



window on **wakefield**

Your Local News

Community News for the Wakefield Area

2016 Season so far - Update from Wakefield FC

by Wakefield Football Club Committee

The 2016 football season kicked off in early April amid an atmosphere of energy and enthusiasm for the Wakefield Football Club. Pre-season training was as well attended as it has ever been, with the fitness trainer organised by coach Gary Owen getting the players into the best shape they have been for a long time. Gone were the mandatory hill climbs to the lookout in favour of lung busting circuits that felt more akin to training for some sort of armed combat than a season of football.

The hard work, and sore bodies on Friday mornings, must have been worth it as pre-season results included a comprehensive maiden victory in the new Marble Mountain Trophy, a combined Wakefield XI travelling over the hill and winning 6-1 in Takaka against Golden Bay FC.

This enthusiastic start owes a lot to the young players that have seized the opportunity to move up to play senior football, at the same time lifting the level of the older, established club members.

For the second season in a row the club committee came very close to entering a fourth side in this year's competitions. It wasn't to be this time, but maybe next year?

If there are guys out there wondering if they should dig the boots out and get down to the reserve there are three teams to suit all abilities and experience.

We have the Pomeroy's Wakefield 1st XI entered in the Nelson Pine Industries First Division, the Carter & Sons Concrete Wakefield 2nd XI playing in the 3rd division and finally the Tall Poppy Real Estate Wakefield Masters side playing in the masters competition. Training is on every Tuesday and Thursday night at 6.30pm.

The first two games of the league campaign for the Pomeroy's Wakefield 1st XI saw the optimism increase still further. A solid 1-1 draw against 2014 champions Nelson College followed by a 3-1 home win against last year's league runners-up Nelson Suburbs saw Wakefield go into the round three fixture just behind their opposition, and many people's favourites for the title, Fresh Choice Richmond.

However, despite the team's valiant efforts this proved to be the first of a run of losses which were not ideal preparation for the biggest game of the year so far.

New Zealand Football's most significant knockout cup competition, the Chatham Cup has been contested since 1923 by clubs from all over the country. In Nelson there are usually several clubs that enter the competition and Wakefield FC have been regular competitors in the regional rounds, each year battling against local rivals for their chance to play bigger clubs from further south.

... continued on page three



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Wakefield Football Club [continued]

This season's first round clash on Saturday 14th May saw a bumper crowd show up to cheer on the 1st XI who were looking to upset Richmond. The vocal home support certainly lifted the players and at 60 minutes gone the scores were tied at 1-1 and the match was there for the taking. Unfortunately from there on Richmond showed their class and eventually ran out clear, if not completely comfortable winners, leaving Wakefield to look forward to another opportunity next year.

Days like this, with three teams representing the village and locals wandering down to the reserve to show their support, are the highlights of the year for the players and the club.

Why not come down and show some support for one of the teams next Saturday? A great day to come down would be Saturday 18th June with all three senior teams at home on one of a handful of Club Days for the year.

This is a great opportunity to publicly thank the people and companies that have so generously supported the club this year. The club and committee would all like to say thank you to Pomeroy's Coffee, Sam and Vanessa Carter of Carter & Sons Concrete and Wendy Pearson at Tall Poppy Real Estate, our team sponsors. Please consider supporting these companies to show your appreciation of their support of our club and your community.



Mainly Music

Mainly Music Mother's Day

On the Monday following Mother's Day, we had a High Tea for our mums.

We asked mums to invite a 'mum' who had impacted their lives. So we had a mother-in-law and a mum – it was awesome.

Reverend Allan and his wife Joy also joined in for morning tea.

Some comments were: "Felt really spoiled", "is so good to sit down and enjoy some 'adult' conversations".

It was such a blessing to be able to honour our mums.

Here are some photos:



Out & About

On Sunday 29th May, Genie from Wakefield Print had the privilege of traveling to Blenheim to be part of the Marlborough Wedding Show.

She had some fantastic invitations and wedding stationery on display.

If you're out and about and want to show us what you've been up to send a photo and a caption to windowonwakefield@gmail.com

Wakefield Health Centre

WEBSITE AND FACEBOOK

Over the past few months we have been working on a new website and are proud to have finally launched it last week!

The new website is much more user friendly with lots of relevant information, answers to frequently asked questions, pictures of all staff and information about each doctor. There is a news page that we will keep up to date with relevant health information.

We also have finally got on to Facebook! You can keep up to date with the health centre and relevant medical information there also.

Visit us on www.wakefieldhealthcentre.co.nz and follow us on facebook <https://www.facebook.com/wakefieldhealthcentre>

MEASLES OUTBREAK

Cases of measles have now been reported in Northland and Nelson following an outbreak in Waikato.

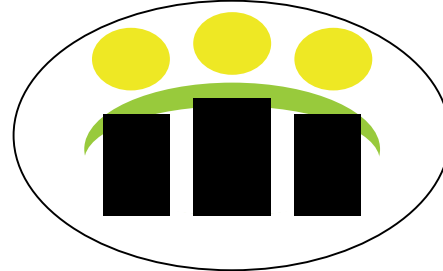
"Measles is a serious illness. About one in ten people who get infected will go to hospital".

Measles can also lead to other complications, including:

- ear infections (which can cause permanent hearing loss)
- diarrhoea
- pneumonia
- seizures
- swelling of the brain – this is rare, but can cause permanent brain damage or death.

The disease has an incubation period of about ten days, so it will take two to three weeks to see what will happen with this epidemic.

People with measles are infectious five days before and until five days after the rash appears (Ministry of Health).



Wakefield Health Centre

Surgery hours:

Monday to Friday 8am – 5:30pm

Wednesday 8am – 7pm

New Enrolments Welcome

Phone 541 8911

12 Edward St Wakefield



How is measles spread?

Measles is a highly infectious virus that spreads easily from person to person through the air, via breathing, coughing and sneezing. It affects both children and adults.

The measles case was a reminder of the need to stay up to date with vaccinations to keep children healthy.

Children routinely receive their MMR (measles mumps & rubella) immunisation at 15 months and four years.

If your child is between the ages of 12 months and four years they can be vaccinated early if you wish.

Please ring the Wakefield Health Centre on 5418911 and ask to speak to a nurse to discuss your options.



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Reversing Pre-Diabetes Education Session

This is a FREE 2 ½ hours evening information session aimed to give you the tools that may help prevent or delay the onset of type 2 diabetes.

Venue - Wakefield Health Centre

Date - THURSDAY 23 JUNE

Time - 6pm.

Places are limited, please see reception for a booking form.

A Tale and Two Legs - Tour Aotearoa

By Diana Gabric

LEG TWO - TE WAI POUNAMU (the South Island)

The South Island leg was about 1400 kms and Iain planned to do it in two weeks. After an enjoyable ride along the scenic Queen Charlotte Drive there was the challenging route to Nelson to face before reaching home. The Maungatapu Track is infamous for the murders committed by the Burgess Gang in the 1860's and it still holds horrors for the unsuspecting cyclist. It goes from Pelorous Bridge and involves a rough and rocky 700m climb over Bryant Saddle to the Maitai Valley. It is unridable in parts due to the steep grade - this is the fourth time Iain has ridden it and has vowed never again.

Iain had two nights at home which, according to the rules, you were not supposed to do unless it was an open house to all the riders. But who could resist the luxury of one's own bed, long showers and a chance to wash a pile of very crusty clothing...his hand knitted socks will never be the same again! It was so good to see him - he strolled into the house looking as though he'd only cycled from Brightwater! I'd planned a yummy meal but was stricken with a virus and didn't even feel like a glass of wine to celebrate completing the North Island.

Perhaps you noticed all the cyclists passing through Wakefield in March? Many stopped in the village and the bakery (which is highly recommended in the Classic NZ Cycle Trail Book by the Kennett brothers) where I stopped to chat to three young men who met up at Hokianga and started riding together. They had camped with Iain up north and watched with envy when, next morning, Iain boiled a billy and made breakfast while they chewed on muesli bars! The camaraderie on this tour was fantastic with people calling each other Tour-amigos and no doubt forming lasting friendships.

So - it was a second farewell as he set off again. That was one of his longest days at 148kms - from Wakefield through Dovedale, Sunday Creek, Tadmor, Lake Rotoroa, and the beautiful Braeburn Track to Murchison. He was chatting to Katie and Mela there when the spot tracker man, Tony, turned up. He did a video clip for Facebook of the two women as they were raising money for charity. He then turned to Iain and said "So you're the ghost rider!" (because of Iain's invisible progress down the country) and interviewed him too.

After the ride along Maruia Saddle Road through stunning beech forest he decided against the official route through to Big River, Waiuta Ghost Town and back to the highway just north of Ikamatua. It had several river crossings, impassable after heavy rain and Iain had heard reports of lots of mud and bike pushing - one man had to push his bike for 15 kms. Quite a few others took the main road for the same reasons.

The highlight of the South Island was the West Coast Wilderness Trail from Greymouth to Ross. The remainder of the coast was easy riding but a bit boring as it was on the highway. It would have been more fun if there was time to do some of the side trips like Okarito and Gillespies Beach but he needed to push through to Haast before another front came up from the South West. The rain hit going over the pass and continued until Lake Hawea. It was the heaviest he'd encountered on the entire trip but it's what you expect on the West Coast.

