

**ISSUE 41 March 2016** 

# window onwakefield

#### Community News for the Wakefield Area

#### **KELLY DANIEL McGARRY** - **17 APRIL 1982 – 1 FEBRUARY 2016** By Rea Nailer and Emma Francois

Kelly McGarry was a Takapuna born, Wakefield boy who grew up to become one of the world's best slope style mountain bikers. He was world renowned for his skills and achievements, but in Wakefield he was always 'Pams' to his mates.

Still so young and in the prime of his life at 33, it seems totally incomprehensible that he is no longer here. At the same time, it is fitting that he passed away in the back hills of Queenstown on one of his favourite mountain biking tracks, doing what he loved.



Brothers Kelly and Matt McGarry, alongside Ben and Dan Wooster and Matt and Lance Goodall were part of the original Eighty Eight Valley crew. They would sneak off with their dads' tools and wheelbarrows

to build their first BMX track in the trees at the Wakefield Domain. Little did they know it was the start of big things for Kelly. They all remained great mates, from growing up raiding their pantries in Wakefield right into adulthood, chasing their shared love of the adrenalin rush on bikes, motocross, surf and snowboards... and 'Pams' always made time to catch up and keep in touch, no matter how famous he became.

From the age of 11, Kelly would ride from Wakefield to the Tahunanui BMX track, honing his skills until he grew too tall for a BMX and moved on to a mountain bike. Kelly's dream of becoming a professional rider came true. In the 2013 Red Bull Rampage, his backflip over a gaping 72ft canyon put him on the map; he placed second and received the People's Choice award. Wherever Kelly went he was the crowd's favourite; his personality was as big as his 6 feet 6 inch frame, and as wide as his generous smile. Kelly divided his time between Queenstown and America, where he rode, competed and built tracks.

In a fitting tribute, 1000 of Kelly's family, friends, and fans old and new gathered at Wakefield Domain (Recreational Reserve) for his send off. Kelly arrived on the back of a Chevy truck, which was lead by his dad Nick on foot with six close friends on bikes, and with another 200 following behind.

Many of Kelly's nearest and dearest spoke at the celebration of his life. His dad Nick talked about how proud Kelly's mum Angela was of their son, and he thanked the Wakefield community for supporting Kelly. Angela was a former Wakefield School teacher who sadly passed away in 2007. Kelly's partner Samantha Hitchcock delivered a moving tribute, revealing how the couple repeatedly met up until the time was right for their enduring love story to take flight. Sam also talked about Kelly's zest for life and the inspiration he was to so many. "Don't go where the path may lead; go where there is no path and leave a trail." Words that Kelly truly lived by.

Kelly was and continues to be a fantastic role model for many, not only because he was an amazing mountain biker nor because of his fame, but because of his kind, generous nature and the passion he had for his family, his friends, and life.

A GENTLE GIANT AMONGST US HAS FALLEN HUCKING ACROSS CLOUDS IS NOW YOUR CALLING YOUR SOUL WAS ALWAYS MEANT TO SOAR ALTHOUGH FOR NOW IT FEELS SO RAW

HEAVEN'S NEW ANGEL IS CRUISING ABOUT HE'S TALL, AND BLOND AND LOVES TO ROCK OUT HIS SMILE WILL BRIGHTEN THE DARKEST OF DAYS HIS MAD RAPPING SKILLS WILL BLOW YOU AWAY

YOU SHOWED US HOW TO GET LIFE DONE COLD BEER, GOOD MATES AND DIRT FUELLED RUNS WE ALL COULD LEARN SO MUCH FROM YOU LIVING LIFE IN THE MOMENTS, IT'S WHAT YOU DO

OVERSIZED IN EVERY WAY BIG HEART, BIG HAIR YOU SEIZED THE DAY TOUCHING ALL YOU MET AT EVERY TURN THE BRIGHTEST, QUICKEST FLAME TO BURN

'GONE TOO SOON?' WE'LL HEAR YOU SAY SCREW THAT, I'M HUCKING CLOUDS TODAY BURNT DIRT AT DAWN YOU'LL HEAR MY CALL IT'S A PARTY UP HERE AFTER ALL



Permission for use of photos kindly given by family

-SARAH

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# Apple Fair on its Way for Wakefield

#### by Sylvia Huxtable

Put a circle around Sunday 17 April on your calendar and plan to join your friends and family at Wakefield's third annual Apple Fair.

The Apple Fair is Wakefield's signature event in Nelson's Heritage Week, a free family fun day to be held at Willow Bank, a delightful historical village on SH6 just 1 km south of Wakefield. Building on the huge success of last year's Apple Fair, the planning has begun again for this year's event.

Willow Bank is both the home and brainchild of Christine Grieder, who has transformed her property into a mini Founder's Park, featuring historic buildings, fascinating collections of memorabilia such as dolls, tools, lace, old electrical parts, clothes and many more quirky delights to appeal to all ages.

Christine is thrilled to open her home to the community. "I get so much pleasure from creating each new building and collection, now I want Wakefield to enjoy it too."

Partnered by Focus Wakefield, the Apple Fair has a special harvest purpose: bring along your own apples (or help yourself to free fruit onsite) and turn them into juice with the help of a team of enthusiasts and a concoction of vintage and modern apple presses. Taste the delight of a freshly pressed apple juice.

Event organiser Sylvia Huxtable says the Apple Fair is all about community and fun. "We want people to get involved, have a go at operating a vintage apple press, enjoy some yummy food, explore the historic village, chill out with music and celebrate harvest time. It's a great opportunity to meet old Wakefield friends and neighbours at our community event"

There are food stalls and craft stalls available for people to browse featuring many local groups and businesses.

Children are not overlooked, with games and activities for the young – and young at heart.

Several community groups are using the Apple Fair as their own fundraiser, if your group wants to run a stall or other activity on the day, contact Amy 541 8001.

### Wakefield Apple Fair Sunday 17th April 12.30 - 4pm



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## Wakefield Health Centre

Surgery hours:

Wednesdav

**Wakefield Health Centre** 

8am – 7pm

Phone 541 8911

**12 Edward St Wakefield** 

Monday to Friday 8am – 5:30pm

**New Enrolments Welcome** 

### FLU VACCINES

Flu season is approaching. If you are eligible for a funded Flu vaccine please book into one of our Flu Vaccine Clinics being held on Tuesdays and Wednesdays throughout April.

Funded Flu vaccines are available if you are: 65 years +, pregnant or have any of the following chronic conditions: diabetes, cardiovascular disease, chronic respiratory disease, autoimmune disease, chronic renal disease or neuromuscular disease.

If you are not sure if you are eligible, please speak to one of our nurses for advice.

#### **Pneumococcal Disease**

Pneumococcal disease is a respiratory type infection that can cause meningitis and bacterial pneumonia. Pneumococcal disease is more prevalent in the autumn and winter months.

It is recommended that people over the age of 65 years or people that are affected by respiratory

disease such as asthma and COPD are vaccinated against pneumococcal disease.

There are several non-funded vaccines available, which start from \$60. Please discuss with your Doctor or Nurse.

### Waimea Plunket Playgroup

by Wendy Wadsworth

We have had a great start to the year, with old and new families attending.

It was great catching up with everyone after the Christmas holiday break. The children shared stories of what they got up to during the holiday session.

With all the hot weather we have been having a water play day was planned for the children to cool off during session. This was a great way to keep cool and the children enjoyed running through the water and squirting each other with it. It was just about tempting for the adults to join in with the children.

Face painting is something the children enjoy doing. We had animals, crowns on foreheads to name some of the few creations made with the face paint.

We had a visit from Debbie the community Karitane come and talk to us all. We always enjoy these visits as mums get to talk to Debbie about any concerns and ask any questions they may have.





Debbie gave us some safety vests to wear to keep our children safe while they are out and about.

We are open 9-12pm for anyone to attend.

You are welcome to come along and meet other parents/caregivers in a relaxing environment, with a shared morning tea for the children and parents/caregivers.

Any enquiries please contact Wendy 541 9272 – 027 694 9720.



# Wakefield Physio - Health & Wellbeing

#### **R.I.C.E EXPLAINED**

by Kate West, Physiotherapist (BPhty) at Wakefield Physio

Rest, ice, compression and elevation are commonly known as R.I.C.E and should be your first response after a sprain or strain. R.I.C.E is a simple and easy way to help reduce your pain, swelling and recovery time following an injury. R.I.C.E should be started within the first 24 hours of an injury and the reasons for doing so and what you should do are outlined below.

#### Rest

\* Rest is important especially for the first 24-48 hours following an injury. This doesn't mean you have to be completely immobile but you need to take things easy. If you continue to exercise then you will cause more damage to the affected area.

\* With an injury your blood vessels are also affected. By resting you are trying to reduce the amount of blood flow to the injury site.

As more bleeding = more swelling = more tissue damage = longer time to heal.

