

WINDOW ON WAKEFIELD
ONLINE EDITION BROUGHT TO YOU
BY



PHONE 03 541 9641




**Wakefield Four Square Supermarket
provides the local economy with a real boost.**

Last week the Wakefield community was buzzing with the cast and crew from Anarchy Productions (Auckland) in the village filming the next series of Four Square TV Commercials. The weather forecast for the week was bleak, 10 days of rain, but as we know the forecast is never correct here in Wakefield and except for the odd shower, the rain came at night leaving seven nice sunny warm days for some fabulous filming in and around the Wakefield village.

Owners Stuart and Jacqui were excited when Four Square South Island selected Wakefield and Wakefield Four Square as the location for the next series of 4sq Brand commercials. Four Square believes that this is going to be a fabulous series of commercials that everyone will be very proud of.



Results that make you smile 

Grant Chaney Ph 541 9097 Anytime

Commission Rate from 2.95% **Ray White**
Licensed Salesperson (REAA 2008)



WINDOW ON WAKEFIELD

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Content...

Window on Wakefield is a community newspaper, and as such, we look forward to having articles and content contributed by our community. If you wish to submit a one off article, or suggest some regular content, please make contact with Sonia on 541 9005 or email windowonwakefield@gmail.com and read the Terms and Conditions below.

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NEXT EDITION

Due out the first full week of each month

All Advertising to be submitted by the 20th of the Month prior

All Content to be submitted by the **23rd** of the Month prior

For Advertising please contact Wakefield Print Ltd 541 9641

For Content please contact All Accounts Matter Ltd 541 9005



Wakefield Four Square Supermarket provides the local economy with a real boost....continued

The cast is made up of lots of local talent with the exception of Tane (radio announcer), Mitch (the mechanic) and Frank who plays store owner, all coming from Auckland.

The week was loaded with lots of action, lights, cameras and people. Not only was the talent local but all the location spots were places we see every day; classrooms at the school, the backyard of a local couples house, the local garage, a farm and not to mention plenty of action both during the day and after dark up Edward Street and at the Four Square.

Stuart and Jacqui would like to thank the Wakefield community for their hospitality, friendliness and tolerance with both them and the crew while the filming was underway. They are however aware that at times this was an inconvenience for their shoppers and staff and apologise for this. Stuart strongly believes that the benefits for the community will definitely outweigh any inconveniences.

So keep your eyes and ears tuned to the TV in July when these ads will commence.



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News from Wakefield School

Cross Country Preparation by Finn de Hamel and Saskia Guymer

Wakefield School is turning into a fitness school as we prepare for the annual event known as 'Wakefield School Cross Country'. From Monday to Friday the seniors are training hard, running around school and Faulkner's bush for 20 minutes non-stop. When we run we receive either a red, orange, yellow, green or blue block. The top ten runners get red; the next ten get orange and so on. We are trying to improve or maintain our block colour each day. It's more exciting this year as our teachers Mr Beattie and Janine, and our principal Mr Verstappen are joining in this fitness goal.

We asked Jared Rogers and Mackenzie Gale to tell us their secret to fast running.
 "Big steps, fast arms" replied Mackenzie.
 "Lots of training" said Jared.

Mr Beattie, our teacher, however says he feels old and unfit! The middle and junior syndicates are also training, but on an easier course and they too are getting fitter. So come on down to Faulkner's Bush on June 4th to watch us compete and cheer us on!



New Paint Job by Jennifer Lawson and Connor O'Toole

You may have noticed a change of colours around Wakefield School as we have recently had it painted by the painting company 'Programmed Property Services'. They have been painting for three weeks so far, working from 7.30 am to 4.00 pm daily, and are looking to be finished by the end of this week. When asked what they thought of our school, the painters replied "The school is very nice and the children are very polite".

The lovely colours have been chosen by the Board of Trustees and are a mixture of light and dark colours. The borders and doors are a striking burgundy colour while the poles and beams have been painted a silvery blue colour.

There are lots of positive responses to the new colours.

Sue McLaren, deputy principal, said "I do like the colours. I think it has improved the Room 3 to 6 block by painting the blocks under the windows a darker cream colour. It looks better than what it was before".

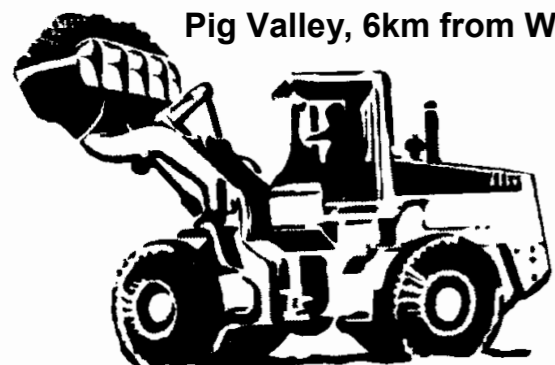
Kathy, our school librarian, said "I think it makes the whole school look a bit brighter."

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News from Wakefield School continued

Mr G's final days at Wakefield School by Hannah Sims and Dylan Elwood

Wakefield School staff and students are all sad about Mr Goulter [aka Mr G] leaving our school. He has been the teacher of year one students in Room 14 and has been well known for his kindness and fun nature. He is moving to Australia with his family to teach at a 'highway school' in Mataranka. Mataranka is a small school of 42 students and 2 classes in the Northern Territory, south of Darwin. Mr G will teach a class of year 0-4 students there and says "It will be a brand new adventure for us in Aussie". He is looking forward to seeing the wildlife and nature around Mataranka. He says he will however miss all the children and people at Wakefield School.

