



window on **wakefield**

Your Local News

Community News for the Wakefield Area

STAINED GLASS WINDOW REALISED AT LAST

by Ren Olykan and Caraline Dyson

Twenty years ago local artist Ren Olykan created a beautiful painting for St Josephs' Church, depicting the risen Christ over a New Zealand landscape. Ren's painting was a response to the Second Vatican Council decision that required the priest to face the congregation instead of having his back to them whilst he faced the altar, which had previously been the norm.

A lot of the big altars were dismantled and a simpler table was used as an altar instead, with the priest now standing on the other side. Once the high altar was reduced in height, the plain glass window at the head of St Joseph's church became very much more visible. As the window faces east, the patterned amber glass caused so much glare that worshippers couldn't see the priest - he showed up as a silhouette, so Ren suggested they covered it with a "mock" stained glass window.

When Father David Gruschow, St Josephs' present parish priest came here around seven or eight years ago and he indicated very quickly that he would like the painting made into a real stained glass window. Around four or five years ago Ren approached Stuart Gapes to see if he could construct it.

Stuart was keen to be involved but knew such a beautiful and intricate window would not be cheap. The community needed to do a lot of fund raising or rely upon a substantial bequest to proceed with the construction.



Earlier this year, a large enough bequest meant Ren and Stuart could make their vision a reality, and the job was at last underway.

Ren explained "Although Stuart had a lot of experience, it was the first time I had been involved with the intricacies of working with glass. I wanted to do any painting myself, and we managed to do that, but we also needed to obtain the right glass and materials, and Stuart was the man for that. He has made a great professional job of the window and we are all thrilled with the result. As you can see, the stained glass version is very slightly different with the 'tongues of fire' replaced by the dove as the Holy Spirit, but the important thing is that the light shines through Christ from the Father."

Stuart said "I found the job pleasurable because the design and colours were already chosen. It was easy working with Ren because we made decisions on the spot and got on with it. That is why we completed it so easily."

The window will be formally blessed and dedicated in 2018/19 when St Josephs' celebrate their 150th anniversary. Meanwhile, the congregation are hoping to host an Open Morning in November, so everyone can come and enjoy the splendour of the new window in the sunshine.

There will be a notice detailing the Open Morning in the next edition of Window on Wakefield, on the village Facebook page 'Focus Wakefield' and on the village noticeboard.



WINDOW ON WAKEFIELD

How it works...

Window on Wakefield is produced and published by Focus Wakefield, a subcommittee of the Wakefield Community Council. All businesses advertising in this publication incur a cost for the advertising space allocated, depending on the size and location of the advertisement. The funds raised from this advertising are used to cover the costs of printing Window on Wakefield. No parties are paid for the time involved with editing, coordinating and publishing this paper. It is the intention that if surplus funds are raised from advertising, that these will be held in a separate bank account to be used for other community projects. The bank reconciliations and financial reports related to this account will be made available to any person who wishes to view them.

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Window on Wakefield is a community newspaper, and as such, we look forward to having articles and content contributed by our community. If you wish to submit a one off article, or suggest some regular content, please make contact with Sonia on 541 9005 or email windowonwakefield@gmail.com and read the Terms and Conditions below.

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NEXT EDITION

Due out the first full week of each month

All Advertising to be submitted by the 20th of the Month prior

All Content to be submitted by the **23rd** of the Month prior

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In The Bush

WEEDING BEE

by Doug South, President, Wakefield Bush Restoration Society Inc.

The weeding bee this month was along the creek which runs behind the barbecue area at Faulkner Bush. A busy morning but all the more enjoyable for the great weather and time to linger in the sunshine with a cuppa after the work was done.

Two of our members decided to have a look on the top plateau above this area to see what may need to be weeded in the future and came across three curly haired male teenagers pushing over saplings and pulling them out of the ground. As you can imagine these three got some very good advice, namely to desist their activity and leave the area. The result from their stupidity is that we have lost around a dozen 12 year old saplings of various species from one area plus damage to other trees.

This may not sound like much but for the size of Faulkner Bush Scenic Reserve it is a lot and it is very hard to get trees to grow in this area to replace them. See pictures! On a positive note, the new plantings are doing very well and we have also laid the new path across the top plateau where people were taking a short cut.

As spring comes upon us we will have a lot more work to do to control weeds and maintain tracks. Over the following months the track through the bush to the lookout will have some work done to repair some of the damage caused by heavy rain. This will include putting in some drains and some more steps in some parts to repair the damage and direct the water off the track.

The Tasman District Council contractor – Nelmac will be carrying out some spraying of the gorse on the lookout hill plus behind the Scout Den.

It was noted that earlier in the month a Robinia tree fell over at the old house site area in Faulkner Bush and it disappeared shortly afterwards by person(s) unknown. It must be made quite clear that no trees dead or alive or fallen can be removed from a Scenic Reserve without the express permission of the Tasman District Council Reserves Department.

It would be appreciated if members of the public see or hear anything suspicious that they contact me or the Tasman District Council Reserves Department immediately. Thank you... Doug South, phone 541 8980, email tuiville@xtra.co.nz.



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The "Live well Stay well" group in Wakefield meets fortnightly on Tuesday mornings.

October 13 Meet for coffee and chat at Chateau Rhubarbe 9.45am followed by a walk.

October 27 Meet together for car pooling at the Wakefield Hall carpark 9.30am where we have a local visit planned followed by lunch at "Alchemy cafe", Bateup Road 11.30am.

This is our last planned activity for 2015. All are welcome to come especially if you are new to the village and would like to meet some locals.

Any queries please call Margaret 541 9693 or Yvonne 542 2235.

Wakefield Health Centre

PATIENT PORTALS

Wakefield Health Centre (WHC) is in the process of setting up a patient portal which we believe will help you take an active role in your health and well-being.

An example of such a portal is ManageMyHealth.

This is a secure patient-centric health portal which is centered on the health provider-patient relationship.

It means the portal is set up to benefit you.

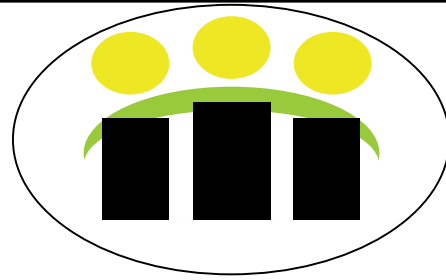
It is user friendly and can be accessed from your computer at home (or from anywhere around the world with login access), or from your apple or android devices and phones through a downloadable 'app'.

So what does a patient portal offer you?

1. Online access to your personal health record
2. The ability to book appointments online
3. The ability to view your blood test results or other results online
4. The ability to communicate with your doctor via email
5. The ability to reorder regular prescriptions with the click of a button
6. Access to a wide range of health information

Signing up is free, but some costs may apply, such as ordering prescriptions or use of doctor's time.

These costs will be negotiated from the outset.



Wakefield Health Centre

Surgery hours:

Monday to Friday 8am – 5:30pm

Wednesday 8am – 7pm

New Enrolments Welcome

Phone 541 8911

12 Edward St Wakefield

Lynda's Aerobics/Pilates Classes Term 4, 2015

St John Worship Centre, Edward St, Wakefield.

A new 1)-week term starts Thursday October 15th, ends Thursday Dec 17th.

Summer start times apply.

Thursdays 9.05am - 9.55am

followed by Pilates 10.05am - 10.55am

You can do either or both classes.

Aerobics \$75.00 for the ten-week term.

Pilates \$75.00 for the ten-week term.

Discount for both sessions - \$130.00 (\$20.00 discount)

No special skills, gear or fitness levels required for either class.

New folk are most welcome - we are a friendly bunch and usually head off for coffee after Pilates.

Please phone Lynda 5432268, txt 027 222 1491, email lynda@hnt.co.nz to book and for details.

Classes are on a per-term basis, no casuals sorry. If you commit for the term (and pay!) you are much more likely to come, then you'll get results. If you have to miss a class you can truck on over to Mapua and make it up on a Tuesday night, or Wednesday, Friday or Saturday morning.



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Wakefield Physio - Health & Wellbeing

YOU AND YOUR FEET

by Kate West, Physiotherapist (BPhty) at Wakefield Physio

Our feet; we walk, run, and jump on them and subject them to a fair amount of abuse. It is easy to take the health of your feet for granted, but any foot pain can cause a fair amount of disruption to our lives. The arch of our foot plays an important role in a functioning foot, so let's take a look at what makes a good arch and how to make your arch stronger.

Anatomy and function of your foot

Our foot (including our ankle) contains 26 bones, 33 joints and over 100 muscles, tendons and ligaments making it a very complex part of the body. Our feet function as shock absorbers, and help us to keep stable when we are upright. They also act like a 'spring' in that they store and release energy enabling us to propel ourselves forwards.

Our arch

For our feet to function properly we need to have good arch support. This support is predominately controlled by our foot and lower leg muscles. If these muscles are weak then problems with your feet can occur as it places stress on the other surrounding structures of your foot. Common ways to describe a weak arch is being 'flat footed' or having a 'collapsed arch'. An example of this is seen in picture one.

If these problems continue then your knee, hip or spine can also be affected.

Short foot exercise

A simple exercise to strength up your arch of your foot is to do the 'short foot exercise' (McKeon et al). This exercise is best done in bare feet as it will help with your foot sensation or proprioception as well.

Sit in a chair with your feet touching the floor. While keeping both your toes and heel on the ground lift the middle part of your foot upwards, like in figure one. Try not to bend or straighten your toes, but instead keep them in a neutral position. Hold this for 10 seconds and repeat 10 times. This exercise can be progressed by doing it in standing and then on one leg.



Picture 1. Normal Arch vs Flat Foot. Adapted from www.ipfh.org/foot-conditions



Figure 1. Short Foot Exercise
↗ Upwards lift with arch exercise
— Normal resting length of foot
..... Shortened length with foot exercise
Adapted from McKeown et al article

If you want more specific advice for your arch and feet then come and see me to get a foot assessment so you can have happy feet for this summer.

For more information read the following article:

McKeon PO, et al. The foot core system: a new paradigm for understanding intrinsic foot muscle function British Journal of Sports Medicine 2015, 49:290

Kate West BPhty
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Quiz

by Derek Evans

Grave Matters - Whose epitaphs?

