



# window on **wakefield**

Your Local News

Community News for the Wakefield Area

## Caring Couple Calling Wakefield 'Home'

by Caraline Dyson

Jamie White is the new policeman in our village, but he is certainly not the new kid on the block. He and his wife Leah have been living here for some time, and Jamie has lived in the Wakefield area most of his life after growing up on a farm in Pigeon Valley. Jamie wanted to join the police from being young, and growing up he aspired to be like Peter Cobledick and Peter Carmody, who were the local policemen at the time. It was when former policeman Stu Granger spoke with him, however, that he took the encouragement seriously and actually applied for the police service - and the rest is history.

After attending Police College at the ripe old age of 21, Jamie has now been with the police for five years. He has spent most of his career so far working in the Nelson, Richmond and Motueka areas, but rural policing has always been Jamie's long term goal. Following several relief stints in Wakefield, Murchison and Haast, he decided rural policing was his passion. When Marty Tutton decided to leave Wakefield, Jamie jumped at the chance to work in the village, and since August he has been our community constable alongside Peter Jackson (PJ).

With the firm belief that rural policing can be rewarding because it provides opportunities to build relationships with locals, Jamie places a huge priority on proactive crime prevention policing. He attempts to put this in to practice in his day to day work and says he "Would rather spend time preventing crime in the first place than being the ambulance at the bottom of the cliff picking up the pieces." (See his 'On the Beat' article in this issue for some of his crime prevention tips).

Being the first policeman to live in the Wakefield village since Peter Cobledick retired, Jamie can respond quickly to local callouts when he is on call. Of course, there are times when neither Jamie nor PJ are working, so in an emergency it is essential to always call 111 in the first instance.

Leah, Jamie's wife, is originally from the Waikato, and she moved down to Nelson when they married four years ago. She works as a nurse at Nelson Hospital Emergency Department, which means they both work a fair amount of shift work, and time together can be rare.

When they are off duty they both enjoy playing sport, hunting and getting in to the great outdoors. They are also youth leaders at Hope Community Church.

Leah's passion for nursing equals Jamie's passion for policing, and the couple are undoubtedly valuable members of our community.

If you are after some advice, want to report criminal activity in your area, or just want to say "G'day", Jamie says his office door is always open. Feel free to come down to the station and have a chat with him.

This summer will doubtlessly provide opportunities to meet this lovely couple, but take care - they would both prefer to meet people socially rather than in the line of duty!



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### Content...

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## NEXT EDITION

**Due out the first full week of each month**

**All Advertising to be submitted by the 20th of the Month prior**

**All Content to be submitted by the 23rd of the Month prior**

**For Advertising please contact Wakefield Print Ltd 541 9641**

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# In the Bush

## VANDALISM AT IT'S WORST

Unfortunately this month we have had the worst sort of vandalism in the bush since we started looking after our Reserves in 1999.

What has been involved this time has seen around 24 trees of various sizes cut down to make a hut. These particular trees were planted in 2001. The destruction took place over two weekends; the first being on the 3-4th September when the hut was built with roofing iron being used and trees being used as poles to hold the cross members and various amount of roofing. 100mm nails were used and were nailed into a lot of the trees. Ladders were also built out of surrounding trees etc.

On 8th September one of our volunteers reported this to me and where the damage and hut were located. I then disassembled it and disposed of all the building material relating to this. However on 11th September 'the vandals construction team' returned to this area and finding their hut demolished then set about to retaliate by cutting down the support trees, plus other trees in the area at up to 100m from their original site.

This matter has been put in the hands of the police by both the Society and the Tasman District Council Reserves Department to see if we can find out who was involved as it is an offence under the Reserves and Conservation Act to cut, damage or remove any flora or fauna in a Scenic Reserve - which Faulkner Bush is.

Some person(s) must have heard something during the construction as a tremendous amount of hammering was taking place through roofing iron and that is loud. We actively encourage folks to report any unusual activity going on in our Reserves, either to me, the Tasman District Council or the Police. I know some would say it is only teenagers having a bit of fun, then could I beg the question would you tolerate this damage or let it happen in your own property?

On a lighter note we have someone putting wood shaving sawdust up at the bush at the scout den. We appreciate their endeavours but we need you to spread it out thinly or it will kill the plants under it especially if you dump it in heaps. If you would like to contact me we can sort out an area and show you how we want it to be spread.

We have added some fine netting around our fence at the new plantings as many were being actively enjoyed by rabbits! We are having a real problem with them enjoying every tasty seedling they can find. Does anyone have any ideas, keeping in mind that this is a public access area and we cannot shoot, poison or use leg or kill traps.

Doug South, President Wakefield Bush Restoration Society Inc.  
Telephone 541 8980 email [tuiville@xtra.co.nz](mailto:tuiville@xtra.co.nz)



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# Wakefield Health Centre

October is Stoptober and statistics show that joining the Stoptober campaign increases your chances of quitting by five times.

You may wonder why this would make any difference, but it has been proven that if others around you stop smoking at the same time you have an increased chance of quitting for good!



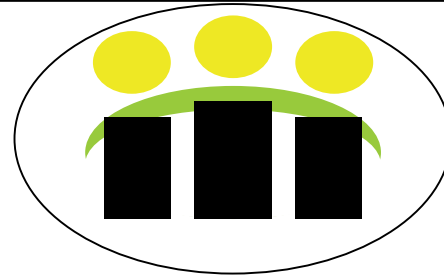
- Smokers are 67% more likely to quit when their spouse stops smoking.
- Smokers are 36% more likely to stop smoking when a close friend quits.
- Smokers are 34% more likely to quit when someone they work with stops smoking.

In other words, quitting alongside someone else who is going through the same ups and downs is helpful.

Other helpful hints for stopping smoking include:

- Nicotine replacement therapy (NRT) – whether you choose patches, gum or lozenges, people who use NRT have a significantly higher chance of successfully quitting.
- Change your routine – smoking is habitual, so change your daily habits to lessen the association between certain places or activities and having a smoke.
- Tell people you are quitting!
- Avoid social situations where you would normally smoke – find something new to do instead.

You can find out more about the Stoptober campaign at [www.stoptober.nz](http://www.stoptober.nz), and you are more than welcome to come into Wakefield Health Centre for more information about quitting smoking.



## Wakefield Health Centre

Surgery hours:

Monday to Friday 8am – 5:30pm

Wednesday 8am – 7pm

**New Enrolments Welcome**

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# Wakefield School and Community Pool

## Wakefield School and Community Pool opening Sunday 6 November

With spring bursting out around us we start to look forward to endless summer days at the swimming pool. Yes, it's time to shake out your swimming togs, dust off your beach towel and prepare for another cracking summer at Wakefield's own slice of paradise, the Wakefield School and Community Pool.

The Pool Committee and supporters are working hard to make sure the pool is once again in excellent shape for a great swimming season and we hope you'll join us on Sunday 6 November for the grand opening Wet 'n Wild Weekend from 10.00am – 2.00pm.

Enjoy the ever-popular inflatable, delicious barbecue food and cake stall; purchase your key for the season at super discounted early-bird price (EFTPOS available) and soak up the great vibe that spells the start of summer.

Keys can also be purchased at the school office from Monday 7 November.

For key prices and other information see the Wet 'n Wild Weekend advertisement in this issue.

Enjoy a summer of fun at Tasman's best community swimming pool – Wakefield School and Community Pool.



# Target Shooting Wakefield

Contact : [targetshootingwakefield@gmail.com](mailto:targetshootingwakefield@gmail.com)  
If you require any further information about coming shooting.