We all wish him the best of luck with his new adventure in Australia and we are looking forward to hearing more about life in Mataranka. Welcome to Miss Tiffany Woodley who is the new teacher in Room 14.



Mr G with room 14



Wakefield Schools
 New Students

Welcome to new students by Tayla Briggs and Kacey McNamara

We welcome to our school these six new children this term; Blake, Summer, Piper, Ellie-Rose, Corbin and Georgia. Blake and Summer aren't exactly "new" to this school as they swap between Te Anau and Wakefield schools each year. Blake is in Room 1 and Summer is in Room 3. Corbin and Georgia are new entrants in Room 14 and 15. Piper and Ellie-Rose both come to us from Brightwater School and are in Room 3. We hope they feel welcome at our school and are making lots of new friends. Make sure to look out for them and say hello!

If you would like to read more about what's happening at Wakefield School you can read more from our school reporters on our school blog <http://wakefieldschool.blogspot.co.nz/>

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AllFit Fit Tips

So we are half way through the year, the nights are getting shorter, colder and wetter. That wonderful motivation you had as the clock struck midnight on New Year's Eve has waned and the promise you made to yourself that this year would be the year you looked after your body seems to have fallen by the wayside. Oh well its winter, never mind I will try again in the Summer...RIGHT?

WRONG! There is still so much you can do and won't it feel great when you step out into the sunshine with your now healthy happy body? What's that... wait I can hear the excuses coming thick and fast, 'I don't have time, It's too cold, I have 3 kids', you name it I've heard them all (and used a few myself!). Bottom line...you need to ask yourself what is important to you, not to everyone else around you. Just stop for a minute and think. Pick one thing that you want to change about the way **YOU FEEL**.

Now focus on that. Hold onto that feeling as it will help to motivate you to change. Remember that you don't have to change everything at once to make a difference in your life. For example change one meal a week. Pick a delicious, nutritious meal that you are going to make from scratch (i.e. nothing out of a packet, can or jar) find a time when you know you will be able to do this, like the weekend (look on the internet for recipes).

If you want to try and get some more exercise but are busy with the kids, try putting on some fun music and having a dance with them. Do it a few times in a day and your well on the way to equalling a Zumba class! Stuck in an office, have you considered working standing up? You can set your computer up high by putting a chair on a table and putting the laptop on that. Its takes a while to get used to, but think of the calories you are burning, not to mention how much better your posture will be.



Don't forget that in our hectic lives it's important to take some time out. Especially in winter when the days are shorter try and make the most of the sun. Take 5 or 10 minutes to step outside and soak up the winter sun. Walk round the garden, or window shop down the street just take that time for **YOU**.

My point is this... being healthy doesn't mean you have to spend a fortune on gym membership, fancy gear or spend hours or hours doing sit ups. You can make a real difference to your life by just starting small. Change one thing at a time and before you know it your life will be

soaking up the benefits. The most important part is a **belief in yourself that you are worth spending the time on**. At the end of the day if you feel good about yourself, then everyone else around you will feel good too.



Lucy Pearson NZRPT
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Wakefield Auto Motoring Tips

BE WINTER READY Written By MTA

Winter in New Zealand means everything from snow and ice to torrential rain and fog. It can be challenging. If you're not prepared, driving in the winter can be hard. It doesn't need to be though, and good vehicle preparation, knowledge and driving techniques will help make sure you get to wherever it is you're going.

Winter is a time of extremes. It's a time when any problems or weaknesses in your vehicle will show up – usually at the worst possible time. Is your vehicle approaching the time for its next scheduled service? If so, don't put it off. Book your vehicle in for a pre-winter check with your local MTA workshop. The experts know what to look for – oil and anti-freeze levels, wiper blades, filters and battery condition amongst other things. By doing this you'll have peace of mind in knowing that your vehicle is ready for winter. We talked about tyres and batteries in the last two issues. These are both parts of your vehicle that need to be well maintained especially during winter.

If you're going to be driving in the snow, make sure you have the correct chains, auto socks or snow tyres (if fitted) – it's now the law that when you use snow tyres, all four must be snow tyres with a minimum 4mm tread depth.

Good visibility – them and you

Winter often means reduced visibility, so you need to allow additional time for every trip. Before you hit the road make sure you can see out of every window and mirror. Use a proper windscreen scraper or de-icer to remove ice from your vehicle. Don't use warm water; it may cause your windscreen to crack. Your air-conditioning system is your friend. Many people only associate it with staying cool during the summer months, but it's equally vital for ensuring good visibility during the colder months. Get your system checked, and allow it time to work properly.

Look out for vulnerable road users like cyclists and runners – they may be especially hard to see along dimly lit roads. And make sure people can see you. Ensure your lights are all working properly and are correctly adjusted. Get them on early and turn them off late; you may choose to keep them on at all times. Remember to keep them dipped when travelling in foggy conditions; blasting them on to full only results in the light being reflected straight back at you, making visibility even harder.

Know what to expect

If you're travelling out of town, make sure you know what you're in for. The sun is low in the sky for most of winter so be prepared for sun-strike. It's especially important to keep your front and rear screens clean inside and out. Bridges and overpasses ice over faster than normal roads. Why? The earth is warm and normal roads have the warmth of the earth underneath. Shady areas cool more quickly than areas in full sun. The shadows from large trees, buildings and mountains can cause isolated icy spots. Black ice is often very difficult to detect, so be especially vigilant after very cold, settled nights. Don't expect other drivers to be as well prepared – allow plenty of room between you and your fellow motorists. And, give them even more when the weather is poor – double the two second rule and give yourself four seconds.

