogs and raw chicken necks for cats. Hills T/D is a dried food for cats and dogs which has lower mineral levels to prevent plaque forming and is a larger biscuit which 'sweeps' over and cleans the tooth surface rather than shattering when chewed.

Once tartar has accumulated, a dental scale and polish is required. A general anaesthetic is required for this procedure. Once tartar is dislodged we often find irreversible gum disease underneath and the only treatment is tooth extraction. Some pets, especially pedigree cats and small dogs, may need several dental procedures in their lifetime.

The bacteria in the mouth which cause bad breath can also enter the bloodstream through the diseased gums and potentially cause heart and kidney problems.

So it is well worth taking the time to look after your pet's teeth – make an appointment today!

DEXTROSE 20% - a lifesaver for lambs!

Dextrose 20% solution is proven to help in the treatment and control of hypothermia and hypoglycaemia (starvation) in lambs.

All lambs and calves are born with a certain amount of energy reserves like fat around the kidney and heart. If it is really cold and they are hungry then they use up these reserves, and if they have not had a feed they crash. If not given some energy and warmed up, they die.

Dextrose injection into their abdominal cavity is supplying energy that is more rapidly available than anything done orally. After the lambs are injected they should be warmed. Warming lambs before giving dextrose can make things worse. Dextrose 20% can also be used on weak lambs before they reach the point of collapse.

The technique is simple but needs to be done with care to avoid damage to internal organs. Using warmed solution and a sterile syringe and needle, inject 10ml/kg between the end of the rib cage and navel at a slight angle towards the chest. If you're not sure, talk to us so you have the technique right before you need it!



Remember your
toothbrush is green,
mine is blue.



Bob would learn the hard way that dogs are color-blind.



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A Matter of Accounts

THE FIRST TWO YEARS – PROVISIONAL AND RESIDUAL TAX



Last month I mentioned that it can be a good idea to align GST returns with the cashflow of the business. I want to talk more about the cashflow requirements in the first two years in this article.

A business receives taxable income for the goods and/or services it sells and can claim business related expenses against this income which leaves the net profit. The business pays income tax on its net profit. Therefore, the first year in business is not tax free. If your business makes a profit in its first year [or part year to balance date], then there will be income tax to pay.

Tax payable on income

The rate of income tax that a business uses to calculate the tax it needs to pay to Inland Revenue depends on:

- the type of entity you operate as (partnership, company, sole trader, etc), and
- the income year.



Any profit that a company makes, is currently taxed at a flat 28% income tax rate. For partnerships, the income is split between the partners as per their agreement, and is added to income from all other sources for each individual. They then pay tax at the individual income tax rates on their total income for the year including their share of this partnership income, less any tax that they have already paid ie PAYE or resident withholding tax. The same concept applies for sole traders.

Provisional tax in your first year

Like all other business expenses, you have to budget ahead for your taxes. It is important therefore to know when your provisional tax payments are due, and how much they will be, and to put money aside for your provisional tax.

Although provisional tax payments are not required in the first year of business, you can choose to make voluntary payments during the first year. Some people choose to do this if they know that they are going to make a profit, especially if they are able to reasonably forecast what it might be. Voluntary payments can be made at any time and will help to reduce the amount of income tax you have left to pay at the end of the tax year.

Others prefer to set up a separate tax bank account to assist with saving these funds. This will help ease the cash flow in your second year of business, when you'll need to pay provisional tax instalments for that year plus the residual income tax for your first year of business.

What is residual income tax?

Residual income tax (RIT) is the amount of tax you have to pay based on your taxable income for the year, less any tax credits you may be entitled to (excluding working for families tax credits or other tax payments made during the year) and any PAYE deducted.

When do you become a provisional taxpayer?

If your residual income tax on your last income tax return is more than \$2,500, you will need to pay provisional tax for the following year. The amount you pay is based on the last income tax return with a small % adjustment up/down which is set by the IRD.

	If you're not registered for GST	If you're registered for GST and pay monthly or two-monthly	If you're registered for GST and pay every six months
First instalment	28 August	28 August	28 October
Second instalment	15 January	15 January	7 May
Third instalment	7 May	7 May	

At the end of the year you pay or are refunded the difference between the amount of provisional tax you paid and the amount you should have paid, based on your actual profit for the year.

Due dates for your provisional tax

Your provisional tax payment due dates depend on the option you use to calculate your provisional tax, and how many times you pay GST (if registered). If you have a 31 March balance date (ie your tax year ends on 31 March) and you use the standard or estimation options to calculate your provisional tax payments, your provisional tax due dates are shown in the table above.

This information is intended as a guide only - it is not intended as legal or professional accounting advice.

For more detailed information please refer to the legislation or seek legal and or accounting advice.

All Accounts Matter Ltd

For All Your Accounting and Tax Needs

Sonia Emerson
Chartered Accountant

Mobile: 021 221 1009
105 Whitby Road, Wakefield 7025
Phone: 03 541 9005 Fax: 03 541 9305
Email: allaccountsmatter@gmail.com

Live Local Shop Local

Profiling a Wakefield business - Helping keep the great businesses in our Village

Wakefield Auto Services

by Caraline Dyson

It's not unusual, particularly in summer, to meet people travelling through the village who have journeyed from elsewhere in New Zealand. A lady who asked me for directions the other day was driving a classic car back to Christchurch that her husband had bought on Trademe.

Since travellers require fuel, you may expect to see them stopping off, paying Brett or Garfield after refilling their tank, then continuing on their way.

