

WINDOW ON WAKEFIELD

Wakefield School and Community Pool Opening - Nov 3rd
by Lydia Visser

Your Local News
Issue 12 October 2013

Summer is on it's way and with that comes the opening of our local pool. We are lucky to have such an excellent facility and last season the pool proved popular once again with a wide range of people in the community.

The original swimming pool was built in 1953 and was still in use when the Board of Trustees Chairperson, Mrs Adrienne Baigent called a public meeting in the school library in 1994 to gauge community support for building a new larger pool. In 1996 the Wakefield School & Community Swimming Pool Incorporated Society was established. A committee with school and community representatives was formed to undertake the project.

In 1997 after major fundraising the present two pool complex was constructed on the school's playing field beside the boiler house. The cost of the pool was \$160,000 with funds obtained from local fundraising, Community Trust Grant, Lotteries Commission and the Tasman District Council. In August 1998, David Crowe left a bequest of \$160,000 to roof and enclose the Wakefield School and Community Swimming Pool. Eventually this was achieved with the structure being built in 2001 and opened in December 2001 by Tim King, the Tasman District Council Deputy Mayor and Mr George Baigent, Chairperson of the Wakefield School and Community Swimming Pool Management Board. The total cost of the structure was \$210,170.60 with the extra funding coming from the Tasman District Council's reserve funds and additional fundraising by the Society.

This season the pool will open on Sunday November 3rd with our annual wet and wild event. This has become the traditional way we open the pool for the season. Keys to use the pool for the season can be purchased at this event. It remains a very economical way for a family to have use of a pool on their doorstep for (almost) five months of the year. This year we have had to raise prices minimally to match the rising costs of maintaining the pool. The pool committee work hard to keep the prices down by fundraising and applying for sponsorship, but can not meet all costs such as rising insurance as a result of the Christchurch earthquake.

As seen in the photo the giant inflatable is the draw card for the many children and their families that flock to this event. It is a challenge to make it across the inflatable which spans almost the entire length of the pool. Much fun is to be had in conquering this obstacle and pushing others off in the process. Parental supervision as always is required. The Wet and Wild will start at 10am on Sunday November 3 and will run until 2pm. The sausage sizzle is always popular on the day.



During term time the school has use of the pool during school hours. The public can make use of the pool before 9am, during lunchtime between 12.30pm and 1.30pm every day except Friday, and after 3pm. Look out for further details about the pool opening and key sales in the Wakefield School newsletter and a flyer which will be distributed around the district. Contact wldswimpool@hotmail.com for more information.

Everyone welcome to the Wakefield School Pool Open Day Wet and Wild on Sunday 3 November

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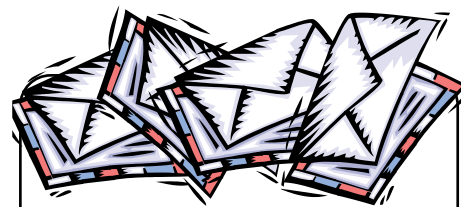
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Waimea College - Year 12 Big Day Out and Dance

by Hope Shatford-Banks

The 12th of September was memorable for all the Year 12's who attended the Year 12 Big Day Out and Dance at Waimea College. We met up at New Life Church in Richmond to hear the first performance which was two inspiring rappers who had just made it through the auditions of New Zealand's Got Talent 2013.

Following that was an influential speech from our ex tutor or dean, Mr Whore. He spoke about the struggles we may face in life but to remember that something good will always come out of it. He explained to us what's important in life as we all listened avidly.

After this speech we heard from our two current tutors, Mrs McKenzie and Mr Allsop, who encouraged us even more to do well in life and not let limitations get in our way. When the pep talks were over the Year 12's filed into their house groups to challenge each other in different games. Sheppard in blue, Hillary in yellow, Cooper in red and Rutherford in green.

The activities were in your house group and each house went to a different activity. One activity included a guessing game much like "Guess Who?" where each team picked four people from their group without telling the other team and numbered them from one to four. The aim of the game was to guess the other teams four people and get them in the right combination.

Another activity was the ball game called bump. We all lined up and the two front people got given a basketball. The objective was to get the ball into the hoop before the person behind you does and as the game got harder so did the rules.

In the next activity one person from the house was sent outside while the other members in a wide circle discussed an action they had to guess. The victim came back in and stood in the middle of the circle. When they got close to completing the task ie taking a certain persons hat off and putting it on we would all yell "YES!!" but as soon as they did something incorrect we went silent, needless to say it was quite entertaining.

Activity four was when we were split up into smaller groups and placed our hands in the middle of the circle. We grabbed onto anyone's hand and then had to untangle ourselves without letting go - chaos ensued. The final task we had to complete was in our small groups, we had to create the most creative human pyramid. All the games were organised by the 24/7 youth workers so a big thanks to them!

We filed into the church foyer and received some delicious subway which we paid for earlier. After our lunch we went out onto the field for the main activity. This time we stayed in our house groups and got appointed to a corner of the field which became our territory. We were given cardboard and paint and had to create a figure which represented leadership. A bunch of potatoes was then placed in the middle of the arena and they represented gold. The aim was to get as many potatoes as you can but here is the twist. You could steal the other houses 'gold' but only once you had destroyed their statue.

Add water balloons into the mix and mayhem was created. You could defend your base or attack another house. It was very intense and at the end of the challenge all the statues were destroyed. The overall winner was Cooper and last came Rutherford. It was a really good day in the fact that it united us as a year group and it was something different. Lots of fun!

The Year 12's then headed home to get ready for a good night out at the Year 12 Dance. Light refreshments were provided and the lighting and music was wonderful. We even had a photo booth! The photo booth was a highlight for me. You could choose props like hats or fake mustaches then you and your friends could enter the booth to have multiple photos taken. They were printed on the spot.

Everybody looked amazing in their formal dress as photographer Aperture Limited captured on the night. Thank you to the committee who organised it and especially Ruby Warren.



News from Wakefield School



'Rock da House' by Tyler Seales

On the 29th of August some Wakefield School kids performed in Rock da House. It was held in Nelson at the Trafalgar Centre.

Rock da House is a concert performed over three nights by 420 children from 21 Nelson and Tasman primary and intermediate schools. The school choirs practised their various parts for several months, coming together towards the end for two rehearsals.

The opening and closing number was a series of hand movements performed with the children wearing white gloves under black lights. Our hands glowed, it looked dashing!

We performed eight songs which included Help from the Beatles and Don't Dream Its Over and some other songs too. Soloists were chosen from a range of schools and each school sung a different harmony part in the mass choir. I was there and my favourite song was Help. I think that we all really 'Rocked da House.'



The Science Fair by Connor O'Toole

In Term Two the Whitby Syndicate raced to get their science experiments completed and presented to their classmates and teachers hoping they would qualify for the 2013 Cawthon Science and Technology Fair.

After all their hard work all the presentations were pretty good but only five teams could be selected to go through to the fair. Those people were Marshall with his ball pressure experiment, Ronan with his basketball hoop angles, Finn and Ivan with their go kart speeds, Janae and Neve with their seat experiment and last but not least Isaiah and Fergus with their desk experiment.

The Cawthon Science and Technology Fair was held from Monday 23rd September to Friday 27th in the Stoke Memorial Hall. I talked to the science fair participants from Wakefield that went to the science fair on Monday and they said it was a "good experience" and that some of the judges were "joking around" but overall they had a pretty good time.

ASB Mathletics Challenge by Mason Waters

In Term 3 Mathletics became even more fun when the ASB Mathletics Challenge was on.

The Mathletics competition is a New Zealand wide activity to test young minds on maths. Points were awarded for a range of maths problems with varying difficulty. You could also play in a live challenge against children from other parts of New Zealand.

Wakefield School really got into it. One person who went really well was Ronan Thompson. He came second in the Tasman region. But his big brother Finn came first and Madeline Shallcrass came 5th. Many other Wakefield children placed in the top 100.

A big congrats to Room 1 for coming first and Room 2 for coming third in the class competition for our region.

Overall Wakefield School came second in the Tasman region.

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News from Wakefield School continued

Listening to Zebong - the story teller



Speeches by Natalya Abbott

On Friday the 3rd of September we had our Whitby Syndicate Speech Competition at Wakefield School. Everyone had to write and present a speech to their class. There were three finalists from each of the three senior classes for each year group.

The topics we had to choose from were;

- my summer trip
- the history of chocolate
- don't give in to peer pressure
- health

The winners of the Year 6 speeches were...

1. Ivan Gordon
2. Ronan Thompson
3. Hannah Sims

And the Year 5 winners were...

1. Dion Taikato
2. Liam Berry
3. Janae Grundy

The judges were Peter Verstappen, Delyth Jones and Sue McLaren. The judges had a very hard decision because all of the speeches were outstanding!

Ivan Gordon went on to do his speech at Waimea Intermediate on Monday 9th September at 7:00pm with all the other Year 6's from the area. Congratulations to Ivan who was placed second on the night.

Zebong Comes to Wakefield by Blake Thomas

On the 9th Wakefield School got to hear stories from Zebong the story teller. He was really funny and he had a cool accent. He also had a quilted blanket that he told his stories from by choosing pictures from it. He pulled people up from the audience to choose the stories and to act out parts. He even made one of our teachers into a horse!

In the morning he ran a writing workshop with some of our boys. Tyler Seales from Room 1 was at the workshop and said, "It was good because he told us why he never wanted to do storywriting and what changed his mind. He taught us about writing twists and surprises."

Zebong showed us all how much fun writing can be.

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News from Wakefield School continued

Quiz Team

by Libby Moffatt

On the 18th of September six people from Wakefield School competed in the Nelson Quiz Competition at Richmond School. They were Jennifer, Ronan, Talya, Finn, Saskia and Sarah. They had to look in books and look on the computer to find information.

They said that it was fun but hard. They looked great dressed up as the 'Jackson Five' plus the dad, complete with Afro wigs and a whole lot of bling. Wakefield School did very well and the team came first!



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News from Wakefield School continued

Ski Trip

by Kendall Thompson

Friday 13th 2013 was definitely not an unlucky day. That was the day that the Whitby Syndicate had the privilege of going skiing at the Rainbow Ski Field. Everyone assembled at school at 6:15 in the morning and we finally headed off at 7am in a large convoy. We were relieved that it was a fine day as the ski field had been closed all week. After an hour and a half we arrived at the bottom of the mountain and waited for the shuttles to take us up to the ski area. We felt very excited as many of us had not been skiing before and it began to snow lightly as we waited. Then we began the long slow journey to the top. Half way up there was snow on the road, and all around us the bright sun reflected off the snow on the steep mountain slopes.

Everyone got to choose an activity to participate in. One person did snowboarding but most people did either skiing or the fun day. We were put into groups according to our ability; beginner, intermediate or advanced skiers. Each group went with their parent helpers and were fitted with boots and skis, then went off with an instructor for an hour long lesson. First we were shown some basic exercises then came the exciting bit of standing on two skis and being able to glide down the gentle slope. As we became more confident we were able to use the tow and go a little further up the slope. It was so much fun and everyone soon had the hang of it.

Those of us who wanted to try out the intermediate slope went and had a go after lunch. Some people found it hard to complete the intermediate slope but most successfully got it in the end. The advanced skiers and some of the more adventurous intermediate and beginner skiers went up on the T-bar to ski down the Goat Track or the Shirt Front slopes. The kids and parents who did the fun day activities had a ball, building snowmen, tobogganing and sliding down the hill on inflated tyres. It was a spectacular experience and one we will never forget. A big thank you goes out to the parents and teachers who supported us and made the day possible.