CONTACT : Dot Ashton 5418989 or 0275430529  
If you require further information about coming shooting.

**Club Night** ~ Mondays from 7pm, range next to soccer rooms. Kids shoot first so they can get home on a school night. \$7 a card, all gear supplied and completely supervised. Come on down and give it a go, age 10yrs and beyond. Great sport for all ages that you can carry on with throughout your life. Even though winter is biting, the club room is warm and the humours hot. If you would like some more info or have any questions just contact us – details shown at the top of the page. Would be great to see some old faces back in the club as well as some new ones. Target shooting isn't only for the young ones us older ones can do it too. If it's something you would like to have a go at and become part of our little club please come along or give me a ring, details at the top of the page.

**Deer Trophy** was up for grabs again with the infamous shoot off between Tasman and Wakefield on the 6<sup>th</sup> Sept. Both teams were evenly matched and it really was a case of the last shooter on both teams making the difference and resulting in a very close match that Wakefield just managed to hang on to. So the Deer trophy stays in Wakefield for another season.  
Wakefield score 1136.34  
Tasman score 1128.33



## EVENTS SEPTEMBER

- 1<sup>st</sup> NDC final
- 7<sup>th</sup> Assn meeting
- 10<sup>th</sup> Hadfield Shield
- 14<sup>th</sup> Champions of Champions
- 25<sup>th</sup> Nelson wind up

## EVENTS OCTOBER

- 1-2<sup>nd</sup> Inter-island secondary school match
- 12<sup>th</sup> Assn meeting
- 22<sup>nd</sup> Marlborough outdoor champs
- 29<sup>th</sup> TSNZ conference

**Well our indoor shooting season is slowly drawing to a close**, and some of our members will move over to the outdoor shooting for the summer season. Aalso some members have joined the pistol club at Golden Downs just for a different style of shooting. This is a good opportunity for members and new members to carry on with the sport of target shooting. Some of our teenage members that have now turned 16yrs are looking forward to gaining their firearms licence and up skilling their knowledge of firearm safety which is always a big part of what we do and encourage. Our prize giving would have taken place so I'll have results for you next month.

**Congratulations** to the following people on their awesome achievements this season:  
# Ian Inwood making the South Island vets and the New Zealand vets.  
# Scott Green making the South Island Juniors  
# Livy Guyton making the South Island Juniors and New Zealand Juniors



**Nelson Open Champs** hosted the event at the Reliance range and received good entry numbers with Wakefield members holding their own against other shooters from around the South Island. **A grade** : Ian Inwood 292.14 placing 6<sup>th</sup> from a field of 22, Ian Hutchings 292.13 placing 8<sup>th</sup> from a field of 22, David Baigent 291.13 placing 13<sup>th</sup> from a field of 22. **B grade** : Scott Green 288.11 placing 8<sup>th</sup> from a field of 19, Sheryl Guyton 284.10 placing 17<sup>th</sup> from a field of 19 and Tim Green 279.05 placing 18<sup>th</sup> from a field of 19. **C grade** : Barry Green 289.11 gained 1<sup>st</sup> place from a field of 13 ☺ , Cam Gibbons 283.09 placing 5<sup>th</sup> from a field of 13. **D grade**: Livy Guyton 282.12 placing 7<sup>th</sup> from a field of 9.



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# The Way We Were

## Houses with History - Part 2 - The House That Charles Built

Prepared for the Waimea South Historical Society by Roger Batt

Telenius House, located at the junction of Higgins and Telenius Road, was built for Carl Bernard (Charles) Telenius, a Finnish seaman, in 1884. It was a two storied weatherboard house with a high stud built of rimu and matai. An open verandah (later enclosed) ran along the front behind which was his shop.

The small section of just 330 square metres was close to the Pitfure Stream which surprisingly, as far as we know, has not flooded the house. Here he set up as a draper and importer. With a horse and four wheeler cart he also travelled the district with his wares, selling from door to door, while his wife managed the store.

He was twice married to Australians: Lydia Walker of Sydney and Elizabeth Dickens of Melbourne, his first union producing a son (Carl Bernard).



Carl Bernard Telenius

When he applied for New Zealand citizenship in 1890 his strong Christian belief is shown in the amendment he made to his Oath of Allegiance when he added "as far as that law is in accordance with God's will."

His obituary of 23rd July 1931 in the Nelson Evening Mail speaks of "His sterling and upright character (which has) won for him the highest regard not only from his fellow settlers at Wakefield but throughout the provincial district."



Charles with his first wife, Lydia and son Carl

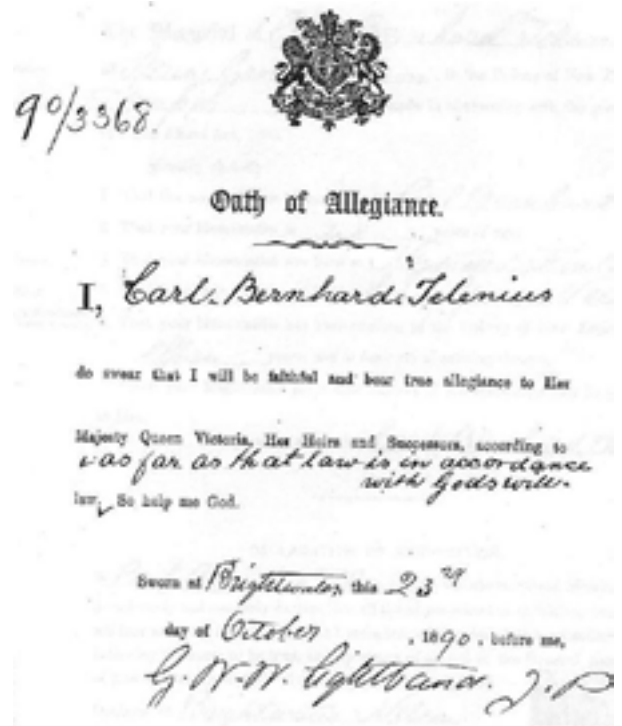


Telenius House with family at front

In his younger days he had been a seafarer, journeying to China and the Far East and also the United States where in the 1860's he fought in the Civil War for the Union forces. Making his way to the South Seas, he took service on the missionary schooner John Williams, and later on settled down for several years as a trader on one of the islands in Tonga. Eventually he migrated to South Australia and Victoria before coming to New Zealand and settling at Spring Grove.

As well as the shop in Spring Grove, he also opened a branch in Wakefield close to the dairy on Whitby Road in 1907 after his first wife died of uterine cancer. For the last 24 years of his life he lived there, in Wakefield, in retirement.

For over 50 years he was a loyal and consistent worker in the Church of Christ and attended regularly the worship meetings at the Wai-iti Church often accompanied by his loyal dog who would sit in the aisle at the end of the pew.

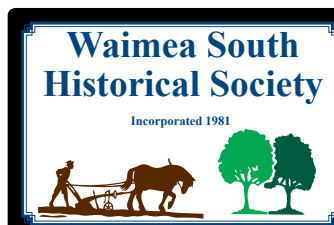


After his death through bronchial pneumonia, Miss Florence Fowler who had served in the shop at Spring Grove bought the business.

When she passed on the business lapsed and the house became simply a residence.

It changed hands several times over the years, gradually becoming more and more dilapidated.