#### Ice

- \* Ice is used to constrict the blood vessels. This decreases the flow of blood to the damaged tissue, and therefore minimises the amount of swelling and further tissue damage. Ice can also help to reduce pain.
- \* Ice for 10-20 minutes every 2-4 hours for the first 24 hours. After 24 hours you can reduce the frequency to every 3-6 hours. Continue this for the next 24–48 hours where possible.
- \* Use crushed ice in a damp tea towel, a purchased ice pad or home-made ice cup by filling a styrofoam cup three quarters full and then put it in the freezer.
- \* Be aware that ice can burn, so do not put directly on your skin.

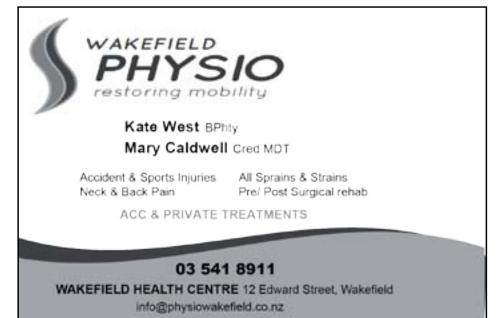
#### Compression

- \* Compression limits and delays swelling and can give you the feeling of support which is good for pain.
- \* Use either a compression bandage, a crepe bandage or sports tape.
- If you don't know how to apply sports tape then see your physiotherapist who can apply as well as teach you how to do it correctly.
   Be aware that most sports tapes are made with latex. If you have a skin allergy to latex it is best avoided. However the good news is that there is now a latex free sports tape available.

#### Elevation

- \* Elevation reduces swelling and can help to reduce pain.
- \* Try and raise your injured area above your heart eg for an ankle injury prop your foot up on the sofa with some pillows whilst you lie down.

Sometimes you will also see R.I.C.E.D. The 'D' stands for diagnosis. If you are concerned about pain or the amount of swelling of your injury then please seek the advice from a doctor or physiotherapist. If this continues for more than 48 hours come and see your physiotherapist who can recommend strategies to get you back on track. And remember no referral is necessary to see a physiotherapist.





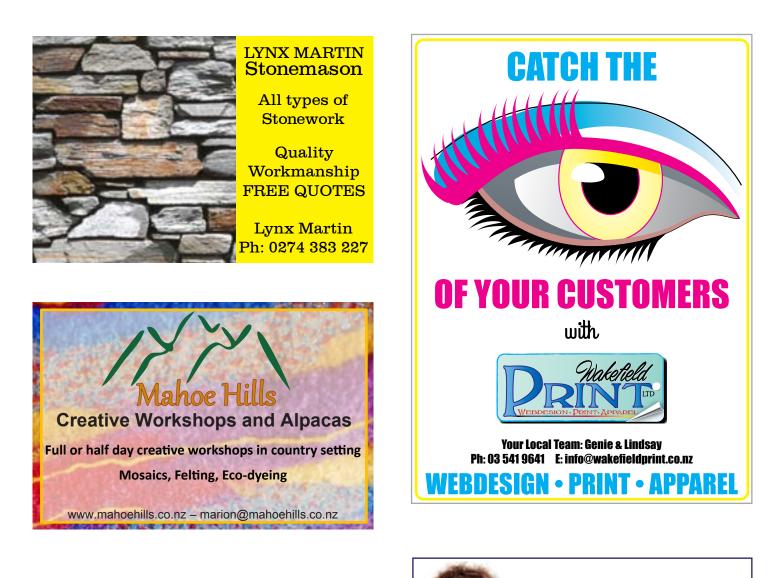






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### Town and Country Talk

by Brenda Halliwell

### DO YOU HAVE A SKINNY OLD CAT?

If you answered 'yes' then read on... Many of our cats look thinner as they get older. This can be just the normal aging process where muscle mass is lost due to being less active – just like people. But there are several common diseases that occur in older cats resulting in weight loss. These are:

- Hyperthyroidism (= over-active thyroid gland)
- Kidney disease
- Diabetes

These diseases can be managed and enable our pets to live a good quality life. But left untreated, older cats continue to lose weight, have a poor quality of life and are likely to be euthanised earlier.

They can all be diagnosed quickly and easily with a blood test. And treatment can be as simple as popping

a tablet into your pet's dinner. Some cases are more complicated however and require further tests and checkups along the way to keep your elderly cat well.

Unfortunately there are a lot of other diseases which cause cats to lose weight. Some can be treated with medicines or surgically, and others are untreatable. But it is much better for your pet to have a checkup so we can determine the cause of weight loss. Then provide the appropriate care to give your pet the best quality of life for as long as they have left.

Remember – age is not a disease. If your old cat looks skinny, bring them in for a checkup. Often the earlier we diagnose the disease, the easier the treatment. If we can treat them, they will have a better quality of life, and you will have them for longer.

#### ... And on the farm, don't forget trace element testing!

Autumn is an ideal window of opportunity for trace element supplementation, ensuring your stock come through winter in excellent condition, and maximising health and survival of newborns in spring.

But do they need supplementation? What reserves do they have? 6-8 blood samples from a mob to check vitamin B12, selenium and copper levels can answer these questions.

Another more accurate method of determining trace element levels is testing liver samples when stock go to the works. Usually only 3-4 samples are necessary.

Supplementation of iodine can improve lamb health and survival. This can be given to ewes as a long-acting injection before mating.



#### **Open Monday - Thursday 8.30-5pm**

#### **Consulting Hours**

Monday morning with Brenda Tuesday afternoon with Brenda Thursday morning with Paula

### Ph 541 8974

info@tcvet.co.nz \* www.tcvet.co.nz Edward Street, Wakefield

Head office 35 McGlashen Avenue, Richmond 544 1200 24 hours Supplementing trace elements without having information about the levels in your stock can be dangerous. But if your stock are deficient, supplementation can have huge benefits. One client had a 40% increase in his sheep pregnancy scanning by increasing his selenium supplementation!

Phone us at the clinic on 544 1200 for more information or to book in.





### The Way We Were

### George Lawrence 1859 - 1946, Pt II A Gentleman of Leisure

Prepared for the Waimea South Historical Society by Roger Batt

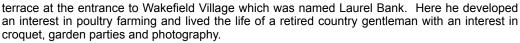
George was aged 60 when he retired to Wakefield in 1919. His first wife, a daughter of Samuel Evans, draper, of Dunedin and two of their three children had died in the influenza epidemic of 1919. It was time for a new start.

His second wife, Emily - who was 27 years his junior and aged 33 at this time had originally been the housekeeper at Maple Grove. As a baby she had narrowly escaped death during the Tarawera earthquake of 1886 when a falling brick from a chimney top just missed her pram which was parked outside. Her connection with the family began when she started work in their jam factory. Together they had three children: George (Bruce), William (Victor) and Elsie. Bruce joined the RNZAF, trained in Canada but was shot down over Amiens in January 1945. Victor (Vic) went to work in the Post Office.



Having sold his share of the jam making business in Invercargill, George purchased an Edwardian villa on two and a half acres of land situated on a

The Lawrence Family: 1937. Bruce, Elsie and Victor. Emily and George.



When Perry Brothers Circus made one of its periodic tours of the country in the summer of 1928-29, George found plenty of subject material for his growing photo collection. The circus began its tour in the south and worked its way slowly northwards. On 4th December 1928 the Lake Wakatipu Mail reported:

Perrys' Circus and Zoo.

Coming by Special Train to Cromwell, then by Huge Motor Lorry to Queenstown. On Saturday, December 13th, Queenstown will be visited by Perry Bros.' circus and huge zoo. The big circus consists of 60 people, 20 horses and ponies, 10 cages of wild animals comprising lions, tigers, leopards, hyena, wolves, Tasmanian Tiger, and many other rare animals, including Jumbo the huge elephant and his pal, Tommy, the midget. Both of these elephants perform and do wonderful tricks for such massive animals. The midget elephant does the Charleston, dances the Black Bottom and plays his own music. Then there is Captain Monzalo, who enters the lion's den and puts the ferocious animals through their performances. The five flying Lorenzos, who fly through space at the dome of the snow white tent, just like human air planes, twisting somersaults, must be seen to be believed. The Achci troupe of perch and ladder balancers do



Playing croquet at Laurel Bank

most wonderful tricks on a 30 foot nickle rod balanced on the shoulder of Mons Achci. Alberto, the wonder of the age, performs backward and forward somersaults on the tight wire just like the best acrobats do on the ground.

This act is something Queenstown folks have never seen before in any circus or music hall. The riders, tumblers, acrobats, and the score of clowns and dummies will keep you in roars of laughter all through the long programme of forty items. The big show will be located near the recreation ground. The huge zoo will be open from 4 to 5 when the wild animals will be fed. Parents whose children have never seen elephants before, make Saturday December 8 a big education day as the youngsters may never again have the chance of seeing these monsters of India and Africa.

By the 3rd of January, 1929, they had reached Christchurch. On the 17th January the Press reported what could have been a disastrous incident.

En route from Westport to Murchison near Hawkes Crag a cage containing a lion, lioness and a tiger slipped off a trailer and rolled down a steep bank. Fortunately a gang of railway workers was on hand and with the aid of an elephant which had to be brought back six miles to the scene, the animals were eventually recovered without significant damage.