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Big on NZ

Willowbank a perfect blend of nature and art
by Peter Verstappen

I'm standing in the doorway of an old jail house, a modest wooden building whose timbers could tell a story or two. But its original lodgers, the ruffians of Stoke, would be charmed, as I am, by its transformation.

Here is a collection of teddy bears, a doll in bridal outfit, a festoon of doll's houses, each interior a marvel of details: tiny crockery sets and china dishes, tiny coffee grinders, tiny tables and settees, right down to a tiny copy of the Woman's Weekly, with a tiny cover photo of Princess Diana. Turning in the confined space I am confronted by dozens of bright blue, plastic Smurfs – a moment of sheer slapstick.

"Many of those are from my childhood," says Christine, leaning towards the Smurf cabinet. "You see, I even have the windmill and other buildings that you could get with the original sets."

Welcome to Willowbank, home of Christine Grieder and Kim Kerslake, just a few minutes drive from the Wakefield shops but a long step back in time.

For the past decade Christine and Kim have been transforming their lifestyle block into a living museum, a unique expression of playfulness and history, a place of whimsical charm and astonishing treasures.

The old Stoke jail is just one of several buildings that have sprung up or been moved onto the site to accommodate their collections. The most imposing is the Open Brethren hall, built in Nelson in 1880 and now scrupulously restored and once more purposeful as a venue for social gatherings and occasional weddings.

Behind the hall one of the property's original buildings, an old stable, enjoys a new lease on life as a haberdashery shop and emporium, a glorious clutter of colonial bric-a-brac. Next to it an old worker's cottage is restored as a guesthouse, with impressive antique furniture and a few luxuries in the discreetly modern ensuite.

Elsewhere a bower of living willows offers the perfect place for a summer picnic, a solid wood-framed greenhouse blends a perspex pyramidal roof with an eye-catching collection of antique windows, and a concrete water tank, half buried in a mound of earth and a riot of shrubbery, is a cool and fragrant cellar for Christine's home made wine ("the Undrinkables," she quips).

The attention to detail and fine craftsmanship are striking and it comes as no surprise to learn that Christine is Swiss. She arrived in New Zealand 20 years ago with a 40-foot container packed with antiques scoured from villages and homes in Switzerland and France, a passion for collecting she says she shared with her father.

Over a decade or more she filled another 18 shipping containers on numerous trips back to Europe, whose contents stocked a successful antique business operating out of a large shed at Willowbank.

As the antique business wound down, a victim of online trading and high shipping costs, Christine's passion for collecting found its outlet in her growing museum.



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Willowbank a perfect blend of nature and art [continued]
by Peter Verstappen

As we tour the attractions, opening cupboards and peering into drawers, I realise that Willowbank is not just a homage to history, it is a deeply personal tapestry of Christine's life and heritage, an autobiography in wood, glass, metal and china.

Many of the objects on display have been inherited from her family, or drawn out of her childhood experiences, like the fittings and objects in the haberdashery store, bought by Christine from an original shop in her home village.

She points out a wooden cabinet with many small glass-fronted drawers filled with brightly coloured buttons. "I remember as a child opening these drawers and taking out buttons when we visited the shop."

She tells me each window in the greenhouse is from her family and the delicate leadlight windows flanking the porch of the Brethren hall are another inheritance.

Christine muses about her impulse to treasure objects. "I read recently about anti-consumerism, the desire to keep things, not to use them up or discard them. Perhaps I am an anti-consumer."

We speculate about the differences between collecting and hoarding, and I think of Christine as an intriguing mix of both, with the discerning eye that can spot a genuine antique and the tender heart that treasures a collection of Smurfs across a lifetime and half the globe.

I ask Christine and Kim about their next project. It will be a brick building, I am told, another small shop to display their extensive collection of china.

For this they need a heap of old recycled bricks and Christine asks me to include a plea for bricks in this story. There you are – if you have old bricks seeking a new home contact Christine and Kim, 541 8595.

As I leave Christine presents me with two jars of home made jelly – feijoa and medlar.

I hold a jar up to the afternoon light to admire the clarity of the jelly. Pale sunlight reflects flawlessly red through the jar. It seems to sum up Willowbank – a perfect blend of nature and art.

Heart To Heart

Following the energy

I've been thinking about the song "To Everything There is a Season" where we are reminded that our seasons do indeed 'turn, turn, turn'. And yes I've got a definite sense that I'm being moved into a new season. We like to think we are in control of our life and that we only 'move on' when we feel so inclined, but there are times when we know with certainty that this isn't the way of things. The energy we had for something starts to wane, disinterest may set in or perhaps something new comes along and takes our focus elsewhere. We can resist and hold on for a bit but in the end staying with 'the old' feels too hard and the results feel less than satisfactory. Yet this is a good thing for embracing life and all it has to offer requires us to let go of old energy and follow the new.

Writing for Window on Wakefield has been a joyful experience, I have loved it. But now my focus is being redirected elsewhere, a new chapter in my life is about to begin. And so it's time to say good-bye...

A time to be born, a time to die

A time to plant, a time to reap

A time to kill, a time to heal

A time to laugh, a time to weep....

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Great coffee, and delicious cake were also on offer, in the friendly and warm environment. Thank you so much for hosting us at The Country Kitchen Tapawera – you can check them out on Facebook, or pop in next time you are going through Tapawera.

Also profiling, was Janet McLennan, who shared with us their new business, Zeaberry; a joint enterprise between two husband and wife teams. They grow and harvest all their own blackcurrant products, and believe that being involved every step of the way, ensures that they can deliver the best quality health product, from start to finish.

Blackcurrants contain high concentrations of antioxidants, anthocyanins, vitamins and minerals which means that they can offer benefits across a broad range of health and wellness issues including joint pain or circulation issues. Zeaberry are turning their blackcurrants into powder which you can take to assist with a range of ailments, or if you are an athlete striving for peak performance.

Janet gave a passionate and interesting overview of the products, and we all got to sample some of the product too, which to my surprise was delicious. There were some great ideas of how to add the blackcurrant powder to every day items, in order to ensure that the whole family gets the benefits. Check out their new website at www.zeaberry.co.nz for more information on the products, their health benefits, and how to buy. Thanks for the informative session Janet.



One other thing that came out at our meeting, was the advantages that a number of the ladies are now experiencing, from the contacts that they have made by coming along to Womens Biz. This is great to hear.

Womens Biz is a friendly and informative group who meet on a monthly basis. Formed to provide an informal support and networking group for the very talented ladies in the Wakefield / Tapawera and beyond area.



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Getting Your Business Online

by Gary Nickless

Welcome back to this months article and I hope you had some success setting up your Google Places account from last month. You may still be waiting on your verification postcard to arrive from Google. Don't worry, they normally always turn up eventually, often just not as fast as we would like!

This month I'm going to briefly touch on websites and the platforms that I use in my business operations everyday, and give you my tips on choosing the right one for your needs.

What Is The Best Website Platform For My Business?

This is probably the most commonly asked question that I get in regards to websites as there is just so much choice today and it can often be a daunting task trying to understand what platform is best suited to your business needs.

The question I ask to people is, what is the job that the website must do?

Understanding what it is that you need the website to do will determine what type of platform and site you need. For example: Is your website just informational about your service? Or is it there to capture leads or get people to sign up for a free offer so that you can start to build an email list?

Another type of website would be one that is for ecommerce, so that people can come to your site and buy things.

The Best Website Platform for an Informational Website

Wordpress is my top pick as the best platform for you to get started with, as it is super easy to use and as it now powers around 40% of the worlds websites, if you do need help you can easily find someone to give you a hand.

The simplest way I can describe Wordpress and the way it works is like this. Think of the Wordpress platform as a childs play doll (wordpress platform) and you would then "dress up" the doll with new outfits (we call these skins or themes) so you can have the look you want. You can find some great example of sites by googling Theme Forest themes or Studio Press themes as these are two of the biggest suppliers of amazing looking themes.

The other cool thing that most new themes do is that they are "responsive websites" which means they automatically resize to the screen size of the device viewing the website, like an ipad or iphone.

By the way did I mention that Wordpress is free...another great reason I like to use this platform.

The only other thing you will need for a Wordpress based site is hosting which you can find by doing a Google search for best website hosting in NZ or something similar.

The Best Website Platform for an Ecommerce Website

When it comes to selling things online, I like to go with platforms that look great, can be easily customised if need be, have great support and are easy to use.

The two platforms that tick all the boxes for me and are the ones that I use are Bigcommerce and Shopify.

They are both super easy to use and have some amazing looking themes straight out of the box and you can get started for around \$30 per month.

If you're not sure about the whole website process then I would suggest hiring a local company to help you out to get started with a Wordpress based site. You can get some amazing looking websites now for between \$1,000 - \$3,000.

There you have it, my basic tips on what website platforms I use and hopefully this will give you a place to start when you're looking at setting up a new site or updating an existing website.

Next month I'm going to cover Youtube and what you can do with this amazing website and the power it has to reach your customers everywhere.

Until next month, bye from Sydney!



Bigcommerce

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e-commerce made easy

The Way We Were

Wakefield's Libraries Part II

by Roger Batt

The Waimea South Mechanics' Institute and Circulating Library which opened in Pitfure Road in July 1856 served the village and surrounding areas well for nearly 40 years.

In 1894 there was talk of moving closer to the centre of the village but nothing happened until 1912 when the Progressive Association arranged an exchange of land with Mr Joe Gibbs who took over the Institute's land and building in exchange for a section opposite the western boundary of the school in Edward St. The building on that site became the first Wakefield Public Library. It had a library room with another room for meetings such as St Johns, Scouts and Guides, Plunket Rooms and for a short time housed the Kindergarten.

The library became an incorporated organisation and published a set of rules compiled by Joseph Gibbs, Walter Ralph Pearless and W.L. Bird – the three trustees. Some of these rules were:

- # The subscription will be 15 shillings a family per annum for 4 books and 10 shillings an adult for 2 books
- # No person who is in a state of intoxication or who is uncleanly in person or dress shall enter or remain in the Library
- # No person shall lie down or sleep in the library
- # No person shall partake of any refreshments or smoke or spit or strike matches in or bring any animal or bicycle into the library.

When the library opened in 1912 Miss Ada Bird was appointed the new librarian and was still in office when she died in 1941, having served for 29 years. In that year the Waimea County Council took over the building and maintained it with a roster of librarians co-ordinated by Don Hutcheson. It was his mother-in-law, Mrs Mabel Win who continued the tradition of long service following the death of Miss Bird for 25 -30 years into the mid-sixties. Don then took on the role of librarian until his death in 2001.

When the new Wakefield Health Centre was opened in 1990 the Plunket Rooms on a prime corner site in Edward Street beside the Post Office became vacant. It was then that the library moved for the third time into this building and although the Richmond Library had become free to all in 1989, it was felt that there was still a need for a library in Wakefield to serve the less mobile members of the district.

Mrs Peggy Martin became librarian following the death of Don Hutcheson in 2001 and Alexa Langford took over from her in 2007 until this year when Pam Dick and Wendy Gibbs accepted shared responsibility for a service which had begun in 1856.



Today the library is open twice a week: on Tuesdays from 10.30 – 11.30am and on Fridays from 2.30 – 4.00pm. Wakefield has indeed been fortunate – if not unique, as a small, New Zealand provincial town, to have enjoyed a library service for 157 years. Long may it continue.