1. "Everybody loves somebody sometime"
2. "I told you I was ill" (Translated from Irish)
3. "It distresses us to return works which are not perfect"
4. "Quoth the Ravens Never more"
5. "Beren"
6. "I told you so, you damned fools"
7. "I am ready to meet my Maker - whether my Maker is ready for the great ordeal of meeting me is another matter"
8. "She did it the hard way"
9. "Free at last, Free at last, thank almighty God I am free at last"
10. "The best is yet to come"

Bonus one for fun

11. "Pardon me for not rising"

This person was not famous but his epitaph is very appropriate
HAVE A GUESS AT HIS NAME

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Town and Country Talk

by Brenda Halliwell

A REMINDER ABOUT VACCINATIONS

This month we are going to have a quick refresher about some of the vaccinations that are available for our animals....

Cats and Dogs - Yes it's that time of year again when we start thinking about Christmas and summer holidays. If your pet visits boarding kennels or catteries, NOW is a good time to check that their vaccinations will be up-to-date. If not, there's still time to organise booster shots. Every year we have pet owners with ruined holiday plans because vaccinations have been forgotten – don't let it be you this year!

And on the subject of dog vaccinations, the intra-nasal Canine Cough vaccine is available again (after supplies were short through winter). This is great news as only one dose is necessary to boost a dog's immunity. It still has to be given at least three days before going to kennels – so don't leave it until the last minute.

Rabbits - For a long time we have been able to vaccinate rabbits against Calicivirus or Viral Haemorrhagic Disease. As the name suggests, this is a virus which causes sudden death due to internal bleeding. Annual vaccination is necessary to keep your pet bunny protected. The vaccine comes in a ten-dose vial and all the doses must be used within several hours. This means we don't vaccinate rabbits every day, instead we have to book multiple bunnies in all on the same day, usually about once every 4-6 weeks.

Lambs – Ewes should have a 5 in 1 vaccination against clostridial diseases (such as Tetanus and Pulpy Kidney) about one month before lambing – this protects the lamb until it is three months old. Lambs then need two 5 in 1 shots one month apart to protect them for the following year. NB This is a separate vaccination from Lambvax or PK/Tet.

Calves – should be vaccinated from three months of age with 7 in 1 - again two injections one month apart. This protects against clostridial diseases such as Tetanus, as well as two types of Leptospirosis. This must be administered by a vet, so call us at the clinic to organise a visit.

Goats – can be vaccinated with 5 in 1 to prevent clostridial diseases. Again two shots four weeks apart then annually.

Alpacas – can be given 10 in 1 vaccine from six weeks of age. A booster should be given one month later then every six months. A vitamin injection, drench and foot trim are often done at the same time.

Deer – Yersinia is the main concern. This is a disease seen mainly in fawns. They are usually given their first Yersiniavax at weaning then again one month later. Deer can also have 5 in 1 to prevent Clostridia and Lepto 3-way to prevent Leptospirosis. Both need two shots four weeks apart and annually.

Horses – Tetanus is the main concern. Horses need two vaccinations one month apart, then a booster one year later then every three years. There is also Strangles vaccine available.

Call us at the clinic if you would like more information on any of these vaccines.




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The Way We Were

Post Offices of the Past: Belgrove

Prepared for the Waimea South Historical Society by Roger Batt

As the railway crept south from Wai-iti it came to the first major physical obstacle since leaving Nelson – Spooners Range. A work camp was established at Belgrove in 1881 to house the labour force needed to build a 1.35 kilometre tunnel (just over three quarters of a mile). This took seven years and another two years for the line to reach Motupiko, a total distance of nine miles.

The post office was at the railway station. Belgrove became a busy village with railway buildings, houses for the workers and several shops. Teams of tunnellers, many Italian and Irish, were based here; locomotives and freight were stored and exchanged.

The railway had reached Belgrove in March 1880 and at the beginning of November a telegraph office was opened as Belgrove, call sign BLB (later changed to BLG). The Foxhill Post Office and buildings were moved here in May of the following year and Thomas A Aldridge established as the first Postmaster and Telegraphist at 90 pounds per annum and 50 pounds as Stationmaster. It would be another 26 years (28th February 1907) before a telephone bureau for telephone calls was established.

A significant development occurred at the beginning of 1922 when the post office was removed from railway control but stayed in the station. Mrs Hilda M Nichols became Postmistress followed five years later by Miss Amy B Doidge. By 1936 the population of the area had reached 161.

During the war years, from 1938 to 1941, a succession of women held this position for a year at a time: Winifred Holland, Eunice Waterhouse, Margaret Fisher followed by Audrey Jackson who stayed for four years.

In July 1945 my grandmother, Irene Godbaz, began working at Belgrove for 18 hours a week. On one memorable occasion when I was about eight or nine I was allowed to help her in the office at the station. I well remember being allowed to date stamp a pile of letters with what seemed a very large and heavy “obliterator” (date stamp). I must have done a reasonable job because my mother later said she wanted me to go into the post office which, as a government employee, was seen as a “job for life”. I didn’t follow her advice but did the next best thing and became a teacher - which to me seemed much more interesting.



An excursion train at the Belgrove Station (right, on the platform) The windmill, now a preserved landmark, is on the left. Circa 1930.



Belgrove Station and Post Office in 1900



Irene Godbaz at the Belgrove Post Office waiting for custom. (Source RA Batt)

Nan kept her job until 1955 when increasing ill health forced her to resign. Irene Kenyon took over in May and 18 months later on 21st of December the railway closed. The post office, however, continued on in the railway station building until February 1967. By this time Margaret Sheaf had taken charge, later followed by Mrs Rene Kenyon and Phyllis Baigent. In this year the office moved into a relocated building brought from Port Nelson.

Twenty years later in April 1987 the NZ Post Office was turned into a State Owned Enterprise. With a new focus now on making money rather than providing a service, together with a declining local population and people becoming more mobile it transferred to the Belgrove Town and Country Club across the road and became a Postal Agency in February 1988.

This was re-classified as a postal delivery centre and finally closed in 1992 with all mail being handled by the rural delivery network from Wakefield.

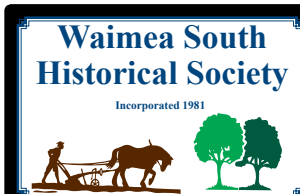


The bats show the site of the Belgrove Station and PO., now a road vehicle weigh station. The windmill, preserved, is on the right. Photo by Roger Batt 2014



The relocated Port Nelson PO now in Belgrove, about 1980

Acknowledgements:
Dearing, John *The Postal History of the Nelson District Pt II – post and telephone offices of Waimea South, Wakefield 2014.*



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Mainly Music

by Caraline Dyson

FUN & FOOD FOR FATHERS DAY

Wendy Milson and the Mainly Music team hosted a joyous event on Saturday September 5th.

'Fun & Food for Father's Day' was a party for Mainly Music pre-schoolers and their families. It was a chance for the whole family to see what the little ones get up to on Monday mornings at St John's Worship Centre.

After a session of Mainly Music, there were extra games and spot prizes, and then families enjoyed a tasty shared meal provided by the regular weekly volunteers. Sophie Milson ran a fun photo booth whilst her sister Emily organised games. It was wonderful to see so many families sharing this special time together; and great for siblings and fathers to meet the Mainly Music family.



If you would like to join in, come along to Mainly Music next term. St John's Worship Centre, 10:00 every Monday during term time.



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Wakefield Volunteer Fire Brigade

When I do this report once a month for the Window on Wakefield there always seems to be something to inform the community about and what is going on but this month I have run out of ideas.

But, there is always a but. As you know when we change over to daylight saving time each year it is a timely reminder to put a new battery into your smoke decors. So, if you haven't already done so, now is as good a time as any. This year I went to Bunnings in Stoke and bought a smoke detector for \$24 and it had a ten year life for the detector, as well as having a ten year life for the battery as well.

A cheap smoke detector uses 9v battery @ \$4:00 each and you should replace the battery every six months so \$4:00 x two batteries per year x ten years = \$80. Therefore the Bunnings \$24 smoke detector is a very cheap option and you don't need to do anything until the year 2025 .

Call outs for September

- MVA = Motor Vehicle Accident
- PFA = Private Fire Alarm

- MVA Quad bike roll over Tapawera
- Veg fire, under Brightwater Bridge
- Rubbish on fire on back of truck, Brightwater
- Medical, drug overdose
- MVA, car through fence, Tapawera

Running total for 2015 = 56

As always take care
Fritz Buckendahl
CFO WVFB



On The Beat

Hi all

Spring is here and the summer season is not far away.

On a good note we have noticed a reduction in the number of motor vehicle crashes that we have had to attend this winter, and we have had some pretty harsh conditions to deal with on the roads so it is an excellent result and keep it up.

A new initiative that has come out is the Nelson Bays Rural email address. The idea of this email address is for you to let us know about things that are happening in our community. This could be suspicious activity or vehicles, unlawful hunters, etc. This email address does not replace the 111 system or the crime reporting line, it is an additional tool for you in the community to be able to get information to us. The email address is NNBaysRural@police.govt.nz.

There we will be a new Rural Newsletter that can be emailed to you. The first one is going to introduce the rural team policing the rural areas of Nelson Bays and also outline crime trends, information and any items to inform our rural community. If you want to subscribe to this Rural Newsletter then you can also email the above and ask to be put on the email list.

Another reminder if you have changed your address recently and you have a firearms licence then let us know, we will need to check your new address to see if the firearms are secured well in a suitable cabinet. Just give us a call at the station or go on to the NZ Police web site.

Have a look at the picture below. This bike was handed into the station. If it is your child's please come and see us so we can get it back to you.

We would like to ask you all to report incidents that occur at the time as we have had a few people approach us recently saying that things have happened historically. So please report it at the time.

Alcohol impaired drivers is an area of increasing concern. If you intend to go out and drink alcohol make sure you have a sober driver to get home or even walk, use a taxi or use a courtesy vehicle, or stay at your friend's house so you don't drive.

Damage to forestry gates from unlawful hunting or poaching is still going on. If you have any information regarding this let us know.

We have a great community spirit in this area so let's keep it going and keep the information coming to us.

Enjoy the rest of the year, be safe, drive safe.

Cheers
S/Const Marty Tutton
Wakefield



Searching for a holiday?

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Rural Ramblers

We had two trips this month. The first, arranged by June Johnston, was to the Pelorus Sounds on the Mail Boat. We went out on Friday 11th. Great crowd, and with a few other members of the public, almost a full boat.

Left at 9.30 am, straight out into the sounds; passed Mahau, Nadia Bay, Hikapu Beach. After passing Te Rawa, a huge farm, we took a big sweep past Maud Island and heard a bit of its history. Tree frogs and other interesting wild life live there under protection.

We went to places like Butwur and Port Ligar dropping of mail. The boat went to mainly huge accommodation enterprises and big farms. Forsyth Island is one of the biggest businesses in the sounds. We went slowly into a mussel farm with a commentary and metres away from the lines. Of course, clear clean water.