Sometime between the 17th and 29th of January, when they were reported performing in Wellington, they must have passed through Wakefield where the elephants were photographed by George beside the Methodist Church in Edward Street and bathing in the Wai-iti River – no doubt by the Pigeon Valley Bridge.



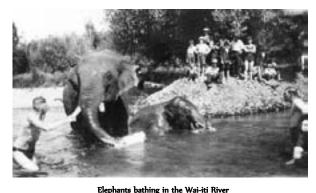


Above: Laurel Bank early 1900's Below: Croquet on lawn at Laurel Bank



The Lawrence Siblings Victor, Elsie, Bruce. 1938

# The Way We Were [Continued]



George enjoyed a comfortable 26 years of retirement in Wakefield as a "man of means"– able to entertain, and even own a car during the depression years.

His experience of being one of only 20 survivors from the 150 souls who perished in the Tararua disaster (see Pt I) and the first to reach shore to raise the alarm, risking his life in the process, must have come to mind frequently during that time. The fact that he seems not to have talked much about it is understandable – all

that effort for such little gain!

At the time, however, he was not to know the final outcome. He did all that a fit, brave young man could do – risking his life to try to save others. He had no need to feel guilty about being a survivor. He was entitled to his golden years. George was 86 years old when he died at home in 1946.



Elephants visiting Methodist Church

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Prescriptions from Wakefield. Phone 541 8581 Acknowledgements: Lawrence, Doug and Sally - for notes and family photographs from their grandfather's collection

For more photos, visit: http://ketetasman.peoplesnetworknz.info/waimea\_south\_collection/topics/show/117-thegeorge-lawrence-collection

### Wakefield Art Group

### Cubism Workshop on Thursday 31st March 2016

### with Marian Painter

Wakefield Village Hall 9.00 am - 12.00 pm

This half day workshop includes a brief history of Cubism and its development in the world of art. We will then explore ways of creating a basic cubist picture with scope for individuals to be more creative depending on their experience and interests. The aim is to gain some insight into the genre of Cubism even if it is a form of art that you do not wholly appreciate. It will be fun and possibly challenging if you have a restrictive style of your own.

Suitable for any level of skill and experience. Beginners welcome.

<u>Materials required</u>: Sketching paper and pencils. Charcoal (some will be available if you do not have any), 30cm or longer ruler or straight edge, drawing board, paper or canvas, paints or pastels of your own chosen medium and suitable support (paper or canvas) for the second part of the session; (although this may not get finished in the class I am sure you will feel able to continue at home.)

Marian is looking forward to sharing this workshop with you.

Cost: Members \$10, non-members \$15, morning tea provided

Please RSVP to Sonja, e: <a href="mailto:sonjal@ts.co.nz">sonjal@ts.co.nz</a> or ph (03) 5418-176

# Wakefield Volunteer Fire Brigade

Things have quietened down recently for the month of February compared to the very busy month of January. Please keep this new trend going. The less work for us the better.

I hope we have all taken lessons from the Christchurch earthquakes in 2011 by looking at loose items on book shelves, open shelving and picture frames on walls to make sure things are secure, especially items that are above head height. Also, making sure the hot water cylinder is strapped to the framing of the house. Remember Nelson to Wakefield to Murchison lies on the fault line so it could happen to us at any time and the more precautions we take now, may save lives and our valuable possessions.

Peter Holland has been appointed Wakefield 's Deputy Chief Fire Officer for our brigade. Peter has 36 years' service in the NZ Volunteer

Fire Brigades around the country and has been with the Wakefield brigade for eight years now and he held the position of Senior Station Officer at Wakefield.

Well done Peter.

Last week we had a very heavy downpour of rain that caused a small amount of flooding around the village. To help reduce the flooding in and around the village, it is important to check the storm water grates along our streets and to kick or scrape leaves and small branches from blocking the water escape route. This does not take much effort but it may stop your house or garage from being flooded unnecessarily.

As always take care Fritz Buckendahl CFO WVFB

> Call outs for February MVA = Motor Vehicle Accident PFA = Private Fire Alarm

- PFA Wakefield School
- MVA two cars Hope Saddle SHW6
   PFA Wakefield Rest Home, lift
- PFA Wakefield Rest Home, lift assist
  Smoke visible near property Wakefield, good intent
- PFA Lee Valley property
- PFA Wakefield Rest Home
- Small fire at Fonterra Brightwater

Running total for 2016 = 19

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# Cycle Trail Update

#### **Construction Update - Nelson Tasman Cycle Trails Trust**

Work by the Trust/TDC project team is well underway on the section of Tasman's Great Taste Trail from Wai-iti Domain to Norris Gully. Trail will go through the 1.4km Spooner's Tunnel, which will be the fifth longest tunnel open to cycling and walking in the world and the longest in the southern hemisphere. The Trust is working towards an opening event in April 2016 to celebrate this stage (Belgrove to the south side of the Tunnel).

Key components of work include:

\* Landowner agreements: discussions with landowners between Wakefield and Wai-iti Domain continue at a high level. The Trust and TDC wish to thank the landowners along this route for their support, especially the number who have willingly provided land to enable the trail to be formed away from the state highway.

\* Wai-iti to Belgrove: preliminary construction has begun on the route from Wai-iti Domain within the Tunnicliff and Kanui Forests (Nelson Forests Ltd). Quail Valley Free Range Ltd (Ewing Poultry) has continued forming trail sub-base around, and through, their property – this 'in-kind' work is a substantial cost saving. This section is scheduled to be opened for use by 30 June 2016.

\* Belgrove to Tunnel Road: Construction is underway with Donaldson Civil Ltd for the Quail Valley Road via the Belgrove Tavern. Two steel truss bridges are being manufactured by Brightwater Engineers Ltd and the Rotary Club has completed building the 5.4m timber bridge for this section. The upgrade of Tunnel Road by Taylors Contracting Ltd and Nelson Forests Ltd is underway. A bridge for the northern end of the Tunnel has been made by Rotary and construction of 50m of boardwalk at the Tunnels' northern entrance is to begin shortly.

\* Spooner's Tunnel to Norris Valley Gully: Detailed route plans have been prepared by Sam Alan of Opus. Cycle trail route plans have been drawn and for approval by TDC, NZTA, LINZ, Nelson Forests Ltd and Ngati Toa. This section is scheduled to be opened for use by 30 June 2016. Nelson Forests are making a significant contribution to this with work to be done by their contractor, Taylors Construction.

\* Norris Valley Gully to Tapawera: Trail routes to Kohatu plans are being prepared for approval by the same group of landowners as for the section to Norris Gully who have stated their general support for the trail. Options for the route from Kohatu to Tapawera have been generally identified and will be investigated and discussed with landowners later this year.

Elizabeth Bean PO Box 358 NELSON 7040 P (03) 5394336 or (027) 4148781 elizabeth@greenaway.co.nz

We are organising a meeting in Tapawera on Thursday April 7th in the evening which will be similar to the one organised by the Trust and hosted by the Wakefield Hotel late last year.

It highlighted tourism opportunities and potential from the completion of the cycle trail and incoming visitors. The Wakefield meeting presentations were really interesting and it was a shame not more benefited from them.

Jo Leyland Trustee Nelson Tasman Cycle Trails Trust



Give Simon a call to get your no obligation free quote. A/H 03 541 8507 Mob 027 541 8507 E-mail silversummit@rocketmail.com







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# **Parenting Course**

#### St Johns Church in Wakefield is running a Parenting Course in May.

It is aimed at parents of: 0 to 10 year old children, with the aim of providing practical tools to:

Build a strong family centred on love

Meet children's needs

Set effective boundaries

Teach healthy relationships

Pass on values you (parent) hold to be important

# When:Tues May 3 - Tues May 31 20167pm at St John's2 hours 30 min duration

The evening will include drinks etc at 7pm, show first half of DVD, break for pudding and chat, watch second half of DVD. Finish by 9.30pm.

Each evening will be very upbuilding for parents, and we hope to be able to assist where necessary for babysitting too.

Cost for the course is \$10 per couple. We don't want money to be an obstacle.

Brought to you by Wakefield Anglican in association with Mainly Music.

#### Contact:

Wendy Milson 544 5494 owjase@xtra.co.nz to book, or Allan Wasley 5418883



Please register your interest in attending with

m.r.clark@xtra.co.nz

or with Margaret Clark, P.O.Box 1 Wakefield

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### Livewell Staywell

by Margaret Clark

"Live well Stay well" group recommencing on Tuesday morning April 5th with a coffee hit at Chateau Rhubarb, 9.45am.

"Live well Stay well" is a health and social group that meets fortnightly in Wakefield from 9.45- 11am.

All interested are welcome to attend especially if you are new to the village.

A varied programme is organised which is informative and fun plus regular coffee and chat sessions.

Over the last year we have learned more about Olive Oil production, Alzheimers, Super Grans and Neighbourhood Support.