Acknowledgements

Stringer, Marion "Just Another Row of Spuds the pioneer history of Waimea South"
Gibbs, Caroline for article from Nelson Evening Mail on her father Don Hutcheson

WAIMEA SOUTH HISTORICAL SOCIETY

October Meeting

Lunch at the Kohatu Flat Rock Cafe (Kohatu Hotel)
12.30pm on Wednesday 23 October

Meet at Wakefield Village carpark
at 12.00 noon to carpool.

(\$10.00 per person when
travelling with someone else)

A talk will be given by the owner
about the history of the hotel.



Country Players update



Junior Country Players performed their one act play, for one night only; to a very supportive crowd on Saturday night in the village hall.

The cast have been rehearsing The Seussification of Romeo and Juliet for 11 weeks and finally it was time to showcase their talents.

They had the audience laughing at the antics of the actors, and the Dr Seuss like lines.

Monk Larry and the nurse, performed by Laura Berthelsen was a particular favourite as she bumbled onto stage "My leg cramped up. I just got done working out!"

Thanks to all who came to support the show and enjoy a bit of theatre in our community.

Wakefield Country players will be auditioning for their Christmas play very soon.

If you would like to tread the boards and be a part of the cast or crew for this next show, phone Dixie 5418862 and leave your details on her answerphone or email

enquiries@countryplayers.org.nz



MAIL PHOTO / MARION VAN DIJK

Don Hutcheson, retiring as editor of the Wakefield Village News.

Wakefield editor retires

The editor of the Wakefield Village News, Don Hutcheson, is retiring after more than a decade at the helm of the newspaper he helped found.

The Village News is a free monthly paper with a circulation of more than 2000. Put together by volunteers, the four-page newspaper goes as far afield as Dovedale and St Arnaud.

The paper, run by the Wakefield Ratepayers' Association, began its life in June 1983 as a 600-copy newsletter printed on a school Gestetner.

Mr Hutcheson said the first copies were typed by the local traffic officer's wife and the police officer's wife turned the handle of the Gestetner, so "we were well within the law".

The newsletter was later combined with a local business house advertising brochure and

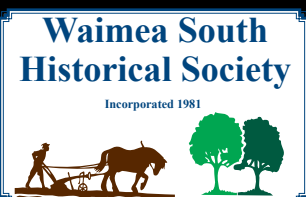
took on a more professional look. It is now set up on a computer.

Mr Hutcheson said the paper fulfilled a need in the community for local information.

Regular reports from the fire service, police, council and local groups were supplemented by information such as local events, church services and classified advertising.

Mr Hutcheson, who was born in Auckland but has lived in Wakefield most of his life, said he was retiring because he felt like a change. He would still be involved with the paper and hoped a younger person would take over the editorship.

Mr Hutcheson is also Wakefield librarian, a position he took over from his mother-in-law. He has been involved with the library since 1950.



Explore the
past with us

www.waisouth.wordpress.com

Health & Wellbeing

LOVE YOUR BONES part two

Last month we looked at osteoporosis and I gave you a couple of website links where you could assess the status of your bone health. Because everybody may not have the internet at home or may have forgotten to complete, here is the test for you to do (there are no excuses now!). Once completed see your local doctor to discuss your results.

INTERNATIONAL OSTEOPOROSIS FOUNDATION (IOF) ONE-MINUTE OSTEOPOROSIS RISK TEST

Your Non-modifiable Risk Factors – What you cannot change!

These are risk factors that one is born with or cannot alter. Nevertheless, it is important to be aware of risk factors you can not change so that steps can be taken to reduce loss of bone mineral:

1. Have either of your parents been diagnosed with osteoporosis or broken a bone after a minor fall (a fall from standing height or less)? yes no
2. Did either of your parents have a stooped back (dowager's hump)? yes no
3. Are you 40 years old or older? yes no
4. Have you ever broken a bone after a minor fall, as an adult? yes no
5. Do you fall frequently (more than once in the last year) or do you have a fear of falling because you are frail? yes no
6. After the age of 40, have you lost more than 3 cm in height (just over 1 inch)? yes no
7. Are you underweight (is your Body Mass Index less than 19 kg/m2)? (See: "How to calculate your BMI") yes no
8. Have you ever taken corticosteroid tablets (cortisone, prednisone, etc.) for more than 3 consecutive months (corticosteroids are often prescribed for conditions like asthma, rheumatoid arthritis, and some inflammatory diseases)? yes no
9. Have you ever been diagnosed with rheumatoid arthritis? yes no
10. Have you been diagnosed with an over-active thyroid, overactive parathyroid glands, type 1 diabetes or a nutritional/gastrointestinal disorder such as Crohn's or celiac disease? yes no

For Women:

11. For women over 45: Did your menopause occur before the age of 45? yes no
12. Have your periods ever stopped for 12 consecutive months or more (other than because of pregnancy, menopause or hysterectomy)? yes no
13. Were your ovaries removed before age 50, without you taking Hormone Replacement Therapy? yes no

For Men:

14. Have you ever suffered from impotence, lack of libido or other symptoms related to low testosterone levels? yes no

Your Lifestyle Risk Factors – What you can change!

These are modifiable risk factors which primarily arise because of diet or lifestyle choices:

15. Do you regularly drink alcohol in excess of safe drinking limits (more than two units a day)? See: "How to estimate your alcohol consumption" yes no
16. Do you currently, or have you ever, smoked cigarettes? yes no
17. Is your daily level of physical activity less than 30 minutes per day (housework, gardening, walking, running etc)? yes no
18. Do you avoid, or are you allergic to milk or dairy products, without taking any calcium supplements? yes no
19. Do you spend less than ten minutes per day outdoors (with part of your body exposed to sunlight), without taking vitamin D supplements? yes no

Kate West - Physiotherapist
Wakefield Physio



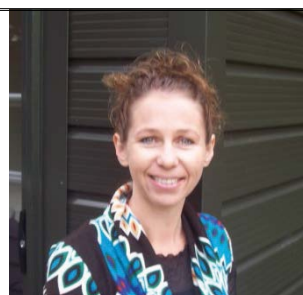
Kate West BPhy
Mary Caldwell Cred MDT

Accident & Sports Injuries All Sprains & Strains
Neck & Back Pain Pre/ Post Surgical Rehab

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info@physiowakefield.co.nz



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for appointments

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Cell 027 541 8451 cell
kmsimmons@extra.co.nz

Wakefield Health Centre

OSTEOPOROSIS

As a follow on to Kate West, Physiotherapist, articles on Osteoporosis, we also have the questionnaire available in paper form at the Health Centre. Or go to www.bones.org.nz Are your bones at risk? Take this test.

Understanding Your Answers:

If you answered "yes" to any of the questions in the IOF One-minute Osteoporosis risk test it does not mean that you have osteoporosis. Positive answers simply mean that you have clinically-proven risk factors which may lead to osteoporosis and fractures. Please show this risk test to your doctor who may encourage you to take a FRAX® risk assessment (available at www.shelf.ac.uk/FRAX/) and/or have a bone mineral density (BMD) test. In addition your doctor will advise on what treatment, if any, is recommended. Even if you have no or few risk factors, you should discuss your bone health with your doctor and monitor your risks in the future.

For further information about osteoporosis and how you can improve your bone health, contact the Health Centre or contact a national osteoporosis society near you or visit www.iofbonehealth.org. Note: this test is intended to raise awareness about osteoporosis risk factors. It is not a scientifically validated test.

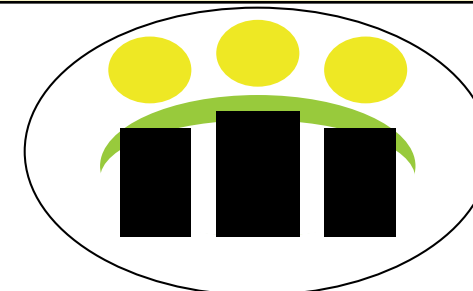
Arrange a **separate** appointment with your doctor to discuss these results.

NURSE CLINICS AT TAPAWERA

3rd Thursday of each month and every 2nd Tuesday during School terms.

Available for blood tests, diabetes checks, cervical smears, smoking cessation, lifestyle education, BP checks, asthma checks, dressings and general advice.

Phone 5418911 to make an appointment.



Wakefield Health Centre

Surgery hours:

Monday to Friday 8am – 5:30pm

Wednesday 8am – 7pm

New Enrolments Welcome

Phone 541 8911
12 Edward St Wakefield

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Weight loss, strength and fitness programmes for all ages and for individual and/ or team sport fitness levels.

Come and meet me for advice, training or for motivation in reaching your health and fitness goals.



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Ph. 0211391694 or 03-5419242

120 Eight Eight Valley Rd.

Wakefield, Nelson 7025

bernesbodyfit@gmail.com



On The Beat

Great news, Wakefield is keeping two policemen.

On behalf of Senior Constable Marty Tutton and myself, we thank the community for all the effort that you put in to retaining the two Constable positions at the Wakefield station.

We had an awesome response and we thank you very much for your support during this process. We received numerous phone calls, emails, texts and visits to the station.

THANK YOU

I would like to bring to your attention that doing a recent "Alcohol Controlled Purchase Operation" of four premises in your area, passed with flying colours. Yes, they didn't sell any alcohol to the underaged buyers. They did the right thing, and asked for proof of their ages.

Murchison Area was also targeted and they also passed. So, it is great to see the rural premises are out doing their city counter parts – a fantastic result. Keep it up and thank you.

Almost forgot, our premises were: Tapawera Hotel, Kohatu Flat Rock Café, Tapawera Four Square Supermarket, and Belgrove Inn.

On a final note, I have another thank you to go out to a group of local youths who use our local BMX track. When asked to pick up all the litter in the area, and to keep it tidy, they got straight into it and filled up four large rubbish bags. Since that time, they have kept the area clean, with more full rubbish bags being regularly dropped off at the Police Station for dumping.

Thanks guys for doing a great job and taking pride in your Village.

Senior Constable Peter Cobeldick

DAFFODIL DAY

Congratulations Wakefield for supporting our Daffodil Day Stall. We raised \$1,000 more than last year. What a great effort. This money stays in Nelson to support locals with cancer. It may be spending time in Christchurch for seven weeks or more, staying at Daffodil House or Ronald McDonald House for children. The Cancer Society pays for all accommodation and supplies a mini bus to ferry the patients to the Hospital for their treatment. For families struggling with all sorts of problems, the support is there for the patients and their families in so many ways.

Thank you to the property owners who allow us to pick their daffodils. Also thanks to all who helped to pick on the Wednesday, it is a lovely way to spend a few hours. What a wonderful sight to see and smell a van load full of daffodils.

A Big Thank You to our local businesses who gave us goods for our raffle. We had an amazing eleven prizes this year; Wakefield Pharmacy, Wakefield Auto Services Ltd, Wakefield Trading, Wakefield Villa Tearooms, Janet Smith and all the other people who donated prizes. Thanks to the Wakefield Four Square for giving us space in front of the shop and we parked our BMG Mini for Nelson Cancer out the front all day. There certainly was a lot of interest in it.

To the Wakefield School, it's great to have your continued support and you raised a staggering \$238.80 WOW!!! To the children who dressed all in yellow for the day thank you, we saw some very pretty outfits, well done. To the families who bought baking and produce, a great effort. The baking is so popular and sells really well. We have some great cooks around the area. To all who bought grocery items for the hamper, it was a lovely box of goodies. Our stall raised \$2,844.40.

To anyone who is interested in helping next Daffodil Day, either in picking on the Wednesday, or helping for one hour on the stall on the Friday, please make contact with Lynne Croy phone 5418468.