Welcome sunshine at Wanaka but an overcast day for the ride over the Crown Range into Queenstown. We're not fans of this town - too touristy - and Iain did not intend to linger there. He camped at Frankton then straight onto the Earnslaw across the lake to Walter Peak Station. He'd never been on this remarkable boat and loved it - from the ornate furnishings, to the pianist and a tour of the engine room.

From Walter Peak Station a gravel road went through the mountains, passing just south of the Mavora Lakes to Mossburn - some great riding. When Iain strolled into the pub at Mossburn, Tom, the publican, was startled into saying "Where did you come from?!" It turned out that he was following all the riders on the spot tracker site so knew exactly when to expect someone. The ghost rider had struck again! Tom couldn't do enough for everybody which earned him number one spot in the post-tour survey for places to stay.

By now we were both making a beeline for Bluff. I'd stayed the night at the Herbert Forest Camping ground, one of the nicest I've seen, and set off early next day on the final leg of my road trip. As I approached the causeway to Bluff I noticed a fairly strong head wind - just what Iain didn't want for the final 30 kilometres. He'd given me an ETA for 5.30 but the wind slowed him down. I hung around the famous signpost becoming the photographer for all the tourists who arrived!

At last a familiar figure appeared gliding down the gentle slope to the carpark - he'd made it and without any punctures, a sore backside or injuries. Some riders had to give up because of the latter two which included broken wrist and ribs.

He wanted to wait for Katie and Mela plus three others he'd met on the way. He wasn't sure how far behind they were so we decided a feed of fish and chips would go down well while we waited. Thinking the others would be ravenous when they arrived we ordered a pile of chips but then proceeded to scoff the lot!

An hour later they arrived with much noisy celebrations and congratulations - Iain had been leap frogging almost the length of the country with Katie and Mela so I felt I knew them too so it was hugs all round!! I took heaps of photos of everyone draped around and on the signpost then we all retired to the restaurant above the car park for several hours to re-live the adventure and have a celebratory glass of wine.





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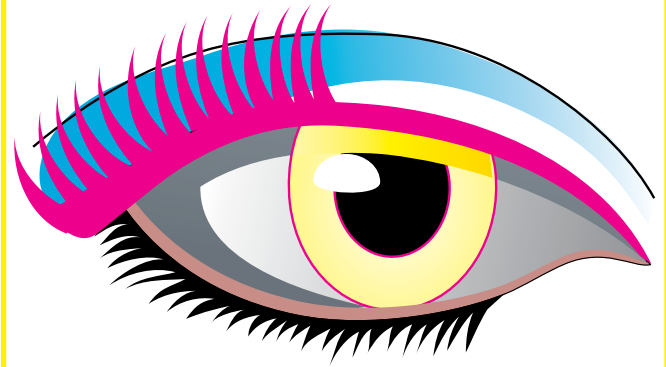


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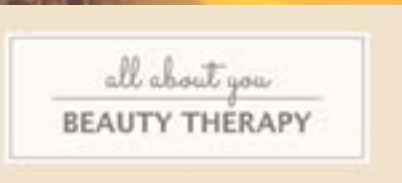
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The Way We Were

Married and Gone to New Zealand Part II - Landowners at Last

Prepared for the Waimea South Historical Society by Roger Batt

We have no specific idea of what happened to the Batts when they stepped ashore in Nelson on the 28th October 1842, after a sea journey via the Cape of Good Hope of 13,321 nautical miles taking approximately five months. We know what the New Zealand Company said would happen as stated in their regulations. They would be met by a company officer who would be "ready at all times to advise them in case of difficulty...and at all times to give them employment in the service of the Company, if for any cause they should be unable to obtain it elsewhere."

From the experience of other immigrants whose actions were recorded we can only surmise that their experience would have been very similar.

Immigrants from the Thomas Harrison arriving in Nelson a few days earlier were housed immediately in marquees and barracks, and some families from this ship were very soon establishing small-holdings. Some became squatters – often because of the delay in surveying legal titles. It is very likely that he was employed by the Company, like many others, building the first roads in the district which were so badly needed.

Of course the intention of the company was not to make it too easy for everyone to own land or there would be no labourers for employment. What became known later as a "sufficient price" for land determined this. However, in Nelson things did not go "according to plan". At first there was a shortage of land to legally occupy because the surveying of the district was incomplete. So even if purchases had been made in England, the ability to occupy was not possible and this compounded the unemployment problem for the growing number of labourers in an overcrowded settlement. Then the Company found itself in financial difficulties and by 1844 had collapsed.

The death of Captain Wakefield and others in the Wairau threw everyone into great fear and alarm. Eventually, when the panic had subsided, William Fox, who had assumed leadership of the settlement, was able to give labourers part time employment of at least two days a week. He also allowed them to squat on vacant land. Poorman's Valley (Marsden Valley) in Stoke was settled in this way as the 1845 census indicates.

Food shortages at this time were common among the settlers. Mr William Wadsworth of Wai-iti later told of the hardships caused by the collapse of the NZ Company: "...We had to live as best we could for some time. Our provisions were chiefly potatoes and salt, relieved occasionally by fish or pigeons." Tea, sugar and flour were in very short supply.

Somehow the Batts survived. The 1849 census shows John Batt as a tenant farmer leasing four acres: one to produce oats and one each for wheat, barley and potatoes. They had obtained one cow and two pigs and had constructed a thatch roofed earth house. Their family now included Mary Ann, Freda and Henry (Harry) – all born at two yearly intervals from 1845.

Saving for land of their own was a long and tedious business but by 1861, 19 years after their arrival in Nelson, they achieved their goal and were able to purchase 33 acres and two roods of land at Wai-iti about two miles south of Wakefield from the Rev. Charles Waring Saxton (brother of John) for 134 pounds. (In today's values just under NZ\$4,000.) (Source: www.gbp.mconvert.net/nzd/1861)

Charles, with his wife Mary and baby son, had accompanied John on the Clifford, landing in Nelson in May 1842 but soon after their arrival Mary died and Charles returned to England taking his son with him. The land which he had bought in England apparently remained unsettled until its purchase by the Batts. The block ran from the foot of the hills to the east across the valley to the Wai-iti river in the west.

Farming 33 acres was never going to be hugely profitable. Many of the properties in this area were of similar size. Some who later made a comfortable living grew hops and tobacco. The Sheep Owners' Returns of 1879 show that John ran 24 sheep on his property and this number was maintained for several years. The annual lamb drop would have supplemented the family income.

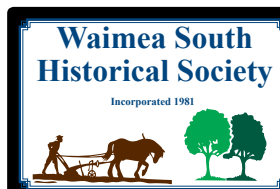
Headstone erected in 2008 to mark Ann's resting place



Gradually the size of the farm grew with land acquisitions to the east and north. Most of this was unprofitable hill country but with hard work and powerful machinery in the 1960's was developed into pasture allowing more sheep to be run. Some of the flat land was turned into a stone and pip fruit orchard before World War I. During this time Burbank plums were planted and the farm adopted their name. A small herd of dairy cows (about 10-11) were later introduced – initially milked by hand, the cream separated off and sent to the Brightwater butter factory, the milk fed to the household pigs.

When John's sons William and George invested in some leasehold land at Glenhope, cattle were run on this back-country block, mainly covered in manuka and scrub, which all added to the family income.

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The Way We Were [Continued]

And increased income was needed for as the years passed the family had grown in size. John, Emma, George, William, Ellen, Arthur, Laura and Alfred were born between 1851 and 1862 making a total of 11 children in all – a not untypical family size for this era.

John Batt died in 1885 aged 70 but Ann lived another 31 years reaching the grand age of 95 in 1916. She is buried in the Foxhill Cemetery not far from her son George.

It had been a long and hard life in a new country far from home. Did she ever miss her old friends and family? No diaries or letters that we know of indicate how she felt. We do not know if she or John ever regretted the decision to come to New Zealand.

They were faced with an exciting opportunity and they had the courage to take it. As one of their many descendants brought up with all the opportunities that life in New Zealand offers, we can only thank them for that.

Acknowledgements:

Clegg, R. J. *A Batt Family History – from Hampshire to Wai-iti* self published 1996

Brereton, C.B. *Vanguard of the South A.H.* & A.W. Reed, 1952

Lash, Max D. *Nelson Notables 1840-1940*, Nelson Historical Society, 1992



Roger Batt and his sister Leone beside the grave of their great grandmother in 2008 in the Foxhill Cemetery.

This image of John Dean's first home at Riccarton, Christchurch, is very similar in size and style to the house John Batt constructed on his land at Wai-iti in 1861. In the 1960's a hand pump still raised water for stock near the back door.

A pear tree grew nearby and a line of large chestnut trees formed a windbreak on the southern boundary. No trace of the Batt's house now exists but a photograph taken much later shows foundation walls of rammed earth.

(Source: <http://freepages.genealogy.rootsweb.ancestry.com/~nzbound/canterbury.htm>)

Welcome to Wakefield

Little People Preschool Wakefield

(Formerly Wakefield Preschool)

Had you noticed that there are a few changes happening at the preschool in Wakefield? We are now under new ownership and management. Everything is similar to what it has been, but just a wee bit different.

Rachael and David Reddecliffe who own Little People Preschool in Richmond have recently purchased Wakefield Preschool and hope to continue to fill a need that is in the community for a licenced educational preschool that is run by qualified Early Childhood Teachers.

Rachael and David live in Richmond and have owned and managed Little People Preschool in Richmond for the past seven years. Rachael is a qualified primary teacher, as well as a qualified Early Childhood Teacher and she is passionate about educating our youngsters in a fun family friendly environment.