Know when to accelerate and when to brake

When accelerating, push the accelerator pedal gently. If you do sense wheel-spin, ease back on the pedal immediately until you feel the tyres grip again. Apply the same principle when braking. Brake gently at first then increase the pedal pressure progressively. You can brake quite hard as long as the application is smooth. Remember, don't steer if you are braking or accelerating and vice versa.

If your vehicle is fitted with ABS and/or a Stability Control system, make sure you know what this can do for you. Get experience of your vehicle's capabilities and how it reacts, before you get stuck. Avoid driving in heavy snow if you can – but if you have to, do it slowly. Avoid braking suddenly – brake gently and progressively rather than just stamping on the pedal. Climbing and descending hills in snow needs a lot of care and attention – climb hills in the highest possible gear. Reducing your engine's revs will maximise the chances of traction and minimise the chance of spinning your wheels. Similarly, descend hills very slowly, putting your vehicle in a low gear before starting the descent.

Things you might have with you

It makes sense to have a first aid kit and fire extinguisher in the car, but there are other things you should consider for the colder months too, not just tools for changing a tyre. A torch, a mat or cover to protect you from the ground should you need to change a tyre, a disposable raincoat or poncho and protective gloves are all helpful. A multi-tool or Swiss-army type knife can be handy too. An emergency reflective triangle and a high visibility vest can be the difference between someone spotting you stranded on the side of the road and colliding with you.

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Mrs Porter-McLean and bells



The bells in CU

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The Way We Were

RING OUT THOSE BELLS!

Edward Edridge and the Bellringers of Wai-iti

The name of Edward Edridge will always be associated in Nelson with Wai-iti School and the company of bellringers he established there in the 1880's. Born in Westrip, Stroud in 1849, he trained as a teacher and emigrated to New Zealand in 1875. In 1882 he accepted a position as master of Wai-iti school and stayed there until his retirement in 1911.

Music was a consuming passion in his life, but he was also praised by school inspectors for his excellent standard of teaching and "efficiency." Soon his home became a real "conservatorium of music". He taught singing and piano, led the Anglican choir at Foxhill, established a harmonic society and eventually formed a company of bellringers.

In an age without the widespread availability of recorded music, live performances in concerts and small groups or around the family piano were the staple of Edwardian entertainment. Being able to play a musical instrument or sing was the entrée to many social occasions. Handbell ringing effectively required a minimum of 4-6 "ringers" and the requisite skills to produce a pleasing sound in performance. They were also a unique novelty. Edward bought the bells gradually as his finances permitted from the Whitechapel Bell Foundry in London. He would have needed about 20 before he could play a worthwhile tune. Eventually he owned 52 (the equivalent of 4 octaves on the piano).

Concerts were an easy way of raising funds for the school and Edward employed his two sons to good effect in these. As Henry Edridge records in his memoirs, "...my younger brother and I were trained to sing character songs and went with the bells usually. Between bell items and our songs, we filled the evening." In one solo item called "Fifty Years Ago" I wore a white beard, dress coat and breeches with buckles at the knee but just before I went, on the feather in a hat worn by my younger brother contacted a candle. You can imagine the rest! However, it was an excellent setting for my item, as my quivering voice portrayed old age, though the audience little knew the cause of the quiver."

Transporting the bells was quite a feat- not just the bells but all the accoutrements "...52 bells, a strong folding table, four pairs of blankets and a crimson plush hanging for front of table, with gold drapings, quite flash" –all this needed to be set up with the bells in the right order before a concert could begin. But it was worth it. A concert review in 1887 reported: "The big features of the entertainment were the performances of Mr Edridge and his son. Mr Edridge is a highly accomplished musician and his great instrument is a beautiful set of bells. From these he rendered a variety of popular English, Scottish and Irish melodies in a manner that captivated everyone. Time, tune and touch were wonderfully accurate and the choice melodies...were produced with a brilliancy and effect that few other instruments could approach...Master Edridge, quite a little mite, is for a mere child a wonderfully accomplished mimic...In the make-up of a venerable octogenarian, grey bearded with swallow tailed coat and tight breeches, leaning hard on his stick he sang 'Fifty Years Ago' in a way that pleased, delighted and highly amused every listener."

Today the bells are in the possession of Mr Edridge's great-granddaughter, Mrs Val Porter-McLean of Stoke. They were played by her family in 1972 at a concert in Wakefield as part of the centennial celebrations of the Wakefield Methodist Church (see photo) and on later occasions during the 1980's. Although they are her family's taonga they are really the district's treasure too since they have lived in this area for 125 years. To be heard, however, they need the expertise, love and care of a dedicated group of bell ringers who are part of an organisation of some permanency: a church, the Cathedral - the School of Music perhaps. She hopes that some day the bells will ring again.

Acknowledgements

Val Porter-McLean – who willingly shared the knowledge she has of her great grandfather and her love of a family treasure.

Just Another Row of Spuds – Marion J. Stringer 1999

Excerpts from the Memoirs of H. E. Edridge, Concert Review and Photographs courtesy of Val Porter-McLean.



The McLean family ready to ring, 1972



Edward and Catherine's grave in the Whakapuaka cemetery

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STRAINS AND SPRAINS

Strains and sprains are common injuries. A strain is caused when we overstretch a muscle or a tendon (tendons attach muscle to bone).

A sprain is the overstretching of a ligament (ligaments attach bone to bone). Some examples of what can cause overstretching are twisting our ankle, sprinting or changing direction too quickly, or receiving a direct blow to a body part.

Common locations of strains and sprains are:

Muscle: Quadriceps, Hamstrings and Calf
Tendon: Supraspinatus muscle (in our shoulder) and our Achilles
Ligament: Ankle and knee

The amount of damage will depend on how much overstretch the muscle, tendon or ligament receives. This damage is in the form of tearing and can range from a small tear (Grade I) through to a complete tear (Grade III).