We have learned to use "Facebook" and "Trade Me".

We have visited an Eco house and picked feijoas there as well as visiting the new waste resource centre in Richmond.

So what are we going to learn in 2016? Come along and find out.

The meeting is usually followed by a walk around Wakefield for those who feel like being more energetic

**April 19**, Local visit to Willowbank Historic Village. Just past the village on State Highway 6. Meet outside the gate at 10am.

Any enquiries or to go on our email list so you know what's happening, please call Margaret 5419693 or Yvonne 5422235.



### Wakefield School

Courtesy of Isobel Ford

The five and six year olds in Room 12 Matai Kererū have been very happy to use the school pool during their time back at school. Here is some of their writing about swimming.

l like being a dolphin **Tyler** 

I can do double flips. I feel proud of myself. Brooke can do it too. **Lani** 

I like splashing in the pool and diving too. I can hear bubbling noises when I am under the water. The pool is great when I'm really, really hot. Sometimes we do swimming lessons. I like doing swimming. I like jumping in too. **Ava** 

*I like swimming in the pool. It is cold. Riley* 

I like swimming because I like doing handstands and front flips in the pool. **Aiden** 

All About Swimming I can do a dive in the water. It is fun. You can do a bomb. On one side it is shallow and on the other it is deep, I can't touch the ground there. Jinty

l love Karyn because she helps me. **Isla** 

I like swimming. I like going in the deep end. **Aimee** 





#### Wakefield School and Community Swimming Pool

#### Season closing date

The swimming pool is having an excellent season thanks to brilliant weather, great support from our community and excellent work by the pool committee and helpers.

Please note that the swimming season will finish on Sunday 3 April, with a pool party and celebration event from 1-3pm.

Pool keys can be returned to the school office at any time and bonds refunded.

We hope you enjoy the final weeks of swimming.

From the Pool Committee.

# Good Companions

by Diana Gabric

We have large vegetable gardens and 50 fruit trees which enable us to buy as little as possible and our gardening methods are based on growing plants naturally. This includes minimal use of sprays and the ones we do use are organic. Hand in hand with organic gardening is companion planting - a centuries old technique that gardeners relied on for controlling pests and improving harvests. I see it as working with nature rather than clubbing it on the head! Of course this is not used in the commercial sector which relies heavily on sprays like glyphosate to eradicate weeds. Interesting that now the safety of this chemical is being called into question. I think it will always be in use but it should be kept to a minimum. Overseas where crops have been genetically modified to be resistant to glyphosate the fields are blanket sprayed while growing - thank goodness that doesn't happen here!

Allelopathy means growth inhibition as a consequence of the influence of one organism on another. Some plants exude substances from their roots or leaves that affect others adversely. So, basically the idea is to grow plants that help rather than hinder each other - companion planting. The experiments necessary to turn this into an exact science haven't been done but gardening has been going on for a long time and people aren't stupid - they notice things even though they don't understand the reasons behind them.

I began getting interested in this method years ago and started growing marigolds in my vegetable plots - the roots produce a substance which drives away eelworms (nematodes) so they are very good to grow around tomatoes, potatoes and roses. I allow them to seed freely and they really brighten up a garden. Then I started mixing more and more flowers and herbs into my plots. The result was a lot of colour and a "messy looking" garden in the eyes of the more conventional gardeners who place everything in neat rows and blocks! However nature isn't tidy either so I let many plants like lettuce, rocket and parsley go to seed and pop up wherever they feel happy.

Some more examples of companion plantings we do are tomatoes with basil (they are natural culinary companions too) and our corn and potatoes which are in plots together quite by accident as once the early spuds are dug up we had a space for corn then found out it's a good combination!

We have some good books at home and I am always delving into them to check out what goes with what. That's what I love about gardening - you never stop learning!

### A Matter of Accounts

#### THE HERE AND NOW - BREAKEVEN

by Sonia Emerson, Chartered Accountant, BBus

It can often be quite daunting initially to try and predict the financial future of your business. So, as a starting point, you should at least know what your breakeven point is. In simple terms, breakeven is where total sales minus total costs equals zero. It is the point at which losses stop and the business starts to become financially viable and make profits. You could use an online calculator to do this or set up a simple spreadsheet, or ask your Accountant to assist you with completing the analysis.

#### HOW TO CARRY OUT A BREAK-EVEN ANALYSIS

1. Separate your costs into the two types; fixed costs and variable costs.

a. Fixed Costs or Overheads – These are the costs which are payable even if your business doesn't sell anything eg rent, rates, advertising. These are generally the easiest numbers to find and are usually a total per year.

b. Variable or Direct Costs – these are the costs that only occur if a unit is made or a sale is made eg variable labour, raw materials or production costs. These are usually expressed as a variable cost per unit ie \$10 per unit.

- 2. Now work out what your gross margin per unit or contribution margin is. Gross margin per unit is the total selling price per unit minus the variable cost per unit.
- 3. Then, carry out the following calculation to find your break-even point
  - Total Fixed Costs + Contribution Margin = Sales Volume Required to Breakeven

#### EXAMPLE:

\$

Break-Even

A window cleaner has fixed costs of \$15,000, and the business' variable costs average \$15 per job and the charge out rate is \$40 per job, so his contribution margin is \$25. To break even he needs to carry out:

\$15,000 ÷ \$25 (\$40 - \$15) = 600 jobs

For a more honest estimate of viability, the business owner should include their own salary into the fixed cost part of the equation.

To obtain a dollar break-even point, you can then multiply the number of units/jobs by your selling price per unit, and this will tell you what \$ sales you need to make for the year to breakeven ie  $40 \times 600$  units/jobs = 24,000.

Finding the break-even point is one of the most useful processes an entrepreneur can undertake. It helps you answer questions such as:

- What volume of sales do I need to break even? This can then help you to set a sales benchmark.
- What profit can I expect from a particular volume of sales? This way you can estimate when the business will become profitable.
- What price should this product be sold at ie what impact does a small increase in selling price per unit have on the business?
- Should I undertake this advertising campaign? Once you know that you have "broken even" or covered your fixed costs, you can work out how many extra units you will need to sell/hours you will need to bill in order for the extra advertising to pay for itself ie in the example above, if the extra cost of advertising is \$1,000 and your contribution margin is \$25, you will need to sell an extra 40 units before you have covered the additional cost. If you think that is easily achievable, the advertising is probably worth doing.
- Should I consider expanding my business by putting on more staff or increasing production? As above with advertising, you need to work out how many extra units/hours you will sell to cover the extra costs to expand your business.

Once you know the breakeven point, you know what you need to sell in order to cover your costs so then you can measure your results against the breakeven point and also keep an eye on the overheads and make sure that they do not increase over time. If your overheads increase, your breakeven point will also be higher.

Obviously the aim isn't to break-even though, but to make a healthy profit. You can use the breakeven information to explore the effects of various changes to your business

Contribution

Fixed Costs

Units

such as reducing fixed costs or increasing the average sale price per unit sold. These factors along with sales volume combine to form some of the key drivers of business profitability.

This information is intended as a guide only - it is not intended as legal advice.

For more detailed information please refer to the legislation or seek legal and/or accounting advice.



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#### Sonia Emerson Chartered Accountant

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# Last Months New Year Quiz Answers

#### by Derek Evans

1. Where is the world's largest New Year's party? *Rio de Janeiro, Brazil with 2.3 million on Copacabana Beach.* 

2. What was the nationality of the man who made "Auld Lang Syne" the official song of New Year's Eve? Scottish national poet Robert Burns, which became a signature song for Canadian bandleader Guy Lombardo in 1929.

3. France is the world's largest producer of sparkling wine. Who is number two? Germany - 430 million bottles of sparkling wine per year -- a fair bit less than France's 500 million.

4. What is the longest distance on record that a popped champagne cork has ever flown? Heinrich Medicus In 1988, physics professor set the world record for a popped champagne cork. At New York's Woodbury Winery and Cellars, he set a bottle at 45 degrees, on a four-foot elevation, and sent a cork flying 177 feet, nine inches.

5. In Mexico, it's traditional to express your New Year's hopes by wearing a brightly colored garment. Which one is it? In Mexico, underwear is a virtual wish list of New Year's desires. For love, people wear red, while green signifies money. White suggests hopes for peace and yellow indicates a desire for plenty.

6. When do the Chinese celebrate their New Year? *At the second full moon after winter solstice.* 

7. The ball which drops to indicate the New Year in Times Square New York is made of what?

Waterford crystal

8. In the ancient Roman calendar when did the New Year begin? *March 1.* 

9. When was the first New Year holiday observed? *In ancient Babylon about 4,000 years ago.* 

10. Which country save all of their unused dishes and plates until the 31st of December when they affectionately shatter them against the doors of all their friends and family? *Denmark.* 







# This Months Quiz

#### by Derek Evans

- 1. What is the meteorological phenomenon "Morning Glory" and where can it be seen?
- 2. Annie Edson Taylor is famous for what?
- З. Approximately how many buffalo did Buffalo Bill kill?
- We all know about Caesars death but how did Brutus die? 4
- What common physical characteristic is shared by primates and humans? 5.
- What is a Dik Dik? 6.
- 7. What is a young possum called?
- What was the name of the river that was the scene of The Battle of Blood River against 8. the Zulus?
- 9. What should you be brought in a restaurant if you ordered Bigorneaux?
- 10. What was the tallest dog recorded in the world?