We have a mix of six full time and part time teachers, four of whom are fully qualified early childhood teachers and all of whom are full of enthusiasm and energy to excite your child in their learning journey.

We will soon be opening from 8am in the morning until 5pm in the evening so that we can offer you more flexibility in caring for your child. We will also have the option of up to four children under the age of two attending so that you will be able to have one pick up and drop off point for your pre-schoolers.

If you would like to learn more about the new look and ideas for our centre, please call in and see one of our team, or ring Rachael on 021 160 9434.



Town and Country Talk

by Brenda Halliwell

Brassicas - nutritional facts you may not know...

Forage brassicas have become New Zealand's most widely cultivated crop. Every year up to 250,000 hectares are planted in brassicas to supplement sheep, beef and dairy cows through periods of feed deficit, mainly in winter. The most common forage brassicas are kale, turnip, swede and rape.

When brassica crops are well managed and correctly grazed they produce high yields and are typically very digestible with relatively high protein content. One thing they are not, however, is full of vitamins - they are **low in vitamin E and vitamin D**. Nor do they provide optimal mineral nutrients especially when it comes to **iodine**. Forage brassicas with high nitrate levels are well-known to cause **nitrate poisoning**. And those same nitrates can interfere with an animal's ability to utilise **vitamin A**.

Vitamin E deficiency in the presence of adequate selenium is increasingly believed to be implicated in subclinical White Muscle Disease causing heart failure in newborn lambs, classical White Muscle Disease especially in hoggets and also illthrift, infertility and impaired immunity.

Vitamin D deficiency results in illthrift stock, susceptibility to parasitism, dull fleece and stiff/lame animals with reduced appetite.

Iodine deficiency is associated with reduced lamb survival as a result of low metabolic rate, impaired suckling and inability to control heat loss.

Vitamin A deficiency leads to lambs with poor growth rates and increased susceptibility to scours and pneumonia. It is also associated with reduced lambing performance.

As well as potentially being high in nitrates, brassicas are also low in fibre, high in sugars and high in water content. This means there is an increased risk of rumen acidosis.

So brassicas on their own are not a balanced diet and are best fed with hay, straw or silage. These feeds provide the high fibre which keep ruminant guts working effectively. It is also better for animals, especially cattle, to have access to other feeds and not be overly hungry before they are let onto a new break of brassicas - to reduce the risks of nitrate poisoning and acidosis.

Research also increasingly indicates that it may be well worth balancing brassica intake with vitamin supplementation. We have products in the clinic such as Veterinary LSD which contains Vitamins E, A, D and C plus selenium, iodine and chromium. So if you're feeding brassica crops this season, have a chat with Danny, Roger or Mike at the clinic to find out more about maximising your stock's health and performance.



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And on a completely different subject.....

How well do you know your neighbours and their pets? How about popping over to say hello to them if you haven't already. In the clinic we frequently hear complaints about the neighbour's dog barking or cats fighting but, more often than not, the person complaining hasn't approached the neighbour. So often the neighbour has no idea that there's a problem!! A friendly chat can be all it takes to start sorting the problem and restore neighbourhood harmony.

Wakefield Volunteer Fire Brigade

Once again another very busy month for the brigade members with a current running total of 46 calls attended from the 1st January to the 18th of May.

The New Zealand Fire and Rescue Service are currently going through a large restructuring exercise over the next one month to three years with one of the main purposes being the joining of the urban brigades with the rural brigades for a more unified service for the communities.

The latest news of interest is that as of 1st July 2017 we will have a new name. We will be called Fire and Emergency New Zealand.

The TDC, Civil Emergency, Police, Wakefield Community Council and the Fire Service had our annual catch up meeting with each other making sure that Wakefield's Emergency plan is current and up to date. We had a good general discussion and Wakefield is in good shape but remember that in an event of a natural disaster you need to be able to look after yourselves for up to three days so you need to have an emergency pack already organised such as food, water, torch, radio, first aid kit etc put away but ready to use.

Just a side issue, I come down to the station on a regular basis to go to calls, for training, as well as keeping up with the station up keep and the paper work that goes with the job. I want to congratulate Dan and this team for getting the skate bowl up and running which is located close by the fire station. I do keep an eye on what happens over the fence and all I hear is kids and dads just having fun and enjoying watching other kids skills.

A great asset for our community because it is getting our kids out of the house and doing something physical without causing anyone else any problems.

Well done Dan and your team.

Callouts for May

Smoke at roadside power box
Car vs fence
Truck roll-over
Smoke alarm
Ambulance assist
Fire in house

Wakefield Pre-school
Brightwater
Kawatiri
Wakefield School
Pig Valley
St Arnaud

Running total for 2016 = 46

As always take care
Fritz Buckendahl
CFO WVFB

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- After kitchen fires, fires involving heating and drying are the next most common reason the Fire Service is called out.
- Remember the heater-metre rule – always keep furniture, curtains, clothes and children at least one metre away from heaters and fireplaces.
- Don't store objects on top of your heating appliance.
- Never cover heating appliances.
- Don't overload clothes dryers and clean the lint filter after each load cycle.

This is also a good time to check extension cords and power cords in general for fraying, splits or breaks. This is what causes a cord to short circuit, overheat, then catch on fire. If you're unsure get hold of your local electrician to have a look and advise you on what's best to do.

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Waimea Plunket Playgroup

Playgroup visited Natureland at the beginning of the month. It looked like it was not going to be a very nice day but once we got to Natureland the Nelson sun did not disappoint us as it turned into a beautiful day. Everyone had a great time feeding, petting and talking to all the animals there.

We enjoyed our morning tea half way around looking at everything before carrying on our viewing of the animals. The animals enjoyed seeing us and eating all the food we brought at the main shop to feed them. This was a great day.

Sausage sizzle day always go down well so we held one this month with everyone having a choice of two types of sausages; plain or cheese, onions and sauce. These went down a treat for morning tea.

Bring and swap day is another favourite event at playgroup. This is where families bring along clothing items they no longer require. All items get put on tables and families get to go through and take home items they have a use for. This is a great way of recycling used clothing.

We are open 9-12pm every Wednesday for anyone to attend. We welcome you to come along and meet other parents/caregivers in a relaxing environment, with a shared morning tea for the children and parents/caregivers.

Any enquiries please contact Wendy 5419272 – 0276949720.



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Pitch Problems

by Wakefield Football Club Committee

Have you noticed strange goings on at the Wakefield Recreation Reserve in the last few months? Maybe you have seen a shadowy figure lurking on the field in the dawn light or perhaps you have seen someone armed with a shovel near the reserve. Well these aren't members of the club or contractors doing extra turf maintenance they are irresponsible metal detector enthusiasts that have been criminally damaging the fields.

It seems that the Wakefield Recreation Reserve is getting some sort of notoriety in the detecting world as a place to find interesting metal objects. The club are aware of possibly four different people that have been seen on the reserve looking for a little piece of treasure. As early as last December holes started appearing in both playing fields, often they have been replaced but of course now even the neatest ones are merely squares of dead turf after the long dry summer. More recent mystery detectors have been even less considerate, leaving turf sod not even replaced in the holes they have been dug out of. These disturbed parts of the field obviously are dangerous for anyone using the pitch with risks of trips or twists or much worse.

The club have reported the issue to the Reserve Board, the Tasman District Council and the Police who have all made efforts to rectify the problem, but without the support of the rest of the community reporting seeing people digging up the field, there is a limit to what can be done. If you see someone on the reserve up to anything like this please let the Police and TDC know, either by going into the police station or calling the numbers below.

You can also email the club at wakefieldfootballclub@gmail.com. Please also record any registration numbers of vehicles if there are any and get a description of the person.

We are not asking members of the public to challenge anyone just let us know who it is doing it so the appropriate authorities can deal with it and we can get back to playing on a safe pitch that had previously been the envy of many other football clubs in the region.

TDC Enquiries: 543 8400
Wakefield Police Station: 540 8210



Waimea Plains Football Club

by Grant de Joux

Waimea Plains Football Club is a growing rural based junior football club, with playing grounds in Appleby, Brightwater and Wakefield, but encompassing all surrounding areas, including Foxhill, Hope, Moutere, Ranzau, Spring Grove and Tapawera.

Waimea Plains Football Club is for players, both boys and girls, from First Kicks (five years) to youth (under 19), and encourages children of all abilities to be involved. The emphasis of the club is on fair play and for everyone to enjoy their football experience, along with receiving relevant coaching to improve everyone's abilities.

An extra early start to the season prior to the school holidays for the majority of grades meant many children were still playing summer sports when training began for the football season. But that didn't stop the enthusiasm and numbers from turning out ready for the season to begin. With the first week rained off it only heightened the excitement for the players. The season eventually kicked off on 9th April with Waimea Plains players scattered around the region, with many positive results along with all positive comments coming from the first weekend.

The school holidays only gave a slight reprieve to parents from rising early on Saturday mornings to get their children to the relevant football ground for the action, and with another three weeks of action already had in the new term, the season is well underway. Many thanks go to the coaches and managers of the respective grades for all the hard work and commitment that they put in, along with the parents who assist with refereeing the games and helping out on the sidelines. Without these people the games and fun couldn't be enjoyed by all. And of course thanks from the players to their dads and mums, brothers and sisters, grandparents, uncles, aunties and caregivers who get them along to the games each week and support wholeheartedly.