List of Prize Winners
1st R Bell
2nd J Eggers
3rd J McLean
4th P Jones
5th J Lines
6th M Deakin
7th M Deakin
8th K Teddy
9th A Palmer
10th J Southward
11th D Campbell

Thank you all for your support.



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Wakefield Volunteer Fire Brigade Report

Earlier in September, two more of our Wakefield recruits were sent off to the Woolston Training Centre in Christchurch for their recruits course.

Recruit Fire Fighters Bradley Reader and Roger Duncan had a highly successful week and came home as Fire Fighters, ditched their red recruits helmets and donned their nice new yellow ones to ride the red trucks as qualified personnel.

I would like to thank Brad and Rogers' families and employers for allowing them the time away from their normal lives and paid jobs to attend this important course. Without the support from families and employers our volunteer brigades would not be able to provide the service that we do, so thanks again!!

And a big well done to Fire Fighters Reader and Duncan for completing the course.

For those of you who still haven't changed your smoke alarm batteries, put this down, step away and do it now please. You can read this when you are done changing your batteries.

Further to the Firefighters Ride For Cancer, there are helmets at the Wakefield Pharmacy and Sprig and Fern in Brightwater for donation boxes, you can't miss them.

Please don't be shy, even 50 cents can make a difference.

Or you can visit www.rideforcancer.org.nz and click on the donate tab to donate on line.

The riders should be coming through Wakefield between 08:30 and 09:00 on Monday 25th November.

Call Report

| Call | Date | Time | |
|------|--------|-------|--|
| 101 | 22-Aug | 11:17 | Medical Assist |
| 102 | 25-Aug | 01:07 | Fire in saw dust, Eco Pine Eves Valley, crews were on scene until 4am extinguishing this fire |
| 103 | 26-Aug | 22:12 | Medical Assist |
| 104 | 28-Aug | 10:30 | Alarm activation, Fonterra Brightwater |
| 105 | 28-Aug | 16:30 | Ride on lawn mower on fire in a garage, thankfully the owner had the fire extinguished by the time the brigade arrived and there was no damage to the garage |
| 106 | 24-Sep | 08:05 | Accidental alarm activation, Wakefield Medical Centre |

Looking at the number of calls the brigade attended in September it must be one of the quietest months that I can remember for a long time. We hope this is because you are all taking heed of the fire safety messages on the TV.

This is the last edition for me writing on behalf of the Wakefield Volunteer Fire Brigade. As of October 9th I have decided to retire from my position as Chief Fire Officer, and resign from the New Zealand Fire Service.

I have had an interesting twenty years as a volunteer and have decided my energy is now needed elsewhere. I have met a lot of interesting people and enjoyed helping many more. The brigade will be in good hands with a great team who are here for the community 24 hours a day, seven days a week.

At the time of print a replacement CFO has not been appointed, however Deputy Chief Fire Officer Fritz Buckendahl will be acting Chief.

Thanks to those in the community that have supported me in my role.

To name two, I Plod Peter Cobledick and I Plod Marty Tutton, you guys do a great job and I am pleased we as a community have somehow managed to keep you both here.

Take Care
Simon Ladley
CFO WV FB (now retired)





WED 20TH NOVEMBER TO THURS 28TH NOVEMBER

AUCKLAND 20TH 13TH INVERCARGILL



The 'Firefighters Ride for Cancer 2013' is a national fundraising event in memory of close friends and colleagues the New Zealand Fire Service has tragically lost to cancer in recent years. From Auckland to Invercargill, firefighters and supporters will ride in convoy to raise research funds for the Cancer Society of New Zealand. So if you ride a motorcycle, scooter or moped you're welcome to join in for some or all of the ride. For more info go to rideforcancer.org.nz.

Get in behind this great cause today!!

RIDEFORCANCER.ORG.NZ

NZ FIREFIGHTERS IN SUPPORT OF THE CANCER SOCIETY OF NEW ZEALAND



Wakefield Playcentre

Wakefield Playcentre

We have had an exciting month at Playcentre. We visited a farm where we were able to take turns at riding a horse, sit on a tractor and we got to eat yummy toasted marshmallows and sausages.

We also celebrated International Pirate day where all the children and some of the bigger kids got to dress up as pirates. The tamariki enjoyed walking the plank and of course searching for the elusive treasure hidden in the sandpit.

Room 14 and 15 from Wakefield School also came and visited us.

On a different note we would like to say a big thank you to Bunnings Warehouse for kindly donating a wheelie bin for us to house our civil defence supplies in.



Spring is here

Mowing/Teddering
Baleage - Round and Medium square
Hay - Round
Medium square
Also Conventional bales
Direct Drilling Agent
All Enquires Welcome



Standing Grass Wanted
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Mobile 027 606 2767
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WELLS RURAL POST

Contact Matt & Angie Wells for all your RD2 Wakefield postal needs, Including

- Prepaid Envelopes
- Stamps
- Courier Items
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Prescriptions form
Wakefield. Phone 541 8177



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Stamps Plus Nelson

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5% discount
for the month
of October

Opening Hours
Mon & Wed 10am - 4pm Friday 10am - 7pm
Other times by appointment

Wakefield Market Day Poem

by Fran Nicoll

Sat'day morning at Wakefield, on October the 12th
Our market is happening, do come check out yourself
Last market was buzzing with about 20 stall holders
Here's some info to convince you to come and rub shoulders!

There'll be whoever that turns up to sell their whatever
On the day there is space for your garage sale endeavour
The knickknacks, the toys and other miscellaneous items
Regulars fossick for treasures to buy soon as they sight 'em

cos it's a place for a bargain, cos it's a place for good laughs
cos we regulars enjoy your company
so simply arrive Sat morning at Wakefield
and set your self up and see!

And OK I am biased, because I sell stuff there too!
Yet Doug's Lavender Garden Cream has grown me nice nails
(which is totally new)
Rawleighs' lotions and potions are Elizabeth's thing
I recommend her vanilla essence as it gives my baking more zing

And you'll soon find Christine with her inimitable laugh
With her retro vintage clothing and quirky hand craft
Susan has necklaces, rings and many fine bracelets
And others bring clothing to fit multi-sized waist-lets

Nutty Irene brings hazels from Phi Hazel grove
There'll be walnuts as well from (his name I don't know!)
Apologies there, and forgive all trespasses
But there'll be videos, books and things to cover your

garden

cos it's time to get cracking, cos springtime is happening
cos you want to eat well
so simply arrive Sat morning at Wakefield
and check out the huge range of plants we sell

Philip & Keith will be there, maybe Nigel & others
(That's nurseries "Brookside" and "Country Garden" and more local growers)
With edible herbs, veges, currants, berries, tree fruits
plus flowering perennials, shrubs et al with local made roots

And lastly I need mention, 'cos I couldn't fit it in
"Villa Grove" olive oil products which are just the thing
for turning your edibles into incredible
and creating home dishes with true local bling!

so it's time to get cracking, cos springtime is happening
cos you get the local message I tell
so simply remember Saturday morning at Wakefield
and then bring your spare cash (and cheque book?) as well!



Community Council

Wakefield Community Council Report

Our next meeting will be at the St Johns Centre, 120 Edward Street, 8 October, 7.30pm all welcome.

Our meetings this month included a special meeting to discuss the decision of the local Police Area Commander to remove a constable from Wakefield. The community rallied together, and were delighted that we will keep the status quo. A victory for community power, but it may not be the last of these issues we face with ongoing government cutbacks in rural areas.

We held a poorly attended electoral meeting with the mayoral candidates and our local councillors present. If you can think of a better way to do this in future, let us know, as it was basically a waste of everyone's time holding it.

I see we are losing the rural postie sorting base from Wakefield, and two other businesses have already gone. It should be on our mind that we need to attract businesses into Wakefield, with its growing population and new developments. Let's make sure we support local businesses and keep them in our village.

Rev. Allan Wasley, Chairperson.

Church Hill Corner developments. The council and Cycle Trail Trust have worked together with St Johns to provide a temporary alternative safe route bypassing the corner, which many use.

At present they are working on two options, one of which means creating a new safe foot and cycle path along the front of the church on the roadside. This will mean reinterring some remains and supporting the bank, and building a slightly raised cycleway/footpath and filling in the drain towards Pitfure Road, so there is a safe continuous path on the south side of Edward Street. This is likely the ideal option.



FOCUS WAKEFIELD PUBLIC MEETING

Focus Wakefield is hosting a **community meeting** to discuss a proposed **Wakefield Wheel Park recreation area**, for scooters, skateboards, rollerblades/skates and BMX bikes. It is intended to be a family friendly facility for everyone to use and enjoy.

We welcome all discussion on this topic (location, accessibility, management, funding etc) **Have your say...** please join us at the meeting or alternatively submit your ideas before the meeting via email, facebook or phone.

17 October 2013, 7.30pm at the Village Hall

Contact details:
Email: focuswakefield@gmail.com
Phone: Dan Shallcrass 0272 820 838
Facebook: <https://www.facebook.com/FocusWakefield?fref=ts>

AllFit Fit Tips

It's never too late!

Fitness and activities for the older, wisest members of our society is something that is so important to all aspects of keeping healthy and preventing injury as we grow older.

Being able to keep your independence is one of the key aspects, and maintaining your fitness and activity levels is vital to being able to do this.

As we grow older our muscle mass starts to decline, this means that without regular activity the muscles you have start to lose their strength and power.

This does not mean that you are doomed to be weak and feeble as you age, rather that you need to be proactive at keeping your muscles in tip top condition.

How do you do this? By exercising, this does not need to be pumping weights or running marathons, but by being regularly active you can achieve great results.

The other thing to be aware of, especially for us girls (but also you guys) is your bone density. This is how strong your bones are.

You will have heard the term Osteoporosis. This is the medical term given to the thinning of your bones. What it basically means is that your bones are far more likely to break should you have a fall or bad bump.

Bones need calcium to form, but what is less known is that without putting weight and 'stress' through your bones by moving them and the muscles around them, the calcium does not get absorbed and therefore your bones become weak.

So by keeping active and moving you can help keep your muscle strength and help keep your bones strong. By doing this you are far less likely to suffer from trips and falls, and should you fall your body will be far more likely to cope and hopefully without any broken bones.

If you have never been a fitness bunny, it is never too late to start, and no you don't have to don the lycra cat-suit and start doing aerobics.

By doing simple things like trying to walk daily, standing up lots of times throughout the day, and as you are able, challenging yourself a bit by walking up a few hills, or even doing some chair aerobics you will gain a lot of benefit. If you have been used to exercise, keep it up, as they say USE IT OR LOSE IT.

If you would like more help on how to get into some exercise, or how to tailor it specifically to you then it is best to contact a Personal Trainer, who can set an exercise plan based on your health status and needs.

If you have a lot of medical issues it is best to get medical clearance from your GP prior to starting any exercise program. But once you've got that there should be no stopping you, so GO FOR IT.



Lucy Pearson NZRPT
BSc (Hons) Sports Science *A helping hand, improving you*
167 Whitby Rd, Wakefield Ph 541 8585 / 027 464 0154
Email warrenandlucy@xtra.co.nz Facebook / allfitnelson

Town and Country Talk

SORE, ITCHY EYES?

Have you noticed the pollen on your car and in the gutters? Are you getting hayfever? Fortunately dogs and cats don't tend to get hayfever but with the spring pollens and winds, we do see more conjunctivitis in our pets.

Conjunctivitis is inflammation of the eyelids. The symptoms are redness of the eyelids and mucus or tears that spill onto the face. Often there will be some squinting or rubbing of the eyes. It is more common in dogs with droopy lower eyelids or protruding eyes but any dogs and cats can be affected. It is also more likely if your pet spends a lot of time out and about amongst shrubs and trees.