But there are some people you meet at Wakefield Auto Services who have driven especially here, just to get their WOF and have their car serviced. Wendy and Steve reckon their most distant regular customer comes over from the Sounds just to get their ride sorted. That's a long way (more than 100kms)! But they don't trust anyone else to look after their car. So how far would you go for really great service, or a really great auto service?

Luckily for us, we don't need to put in any long journeys. Mechanics Steve, Stu and Nick are right here on our doorstep, and we can rely on them to sort out any motor repairs, WOF's, servicing – in fact, anything we need for our vehicles. This month, they are even offering a \$50 discount off servicing. So if you have been driving to Richmond, or Nelson (or even driving to the Sounds?!) for your auto repairs or service, your tyres or your batteries - STOP!

Check out the prices at Wakefield Auto Services and make sure you tell them that you could be their next loyal customer, if their prices really DO compare. They are keen to impress us all with their competitive pricing, so give them a try.

They have loan cars available, so you can leave your car there on your way to work and collect it later, fully WOF'd, serviced or repaired. They even offer local pick up and drop off. So if you haven't enjoyed their service with a smile, what are you waiting for?

I'm an AA member, so when I called them a few years back I had Steve show up to get my old CRV back on the road. Being AA Roadside Contractors has probably introduced the Wakefield Auto Services mechanics to a few of us. But I think there are several businesses in our village that are so familiar, we walk or drive past them without considering what they offer us, because they almost become part of the landscape. Wakefield Auto Services may be like that for you.

If you don't need fuel then maybe you don't think of going there when you need your wheels balancing, or your tyre replacing. But part of enjoying our village is making the most of the services we have here, and supporting local businesses instead of spending our dollars in town.

So whether you need your mower serviced, have a bulk oil order or have a flat battery, speak to Wakefield Auto Services and see how they can help.

Think how much you trust your doctor, your dentist or (probably ladies only...) your hairdresser ... shouldn't you have the same trust in your friendly local mechanic?



Garfield, Wendy, Brett, Cat



Stu, Steve, Nick

Wakefield Auto Services

67 Whitby Road, Wakefield
541 8121

Trading hours:

Monday – Thursday 7am – 6:30pm
Friday – 7am – 7pm
Saturday & Sunday 8am – 6:30pm



You and Your Dog's Yabber

Start your puppy off right!

A super simple introduction as to how dogs learn!

Written by Vikki Pickering (Dip, CBST)

Dogs learn in two different ways, firstly **by association**, and the response the dog gives is one he cannot control. The fancy term for this is Respondent Conditioning. A typical example would be when your dog becomes excited when you start to put your shoes on because he has learnt over time that your shoes mean 'walkies' and he can't help himself but get excited. Another example is when a dog becomes stressed due to stormy weather because he has learnt that something scary (the crack of thunder) is associated with the stormy weather.

The second way that dogs learn is **by consequence** – and the fancy term for this is called Operant Conditioning. This is where reinforcement and punishment come into the picture... behaviour is influenced by the consequence that follows.

What is Positive Reinforcement? And why does it work so well when training animals? The simple definition is when a good consequence follows a behaviour; the behaviour is more likely to be repeated in the future. An example is if your dog is shut outside and he barks because he wants to come inside. When you go and open the door to let him in the behaviour of barking has just been reinforced and he is likely to keep repeating the behaviour – because it works for him and has a good consequence.

On the opposite side we have **Positive Punishment**. The simple definition is that when an unpleasant consequence follows a particular behaviour, that particular behaviour is likely to decrease. An example would be if a dog goes outside in the rain and finds it unpleasant, he is less likely to choose to go out in the rain again (I am sure some of you can relate to having a dog that is reluctant to go outside to toilet when it's raining).

The reason that I love using positive reinforcement when working with dogs is because it makes training fun – for both the owner and the dog. Food is such a powerful reinforcer for a dog and it works wonders for teaching dogs new and appropriate behaviours. It is not all about the food though, a dog can find many things in the environment to be reinforcing which will strengthen a behaviour, basically anything you know your dog likes to do....chase, sniff, eat, dig, chew, play, swim, jump up at people...basically anything your dog does on a regular basis or tries to, means that it is reinforcing for him. The best way to maintain a behaviour once he performs it well, ie the common old 'sit', is to reward him every now and then with something that you know he likes, so that it teaches him that it is worth his while to respond to what you ask of him as he never knows when something good is going to follow.

When I work with dogs that perform inappropriate behaviours, I like to work out what is reinforcing that inappropriate behaviour (because remember there is always something reinforcing that behaviour otherwise your dog wouldn't choose to do it). I then like to see if we can change the environment so that he no longer gains reinforcement from it, and then ask him to perform an alternative behaviour instead. For example, a dog that jumps up at visitors is doing so normally because the attention is reinforcing for him. We take away that reinforcement by giving no attention what-so-ever and reward him for an appropriate behaviour such as having four paws on the ground instead so eventually he will learn that it is more worth his while to have four paws on the ground when visitors arrive because that way he gains the attention and treats to start with.

There are downfalls of using punishment methods.

- Punishment does work...but punishing your dog for inappropriate behaviour fails to address what is actually reinforcing the dog for the behaviour in the first place. So although often the behaviour will be suppressed when you shout at him, the desire for your dog to keep performing that inappropriate behaviour is always there because that part isn't being addressed so you will find that the behaviour will keep occurring and you will need to keep inflicting punishment of some sort.
- Dogs can get used to the punishment and you will find that you will need to become harsher and harsher with your dog to suppress the behaviour.
- Dogs will often perform the inappropriate behaviour when you are not around as the punishment that you inflict is associated with you – so when you are not there it is safe for him to dig that hole in your garden!!
- Punishment can be detrimental between the bond or trust that your dog has with you, which can in-turn affect his general response to you.
- If you punish a behaviour, you will need to randomly inflict punishment every now and then to keep the dog's behaviour at bay so it will rarely ever be a permanent fix.
- Continuous punishment or harsh methods on a dog can break down a dog's confidence – this will often show in his body language and posture around his owner.