After the success of the All Whites in the Football World Cup in 2010, football's popularity skyrocketed and every young footballer aspired to play at the highest level, and that popularity and growth continues throughout the country. And the Nelson region is no different; football is the most participated sport and Waimea Plains Football Club has had a hearty increase in numbers again this season. With many of the older players also going on to play for Wakefield in the Senior Mens competitions, football is the local sport of the area.

Although most grades have enough numbers for the teams entered, we try to accommodate anyone who is looking for a football experience, so if your child is keen to play, please enquire and we will endeavour to place in an appropriate opportunity.

Enquiries can be made to: waimeaplainsfootballclub@gmail.com or Grant de Joux 027 960 9830.



A Matter of Accounts

Looking Forward - Cashflow & Forecasting

by Sonia Emerson, CA, BBus

Forecasting often includes the forecast of cash in and out. A cash flow forecast is an estimate of when you expect to receive cash and likewise when you expect to pay your creditors and other commitments. Being able to show how much money will flow in and out of your business, and when, is a critical part of your financial plan.

It is important to make sure you have a plan that projects your cash flow for the upcoming year so you know what resources you may need, and when you need them. The lack of planning and control of cash resources is the reason often given for the failure of many small businesses.

How often should I prepare a financial forecast?

This will often depend on the circumstances of your business, whether incoming and outgoing cash fluctuates a lot, and where your business is positioned in the business life cycle. If you are planning to start a business, you should prepare an annual forecast, but you should be constantly reviewing it and updating it, monthly or weekly as necessary.

Growth can often be one of the most dangerous times for any business. If you are planning on growing your business in the next financial year, you need to consider the resources required and the timing of when the resources will be needed – especially cash. An effective forecast should start from a basis of the worst case scenario. It is better to have pleasant surprises rather than nasty shocks.

A cashflow forecast measures the timing of receipts and payments and predicts the cash position for the future. A business can be making profits but have cashflow problems due to poor management of: customer payments, supplier payments, stock, work in progress, capital commitments, loan repayments etc.

When preparing a cashflow forecast, you start with the opening bank balance, plus the incoming receipts, minus the outgoing payments, which gives you the closing bank balance.

For the incoming receipts, you look at how much you are likely to sell, and you need to predict how long customers will take to pay. You can base this on previous trading history rather than your trading terms as not all customers pay on time.

If you're expecting significant business growth over the coming year, you should consider how quickly new customers will pay. Will they pay as quickly as your current clientele?

For the outgoings, you need to look at when money will go out of the bank for your one off purchases as well as your regular commitments. With growth in sales comes growth in purchases, so you need to question whether this will cause your business to reach any credit limits with its suppliers.

There are many advantages of an effective cashflow forecast:

- The cashflow forecast puts you in a position of knowing well beforehand what your cash position will be, given your predictions. This allows you to plan for action to manage a positive or negative balance. For example, you can plan when to purchase assets, borrow funds, or manage payments.
- These days many lenders and/or investors require a cashflow forecast to give them a level of comfort that you can trade through any fluctuations and to see your capacity to repay the loan.
- They enable you to closely monitor your figures, identify potential risks or cash shortfalls and develop strategies to rectify any problems before they become a major issue.



*This information is intended as a guide only
- it is not intended as legal advice.*

*For more detailed information please
refer to the legislation or seek legal
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Wakefield School

Student Council

By Haylee and Lachlan

Hi, we want to tell you about the Wakefield School student council. The student council helps to run the school. If you want to know how we got in the student council this is how. Each team or class chooses one or two people to be on the council and the student committees also get to choose one person. The committees are: sports leaders, library, ICT and enviro.

This year's student council is: Haylee, Lachlan, Baeden, Emma, Regan, Brooklyn, Loren, Awen, Toby, Hunter, Jordan and Abbey. Every Friday we have a meeting in the office with Mr Verstappen, our Principal, talking about what we could improve in the school and the problems we have.

Last term the student council organised the Variety Bash and if you didn't know already it's when a bunch of people go to different places and collect money and give it to people that can't afford some of the things we need at school, like stationery, uniforms or going on trips.

What we did to get the money is a coin trail. We raised \$202.70. WOW that's a lot.

We also got some free stuff like toothbrushes, pencils, sharpeners, bags, rubber rings and lollies. The Variety Bash people came in all different awesome cars like cupcake car, american cop car, fire engine, scooby doo car and heaps more.

Every three weeks the student council organises the celebration assembly and another job we have is to welcome special visitors to our school.

This term we are organising Wigs On for Wig Wednesday to raise money for the Child Cancer Foundation, and on Friday 27 May we hosted Irene van Dyk at school to talk about netball.

BYE BYE for now, see you next time.

Student Council photo right:

*Back Row: Awen, Loren, Haylee, Baeden, Brooklyn, Xavier
Second Row: Emma, Regan, Toby, Jordan
Front Row: Abbey, Hunter*



Tairongo Time

Tairongo Time has got off to a brilliant start. Students have selected an option to participate in for five weeks. There is a fantastic range of options that include computer programming, movie making, crochet, dog safety, cooking, netball, futsal, rugby, hairdressing, outdoors with Bruce, vet nursing, creating with junk and beading.

A special thanks to the following people who have given up their time and provided their expertise ...

Brenda Halliwell
Nathan Taylor
Anne Malham
Vikki Pickering
Libby Thomson
Kirsty Lalich
Jeanette Mattsen
Bruce Puklowski
Dayna Whiting from Nelson Netball
Ben Wright from Mainland Football
Tasman Makos players



Tairongo Time is held on Monday afternoons from 1:30-2:50pm for a block of five weeks each term. It is an opportunity for students to choose an activity that they want to learn about and it is an opportunity for our parents and the wider community to get involved.

We will be running this again in Term Three - if you think you have some time and skills to offer please let us know.



On The Beat

This month it is Hello from me and Goodbye from him, to quote Ronnie Barker.

Hello from me because I am still here and will be for a while yet. But goodbye from Marty.

After 6 years of working from the Wakefield Station, being on call every 2nd week and sometimes more often, Marty has decided to leave the Police to pursue a new career.

From me I know I will miss working with him and I'm sure the community would agree when I say to Marty "Thanks for a really good innings, you will be sorely missed"

Marty's position has been advertised and from all accounts there has been a lot of interest from not only local staff but also from a number of others from throughout the country.

While the process of appointing a replacement is happening we will continue to have relievers working alongside me. No doubt when our new member arrives, hopefully sometime in the next 6 to 8 weeks the community will welcome him/her as you did me.

Recently there have been a number of burglaries and thefts from Forestry sites and rural properties. Please be vigilant around security on your properties.

If you come across a vehicle or person that seems a bit dodgy take down the registration number, get a description of the vehicle and/or the person and then ring the Police.

We will respond to these calls. The information you as a community provide to us may help Police piece together the bigger picture and help stop further people becoming victims of crime.

Like I said in our last article now that the cold wet weather has arrived for real please adjust your driving to suit the conditions. Wet roads are often slippery roads, slow down a bit and allow a bit more distance between yourself and the vehicle in front of you.

Drive safe, be safe.

Peter JACKSON (PJ)
Wakefield Police



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In The Bush

by Doug South, President Wakefield Bush Restoration Society Inc.

Again May is proving to be another busy month. Our energies have still been very much focussed on the clean-up of the Robson's Scenic Reserve, with every major pest weed being found by our diligent team of volunteers. For those not in the know this reserve is located at the beginning of 88 Valley and is going to be another real asset to our community.

The pest Portuguese Laurel trees have now been removed from an area near the Scout Den, to enable us to continue on with planting this in native trees.

The Wakefield Scout group will also be planting their own area with guidance and assistance from Richard Hilton, the Horticultural Officer at the Tasman District Council.

Track maintenance, weed and pest control are ongoing and never ending, with some of our volunteers working long hours outside of our usual weeding bees. I am extremely grateful for their commitment and dedication to all three Scenic Reserves within our Village.

Come Join Us
Give us a call
Doug South
Telephone 541 8980
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We Need Your Recipes!

by Rea Nailer, Wakefield School PTA

We all have our 'go to' favourite recipe that we know off by heart and a few more that we love to share. So how about sharing them in the new Wakefield School and Community Cookbook? Wakefield School Parent Teacher Association is very keen to involve the wider Wakefield community because "It takes a village to raise a child". We are a tight knit community, and many families have had children and even grandchildren attending the school. Throughout, the value of the PTA is widely recognised.

The PTA is a group of parents and teachers who regularly give up their time to run activities to raise funds to support the school. In recent years the PTA has installed a classroom kitchen, arranged visiting shows for the whole school, contributed to the Principal's fund and even built the junior school playground, to name just a few. To raise funds for these projects they have held sausage sizzles, discos and of course the world famous in Wakefield 'Twilight Gala'. All these fundraising events require lots of organisation and teamwork.

The community is encouraged to provide recipes for the Wakefield School and Community Cookbook by June 20th, allowing the PTA time to compile the collection and submit it to Wakefield Print before the end of term two. If you have a recipe to add to the cookbook, you can either send it to ptawakefield@gmail.com or personally deliver it to the school office. You can submit your favourite recipe even if it comes from a published recipe book.

The cookbook will also feature 25 colour pages of advertising, and the PTA hopes these will all feature local businesses. If you are interested, please contact ptawakefield@gmail.com as soon as possible.

Funds raised from the sale of the cookbooks will further support our school and our children. And perhaps we will all learn a few new favourite recipes too!