Later in the year, grass pollen becomes a problem too so conjunctivitis can be a problem right through spring and summer.

In the early stages of conjunctivitis, bathing the eye with warm salt water (about ½ teaspoon in one cup of water) 3-4 times daily can soothe the eye and prevent a bacterial infection developing. A coloured yellow or green discharge usually indicates bacteria which often require antibiotic ointment to cure.

Conjunctivitis can come and go frequently throughout the season depending on where your pet spends their time. Symptoms often resolve quickly with treatment only to recur again the next time your pet heads out into the paddock or pine block. As many other eye conditions can start out with similar symptoms, any persistence of the early signs should be checked at the clinic. If you are unsure, it is always best to get eyes checked earlier rather than later.



PAINFREE DISBUDDING OF YOUR CALVES

Horned cattle are dangerous to both people and other animals. For various reasons it is better to disbud calves rather than to dehorn adult cattle. Dehorning cattle over nine months of age is illegal without anaesthetic and dehorning adult cattle is stressful to the animal resulting in a significant growth/production check.

All farming procedures are nowadays under increasing scrutiny. Tail docking of cows is illegal and tail docking of sheep is under investigation. Performing painful procedures on animals without pain relief is becoming less acceptable.

We strongly recommend disbudding calves under sedation with local anaesthetic. This allows for complete pain free removal of the horn buds. Other procedures can be done at the same time such as removal of extra teats, ear tagging, castration of bull calves and vaccinating.

Calves can also be given extra pain relief which lasts 24 hours. Treated calves recover more quickly, spend less time head shaking/ear flicking and are less prone to bleeding.

Give Roger or Danny a call for more information or to book in.

A REMINDER ABOUT TICKS

Ticks love warm weather. Due to the mild winter, we are already seeing high numbers of ticks on individual animals. Large numbers of ticks can cause anaemia and skin damage. Ticks are happy to infest any animal they can find but fawns and calves are usually the worst affected.

Bayticol pour-on kills existing tick infestations and resists new infections for 3-4 weeks. Check your stock today!!



Open Hours
Monday to Thursday
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A Matter of Accounts

"Cash is King"- but what does that really mean? Cash flow is one of the most critical factors in the success of any business. It is an often misunderstood issue why a business can be profitable yet still have cash flow problems.

While the profit or "bottom line" often takes the spotlight, cashflow is even more critical for business success. Relationships with suppliers and staff depend on your ability to pay them. Many profitable or asset-rich businesses can fail because they run out of cash.

So what is the difference between cashflow and profit?

Profit is the difference between income and expenses. This can include non-cash items such as depreciation, foreign exchange gains or losses, and amortisation of goodwill. Profit is frequently used as a measure of growth and performance in a business.

Cashflow is the amount of cash available to pay bills. However, cashflow is a comprehensive measure that includes not only net cash received from the business activities, but also encompasses debt repayments, asset sales and purchases, GST payments, and capital introduced from owners. The timing of these movements also affects cashflow.

Why is the difference between cashflow and profit so important?

If a business is selling plenty of products or services and buying labour and parts at the right price how is it possible for it to go bust? Cash is more often than not the reason why so many businesses fail. Profits can't be spent until they are collected. Obviously it's important to sell at the right price and create the maximum amount of both gross profit and net profit. If you don't focus on collection though you're business won't last very long. Cash is the lifeblood of any business, and if it isn't flowing at the right place at the right time, this can cause real headaches for the business owner.

Getting cash into the right place at the right time, means having it in your bank account for more of the time, and not that of others. There are many places your cash can be other than in your bank account, such as customers who haven't paid you yet, suppliers you have paid too quickly, stock, and work in progress. All of these items are part of The Cashflow Cycle [refer to diagram].

What this shows us is that on Day 1 we order or buy the stock, and we might have some terms in place regarding payment of that invoice, say 30 days. Therefore, on Day 30, we pay for the stock. Then on Day 90, we sell the stock to our customers. This gives us 60 days negative cashflow from payment for stock to sale of stock.

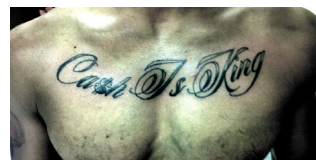
Often we give our clients their own terms of trade as well, say 30 days. However, we all know that in the current tough financial environment, not everyone pays on the due date, and often payment is stretched out for a couple of months. Let's assume then that our customers pay on Day 163 [which might be the 20th of the month following, but two months down the track]. This creates another 73 days negative cashflow from payment for stock to receipt of payment from customer. This might seem like a long time, but is very possible, especially if there are no debt collection processes in place.

You can see therefore see from this diagram, that in this example, it takes 113 days from when the goods are paid for by you until the customer pays you for them. This means your money has been somewhere other than your bank account for 113 days ie in the bank account of your supplier and your customer. This is referred to as 'funding the sale'.

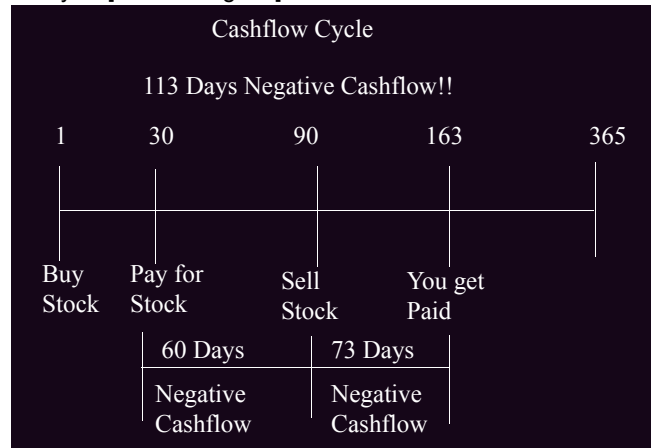
This is also known as 'working capital' which means that you need to have a certain amount of money to fund sales all the time.

A small change in any one of the factors shown in the diagram, can have a significant impact on improving cashflows. We will take a look in the next issue at some of the things that you can do to reduce your cashflow cycle. In the meantime, do you know what your average cashflow cycle looks like?

You may not need to go to the extreme of tattooing the "Cash is King" message on your chest, as shown in the picture on this page, but it certainly doesn't hurt to keep it top of mind.



This information is intended as a guide only - it is not intended as legal or professional accounting advice.



All Accounts Matter Ltd

For All Your Accounting and Tax Needs

Sonia Emerson
Chartered Accountant

Mobile: 021 221 1009
105 Whitby Road, Wakefield 7025
Phone: 03 541 9005 Fax: 03 541 9305
Email: allaccountsmatter@gmail.com



Live Local Shop Local

Profiling a Wakefield business - Helping keep the great businesses in our Village

Wakefield Pharmacy - professional discretion and convenient innovation by a Regular Customer

I visited the Wakefield Pharmacy recently with a minor health problem. I didn't think it was bad enough to make an appointment with the doctor but it was worrying me so I decided to pop into the pharmacy to have it looked at.

Doug and the team made me feel very welcome and my minor problem was soon looked at. I was impressed with the way the matter was dealt with. The service was private (in the consultation area away from the main shop area) and I felt that my problem was taken seriously. I was sold an over the counter treatment and advised to see my doctor if this did not clear it up.

It was pleasant in this modern day of everything being done in a hurry to receive such private, prompt and courteous service and I left feeling that my problem had been taken seriously and I had been advised what to do and when to see my doctor if it got worse.

I was also impressed to see the wide range of gifts available. It was refreshing to see some good old fashioned children's gifts like spud guns and bouncy balls while for the ladies there are a wide range of scarves, handbags and toiletries. Marlene likes to buy in small quantities so if you buy it at Wakefield Pharmacy you probably won't see it anywhere else. There was also a lovely range of jewellery and I will be going back to buy a gorgeous necklace (if it hasn't been sold).

This is why we are lucky to have Wakefield Pharmacy in our village. Doug and the team at 'the caring pharmacy' are passionate about looking after your health and well being. You can get information about your medicines printed out to read later. If you need to discuss things they have a private consultation area. If you don't have time to see a doctor or are worried about something, you can check the situation with Doug and he will advise on over the counter treatments or recommend you see your doctor if it is more serious.

Many people in the community are taking lots of different medications and are often unsure of what each is for, what time is best to take each one or what to do if I forget my medication. Doug is happy to sit down and discuss your medication with you and explain what each is for and what side effects your medication may cause. If you forget to take your medication occasionally (as most of us do) the Wakefield Pharmacy can pack your medication for you in weekly or monthly packs to help you take your medicines regularly, all you have to do is ask and they will be able to help.

When you think about it, the majority of products in the pharmacy are very personal. Whether you are about to try and manage your weight with the Kate Morgan Weight Management Programme, or you need to get some cream for your itchy skin, or you need a treatment for period pain, all these requests are treated with discretion by the team.

Not every transaction in the village pharmacy needs to be discreet, but the friendly atmosphere always feels familiar and welcoming. Retail Manager Marlene seems to know everyone and she sincerely and calmly greets us all, no matter how busy the pharmacy is. She and the team enjoyed May's 'Ladies Night' and have organised a 'Christmas Night' for November 8th.

Susan the Dispensary Manager will help with medication histories, medication packs and general prescription enquiries.



Jude is the resident Natural Health specialist and is available to discuss any Natural Health questions you may have. She will even make up a personalised Bach flower remedy to help with your specific needs (this sounds wonderful and I am going back to try this).

Doug, the pharmacist, is keen to offer new services and is just introducing screening checks for blood pressure and blood sugars. There is even an app that will help monitor your wellbeing for you. Why not call in and see how these innovations can help you.

Whatever your problem the team at Wakefield Pharmacy will have the solution - you don't even need to be physically present in the pharmacy. As they say "if we can, we'll get it, pack it and send it". Their daily deliveries service a huge area out to the lakes, down to Murchison and out to Tapawera, and sending things out on rural delivery is commonplace.

Wakefield Pharmacy
4 Edward St Ph 541 8418



You and Your Dog's Yabber

Dog Body Language

by Vikki Pickering (Dip, CBST)

Do you know what your dog's body language means and how he's communicating to you or to the strange dog at the park?

Dogs communicate with people, dogs and the rest of the environment mostly with their body – oh and sometimes with their vocal chords too!

If a dog is feeling fearful, anxious or stressed, he will show certain signals with his body as a way of communicating these feelings, and often we humans miss these signals or aren't aware of them and sometimes the end result is a bite if ignored.

I believe that it is important to become familiar with the basics of how dogs communicate so that we can help them out if they are in an uncomfortable situation and move them away from whatever it is that makes them feel this way.

Dogs Don't Bite "Out of the Blue."

Many bites can be prevented if people learn to read a dog's body language.



This dog's whole body is wagging calmly and he is panting. He is happy to see you.



He is not yawning because he is tired. He is anxious and he hopes you will leave him alone.



Her tail is high, her body is stiff and her mouth is closed. "I'm warning you. Back off!"



A tail tucked in, even if wagging a bit, means a very worried dog. "Please stay away from me."



The tongue flick and the slow, stiff tail wag tell you this dog is very unsure. "Go away."



This dog is turning her head away in order to avoid conflict. She doesn't want to be bothered.



The half-moon eye and the closed mouth tell you this dog is uncomfortable. "Leave me alone!"



The "freeze and stare" is a very dangerous sign! This dog will bite if you persist.