... continued on next page



Explore the past with us  
[www.waisouth.wordpress.com](http://www.waisouth.wordpress.com)

# The Way We Were [Continued]

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In 1972 it was bought by a young teacher, Brian Wyman, for \$1,600 who proceeded to restore it, spray painting the outside white. One of the later owners, Mr Thomas Wheatley, covered the weatherboards with grey stucco. In 1984, Mrs Wilson who lived there was presented with a plaque by the Housing Corporation to mark its 100th year.

Although the house does not hold a Heritage New Zealand rating, the current owners, Wayne and Jeannine Price, members of the Waimea South Historical Society, obviously enjoy its heritage values and since the construction of the Brightwater by-pass the disadvantages of being close to what was a noisy road and on a dangerous corner have greatly reduced.

May it continue to provide a tangible link with our past for many more years to come and a reminder of a much valued immigrant to our district.

*Acknowledgements:*  
*Stringer, Marion Just another Row of Spuds 1999 Nelson Evening Mail 23rd July 1931*  
*Wayne and Jeannine Price for copies of articles, certificates and photographs*



### Wet 'N Wild Weekend

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# On The Beat

Hi everyone,

I would like to take the opportunity to thank all of the members of the Wakefield community and greater area for the warm welcome that I have received since starting work here. I look forward to continuing the great work that Peter Jackson and previous policemen have been doing out amongst the community.

I love living in the Wakefield area enjoying the rural life and the great outdoors that our fantastic region has to offer. I've always enjoyed policing in rural areas and when Marty Tutton decided to leave I jumped at the chance to work in Wakefield and was lucky enough to be appointed. My passion is rural policing and I am focused on making the rural community a safer and more enjoyable area.

I would like to thank all of the members of our great community who do a lot of work that is not formally recognised. We have a lot of people who donate their time which is great to see.

Recently it was reported to me that that around 20 native trees have been cut down in the Faulkner's Bush area to make way for a hut. Doug South and his team do an incredible job of making the area look great and it is hugely disappointing to hear. While it may seem harmless to some it is wilful damage and a criminal offence. If you know who was responsible for this or if it was you please come and see us at the station.

Just a reminder to residents to keep your houses, sheds and vehicles locked. We have had several properties and vehicles broken into on one evening with property and vehicles stolen. Of particular concern some of the houses and vehicles were left unlocked, making it too easy for criminals to help themselves. While you cannot guarantee 100% that it will not happen there are simple preventative measures you can take to lessen of the chances of it happening.

Below are some simple things you can do to prevent being the victim of crime:

- ALWAYS lock your home, sheds and vehicles.
- Keep bicycles and scooters in sheds or garages.
- Remove valuables from vehicles or at least don't leave things in clear view.
- Contact the police on 111 if you witness suspicious activity.
- Lock your vehicles and secure your property when you are at beaches, rivers and reserves.
- Look at installing sensor alarms, security lights and/or cameras.
- Consider establishing a Neighbourhood Support Group in your street. Call (03) 544 1365 or email [nsupport.waimea@outlook.com](mailto:nsupport.waimea@outlook.com) (See me for more information).

Also a small reminder that while spring is upon us we often see another cold snap or two before summer arrives. Remember to be conscious of road safety and driving to the conditions. These simple steps save lives.

Like PJ, my office door is always open. Whether it be for some advice, to pass on some information, to have a vent or just say G'day, feel free to come on down and have a chat. We have a great community spirit in this area so let's keep it going.

Enjoy the rest of the year and be safe.

Cheers,  
Constable Jamie White

**Contact us**

[nnbays.rural@police.govt.nz](mailto:nnbays.rural@police.govt.nz)  
Sgt Rob Crawford Ph 021 1915612  
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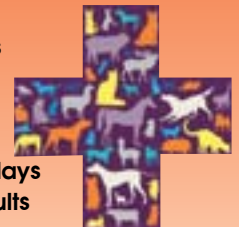


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# A Matter of Accounts

## MYOB AccountRight Live

by Sonia Emerson, CA, BBus

Last month we talked about MYOB Essentials. Well, MYOB AccountRight has all the features and benefits of Essentials, as well as a range of additional features for those businesses who have outgrown the basic requirements, and need to be able to manage their finances in a bit more detail. So, you still get quotes, invoices, expenses, bankfeeds, payroll, and GST.

### Totally Flexible

With MYOB AccountRight you can shape and customise how your quotes, invoices and purchase orders look, and create documents as unique as your business. You can also set adjustable pricing rules or mates rates by setting special prices and you can maintain a loyal customer base. This enables you to offer discounts for large customer orders, run special promotions in your marketing campaigns and manage multiple pricing levels on a permanent basis or one-off event.

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- Sales
- Time Billing
- Purchases
- Inventory

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### Manage Your Books on the Go

You can manage your accounts and cash flow on the go with the free MYOB OnTheGo mobile app which allows you to:

- Automatically updates your accounts in MYOB AccountRight
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- Manage contacts on the go and see who owes you money
- Less data entry, reducing admin time

Your accounts are updated in real time so you spend less time doing bookwork and more time doing what you want.



*This information is intended as a guide only - it is not intended as legal advice. For more detailed information please refer to the legislation or seek legal and/or accounting advice.*

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**Sonia Emerson**  
Chartered Accountant

Mobile: 021 221 1009  
74 Whitby Road, Wakefield 7025  
Phone: 03 541 9005 Fax: 03 541 9305  
Email: [allaccountsmatter@gmail.com](mailto:allaccountsmatter@gmail.com)

# Town and Country Talk

by Brenda Halliwell

## Spring Cleaning For Our Pets!

Just in the last few weeks we've noticed fur loss dramatically increasing as we start the warmer weather and moulting commences. It is amazing how much fur can float about and lodge on clothing, furniture and floor! Several tips for managing the deluge are:

1. Keep up with grooming - failing to do this leads to accumulation of dead hair in the coat which then mats the coat. There are combs/brushes available for all coat lengths and types and we can show you which one we recommend for your pet.
2. Wash dogs regularly – use our super-doooper K9000 dog wash available 24/7 outside our Richmond clinic! Or if bathing at home, use a dog shampoo rather than human one (their skin has a different pH) and make it a positive experience with warm water and positive reinforcement/attention and treats as aids. Groom out mats before bathing as they can worsen once wet. Cats can be wiped over with a damp cloth after grooming to limit hair loss into the environment.
3. Use regular flea treatment - with a well-proven safe product like Advantage or Frontline. Both products should be applied a few days before or after a bath - not at the same time. If bathing often, oral flea treatments such as Bravecto or Nexgard are good choices as they can't be washed off.
4. Trim their ears, feet and tail - Long haired cats and dogs benefit from trimming hair about their ears, feet, 'armpits' and under the tail. This reduces gathering of garden debris and dirt. Many owners of long-haired cats bring them into the clinic for a shave either all over or just a belly clip for the summer. This usually requires sedation.

**Dental health is not just about creating a sparkly white smile and pleasant smelling breath in your cat or dog!**

Bacteria associated with dental disease can cause illness and disease elsewhere in the body, especially if bacteria circulate in the bloodstream and lodge on heart valves or in the kidneys and liver. These risks are greater in animals with other problems such as diabetes, heart or kidney disease.

**70% of cats and 85% of dogs over three years of age are affected by periodontal disease.**

**What is periodontal disease?** Inflammation of the gums and soft tissues surrounding the teeth. Bacteria lodge in these tissues and on teeth in plaque, slowly causing inflammation and infection. The plaque mineralises on the surface of the teeth over time and forms a hard deposit called tartar. This rough surface harbours even more bacteria.

Signs your pet may have it - You may notice red gums, bad breath and yellow or brown discolouration of teeth. Pain or reluctance to eat usually only occurs with advanced gum disease in animals.