Target Shooting Wakefield

Contact : targetshootingwakefield@gmail.com
If you require any further information about coming shooting.



CONTACT : Dot Ashton 5418989 or 0275430529
If you require further information about coming shooting.

Club Night ~ Mondays from 7pm, range next to soccer rooms. Kids shoot first so they can get home on a school night. \$7 a card, all gear supplied and completely supervised. Come on down and give it a go, age 10yrs and beyond. Great sport for all ages that you can carry on with throughout your life. Even though winter is biting, the club room is warm and the humours hot. If you would like some more info or have any questions just contact us on the above contacts top of the page. Would be great to see some old faces back in the club as well as some new ones. Target shooting isn't only for the young ones, us older ones can do it too. If it's something you would like to have a go at and become part of our little club please come along or give me a ring, details at the top of the page.

We have had an overwhelming response over the last few weeks with young ones wanting to give shooting a go. In fact when I arrived at 6.55 [yes running late] the car park was full and kids were four deep at the counter waiting to sign in WOW!! So a big welcome to those that have come along in the last couple of weeks, we look forward to your progression. Also thank you to the parents for coming along and some of you having a go at shooting as well. It's a great family sport with good humoured rivalry.

EVENTS JUNE

- 1st Assn meeting
- 4th Marlborough champs
- 5th Nelson open champs
- 9th NDC round 3
- 15th 3rd Divisional match
- 18th Canterbury champs
- 25th South Island champs
- 20-28th 3rd round McDonald/Tantrum Cup
- 30th NDC 4th round

EVENTS JULY

- 2nd Ashburton champs
- 3rd Ellesmere champs
- 6th Association meeting
- 9th Seddon district match
- 16th Berthelson
- 16th Town v Country
- 21st NDC round 5
- 30th A7F match

Apologies for being a bit light on information this month as the due date for our article came round a bit quick for me. I will however have it packed for the following month.

Rutherford Memorial Hall

The Rutherford Memorial Hall (Foxhill) Assn Inc AGM held Wednesday 27th April 2016 at the hall, saw some changes.

Outgoing President Ian Radcliffe, highlighted progress the committee had made during his tenure, building on the foundation of previous President, Mark Pullan, with the installation of the toilets .

"We have now upgraded the electricity supply, new association rules, a new kitchen, new curtains, and the adoption of a Conditions of Hire and Hire Charges to cover the realities of hiring in the present day".

He thanked retiring Booking Officer, Helen Pullan, for her many years of service in caring for the hall and hirers and Secretary/ Treasurer Erica Short for her support of the Association for the past ten years.

Steve Markham was voted in as replacement for Ian. The Secretary/ Treasurer Erica Short was re-elected and, with Helen's retirement, will manage hall bookings while the position remains open.

There was a good turnout including welcoming new members, one of whom, Ron Amberger has opened a stall on the forecourt.



"The Vege Shack" (pictured) opened in May, with the Associations blessing. Ron has a variety of seasonal and reasonably priced veges. So next time you drive by the hall, stop in! 658 Wakefield-Kohatu Highway.

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Wakefield Playcentre

By Liz Ashburner

Situated next to Wakefield School and Faulkner Bush, we are lucky to be surrounded by mature trees and beautiful autumn colours. Continuing our interest in the natural world, we took a walk around the school grounds this month to collect coloured leaves. These were returned to the centre where they have been used in art work and displayed for closer examination in our science area.

Outdoor play continues to be popular at Playcentre. We have a great playground with something to challenge all age groups as well as a shed full of trikes, bikes, wagons and obstacle course items. Following the Playcentre philosophy of child-led play, we often encourage the children to choose what they would like to get out and to play a part in designing and constructing obstacle courses.

We have lots of younger children at Wakefield Playcentre this term and it has been great to see how they are developing their relationships. There is no need to plan lots of activities when they have so much fun and learn so much through interacting with each other and the adults on session. These relationships help children feel a sense of belonging and enable them to develop social skills, including sharing, taking turns and communication skills.

Coming up over the next month we are planning a trip to Wild Oats Farm to meet the farm animals. We will also be encouraging parents to take part in our annual planning process to determine the future direction of the centre.

If you are interested in seeing what we could offer your family, call in to see us on Treeton Place. We are open weekdays 9:30-12 and the first three visits are free.



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Children's Learning & Development

Road Safety - by Bodhi Tohill

It might have passed you by but last month from the 16th to 20th May was Road Safety Week in NZ. Road Safety Week is promoted by Brake, a national road safety charity that works to prevent road deaths and injuries and support people bereaved and injured in crashes across New Zealand.

Keeping children safe around roads is also the programme focus at Nurture@Home this month and we have invited Plunket to visit our Playschool on Thursday 30th June to talk about and demonstrate driveway safety. You are welcome to join us from 9.30am to 12pm at Hope Community Church Creche.

There are a number of things we can do to prevent injuries happening to our children in or around cars and roads. It is never too early to start teaching road safety skills and travelling with young children and teaching them basic road safety along the way can be fun.



Teach Road Safety Skills

1. Remember – children see the world differently and have difficulty judging speed, distance and danger. Try this: Get down to your child's level at a road crossing and intersections. Notice how hard it is for them to see around objects or judge the speed of vehicles.
2. Children watch what adults do, so you need to show them how to stay safe through your good example.
3. Talk to your child about safe behaviour when you are on or near the road and get in the habit of praising them for doing the right thing, rather than telling them off for doing the wrong thing.
4. Keep your children close and always hold hands when crossing the road.

At Home

1. Avoid reversing your car out of your driveway.
2. Always double-check your driveway before getting in your car. Never depend solely on your rear-view mirrors because young children are too easily missed.
3. Keep gates shut that have access to road or footpaths.
4. Set firm boundaries for where are the appropriate places for your children to play on your property (and when visiting others).



On Foot

1. Establish and practice a kerb drill with your children.
2. Children should hold the hand of a responsible older person when walking near traffic and walk on the side that is furthest from traffic.
3. Take special care in areas such as car parks or busy shopping areas where there is lots of traffic.
4. Always get the least mobile (not walking) child out of the car first, then you can keep your eye on the more active child – do the reverse when getting back in the car.
5. Talk to children about hidden driveways where it is hard to see cars driving in and out and hard for them to see you.
6. Where possible use controlled crossing points (pedestrian crossings, school patrols, traffic signals) to cross the road.

Kerb Drill

- | | |
|---|---|
| 1 | Find a safe place to cross |
| 2 | Stop one step back from the kerb (practice this by walking to the kerb and taking a step back) |
| 3 | Look all ways and listen for traffic wherever it may come from |
| 4 | If there is traffic coming, wait until it has passed, then look all ways and listen for traffic again |
| 5 | When there is no traffic coming, walk quickly straight across the road, looking all ways for traffic |

In the Car

1. ALWAYS have children buckled in to appropriate child restraints.
2. Where possible park on the same side of the road as your destination.
3. Have children get out of the car on the side away from the road.
4. NEVER call a child to come to you from across the road.

Child Restraints

Under New Zealand law, all children under seven years of age must use an approved child restraint appropriate for their age and size. Children aged seven must be secured in a restraint if one is available in the vehicle.

1. Check your seat – not all car seats are the same. Make sure you check the instructions for correct use and installation.
2. Expired seats - check the expiry date on your child restraint. It is ILLEGAL to use an expired car seat.
3. Tether straps - not all child restraints have tether straps but if it does it is ILLEGAL not to use it. Tether straps must be attached to tether bolts in your car. If your car does not have a tether bolt already then you should get one installed or use a different child restraint.
4. Front seat passengers –air bags can cause significant injury to young children so seating children in the front seat should only be considered if there are no other options. Rear-facing child restraints should NEVER be used in the front seat. The back seat is always the safest and preferred option for young children. If you have no other option then the heaviest or tallest child should use the front seat and the seat should be moved back as far as possible.
5. Rear facing – Plunket recommend that children remain rear facing until the age of two. Rear facing child restraints should be used for as long as possible according to the weight restrictions of the child restraint.
6. Booster seats – half-boosters should not be used for young children. These are recommended for children nine years and over.

You can find more information on road safety at the NZ Transport Authority or Plunket websites:

<http://www.plunket.org.nz/your-child/safety/out-and-about/road-and-driveway-safety/>

<http://www.nzta.govt.nz/safety/safety-for-children/road-safety-tips-to-teach-your-children-2/>



Childcare & Education

Home is where
the heart is

www.nurtureathome.co.nz 03 541 8871



Wakefield Cubs

By Julian Eggers, Wakefield Cub Leader

Wakefield Cubs have started off their cubbing term with a couple of campfires with campfire songs and yummy marshmallows. We were meant to head to the observatory in Nelson but postponed because of the bad weather. We hope to do it in the near future. The cubs have also been busy with outdoor skills learning basic knots, compass skills and tracking. Bring a friend cooking with gas and fires, was great as the kids got to cook different foods.



Thursday 26th was a big night for us as we invested our new leaders Raksha (Alix Rimmer), Kaa (Rob Ashburner) and finally handed Baagheera (Mark Tohill) his warrant!!! Welcome to the world wide family of scouting guys!

We also invested our newest member Junts to the cub pack and awarded Olly Busch with his Bronze Cub Award. Massive BRAVO to all you guys.

Still yet to come, emergency awareness, night hike, Akela's mystery night.

Do you want to be a part of the adventure? Email Wakefieldcubs@gmail.com to find out more about your local cub pack.