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### Waimea Plunket Playgroup

#### by Liz Ashburner

We have had a lovely start to 2016 with great weather and a wonderful group of families. There are currently lots of younger children on session so we have been enjoying plenty of water play, climbing and play dough. We have also restarted our regular visits to the school library where Kathy, the school librarian, reads a book or two and the children can withdraw or return books.

In February we put together a stand for the 'Big Play Out', Nelson Playcentre Association's annual promotional event at Tahunanui Sportsfield. Twelve out of the region's fourteen Playcentres were represented and each centre set up activities to give attendees a chance to experience the different areas of play which are offered on session at Playcentre – including play dough, music, messy play, water, painting and a huge obstacle course provided by Motueka Playcentre.

Charlotte and Evie represented Wakefield with an awesome exploration-themed stand. We provided a model of the human body where the children could take out all the different organs and fit them back together. We also took magnets and a selection of magnetic and non-magnetic items (including black iron sand and sand from Tahuna beach) so the children could investigate which responded to the magnets.

It was a great day with many parents commenting on how amazing it was to have a free event entirely geared towards children and with so many activities in the one place. For Playcentre parents it was a wonderful opportunity to connect with other playcentres and appreciate being part of a wider community.

We are currently planning our trips and events for the coming year so watch this space for more exciting opportunities for your young children!

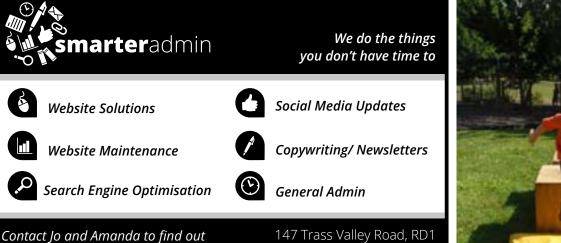












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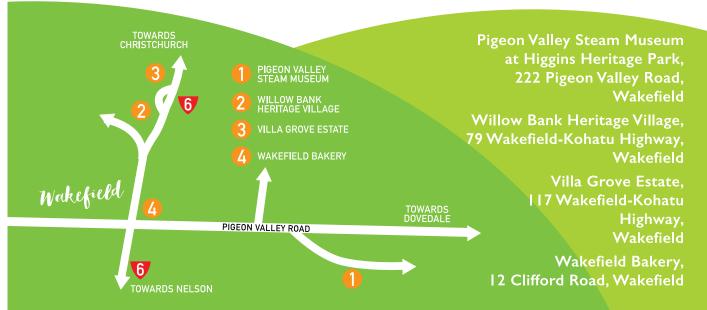
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DESTINATION Nakefiel

### Wakefield has much to offer within a small area and so we have come up with the Destination Wakefield days.

The first Sunday in each month (from Sept to May) will be a happening time in Wakefield. Pigeon Valley Steam Museum will be on steam, Willow Bank Heritage Village will be open to the public and Villa Grove Estate will be offering their special olive oils for sale. Have a coffee and try the finest baked goods at Wakefield Bakery - make a day out of it! All these activities will be open from 10am – 3pm.



SUNDAYS: 7.2.2016 | 6.3.2016 | 3.4.2016 | 1.5.2016

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### **Hints from Beaver Creek**

by Merv and Trish

#### Hint One: Preserving Produce

One of the joys of having a little land and producing fruit and veges is the knowledge of what exactly has gone into the growing of the plants - provenance is the latest catch word I believe.

Merv and I have also developed a deep sense of appreciation for food and the effort that goes into producing it. There is a big difference between sowing a tomato seed in August - tending, watering, pruning, fertilising, de-lateralling, tying up and finally getting to eat your first tomato in January after five months of constant attention; compared to going to the supermarket and grabbing a bag of tomatoes. You lose the sense of care that has gone into producing that bag of tomatoes. I am not a religious person but I do think we need to give more thanks for the food around us, and to those who spent much time and energy to produce it.



Enough philosophising! Let's get back to preserving fruit! In the early days I did the laborious task of boiling up the fruit, washing the jars, sticking them in the oven to sterilise - blah, blah. Until one day I was visiting a good friend of mine Chris Krammer (who unfortunately is no longer with us) and watched as she preserved some fruit. I was aghast! I stammered something about "what about all the sterilising of jars palaver etc," - and Chris just burst into delighted laughter (she was good at that!) and gaily informed me I didn't have to do all that rubbish! So I insisted that she tell all. Now some of you are no doubt up with the play, but for the uninitiated, this system is soooo easy. Wash your jars and lids in hot soapy water, rinse and then pour some boiling water from the kettle over them as they stand on the sink. Turn over to drain. In your jam pan heat up your water and sugar (I prefer to use honey instead of sugar) and bring to the simmer.



Meanwhile rinse off your fruit, peel if needed and chop into bite size pieces - obviously discarding any portion that is too soft/rotten. Tip some of the fruit into your simmering jam pan (don't pile it all in as by the time you scoop all the fruit out some of it is overcooked), simmer for about three mins, then scoop out with a slotted spoon and pack tightly into your jars. Better to be a little undercooked as they continue to cook in the jar for a while! Then ladle some juice out of your pan to fully fill the jar to the lid, screw on the lid, wipe clean and turn upside down on the kitchen counter to cool. When cool; make sure lid is screwed tight, wash outside of jar, and store in a cool, dark place. Voila!! Thanks Chris! You have saved me hours of labour and now it is easy to make up small amounts if needed.

Another cool system we tried with great success was to oven bake the fruit. Prepare jars and lids as above. Prepare fruit as above. Spread your bite sized pieces of fruit into a roasting dish, sprinkle with some water/honey mix and anything else you desire - cinnamon sticks, sugar, brandy, liqueur? Bake in oven at 180 degrees C and turn a couple of times until the fruit is soft but not over cooked. Then spoon into jars, fill the jars with the juice from the bottom of

the pan and treat as above. Remember to turn the jars upside down immediately after filling - this sterilises the lids.

What you can also do is rather than place fruit into jars; you can place fruit directly into plastic freezer containers and freeze instead.

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Hint Two: Joint Pain.

Did you know that although Glucosamine and Chondroitin are good for helping restore the cartilage in joints, they actually INCREASE inflammation!

If you have joint pain you are better off taking a supplement like Mobicosa. It has small amounts of Glucosamines and Chondroitin but the green lipped mussel meat and essential fatty acids contain significant anti-inflammatory properties that counteract the inflammatory effect and significantly reduce pain.

See left for more info, and to purchase.

Quote of the month: "Luck favours the backbone, not the wishbone."

# Children's Learning & Development

Happy Easter!

by Nurture@Home

Is it just me or does it feel like we've barely gotten over the gluttony of Christmas before we are staring down the hollow chocolate shell of Easter? The crinkle of foil wrappings follows you through the stores with chocolate rabbits winking from every shelf and crème eggs stickily beckoning from every counter.

It's a hard time of year if you are trying to maintain a moderate control over the sugar intake of your little egg-grabbers. Here are a few alternatives to limit the sugar and avoid the cavities this year (some of these probably won't satisfy the bigger kids but you should still be able to maintain the excitement of carrot sticks with the little ones for a while yet).



#### Easter Bunny Snack Cups

Simply decorate a plastic/paper cup like a bunny and fill with healthy treats that your kids love such as: Vege sticks and hummus Scroggin mix Popcorn Yoghurt & fruit Or try making your own special bunny mix with things like: pretzels, nuts, mini marshmallows, cereal bites, dried fruit, raisins etc.

#### Hard Boiled Easter Eggs

Hard boil eggs and dip in dye (the longer you leave them in the brighter the colour). Dye: Add 20 drops of food colouring to 1/2c of water and mix well. Add one tablespoon of white vinegar and stir.

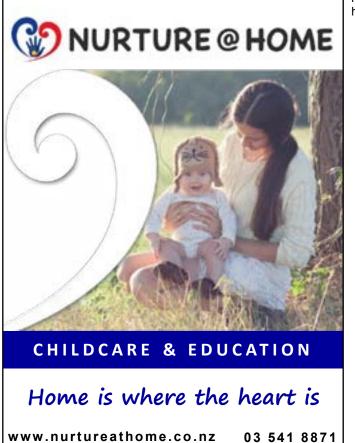
You could even brush egg shell with a little egg white and sprinkle with edible glitter for an extra-magical easter egg.

#### **Treasure Hunt**

Get creative with Easter egg hunts. Instead of hiding chocolate eggs, hide painted stones, gems, coloured feathers or fake eggs. You could make special baskets to carry your treasure in and trade them in for a special treat at the end.

Treats could be of the non-candy variety too: bubbles, cards, drawing or craft materials, play doh, soft toy.