Virtually the same way home. Saw penguin and seals but no dolphin. The Mail Boat crew are to be thanked for a pleasant day out; free tea and coffee all day. Back to Havelock at 5pm.

On Monday 14th we went for a walk on the joint Cycle Trail and walking track which starts at Richmond, but we joined it at the plywood factory at the end of Sandeman Road. It's the section of the Waimea Estuary walk which goes to Rabbit Island. Where we started there was parking and a pleasant park.

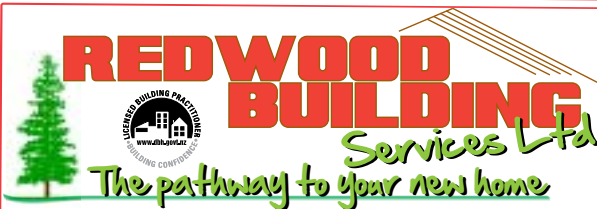
The estuary was beautiful, the planting at the side well planned and the surface was good. When we got closer to Rabbit Island there was a huge swing bridge about 100 metres long, Brian Kidson Bridge. I hate swing bridges and faced arrogant male cyclists pouring onto it at speed. They should give way to walkers on bridges. Boy it was scary!

Rabbit Island for lunch, a really good end to the walk (returned by car to Brightwater).

We had coffee at HQ to round the day off. Thanks go to Pauline Coy for planning the trip.

Carolyn Mason 5419200
Pauline Coy 5423994
June Johnston 5423588
Louise Baker 5224909

October trip is to the Hackett second Monday of the month.



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In Recognition of ... a Teddy Bear's Picnic

by an anonymous parent

What a beautiful day for something magical to happen.

After 27 years of working at Wakefield School, Sue McLaren knows when magic happens in Wakefield.

Do you know what else is magic? Sue told me that she's enjoying teaching more with every year, how special is she!

Today, on the last day of term, I followed the new entrants class down to Faulkner Bush, where before my very eyes I encountered a real live Teddy Bears Picnic!

It was amazing, teddies everywhere and children laughing, playing fun games and singing happy songs. In all my life I've never seen this and I was born and raised in Wakefield.

Thank you Sue for sharing all the fun times as well as the things we all learn from you every single day, and your taste in shoes is soooo young and wonderful. You are just as magic as the teddy bears themselves.



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Local Baker Shelley has owned bakeries for 6 years and is excited that FreshBake is nearly a year old. She lives in Wakefield with her 3 year old daughter Macie and partner Brad.

Pop in and see them the next time you are in Nelson to get some fantastic Fresh Baking, or talk to Shelley about her FREE delivery to Wakefield

Growing Things

by Diana Gabric

Life on our planet can be likened to a tapestry - colourful, complex, and made of interconnecting threads. It inhabits a thin layer on the surface of the Earth and it is that earth, soil, dirt, call it what you will, which forms the base of the tapestry.

With people becoming more and more urbanised it is easy to see why we can lose our connection with the earth. Our propensity to cover it with roads, buildings, concrete and asphalt plus our surgically cleaned fruit and vegetables wrapped in plastic means there is a generation of kids so removed from nature that they don't realise our food grows in the ground!

What you put into the soil you take out in the form of nutrient dense produce which really does taste better than that from the supermarket. Prising a leek out of the garden and eating it, still screamingly fresh for dinner is the reward.

In a book we have by Kay Baxter (founder of the Kohanga Institute) she states in the chapter headed "Soil Plant People Health" that understanding soil health is so critical (to ours). Healthy soil is full of life - earthworms being the most obvious visible forms plus other creepy crawlies such as centipedes, slaters, and springtails. Equally important are the micro-organisms like fungi and bacteria. Not all are harmful to plants and many fungi have mutually beneficial relationships with the plants roots, an example being truffles growing under oak trees. Like good neighbours they are happy to help each other out.

To build up good soil you need to add lots of organic matter, manure and seaweed - hard to find round Nelson but in Wellington I used to gather it by the sack load. Only another gardener will understand how happy I am shovelling sheep poo onto the trailer from one of our local shearing sheds!

Gardening is such a great way to re-establish our connection to nature, getting dirty hands (though I do like to wear gloves) and being out in the fresh air. So, even if it's a large veggie garden, just a row of differently coloured lettuces or some pots of herbs on the deckgo out there and grow it!!






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Wakefield Auto Facelift

Wakefield Auto Services have been doing some well overdue renovations. This has mainly been earthquake strengthening and insulating, bird proofing and repairs to the canopy.

We look forward to a warmer building in the winter and cooler in the summer with new automatic doors and a fresh coat of paint.

Thank you for your patience during the renovations. We will be pleased to see the end of the scaffolding too!



Tennis - Have a Go Day

by Ngaire Calder

There were 44 children that turned up to the Open Day at Wakefield Club in September.

Wet 'n Wild Weekend

DOOR SALES

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\$2 per person general entry.
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A Matter of Accounts

by Sonia Emerson, Chartered Accountant, BBus

SUBCONTRACTOR V EMPLOYEE

In the current economic climate where times are tough for those in business, one trend that I have noticed is that less people are taking on waged employees. There is a real tendency for small business owners especially, to want to satisfy their additional labour requirements, by employing a subcontractor. But what does that actually mean? Are they actually self-employed, or still technically employees with a title of "subcontractor"? It doesn't really matter what you are called in your employment contract, or what the person who pays you calls you, it is the essence of the relationship that is important.

People often think that accounting is black and white, that there is one correct and obvious answer. But actually that is not the case, there is quite a bit of grey area when applying some of the IRD guidelines. This often requires you to work through a process in order to determine the answer [or of course seek the advice from an accounting professional]. Determining whether you might be a self employed contractor, or an actual employee is one of those types of areas.

Basically, it is incumbent on the business owner to clearly understand what separates and defines an employee from a self-employed contractor. It is important for you to know if you are employed, or self-employed, as there are very different tax and ACC laws that apply in each scenario.

When deciding whether you are employed, or self-employed, in many cases the answer will be obvious. For example, if you work for a large retail company on the counter, doing a job set by your boss, you are employed. However, if you own and run a fish and chip shop, you will be self-employed. If you have more than one job, you may be employed in one, and self-employed in another so you need to look at each job in isolation and apply the guidelines to each.

Remember, it's the essence of the relationship that is important. The following questions should help guide you.

Are you an Employee?

If you answer "yes" to most of these questions, you are probably an employee.

- Do you have to do the work yourself rather than hiring someone else to do it for you?
- Can someone tell you at any time what to do on the job, or when and how to do it?
- Are you paid a set rate (for example, hourly, weekly, monthly or per unit of production)?
- Can you get overtime or penal rates?
- Do you work set hours, or a given number of hours a week or month?
- Does someone else set the standards for the amount and quality of your sales or output?
- Do you work at the premises of the person you are working for or somewhere that person decides?
- Are other people who do the same sort of job as you treated as employees?
- Are you under an employment contract (either individual or collective), or any law that says how your relationship with your "employer" should be run?
- Are you prevented from doing work for anyone else?
- Do you have to follow the rules or procedures of the person you are working for?

Are you Self-Employed?

If you answer "yes" to most of these questions, it will usually mean you are self-employed.

- Do you decide or control how you do the work? For example:
 - o When you take holidays
 - o When, where and what hours you work
 - o The standard or quality of work
 - o How much you get paid and how
- Do you invest your own money in the activity in any way? For example:
 - o Could you sell the business?
 - o Do you support the business with your own money? For example, have you lent it money, or provided any working capital?
 - o Are you responsible for losses or your own bad management?
- Do you provide the major assets or working equipment needed for your job, (not just small tools, work clothing and/or vehicle to get to and from work)?
- Do you provide your own training?
- Are you responsible for getting the work done?
 - o Can you get other people to work with or for you, without needing to get permission from anyone else?
 - o Do you pay these people from your own funds?
 - o Are you free to do work for other people?
 - o Do you advertise on your own account?
 - o Do you arrange for someone else to do the work if you can't (for example, if you are sick)?
 - o Does your work contract say you'll be penalised if you stopped work, or left without completing a particular project?
 - o Do you have to correct unsatisfactory work in your own time and at your own expenses?

Hopefully this has helped you to establish whether you are employed, or self-employed. Next month we will talk more about what it means to be self-employed.

This information is intended as a guide only - it is not intended as legal advice. For more detailed information please refer to the legislation or seek legal and/or accounting advice.

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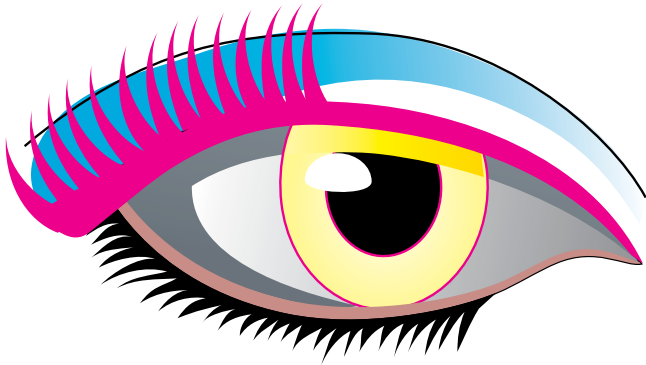
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Wakefield's Queen Scout

MY PROUDEST MOMENT

by Julian Eggers – Queen Scout

A Queen's Scout has achieved the highest youth award in Scouting. The award has a specific set of values based on a "Personal Best", measured in terms of effort, commitment and self-reliance across a diversity of activities. A high degree of determination and persistence, normally over an extended period, is called for to achieve the exacting demands of this award. The activities involved range across the social, physical, intellectual and spiritual development of a young person.

Requirements are designed to stretch the capabilities of the individual to their fullest extent, to develop skills, and to gain experience that will prove to be of value in all aspects of life. Having accepted the challenge and completed the programme the young person must then satisfy his/her peers, plus a panel of adults, that they are indeed deserving of this prized award.

Queen's Scouts set themselves a challenging goal, and in achieving that goal, have the opportunity to develop their skills and competencies, whilst also facilitating the development of other young people in the following areas: Teamwork, Project Planning, Personal Impact, Leadership, Physical Fitness, Decision Making, Problem Solving, Self-Discipline, Self-Reliance, Communication, Co-operation and Time Management.

On the 15th August my dream came true with completing my four year journey on heading to Government House in Wellington to attend the Queens Scout Ceremony. Twenty seven Venturers including myself from all over the country came together to be awarded Scouting's biggest award. The main room which the presentations were being held in at Government House was packed with award winners and proud parents. Receiving my Award from Sir Jerry, my emotions were getting high as memories from the past flooded into my head as my dream was coming true, achieving my Queens Scout Award. Achieving dreams and goals has its ups and downs but at the end of it all it is highly rewarding. Making myself proud, my family and scouting family proud is what I wanted to get across as some people didn't have any faith in me so I went out there and proved them wrong.