Here is a link to the Australian Veterinary Association who has a nicely written article called 'Reward Based Training' and it can be downloaded: <http://www.ava.com.au/training>



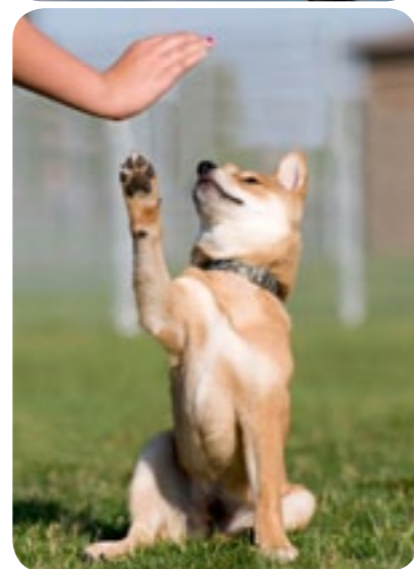
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Cupcakes to help our furry friends!

by Vikki Pickering of You and Your Dog

Monday 26th August was the official SPCA cupcake day. This fundraising event occurs every year and it is a national campaign to raise money for each and every SPCA within New Zealand. This year I decided to register 'Team You and Your Dog' for the colourful event and I roped in a couple of friends to spend an entire day baking and decorating cupcakes in preparation for the big day. The concept is that people offer a gold coin donation in return for a cupcake and all the proceeds are donated to the local SPCA.

For this event, Wakefield School were very open to the idea of our stall being run on their grounds for the kids at the end of the school day. We had a super array of cupcakes. Several Wakefield locals and local businesses pitched in and came up with some dazzling creations for us to put on the tables. All of the kids had been primed and prepped for the big event and most of them had a gold coin stashed in their school bags for the day waiting for the 3.00 bell to ring. We were kept on our toes taking gold coins in exchange for the cupcakes. The decision making process that we saw on a lot of the kids faces was priceless. There were just too many various colours, designs, and flavours to choose from for some kids, where others knew exactly what they wanted straight away.

We also want to point out at how polite the Wakefield School kids were while waiting. I was prepared for possible crowd control measures knowing that we would have a lot of eager kids swarming around our cupcakes but there were no problems and crowd control wasn't needed, each child waited patiently for their turn which was great. And I hope the sugar rush that the kids would have ingested faded by their bedtime. My biggest worry when organising this was that we wouldn't have enough cupcakes for all of the school kids! The last thing that I wanted to see happen was the last 50 kids who waited patiently at the back of the queue miss out. But we ended up with such a great turn out with approximately 300 cupcakes on display. **We are pleased to announce that we raised \$460 for Nelson SPCA.**

I would like to thank all of the locals who contributed by adding plates of cupcakes to our display and the following local businesses who I roped into also supplying some cupcakes for us as well:

- Brumby's
- Wakefield Villa Tearooms
- Allfit Personal Training & Massage
- Four Square
- Chateau Rhubarb
- Wakefield Pre-school
- Anne's Hairspace
- Hair Raisers
- Wakefield Auto Services
- Wakefield Bakery
- Wakefield Dairy
- South Fuels Spring Grove
- Amby Photography



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Congratulations & Commiserations



Town and Country Vet is celebrating the safe arrival of Lucy Kate Oram, Wakefield vet Paula's second daughter. Monday August 19th was a wonderful day for big sister Millie, who is thrilled her little playmate is finally here. Paula and Kelvin are overjoyed with their 7lbs 13oz beautiful bundle, and they would like to thank family and friends for their generous gifts and cards.

WINNERS OF FOCUS WAKEFIELD \$20 PHONE TOP UP VOUCHERS

As written in last month's edition, there were five winners of the Youth Engagement Survey undertaken by Focus Wakefield, each winning a \$20 cell phone Top Up voucher.

Thanks once again to all the young people of Wakefield who contributed to the survey, we really appreciate you taking the time to do so.



In the photograph, from left, myself, Diane Blackburn of Focus Wakefield Committee, and four of the five winners, Amy-Rose Berthelsen, Rebekah Irvine, Blair Eggers and Dean Hahn. The fifth winner, Mitch Wilkin was absent from photograph.

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In Memory of David Bensemann by Michael Higgins

5th September 1963 was a mild cloudy day, ideal for climbing the ridge over the Mt Heslington slip. David Bensemann and I had planned this hike for the school holidays and were excited about the day.

He had recently shifted to a new house in Wakefield, and his father Leo (Charley) taken a job managing the yard at the new Brookside mill.

David and I had enjoyed days together at the mill on the coast at Mahana, building roads on the sawdust heap and paddling the outrigger canoe across the estuary. The shift to Wakefield opened up a lot of new opportunities.

While waiting for David to cycle down, I worked alongside the engine of Buster Stringers saw bench, throwing firewood off the saw. It was a noisy little Chevy, with external pushrods and a straight pipe. No earmuffs in those days, and no cycle helmets either. I didn't hear the siren as the ambulance went past, but I saw it and was troubled that David was late.

Soon a phone call came. David had cycled off Bastin Terrace eager for the day, around the corner into Arrow Street and headlong into the unforgiving chrome radiator grill of a Hillman car or one like it.