As soon as the damage is done an inflammatory response is triggered. If we reduce this response then we can reduce our healing time and lessen the chance of future complications.

If you receive a strain or sprain, then you should RICE (Rest, Ice, Compress & Elevate) the affected area as soon as possible. To further help healing, avoid HARM (Heat, Alcohol, Running & Massage).

Next month's article is going to focus on what happens during the inflammatory response and look in more detail what you can do to get a better outcome after a strain or sprain.

Kate West (Physiotherapist, BPhy)



Kate West BPhy

Mary Caldwell Cred MDT

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Heart To Heart

Saying "No"

Isn't it strange that it can feel so hard to say "No" to people and opportunities that come our way. You'd think we are pre-wired to say "Yes" to everything.

Yet if we want to create a life that feels like our own and includes lots of fun and satisfying experiences, we do have to say "No" occasionally, perhaps even often.

If we always say "Yes" to things we don't want in our life we can end up with a life we don't want. If we say "No" to things we don't want in our life we are more likely to end up with the life we want.

Of course sometimes we can be uncertain because on the face of it the invitation may look rather good. When doubts arise it's helpful to go into that place of stillness within and truly listen to what our feelings are saying to us; there we find our truth.

Yet I know from experience that saying "No" can feel pretty jolly hard especially when we aren't used to it or what we truly want is really important to us.

We need to find courage and trust that all will be well. And if we make a decision that IS right for us, all WILL indeed be well, even if others react to our decision at first. Miracles can happen!

Saying "No" can leave a space because instead of taking up an invitation we find ourselves thinking about what we might do as an alternative. This can feel uncomfortable and it is at this point we can relent and change our mind and say "Yes" after all.

Yet this space is in itself an invitation to focus on what we really want and open to the possibility that it might just turn up if we put our energy there rather than on what we said "No" to.

I'd love to hear your story of saying "No" and the consequences that came from it. You can send it via my website www.karenwason.com and I promise to reply. Questions most welcome.

Karen Wason is a Soul Coach and Reiki Practitioner. For more information see www.karenwason.com

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Kirsten is available in Wakefield for Counselling & Facilitation/Coaching sessions -

Discounted Offer of 4 1 hour sessions for \$200 – limited spaces (applies to coaching sessions only)

Wakefield Health Centre

ATTENTION LADIES

Have you had your cervical smear?

- Routine smears three yearly
- Some women require annual smear

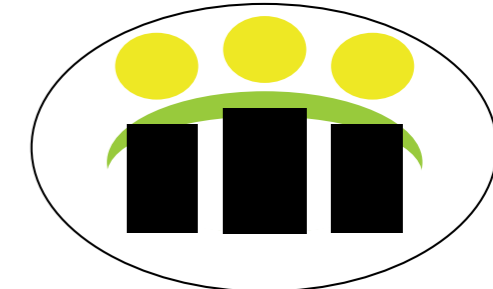
During the month of JUNE, Practice Nurses offering smears at \$25. Why not take them up on this offer.

Come on ladies see if you can help the Nurses reach their target for the month. Ring Reception – 5418911 and book your smear now with the Practice Nurse.

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Wakefield Health Centre

Surgery hours:

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New Enrolments Welcome

Phone 541 8911

12 Edward St Wakefield

On The Beat

PROTECT YOUR VALUABLES

Thieves target property left in vehicles (including property left in cars parked in driveways). We encourage you to lock your vehicles and to remove all valuables from them. This can include Navman/GPS type objects, sunglasses, coins, laptops, mobile phones, i-Pods, jewellery, handbags, tools, cameras, sporting equipment etc. I know we have mentioned this before but we still keep getting these preventable crimes happening so please stop becoming a victim of crime. **REMOVE IT OR LOSE IT!**

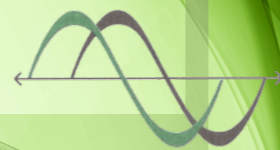
You may have seen the recent publicity about police targeting rural drunk drivers. Well, it is happening in our area also and guess what...you aren't doing that well as already there have been some locals that have been caught over the limit. So please don't be the next local to lose your drivers licence.

On a final note, if you come across a motor vehicle crash, please make sure that an ambulance has been called. Even if people involved look okay, sometimes injuries aren't obvious or the symptoms could be delayed. So, get the professionals there as soon as possible. They are really the only ones that can make those important decisions.

After all, we don't want a repeat of a recent incident where no ambulance was called and it wasn't until later when the driver was at home, that things turned ugly with delayed shock and unconsciousness.

Look after each other

Senior Constable Peter Cobeldick
Wakefield Police



Sheila Kennard cert BRT

- Bioresonance Therapy
- Australian Bush Flower Essences
- PSYCH-K

Bioresonance may help in the following ways:-

- Boost The Immune System
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- Boost Energy Levels
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- Quit Smoking
- Help Control Food Cravings
- Weight Loss
- Boost Metabolism



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For more information contact
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115 Eighty Eight Valley Road
Wakefield, Nelson
Tel: 03 541 8860 or 0273644717
Email: sheila@yworrie.com

Wakefield Volunteer Fire Brigade Report

Welcome to our June issue, along with the cold wintery weather.