Early intervention is the key to prevention - tooth cleaning with a scale and polish procedure, dietary changes, mouth washes etc are often curative. Once developed, periodontal disease can be managed but not eliminated.

Call us now to make an appointment with one of our qualified veterinary nurses for a FREE dental check on 544 1200.

Remember your toothbrush is green, mine is blue.



Bob would learn the hard way that dogs are color-blind.



*"...for all creatures great & small..."*

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# Wakefield School

## Abby

The sunlight shines off of her glasses. When she walks through the darkness her dress blows. She loves to wear pink and she always wears tights. She has hazel eyes that glimmer in the sun. She is an angel. She has beautiful black hair.

by Tommy

## Charlotte

She has brown hair like tree bark. She shouts very very loud. She is stunning. She wears boots almost every day. Her best friends are Beth, Ben and Regan. She is funny.

by Fletcher

## Kadin

His hair swirls in the breeze. He likes green. He likes blue. He walks gently. He goes to Wakefield School. He is cool and amazing. He smells like a rose. He is superb at everything. He is awesome wherever we go.

by Alice

## Chloe

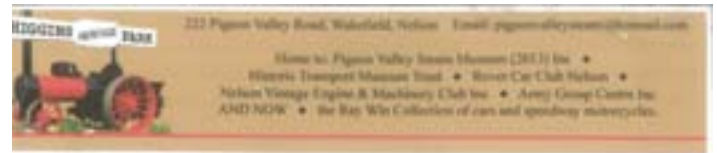
She plays with girls and sometimes boys. Her hair always waves in the wind. She likes to wear pink shoes t-shirts and sometimes even pants. She is so beautiful and doesn't hurt people. Only once I played with Chloe.

by Tyson

## Joshua

He has squishy brown hair. He always has a smile on his face. He likes to wear red stuff. He is friendly and kind. Luscious long lashes and beautiful brown eyes. He likes to draw pictures of dragons.

by Zoe



P.O. Box 62,  
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### 2016/17 SEASON EVENTS.

"On Steam" first Sunday monthly, September to May. (January on the 2<sup>nd</sup> day of the month.) These days are also part of Destination Wakefield where many attractions and lunch venues around the Village are all open together for a great day out. Higgins Heritage Park sheds are open on the 3<sup>rd</sup> Sundays monthly until winter.

Sunday 4<sup>th</sup> September: On Steam, and Classic & Collectable Car Show.

Sunday 2<sup>nd</sup> October: On Steam.

Sunday 16<sup>th</sup> October: On Steam for Towing Classic Trucks. All welcome.

Sunday 6<sup>th</sup> November: On Steam.

Sat. & Sun. 12<sup>th</sup> & 13<sup>th</sup> November: On Steam and Logging Weekend.

Sunday 4<sup>th</sup> December: On Steam.

Monday 2<sup>nd</sup> January:

Sat. & Sun. January: On Steam and Vintage Machinery Club Show.

Sunday 5<sup>th</sup> February: On Steam.

Sat. & Sun. 4<sup>th</sup> & 5<sup>th</sup> March: On Steam and Transport Museum Show

Sunday 2<sup>nd</sup> April: On Steam.

Sunday 7<sup>th</sup> May: Last Steam Day, and Military Re-enactment Action Day.

Sheds will be open only on first Sunday of June, July and August for winter. Special visits may be arranged with Park Manager. (Alan, 027 319 7477)

# Tai Chi in Wakefield

by Fran Nicoll

Having started in April, our Taoist Tai Chi beginners' class has covered 98 out of 108 moves in the Tai Chi set, and is almost at an end. Keen to hone our skills over time, our class is to continue to work together under our teacher Graham Elder. We're a warm and friendly, variously aged and abled, group of 14 with incidentally, one of the highest proportions of males in all of the Nelson branch classes.

Week by week, we learn a few more moves. By repetition, the body begins to "get the idea" helped by the constant watching of our corner people as we practise. "Corners" are others who are more experienced, and are necessary as the moves change side to side, back and front. We are so grateful to Mary, Norman, Lynn and Janet, and teacher Graham, who all travel to Wakefield to support us, and give us so much time voluntarily!

Although the idea of learning a sequence of 108 moves sounds daunting, this "learn by approximating" approach is not stressful. For me, the occasional glimpse of just how wonderful it must feel to be able to flow through the sequence of Tai Chi is impetus enough to keep at it. Partner Philip says "For an hour and a half, the only thing that I've been thinking about is what my old body is doing. At the end of a session, I feel totally refreshed mentally."

Certainly group members, including those of us with arthritic conditions, are saying that the gentle stretching and strengthening of joints and muscles is helping improve their balance and flexibility.

Financially Tai Chi is not an expensive way to exercise. Once you join the Taoist Tai Chi Society, you can access as many classes as you wish, and in any country where the society exists, for free.

There is a raft of subscription options including a newcomers, a family and an unwaged discount. Using all these, Philip and I have our initial 12 month subscription for less than \$2 each a week.

If you are at all interested, please accept an invitation from our present group to come by the Wakefield Village Hall on any Tuesday any time from 10 – 11.30am to sit in for part or all of a session.

We are hoping that, with the promise of our support, there will be sufficient numbers for the Nelson Taoist Tai Chi Society to start a new beginner's class in Wakefield in the New Year, day and time yet to be negotiated.





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## ANSWERS FROM LAST MONTH

1. In which country would you find the Great Victoria Desert?  
Australia
2. Which poet wrote the words "Season of mists and mellow fruitfulness?"  
John Keats (Ode to Autumn)
3. Which board game, the original version of which was released in 1957, involves a political map of the Earth divided into six continents and forty-two territories?  
Risk
4. Who rode a horse called Bucephalus?  
Alexander the Great
5. In which year were dog licenses abolished in the UK?  
1987
6. In a game of Scrabble, assuming no letters are placed on double or triple letter/word tiles, how much would the word 'panther' score?  
12 (p=3, a=1, n=1, t=1, h=4, e=1, r=1). Please note that this could also score 62 if the player used all seven tiles in their hand to make this word, as this earns a bonus 50 points}
7. In the Royal Navy, which rank lies between Admiral and Rear Admiral?  
Vice Admiral
8. Who was the second ever President of the United States of America?  
John Adams
9. Which hit song of the Sixties started with the words, "I may not always love you, but long as there are stars above you"?  
God Only Knows - Beach Boys
10. Which word, beginning with the letter 'p', is the term for a society ruled by the wealthiest citizens?  
Plutocracy

# Quiz

## THIS MONTHS QUESTIONS

1. When did the Falklands War start?
2. The old halfpenny had a ship on the reverse side - Name the ship which inspired the design.
3. What flower connects a novel by Victor Hugo and an opera by Verdi?
4. Which play is said to make Gay rich and Rich gay?
5. What is a jury mast on a ship?
6. What is progeria?
7. What was Chief Sitting Bull's original name?
8. Who was the last woman to be executed in the UK?
9. What is a Zebroid?
10. Which sport can only be played by right handed players?

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# Wakefield Bowling Club

by Tony Eames

Summer season opened on 23 September with fun games and barbecue.

**Have a Go Day - Sunday 9 October 1 - 4pm**  
**Social roll ups - Monday and Friday afternoons 1.15pm**  
**Community bowls - Thursday evenings from 10 Nov 6 - 8pm**

New players welcome.

Club Championships, Interclub and centre events for full members midweek and weekends throughout the season.