Fundraising Quiz Night

to send Wakefield Scouts to Jamboree in December/January

Where: Speights Ale House, Nelson

When: Monday 13th June

Time: Quiz starts 6.30pm

Tickets are \$10 each so book a table with your friends or work mates and enjoy the night.

There will be raffles, games and prizes to giveaway so bring your change.

Speights Ale House are offering half priced desserts when buying a full priced main so maybe come for dinner too.

Courtesy Coach available – see Speights Ale House for details

For tickets phone 5419223 or 0272013576

We would like to thank Speights Ale House for this opportunity

Angela, Veronique and Wendy with scouts

Amelia, Sam, Madison, Sam and Oliver

Wakefield Scouts

Amelia, Sam, Madison, Sam and Oliver of Wakefield Scout Group have been busy with fundraising over the last few months for Jamboree which is to be held in Renwick from 29th December to 7th January. They have been helping their parents gather/split firewood, collect pinecones and bag up sheep poo.

They would like to send a big thank you to the Gibbs family for providing this opportunity. The sales are going well and are ongoing. Added to this they have participated in sausage sizzles, craft sales, quiz nights and property care. It's great to see so many different fundraising opportunities that the youth can be involved in.

One of our upcoming events is the Quiz Night at Speights Ale House on Monday 13th June. We are selling tickets for that now so if you would like one or would like to buy pinecones or sheep poo, please phone Angela on 5419223.

While all of this Jamboree fundraising is going on, these five and the rest of the Wakefield Scouts have been marking off the requirements of their cycling badge, as well as working on their Award Scheme badges and are heading out for a tramp on Sunday, weather permitting, for their hiking badge.

We currently have spaces in the Cub, Scout and Venturer sections so if you know anyone who would benefit from learning life skills, being in the outdoors, learning to lead or many other positive attributes then contact us at wsg4kids@gmail.com or nelsonzone.newmembers@gmail.com to find out more information or by phoning Angela on 5419223. We also have a facebook page, just search for Wakefield Scout Group and go from there.

Health & Wellbeing - Physio

Is Your World Spinning?

By Kate West, Physiotherapist at Wakefield Physio

Benign Paroxysmal Positional Vertigo (or BPPV) is a common cause of vertigo and imbalance in the population. It typically affects more women than men and is more common in people over 40 years of age. It can however affect younger individuals usually following head trauma such as after a concussion or car accident.

What is BPPV?

BPPV is a condition that is not life threatening (benign). Symptoms come in short quick bursts (paroxysmal) and are triggered by changes in head position (positional). BPPV results in vertigo, a sense of false rotational movement, like your world is spinning but you aren't actually moving. Other symptoms you may experience are feeling unstable or have fallen, light-headedness, nausea and sometimes vomiting. Symptoms can last for seconds or longer but usually for less than one minute.

How does BPPV occur?

The ear is comprised of three parts as shown in picture one – the outer ear, the middle ear and the inner ear. The inner ear includes organs associated with hearing (cochlea), as well as the vestibular system. The vestibular system interacts with our eyes, brain, muscles, joints and skin to enable us to maintain balance, control our eye movements when moving and our perceived body orientation in space.

BPPV is an issue in the inner ear and more specifically in the semi-circular canals (SCC). These canals are filled with gel and sense head speed and rotational movement eg nodding yes and no. Problems occur when crystals normally located in another area of the vestibular system enter into the SCC. When we move our head the crystals and therefore the gel in which they are now embedded in move (normally the gel doesn't move). This sends false signals to our brain that we are moving. Because our eyes, muscles and joints sense that we are not moving it causes a mismatch of information resulting in the sensation of vertigo.

What triggers BPPV?

BPPV is triggered by movement that can include rolling in bed, lifting your head back to look up, or turning your head quickly side to side.

What causes BPPV?

For most cases, BPPV occurs for no apparent reason and can develop spontaneously. There are some associations between prolonged bedrest, diabetes, menopause, migraines and infection but these are not fully understood.

Treatment of BPPV

Treatment involves supporting your head through different positions that will restore the crystals back to their correct location. No straining or manipulation of your neck is done. If you are experiencing any of the above symptoms or have any concerns please get in touch.

It is important to note that there are many causes of dizziness and it is important to realise that BPPV does not cause any of the following: constant dizziness or vertigo without movement, pins and needles, hearing disturbances, fainting or headaches or difficulty talking. If you are experiencing any of these symptoms then please get it checked out by your doctor.



Picture 1. Anatomy of Ear and Vestibular System
Adapted from <http://www.shutterstock.com/pic.nhtml?i=79593499&arcid=79593499&arcid>



Kate West BPhy

Mary Caldwell Cred MDT

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Wakefield Bowling Club

The final event of the summer season was the Nelson Centre prizegiving at which Wakefield received four trophies: the Women's Singles Champion of Champions won by Margaret Eames, Men's Mid Week Fours both Miller and Whitwell Trophies won pre and post Christmas with the team of Stu Peterson (skip), Kevin Galvin, Peter Sisterson and Tony Eames and the Nelson Umpires/Coaches Tournament won by John van der Laan, Tony Eames and Graham Burrows.

The first Saturday event of the winter season was for the Club Trophy Drawn Pairs competitions. The Women's Bonnington Trophy was won by Chris Evans and Di Holland and the Men's Shuttleworth Trophy by Kevin Galvin and Don Sixtus.

The first Sunday tournament of the winter season was won by the Wakefield team of Peter Sisterson, Steve Goodfellow and Di Holland. Runner up was Nora Harvey's team from United Bowling Club and third place Wakefield's Julie Hall, Carolyn Mason and Lesley Woodbury.

There is a two day tournament on Queen's Birthday weekend, Saturday and Sunday, including teams from all around the region and regular visitors from the West Coast. Please feel welcome to call in to enjoy the beautiful setting and great camaraderie.

There are social roll ups Wednesday and Friday afternoons through the winter, names in by 12.45pm; all welcome, \$5 green fee applies for non members.

Friday's roll up is followed by evening social drinks and nibbles from 4pm, non members welcome but need to be signed in.



From left: Kevin Galvin and Don Sixtus with the Shuttleworth Trophy and Chris Evans and Di Holland with the Bonnington Trophy.



Winners of the Sunday Tournament from left: Steve Goodfellow, Di Holland and Peter Sisterson with Winter Tournament Coordinator Julie Hall.

Wakefield Craft Group

by Judith Hutchings

We have just finished another 115 items of knitted hats, booties, cardigans, singlets etc in bright colour combinations. This year we are knitting for newborn babies in Richmond, Brightwater, Tapawera and Wakefield and for several other age groups up to five.

We have six balls left after purchasing 116 100 gram balls. This has been a grant from Foodstuffs South Island Community Trust, with the help of our local Four Square owned by Stuart and Jacqui Hore who put our name forward for a grant and we were successful.

First lot of wool was purchased on 19th March and we started knitting on 23rd of March and the next lot arrived in the first week in April and the needles have been knitting fast ever since. Our oldest knitter who comes along from Richmond is 83 and our youngest is 44.

I would like to thank Helen of Arrow Street who started last year knitting diamond peggy squares for when we made the blankets for Nepal and three weeks ago delivered another 60 squares which have been crocheted around and made into cot or pram blankets for babies.

Donations of any spare wool will be accepted, phone Judy on 5418342.

Anyone interested in joining the Wakefield Craft Group can come along to the Wakefield Fire Station in Pigeon Valley Road in their warm, cozy, carpeted supper room every Wednesday 9am till midday.



This Months Quiz


by Derek Evans

Name the following:


1. The one sport in which neither the spectators nor the participants know the score or the leader until the contest ends.
2. The North American landmark constantly moving backward.
3. The only two vegetables that can live to produce on their own for several growing seasons.
4. The fruit that has it's seeds on the outside.
5. How did the pear get inside the brandy bottle?
6. The three English words beginning with dw.
7. The fourteen punctuation marks in English grammar.
8. The only vegetable or fruit never sold frozen, canned, processed, cooked, or in any other form but fresh.
9. Six or more things you can wear on your feet beginning with 'S'.
- 10 The name for a group of cheetahs.

LAST MONTHS QUIZ ANSWERS

1. What is a Welwitschia?
A unique plant found in foggy areas of the Namibian desert with only two leaves. The largest recorded has a height of 1.8 mtrs and at spread of 8.7mtrs. it can live for between 400 and 1500 years.
2. What is the largest gas present in the air atmosphere?
Nitrogen 78%.
3. Who referred to his wife as the Flemish Mare and why?
Henry VIII to Anne of Cleves as she was so ugly he refused to have anything to do with her, hence no children.
4. Does sound travel faster through water than air?
Yes four times faster.
5. What is crouton an anagram of?
Contour.
6. Where is the Jurassic Coast?
Along the East Devon Coast and Dorset.
7. Who were the Tolpuddle Martyrs and on what charge were they arrested?
Ostensibly they were charged and convicted of swearing a secret oath as members of the Friendly Society of Agricultural Labourers but actually it was because they were forming a Union.
8. Why was a Blacksmith so called?
Refers to the black fire scale, a layer of oxides that forms on the surface of the metal during heating. The origin of "smith" is debated, it may come from the old English word "smythe" meaning "to strike".
9. Jack "Frost" was a nickname for David Jason's character in the TV series. What was his actual name?
William Edward.
10. An important feature of the old Roman Baths was the under floor heating system. What was its name?
Hypocaust (Greek for burning below).