I would to thank everyone who has helped me throughout my journey from when I started at venturers until now. There have been a heap of loving and caring people who have supported me. I particularly need to say a massive thank you to Sarah Arnold my Venturer Leader and my mother for pushing me and seeing my potential to complete this amazing achievement.

My highlights as a venturer; Mt Richmond tramp, Go West, Out There, Mudbash, My Gold Award exploration in Reefton, meeting new friends, seeing the Wakefield Venturers grow into the best venturer unit, fundraising, and Achievement camp.

Anyone who is planning on achieving their Queen Scout or wanting to achieve a goal or a dream in life, just don't give up on your dream. Aim high and keep focused. Good things happen to people who don't give up and give 100% in what they believe in. If someone told me when I was a Wakefield cub ten years ago that I would successfully be awarded the highest award in Scouting I wouldn't have believed any word they said. I have learned so many skills and it has helped me turn into the young man I am today. The journey hasn't been easy for me and looking back on it now it was well worth the sweat and tears.

I now believe that I am a role model to others and I will continue to make a difference in people's lives and to see people achieve their dreams and goals.

This award means a lot to me and one day hopefully others can enjoy this accomplishment that I have been through because it was well worth the ride.

Out There - five day Residential Project held up Eighty Eight Valley.



Waimea Plunket Playgroup

by Wendy Wadsworth

Another busy month at playgroup with Fathers/Grandad/Mum creations, hot chocolate, face painting, disco and to finish off the month a ride on the red double decker bus.

The children created a tie for their Dads, Grandads or Mums to wear for Father's Day. Each child designed their tie for their special person. Once they were done to perfection a Roses Chocolate was put at the base of the knot as an extra treat on the day. The children were very proud of their creations.

For a long time now the idea of the children having a fluffy/ hot chocolate one day at Playgroup has been put out there to do. Thank you to HQ Bar for filling all the orders of hot chocolates for the older children and hot drinks for all the parents to have. Everyone enjoyed their drinks. The children all sat outside on the deck at the tables drinking their drinks like they would have if they were at a real café. The cups got recycled to go to another project – making string phones.

The children asked to do face painting. All the different styles of designs of animals, creatures, and insects explored playgroup once the childrens faces were created. Once their faces were decorated the way they wanted the children went to our mirror to see what they looked like. Another fun day was had by all.

A disco day was held where the children danced along side each other while listening to the music being played.



We are open 9-12pm for anyone to attend. Come along and meet other parents/caregivers in a relaxing environment, with a shared morning tea for the children and parents/caregivers.

Any enquiries please contact Wendy 5419272 – 0276949720.

Wakefield & Districts Medical Centre Inc - Looking Forward

by Bob Croy, Chairman

In my article in the September edition of Window on Wakefield I explained how the Medical Centre was formed and what it means as a catalyst to keep the district healthy by being able to offer the doctors and their staff an excellent facility to work from and thus have a continuity of medical professionals to service our area.

When the Incorporated Society was formed back in 1990 its objectives were to buy land and build a facility to service the encompassing district and keep the facility in excellent order. Since then the loans that were taken out to cover the costs of building have all been cleared and the committee has money in the bank. In fact there was a major addition made to the building to enable us to accommodate more professionals as the population in the district was growing very quickly. That was approximately six years ago and the finance for these extensions has also been paid in full.

So where to from here? The committee with the help of professional advice has examined the documentation and the rules and objectives of the Incorporated Society and it appears that all of the original objectives have been achieved and that the society is no longer the vehicle to carry us into the future.

We looked at changing the rules of the society to bring them up to date but there is a lot of red tape and expense to do that. The advice from our solicitor and an accountant is that we should disband the Incorporated Society and form a Charitable Trust. The costs to do this change or change the rules of the Incorporated Society are on a par but with the Charitable Trust we will have a lot more flexibility to invest in the districts well being.

The Trust deeds will be drawn up and form a simple document that the committee can work with into the future.

The committee has a number of thoughts regarding what they will do with the funds that are generated from the lease of the building to the doctors. Some of these are to supply the doctors with equipment that they can use to diagnose patients instead of the patient having to drive into the city for further diagnosis. We will look into having an annual scholarship for folks in the described district to help with their costs when carrying out studies in the medical and wellbeing professions. Another suggestion has been to supply a mini van to help with transportation of our aging population to any appointments they need to keep. There are numerous avenues that we can take but they will all be associated with health and wellbeing in keeping with the rules of the Charitable Trust.

We have had our solicitor draw up the necessary documents and the committee have unanimously signed the recommendation to wind up the Incorporated Society. We will advertise in the local newspapers that we will be having a Special Meeting so any members of the Incorporated Society can attend.

The committee are quite excited as we start on this journey and look forward to a very bright future for health and wellbeing for the folks of Wakefield and the surrounding districts.

Wakefield School and Community Swimming Pool

Wakefield School and Community Pool opening Sunday 1st November

Yes, it's the time of year to rummage through your drawers (oops! I mean your cupboards) for the swimming togs you threw in there six months ago, polish up your goggles, dust off your beach towel and prepare for another cracking summer at Wakefield's own slice of paradise, the Wakefield School and Community Pool.

The Pool Committee and supporters have been working overtime through the winter and the facility is in tip-top shape; the pool, dressing sheds and roof beams newly painted, new lane ropes, steps and other metal work spruced up and new signs.

Join us on Sunday 1st November for the grand opening fun day from 10.00am – 2.00pm.

Enjoy the ever-popular inflatable and delicious barbecue food, purchase your key for the season at super discounted early-bird price (EFTPOS available) and soak up the great vibe that spells the start of summer.

Keys can also be purchased at the school office from Monday 2nd November.

Key prices are the same as last season: \$105 for a family key purchased before 1 December and \$115 after that date, \$60 for swimmers over 60 years of age, plus a \$20 bond refundable on the return of your key.

You're also invited to support the pool through our fundraising supporters' board. A small donation of \$15.00 (or more if you wish) will buy you a place on the supporters' board – see the promotion notice with this story.

We hope you'll enjoy a summer of fun at Tasman's best community swimming pool.

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Thanks again to all my friends
for helping such a great cause!

Mural - Wakefield Pharmacy Wall

You may have noticed that some of the paint on the mural on the Wakefield Pharmacy wall is starting to flake and peel off. The Wakefield Community Council have spoken to many artists about whether it can be repaired or if it is better to replace it and the general consensus is that it needs to be replaced with a new mural to be done on a wood surface that can be fixed to the wall. This means that it can be more easily maintained in the future and also makes the painting of it initially more easy.

Below is a draft painting by local artist, Ren Olykan, of an idea of what could replace it. Ren has taken his inspiration from the many birds that can be found in the fantastic native bush areas that we have in and around Wakefield. A mock up of the mural has been on display at Wakefield Pharmacy, and has recently moved to Wakefield 4 Square if you would like to see it in more detail.

We are seeking feedback from the public about this proposed mural. If you would like to make a comment, please email windowonwakefield@gmail.com.



Landscape Projects Return to Wakefield

by Peter Verstappen

In July Wakefield hosted 26 landscape architecture students for a week, in a joint project between Focus Wakefield and the school of architecture at Victoria University Wellington. The students, all in the third year of their studies, took up the challenge of re-imagining Wakefield in ways that make the most of existing assets and create opportunities for new development.



During a packed week the students put our village under the microscope, investigating all angles of village life and amenities, from traffic flow to recreation, walkways to storm water.

During September several community members travelled to Wellington to review the projects and discuss progress with the students and their lecturers. The images featured here are from the partially completed designs.

Next month all Wakefield residents and visitors have an opportunity to scrutinise the completed projects in a unique exhibition, Wakefield – A Vision of the Future. The exhibition, at the village hall in late October or early November, will display all 26 projects, a mouth-watering smorgasbord of ideas to enrich our lives in Wakefield.

Project director, Carles Almoyna, is pleased with the quality of the projects and excited to show them off to the community. He says it is important for students to work in a community and have feedback about their designs, and he hopes many people will visit the exhibition. Carles will return to Wakefield for the exhibition along with some of the students.

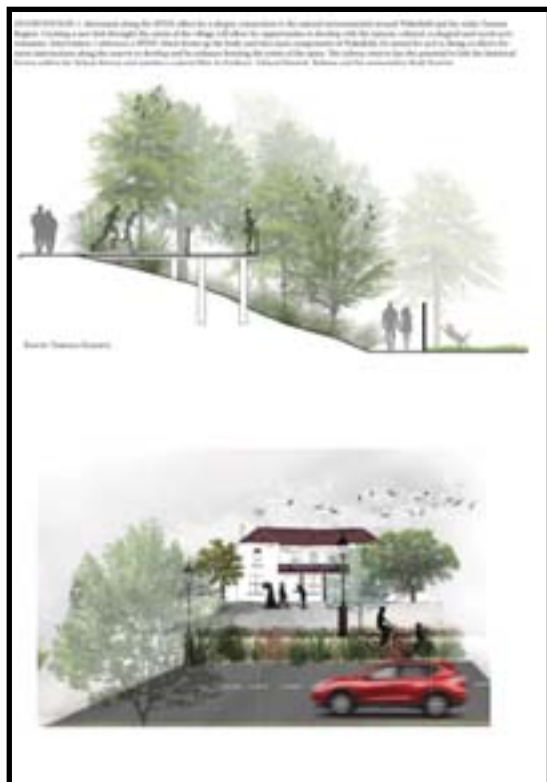
Wakefield – A Vision of the Future will open with a community evening and workshop, from which a working party will be formed to carry forward the project in partnership with the Tasman District Council.

Organisers intend that ideas from the project will eventually make their way onto the Tasman Resource Management Plan for future implementation.

A feature of the exhibition will be a 'people's choice' award for the most popular project, with a cash prize for the winning student provided by Focus Wakefield.

Tasman District Council has supported the project at all stages, including generous funding for the exhibition.

Please keep an eye out for posters advertising the exhibition in the village in mid October, or check out our Focus Wakefield Facebook page for regular updates.



Quiz

by Derek Evans

Answers to last months quiz -

What Do You Know About the UK?

1. Where is the Lutine Bell and why is it rung?

Lloyds of London - it is rung once only for the bad news of the loss of a ship.