Check our website - <http://www.sportsground.co.nz/wakefieldbowls>

For more information contact Tony at 5418316 or the clubrooms at 5418556.



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# Health & Wellbeing - Physio

## Stop the Water Works! How to Train Your Pelvic Floor Muscles for Women and Men

By Kate West, Wakefield Physio, Physiotherapist

Do you avoid the trampoline? Do you have to cross your legs when you sneeze? The chances are you have weak pelvic floor muscles. Your pelvic floor muscles are vital for maintaining good bladder and bowel control. And the good news is that they can be retrained and strengthened so no more embarrassing leakage.

### Where are your pelvic floor muscles located?

Your pelvic floor muscles extend from your pubic bone in the front to your tailbone at the back (refer picture). These muscles form the 'floor' of your pelvis.

### What do your pelvic floor muscles do?

These muscles support your bladder, bowel (and uterus or womb in females) and they help prevent leakage.

### How do they get weak?

Typical causes are:

- \* In pregnancy and childbirth the pelvic floor muscles are stretched to make room for the baby which can lead to weakness
- \* After some prostate surgery
- \* Persistent straining to empty the bladder or bowel
- \* Heavy lifting
- \* Chronic cough
- \* Being overweight
- \* Lack of general fitness

### How do I know if they are working properly?

Start by sitting in a chair and breathe calmly. Relax your bottom, stomach and leg muscles. Now imagine you are trying to stop the flow of urine or are holding in wind. Do this by gently squeezing and lifting up around your front and back passage. Remember don't hold your breath or tighten your bottom or leg muscles.

You can do a self test to check you are using the correct muscles the next time you need to pass urine. Try and stop mid-flow and then restart. Please note that this is only a test and is not a way of training your pelvic floor muscles.

### Training your pelvic floor muscles

The first thing to know is that with all strength training you need to persevere to see results.

Training your pelvic floor muscles is no different. Start off small, and as you get stronger increase the time of your holds.

- \* Sit or lie down, relax your breathing and allow the rest of your body to relax
- \* Strongly squeeze and lift your pelvic floor muscles and hold for 3-10 seconds
- \* Relax for 3-5 seconds
- \* Then repeat your squeeze and lift 8-12 times – this counts as one set
- \* Repeat this exercise so that you are doing three sets per day

Remember to make sure that you continue to breathe throughout this exercise and don't use your bottom and inner thigh muscles. You should see results within 4-12 weeks depending on your circumstances.

If you are pregnant, make sure you start doing these exercises now and continue to do after birth to reduce the chances of leakage.

If you are having difficulty finding or contracting your pelvic floor muscles then don't give up. Try the exercise in a different position such as lying on your back or on your side.

If this still doesn't work then please seek help from a qualified pelvic floor physiotherapist.



Picture 1. Pelvic Floor Location

Adapted from  
[www.pelvicfloorfirst.org.au](http://www.pelvicfloorfirst.org.au)

Pregnancy and childbirth are the greatest risk factors for developing urinary incontinence in women



**Kate West** NZRP, BPhty

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## Can You Help?

**We urgently need a small paddock for our pet sheep. Can anyone help?**

My Mum is 92 1/2 years and came to live with my partner and myself on his lifestyle property after the February 11 Christchurch earthquake. I was visiting Mum on that day and we were lucky to get out.

Shortly after Mum suffered a severe stroke losing speech, vision and mobility. Due to her amazing spirit much of that came back. We returned to Christchurch to attend to her EQC repairs and while there, sadly Mum had a fall requiring major surgery which delayed our return to Nelson.

We returned to devastating circumstances back in Nelson resulting in my partner and I splitting up, with Mum and I moving into a little cottage in town.

Mum had grown up on a farm and being on the property with the animals had really helped her get through the stress of the last few years.

"Bamey" was a little lamb, 2.5kg, rejected by his Mum and spent his first night in my Mums ensuite. Feeds through the night...trips in the car... pet power. We are desperate for a small paddock where we can visit our sheep.

There are four in total and all very well behaved. It really means a lot to Mums spirit so I am hoping someone can help us.

Cheers, Di, phone 027 203 2720.



## Our Backyard

In the last 18 months or so, our back yard has been degraded by needless lazy dumping. I refer to the riverbed, under the Pigeon Valley Bridge and the surrounding areas upstream and downstream. Pig skins, pig carcasses, deer carcasses, sheep carcasses, beef bones, fish skeletons, garden rubbish, buckets of dog faeces, personal rubbish...

The Tasman District Council employs a contractor who picks up the crap dumped by these filthy lazy people at the cost of rate payers. We are supposed to be a clean green nation. Unfortunately the few that choose to discard their waste in the riverbed are turning our backyard into a Third World water way.

To the pig hunters, I know it's a small percentage of you doing this and you are unfortunately making all hunters look bad. Take your carcasses and skins back in the bush. Please don't dispose of it in the riverbed where you think it's ok, because it's not ok. If you don't want to take it back in the bush how about you just leave it on your own lawn?

To the green waste dumpers and the one that empties the buckets of dog faeces, just stop and think for a second about some one turning up and dumping your waste on your front yard in the middle of the night. Cool eh, you would be real happy with that wouldn't you?

Very recently people in Havelock North were made seriously ill from contaminated water. This is the reality of what could easily happen here in our community due to the dumping of carcasses in and near our water ways...come on people our drinking water comes from the river. Do the people who dump their waste want to poison thousands of us, themselves and their own families, maybe even be responsible for the deaths of a couple of the elderly or young children?

Come on people, have a conscience and protect our back yard. Don't destroy it for the generations to come. If you know who the dumpers are maybe you could prick their conscience with a quiet word of warning that their behaviour is detrimental to all of us and they are going to get caught and with any luck they will be prosecuted.

If you see someone dumping rubbish, whether in the riverbed, under the bridge or anywhere else they shouldn't, record the number plate, a description of the person(s), photos are great too, and report it to the Tasman District Council (035438400), or the Police. Thanks, from one annoyed rate payer, on behalf of many more.

## Senior Fashion Show

Sponsored by Waimea Anglican Diocese - Brightwater and Wakefield

### St John's Church

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Wednesday 26 October

2.00 PM

\$gold coin donation for entry  
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Further info please contact Nicola, Waimea Anglican Senior Care Co-ordinator 03 541 9225



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Authorised by Damien O'Connor. 208A Palmerston St, Wsp.



# Live Local Shop Local

## Hallowe'en Heaven at Dress Up Box Costume Hire

Dress Up Box Costume Hire is located at 136 Queen Street, Richmond, just before the popular Sprig and Fern.

Dress Up Box has been operating for over three years now, and our collections are growing all the time. Over the years I have worked voluntarily with theatre groups in the Nelson region. This fed my passion to start up a costume hire business and share my knowledge in many different areas.

What I love most about my job is helping people find the right costume for them, thus making decisions easy and ensuring everyone has fun! I have three themed rooms, making it easy for you to find your way around the shop.

At Dress Up Box we cater for adults and children. A great example is "Book Week" which is always very popular because we have lots of costumes to choose from and lots of different groups of customers. It's a pleasure to help a lot of the schools and colleges and meet with a lot of performing arts students.

So for Disco, Medieval, Vintage, 1980s - and for any other era! Pirates, super heroes, around the world, princesses, fairies, and many more, you will find what you need at our "Treasure Trove" of costumes. I also have many accessories to go with each outfit. If you are having trouble deciding what to wear, I can assist you with lots of options.

We have flexible hours and a late night for your convenience. If you really need to see our range outside our usual hours, please call or email to schedule a special viewing.