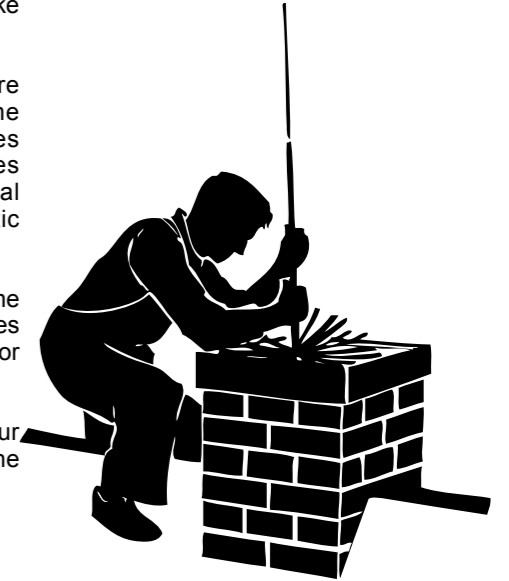
In May the brigade had two separate training exercises.

The first was a simulated structure fire in the building previously occupied by Wakefield Trading. With lights off, windows covered and three smoke generators inside the building, crews worked in breathing apparatus to locate multiple mannequins that were strategically placed around the building. This training brushed up on the skills required to search smoke logged buildings, search techniques and also the command and control of a scene.

The next exercise was set up as an explosion at an engineering workshop here in the village. This time real life patients were bearing some fairly gruesome make up to simulate various injuries including severe burns, abdominal injuries (sausages looked pretty good). One of our 'patients' had even received injuries that could no longer sustain life, great make up actually made this look as real as possible. This exercise was all about the prioritising and treating of traumatic injuries, which unfortunately is part of being a firefighter in this day.

Not so much of an exercise, but the filming of the Four Square ads also created some busy times in the last month, when these come to air you will see some brigade faces amongst the team. This was an interesting time for those involved. We can't wait for these to hit the screens and see our village in the lime light.

With winter now upon us we hope that those of you that have a fire have had your chimney cleaned, and with frosts and dew settling on cars at night please take the extra five minutes to clear your windows before setting off to work in the mornings.



On a lighter note, I notice that our local boys in blue are now loaded with i-phones. I can't help to wonder if this makes them an i-plod or not?

Call Report

Call	Date	Time
72	28.04.13	16:50 MVC Wakefield Kohatu Highway
73	28.04.13	07:42 MVC, truck roll over Stanley Brook, Wakefield crew was turned back enroute, scene was looked after by the Tapawera brigade
74	28.04.13	08:17 Rubbish fire at Wakefield School
75	09.05.13	10:14 Medical assist
76	10.05.13	07:21 Medical assist
77	12.05.13	11:08 Medical assist
78	24.05.13	13:54 MVC Brightwater
79	27.05.13	11:55 Medical assist
80	29.05.13	19:11 MVC, Wakefield Kohatu Highway
81	29.05.13	19:12 Medical assist, occupant of a vehicle from a MVC had been transported into Wakefield by a passing motorist

Until next month, take care, and be safe. Oh and keep warm!!

Simon Ladley
CFO WVFB

Painter



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Congratulations & Commiserations

Caraline and Andrew Dyson are thrilled to announce the sweet and safe arrival of baby Saffron Ingrid Dyson.

Solomon's new baby sister weighed in at 10lbs 2oz and her few strands of hair indicate she is going to be another Ninja!

Mum Caraline said her new daughter's speedy Anzac Day arrival was expertly handled by her marvellous midwife Caroline Hever.

"Caroline is a fabulous midwife, I am so grateful to her for her wonderful care throughout my pregnancy. I can't recommend her highly enough."

The family would like to thank everyone for their generous cards, gifts, flowers and baking.

Taken by Andrew Dyson "Proud Dad"



Wakefield Playcentre

The month of May at Playcentre.



If you want your child/children to be in a social, challenging and stimulating environment then come and see us at Wakefield Playcentre. The first three sessions are free, and our sessions run Monday to Friday, 9.30am to 12pm. Come along or call us on 541 8866.

Local artist on Exhibit in Wakefield

Exhibition Title: Expanding your point of view

Lyndy Monopoli is holding her first solo exhibition at Chateau Rhubarbe opening on Tuesday 11th June at 5.00pm to 7.00pm. You are very welcome to come along and meet Lyndy, and see her new work.

Lyndy was born and raised in Christchurch, travelling and living in several countries, enjoying the experience of exploring and experiencing different cultures before finally settling in Nelson to live with her family.

Lyndy has a passion for history and how it has shaped our present. This combination of the present and the past is evident in many of her paintings. In others there is a hint of mystery, asking the viewer to look deeper. Lyndy finds that art has the power to take her to another place, becoming absorbed in the work.

After experimenting with different media, Lyndy has settled on oils as her preferred medium. Lyndy looks forward to attending classes with Wakefield artist, Rose Shepard, meeting up with fellow artists sharing an interest in art. Lyndy's work is on display at Chateau Rhubarbe, Edward Street, Wakefield until the beginning of August.

Can we celebrate your special event or commiserate with the loss of a loved one?

Please send your birth announcements, wedding stories or obituaries to us 541 9005



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A Matter of Accounts

WHICH STRUCTURE TO USE?

Now you have your idea and a solid business plan, but how are you going to structure your business? Will you trade in your own name - be a sole trader? Do you have someone in mind to go into partnership with? Is a company better for your type of business? How do you know?