The day became long. What had begun with excitement and opportunity became full of loss and sorrow as he left this world.

The next week, returning to the new school term at Waimea Intermediate, the school stood for a minutes silence to remember him, and to ponder on the risks of life.

I have often considered the events and fun that might have been for 50 years now.

Remembering him.

Lynda's Aerobics/Pilates Classes Term 3, 2013
St John Worship Centre, Edward St, Wakefield.
A new 9-week term starts Thursday August 1st ends Thursday September 26th

Thursdays 9.15am - 10.00am
followed by Pilates 10.05 - 10.55am

You can do either or both classes.

Aerobics \$60.00 for the nine-week term.
Pilates \$60.00 for the nine-week term.
Discount for both sessions - \$105.00

No special skills, gear or fitness levels required for either class. New folk most welcome - you don't have to be "fit" to come, we start "at the beginning" each term.

We're a friendly bunch, and it's as much about the coffee afterwards as the exercise ☺

Half-term memberships are available if you are going away and will miss more than 4 sessions.

Please phone Lynda 5432268, txt 027 222 1491, email lynda@hht.co.nz to book and for details.

Classes are on a per-term basis, no casuals sorry. If you commit for the term (and pay!) you are much more likely to come, then you'll get results.

Wakefield Welcomes

Wakefield Welcomes... Baker Hiran Jayamanne, his wife Kanchana and their six year old son Yonal.

The family have recently moved from Auckland to Wakefield. Hiran is a nature lover who has realised a long held dream in moving here. "I had seen and read about the beauty of this part of the world and God helped me to come to Nelson Bays and to Wakefield" he said.

The Whitby Way family are thrilled to be part of the community here and are thankful for the warm welcome they have received. Yonal is settling into school and we are all tasting the fruits of Hiran's labour at the village bakery.

With Kanchana working at the Rest Home, the family are very much part of the village, and are looking forward to getting involved with village sports and social groups. Say hello to them when



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Wakefield Pharmacy
4 Edward St Ph 541 8418



Wakefield Guides

We have had a very busy month with two units with leaders on leave so 'all hands on deck' has been the catch phrase!

We would love another couple of local ladies to come forward and help especially with the Pippins and Guides and we have a Brownie pack in Richmond that is in need of an assistant. Contact me Sue on 541 9689 if you have a few hours spare.

There are spaces in Pippins and Guides, Brownies are well up with numbers.

Our thanks to the community for helping to get rid of our last biscuits. We are down to 38 cartons which is a big improvement. Again if your office or works can use a carton let me know. Cartons are reduced to \$50.00 for 15 packets or 3 packets for \$10.00. Our biscuit Appreciation Certificates are going out this week so more on that next month.

The girls have been busy, one unit off to Natureland on a Zoo day shortly and arrangements for Region Camp well in hand.

More next Month!

Sue Burrowes
DC Twin Peaks Rural District



Wakefield Scouts

On Sunday 25th August, the Wakefield Scout Group held a Kea/Cub link day for the Keas who will be moving up to Cubs next term and the Cubs who will be their new Sixer and Assistant Sixers.

The day was organised by the Zone Kea Leader, Angela Burke and was supported by the Zone Cub Leader, KJ Kohe (known as Baloo to the Cubs) and the Assistant Zone Cub Leader Nathan Ricketts (known as Akela).

Our Cub Leader Lance Wakefield was there to introduce the Keas to their new Sixer groups and there were some visiting Cubs and Scouts to help out. There were 15 youth and four adults in attendance.

Throughout the day the Keas learned about the history of scouting (in brief), the ceremonies, the importance of presenting ourselves well, how to work co-operatively and help each other and why we need to keep to schedules. They were able to complete the Cub Investiture booklet and now only need to do three visits to the cub pack during a normal session before being invested into that section. We are planning to invest these Keas into Cubs early next term.

While our Keas were learning all of the above plus more, they also got to play some fun games and activities and have lunch and afternoon tea. There was even time at the end for a flying fox ride for some.

A big thank you needs to go out to our visitors from the Zone team and to Lance for giving up their time on a Sunday to help these youth have a smoother transition to the next section.

Thanks also to the Keas/Cubs and visiting Cubs and Scouts and their families for joining us for the event.

Next year we are planning this to be a Zone event after having such a successful day today.



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021 167 3803
or 03 541 9141

email: kernowlandscapes@ihug.co.nz
www.kernowlandscapes.co.nz

Wakefield Auto Motoring Tips

Vehicle Servicing

Servicing your car is important in maintaining its function and keeping it safe for a long time. This is because; servicing involves knowing what your car needs, what is to be replaced and what needs to be worked on. Getting your car serviced enhances the performance of the car. It is crucial to keep your car at its best for you to continue enjoying the benefits it brings to you. Here are some of the benefits that servicing will help you with:

1. Improve efficiency

When you take your car to trusted mechanics, they will be able to know the problems with the car quickly and most of them will actually offer the solutions, fix them fast, and enhance the cars performance.

2. Looks at a wide variety of problems at the same time

An experienced mechanic will look at the car wholesomely and detect all problems; this is quite advantageous as compared to being told of one problem every other day. It also brings out the need for all the necessary spare parts to be bought and therefore you can plan accordingly.

3. Breakdown of costs

Most mechanics will have a certain amount that they usually charge for servicing. This is given to you in advance and can therefore budget for it. If there are repairs to be done, these costs will be broken down to you.

4. Maintain car warranty

Most cars come with warranties and in order to maintain the warranty, regular servicing of the car will be needed.