I'm also happy to help with group bookings and work functions, but as these are very popular around late November early December, it pays to book in advance. Please contact me to discuss your requirements as soon as your event is booked.

Also, Dress Up Box is excited to launch "Kitty Corner" - an area of exciting gifts dedicated to all crazy cat lovers out there. Find the perfect gift for Christmas, birthdays or just to treat yourself. Gifts range from jewellery, socks, charms, collar tags, signs, headwear, toys, stationery etc! This range will be frequently refreshed and expanded, so please check back regularly.

**Dress Up Box Costume Hire**  
**136 Queen Street**  
**Richmond**

**Phone:** 03 544 4699  
**Mobile:** 021 313 140  
**Email:** [kandmcavit@gmail.com](mailto:kandmcavit@gmail.com)  
**Facebook:** [dressupbox@dressupboxcostumehire](https://www.facebook.com/dressupbox@dressupboxcostumehire)





**Wakefield School Twilight Gala**  
**Saturday 12<sup>th</sup> November**  
**3.00pm - 6:30pm**

**Wakefield School**  
**Edward Street, Wakefield**

Please note the gala will run wet or fine!

**Planning is underway for another  
 GREAT FAMILY NIGHT OUT!**

The Wakefield School PTA would love to hear from any individuals or businesses who are able to help the school through the donation of prizes for the silent auction, products for the food stalls, resources for the activities or sponsorship of advertising.

We would also be grateful for plants and good, clean items for the Book, Toy or Clothing stalls.

If you are able to support the school in any of these ways then please leave your name and number at the school office for a member of the PTA to be in touch.

# 170 Years of Worship and Service

St Johns is a very unique heritage building, of which our town is very proud. Wakefield and Districts parish now includes Tapawera and Murchison congregations, and the heritage church, hall, and vicarage. These are centralised in Edward Street. We have continued to call ministers to work fulltime in the area, and more recently have branched out into employing along with Brightwater Church, an elder care worker whose task is to care for the elderly, to visit, and where possible to provide transport into town for essential appointments for the elderly.

We have a van which doubles for elder care and supplying transport for Youth Group transport. While we have been blessed with the van and new garage to house it, it is important to level and seal the access to the garage for both the van driver and cycleway users.

As you can imagine this is not a cheap exercise, and in the light of it's provision to the community, we would be very grateful for any gifts towards improving the access to vicarage driveway and garage where the van is stored. Nicola Berthleson is the senior care worker and we want to take this opportunity to say how much her caring, pastoral work and driving is valued by the community. If you could help with either the garage access leveling/sealing etc, or with a financial gift, it would certainly help us make the access for the van and cyclists much safer.

Any offer of help can email [wakefieldanglican@xtra.co.nz](mailto:wakefieldanglican@xtra.co.nz) or ring Rev Allan 541 8883 or Caroline Gibbs 5418491.



# Wakefield Playcentre

by Liz Ashburner

It has been a busy month at Playcentre with a couple of excursions, lots of outside play and some very active tamariki. Our whanau enjoyed a trip to Nelson Gym with other children from Victory Playcentre. This was a great opportunity for the kids to challenge themselves physically and to explore a different environment. Our younger children loved the foam pit and everyone enjoyed playing with the colourful parachute.

We also visited Brightwater Playcentre. All Playcentres share the same philosophy but have different ways of operating so it is inspiring to meet with other passionate Playcentre parents and learn how they do things differently. Our children settled into the new environment beautifully. They have a strong sense of belonging at Wakefield Playcentre and it seems that they recognise the similarities enough to feel comfortable even in different centres.

Back at Wakefield the children have been baking, planting seeds and enjoying lots of science-based play. We have a great science area with magnets, magnifying containers, lots of natural resources, a small-scale replica human body and much more. We also support the children with baking, volcano making and other activities that encourage their curiosity about the natural and material worlds.

During September we hosted the quiz nights at the Sprig and Fern in Brightwater. This has been lots of fun and raised \$1120 which will go towards running costs and new resources for the tamariki.





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**AH: 541 9567**



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03 541 9520

[www.felbridge.co.nz](http://www.felbridge.co.nz)

# Live Well Stay Well

by Margaret Clark

Last month we enjoyed a very informative session with Emma Stephens, author and Alaskan adventurer. What a story she told us!

On September 20 a good crowd of us met at the Wakefield Hotel Bistro for coffee followed by a tour around this historic hotel where we saw some of the finished renovations. What an asset to the village this accommodation will be.

“Live Well Stay Well” is a health and social group that meets two weekly in Wakefield from 9.45- 11am. All interested are welcome to attend especially if you are new to the village. A varied programme is organised which is informative and fun plus regular coffee and chat sessions.

The group is followed by a walk (and talk) around Wakefield for those who feel like being more energetic.

Coming up:

**October 4** - At Wakefield Hall 9.45 -11am. Speaker Arni Davies will be talking about local Maori stories of the area.

**October 18** - Coffee at Chateau Rhubarb 9.45am, then a visit to Lynn Croys garden at 17 Hunt Terrace.

**November 1** - Coffee and chat at HQ Brightwater, followed by a local walk.

Anyone is welcome to attend.

Any enquiries or to go on our email list to let you know whats happening, please call Margaret 5419693 or Yvonne 5422235.



# Locals Supporting Locals

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**FUEL FOR SCHOOLS**  
School Sponsorship Programme by Southfuels

You can now Support Wakefield School when you fuel up at Southfuels Spring Grove

It is simple - every time you fuel up 1 cent for every 2 Litres purchased goes back to the school!

Donations are issued quarterly to the school as either sports equipment or technology

Southfuels Spring Grove -  
Main Road, North Wakefield 03 541 8444

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Main Rd North



Wakefield, Nelson

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Giving Back to our Community



## THANK YOU

Kyla, Connor and Piper are amazed at how many people have shown their interest and support to the mini stock story we put in last month. So from all of us we thank you all!!!

Quiz Night

Monday 28th of November

Speights Ale House 6:30 start

\$10 a ticket

(as many in a team as you want)

Must book in with Michelle 0212074298 or  
m.blackbourn07@gmail.com

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and Blacks, Terry Westley Drainlayer



# Community Notices

## Wakefield Craft Group

Come and join the ladies Craft Group  
held on Wednesday mornings  
in the Fire Brigade Supper Room  
Pigeon Valley Road  
9.00am - 12pm

Bring any project - sewing, knitting, crochet.  
Learn to knit or crochet or just come for a look  
and join us for tea, coffee and company.  
Small donation

For more information phone Judy on 5418342

## Do You Have Photos of Historical Interest That You Would Like to See Preserved For the Benefit of Future Generations?

Waimea South Historical Society would be happy to take care of them for you.

They would be housed in the Tasman District Library and become part of our collection.

Like the George Lawrence Collection they would eventually become digitised and available on-line as part of the Kete Website.

If you wanted to keep them but thought they would be of interest to others they could be copied and dealt with in the same way.

Just make contact with our Secretary: Jeanine Price  
Phone 03-542- 3033 or e-mail [jandwprice@outlook.com](mailto:jandwprice@outlook.com)



## WAIMEA AREA QUILTERS

Our next meeting will be held on:

Thursday 13<sup>th</sup> October 2016  
Hope School,  
Paton's Road, Hope  
from  
7.30pm – 9.30pm

Everyone welcome.  
Bring some hand sewing and examples of your work to show.