Whenever starting a new business, it is very important to consider the business structure that is best for YOU - not that suits someone else. It has to suit your personal situation, your business type, and your individual set of circumstances. This is not a decision I would recommend making on your own, you should consult your Accountant and/or Lawyer for their advice. But, what things do you need to consider or know? To follow are the most popular business types and a brief overview of each:

SOLE TRADER

As a sole trader, there are no formal or legal processes to establish the business, you are effectively trading on your own. You can however have a business name ie Jane Doe trading as Big Time Fishing. A sole trader:

- Controls, manages and owns the business
- Can employ other staff
- Receives all profits/incurs all losses and pays tax at the individual tax rates
- Is personally liable for all business taxes and business debts
- Ceases to be in business when the owner stops trading

PARTNERSHIP

A partnership is where two or more people run a business together. This is usually established by the creation of a formal partnership agreement, that specifies the percentage that each partner has in the partnership. In a partnership, each partner:

- Shares responsibility for controlling and managing the business
- Can employ other staff
- Profits/losses are distributed to the individual partners based on the percentage specified in the formal agreement, or equally if not specified
- The individual partners then pay tax at the individual tax rates on their own share
- Is personally liable for all business debts

A partnership is usually dissolved (ceases to be in business) when one partner leaves the relationship.

COMPANY

A company is a separate formal and legal entity in its own right. To establish a company, you must incorporate (register) it with the Companies Office, check that the name is available, and pay the fee for it to be established. A company therefore has legal responsibilities that it must perform, in order to remain incorporated. The company:

- Is owned by shareholders, with the control and management of the company sometimes resting with someone else
 - Owns the assets and is liable for all business debts
 - A company can survive many changes in ownership and/or management
 - A company is often considered to have more credibility and provide a more professional image, especially when transacting with other businesses
 - Can employ staff including a shareholder-employee
 - Shareholders can also receive a salary at the end of the year and pay individual tax on that
 - Any profit/loss left in the company at the end of the year is taxed at the company tax rate and is the responsibility of the company to pay it
- The shareholders liability for losses or debts is limited to any unpaid money owing on their shares, on liquidation, and any personal guarantees provided to lenders and creditors. If they are also a director of the company and are found to have "traded recklessly", they can be held liable with costs associated.



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Sonia Emerson
Chartered Accountant

Mobile: 021 221 1009
105 Whitby Road, Wakefield 7025
Phone: 03 541 9005 Fax: 03 541 9305
Email: allaccountsmatter@gmail.com



This information is intended as a guide only - it is not intended as legal advice.

For more detailed information please refer to the legislation or seek legal and or accounting advice.

Sonia Emerson



Town and Country Talk

As the temperature starts to drop at this time of year we start seeing more cats and dogs with arthritis. **Arthritis** is the number one cause of chronic pain in our small animal friends. It has multiple causes including wear and tear on joints over the years, trauma, poor conformation and infection. But the results are the same – inflammation, degenerative changes and pain.

How do I know if my pet has arthritis? Some signs are obvious such as stiffness, especially after rest, difficulty on steps and getting into/out of the car, slowing down on walks. More often they will just do less – dogs will watch you go to the washing line rather than go with you and cats will stop jumping up to the windowsill or other favourite high spot.

NB Animals with arthritis almost never whimper, whine or complain about being in pain, so don't rely on this as a symptom. If your pet is limping, it is in pain. There is no cure but arthritic pain and inflammation can be minimised by managing your pet's **weight, exercise and treatment.**

Weight control – one of the most important things you can do for an arthritic animal is to relieve pressure on joints by reducing weight to a minimal level. This can be achieved by managing intake and exercise, but as movement is often limited, prescription low calorie foods are often required to slowly reduce to optimal weight.

Exercise management – Older animals often lose muscle because of reduced mobility due to pain. Short, frequent walks on flat, soft ground will help maintain muscle mass. Playing with other dogs and chasing sticks will usually result in more pain later. Swimming is beneficial as there is no impact. We are lucky enough to have a canine hydrotherapy facility in Nelson.

Treatment options – here is a brief rundown of the many options available....

Bedding – in mild cases, ensuring that your pet has a warm, comfy, well-padded bed away from draughts will help protect sore joints.

Massage and gentle flexion/extension of arthritic joints will help joint flexibility.

Nutrition – Hills Joint Diet (j/d) helps to maintain ideal weight and contains omega-3 and 6 in the correct ratio. We see many pets' mobility improve significantly on this diet.

Acupuncture – can be beneficial

Nutraceuticals – such as glucosamine, chondroitin, deer velvet, shark cartilage, fish oils, green-lipped mussel extract. These products help to keep joints healthy and therefore less painful. They are also safe to use and can be given together.

Pentosan injection – this is a medication which inhibits cartilage destruction and stimulates joint repair. It is usually given as a course over four weeks.

Non-steroidal anti-inflammatories – these medications reduce inflammation and provide good pain-relief.

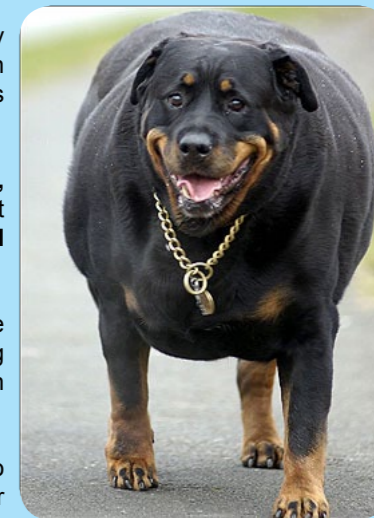
Steroids – these are powerful anti-inflammatories but also have significant side effects so are only used occasionally

Other pain-relief – such as codeine

Colder temperatures also have an effect on larger animals. When it is cold, animals eat more to maintain body temperature so if you're paying for food and supplements, your costs will increase. Food consumption can be reduced significantly by providing shelter especially from wind and rain. On properties with smaller stock numbers, providing jackets for stock will reduce energy requirements, especially for lambs and calves. Horses will eat less if they have covers on.

And on the subject of horses, make sure your horse's teeth are in tiptop shape so they can eat short grass and chew effectively to get maximum nutrition from their food. With good dental care and a warm cover, your horse is much more able to maintain condition through winter – more on horse dentals next month.....