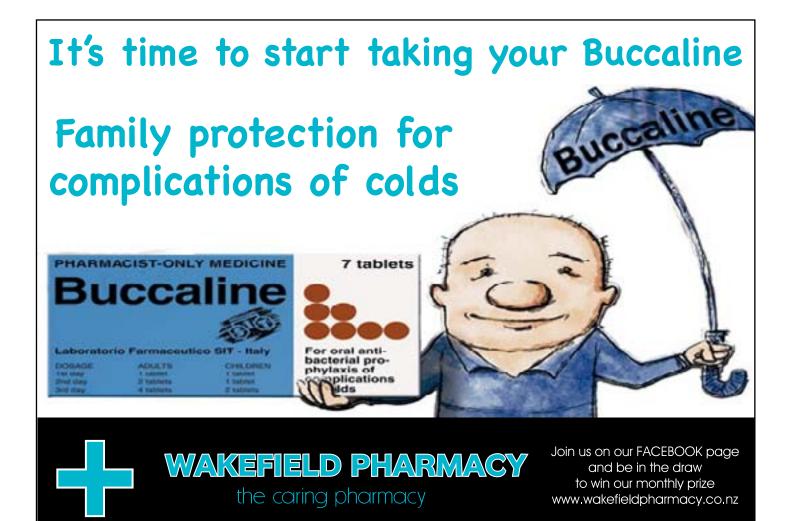
You can create some wonderful traditions and rituals around Easter. Rituals are a way for you to reinforce your values and create connections. Children love ritual. Repetition, the comfort of belonging, the sense of wonder, magic, and celebration – all create a bonding experience that



nurtures both kids and parents. These are the things that your children will hold in their hearts – the stuff that makes memories.

You are welcome to join us for our annual ritual of an Easter Bunny Hunt: 10.30am on Tuesday, 15th March Rabbit Island





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# The Now Festival of Tao

#### by Tao Wells

### "The Now Festival of Tao, less presents more present, this time give time, 60% off duvet covers at the Warehouse"

Hi all, the festival held on the 20th of December last year, was a lot of work and a lot of fun. I thought it would be great to let the community know what happened so here are some pictures from the day.

- 1. Bike Trail Glade
- 2. Faulkner's Bush Entrance
- 3. Under Pigeon Valley bridge
- 4. Same
- 5. Same again

[From left to right, top to bottom]











# Wakefield Football Club

by Ian Radcliffe

#### 2016 Season

With the autumn fast approaching and the cooler evening weather nearly upon us, what better way to keep fit, make new friends and have another social outlet than playing the beautiful game, well sometimes anyway!

Wakefield Football Club are on the lookout for new (or returning) players, for the upcoming season. We have a proud history, a group of great guys and an ambitious vision for our local club.

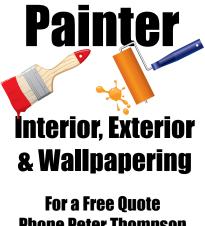
Wakefield Football Club are an affable bunch with a family friendly venue, not to mention one of the best pitches in the region.

We have three men's teams playing in the local senior leagues.

If you fancy playing some football this season, then come down to training at the Wakefield Domain on a Tuesday or Thursday evening at 6:30pm and join us or contact Ian Radcliffe on 021 0244 6459 for further information.

We'd be delighted to see you!





For a free Quote Phone Peter Thompson 027 444 93 64 A/H 03 541 9678

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### Live Local Shop Local

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#### **HOUSE REPAIR**

by Brian Grant

Thinking about doing some renovations? Needing some repairs done? Consider contacting local tradesman Brian Grant at House Repair. Brian is an experienced multi-skilled tradesman who specialises in small jobs and light renovation.

Brian has over 30 years of construction experience, beginning with a building apprenticeship after finishing school. Having always had a knack for 'making stuff', he was inspired to further develop his building skills at university, pursuing a fine arts degree. A concentration in large-scale sculpture meant tapping into a lot of construction knowledge!

Brian completed a Master of Fine Arts degree at Carnegie Melon University in Pittsburgh, Pennsylvania, once the heart of the steel industry in the US. During his years there, the city was transitioning from industrial to residential. Brian saw an opportunity to create a company specialising in renovating old commercial buildings into loft apartments.

He's been based in Wakefield for 11 years, previously trading as Gibber Jabber. Although he specialises in plasterboard stopping, he found that what many people are really after is one person who can do the whole job. To better reflect his broad-based skill set, he decided to rename the business House Repair. After all, why hire several tradespeople when you only need one!

Brian is also a passionate cyclist. He is active in the Nelson Mountain Bike Club and the Tasman Wheelers, and especially enjoys being involved in junior rider development, helping riders to attend internationally recognised races. In 2013, he introduced cyclocross to the area, establishing the Cyclocross Nelson Tasman (CXNT) Club.

Cyclocross is a bit of a cross between road racing and mountain biking. Races are generally run in parks or paddocks, and are perfect for any level of rider, from beginner to elite. Cyclocross is a perfect place to get kids started on the bike.

Courses are off-road featuring a variety of surfaces (grass, sand, gravel, dirt, pavement, mud) and a number of obstacles. Races are exciting to watch, consisting of adrenalin-filled laps around short courses—typically less than three km in length.

Cyclocross is a winter sport – rain, mud, and cold all being a part of the challenge. CXNT runs a six race series featuring fortnightly races beginning in June.

Brian is your local small job specialist and cyclocross expert. For renovations and repairs that require a range of techniques or more info on CXNT, contact him at House Repair. Need a reference? Just ask your neighbours because Brian has probably done some work for them!

House Repair 17 Lord Auckland Road Wakefield

P: 03 541 9250

M: 027 541 9250

#### E: brianwindhamgrant@gmail.com







### Wakefield Cubs

### Top of the South

#### FOUNDERS WEEKEND CAMP

by Julian Eggers

19th to the 21st Feb, Wakefield cubs attended the Top of the South Founders weekend camp held up at Gilbert Lodge, Wairoa Gorge. This camp is an annual zone event where the whole Nelson zone and Marlborough zone come and spend the weekend together. Founder's camp is where Nelson celebrates our founder Baden Powell's birthday. For the Wakefield group we had a great turn out with scouts, cubs and three keas that even stayed over Saturday night.

The cubs and scouts were put into groups to do three pods over the weekend. Activities such as abseiling, archery, low ropes, Burma trail, leaky pipe, basic first aid, native tree planting, kayaking, campfire were some of the activities the kids did during the weekend camp. Children aged 13+ did other activities away from camp like abseiling off a bridge and sumo wrestling.

Overall it was a great camp and we will can't wait for next year's Top of the South Founders camp.









SCOUTS



# **Congratulations!**

#### CONGRATULATIONS TO MELISSA

...seen in the photo on the left receiving her prize from Stu Hore at Wakefield 4 Square.

Stu has just presented Melissa with a \$1,000 Prezzy Card.

VENTURE

Stu says "Melissa won our stores Endless Summer promotion. We had a huge number of entries and there will be many disappointed locals, however they will be keen to hear who did win."



# Wakefield Bowling Club

#### by Tony Eames

Wakefield hosted the Nelson Centre Women's Singles in February where we were treated to games of high quality bowling. It was won by Wakefield resident and associate member Barbara McGregor playing for the United Club. In the semi final she played Wakefield's Margaret Eames in a hard fought, good spirited game winning 21 - 16 and in an enthralling final she beat newly selected NZ international Black Jack Kirsten Griffin 21 - 19. Nelson Centre President Allan Griffiths, a Bowls NZ Tournament Organiser and International umpire, described the play as "world class".

In the Nelson Centre Men's Singles, Stu Peterson had a very tough section but won two of his games against strong opponents before losing the third and missing qualification by only four points. Tony Eames won all his three section games and made it through to the semi final where he lost 21 – 17 in a close game to Stoke's Chris Alldred who went on to win the final.

Barbara McGregor has been selected for the Nelson Women's Rep team for the National Intercentre Tournament. Margaret Eames, Linda Sisterson and Di Holland have been selected for the Nelson Women's Development team for the under 8s National Tournament with Peter Sisterson selected as coach/manager for the team. Tony Eames has been selected for the Men's team for the National under 8 years. Congratulations to them all and "good bowling" at the tournaments.

The February Tournament due to be sponsored by Wakefield Auto Services was unfortunately rained off on the only day of bad weather in the month. We look forward to welcoming Steve and Wendy on another day.

Community bowls has been successful through the summer with several new players enjoying the game and developing good skills.

We were also very pleased to host the Wakefield school staff and Board of Trustees to an enjoyable evening of bowls and barbecue. Other groups are welcome to make use of the great facilities we have at the Bowling Club for your functions.

Anyone interested in bowls please call into the club or phone 5418556.

#### Side bar:

With her win in the Nelson Centre Singles this year, Wakefield resident Barbara McGregor has now won 32 Nelson Centre titles.