2. Who designed the Wellington Bomber and the swing wing aircraft?

Sir Barnes Wallace (also the Bouncing bomb)

3. What are the names of the two Clock Towers on the Houses of Parliament?

Clock and Victoria

4. Name a lake in the Lake District

Bassenthwaite is the only lake, all others are either meres, waters or tarns

5. Who or what is the Witch of Wokey?

Stalagmite in Wookey Hole Cave Nr Wells in Somerset

6 What is a Weald?

Forrest

7. What is the collective name for Burslem, Longton, Hanley and Tunstall?

The Potteries

8 Who was the originator of the Penny Post?

Sir Rowland Hill

9. What is the approx population of the UK?

53 Million

10. What are Edgehill, Marston Moor and Naesby?

Major battles in the English Civil War



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Wakefield Playcentre

by Kerri Boustridge

Spring is here and summer is on the way. What a great time to get the family out and about on these warmer days, so why not pop up to the playcentre and check out our new outdoor chalkboards, painted with vibrant colours from the Valspar range which was kindly donated by Mitre 10 Mega Nelson.

We have been very busy these last months with a trip to Rebeccas house to see the animals (thank you). We also had a sandpit volcano, made some coloured flowers, got new covers for the sandpit, water blasted the playground, and just yesterday we had a digger come to clear some of the garden away, getting it all ready for a bright fabulous makeover. More news to come here so watch this space...

We need to say a big thank you to all those who have put their time and effort into arranging our new outdoor pieces. Your contribution does not go unnoticed, we appreciate all you do.

We would like to welcome the new families that have joined in the past months and a big congratulations to the families that have recently had babies. It's like family here and we have all been waiting for that special cuddle, its great to see you coming along and joining in the fun.. We also said farewell to Isla and Abbey who turned five and are off to school on the other side of the fence. Olivia will also be joining them in term four. Sad to see you all leave but we wish you well with your new adventures ahead.

We are also very sad to say goodbye to our longstanding supervisors Jen Amosa and Nicky Black. Thank you so much for your years of dedication, hard work and enthusiasm, you will be missed dearly. All the best for your future and no doubt we will see you around Wakefield.

Upcoming events in term four include a possible trip to the fire station, a dairy farm trip in week two, rock painting, tyre painting and lots of outside water play in the warmer days. We close for the holidays on the 25 September and reopen on 12 October, 9am –12noon, Monday until Friday, for term four.

So if you're lost for what to do in the mornings, come check it all out, stay for a bit or all morning, let the kids make an educational mess and then go home to your house the way you left it. Wendy and Donna are our friendly supervisors and we all would love to see you come along.

The Wakefield Playcentre Team



Household Management

HOW TO BUDGET FOR CHRISTMAS

by Gracie Marsden

The festive season is fast approaching and now is a good time to start thinking about all your shopping and decorations. This month we will help you plan and budget to de-stress and save time. The English love Christmas, and I have thrown in some fun tips and tricks from my UK childhood.

Work out a total budget on how much you can realistically spend for the Christmas period. Some say to spend 2% to 5% of your annual income but this still may be too much for some people. A good idea is to make a list of every outgoing expense you have for example rent, bills and groceries and deduct that from your income. This will give you an indication on how much money you have left to spend for Christmas. Also take into consideration the amount of pay checks between now and Christmas. Make sure you stick to the budget; a little bit over for one person will mean less to spend on someone else. There is a spreadsheet on www.girlfridayhm.co.nz to keep track of everything.

Make a list of everyone you would like to purchase for this year. Now prioritise this list. As the festive song says 'making a list and checking it twice' is a good idea. Do you really need to buy for the next door neighbour's grandchildren or even an ex co-worker? If the answer is yes, then follow the next few steps carefully.

Have a talk with family members and friends about their expectations. Are you all on the same page buying for everyone or just the children? If things are really tight then mention a Secret Santa for the whole family. If you decide to play Secret Santa make sure you set a fixed budget.

Why not do a life changing gift and give to charity? The whole family can get involved. Go to your local charity store and ask them for further information.

Another affordable present giving can be making presents. This is a fun and sentimental way of showing your loved ones you really care. It can be anything from a memorable photograph, beautiful fragrant soap, baking yummy treats or a nice plant for the garden. The list is endless.

Categorise your list of the 'add-ons' that need purchasing for the Christmas period. Decorations, stockings, gift wrapping, postage, greeting cards, travel expenses, festive clothing, catering and beverages etc.

Try recycling wrapping paper and decorations from last year. But don't give the same wrapping paper to the person you received it from! My friends and I make it a game; we see how many times we can use the same wrapping paper on each other! Or buy plain brown postage paper from your local post shop and decorate it with \$2 store stickers. Kids love it! Be creative and look online for fun ways to make your own Christmas decorations. This can also keep children entertained in the school holidays.

You could make your own greeting cards and stockings. Decorate a pillowcase to make your own stocking. Store bought Christmas cards can be expensive, but an e-card sent out to everyone can be more original and costs nothing. Send overseas cards and gifts before December 1st to ensure the postal service deliver them on time.

Whether you travel locally, nationally or internationally, remember to budget and don't forget your favourite Christmas songs for the journey. Being safe is more important than being on time - so don't speed.

We all like to look nice at Christmas, but if your budget is tight, you could recycle something from your wardrobe. You could colour code either green or red. Add some sparkle by wrapping tinsel round you or your jewellery. Or check out your local charity store for 'new to you' clothes.

Here are some more tips and tricks to help you get through the crazy season:

- Join Christmas clubs to help with savings
- Skype family members from overseas as this saves on a big phone bill
- Keep receipts all in one place in case of returns and warranties
- Don't forget to buy batteries for toys
- Use gift vouchers or present money to buy what you want in the sales
- Think about starting to budget for next Christmas now!

Next month in Window on Wakefield – Christmas catering and beverages



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Target Shooting Wakefield



Contact : targetshootingwakefield@gmail.com
 If you require any further information about coming shooting.

CONTACT Bev Inwood 5448074 after 7pm evenings
 If you require further information about coming shooting.

FUNDRAISING

The last of our seasons raffles are at the Wakefield Hotel. Once they are full they will be drawn so get in quick. All the proceeds go back into our club to accommodate travel costs for members travelling to competitions around the country, entry fees, and updating club equipment. If you or your business is able to help us out with any items please contact me: Dot Ashton on 0275430529 or targetshootingwakefield@gmail.com.

A big thank you again to Maxine for letting us put the raffles at the pub, it's been a great help and much appreciated 😊

Club Night ~ Mondays from 7pm, range next to soccer rooms. Kids shoot first so they can get home on a school night. \$6 a card, all gear supplied and completely supervised.
Shooting will commence again April 2016

Scouts come shooting last month saw the conclusion to what will hopefully become an annual event with the scout groups around the area taking part in a shooting competition organised by Sheryl Guyton who rallied the troops and set up the event. Our neighbouring scout group took out the competition. Congratulations Brightwater, a great effort, and certainly helped along by their member Athena who turned out to be a wee sniper with an impressive score.

- Masters games ~ indoor
- Masters games ~ outdoor
- Marlborough outdoor champs

EVENTS OCTOBER

Winners of the Tui promo pack raffles:

Gerry May ~ Tui promo pack 1
 Kenta Kawawaki ~ Tui promo pack 2
 Congratulations and thank you for your support.

The Stag Head trophy has come home to Wakefield!! With a very close finish between Tasman and Wakefield on Tuesday 15th @ the Tasman range. Wakefield winning by .9 phew 😊

Next issue we will have the results from our prize giving and also results from our members that have entered in the Masters Games.

Nelson Closed Champs 23rd August 2015 at Barton Range Nelson.

This championship is open to all target shooters in the Nelson area and is also the only one that the kids can also have a go at even if they are still shooting off a rest. This is a three shot match and gives newcomers a good idea about how a shooting competition runs. Wakefield once again held its own amongst the other clubs with Marksman's badges also achieved on the day. Results:

- # Top 5 shootout; Ian Hutchings came 4th
- #BCD Top 5 shootout; Scott Green came 2nd
- # A Grade out of 6 shooters; Ian Hutchings 1st, Ian Inwood 3rd, Dave Baigent 4th.
- # B Grade out of eight shooters; Tim Green 4th, Sheryl Guyton 6th
- # C Grade out of eight shooters; Scott Green 2nd, Barry Green 7th
- # D Grade out of ten shooters; Dot Ashton 6th, Cam Gibbons 7th, Ryan Ashton 8th, Holly Gibbons 10th.
- # Sandbaggers out of two2 shooters; Robert Green 2nd.



1st place Brightwater scouts overall score of 380.2



Wakefield scouts 2nd overall score of 344.3



4th overall Richmond scouts with a score of 312.1



3rd overall Enner Glyn scouts with a score of 338.1

The 100 club - this is a score board that we have in the club rooms for members that score 100 on their shooting card. This can be done at a competition or a club night. The maximum score you can achieve is 100.10. It's a fantastic achievement and one all shooters strive for.
 Ian Hutchings 100.7
 Ian Inwood 100.7
 Sheryl Guyton 100.5
 Tim Green 100.4
 Scott Green 100.5



Top shooter Athena Maze
 Brightwater scouts, score 82.2

Smarter Business Administration

Getting Social

by Joanna Smith and Amanda Ledger

There's no doubt about it, Social Media is one of the buzzwords (well OK... buzz phrases) of the decade. Whether you're a teenager hanging out with friends or a grandparent watching a video post of your grandchild's first steps – connecting via the Internet has become a way of life.

If you've managed to resist the lure of the Internet over the past 10 years and you're unsure of the term, lets take a moment to explain. Social Media is a means of people connecting and communicating via the Internet, sharing conversations, images, information, advice, and recommendations.

For businesses large and small, online connectedness and sharing has revolutionised marketing. The potential opportunities to get in front of your customers have increased immeasurably. And the best bit – most of it is free! But with such a plethora of channels available, and a potentially huge audience, where to start? Should your business even be on Social Media? Almost certainly the answer is yes. Should you have a presence on all the platforms? Not necessarily. So if not all of them, which ones will benefit you most?

Here's our quick guide to the most common Social Media platforms:

1. Facebook

You would have to have lived in a tall tower in a deep dark wood for the past decade and go by the name Rapunzel to not have at least heard of Facebook. Facebook is the giant of Social Media, with figures released in August of this year stating that 47% of all Internet users are on Facebook. Almost 1.4 billion people to be exact.

For a business, the potential of getting your product or service in front of even a small portion of those people can be dizzyingly enticing. Aside from its huge following and membership, Facebook is a great option for businesses because it is extremely versatile and relatively low maintenance. Businesses can create dedicated pages to post information, photos and videos, build a fan base and generate loyalty for their product. There is also opportunity to create cost effective adverts to targeted groups.