By Brenda Halliwell



New Year's Resolution...



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You and Your Dog's Yabber

HELP!!!!!!!!!! MY DOG WON'T COME BACK *Written by Vicki Pickering (Dip,CBST)*

How often have you been down the park with your dog and it's taken you at least five minutes to 'catch' your dog? I think many dog owners can appreciate that getting your dog to actually come back to you when called when he's having fun can be one of the most difficult behaviours to teach.

A behaviour that has a good consequence for a dog will increase, so this means if you reward your dog with something that your dog finds valuable when he comes back to you, the likelihood of coming back to you again when you call him will increase. However, there are factors in life that will affect your dog's response, especially when you are in the big wide world with your dog off the lead.

I thought I would share a few tips that you could start to implement with your dog:

- Decide on what your recall cue is going to be and stick to it such as the word 'Come'.

- The best place to start teaching your dog to come to you is at home, inside or outside! This is where he is most likely to respond so take advantage of this and randomly say 'Fido COME' throughout the day and as he comes to you, make a big deal of it for him by enthusiastically saying 'YAY!!! Good boy' and follow that with some form of reward such as his favourite toy or a treat.

- Make the reward for your dog coming to you into a game! To us humans, ultimately 'Fido COME' just means that we want our dog to return to us, however our aim is for our dog to learn that 'Fido COME' means "yippee, that's the word which means cool things are about to happen - I soooo want to run over to my owner!!!". So make an effort, and turn it into a game for your dog as much as you can. By this, I mean you could call your dog at home and as he's running towards you, how about you run backwards or turn and run away for him to chase you, dogs LOVE to chase, or call him and as he returns surprise him with his favourite toy and throw it for him to chase (that works brilliantly with dogs that LOVE fetching toys).

- I suggest if your dog is unreliable with going to you when called while off-lead, utilise a long lead. By doing this, you have your dog under control and he can't practice ignoring you. That is then a great time to practice your 'Fido COME' and encourage him to you while he's on the long lead and REWARD with enthusiasm and a treat. Take high value food treats down the park with you (hide them in your pockets in a glad bag); high value is more likely to be chopped sausages/meat/cheese. Use the lower value treats for at home such as Schmacks and dried biscuits etc.

- When starting off with this recall training, wait until your dog has finished playing with the other dog or sniffing the super interesting bush before you decide to call him. We want to set our dogs up to succeed, which means use your recall cue when you know there is a high chance he will respond so in-turn you can reinforce. If you call him when he's unlikely to respond, then you won't get a chance to reinforce and only behaviours that are reinforced are ones that will strengthen.

- Avoid saying 'Fido COME....COME....Fido COME....COME!!!! In other words say it once WITH ENTHUSIASM!!! If he needs more encouragement, use other noises such as a whistle, clapping your hands, slapping your legs, one of the best things is you running or being animated with your body movements that will prompt him to respond.

- Avoid saying 'Fido COME' if you are about to do something with him that you know he doesn't really like, such as bath time, flea treatment, or lifting him into the car if you know he doesn't really like that. Your aim is that the word COME....ALWAYS means good stuff to your dog.

- NEVER EVER punish your dog for coming back to you. No matter how angry you are with him, or what undesirable behaviours he has just committed (chased the neighbour's cat?) because the consequence for behaviour in a dog is around 1 to 3 seconds. Which means if you punish your dog for eventually returning to you after chasing the cat 20 seconds ago, he will not associate the punishment for the cat chasing incident. He will associate the punishment with what he has done within the last 1-3 seconds, and in this context it would be the act of walking up to you.

So, one of the key things for you to remember out of all of this is to have fun with your hound and make coming when called a positive experience for both you and your dog!



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Live Local Shop Local

Profiling a Wakefield business - Helping keep the great businesses in our Village

Southfuels by Caraline Dyson

Most women I know (and a fair few men) like to shop. Buying things can make you feel good; it's often called 'Retail Therapy', after all. Even buying groceries can be enjoyable, stocking up on all the things you and your family like to eat together. But buying petrol doesn't really make me feel good. For one thing, the tax on fuel makes me feel like I'm being mugged. So I think Wayne and Julie Bensemann at Southfuels in Spring Grove have got a hard job. But it's a job they love, and last month saw Wayne celebrating 20 years at Southfuels Spring Grove premises.

Of course, they don't love the government legislation that keeps fuel tax high. Fortunately for us, they think fuel taxes should be lower too, and keeping the price of fuel low is a challenge they are determined to meet.

On randomly chosen 'Super Fridays' throughout the year they offer a 10 cent per litre fuel discount. And refreshingly, you don't need to remember a grocery voucher or a membership card, you just need to buy fuel on a Super Friday.

Wayne and Julie have owned the business since August 2005, and working alongside the couple on the forecourt are Kelly and Michelle, whilst Peter, Carleton and Michael, the mechanics, are in the workshop dealing with vehicle repairs and maintenance. They offer a variety of work, including WOF inspections, tyre sales, all mechanical repairs on all makes and models of cars, and vehicle servicing etc.

Chainsaw and mower repairs are dealt with through the showroom. One of the most important services offered by Southfuels is their outdoor payment terminal that makes fuel available 24 hours a day, seven days a week.

Customers say they love Southfuels because the outdoor terminal means they can always fill up there, but the friendly welcome they always get encourages them to visit when the forecourt is staffed. This feeling is reciprocated, as according to the team, the best thing about running the business is their loyal local customers, making them feel part of the community. And the worst thing? Cold spanners on a cold day!

Watch out for their new forecourt layout coming soon, and remember to congratulate Wayne on celebrating his 20th anniversary next time you see him!