You and Your Dog
Educate • Understand • Bond

Reward Based Training
Kinder for dogs, enjoyable for owner
Group Training Classes
Personal Home Training
Dog Walking
Dog Bite Prevention
- Education For Children



Vikki Pickering
Dip. CBST

03 541 9752

027 513 8879

vikki@youandyourdog.co.nz



www.youandyourdog.co.nz

**Check out the
Focus Wakefield
Facebook page**

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FocusWakefield

**Share your stories,
photos, events with
the community.**

**Post your items wanted,
for sale, help needed, etc ...**

**U STORE
WAKEFIELD**

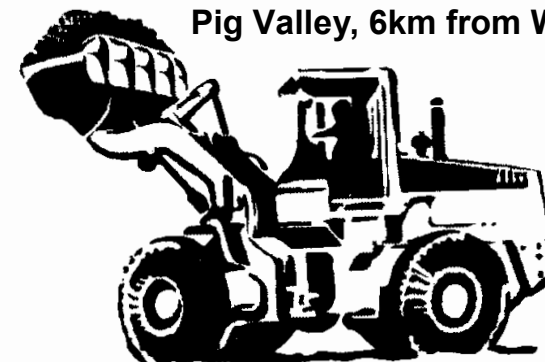
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Topcourse 40mm
Topcourse 20mm
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OPEN:

MON - FRI 7am - 5pm

No longer open Saturdays



Wakefield School Twilight Gala
Saturday 9th November
4:00pm - 7:30pm

**Wakefield School,
Edward Street, Wakefield**

Funds raised will go towards the purchase of a Stage

Please note the gala will run wet or fine!

A GREAT FAMILY NIGHT OUT

Dine on our fantastic local fare:

Wild Pork Sandwiches, Venison Kebabs, Whitebait
Patties, Vegetarian food, BBQ, Café, Bar, Desserts,
Kids Food & much more!

Check out our fantastic stalls:

Silent Auction, Plants, Baking, Produce, Books,
Toys, Clothing, Mystery Boxes

Fun for Kids of all ages:

NBS Inflatable, Shooting Gallery, Digger and
Tractor Rides, Horizontal Bungee, Plate Smashing,
Face Painting, Animal Petting Zoo & more!

Plus fab entertainment by local band 'Scarlet'

Gala Promotion

by Kacey McNamara and Sarah Ducray, (Room 2, Wakefield School)

Wakefield School is having a Twilight Gala on Saturday the 9th of November from 4pm to 7:30pm.

Come and enjoy all of the wonderful activities. Can you master the horizontal bungy? How well can you aim? Find out in the plate smashing. Do you like to jump? Well jump right over to the bouncy castle and NBS inflatable. These are only a few of the many activities available at the annual Wakefield Twilight Gala.

Buy some snacks and enjoy them while you listen to the awesome local band, 'Scarlet'. Delicious food for sale includes: wild pork sandwiches, venison kebabs and a variety of sweet stuff that will make your mouth water.

Don't forget the silent auction, with lots of items to tempt, including a Stihl weed eater, a 'Gate it' farm gate and \$250 Interislander voucher.

Come and buy something from the stalls. There will be toys, books, clothes as well as lots of plants and a farmers market. Take your chance for a great prize on the chocolate wheel or buy a mystery box.

The Wakefield School Twilight Gala is a fun and friendly event for the whole family so come along and help the PTA raise money for a performance stage!

BUSH WALK BED & BREAKFAST & GALLERY



Bruce & Sandra Monro
15 Hunt Terrace
Wakefield,
Nelson, 7025, NZ

Phone: 03 541 9615
E-mail: info@bushwalk.co.nz
Web: www.bushwalk.co.nz

Congratulations & Commiserations



Kyle and Jasmine Mooney would like to introduce Declan Victor.

Born 6th June 2013, weighing 8lb 15oz.

A little brother for Christiana and Corban.

Thank you to our midwife Hannah Straker



The ChairMAN

Children's Furniture Manufacturer
Qualified Chair & Frame Maker since 1977
Made in sunny Wakefield by Bruce Monro

Order at the Wakefield Village Gift Shop



Made from untreated pine and sprayed with waterborne enamel paints. Table tops are made from MDF. Mix and Match to suit your own colour scheme or supply your own paint.

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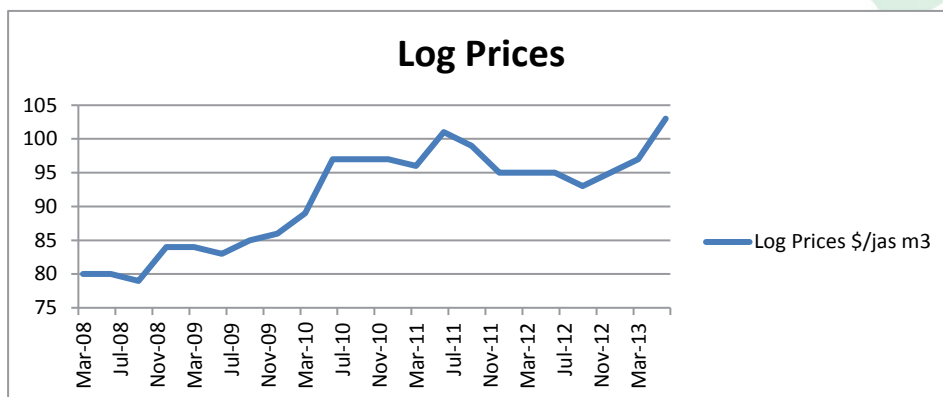
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TAKE ADVANTAGE OF CURRENT LOG PRICES!!

With the current log prices, there has been no better time than now to gain maximum returns on your forest investment. Export log prices have not been higher in nearly 20 years, making it extremely viable to harvest everything from shelterbelts to fully tendered forests.



Woodlot Management Ltd is exactly that, a forest management company, specializing in woodlot forests. With the company's main objective being maximizing returns for the woodlot owner, we feel it is our responsibility to inform woodlot owners that there is no better time than now to gain the ultimate return from your forest investment.

Woodlot Management Ltd utilizes an open book approach to management, allowing the forest owner to understand all processes and associated costs. With the added advantage of having its own logging contractor, Woodlot Management Ltd is your "one stop shop" for any woodlot harvesting/management situation. Should you require a noobligation appraisal on your woodlot forest, no matter how big or small, please feel free to contact Woodlot Management Ltd. You will not be disappointed!!

Brad Pyers
Director
Email: woodlotmanagementltd@hotmail.com

Mobile: 021 765 442
Office 03 541 9131

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Full insurance cover while all work is being done

Rural Ramblers

On 16 September 2013, 13 of the group did a day on the Wangapeka. The day was fine and sunny with a very pleasant breeze - really good walking weather.

We encountered mud early on after crossing the swing bridge, but being in a river valley the track was fairly stable, in good order, and rose gradually.

The river carried the snow water - opaque and bluey green. The river and scenery was clear, sharp and beautiful for photographs. Bird life was prolific.

Our aim was to get to the slip area of the newly formed lake; well worth it, quite spectacular. It was challenging and rewarding.

Carolyn Mason ph 541 9200
Sue Davies ph 522 4539
Louise Baker ph 522 4909

Lynda's Aerobics/Pilates Classes Term 4, 2013
St John Worship Centre, Edward St, Wakefield.
A new 10-week term starts Thursday Oct 17th - ends Dec 19th
Note slightly earlier start time for the summer.
Thursdays 9.05am - 9.45am
followed by Pilates 9.50am - 10.45am
You can do either or both classes.
Aerobics \$70.00 for the ten-week term.
Pilates \$70.00 for the ten-week term.
Discount for both sessions - \$120.00 (\$20.00 discount)
No special skills, gear or fitness levels required for either class.
Please phone Lynda 5432268, txt 027 222 1491, email lynda@hht.co.nz to book and for details. Classes are on a per-term basis, no casuals sorry. If you commit for the term (and pay!) you are much more likely to come, then you'll get results. If you have to miss a class you can truck on over to Mapua and make it up on a Wednesday or Friday.

Hill Top Native Nursery

Propagators and Growers of
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Wakefield, Nelson 7025

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Phone: Bevan 027 541 8763

Rachael 027 286 7927

Fax: 03 541 8764

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SPRING WEIGHT LOSS CHALLENGE
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weight management program

Ask in-store for further information and terms and conditions

Wakefield Pharmacy 
4 Edward St Ph 541 8418

Wakefield Guides

Wakefield Pippins spent the weekend of 21/22nd September at our Paretai Lodge in Lee Valley having a great time with their leader Margaret, helpers and the Nelson Rangers who ran a Big Sister Little Sister programme for part of the time. Thank you to all who made this a very successful camp.

Appreciation Certificates – the following leaders and businesses received Appreciation Certificates during the past month for help in the District and for a HUGE effort to sell the large number of biscuit cartons we were left with. We also thank those parents who sold extra cartons and the Biscuit Task Force. Your support is very much appreciated and we thank you sincerely:

Christine Black and the Staff at Hammer Hardware, Takaka
Stu & Jacqui Hore and Staff at 4 Square, Wakefield
Westpac Bank, Fiona and her Staff at Richmond Mall
Jo Hutson-Nelson – Leader Waimea Guides
Tash Whitehead – Leader Waimea Brownies
Josie Macdonald – Leader Brightwater Guides
Kirsty Harte – Ex Leader Wakefield Brownies

Paretai Lodge – Lee Valley

Paretai Lodge is the Guide Camp site and accommodation lodge in the Lee Valley. It is a beautiful place and is available for hire to the community, schools, clubs and for families (especially during school holidays).

For information on fees and available dates please contact Margaret at marob@xnet.co.nz 035475036

Sue Burrowes
DC Twin Peaks Rural Area.



Wakefield Scouts



Wakefield Kea's Visit to Natureland

On the 27th of August we went to Natureland.

We saw peacocks and the chickens and the meercats. The lambs we got to feed. We saw four owls, we saw kiwis, we saw a tui, we saw a yellow bird. We saw some fish and rats and monkeys.

I liked the monkeys going oo oo ah ah and I did the same. I had heaps of fun.

By Tyler Bradley (6 years)



NOTICE OF AGM

Monday 11th
November 2013

Wakefield Scout Group

Wakefield Scout Den, Tree-
ton Place,
Wakefield.

7pm - AGM

7.30pm - Committee Meeting

We look forward to seeing
many of our parents and
any interested persons.

Any enquiries can be
directed to either

Nick Law 5419190 or
Angela Burke 5419223.

We would like to thank the
Wakefield community and
its businesses for their
continued support.



ADVENTURE
PLUS!

Wakefield Auto Motoring Tips

Ten good reasons to use an MTA member

Here are ten good reasons why you should use an MTA assured member.

1. Been around for almost 100 years

MTA members belong to an association that's been at the forefront of the automotive industry for almost 100 years. Today, MTA is the largest body of automotive dealers, repairers, retailers and service stations within New Zealand.

2. High standards

Thanks to the MTA Code of Ethics and Customer Promise that every member must live by, you'll receive the highest quality of work and service. They also need to pass an annual review on their business to continue to remain with MTA.

3. Free mediation service

In the rare event that you're not 100 percent satisfied with your purchase or repair work, MTA's free mediation service is ready to help you resolve issues quickly and without any fuss.

4. Quality repairs

MTA repairers will only undertake work that you have authorised and will contact you if any extra work is needed. MTA repairers also provide a free Repairer Warranty on their repair work so you can be sure that they will stand behind their work.

5. Trustworthy trading

MTA dealers provide a Dealer Warranty on all qualifying vehicles at no extra cost so you know they can be trusted. On request, MTA dealers will provide free pre-purchase checks for vehicles.