For more information please contact:

Judy-Anne Sumbly 542 2104  
Email: [judyannesmb@gmail.com](mailto:judyannesmb@gmail.com)

Marilyn Gibbs 541 8435  
Email: [gibbs@ts.co.nz](mailto:gibbs@ts.co.nz)



## BETTER THAN BEFORE GROUP

Sick and tired of old habits?  
Want to keep moving ahead on your values and dreams?  
Small group meeting to motivate ourselves, works!  
Come and try it out.

Free weekly meetings, Wednesdays 5.45 - 6.45pm at  
William Higgins Cobb Cottage, 170 Main Road, Spring Grove  
Phone Kathy 03 265 5066 [local number]  
(Please leave a message and I will call you back)  
or just turn up.

## ST JOHNS CHURCH 170TH ANNIVERSARY

St. John's Anglican Church on the hill, will celebrate its 170th anniversary at Labour Weekend.  
The actual date of the anniversary of the first service held in the church is  
11th October and this is the oldest church in the South Island.

There will be a service of praise and worship held in the church on Sunday 23rd October at 10 am followed by the dedication, in the cemetery, of a seat to the memory of Reverend Ray Williams who was Vicar here from 1978 – 1983.  
Rev'd Williams had responsibility for Motupiko, Tapawera and St. Arnaud as well as Wakefield.

There will be a shared finger-food lunch to follow at the Worship Centre as well as an anniversary cake.

**Please come and join us for this happy historic occasion.**

**Church service 10 am up the hill (no service at the Worship Centre that day)  
Dedication of the seat  
Shared lunch in the Worship Centre**



# Community Notices



Are you a beginner, or have never drawn or painted before?  
Come and give it a go  
Join our very friendly group

Every THURSDAY of the School Term  
9.30 am – 12.00 pm  
Wakefield Village Hall – Supper Room  
\$4 per session/cup of tea included

For more information contact:  
Fiona - P: 027 767 7909  
E: kahurangicottage@gmail.com  
or Sonja – P: 541 8176  
E: sonjal@ts.co.nz

## THE NELSON ARK

Foster a dog for free – while it undergoes eight weeks of training at The Nelson ARK! Food and vet care are provided.

The Nelson ARK are desperately seeking foster families in the Tasman/Nelson region.

Fostering an ARK dog is a great idea if you are looking to adopt a new member into your family because it's a bit like 'try before you buy' and you can choose to adopt the dog at the end of the programme.

Or if you are just looking to help out a dog in need, then fostering is a huge help for the ARK.

For more information, please phone the ARK office 542 3866 or [www.thenelsonark.co.nz](http://www.thenelsonark.co.nz)

## MAINLY MUSIC

Now meeting at Wakefield St Johns Anglican Worship Centre  
Monday's 10.00am. Cost \$3.00 per family.

This is a time for parents and children to enjoy music, song, dance and lots of laughs.

Any queries please phone Wendy Milson 544-5494.

## WAKEFIELD JUNIOR TENNIS

Fridays

Term 4 and Term 1

Visit [www.caldertennis.co.nz](http://www.caldertennis.co.nz) to register

## HOME & SECTION SERVICES

Reliable, honest and hardworking. We'll get the job done.

Services include, but not limited to:

- Chainsaw Work
- Gardening
- Painting
- Small Repairs
- Weedeating etc
- Window Cleaning
- Woodsplitting
- Yard Clean-up

Grant also has experience in natural health, specialising in respiratory problems. Phone Grant or Rian on: (03) 543 3600.

## WAIMEA PLUNKET PLAYGROUP

The Brightwater Community  
Anglican Church, , Waimea West Road, Brightwater

Time: 9.00 – 12.00 noon  
Day: Wednesday morning  
Cost: FREE

## COMMUNITY OUTREACH LUNCHES

The community lunches at St. John's Worship Centre will be the third Thursday of each month. All welcome.

To assist with catering, please phone Caroline, 5418491 by Monday evening preceding, if possible, if you wish to attend.

## FOXHILL TENNIS COURTS

658 Wakefield-Kohatu Highway  
(at rear of Rutherford Memorial Hall)

**FREE PUBLIC USE.**

Re-painted lines, nets up ready to go, for twilight practices and summer fitness.  
Managed by Rutherford Memorial Hall (Foxhill) Assn Inc. for TDC  
Erica Short Secretary/Treasurer 541 8882



SUNDAY 9<sup>th</sup> OCTOBER 1 – 4pm

**WAKEFIELD BOWLING CLUB**

**61 Whitby Road, Wakefield**

**All you need is flat-soled shoes and a smile!**

**WAIMEA SOUTH HISTORICAL SOCIETY INC**

**Meeting Tuesday 25 October 2016 2pm**

**General Meeting**

**Followed by Rosie-Anne Pinney**

**of Cambria Craft Bindery, Nelson**

**discussing book binding techniques – past & present**

# Community Diary & Classifieds

## PART TIME WORK WANTED

Sept

All the jobs that farmers don't have time to do, such as firewood, lawns etc.

Phone John 541 9233 or 027 469 0964

## WORK WANTED

Sept

Experienced mature housecleaner available.  
Phone Christine 5419233 or 027 677 0080

## WANTED

Oct

House sitter wanted for house and two dogs, over Christmas/New Year period 23/12 – 6/1. Phone Bob 029 777 0052

## WANTED

Oct

Some Lego-crazy people aged between 7-12 years. I would like to form a group where we can build and talk about our Lego creations and make some like-minded friends.

Phone 541 9145 if you are interested.  
Thanks, Solomon

## RURAL PROPERTY WANTED TO RENT

Oct

Due to our current rental being sold, we find ourselves looking for a country house with some land to rent/lease long term, with a view to purchase in the area.

We have a small number of sheep, and wish to run a few calves, chooks and have our own vege garden.

Being a mature, professional couple and son, we are careful, responsible, quiet folk.

We are ex-sheep/cattle farmers. We have NO dogs.

We would be very happy to help out with farm chores if need be.

If you have or know of a property that needs to be looked after, call us on:  
03 543 3600 Anne and Grant.

All areas considered.

## RIDE REQUIRED

Sept

Ride needed to Stoke and return (weekdays) 9am-2pm Wai-iti area.  
Phone Ange 541 8824 if you can help

## FOR SALE

Oct

Farm timber new 3.2 treated pine. 100x50 / 150x50 / 200x50  
To view phone Allan 027 319 7427 or John 541 8998

## LAWNMOWER SERVICING

Oct

Oil change, blade sharpen, spark plug replacement, from \$60.  
Wakefield Auto Services  
67 Whitby Road, Wakefield  
Ph 541 8121