5. Keeps the car at optimum performance

This will give you the comfort of driving your car and derives satisfaction from it. It also keeps your car at a standard level despite how old it gets.

6. It is economical

This is because regular servicing will create few chances of unplanned breakdowns, give you more time on the road, reduce wear and tear and improve on the fuel economy

7. Keeps your oil clean

Regular servicing of your car will ensure that the dirty oil that emits fumes is frequently removed, hence enhancing the fuel consumption in your car and keep the atmosphere clean and fresh. It also cuts on the amount you use on oil, especially now that the fuel prices are high.

8. Easy to sell

When you are selling your car, a history of the regular car servicing will put you at a higher advantage. The person buying will consider how well you have been maintaining it before s/he buys it.

9. It makes your car safe to drive

For you to achieve maximum safety, it is important to service your car regularly. You can choose to stick to the recommended timelines from the manufacturers, but it is even better to have it more regularly as it keeps your car at a standard level and enhances its performance, especially if you are a long distant driver. Avoid extending the time intervals between your servicing schedules.

Servicing your car is as important as your regular dental checks. It improves your car performance and its value and also puts you at an advantage when it comes to selling it. Having a car that constantly breaks down can be a big bother to you and your family. Keep your car safe and efficient by giving it the service it deserves.

\$50 off your Vehicle servicing
when you present this voucher

Valid until 30 September 2013 - Conditions apply

Phone Today for a booking

(voucher must be mentioned at time of booking and presented to staff for discount to apply)

Wakefield Auto Services Ltd

67 Whitby Road, Wakefield

Phone 541 8121



CALTEX



Village Sports News

WAKEFIELD BOWLING CLUB

61 Whitby Road, Wakefield

We are nearing the end of a very successful winter season. Winter membership numbers are up on previous years and Tournaments have been very well supported.

There is a great Club spirit and social atmosphere and players' performance has improved significantly.



As with any community group, there is a dependence on members contributing voluntary work. Thanks especially to:
 *Board members for the professional way they are running the Club, building on the gains made over the last few years.
 *The greens, grounds and maintenance teams for all their hard work.
 *The coaches and other mentors for player development.
 *And all those involved in organising tournaments, including the kitchen and bar.

Tournaments are held during winter on Wednesday and Friday afternoons (names in by 12.15pm) and full day tournaments on alternate Sundays (prior entries required). We have been fortunate with the mild weather this winter, missing only a few days due to heavy rain.

A Winter Interclub competition has been running on Mondays this year with four clubs having winter greens. The selection policy at Wakefield has been to give all members a go at this; nevertheless Wakefield is a close second to Motueka in the overall competition, demonstrating the depth of ability now developing in the Club.

Winter Club Championships have been held on Saturdays with winners:
 2-4-2 Pairs - Peter Hampson (skip) and Brian Twohill
 Fours (drawn teams) - Tom Closey(s), Brian Twohill, Chris Evans and Richard Henley
 Triples - Tom Closey(s), Tony Eames and new bowler Dianne Holland

Singles championships start on Sat 31 August through the following three Saturdays. This should be great fun if anyone wants to call in and see how the games go.

Winter season closes on Sat 21 September with a mix and mingle dinner 6pm.

The summer season is fast approaching and a full summer programme is now available in the Club rooms.

Dates to note:
 Opening Day Saturday 28 September 1.30pm.
 Have a Go Day for the community Sunday 13 October 1 – 4pm.

Community Bowls will run again on Thursday evenings in November 6 – 8pm. More details to follow next month.

If interested please call into the Club whenever you see a few cars outside (behind the storage units just south of Wakefield Auto petrol station). You will be made welcome and shown the basics of the game.

Or check the Club website:
<http://www.sportsground.co.nz/wakefieldbowls/>

WAKEFIELD VILLA

Tearooms & Gift Shop



Telephone
541 9168

Tearooms open 9.00am - 4.00pm
 Shop open 10.30am - 4.00pm
 6 Days a Week

*Winter Wednesday - Soup - Toast & Drink \$15.00 per head
 Book your table plus your Grey Power 10% discount*

14 Whitby Way, Wakefield

Waimea Senior Care

Cherie Thomas is putting on a presentation about being aware of falling. This will be followed by morning tea. Cost \$2.00. Thursday 12th September at 10:00am, St Paul's Community Church hall, Waimea West Road, Brightwater.

Devonshire Tea and Music in the Garden

On Friday 11th October at 10:30am, Nicola Berthelsen, the Waimea Senior Care Co-ordinator for the Anglican Diocesan, will host Devonshire tea and music in the lovely grounds at "Aldurie" on Aldurie Road, Waimea West.

The ticket price of \$15 per person includes formal musical entertainment by capable students of voice, violin, flute and dance. A tasty morning tea of fresh scones accompanied by homemade jam and cream, tea or coffee will also be served.

Tickets are limited. They will be available from the first week of September at Scissor Art in Brightwater and on Monday 9th and 23rd of September between 11:30am and 1:00pm at St Paul's Community Church office, Waimea West Road, Brightwater.

For further information please contact Nicola Berthelsen after 7pm phone: (03) 541 9225.

Wakefield/Brightwater Art Group

'HOW TO DRAW A PERSON' WORKSHOP with Rose Shepard, Painter and Tutor

Our group had our third workshop for the year on Thursday 15 August, in the Wakefield Village Hall. Our workshops are sponsored by TDC Tasman Communities Scheme.

Rose's workshop covered: how to quickly get down on paper the human figure, using contour line, modeled form and gestural drawing. Thank you goes to Julie Stewart, who was willing to be our model for the morning. With a maximum of 12 people attending from Wakefield and the surrounding area the class was so popular that we had to put five people on the waiting list.