2. Twitter

Twitter is one of the next most important platforms. The essence of Twitter is that you can publish posts of up to 140 characters at a time, accompanied by videos, images, links etc. You can also add other twitter users by mentioning their username in your post. This makes Twitter an instantaneous platform to use, and the key to success is succinct, current and relevant Tweets. Twitter is a platform that is most effective when used "little and often" – up to several times per day.

3. LinkedIn

LinkedIn is all about networking and cultivating relationships with others. It is about connecting professional people and allowing users to endorse and recommend professionals they know and trust. LinkedIn is a fast growing and well utilised form of Social Media, but the emphasis is on professional relationships and an individual's skill set. An advantage of LinkedIn is the ability to join specific groups, which can target your audience and allow you to promote yourself to potential employers and clients.

4. YouTube

YouTube has become one of the top five players in the world of Social Media and is used extensively by businesses. Videos are often accessed via your website or other Social Media platforms. If you have a business that would benefit from some visual marketing, YouTube could well be advantageous for you. If you have a modern website it is usually a simple process to link to your YouTube marketing videos.

5. Google +

Most of us have heard of Google +. What does it have to offer? In some ways it is similar to Facebook, although the general consensus in the business community seems to be that it is a "cleaner" look. It also boasts "Hangouts" which are similar to chat rooms, and allow you to upload documents to enhance your conversations. Creating a Google + business page can help to enhance your website rankings within Google – which is great, but it is important to keep this benefit in perspective. Creating a Google + account will not suddenly put your website at the top of the search engines, but it can help as part of a wider effort.

We are often asked about Social Media, and which is the most effective. In many ways the answer to this will come down to which platform you most enjoy using – if you don't use it, you won't benefit! It is not necessary to sign up to every Social Media platform available, but without doubt picking one or two platforms that suit your requirements, and actively using them, will enhance marketing efforts.

If you get stuck, talk to a professional – or a teenager!



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Children's Learning & Development

Positive Language

by Amy Bucknall

Why is 'no' one of the first words that your toddler will learn to say? It's because he/she hears it all the time. "No, no, no". It's often a safety issue and it helps to teach them what they may and may not do, but there are more positive ways to get your message across.

The best way to teach your child the proper behaviour is not to tell them what not to do, but tell them what you want them to do. "Don't climb on the couch" can be confusing for a child. However "please sit down" tells the child exactly what the expectation is and how they can change what they are doing.

While I was researching this article I put some examples into practice. One I use frequently is "You need to use calm clear words" instead of saying "Stop whining at me". It really does work, my five year old listens first time and changes the way she is speaking and I don't get frustrated with the whining noise coming from her.

Here are some examples to try with your families:

Don't:	Do:
Don't run!	Walk
	Use walking feet
	Stay with me
	Hold my hand
Stop climbing!	Keep your feet on the floor
Don't touch!	Keep your hands down
	Look with your eyes
No yelling!	Use a calm voice
	Use an inside voice
Stop whining!	Use a calm voice
Don't stand on the couch!	Sit on the couch
Don't hit	Hands down
	Use your words (Give child appropriate words to use)
Stop pulling the dogs tail!	Pet gently
	Gentle hands
No colouring on the wall!	Colour on the paper
Don't throw your truck!	Roll your truck on the floor
Stop playing with your food!	Food goes in your mouth
	Say all done
Stop splashing the water!	Keep the water in the tub
Don't get out of bed!	Stay in bed
No biting!	We only bite food
	Use your words (Give child appropriate words to use)



Adapted from: Hornbeck, M. (2002). *Early Intervention Positive Behavior Support Parent Training Series*. USF.

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"Don't" by Christine Johnston

Don't touch, don't talk
Don't run, don't walk.
Sit still.
Don't move, don't cry,
Don't poke your brother in the eye.
Don't ask for more,
Don't slam the door,
Don't drop breadcrumbs on the floor.
Don't eat with your fingers,
Don't play with your food,
Don't spill your drink,
Don't be rude.
Don't make a noise,
Don't make a sound,
Don't hold the cat upside down.
Don't write on the wall,
Don't climb, don't fall,
Don't pick your nose,
Don't spoil your clothes.
Don't go outside,
Don't run and hide.
Don't, just don't.

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Wakefield School

WATER - WAI

The Matai (junior) syndicate children have been focusing on 'Water - wai'. Water in all its forms.

The Matai Rua learning space children have had an exciting time this term doing science experiments, measuring water, writing stories and poems and being creative - all connected to water.

Some of the things we have done have involved looking at water in its solid form. Children brought snow to school. We experimented with it and also made a snowman and measured how long it would take to melt. Ice purchased from the Wakefield supermarket was used for 'Ice Thursday' where all subject areas involved ice - even physical education with a game 'Rob the Nest' turning into 'Rob the Fridge!'

Science experiments included what added materials made ice melt the fastest. Salt was the winner! When it rained one day the children found out the answer to a question that was puzzling them - do you get wetter walking or running in the rain? We found out through experimenting that if you want to keep as dry as possible it is best to walk.



WAKEFIELD SCHOOL PRODUCTION

by Bridie and Paige

This term Totara Syndicate have been working on a production as Matai had one last year. The children in the Totara Syndicate chose a different Dr Seuss story to tell. Totara Tahī told the story of McElligot's Pool, Totara Rua told Horton Hears a Who and Totara Toru told the story of The Sneetches.

Each team wrote a script that was intertwined with excerpts from the book 'Oh the Places You'll Go', as told by our Cat in the Hats. The story started in three houses with three different children having an argument with their parents over something they needed to learn a lesson about.

The children decided to leave home and they embarked on an adventure through the three stories McElligot's Pool, Horton Hears a Who and The Sneetches.

As a result the children learned a lesson each (to look after our environment, to treat people with respect and that you don't need an item of clothing to be cool) and then they all decided to return home.

The crowd that attended the performances loved the show. Eden said "It was AWESOME and well put together and they were great actors".

Mary McHale said "I love how hard everybody worked together and the set, costumes and props were amazing!"

Rachel Daniel told us "I was very impressed with the high calibre of the singing, dancing and acting of students in years 3, 4, 5 and 6 and how the imagination of Dr Seuss was on stage."



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ALL ABOUT YOU BEAUTY THERAPY

by Caraline Dyson

When I was a kid there were generally a handful of days each year when mothers were publicly praised. At Christmas, birthdays and on Mother's Day, you would buy a card 'with a verse' telling your mum you knew she worked hard, and you loved her and appreciated it. More recently, fridge magnets have played a part, and some mums have proudly shared poems regaling their virtue whilst simultaneously displaying their offspring's artwork. With the dawn of Facebook, a lot of that has changed. And depending on your social media circle, you probably now see an endless stream of poetry along these lines [see image right].

I think we see all these pithy sayings telling us how great mums are, how hard they work, how much we value them, but none of us act on them. Mothers martyr themselves and children (and often husbands) let them. So this is a call to arms, to tell women, whether they are mothers or not, that they need to start looking after themselves and putting themselves back at the centre of their world.

Too many women moan that they don't feel good about themselves, but how many of them prioritise themselves? Wearing clothes they've had for years, using ancient makeup, buying the same old facewash from the supermarket? Complaining that they have wrinkles, but they still have pimples?

Sorting out your skincare should be the simplest thing to do. If you're already washing your face twice a day, maybe all you need is an expert to point you in the right direction. And luckily for you, Wakefield seems to be the beauty therapy centre of NZ. Why else would we have Amanda Tillaart residing on Bird Lane at All About You?

Amanda has 23 years' experience, and with great Dermalogica products, she can Face Map your skin and put you on the path to enlightenment. She'll show you how to take care of your skin so it feels great. Imagine, not greasy, not shiny, not tight. Great skin that makes you feel good as well as making you look good. You can read more about her on her website www.allaboutyoubeauty.co.nz.

Admittedly, good skincare should be seen as an investment. That emphasis shouldn't be lost – you are worth investing in. By making a small amount of time to see Amanda, you can sample products that will help you 'level up' your regime, making you look and feel great. You can buy products as you go along, you don't have to spend hundreds of dollars to make a change. But the change we all need to recognise is that by investing in a happy mum, the ripples will lead to a happy family.

Years ago, my parents were watching Tina Turner on television. My dad (the fool) remarked that Tina was the same age as my poor downtrodden mum. Without missing a beat, my mum said, "We could all look like that if we had nothing to do all day!" Bless her; my mum was on the right track. She didn't mean she could really look like Tina Turner. She meant that if she wasn't so busy mothering, and she had an expert to help her, she could look great too.

Ladies, we owe it to our mothers, to our daughters, to our sisters but most importantly, to ourselves. Stop channelling those who say 'our children are everything'. It is time to prioritise ourselves, one step at a time. Make your first step a call to Amanda at All About You.

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Wakefield Pippins and Brownies

by Veronique Law

27th August

Made burger patties and took them to Faulkner Bush to cook and eat. We also played fruit salad while we were there.

3rd September

The Pippins painted a glass and the Brownies made a wall hanging for their dads on Sunday. They all made a card shaped like a shirt and an iced biscuit with a D on it.

10th September

Joy told us all about flags and family crests. Then each girl designed their own unique family crest.

17th September

We went for a walk to see what was happening around Wakefield. The BMX track at the Domain was fun to run around and play a ball game on. We watched a ute going through the river and discovered a place called Edward Baigent Park.

24th September

Last day of the term we planted a seed to take care of over the holidays. We went for a senses walk and to see how many different animals we could find.



Wakefield Cubs

by Julian Eggers

As we come to an end of term three and now the winter months have slowly disappeared, we recap on the awesome term that the cubs accomplished. Night walks, star gazing, seed planting, are just some things that the cubs got up to. Fruju the clown came along to the 'bring a friend' campfire night as we sang campfire songs such as bananas of the world and monkey nuts and grapes. The kids also roasted marshmallows and bananas with chocolate chips. Some of the cubs got involved in the National Scout Scarf day which they wore their cub scarfs at school.

One of the nights the cubs spent a session at the Wakefield School hall with ball games. They played dodge ball, and other team ball games. We would like to thank Peter, principal of Wakefield School and Jono who helped throughout the night.

Another thing that the cubs got up to this term were arts and crafts night with face painting, learning knot skills and heaps of games inside the scout den and outside the den; Masterchef cooking, which is planning and cooking for a panel of judges at the end of the term.

Nelson Zone sixer and seconder training

The weekend of the 29th and 30th August four cubs from Wakefield attended the Nelson Zone sixer and seconder training which was held at the Wakefield scout den. It was also a Kea/Cub linking camp which had roughly 53 youth attending this camp. As we were packed into the scout den, we had to put up three tents for some cubs, it was really roomy as they put their beds together. This camp was to give a better understanding on what their roles are as a sixer or seconder. Hopefully the cubs that went learnt a lot from the camp.