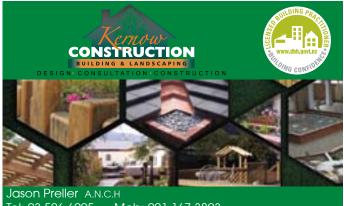
Her first was as a Wakefield Club member in the Singles Champion of Champions in 1989 with several more titles representing Wakefield in the 1990s in singles and in various teams with Elaine Watson, Edna Higgins, Rona Vessey, Heather Lines and Yvonne Closey.

She moved to the United Club in 2000 and has won more Centre titles and added 12 National titles as an individual, at National Interclub and representing Nelson in National Intercentre Tournaments.

Many of her titles have been in singles or as skip in a Fours team and she is regarded as one of the top Fours' skips in the country.

#### Photo above right:

Barbra McGregor with the Nelson Centre Women's Open Singles trophy.



Tel: 03 526 6095 Mob: 021 167 3803 Email: kernowconstruction@vodafone.co.nz Written by Donald McDonald Directed by Simon Brealey

### 11—19 March 2016 Nelson Theatre Royal

Every summer has that 'ONE' story...

035483840 | www.theatreroyalnelson.co.nz | www.ticketdirect

Window On Wakefield Issue 41 March 2016

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### **Open Monday - Thursday 8.30-5pm**

#### **Consulting Hours**

Monday morning with Brenda **Tuesday afternoon with Brenda Thursday morning with Paula** 

### Ph 541 8974

info@tcvet.co.nz \* www.tcvet.co.nz Edward Street, Wakefield

Head office 35 McGlashen Avenue, Richmond 544 1200 24 hours

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03 541 8345



### **Hon Damien O'CONNOR** MP for West Coast/Tasman

0800 DAMIEN (0800 326 436) Facebook: damienoconnormp damien.o'connor@parliament.govt.nz



uthorised by Damien O'Connor MP, Parliament Buildings, Wellington

# **KEEP YOUR GRASS UNDER CONTROL**



# **Community Notices**



### WAIMEA AREA QUILT SHOW

SATURDAY 9<sup>TH</sup> APRIL & SUNDAY 10<sup>TH</sup> APRIL 2016

### WAKEFIELD SCHOOL HALL

Edward Street, Wakefield

10.00AM - 4.00PM Saturday

10.00AM - 3.00PM Sunday





# Refreshments available, on site, proceeds in aid of the Wakefield School Pool.

### Help Needed!

Wakefield Toy Library desperately needs new committee members or we will have to close! With the recent resignation of some of our awesome team we need more wonderful people who are willing to give a little time each month to keep this valuable resource in our community.

The time commitment is not huge and the main positions are filled but we still need people who are willing to help out in any way they can. Volunteering is a great way to meet new people, to contribute to the community and to learn new skills (or utilise existing ones).

If this sounds like something you could be interested in, please call Liz on 5419453 or pop in to the Toy Library on Edward St.

We are open Saturday mornings 9:30 till 11:30. Thanks!

### WAIMEA SOUTH HISTORICAL SOCIETY INC

Meeting on Tuesday 22<sup>nd</sup> March 2016

Constance Barnicoat Room Tasman District Library

2pm

Guest Speaker: Cheryl Carnahan

Topic: All Guts, No Glory – Nelson Tasman Nurses and Chaplains of World War I

Copies of this new publication will be on sale

Do You Have Photos of Historical Interest That You Would Like to See Preserved For the Benefit of Future Generations?

Waimea South Historical Society would be happy to take care of them for you.

They would be housed in the Tasman District Library and become part of our collection.

Like the George Lawrence Collection they would eventually become digitised and available on-line as part of the Kete Website.

If you wanted to keep them but thought they would be of interest to others they could be copied and dealt with in the same way.

Just make contact with our Secretary: Jeanine Price Phone 03-542- 3033 or e-mail jandwprice@outlook.com

#### WANTED

Three berth caravan 70's – 80's in excellent condition with full awning and no leaks. Please Ph: 5419779.

#### FOR RENT

Three bedroom cottage plus sleepout for rent. Recently redecorated. New carpet throughout. No dogs. Cats negotiable. Single garage off street parking for 2-3 cars. \$385 per week. Ph Fiona 541 8910

#### FOR SALE

Wakefield School Shirts x 2. Suit year 5/6. Good condition, polo style with collars. \$10 for both. Ph/txt 0274469139.

#### FOR SALE

New season meadow hay, fresh cut, dry shed storage, no docks or thistle etc.

Suitable for horse food, 34 bales available first in first served Ph 541 8307 evenings

#### WANTED

House sit or short term rental required while waiting for house settlement. Married couple. 027 2929 555 Donna Fox

#### FOR SALE

Mitsubishi Lancer, 1990, 164000K, two very careful owners, two new tyres, two new wipers, new battery, warrant and registration \$900 or near offer. Ph 541 8018

#### WANTED TO BUY

Local wising to purchase a 2-3 bedroom house. Prefer permanent material although not essential, room to park car and camper van. Cash buyer. Ph 538 0201 or 0220 261 467

#### WANTED

Agee preserving jars - large or small. Please phone Diana 541 8950 evgs.

### "A Walk to the Cross'

A Good Friday Event for the community 7 stations of the cross as we walk up the hill to the cross

> Friday, 25 March, 10am St John's Worship Centre

Starting in church parking lot.

Hot cross buns and cuppa to follow.

Everyone welcome. Contact: 0272288902

# **Community Diary & Classifieds**

#### WANTED

Wakefield Bowling Club is still willing to collect any scrap metal, old wiring, car and truck batteries, etc.

Phone Trevor on 5418855

#### WORK WANTED - BABYSITTING

Babysitting available after school and weekends (anytime in school holidays).

I am 17 yrs old, live in Wakefield and have been babysitting for the last three years. Pay negotiable.

Please call Caitlin - 541 8254.

#### WORK WANTED

Mature woman and 15 year old daughter urgently require weekend work in Wakefield/Brightwater area. Most jobs considered.

Please phone - Ange 541 8824 or leave a message.

#### WORK WANTED

Full or Part Time New to district. CV and references available. Experienced in a variety of roles including administration and hospitality. Anything considered Please phone Sarah Robinson 522 4603

#### WORK WANTED

Do you need a housekeeper or gardener? Professional cleaner and keen gardener. Reasonable rates apply within. References are available. Text or Call Anna on 027 2277033/ 5419633 anytime.

#### WORK WANTED

Hi my name is Kylie Matthews. I am looking for part time work cleaning or general garden/home duties. I am a clean, tidy, fit, enthusiastic Mum who is in need of part time work.

If I sound like what you are after please phone me on: 03 541 9080 or 027 502 2758

#### WANTED

Clay dirt wanted to upgrade/improve the BMX track in Wakefield. Anything considered. Contact Dan on 0272 820 838.

#### FOR SALE

Sheep Manure \$8.00 per 25kg bag Can deliver ph: 541 8488

#### FIREWOOD

Dry pine \$75 per cubic metre Richmond Lions Club Phone Ivan 5419689

#### WANTED

Two old style glo plug model motors .10 to .20 size. Don't care what they are as long as they're the same, for a static model project.

Condition doesn't matter, prefer if complete though. Will take singles if they're cheap in the hope of finding another. Phone 541 9655

#### MONTHLY COMMUNITY CALENDAR

#### MARCH 2016

	MARCH 2016			
	Tues 1	10.30 am	Wakefield Community Library open	
	Wed 2	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church	
ds	Thur 3	9.30 am	Wakefield Art Group, Wakefield Village Hall	
	Fri 4	2.30 pm	Wakefield Community Library open	
	Sat 5	9.30 am	Wakefield Community Toy Library open	
/e	Sun 6	10.00 am	Destination Wakefield, various locations	
ay	Mon 7	10.00 am	Mainly Music, St Johns Worship Centre	
	Tues 8	10.30 am	Wakefield Community Library open	
	W 0	7.30 pm	Wakefield Community Council, St Johns Worship Centre	
	Wed 9 Thur 10	9.00 am 9.30 am	Waimea Plunket Playgroup, B/water Anglican Church	
thy i		7.30 am	Wakefield Art Group, Wakefield Village Hall Waimea Area Quilters, Hope School Library	
tly er	Fri 11	9.30 am	Wakefield Community Toy Library open	
01	11111	2.30 pm	Wakefield Community Library open	
	Sat 12	8.00 am	Wakefield Market Day, Village Green	
а	Juciz	7.30 pm	Waimea Area Quilters, Hope School Library	
	Mon 14	10.00 am	Mainly Music, St Johns Worship Centre	
	Tues 15	10.30 am	Wakefield Community Library open	
	Wed 16	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church	
	Thur 17	9.30 am	Wakefield Art Group, Wakefield Village Hall	
	Fri 18	2.30 pm	Wakefield Community Library open	
ng	Sat 19	9.30 am	Wakefield Community Toy Library open	
			Spring Grove Church of Christ 150th Jubilee	
	Mon 21	10.00 am	Mainly Music, St Johns Worship Centre	
	Tues 22	10.30 am	Wakefield Community Library open	
		2.00 pm	Waimea South Historical Society, TDC Library	
er.	Wed 23	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church	
<i>.</i>	Thur 24	9.30 am	Wakefield Art Group, Wakefield Village Hall	
	Fri 25	2.30 pm	Wakefield Community Library open	
3	Sat 26	9.30 am	Wakefield Community Toy Library open	
	Mon 28	10.00 am	Mainly Music, St Johns Worship Centre	
	Tues 29	10.30 am	Wakefield Community Library open	
	Wed 30	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church	
or	Thur 31	9.00 am	Wakefield Art Group Cubism Workshop, Village Hall	
is	APRIL 2016			
	Sun 3	10.00 am	Destination Wakefield, various locations	
ne	Jun J	1.00 pm	Wakefield School/Community Pool Closing Event	
	Mon 4	10.00 am	Mainly Music, St Johns Worship Centre	
	Tues 5	9.45 am	Livewell Staywell, Chateau Rhubarbe	
		10.30 am	Wakefield Community Library open	
IX	Thur 7	9.30 am	Wakefield Art Group, Wakefield Village Hall	
	Sat 9	10.00 am	Waimea Area Quilt Show, Wakefield School	
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# **Community Notices**

### WEEKLY GOAL SETTING GROUP

Want to keep moving ahead on your goals, values and dreams?