The Wakefield School PTA needs your recipes



We need your recipes.
We are putting together a school/community cookbook. If you have a few favourite or yummy recipes and are happy to share them please either bring a copy to the school office or email to ptawakefield@gmail.com
Recipes need to be in by 1st June 2016
Please note that this could include recipes from a published cookbook

Wakefield Community Council
AGM
Tuesday 14th June, 7.30pm
St Johns Worship Centre
All welcome

Check out our Focus Wakefield
Facebook page

www.facebook.com/FocusWakefield

Share your stories, photos, events with the
community.

Post items wanted, for sale, help needed etc...



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Diane Clare
Consultant Clinical Psychologist
& Psychotherapist
Mind Business Consultancy
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Wakefield Health Centre Wednesdays
Nelson Tuesdays and Thursdays
Self refer or ask your GP to refer you
Collecting names for Mindfulness Groups

www.mindbusinessconsultancy.com mindbusiness21@gmail.com
PHO, WINZ, ACC & insurance funding accepted

Community Notices

LIVE WELL STAY WELL

“Live Well Stay Well” is a health and social group that meets every other week in Wakefield or Brightwater from 9.45- 11am.

All interested are welcome to attend especially if you are new to the village.

A varied programme is organised which is informative and fun plus regular coffee and chat sessions.

The group is followed by a walk around Wakefield or Brightwater for those who feel like being more energetic.

June 14 At Wakefield Hall 9.45 - 11 am - Speakers from Age Concern with Sue Tilby and Jess Breeze talking about their organisation plus “Conversations that Count”.

June 28 Coffee at the Belgrove Hotel 9.45 am followed by a trip to Fleecewood Woolcraft leaving at 10.30am to Hiwipango.

Any enquiries for transport or to go on our email list to let you know what's happening, please call Margaret 5419693 or Yvonne 5422235.

LOST PURE WHITE CAT

Big, pure white male cat, short hair, greenish-yellow eyes. Lucien was last seen during the beginning of April, 10 kms up Eighty-eight Valley Rd. He might be returning to a previous address on Whitby Rd. He's two years old, very friendly and surprisingly large.

He's a much loved family member and we miss him. Please call with any information or sightings,

Meredith Rimmer 021-040-7251

Do You Have Photos of Historical Interest That You Would Like to See Preserved For the Benefit of Future Generations?

Waimea South Historical Society would be happy to take care of them for you.

They would be housed in the Tasman District Library and become part of our collection.

Like the George Lawrence Collection they would eventually become digitised and available on-line as part of the Kete Website.

If you wanted to keep them but thought they would be of interest to others they could be copied and dealt with in the same way.

Just make contact with our Secretary: Jeanine Price
Phone 03-542- 3033 or e-mail jandwprice@outlook.com

HELP NEEDED!

Wakefield Toy Library desperately needs new committee members or we will have to close! With the recent resignation of some of our awesome team we need more wonderful people who are willing to give a little time each month to keep this valuable resource in our community.

The time commitment is not huge and the main positions are filled but we still need people who are willing to help out in any way they can. Volunteering is a great way to meet new people, to contribute to the community and to learn new skills (or utilise existing ones).

If this sounds like something you could be interested in, please call Liz on 5419453 or pop in to the Toy Library on Edward St.

We are open Saturday mornings 9:30 till 11:30. Thanks!

BETTER THAN BEFORE GROUP

Sick and tired of old habits?
Want to keep moving ahead on your values and dreams?

Small group meeting to motivate ourselves, works!
Come and try it out.

Free weekly meetings, Tuesdays 6-7pm at
William Higgins Cobb Cottage, 170 Main Road, Spring Grove

Phone Kathy 265 5066
(Please leave a message and I will call you back)
or just turn up.



WAKEFIELD CRAFT FAIR

The Annual Wakefield Craft Fair that is held on our village green and in the Wakefield Hall on the 2nd of January every year is in need of a new organiser. Ideally it would be someone that understands and appreciates the uniqueness of this fair and the original terms and conditions that were set many years ago. It has been running for 38 years now and would be a huge loss for our community if it was not to continue.

The Craft Fair is a non-profit organisation. The fees that are charged for the sites are the only income and this is used to cover the costs associated with the event. Not a lot of time is involved prior but the day of the fair is a busy one.

We would provide all information, contacts, signage, stall holder details and details of everyone involved and would be available for any enquiries you may have.

If you think you or your organisation would be interested in taking over this exciting role, please contact Glenn or Leanne Turner in the evenings on (03) 5418306 asap.

Community Notices

RENTAL PROPERTY AVAILABLE

One bedroom sleep out, \$150 per calendar week, exclusive of power. Lovely views rural location Belgrove, would suit couple or single persons, must be working. Call Kirsty on 541 9794.

WANTED

Small family looking for a 3-4 bedroom rental in rural location. Fire and garage preferable. Please contact James on 0274277963.

BOOKS WANTED

Just Another Row of Spuds and More Wakefield Spuds, both by Marion J Stringer.
Please email: jacquiewebby@gmail.com or telephone 03 434 2530 or 0274 769 750.

PERMACULTURE GROUP.

We are keen to form a group of gardeners who grow their vegetables and fruit organically or want to learn how.
Phone Diana and Iain on 5418950 evngs

WANTED

We are after a small glass house. If you have one no longer in use and would like to find a new home for it please ring Diana/Iain 5418950

WANTED

2-3 bedroom house in Wakefield to rent long term
Good references, phone Don - 0211 2246 09

FOR RENT

Warm renovated wool shed for rent, able to have a horse \$200.00 inc power per week.

PET SITTER REQUIRED

For occasional pet sitting, ideally suit retired couple. Must be confident, knowledgeable and caring towards farm animals, for more info phone Linda 541 8546

WANTED TO RENT

Rural house with 2-3 acres of grazing included for reliable working family. Long term preferred, will consider anywhere in Wakefield to Richmond to Appleby/Redwood areas.
Please Ph 5418247 evenings, or ph/txt 0275418247.

WANTED TO RENT

Wanted house to rent, 3 bedroom, farm cottage or anything considered. By a professional couple with great references, been in current property for 11 years, two dogs and a teenager.
Karen 547 4474 or 027 285 1219.

FOR SALE

Brand new trade tested mini greenhouse, 1 metre square.
Fully assembled, never used. \$50

Extendable dining table with six chairs, good condition. \$200
Antique hexagonal occasional table, on wheels, good condition. \$200
Phone Jayne or Andy on 541 9456

Richmond- Waimea RSA

would like to thank Peter Eden and his team of collectors and all the people of Wakefield who donated generously to our Poppy Day appeal.

Our sincere thanks to you all.

WAIMEA PLUNKET PLAYGROUP

The Brightwater Community
Anglican Church, , Waimea West Road, Brightwater

Time: 9.00 – 12.00 noon
Day: Wednesday morning
Cost: FREE



Are you a beginner, or have never drawn or painted before?

Come and give it a go
Join our very friendly group

Every THURSDAY of the School Term
9.30 am – 12.00 pm
Wakefield Village Hall – Supper Room
\$3 per session/cup of tea included

For more information contact:
Fiona - P: 027 767 7909
E: kahurangicottage@gmail.com
or Sonja – P: 541 8176
E: sonjal@ts.co.nz

MAINLY MUSIC

Now meeting at Wakefield St Johns Anglican Worship Centre
Monday's 10.00am. Cost \$3.00 per family.

This is a time for parents and children to enjoy music, song, dance and lots of laughs.
Any queries please phone Wendy Milson 544-5494.

COMMUNITY OUTREACH LUNCHES

The community lunches at St. John's Worship Centre will be the third Thursday of each month. All welcome.

To assist with catering, please phone Caroline, 5418491 by Monday evening preceding, if possible, if you wish to attend.

PLEASE NOTE

Waimea Anglican Budgeting Service: Free Budget Advice in Richmond, Brightwater, Wakefield and Tapawera.

Local volunteers offering free, friendly advice on personal budgeting.
Txt 022 020 5565 or ring 5448901

SOCIAL INDOOR BOWLS

Wakefield Village Hall, Mondays 1pm
Come along and have a game, chat and a cuppa
\$2.50pp

CAN YOU HELP FIND OUR MISSING CAT?

Bertie, our three year old British Blue cat has been missing from home since Friday 23 April. He is grey-blue all over with large topaz yellow eyes. He has no collar but is microchipped.

His home is near the village end of Eighty Eight Valley Road, Wakefield.

If you have seen him or know anything that might help us find him, please phone Stuart or Christine on 027 275 0045 or 541 8023 as we love him dearly and want him home.

FOXHILL TENNIS COURTS

658 Wakefield-Kohatu Highway
(at rear of Rutherford Memorial Hall)
FREE PUBLIC USE.

Re-painted lines, nets up ready to go, for twilight practices and summer fitness.
Managed by Rutherford Memorial Hall (Foxhill) Assn Inc. for TDC
Erica Short Secretary/Treasurer 541 8882

Community Diary & Classifieds

WANTED

Wakefield Bowling Club is still willing to collect any scrap metal, old wiring, car and truck batteries, etc.

Phone Trevor on 5418855

WORK WANTED - BABYSITTING

Babysitting available after school and weekends (anytime in school holidays).

I am 17 yrs old, live in Wakefield and have been babysitting for the last three years. Pay negotiable.

Please call Caitlin - 541 8254.

WORK WANTED

Mature woman and 15 year old daughter urgently require weekend work in Wakefield/Brightwater area. Most jobs considered.