Leaping up

Finally I would like to say farewell to Alyssa, Enzo and Bridie, three awesome young cubs that will be continuing their journey up to scouts. Small message to you guys:

"You have travelled through the jungle and your eyes have been opened to many wonderous things with the cub pack, but now it is time for you to continue on your journey into the world of scouting and towards your Queens Scout Badge. I hope you have enjoyed your time with the cub pack and hope that some day you may return with your children so that they can join the family of scouting or perhaps you may return as a leader and help other children to enjoy the experiences that you have had with the Wakefield cub pack."

If you are interested in what cubs are about and you are school age 4 - 6 next year, then come along on a Thursday night between 6.30 and 8pm at the Wakefield Scout Den. "Scouting at its best, it's who we are!"



Wakefield Country Players

Photo courtesy of Amby Cowe Photography - from left to right... Hayley Gibbs, Alice Hatton and Sharli O'Reilly belting out 'Consider Yourself' from 'Oliver!'



Country Players would like to say a huge thank you to the Wakefield and wider community for their support during their recent sold out musical production of 'Oliver'.

These are some of the comments we received... "I loved it!... So professional... A very impressive performance from all ages. A well done show... Awesome evening of great entertainment and great meal... A wonderful performance; as good as one could see. Thankyou!... Wonderful show. Wonderful voices."

We're hoping to do several shows next year, so keep an eye out for further information regarding our productions, auditions etc.

If you would like to be involved in any of our shows... onstage, backstage or just want to be added to our mailing list for information about upcoming shows, please email enquiries@countryplayers.org.nz.

Wakefield Bowling Club

by Tony Eames

Winter Championship Pairs winners: Di Holland & Peter Sisterson.

Twenty six members attended a pre season "working bee" on Wednesday 23 September to spring clean the clubrooms and prepare the grounds and bowling equipment for the summer. What a great turn out and what great club spirit.

Congratulations to Club Secretary Margaret Eames who was a finalist for administrator of the year in the Bowls NZ national awards.

Winter season closed on Saturday 19 September with prizegiving for the winter Champion Triples and Pairs which were both played with drawn teams.

Summer Opening Day was on Saturday 26 September with games in the afternoon and dinner in the evening. There is a full programme through the summer, please see the website:
<http://www.sportsground.co.nz/wakefieldbowls/>

The synthetic green has served us well over winter and is a good backup for summer; thanks to greenkeepers John van der Laan and Harry Beckers. The live green is now looking great and ready for play; thanks to greenkeepers Stu Peterson, Don Sixtus and a number of other helpers.

Have a Go Day will run on two Sunday afternoons this year on the synthetic green on Sundays 11 and 18 October, please see flyer. There will be Junior Club Championship games on at the same time on the live green so it will be busy and fun.

Community Bowls will run Thursday evenings from 12 November, see next month's Window on Wakefield for details. Contact Tony on 5418316 for more detail or to register an interest.



Winter Championship Triples winners: Pam Bonis, Arnold Mason & Margaret Eames

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AH: 541 9567



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03 541 9520

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Sign up for Heels Workout & You get 2 FREE sessions with Dance Fitness with Naz!!

Term 4 - Dance fitness Thursday @ 7:15 pm Wakefield Village Hall \$5



8 week workshop \$75

HEELS WORKOUT - My Heels workout is a complex routine workout that involves balance, posture, seduction and learning how to be confident in heels, feeling graceful and toning parts of your body you may have thought never existed!! A great time to meet new faces and enjoy your workout!

www.dancefitnesswithnaz.co.nz txt "HW YES" 0221600210

**Do you have something you want to write about?
Do you want to submit an article?**
We are always looking for new material, so if you have something
email windowonwakefield@gmail.com

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Proud to Sponsor Wakefield Football Club

Community Notices

TO GIVE AWAY FOR DONATION

Last chance at marble/granite slabs
One or two pieces over a metre on a side,
maybe a dozen smaller ones. This is the last
time they will be offered.

Adonation to youth work in Wakefield. Everybody wins!
Contact Rita 0272288902

WANTED

Ukulele Tutor for two people to learn to play
Kathy or Jeanette on 541 8441.

HIGGINS HERITAGE PARK (INC)
222 Pigeon Valley Road, Wakefield

Home to:

Pigeon Valley Steam Museum (2013) Inc
Historic Transport Museum Trust
Rover Car Club, Nelson
Nelson Vintage Engine & Machinery Club Inc
Army Group Centre Inc
The Ray Win Collection of cars and speedway
motorcycles

2015/16 SEASON PROGRAMME

Open Days with all sheds open 1st and 3rd
Sundays every month, 10am - 3pm

September to May. Steam Museum **"ON
STEAM"** 1st Sunday of month, 10am - 3pm

7th & 8th Nov **LOGGING WEEKEND.**
Saturday - Logger Sports teams racing.
Sunday - Demonstrations of the timber industry
in the steam era.

Sat 2nd Jan **On Steam** to coincide with
Wakefields Craft Day. No steam next day.

FOR SALE

Small group of registered A2 Guernsey in-
calf cows. Ideal as house cows to produce
your own milk, cream, cheese and butter.

Sold individually or as complete group of
seven.

Phone 543 2526 early mornings/evenings
or 0274 860 187.

WANTED

A photo of the old (now demolished) Wai-iti
Rail Bridge. Does any body have any such
photo in Mums, Dads, grandparents photo
album? It would be dated before 1950's.

I would like to borrow it and will return it, for
your collection. Thanks. Call 03 5418859.

PLEASE NOTE

Please note that Mainly Music has changed
it's venue to : St Johns Worship Centre,
120 Edward Street.

Waimea Anglican Budgeting Service:
Free Budget Advice in Richmond, Brightwater,
Wakefield and Tapawera.

Local volunteers offering free, friendly advice
on personal budgeting.
Txt 022 020 5565 or ring 5448901

FOR FREE

Anyone returning or emigrating to the UK?
I have 25 fused plugs to give away if they
would like to collect.

Derek Evans 541 8817

WANTED

Wakefield Bowling Club is still willing to
collect any scrap metal, old wiring, car and
truck batteries, etc.
Phone Trevor on 5418855

WANTED

We would like to preserve old Wakefield photos
for future generations to enjoy.

If you have any that we could obtain copies
from please contact Christine 541 8595 or
Jeanine 542 3033.

WANTED

Kirsty is looking for a safe, sound and sensible
horse for beginners to ride, 14-16hh.

If you have something suitable sitting in a
paddock? Please contact her on 541 9794

COMMUNITY OUTREACH LUNCHES

The community lunches at St. John's
Worship Centre will be the third Thursday of
each month. All welcome.

To assist with catering, please phone
Caroline, 5418491 by Monday evening
preceding, if possible, if you wish to attend.

FOR SALE

Sheep Manure \$8.00 per bag
Pinecones \$5.00 per bag
Can deliver ph: 541 8488 or 0211 279 567

STATEMENT FROM NZ POST

regarding changes to mail delivery following
Matt & Angie Wells departure from Wakefield:

"New Zealand Post & CourierPost service our
customers in the Wakefield township with a
Contract Postie delivering both the mail and
parcels. Our customers with any questions or
queries related to deliveries should contact
our Customer Call Centre on 0800 501 501."

FOR SALE

NEW HOUSE
2 bedroom + office, brick, landscaped, quiet
location, close to Wakefield.
Suit retirement or down sizing.
Enquiries phone 5419634

**Wakefield Community
Toy Library**
needs new members!
Wakefield Community Toy Library
Edward Street, Wakefield



Wakefield School Twilight Gala

Saturday 7th November
3.00pm - 6:30pm

Wakefield School
Edward Street, Wakefield

Please note the gala will run wet or fine!
LIVE ENTERTAINMENT

A GREAT FAMILY EVENING OUT!

Dine on our fantastic local fare:
**Wild Pork Sandwiches, Whitebait Patties,
Vegetarian Food, BBQ, Café, Desserts,
GLUTEN FREE OPTIONS AVAILABLE,
Kids Food & much more!**

Check out our fantastic stalls:
**Silent Auction, Plants, Produce, Books,
Toys, Clothing, White Elephant, Mystery Boxes**

Fun for Kids of all ages:
**Inflatables, Shooting Gallery, Digger Rides,
Horizontal Bungee, Haunted House,
Face Painting, Animal Petting Zoo & more!**

Community Diary & Classifieds

WORK WANTED

Small building and Maintenance jobs required.
50 years experience
Text or call 027 4452 190

FOR SALE

Dolls clothes and dolls still for sale
Phone 541 8342

WORK WANTED

Full or Part Time
New to district.
CV and references available.
Experienced in a variety of roles including administration and hospitality.
Anything Considered
Please Phone Sarah Robinson 5224603

WORK WANTED

Do you need a housekeeper or gardener?
Professional cleaner and keen gardener.
Reasonable rates apply within.
References are available.
Text or Call Anna on 027 2277033/ 5419633 anytime.

FOR SALE

Children's sun hats (new) \$12.00ea.
Phone Deborah on 5419045.

FOR SALE

Jigsaw puzzles – mostly Wasgij but some others. \$8.00ea.
Phone Deborah on 5419045

Sewing Repairs & Alterations

Hemming and Zip replacements etc
Kala Wray, ph 541 9606, 027 224 1001

WANTED

Old books (up to 1930s) for Willow Bank Library. The books will be used for display in a vintage library. It doesn't matter what content the books have.
Contact Christine 541 85 95

WANTED

Ice-cream containers 2lt , with or without lids.
Drop off at Strawberry Patch Wai-iti.

FOR SALE

Childrens woollie hats.
Minions and Ninja Turtles \$20.00 each.
Other types from \$10.00 to \$15.00 each.
Phone Deborah on 5419045.