6. Highly skilled professionals

MTA provides members with the latest industry training and knowledge to ensure that they are highly skilled and well equipped to do the best job possible for motorists.

7. A strong brand

The MTA brand stands for industry best practice. Whether you are shopping for a vehicle, having repair work done or purchasing fuel, by choosing an MTA business, you can be assured that you'll be well looked after.

8. Leading authority on industry issues

Since 1917, MTA has stimulated discussion in the media and increased its influence with government and regulators on issues affecting its members and the motoring public.

9. MTA Gift Vouchers and Cards

The perfect gift for friends, colleagues or a great way to say thanks. These can be purchased and redeemed at selected MTA businesses nationwide.

10. Helping motorists

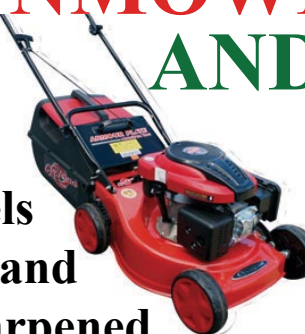
MTA's website offers motorists super useful tools and information to help them on the road. From buying a car to fuel saving tips and tips for getting the best out of your car, visit www.mta.org.nz

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Village Sports News



Fun For Everyone!



Sunday 13 October
1:00-4:00pm

WAKEFIELD BOWLING CLUB
61 Whitby Road, Wakefield

All you need is flat-soled shoes and a smile!

WAKEFIELD BOWLING CLUB
61 Whitby Road, Wakefield

Community Bowls 2013
6pm – 8pm
Thursday evenings
November 7, 14, 21, 28

"Where family teams or street teams meet to compete"

Teams of three or single entries.
\$5 per player(children under 16 free)

For non bowlers and inexperienced bowlers only.

- Make up a team or come along and teams will be organized.
- Bowls supplied.
- Come along and join in the fun.
- Music.
- Sausage sizzle.
- Refreshments available

To enter or for more details phone Tony on 541 8316

WAKEFIELD BOWLING CLUB

GARAGE SALE

Sunday 13th October 11:00 am



Come along to our giant garage sale at...

61 Whitby Road
Wakefield

- Something for everyone
- Eftpos available
- Sausage sizzle

Stay for our "Have a Go" session at 1.00 pm
and enjoy the great game of bowls.

Live Well Stay Well Group

Last month we enjoyed a very informative session with Laschelle Walker who is the local health advocate with the health and disability service. Laschelle talked about the rights we can expect when we receive services from our health professionals. (Photo)

"Live Well Stay Well" is a health and social group that meets two weekly in Wakefield from 9.45 - 11am. All interested are welcome to attend especially if you are new to the village.

A varied programme is organised which is informative and fun, plus regular coffee and chat sessions. The group is followed by a walk around Wakefield for those who feel like being more energetic.

October 8 Part 2 continues of "Upright and Able", a short course helping you to recognise and prevent falls with Cherie Thomas at the Wakefield Village Hall.

October 22 Coffee and chat. Meet at the Wakefield Villa Tearooms 9.45 am. After coffee we will walk to 15 Arrow St to visit a heritage plant enthusiast.

November 5 Last session for 2013. Meet at the Wakefield hall 9.45am. We will walk to Hunt Terrace for morning tea and to visit a working B and B with a gallery attached.

Any enquires or to go on our email list to let you know whats happening, please call Margaret 541 9693 or Yvonne 542 2235.



PIGEON VALLEY STEAM MUSEUM

2013 LOGGING WEEKEND

2ND-3RD NOVEMBER 9.30AM - 4PM



222 Pigeon Valley Rd
Wakefield



Saturday - "King of the Forest" Logger Sports Team Races interspersed with demonstrations of Sawmill & Log Hauling with steam driven overhead skyline, tree felling, crosscut sawing, Wire Rope Splicing competition.



Hot Food, Soft Drinks
&
Sprig & Fern Beers available

Entry \$5.00 Adults
Under 13 free

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Wire Ropes Supplied by
BRIDON - COOKES
Sunday - Steam Logging.

How it all was done in days gone by.
Skyline, sawmill
& hauling logs with the Traction Engine.
Chainsaw racing,
old chainsaws in operation,

New to the Museum
1950's Hauler used at Golden Downs
"THE LOGGER'S DREAM"

Lots for the public to see & maybe have a go.



Picture on left:
Paul watches Tyr enjoying Jack in the Box



Picture on right:
Sisters Rosalind and Juliet



Restructuring at Higgins Park

Following the purchase of additional land, to which all the groups based at HIGGINS PARK contributed a large amount, it was decided to make the land and some core assets into a separate entity, to exist only to the benefit of all the groups involved in the Park, including the Steam Museum.

The name for the Park has become HIGGINS HERITAGE PARK (INC.)

The PIGEON VALLEY STEAM MUSEUM is having its constitution updated at this time. All the groups which are based at the Park will share in the decision making and costs of maintaining the grounds. The changes will ensure the long term viability of this wonderful asset in the heart of the Wakefield District.

Those involved look forward to many more enjoyable events depicting local history, and invite other groups of a similar nature to become part of and enjoy this unique place.

Residents of Wakefield – If you haven't visited Higgins Park, 222 Pigeon Valley Road, for some time, come along and see the progress made in recent times. Have a picnic.

Come to the next Steam Day on October 6th, and the Logging Weekend is 2nd and 3rd November.

Mainly Music Moving Moving Day

On Monday morning, September 9th, about 10am, there were cardboard boxes making their way in to the Wakefield Village Hall. What was going on I wondered?

I followed a box in – and there were more boxes, and more boxes and there were children in them!!! Yes, Mainly Music was having a Moving Moving Day – it was all about moving objects which included cars, animals, our bodies, fast and slow moving objects.

The boxes were used for cars, being a box for jack in the box, for mums and caregivers to stand in and be a beehive and much more. What fun we had.

For morning tea we had 'car' biscuits – yummy. It was the quietest morning tea we have ever had. Overall an awesome morning – so much fun with a cardboard box.

Any enquiries please phone Wendy Milson 5447596. Mainly Music is on Mondays (term time), 10am at Wakefield Village Hall, cost \$3 per family.

Picture on left:
Alice the Camel with Wendy and Annie



Picture on right:
Jenny and Millan

childrens Competitions

This month's instructions:

7 Years and Under

Please colour in the picture below

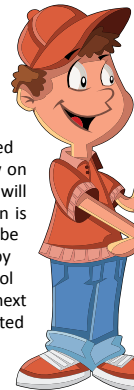
8 Years and Over

Please draw us a picture of a great beach scene

...and follow the instructions to enter the competition



GENERAL COMPETITION INSTRUCTIONS: This competition is open to any child aged 12 years and under. To submit an entry, please ensure you include the name, age and contact details (phone and email) of the entrant on the back of the paper, and place in the drop box in the Wakefield School Library which is open Monday - Friday 8.30am to 3.00pm during term time (limited times during school holidays). Alternatively you could post to Nelson Travel Broker, Kids competition, PO Box 40, Wakefield 7052. Entries must be received by the 20th of the month in which the competition appears in the Window on Wakefield. There are two categories 0-7 years of age and 8 and over. Entries will be judged by Sue Ketel and an independent party, and the judges' decision is final. Some allowance will be made for the age of each entrant. There will be a prize for the winning entry in each category, and winners will be notified by phone or email. Prizes will be available for collection at the Wakefield School office during normal school hours. The winners will be announced in the next month's edition, and where possible, the winning entries or results printed too. We draw your attention to our general Terms & Conditions on page 2, especially point (d). We hope you enjoy these competitions.



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Phone: 03 541 8417 or 021 545 799

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Sue Ketel
TRAVEL BROKER

AIR NEW ZEALAND
holidays
travel broker

Community Diary & Classifieds

FOR SALE

WALNUTS: Spray-free, Motueka Valley. Shelled (\$8/200gm), In-shell (\$8/kg). Delivery by arrangement or pick-up Nelson, Richmond. 03 545 2270, 0272335336.

WORK WANTED

School Leaver/Student seeks weekend and holiday employment if anyone needs a hand in labouring or farm work.

Fit, energetic and eager to help out. Attending the NMIT Primary Industries course presently once a week.

Phone: Jethro 541 8005, 027 764 7444

WAKEFIELD BABY SITTER AVAILABLE

I am 17 years old and looking for local babysitting work.

Good references available, please phone Laura on 541 9334

WANTED TO LEASE

Land wanted to lease, approx one acre with good soil and good water supply for landscaping and nursery business.

Please contact Sticks 'n' Stones tree care and landscape service on 021 206 9914 or 541 8685.

HOME WANTED

Family seeks home to buy in Wakefield area. Prefer three bedroom and up to \$330,000.

Please phone Stacey on 542 3496 or W027 710 4481.

HOP TRAINERS WANTED

PM Lines - hop trainers wanted in Wakefield area, starting date mid to late October.

Phone 541 8560

CHILD CARER REQUIRED

Help needed to look after 2 1/2 year old and three month old boys in our home, to enable mum to work from home.

Hours will vary but must be available 7.30-10.30am and 3.30-6pm.

Must be reliable and love children.

Please phone Anita, 541 9444

WORK WANTED

Experienced Accounts Person looking for 1-2 days per week office work.

References available.
Phone Claire 541 8686

WANTED

Mature person to do gardening, need two day's worth at start, then ongoing two hours per fortnight

Phone: 541 9629

MONTHLY COMMUNITY CALENDAR

OCTOBER 2013

| | |
|----------|---|
| Tues 1 | 10.30 am - Wakefield Community Library open |
| | 7.30 pm - Wakefield Village Hall meeting |
| Wed 2 | 9.15 am - Craft Group, Wakefield Village Hall |
| | 9.30 am - Wakefield Plunket Playgroup, Methodist Church |
| Thurs 3 | 9.00 am - Art Group, Wakefield Village Hall |
| | 6.00 pm - Circuit Class, Wakefield Village Hall |
| Fri 4 | 2.30 pm - Wakefield Community Library open |
| Sat 5 | 9.30 am - Wakefield Community Toy Library open |
| Tues 8 | 10.30am - Wakefield Community Library open |
| | 7.30 pm - Wakefield Community Council, St Johns Church |
| | 9.45 am - Livewell Staywell, Wakefield Village Hall |
| Wed 9 | 9.15 am - Craft Group, Wakefield Village Hall |
| | 9.30 am - Wakefield Plunket Playgroup, Methodist Church |
| Thurs 10 | 9.00 am - Art Group, Wakefield Village Hall |
| | 6.00 pm - Circuit Class, Wakefield Village Hall |
| Fri 11 | 2.30 pm - Wakefield Community Library open |
| Sat 12 | 9.00 am - Market Day, Whitby Way Carpark |
| | 9.30 am - Wakefield Community Toy Library open |
| Sun 13 | 11.00 am - Giant Garage Sale, Wakefield Bowling Club |
| | 1.00 pm - Have a Go Day, Wakefield Bowling Club |
| Mon 14 | 10.00 am - Mainly Music, Wakefield Village Hall |
| | 1.00 pm - Indoor Bowls, Wakefield Village Hall |
| Tues 15 | 10.30am - Wakefield Community Library open |
| Wed 16 | 9.15 am - Craft Group, Wakefield Village Hall |
| | 9.30 am - Wakefield Plunket Playgroup, Methodist Church |
| Thurs 17 | 9.00 am - Art Group, Wakefield Village Hall |
| | 6.00 pm - Circuit Class, Wakefield Village Hall |
| | 7.30 pm - Focus Wakefield Public Meeting, Village Hall |
| Fri 18 | 2.30 pm - Wakefield Community Library open |
| Sat 19 | 9.30 am - Wakefield Community Toy Library open |
| Mon 21 | 10.00 am - Mainly Music, Wakefield Village Hall |
| | 1.00 pm - Indoor Bowls, Wakefield Village Hall |
| Tues 22 | 9.45 am - Livewell Staywell, Wakefield Villa Tearooms |
| | 10.30am - Wakefield Community Library open |
| Wed 23 | 9.15 am - Craft Group, Wakefield Village Hall |
| | 9.30 am - Wakefield Plunket Playgroup, Methodist Church |
| | 12.30 pm - Waimea South Historical Society, Kohatu Flat Rock Cafe |
| Thurs 24 | 9.00 am - Art Group, Wakefield Village Hall |
| | 6.00 pm - Circuit Class, Wakefield Village Hall |
| Fri 25 | 2.30 pm - Wakefield Community Library open |
| | 7.30 pm - Womens Biz, Villa Grove Estate |
| Sat 26 | 9.30 am - Wakefield Community Toy Library open |
| Mon 28 | 10.00 am - Mainly Music, Wakefield Village Hall |
| | 1.00 pm - Indoor Bowls, Wakefield Village Hall |
| Tues 29 | 10.30am - Wakefield Community Library open |
| Wed 30 | 9.15 am - Craft Group, Wakefield Village Hall |
| | 9.30 am - Wakefield Plunket Playgroup, Methodist Church |
| Thurs 31 | 9.00 am - Art Group, Wakefield Village Hall |
| | 6.00 pm - Circuit Class, Wakefield Village Hall |