Please phone - Ange 541 8824 or leave a message.

WORK WANTED

Full or Part Time

New to district.

CV and references available.

Experienced in a variety of roles including administration and hospitality.

Anything considered

Please phone Sarah Robinson 522 4603

WORK WANTED

Do you need a housekeeper or gardener?

Professional cleaner and keen gardener.

Reasonable rates apply within.

References are available.

Text or Call Anna on 027 2277033/ 5419633 anytime.

WORK WANTED

Experienced caregiver/ housekeeper available

Phone Fiona 027 904 4867

FOR SALE

Children's woollie hats.

Various sizes and colours.

From \$5.00 to \$15.00.

Phone Deborah on 541 9045

FOR SALE

Sheep Manure \$8.00 per 25kg bag

Can deliver ph: 541 8488

WANTED - ROVING REPORTERS

Window on Wakefield are looking for more volunteer roving reporters.

Please contact us on

windowonwakefield@gmail.com

WANTED TO RENT

2-3 bedroom house with garage, must be tidy,

Prefer the Hope, Brightwater area,

approx \$275 pw

Phone Ray - 0220 920 756

MONTHLY COMMUNITY CALENDAR

JUNE 2016

Thur 2	9.30 am	Wakefield Art Group, Wakefield Village Hall
Fri 3	2.30 pm	Wakefield Community Library open
Sat 4	9.30 am	Wakefield Community Toy Library open
Sun 5	10.00 am	Destination Wakefield, various locations
Mon 6	10.00 am	Mainly Music, St Johns Worship Centre
Tues 7	10.30 am	Wakefield Community Library open
	7.00 pm	Indoor Bowls, Wakefield Village Hall
Wed 8	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church
	9.00 am	Wakefield Craft Group, Fire Brigade Supper Room
Thur 9	9.30 am	Wakefield Art Group, Wakefield Village Hall
Fri 10	2.30 pm	Wakefield Community Library open
Sat 11	9.00 am	Wakefield Market Day, Village Green
	9.30 am	Wakefield Community Toy Library open
Mon 13	10.00 am	Mainly Music, St Johns Worship Centre
Tues 14	9.45 am	Livewell Staywell, Wakefield Village Hall
	10.30 am	Wakefield Community Library open
	7.00 pm	Indoor Bowls, Wakefield Village Hall
	7.30 pm	Wakefield Community Council AGM, St Johns
Wed 15	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church
	9.00 am	Wakefield Craft Group, Fire Brigade Supper Room
Thur 16	9.30 am	Wakefield Art Group, Wakefield Village Hall
Fri 17	2.30 pm	Wakefield Community Library open
Sat 18	9.30 am	Wakefield Community Toy Library open
Mon 20	10.00 am	Mainly Music, St Johns Worship Centre
Tues 21	10.30 am	Wakefield Community Library open
	7.00 pm	Indoor Bowls, Wakefield Village Hall
Wed 22	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church
	9.00 am	Wakefield Craft Group, Fire Brigade Supper Room
Thur 23	9.30 am	Wakefield Art Group, Wakefield Village Hall
Fri 24	2.30 pm	Wakefield Community Library open
Sat 25	9.30 am	Wakefield Community Toy Library open
Mon 27	10.00 am	Mainly Music, St Johns Worship Centre
Tues 28	9.45 am	Livewell Staywell, Belgrove Hotel
	10.30 am	Wakefield Community Library open
	7.00 pm	Indoor Bowls, Wakefield Village Hall
Wed 29	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church
	9.00 am	Wakefield Craft Group, Fire Brigade Supper Room
Thur 30	9.30 am	Wakefield Art Group, Wakefield Village Hall

JULY 2016

Fri 1	2.30 pm	Wakefield Community Library open
Sat 2	9.30 am	Wakefield Community Toy Library open
Sun 3	10.00 am	Destination Wakefield, various locations
Mon 4	10.00 am	Mainly Music, St Johns Worship Centre
Tues 5	10.30 am	Wakefield Community Library open
	7.00 pm	Indoor Bowls, Wakefield Village Hall
Wed 6	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church
	9.00 am	Wakefield Craft Group, Fire Brigade Supper Room
Thur 7	9.30 am	Wakefield Art Group, Wakefield Village Hall

WAKEFIELD MARKET DAY

Saturday 11th June - Winter Hours 9am to 1pm

Come join the happy village people enjoying the chance to share vegetables, bread, plants as well as knowledge on where to plant. Plants locally grown.

Recycle those clothes, toys, books, ready for winter.

For sites phone Jean 5418154

Community Directory

Citizens Advice Bureau
548 2117 - 0800 367 222

Rutherford Memorial Hall
658 Wakefield-Kohatu Highway, Foxhill
Bookings and enquiries:
Erica Short 541 8882 or
rutherfordmemorial.hall@gmail.com

Pigeon Valley Steam Museum
Alan Palmer 027 319 7427

Rural Ramblers
Carolyn Mason 541 9200

Spring Grove Drill Hall
C. Pike 542 3904

Totaradale Golf Club
Jacquie 541 8030

Wakefield Anglican Church – St Johns
Meet Sun 9.00am; 10.30am
Rev. Allan Wasley 541 8883

Wakefield Community Library
Wendy Gibbs 541 8490
Pam Dick 541 8392
Hours - Tues 10.30 -11.30am
Friday - 2.30 - 4pm
Excluding Public Holidays

Wakefield Football Club
Chris Olaman 027 541 9029
Ian Radcliffe 021 0244 6459

Wakefield Medical Centre
541 8911

Wakefield Pharmacy
5418418
wakefield.pharmacy@paradise.net.nz

Wakefield Playcentre
Contact: 541 8866

Wakefield School
Edward Street 541 8332

Wakefield Scout Group
wsg4kids@gmail.com

Wakefield Toy Library
Saturday 9.30-11.30am
Chris Gaul 541 8148

Wakefield Volunteer Fire Brigade
DCFO Fritz Buckendahl 027 224 4162

Womens Biz
Genie Bradley 541 9641

Country Players (Drama)
Philip Calder 541 8442

Junior Country Players
Dixie McDonald 541 8862

Nelson Vintage Engine & Machinery Club
Allan 027 319 7427

Pinegrove Kindergarten
03 542 3447

Rural Women
Dawn Batchelor 542 3628

St Joseph's Catholic Church
Sun 8am, Thurs 9.30am
Parish Priest Seth Pijfers 544 8987

Waimea Sheepdog Trial Club
Colin Gibbs 541 8435
gibbs@ts.co.nz

Wakefield Book Group
Mahala White - 541 8933 or
Sheila Kennard - 541 8860

Wakefield Bush Restoration Society
Doug South 541 8980

Wakefield Craft Fair
Leanne and Glen Turner
541 8306

Wakefield Plunket
Donna Todd 541 8583

Wakefield School/ Community Swimming Pool
Phill Platt 027 231 7610

Target Shooting Wakefield
targetshootingwakefield@gmail.com
Contact: Dot Ashton
541 8989 or 027 543 0529

Wakefield Rest Home Ltd
Cath Smart - Manager
Rita O'Neil - Clinical Manager
541 8995

Wanderers Sports Club
542 3344

Wakefield Physiotherapy
Kate West 03 541 8911

Window on Wakefield
Advertising - 541 9641
Genie & Lindsay Bradley

Focus Wakefield
focuswakefield@gmail.com

Just Gymnastics
Linda Mace 546 6013

NZ Postcard Society Inc.
Doug South 541 8980

Richmond Lions - Wakefield Rep
Ivan Burrowes 541 9689

Spring Grove Church of Christ
Meet Sundays 10am
541 8011

Top of the South Rural Support Trust
gibbs@ts.co.nz
Colin Gibbs 541 8435

Waimea South Historical Society
Jeannine Price 542 3033

Wakefield Bowling Club
Margaret Eames 541 8316

Wakefield/Brightwater Book Club
Pauline Coy 542 3994
paulinebc@gmail.com

Wakefield Community Council
Sonia Emerson 541 9005

Wakefield Indoor Bowls Club
Ren Olykan 541 8275

Wakefield Preschool
Contact: 541 8086

Wakefield School PTA
ptawakefield@gmail.com

Wakefield Tennis Club
Ngaire Calder 541 9419

Wakefield Village Hall
Rob Merilees 541 8598

St. John's Worship Centre
Nigel Massey 541 8857

Waimea Plains Junior Football Club
Debbie and Grant de Joux
541 8307

Window on Wakefield
Articles & Content - 541 9005
Sonia Emerson

CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have **specialised skills/ equipment**, and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their **responsibility to be personally prepared**.

You should ensure that you have your own **survival kit** in place, and that you are able to be **fully self sufficient for at least three days**.

In the event of an emergency, for urgent public messages, tune in to:
More FM 94.1, Classic Hits 89.8, Fresh FM 95.4





THE HOUSE SELLER'S CHAMPION

I guarantee you great service, an Unbeatable Fee, and 10 year's local knowledge



Irene Van Dyk visits Wakefield School

It was so wonderful having Irene Van Dyk, the Tall Poppy real estate ambassador, at Wakefield School! What an inspirational lady, always striving for excellence, in her sport and who she is as a person. These are values Tall Poppy also admires, and works hard to achieve.



Proud Sponsor of



Totaradale Golf Club
Wakefield Football Club
Wakefield Bowling Club NZ
Wakefield School Music Program

Wendy Pearson 021567722 or 541-9667 wendy.pearson@tallpoppy.co.nz

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