We learned a lot in a short space of time.

We would like to thank TDC for sponsorship, Impressions, Window on Wakefield, Nelson & Tasman Art Groups and the Arts Council for advertising. A BIG thank you to Rose.



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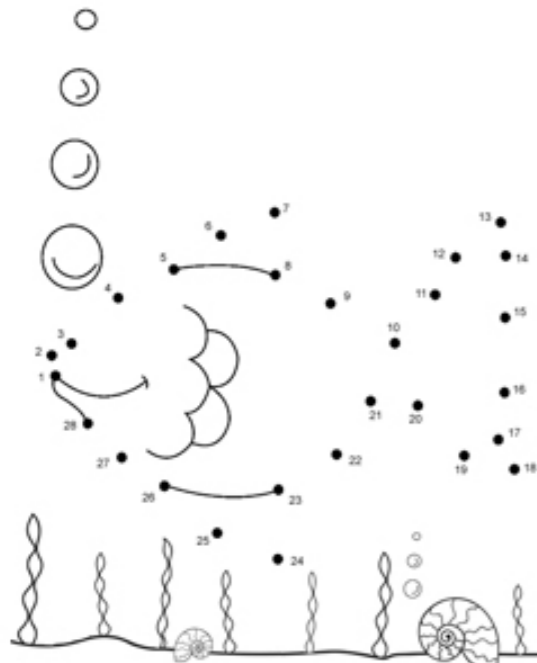
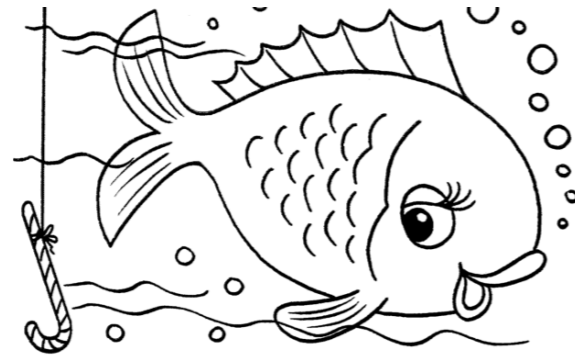
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Phone: Bevan 027 541 8763
 Rachael 027 286 7927
 Fax: 03 541 8764

Kids Colouring Corner



FOR SALE

WALNUTS: Spray-free, Motueka Valley. Shelled (\$8/200gm), In-shell (\$8/kg). Delivery by arrangement or pick-up Nelson, Richmond. 03 545 2270, 0272335336.

WORK WANTED

School Leaver/Student seeks weekend and holiday employment if anyone needs a hand in labouring or farm work.

Fit, energetic and eager to help out. Attending the NMIT Primary Industries course presently once a week.

Phone: Jethro 541 8005, 027 764 7444



WOOD FOR SALE.

DRY PINE

\$55.00 Cu.mtr. delivered
\$50.00 cu.mtr. collected
Phone 541 9689

WAKEFIELD BABY SITTER AVAILABLE

I am 17 years old and looking for local babysitting work.

Good references available, please phone Laura on 541 9334

WANTED TO LEASE

Land wanted to lease, approx one acre with good soil and good water supply for landscaping and nursery business.

Please contact Sticks 'n' Stones tree care and landscape service on 021 206 9914 or 541 8685.

HOME WANTED

Family seeks home to buy in Wakefield area. Prefer three bedroom and up to \$330,000.

Please phone Stacey on 542 3496 or 027 710 4481.

CHILD CARER REQUIRED

Help needed to look after 2 1/2 year old and three month old boys in our home, to enable mum to work from home.

Hours will vary but must be available 7.30-10.30am and 3.30-6pm.

Must be reliable and love children.

Please phone Anita, 5419444

WORK WANTED

Experienced Accounts Person looking for 1-2 days per week office work.

References available.
Phone Claire 541 8686

WANTED

Mature person to do gardening, need two day's worth at start, then ongoing two hours per fortnight