Meeting together to hold each other accountable, and to motivate ourselves works!

Free weekly meetings, starting Tues 9 Feb 6-7pm at the William Higgins Cobb Cottage, 170 Main Road, Spring Grove.

Phone Kathy 541 8441. [Please leave a message and I will call you back].

#### FOXHILL TENNIS COURTS

658 Wakefield-Kohatu Highway (at rear of Rutherford Memorial Hall)

**FREE PUBLIC USE.** Re-painted lines, nets up ready to go, for twilight practices and summer fitness.

Managed by Rutherford Memorial Hall (Foxhill) Assn Inc. for TDC Erica Short Secretary/Treasurer 541 8882

#### WAIMEA PLUNKET PLAYGROUP

The Brightwater Community Anglican Church, Waimea West Road, Brightwater

Time: 9.00 – 12.00 noon Day: Wednesday morning Cost: FREE



### WAIMEA AREA QUILTERS

Our next meeting for 2016 will be on

<u>THURSDAY MARCH 10<sup>TH</sup> 2016</u> <u>From 7.30pm – 9.30pm</u>

### HOPE SCHOOL LIBRARY Cnr. Paton Rd & Anniseed Valley Rd

ALL HANDS ON DECK AS WE WORK TOWARDS OUR FIRST QUILT SHOW! PLENTY OF SMALL JOBS TO DO TO PREPARE FOR THE SHOW ON 9<sup>th</sup> & 10<sup>th</sup> OF APRIL AT WAKEFIELD SCHOOL, SO WE NEED AS MANY MEMBERS ATTENDING AS POSSIBLE!

Please bring the following: yourself! Any show and tell items you may have, PLUS forms for entering your quilts in the show!

New ladies always welcome to our friendly group!

Please contact below for information.

Quilting instruction freely given if you are new to

patchwork and quilting.

Contacts: Bev on 544 4976, email <u>bevlen@xtra.co.nz</u> or

Marilyn on 541 8435, email: gibbs@ts.co.nz.



Are you a beginner, or have never drawn or painted before? Come and give it a go. Join our very friendly group

Starting back in the new year on February 4 Every THURSDAY of the School Term 9.00 am – 12.00 noon Wakefield Village Hall – Supper Room \$3 per session/cup of tea included

For more information contact: Fiona - Phone: 541 8910 or Sonja – Phone: 541 8176

#### **MAINLY MUSIC**

Now meeting at Wakefield St Johns Anglican Worship Centre Monday's 10.00am. Cost \$3.00 per family.

This is a time for parents and children to enjoy music, song, dance and lots of laughs. Any queries please phone Wendy Milson 544-5494.

### **COMMUNITY OUTREACH LUNCHES**

The community lunches at St. John's Worship Centre will be the third Thursday of each month. All welcome.

To assist with catering, please phone Caroline, 5418491 by Monday evening preceding, if possible, if you wish to attend.

#### PLEASE NOTE

Waimea Anglican Budgeting Service: Free Budget Advice in Richmond, Brightwater, Wakefield and Tapawera.

Local volunteers offering free, friendly advice on personal budgeting.

Txt 022 020 5565 or ring 5448901

### WAKEFIELD MARKET DAY

#### Saturday 12th March

We are still on great summer hours of 8am to 12 noon

We look forward to seeing you there. A good range of produce, plants and after the lovely rain, it's time to get them in. Good array of books and clothes.

Great budget items so come join in the happy throng with a stall of your own. Get the clutter down, less dusting.

We are pleased to welcome along the Scouts with new ideas on BBQ and a cake stall so you won't go hungry.

Sites are available phone Jean 5418154

### **Community Directory**

**Citizens Advice Bureau** 548 2117 - 0800 367 222

Lord Rutherford Memorial Hall Foxhill Helen Pullan 541 8058

> Pigeon Valley Steam Museum Alan Palmer 027 319 7427

Rural Ramblers Carolyn Mason 541 9200

Spring Grove Drill Hall C. Pike 542 3904

Totaradale Golf Club Jacquie 541 8030

Wakefield Anglican Church – St Johns Meet Sun 9.00am; 10.30am Rev. Allan Wasley 541 8883

Wakefield Community Library Wendy Gibbs 541 8490 Pam Dick 541 8392 Hours - Tues 10.30 -11.30am Friday - 2.30 - 4pm Excluding Public Holidays

Wakefield Football Club Richard Malcolm 541 9429

Wakefield Medical Centre 541 8911

Wakefield Pharmacy 5418418 wakefield.pharmacy@paradise.net.nz

> Wakefield Playcentre Contact: 541 8866

Wakefield School Edward Street 541 8332

Wakefield Scout Group wsg4kids@gmail.com

Wakefield Toy Library Saturday 9.30-11.30am Chris Gaul 541 8148

Wakefield Volunteer Fire Brigade DCFO Fritz Buckendahl 027 224 4162

> Womens Biz Genie Bradley 541 9641

Country Players (Drama) Philip Calder 541 8442

Junior Country Players Dixie McDonald 541 8862

Nelson Vintage Engine & Machinery Club Allan 027 319 7427

Pinegrove Kindergarten 03 542 3447

Rural Women Dawn Batchelor 542 3628

St Joseph's Catholic Church Sun 8am, Wed 10am Fr David Gruschow 544 8987

Waimea Sheepdog Trial Club Colin Gibbs 541 8435 gibbs@ts.co.nz

Wakefield Book Group Mahala White - 541 8933 or Sheila Kennard - 541 8860

Wakefield Bush Restoration Society Doug South 541 8980

> Wakefield Craft Fair Leanne and Glen Turner 541 8306

Wakefield Plunket Donna Todd 541 8583

Wakefield School/ Community Swimming Pool Phill Platt 027 231 7610

Target Shooting Wakefield targetshootingwakefield@gmail.com Secretary : Bev Inwood 5448074 after 7pm evenings

Wakefield Rest Home Ltd Pauline Coombs Manager 541 8995

> Wanderers Sports Club 542 3344

Wakefield Physiotherapy Kate West 03 541 8911

Window on Wakefield Advertising - 541 9641 Genie & Lindsay Bradley Focus Wakefield focuswakefield@gmail.com

> Just Gymnastics Linda Mace 546 6013

NZ Postcard Society Inc. Doug South 541 8980

Richmond Lions - Wakefield Rep Ivan Burrowes 541 9689

Spring Grove Church of Christ Meet Sundays 10am 541 8011

Top of the South Rural Support Trust gibbs@ts.co.nz Colin Gibbs 541 8435

Waimea Sth Historical Society Jeannine Price 542 3033

Wakefield Bowling Club Margaret Eames 541 8316

Wakefield/Brightwater Book Club Pauline Coy 542 3994 paulinebc@gmail.com

Wakefield Community Council Sonia Emerson 541 9005

Wakefield Indoor Bowls Club Ren Olykan 541 8275

> Wakefield Preschool Contact: 541 8086

Wakefield School PTA ptawakefield@gmail.com

Wakefield Tennis Club Ngaire Calder 541 9419

Wakefield Village Hall Rob Merilees 541 8598

St. John's Worship Centre Nigel Massey 541 8857

Waimea Plains Junior Football Club Debbie and Grant de Joux 541 8307

> Window on Wakefield Articles & Content - 541 9005 Sonia Emerson

#### **CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE**

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have **specialised skills/ equipment,** and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their responsibility to be personally prepared.

You should ensure that you have your own survival kit in place, and that you are able to be fully self sufficient for at least three days.

In the event of an emergency, for urgent public messages, tune in to: More FM 94.1, Classic Hits 89.8, Fresh FM 95.4





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Unique location with spectacular changing estuary and sea views.



Totaradale Golf Club Wakefield Football Club Wakefield Bowling Club NZ Wakefield School Music Program



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