## MONTHLY COMMUNITY CALENDAR

### OCTOBER 2016

Sat 1	9.30 am	Wakefield Community Toy Library open
Mon 3	10.00 am	Mainly Music, St Johns Worship Centre
Tues 4	9.45 am	Livewell Staywell, Wakefield Village Hall
	10.30 am	Wakefield Community Library open
Wed 5	9.00 am	Wakefield Craft Group, Fire Brigade Supper Room
Thur 6	9.30 am	Wakefield Art Group, Wakefield Village Hall
Fri 7	2.30 pm	Wakefield Community Library open
Sat 8	8.00 am	Wakefield Market Day, Village Green
	9.30 am	Wakefield Community Toy Library open
Sun 9	10.00 am	Destination Wakefield, various locations
	1.00 pm	Have a Go Day, Wakefield Bowls
Mon 10	10.00 am	Mainly Music, St Johns Worship Centre
Tues 11	10.30 am	Wakefield Community Library open
	7.30 pm	Wkfld Comm Council Meeting, St Johns Worship Centre
Wed 12	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church
	9.00 am	Wakefield Craft Group, Fire Brigade Supper Room
Thur 13	9.30 am	Wakefield Art Group, Wakefield Village Hall
	7.30 pm	Waimea Area Quilters, Hope School
Fri 14	2.30 pm	Wakefield Community Library open
Sat 15	9.30 am	Wakefield Community Toy Library open
Mon 17	10.00 am	Mainly Music, St Johns Worship Centre
Tues 18	9.45 am	Livewell Staywell, Chateau Rhubarb
	10.30 am	Wakefield Community Library open
Wed 19	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church
	9.00 am	Wakefield Craft Group, Fire Brigade Supper Room
Thur 20	9.30 am	Wakefield Art Group, Wakefield Village Hall
Fri 21	2.30 pm	Wakefield Community Library open
Sat 22	9.30 am	Wakefield Community Toy Library open
Sun 23	10.00 am	170th Anniversary, St Johns Church
Mon 24	10.00 am	Mainly Music, St Johns Worship Centre
Tues 25	10.30 am	Wakefield Community Library open
Wed 26	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church
	9.00 am	Wakefield Craft Group, Fire Brigade Supper Room
	2.00 pm	Senior Fashion Show, St Johns Church
Thur 27	9.30 am	Wakefield Art Group, Wakefield Village Hall
Fri 28	2.30 pm	Wakefield Community Library open
Sat 29	9.30 am	Wakefield Community Toy Library open
Mon 31	10.00 am	Mainly Music, St Johns Worship Centre

### NOVEMBER 2016

Tues 1	9.45 am	Livewell Staywell, HQ Brightwater
	10.30 am	Wakefield Community Library open
Wed 2	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church
	9.00 am	Wakefield Craft Group, Fire Brigade Supper Room
Thur 3	9.30 am	Wakefield Art Group, Wakefield Village Hall
Fri 4	2.30 pm	Wakefield Community Library open
Sat 5	9.30 am	Wakefield Community Toy Library open
Sun 6	10.00 am	Wakefield School & Community Pool Opening
Mon 7	10.00 am	Mainly Music, St Johns Worship Centre



## WAKEFIELD MARKET DAY Saturday 8th October - 8am to 12pm

It's a great time to sort out all those treasures and be ready for summer.  
Plants galore, friendly local growers.  
Great BBQ run by Scouts.  
Come one come all.

For sites ring Jean 541 8154

# Community Directory

**Citizens Advice Bureau**  
548 2117 - 0800 367 222

**Rutherford Memorial Hall**  
658 Wakefield-Kohatu Highway, Foxhill  
Bookings and enquiries:  
Erica Short 541 8882 or  
rutherfordmemorial.hall@gmail.com

**Pigeon Valley Steam Museum**  
Alan Palmer 027 319 7427

**Rural Ramblers**  
Carolyn Mason 541 9200

**Spring Grove Drill Hall**  
C. Pike 542 3904

**Totaradale Golf Club**  
Jacquie 541 8030

**Wakefield Anglican Church – St Johns**  
Meet Sun 9.00am; 10.30am  
Rev. Allan Wasley 541 8883

**Wakefield Community Library**  
Wendy Gibbs 541 8490  
Pam Dick 541 8392  
Hours - Tues 10.30 -11.30am  
Friday - 2.30 - 4pm  
Excluding Public Holidays

**Wakefield Football Club**  
Chris Olaman 027 541 9029  
Ian Radcliffe 021 0244 6459

**Wakefield Medical Centre**  
541 8911

**Wakefield Pharmacy**  
5418418  
doug@wakefieldpharmacy.co.nz

**Wakefield Playcentre**  
Contact: 541 8866

**Wakefield School**  
Edward Street 541 8332

**Wakefield Scout Group**  
wsg4kids@gmail.com

**Wakefield Toy Library**  
Saturday 9.30-11.30am  
Chris Gaul 541 8148

**Wakefield Volunteer Fire Brigade**  
DCFO Fritz Buckendahl 027 224 4162

**Justice of the Peace**  
Katie Greer  
896 Wakefield/Kohatu Highway  
Ph 021 547 756

**Country Players (Drama)**  
Jen Amosa 541 8139  
enquiries@countryplayers.org.nz  
www.countryplayers.wordpress.com

**Nelson Vintage Engine & Machinery Club**  
Allan 027 319 7427

**Pinegrove Kindergarten**  
03 542 3447

**Rural Women**  
Dawn Batchelor 542 3628

**St Joseph's Catholic Church**  
Sun 8am, Thurs 9.30am  
Parish Priest Seth Pijfers 544 8987

**Waimea Sheepdog Trial Club**  
Colin Gibbs 541 8435  
gibbs@ts.co.nz

**Wakefield Book Group**  
Mahala White - 541 8933 or  
Chrissy Harris - 541 9596

**Wakefield Bush Restoration Society**  
Doug South 541 8980

**Wakefield Craft Fair**  
Leanne and Glen Turner  
541 8306

**Wakefield Plunket**  
Donna Todd 541 8583

**Wakefield School/ Community  
Swimming Pool**  
Phill Platt 027 231 7610

**Target Shooting Wakefield**  
targetshootingwakefield@gmail.com  
Contact: Dot Ashton  
541 8989 or 027 543 0529

**Wakefield Rest Home Ltd**  
Cath Smart - Manager  
Rita O'Neil - Clinical Manager  
541 8995

**Wanderers Sports Club**  
542 3344

**Wakefield Physiotherapy**  
Kate West 03 541 8911

**Window on Wakefield**  
Advertising - 541 9641  
Genie & Lindsay Bradley

**Focus Wakefield**  
focuswakefield@gmail.com

**Just Gymnastics**  
Linda Mace 546 6013

**NZ Postcard Society Inc.**  
Doug South 541 8980

**Richmond Lions - Wakefield Rep**  
Ivan Burrowes 541 9689

**Spring Grove Church of Christ**  
Meet Sundays 10am  
541 8011

**Top of the South Rural Support Trust**  
gibbs@ts.co.nz  
Colin Gibbs 541 8435

**Waimea South Historical Society**  
Arnold Clark 544 7834

**Wakefield Bowling Club**  
Margaret Eames 541 8316

**Wakefield/Brightwater Book Club**  
Pauline Coy 542 3994  
paulinebc@gmail.com

**Wakefield Community Council**  
Sonia Emerson 541 9005

**Wakefield Indoor Bowls Club**  
Ren Olykan 541 8275

**Wakefield Preschool**  
Contact: 541 8086

**Wakefield School PTA**  
ptawakefield@gmail.com

**Wakefield Tennis Club**  
Ngaire Calder 541 9419

**Wakefield Village Hall**  
Rob Merilees 541 8598

**St. John's Worship Centre**  
Nigel Massey 541 8857

**Waimea Plains Junior Football Club**  
Debbie and Grant de Joux  
541 8307

**Window on Wakefield**  
Articles & Content - 541 9005  
Sonia Emerson

## CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have **specialised skills/ equipment**, and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their **responsibility to be personally prepared**.

You should ensure that you have your own **survival kit** in place, and that you are able to be **fully self sufficient for at least three days**.

In the event of an emergency, for urgent public messages, tune in to:  
More FM 94.1, Classic Hits 89.8, Fresh FM 95.4





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**03 541-9667**



**FREE qualified advice about your home's value is only a phone call away**  
Wendy Pearson M 021 567 722 P 541 9667 E [wendy.pearson@tallpoppy.co.nz](mailto:wendy.pearson@tallpoppy.co.nz)