Phone: 541 9629

MONTHLY COMMUNITY CALENDAR

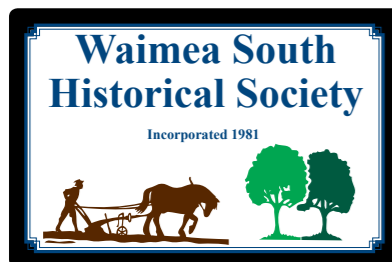
SEPTEMBER 2013

Mon 2	10.00 am - Mainly Music, Wakefield Village Hall 1.00 pm - Indoor Bowls, Wakefield Village Hall
Tues 3	10.30am - Wakefield Community Library open 7.00 pm - Indoor Bowls, Wakefield Village Hall
Wed 4	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Thurs 5	9.00 am - Art Group, Wakefield Village Hall
Fri 6	2.30 pm - Wakefield Community Library open
Sat 7	9.30 am - Wakefield Community Toy Library open Wakefield Plunket Family Portrait Fundraiser
Mon 9	10.00 am - Mainly Music, Wakefield Village Hall 1.00 pm - Indoor Bowls, Wakefield Village Hall
Tues 10	9.45 am - Livewell Staywell, Wakefield Villa Tearooms 10.30am - Wakefield Community Library open 7.00 pm - Indoor Bowls, Wakefield Village Hall 7.30 pm - Wakefield Community Council, Worship Centre [Wakefield Loses Police Officer meeting]
Wed 11	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Thurs 12	9.00 am - Art Group, Wakefield Village Hall 10.00 am - Presentation on "falling", St Pauls Hall, Waimea West
Fri 13	2.30 pm - Wakefield Community Library open
Sat 14	9.00 am - Market Day, Whitby Way Carpark 10.00 am - Have a Go Open Day, Wakefield Tennis Club
Mon 16	10.00 am - Mainly Music, Wakefield Village Hall 1.00 pm - Indoor Bowls, Wakefield Village Hall
Tues 17	10.30am - Wakefield Community Library open 7.00 pm - Indoor Bowls, Wakefield Village Hall 7.30 pm - "Meet the Candidates" Meeting, Worship Centre
Wed 18	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Thurs 19	9.00 am - Art Group, Wakefield Village Hall
Fri 20	2.30 pm - Wakefield Community Library open
Sat 21	7.00 pm - "The Seussification of Romeo & Juliet", Village Hall
Mon 23	10.00 am - Mainly Music, Wakefield Village Hall 1.00 pm - Indoor Bowls, Wakefield Village Hall
Tues 24	9.45 am - Livewell Staywell, Wakefield Village Hall 10.30am - Wakefield Community Library open 7.00 pm - Indoor Bowls, Wakefield Village Hall
Wed 25	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Thurs 26	9.00 am - Art Group, Wakefield Village Hall 2.00 pm - Waimea South Historical Society, TDC Library
Fri 27	2.30 pm - Wakefield Community Library open 7.30 pm - Womens Biz, Wakefield Venue TBA
Sat 28	All day - St Johns Church Carpark beautification project 7.00 pm - "Back to the Future" Movie, Wakefield School

OCTOBER 2013

Tues 1	10.30am - Wakefield Community Library open
Wed 2	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Thurs 3	9.00 am - Art Group, Wakefield Village Hall
Fri 4	2.30 pm - Wakefield Community Library open
Tues 8	9.45 am - Livewell Staywell, Wakefield Village Hall
Sun 13	Giant Garage Sale, Wakefield Bowling Club

Community Notices



WAIMEA SOUTH HISTORICAL SOCIETY

Our meeting this month is on Thursday September 26th at 2pm in the Constance Bamicoat Room of the Tasman District Library.

Guest speaker: Warren Thomas
Topic: "The Gables" - Waimea West
Everyone welcome.

GIANT GARAGE SALE

Sunday 13 October
Wakefield Bowling Club

MEET THE CANDIDATES

Tuesday 17 September
7pm
St Johns Worship Centre

Come along to this meeting to meet the applicants for Mayor and Councillors, bring your questions.

WAKEFIELD PLUNKET FAMILY PORTRAIT FUNDRAISER

Wakefield Plunket will be holding their annual family portrait fundraiser on

Saturday 7th September

Sittings are only \$15 and you receive a beautiful 10" x 13" family portrait in black and white or colour.

Please phone Donna on 5418583 for more information or an appointment time.

YOUTH GROUP IN WAKEFIELD

St Johns church now has two different age range youth groups operating on Friday nights.

6pm for the intermediate age range
7.45pm for the older and wiser mob

Contact Hayden 5418909.

TAPAWERA BGAC SHOW

Saturday 2 November 2013

GREAT FAMILY DAY OUT

Craft Sites \$15
Trade Sites \$20

All queries to Justyne McGaveston,
Site Co-Ordinator
phone: 522 4488 or
email: hairfairlywholesale@gmail.com

WAKEFIELD TENNIS CLUB

Free Have a Go Open Day for Primary /Intermediate children is being held on the 14th September from 10/11 am.

[If wet Sunday 10 am]

If children come along and register they go in the draw to win a free \$100 tennis racquet and package from Wilson.

Ngairie Calder
Wakefield Club Coach
0272799938

WAKEFIELD MARKET DAY

9am to 1pm Saturday 14th September.

Spring is in the air. Come see plants grown locally, art, recycled treasures, lavender. BBQ and sites available.

Ring Jean 5418154

WAIMEA AREA QUILTERS

Our group is growing fast. We are now back at Hope School library as their renovations are completed. Our thanks to Paretai Lodge in Lee Valley for giving us a home for the past three months. It has been much appreciated.

If you are a local quilter, patch worker you would be very welcome to come along and see us.

Our next meeting is a Paper Piecing DAY class on Saturday 14th of September.

For details, venue etc, please contact Marilyn Gibbs on 541 8435 and our October meeting will be at Hope School Library on the evening of Thursday October 10th.

Sue Burrowes
541 9689
Marilyn Gibbs
541 8435

LIVE WELL STAY WELL

Group meets two weekly on a Tuesday 9.45-11am.

A varied programme is organised which is informative and fun.

All interested welcome to attend especially if you are new to Wakefield.

The group is followed by a walk around Wakefield 11am-12 md.

September 10

Coffee talk and walk.
Meet at the Wakefield Villa Tearooms

September 24

"Upright and Able" Part One, a short programme on how to recognise and prevent falls with Cherie Thomas educator. A fun and worthwhile course to do.

October 8

"Upright and Able" Part Two.

Any enquiries, or to go on the email list to let you know whats happening, call Margaret 541 9693 or Yvonne 542 2235.



WAKEFIELD ART GROUP

More Information:-

In 2012 our group applied to the Tasman District Council 'Creative NZ Scheme' for a grant to fund four workshops.

There have been three workshops so far this year, one covering perspective with Marie Hill, the second a watercolour workshop with Beryl Yeoman, the third how to draw people with Rose Shepard.

The final course for the year will be on 7th October with Lloyd Harwood from The Arts Council. (The subject is to be decided).

The Wakefield Art Group is open to everyone at all levels of drawing and painting.

There is no joining fee, but we pay \$4 per session.