WANTED

Naked Ladies bulbs wanted to brighten back garden at pensioner flats.
Phone Carol 5418744

FOR SALE - FIREWOOD

Dry shed stored pine: Only 20m3 left
Also available bluegum for next year
Ph: 541 9665 or 541 9093

FOR SALE

Akvoke Air Pistol - Good Condition \$160.00
Ph 021 292 7859

MONTHLY COMMUNITY CALENDAR

OCTOBER 2015

Thur 1	9.30 am	Wakefield Art Group, Wakefield Village Hall
Fri 2	2.30 pm	Wakefield Community Library open
Sat 3	9.30 am	Wakefield Community Toy Library open
Tues 6	10.30 am	Wakefield Community Library open
Wed 7	9.15 am	Wakefield Craft Group, Wakefield Village Hall
	2.00 pm	Waimea Senior Care Fashion Show, St Johns Church
Fri 9	2.30 pm	Wakefield Community Library open
Sat 10	8.00 am	Wakefield Market Day
	9.30 am	Wakefield Community Toy Library open
Sun 11	1.00 pm	Have a Go Day, Wakefield Bowling Club
Mon 12	10.00 am	Mainly Music, St Johns Worship Centre
Tues 13	9.45 am	Live well Stay well, Chateau Rhubarbe
	10.30 am	Wakefield Community Library open
	7.30 pm	Wakefield Community Council, St Johns Worship Centre
Wed 14	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church
	9.15 am	Wakefield Craft Group, Wakefield Village Hall
	1.00 pm	Wakefield Foodie Group, St Johns Worship Centre
Thurs 15	12 noon	Community Outreach Lunch, St Johns Worship Centre
Fri 16	2.30 pm	Wakefield Community Library open
Sat 17	9.30 am	Wakefield Community Toy Library open
Sun 18	1.00 pm	Have a Go Day, Wakefield Bowling Club
Mon 19	10.00 am	Mainly Music, St Johns Worship Centre
Tues 20	10.30 am	Wakefield Community Library open
Wed 21	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church
	9.15 am	Wakefield Craft Group, Wakefield Village Hall
Fri 23	2.30 pm	Wakefield Community Library open
Sat 24	9.30 am	Wakefield Community Toy Library open
Mon 26	10.00 am	Mainly Music, St Johns Worship Centre
Tues 27	9.45 am	Live well Stay well, Wakefield Village Hall carpark
	10.30 am	Wakefield Community Library open
Wed 28	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church
	9.15 am	Wakefield Craft Group, Wakefield Village Hall
Fri 30	2.30 pm	Wakefield Community Library open
Sat 31	9.30 am	Wakefield Community Toy Library open

NOVEMBER 2015

Sun 1	10.00 am	Wakefield School & Community Pool Opening
Mon 2	10.00 am	Mainly Music, St Johns Worship Centre
Tues 3	10.30 am	Wakefield Community Library open
	7.00 pm	Wakefield Community Health Centre Meeting
Wed 4	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church
	9.15 am	Wakefield Craft Group, Wakefield Village Hall
Fri 6	2.30 pm	Wakefield Community Library open
Sat 7	9.30 am	Wakefield Community Toy Library open
	3.00 pm	Wakefield School Twilight Gala

Community Notices

WAKEFIELD FOODIES

October brings a session on learning to make yogurt and kefir from fresh milk

You'll never buy sweetened, flavoured 'yogurt' again!

Wednesday 14 October 1pm
St. John's Anglican Church Worship Centre

Contact: Rita 0272288902



Are you a beginner, or have never drawn or painted before?
Come and give it a go.
Join our very friendly group

Every THURSDAY of the School Term
9.30 am – 12.30 pm
Wakefield Village Hall – Supper Room
\$3 per session/cup of tea included

For more information contact:

Fiona - Phone: 541 8910 or Sonja – Phone: 541 8176

WAKEFIELD MARKET DAY

Saturday 10th October

8am to 12pm (Note new summer hours)

Come celebrate the arrival of summer by getting those plants in the ground ready for the wonderful flower and produce time. Good ADVICE ON WHAT TO GROW WHERE.

Have a chance to clean out those cupboards, chase the silverfish and moths out.

Share those lovely items and have the cash to spend.

Do you have a pile of material never made into anything?

Or perhaps some wool or scrapbooking, there's bound to be someone waiting to get those goodies.

Books and magazines, clubs are welcome.

Let the district know what you do.

WE HAVE BBQ. PLENTY OF SITES
RING Jean 5418154

MAINLY MUSIC

Now meeting at Wakefield St Johns Anglican Worship Centre

Monday's 10.00am.
Cost \$3.00 per family.

This is a time for parents and children to enjoy music, song, dance and lots of laughs.

Any queries please phone Wendy Milson 544-5494.

FOXHILL TENNIS COURTS

658 Wakefield-Kohatu Highway
(at rear of Rutherford Memorial Hall)

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Re-painted lines, nets up ready to go, for twilight practices and summer fitness.

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Rutherford Memorial
Hall (Foxhill) Assn Inc. for TDC
Erica Short
Secretary/Treasurer 541 8882

NOTICE OF MEETING

Wakefield and Districts Community Health Centre Incorporated
3rd November 7pm
At the Health Centre

Followed by

SPECIAL GENERAL MEETING

Wakefield and Districts Community Health Centre Incorporated
10TH November 7pm
At the Health Centre

Wakefield Craft Group

Come and join the ladies craft group

Wednesday mornings in the Village hall supper room

9.15am - 12pm.

Bring any project - sewing, knitting, crochet etc.

and join us for coffee and company

\$2 per morning

Phone Judy on 541 8342



Waimea Plunket Playgroup
The Brightwater Community Anglican
Church,
Waimea West Road, Brightwater

Time: 9.00 – 12.00 noon
Day: Wednesday morning
Cost: FREE

**Nurture@Wakefield
Playgroup**

Every Friday 9.30-11.30
Wakefield Community Toy Library, 61 Edward Street, Wakefield

From 0 to 5 years

Please bring morning tea for your child(ren). Tea & coffee provided for adults

Safe, Fun, Friendly.

Donation appreciated. Thank you
Amy 541 8001
021 02677605

Community Directory

Citizens Advice Bureau
548 2117 - 0800 367 222

Guiding Co-ordinator
Sue Burrowes 541 9689

Lord Rutherford Memorial Hall Foxhill
Helen Pullan 541 8058

Pigeon Valley Steam Museum
Alan Palmer 027 319 7427

Rural Ramblers
Carolyn Mason 541 9200

Spring Grove Drill Hall
C. Pike 542 3904

Totaradale Golf Club
Jacquie 541 8030

Wakefield Anglican Church – St Johns
Meet Sun 9.00am; 10.30am
Rev. Allan Wasley 541 8883

Wakefield Brownies
Veronique Law 541 9190
nvaslaw@gmail.com

Wakefield Community Library
Wendy Gibbs 541 8490
Pam Dick 541 8392
Hours - Tues 10.30 - 11.30am
Friday - 2.30 - 4pm
Excluding Public Holidays

Wakefield Football Club
Richard Malcolm 541 9429

Wakefield Medical Centre
541 8911

Wakefield Pharmacy
5418418
wakefield.pharmacy@paradise.net.nz

Wakefield Playcentre
Contact: 541 8866

Wakefield School
Edward Street 541 8332

Wakefield Scout Group
Angela Burke 541 9223

Wakefield Toy Library
Saturday 9.30-11.30am
Chris Gaul 541 8148

Wakefield Volunteer Fire Brigade
DCFO Fritz Buckendahl 027 224 4162

Womens Biz
Genie Bradley 541 9641

Country Players (Drama)
Philip Calder 541 8442

Junior Country Players
Dixie McDonald 541 8862

Nelson Vintage Engine & Machinery Club
Allan 027 319 7427

Pinegrove Kindergarten
03 542 3447

Rural Women
Dawn Batchelor 542 3628

St Joseph's Catholic Church
Sun 8am, Wed 10am
Fr David Gruschow 544 8987

Waimea Sheepdog Trial Club
Colin Gibbs 541 8435
gibbs@ts.co.nz

Wakefield Book Group
Mahala White - 541 8933 or
Sheila Kennard - 541 8860

Wakefield Bush Restoration Society
Doug South 541 8980

Wakefield Craft Fair
Leanne and Glen Turner
541 8306

Wakefield/Brightwater Guides
Josie Macdonald 544 2660
macdonald.josie@gmail.com

Wakefield Plunket
Donna Todd 541 8583

Wakefield School/ Community Swimming Pool
Phill Platt 027 231 7610

Target Shooting Wakefield
targetshootingwakefield@gmail.com
Secretary : Bev Inwood
5448074 after 7pm evenings

Wakefield Rest Home Ltd
Pauline Coombs Manager 541 8995

Wanderers Sports Club
542 3344

Wakefield Physiotherapy
Kate West 03 541 8911

Window on Wakefield
Advertising - 541 9641
Genie & Lindsay Bradley

Focus Wakefield
Diane Blackburn 541 9725

Just Gymnastics
Linda Mace 546 6013

NZ Postcard Society Inc.
Doug South 541 8980

Richmond Lions - Wakefield Rep
Ivan Burrowes 541 9689

Spring Grove Church of Christ
Meet Sundays 10am
541 8011

Top of the South Rural Support Trust -
gibbs@ts.co.nz
Colin Gibbs 541 8435

Waimea Sth Historical Society
Jeannine Price 542 3033

Wakefield Bowling Club
Margaret Eames 541 8316

Wakefield/Brightwater Book Club
Pauline Coy 542 3994
paulinebc@gmail.com

Wakefield Community Council
Russell Wilson 541 8477

Wakefield Indoor Bowls Club
Ren Olykan 541 8275

Wakefield Pippins
Veronique Law 541 9190
nvaslaw@gmail.com

Wakefield Preschool
Contact: 541 8086

Wakefield School PTA
ptawakefield@gmail.com

Wakefield Tennis Club
Ngaire Calder 541 9419

Wakefield Village Hall
Rob Merilees 541 8598

St. John's Worship Centre
Caroline Gibbs 541 8491

Waimea Plains Junior Football Club
Debbie and Grant de Joux
541 8307

Window on Wakefield
Articles & Content - 541 9005
Sonia Emerson

CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have **specialised skills/ equipment**, and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their **responsibility to be personally prepared**.

You should ensure that you have your own **survival kit** in place, and that you are able to be **fully self sufficient for at least three days**.

In the event of an emergency, for urgent public messages, tune in to:
More FM 94.1, Classic Hits 89.8, Fresh FM 95.4





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WANTED!!

3 genuine buyers looking for homes around \$300,000

3 - 4 bedroom homes up to \$450,000 can't meet demand!

WAKEFIELD
150 EDWARD STREET

\$429,000+



4 bedrooms, 2 bathrooms, dble garage, heatpump & logburner on wetback.

WAKATU
25 BEATSON ROAD

\$365,000+



NEW LISTING



3 bedroom home, immaculate inside and out

SOLD



115 EIGHTY EIGHT VLY RD

SOLD



24 WHITING DRIVE

SOLD



5 WHITING DRIVE

SOLD



51 ARROW STREET

Proud Sponsor of the



Wakefield Football Club
Wakefield Bowling Club NZ
Wakefield School Music Program

Wendy Pearson 021567722 or 541-9667 wendy.pearson@tallpoppy.co.nz

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