NOVEMBER 2013

| | |
|---------|--|
| Sat 2 | 9.30 am - Logging Weekend, Pigeon Valley Steam Museum |
| | 9.30 am - Wakefield Community Toy Library open |
| Sun 3 | 9.30am - Logging Weekend, Pigeon Valley Steam Museum |
| | 10.30 am - Wet and Wild, Wakefield School & Community Pool |
| Wed 6 | 9.15 am - Craft Group, Wakefield Village Hall |
| | 9.30 am - Wakefield Plunket Playgroup, Methodist Church |
| Thurs 7 | 6.00 pm - Circuit Class, Wakefield Village Hall |
| Sat 9 | 4.00 pm - Wakefield School Gala |
| Mon 11 | 7.00 pm - Wakefield Scout Group AGM, Wakefield Scout Den |

Community Notices

YOUTH GROUP IN WAKEFIELD

St Johns church now has two different age range youth groups operating on Friday nights. 6pm for the intermediate age range 7.45pm for the older and wiser mob

Contact Hayden 5418909.

Wakefield Craft Group

Come and join the ladies craft group
Wednesday mornings in the Village hall supper room
9.15am - 12pm.

Bring any project - sewing, knitting, crochet etc.
and join us for coffee and company

\$3 per morning

Phone Judy on 541 8342



TAPAWERA BGAC SHOW

**Saturday
2 November 2013**

GREAT FAMILY DAY OUT

Craft Sites \$15
Trade Sites \$20

All queries to
Justyne McGaveston
Site Co-Ordinator

phone: 522 4488
or email:
hairfairywholesale@gmail.com

Wakefield Scout Group NOTICE OF AGM

Monday
11th November 2013

Wakefield Scout Den
Treeton Place
Wakefield

7pm - AGM

7.30pm - Committee Meeting

We look forward to seeing
many of our parents and
any interested persons.

Any enquiries can be directed to either
Nick Law 5419190 or
Angela Burke 5419223.

We would like to thank the
Wakefield community and its
businesses for their continued support.

FOCUS WAKEFIELD PUBLIC MEETING

Focus Wakefield is hosting a **community meeting** to discuss a proposed **Wakefield Wheel Park recreation area**, for scooters, skateboards, rollerblades/skates and BMX bikes. It is intended to be a family friendly facility for everyone to use and enjoy.

We welcome all discussion on this topic (location, accessibility, management, funding etc) **Have your say...** please join us at the meeting or alternatively submit your ideas before the meeting via email, facebook or phone.

17 October 2013, 7.30pm at the Village Hall

Contact details:
Email: focuswakefield@gmail.com
Phone: Dan Shallcrass 0272 820 838
Facebook: <https://www.facebook.com/FocusWakefield?fref=ts>

Wakefield Market Day

12th October, 9 am to 1pm. Come and enjoy.
Meet the local providers of quality plants, art, recycled treasures, sort out those things before xmas, make some cash to spend.
We have a BBQ, plenty of sites, ring Jean 541 8154.

Wakefield Craft Fair

Organising is now underway for the Annual Wakefield Craft Fair for 2014.

It will be held on Thursday 2nd January and is open to all locals between Burkes Bank in Brightwater and the Spooners Range.

If you are new to the area and would like to hold a stall please contact us. We are also looking for a local non-profit organisation that can commit to holding a Sausage Sizzle on the day.

Looking forward to seeing everyone there!
Glenn and Leanne Turner (03) 5418306.

Community Directory

Citizens Advice Bureau
548 2117 - 0800 367 222

Guiding Co-ordinator
Sue Burrowes 541 9689

Lord Rutherford Memorial Hall Foxhill
Helen Pullan 541 8058

Pigeon Valley Steam Museum
Alan Palmer 027 319 7427

Rural Ramblers
Carolyn Mason 541 9200

Spring Grove Drill Hall
C. Pike 542 3904

Totaradale Golf Club
Jacquie 541 8030

Wakefield Anglican Church – St Johns
Meet Sun 9.00am; 10.30am
Rev. Allan Wasley 541 8883

Wakefield Pippins
Margaret Robinson
547 5036
marob@xnet.co.nz

Wakefield/Brightwater Guides
Josie Macdonald
5442660
macdonald.josie@gmail.com

Wakefield Brownies
Vin Law 541 9190
nvaslaw@gmail.com
Erin Peterson
541 8280
ejpeterson9@gmail.com

Wakefield Community Library
Wendy Gibbs 541 8490
Pam Dick 541 8392
Hours - Tues 10.30 - 11.30am
Friday - 2.30 - 4pm
Excluding Public Holidays

Wakefield Football Club
Richard Malcolm 541 9429

Wakefield Health Centre
541 8911

Wakefield Pharmacy
5418418
wakefield.pharmacy@paradise.net.nz

Wakefield Playcentre
Contact: 541 8866

Wakefield School
Edward Street 541 8332

Wakefield Scout Group
Sheryl Guyton 541 9178

Wakefield Toy Library
Saturday 9.30-11.30am
Chris Gaul 541 8148

Country Players (Drama)
Philip Calder 541 8442

Junior Country Players
Dixie McDonald 541 8862

Nelson Vintage Engine & Machinery Club
Allan 027 319 7427

Pinegrove Kindergarten
03 542 3447

Rural Women
Dawn Batchelor 542 3628

St Joseph's Catholic Church
Sun 8am, Wed 10am
Fr David Gruschow 544 8987

Waimea Sheepdog Trial Club
Colin Gibbs 541 8435
gibbs@ts.co.nz

Wakefield Bush Restoration Society
Doug South 541 8980

Wakefield Craft Fair
Leanne and Glen Turner
541 8306

Wakefield/Brightwater Guides
Sarah Arnold 5419481

Wakefield Methodist -Presbyterian Church
Meet 1st & 3rd Sundays 11am
Rev Paul Tregurtha 544 8394

Wakefield Plunket
Donna Todd 541 8583

Wakefield School/ Community Swimming Pool
Contact Phill Platt on 027 231 7610

Wakefield Smallbore Rifle Club
Ian Hutchings 541 8342

Wakefield Village Rest Home
Gerri Harvey 541 8995

Wanderers Sports Club
542 3344

Window on Wakefield
Advertising - 541 9641
Genie & Lindsay Bradley

Wakefield Volunteer Fire Brigade
DCFO Fritz Buckendahl 027 224 4162

Womens Biz
Justyne McGaveston 522 4488
Sonia Emerson 541 9005

Focus Wakefield
Diane Blackburn 541 9725

Just Gymnastics
Linda Mace 546 6013

NZ Postcard Society Inc.
Doug South 541 8980

Richmond Lions - Wakefield Representative
Ivan Burrowes 541 9689

Spring Grove Church of Christ
Meet Sundays 10am
541 8011

Top of the South Rural Support Trust -
gibbs@ts.co.nz
Colin Gibbs 541 8435

Waimea Sth Historical Society
Jeannine Price 542 3033

Wakefield Bowling Club
Margaret Eames 541 8316

Wakefield Community Council
Allan Wasley 541 9622

Wakefield Indoor Bowls Club
Ren Olykan 541 8275

Wakefield Pippins
Kirsty Harte 541 9799

Wakefield Preschool
Contact: 541 8086

Wakefield School PTA
Jeanette Mattsen
ptawakefield@gmail.com
03 541 8118

Wakefield Tennis Club
Ngaire Calder 541 9419

Wakefield Village Hall
Rob Merilees 541 8598

Way to Go Co-ordinator
Vanessa Mairs 027 511 8826

St. John's Worship Centre
Caroline Gibbs 541 8491

Waimea Plains Junior Football Club
Grant de Joux
542 4452

CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have **specialised skills/ equipment**, and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their **responsibility to be personally prepared**.

You should ensure that you have your own **survival kit** in place, and that you are able to be **fully self sufficient for at least three days**.

In the event of an emergency, for urgent public messages, tune in to:
More FM 94.1, Classic Hits 89.8, Fresh FM 95.4



Garden Enthusiasts

Would you like to join our ever popular

Waimea South Garden Club

We are an informal group who enjoy fun, garden visits & new ideas!



Come along to our October meeting & garden visit.

**Meet at St Paul Community Hall, behind the St Paul's Church,
Waimea West Road, Brightwater, 6.30pm on 14th October 2013**

Contact:

Carole Bartlett—5472687

Lavinia Livingston—5424099

FOR SALE IN WAKEFIELD

See the rest of my listings at www.nelsonrealestate.co.nz



9 O'SHEA PLACE, WAKEFIELD - \$439,000+
Beautifully presented 3 bedroom, 2 bathroom home on 931m² section with heaps of off-street parking and 2 heatpumps, HRV.



4 MAYER CRESCENT, WAKEFIELD - \$549,000+
5 bedroom, 4 car garaging on a 1078m² section with the country next door, an in-ground swimming pool. Log burner.



284 TADMOR VALLEY RD, TAPAWERA - \$349,000
Refurbished 3 bedroom cottage on 8442m² (approximately 2 acres). Log burner on wetback, heatpump, HRV system.



128 WAKEFIELD-KOHATU HIGHWAY \$549,000+
1.2 hectares flat land Now priced under RV of \$565,000. 3 bedrooms, 2 bathrooms, double glazed homestead, logburner on wetback. Good sheds.



489 CHURCH VALLEY RD - \$760,000 + GST IF ANY
Amazing value – 21 hectares and a spacious 3 bedroom plus office home with stunning views to the Ranges. The land is fully deer fenced.



150 EDWARD STREET, WAKEFIELD - \$419,000+
Peaceful country outlook 4 Bedrooms, 2 bathrooms, 2 living rooms, 2 heatpumps, logburner on wetback, solar booster. Brand new kitchen.

COMMISSION
2.95%

on the first \$400,000 and thereafter by negotiation

+ \$500
Base Fee
+ GST

FREE
Market
Appraisals

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REALTY LTD
Licensed REAA 2008
MORE THAN YOU WOULD EXPECT

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544 5488 / 541 8778 hm

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