We meet every Thursday of the school term, from 9 am – 12pm in the Wakefield Village Hall.

Contact: Sonja (03) 5418-176 or Sandra (03) 5419-615.

Community Directory

Citizens Advice Bureau
548 2117 - 0800 367 222

Guiding Co-ordinator
Sue Burrowes 541 9689

Lord Rutherford Memorial Hall Foxhill
Helen Pullan 541 8058

Pigeon Valley Steam Museum
Alan Palmer 027 319 7427

Rural Ramblers
Carolyn Mason 541 9200

Spring Grove Drill Hall
C. Pike 542 3904

Totradale Golf Club
Jacquie 541 8030

Wakefield Anglican Church –
St Johns
Meet Sun 9.00am; 10.30am
Rev. Allan Wasley 541 8883

Wakefield Brownies
Vin Law 541 9190

Wakefield Community Library
Wendy Gibbs 541 8490
Pam Dick 541 8392
Hours - Tues 10.30 -11.30am
Friday - 2.30 - 4pm
Excluding Public Holidays

Wakefield Football Club
Richard Malcolm 541 9429

Wakefield Medical Centre
541 8911

Wakefield Pharmacy
5418418
wakefield.pharmacy@paradise.net.nz

Wakefield Playcentre
Contact: 541 8866

Wakefield School
Edward Street 541 8332

Wakefield Scout Group
Sheryl Guyton 541 9178

Wakefield Toy Library
Saturday 9.30-11.30am
Chris Gaul 541 8148

Wakefield Volunteer Fire Brigade
CFO Simon Ladley 021 229 0020

Womens Biz
Justyne McGaveston 522 4488
Sonia Emerson 541 9005

Country Players (Drama)
Philip Calder 541 8442

Junior Country Players
Dixie McDonald 541 8862

Nelson Vintage Engine &
Machinery Club
Allan 027 319 7427

Pinegrove Kindergarten
03 542 3447

Rural Women
Dawn Batchelor 542 3628

St Joseph's Catholic Church
Sun 8am, Wed 10am
Fr David Gruschow 544 8987

Waimea Sheepdog Trial Club
Colin Gibbs 541 8435
gibbs@ts.co.nz

Wakefield Bush Restoration
Society
Doug South 541 8980

Wakefield Craft Fair
Leanne and Glen Turner
541 8306

Wakefield/Brightwater Guides
Sarah Arnold 5419481

Wakefield Methodist -Presbyterian
Church
Meet 1st & 3rd Sundays 11am
Rev Paul Tregurtha 544 8394

Wakefield Plunket
Donna Todd 541 8583

Wakefield School/ Community
Swimming Pool
Contact Phill Platt on 027 231 7610

Wakefield Smallbore Rifle Club
Ian Hutchings 541 8342

Wakefield Village Rest Home
Gerri Harvey 541 8995

Wanderers Sports Club
542 3344

Window at Wakefield
Advertising - 541 9641
Genie & Lindsay Bradley

Focus Wakefield
Diane Blackburn 541 9725

Just Gymnastics
Linda Mace 546 6013

NZ Postcard Society Inc.
Doug South 541 8980

Richmond Lions -
Wakefield Representative
Ivan Burrowes 541 9689

Spring Grove Church of Christ
Meet Sundays 10am
541 8011

Top of the South Rural Support Trust -
gibbs@ts.co.nz
Colin Gibbs 541 8435

Waimea Sth Historical Society
Jeannine Price 542 3033

Wakefield Bowling Club
Margaret Eames 541 8316

Wakefield Community Council
Allan Wasley 541 9622

Wakefield Indoor Bowls Club
Ren Olykan 541 8275

Wakefield Pippins
Kirsty Harte 541 9799

Wakefield Preschool
Contact: 541 8086

Wakefield School PTA
Jeanette Mattsen
ptawakefield@gmail.com
03 541 8118

Wakefield Tennis Club
Ngairie Calder 541 9419

Wakefield Village Hall
Rob Merilees 541 8598

Way to Go Co-ordinator
Vanessa Mairs 027 511 8826

St. John's Worship Centre
Caroline Gibbs 541 8491

Waimea Plains Junior Football Club
Grant de Joux
542 4452

CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have **specialised skills/ equipment**, and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their **responsibility to be personally prepared**.

You should ensure that you have your own **survival kit** in place, and that you are able to be **fully self sufficient for at least three days**.

In the event of an emergency, for urgent public messages, tune in to:
More FM 94.1, Classic Hits 89.8, Fresh FM 95.4



FOR SALE IN WAKEFIELD

See the rest of my listings at www.nelsonrealestate.co.nz



489 CHURCH VALLEY RD - \$760,000 + GST IF ANY
Amazing value – 21 hectares and a spacious 3 bedroom plus office home with stunning views to the Ranges. The land is fully deer fenced.



150 EDWARD STREET, WAKEFIELD - \$419,000+
Peaceful country outlook 4 Bedrooms, 2 bathrooms, 2 living rooms, 2 heatpumps, logburner on wetback, solar booster. Brand new kitchen.



4 TOTARA VIEW ROAD, WAKEFIELD



128 WAKEFIELD-KOHATU HIGHWAY \$549,000+
1.2 hectares flat land Now priced under RV of \$565,000. 3 bedrooms, 2 bathrooms, double glazed homestead, logburner on wetback. Good sheds.



4A WINDLESHAM PLACE, WAKEFIELD



1 BIRD LANE, WAKEFIELD



21 BIRD LANE, WAKEFIELD

COMMISSION

2.95%

+ \$500
Base Fee
+ GST

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