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QUIZ EVENING



Friday 21st June 2013
6.30 - 10.30 pm
Wakefield School Hall

A fun night out ... with raffles, supper, bar and good company!

The quiz will cover a wide variety of topics including local knowledge, literature and entertainment, sports, children/childhood, nature and geography so there will be something for everyone. There will also be audio and visual sections sure to test the memory or just bring back the memories....

Teams of 6 adults
Cost: \$90 per team
Nibbles and Supper provided

To register a team please contact: **Wakefield School**
Ph: 541 8332

Or download a team registration form from the school website www.wakefield.school.nz

All funds raised will go towards the purchase of a stage for Wakefield School.

A courtesy van will be available for a gold coin donation
[limited to the area between Brightwater and the Spooners]

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Country Players

Country players are putting on some mid-year shows and we would love you to be part of it.

We are looking for help with behind the scenes. You do not have to be experienced, just willing to pitch in and learn something and make new friends. So calling all makeup artists, painters, set builders, table lifters, floor sweepers...

There will be two senior plays performed and one junior play if we can get the cast members. We almost have enough interested people. I need 12 in total.

If you are a high school student and you have thought being on stage would be fun, why not audition for a part? If we are short on numbers we'll just give you a part! The play is a Seuss version of Romeo and Juliet. Give Dixie a call on 5418862 if you would like to know more about it or to express your interest, even if it is to help back stage.

The shows will be performed early August and we think picnic theatre is the way to go for mid- winter. For those of you who don't know about picnic theatre; you bring along a picnic and sit at our tables. At the end of the night you take away your picnic.

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The evening is fun, you get to eat the food you like because you made it and you get to share your night with friends and we provide entertainment.

More about that later.

*Junior Country
Players in
a previous
production*

Wakefield Welcomes

Wakefield Welcomes Nola and Allan Willoughby and their two children, Brooke 13 and Jared 11, three cats and Roxy the dog.

Nola's job has brought them here as she works in the wine industry. They have moved to Treeton Place all the way from Invercargill where they lived on a lifestyle property, so Wakefield was a perfect choice as it is lovely and peaceful and close to the native bush but also close to good coffee as well.

The Willoughby family are really enjoying the friendly people out walking their dogs who have made them feel welcome, and are looking forward to getting out walking and biking and enjoying the environment which is so unique.



Live Well Stay Well



Group visit to the Eco house in Pigeon Valley.

On Tuesday May 28, we spent time looking about this special house and native garden. Plus picking up lovely fejoas so they didn't go to waste. The group learned about the building process and the advantages of this type of home.

The "Live well" group meets two weekly on a Tuesday 9.45-11am in Wakefield with a health and social programme for anyone who would like to join in. Advertised in the Window on Wakefield and on notice boards. Any enquiries call Yvonne 5422235 or to go on the email list to notify you of what's happening.

A varied programme is arranged which is informative and fun. This group is followed by a walk around Wakefield 11-12md. All interested are welcome.

June 11 At Wakefield Village Hall, Bee Williamson, Diabetes nurse, discussing "Understanding Diabetes and heart risks"

June 25 meet at Wakefield Villa Tearooms for coffee, talk and walk.

July 2 At Wakefield Village hall, Harvey Norman team, Information technology and the future. Things you need to know to make it work for you.

Any enquires Phone Yvonne 5422235

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Wakefield/Brightwater Art Group

LANDSCAPE OR STILL LIFE WORKSHOP

With Beryl Yeoman Watercolour Artist

Our group had another workshop on Thursday 16 May, in the Wakefield Village Hall. It was the second of four workshops, which was sponsored by TDC Tasman Communities Scheme. It covered a short history on watercolour painting, types of brushes and paper, stretching paper, painting techniques, textures, layering colour, how to paint white without using white paint, applying a straight and graduated wash, working wet on wet etc.

The class was really popular and 17 people attended from Wakefield and the surrounding area. A great time was had by all.

We would like to thank TDC for sponsorship, Impressions, Window on Wakefield, Nelson & Tasman Art Groups and the Arts Council for advertising.

A BIG thank you to Beryl.



Wakefield Pharmacy

Amcal Wakefield Pharmacy.

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Congratulations to;

Yvonne Tye, Susan Davies, Kirsten Sharpe, and Hannah Shaw the lucky questionnaire respondents who have won a \$50 Amcal Pharmacy Voucher each. Enjoy!

Thank you to everyone who sent back the questionnaires, we had an outstanding response and are now analyzing over 150 responses. We have already made some small changes to customer service, which we hope helps everyone.

Our Women's Night on the 24th May was fabulous and many of our customers enjoyed some female pampering.

To all those who won a basket and spot prizes, we hope you enjoy them.

Look out in early November for our next Women's Night with a Christmas Theme....

Welcome to Jude Twin our new Natural Health Consultant, who has many years of experience in this field and will be a tremendous asset to our Pharmacy.



Pinegrove Kindergarten

Winter is just around the corner but that won't be stopping us from still exploring the outdoors. With our waterproof ponchos that were kindly donated by Brightwater Motors and Stonewood Homes, we can still venture out into the playground and the sand-pit. Gumboots are becoming the norm footwear as they are easy to slip on and off, and appropriate for splashing in puddles and walking on wet sand.

Last term Maretta and Naomi attended the Powhiri for the new Wakefield School Principal, Peter Verstappen, and last week we returned the invitation. It was wonderful for us to reconnect with some of the children who have since moved to Wakefield and get to know the new entrant teachers, Miss Campbell, Miss Woodley and of course Mr V. This is very exciting for strengthening our links with the school as well as our very own programme, especially in terms of transition to school.

Up and coming is a visit to Nelson Gymnastics which is all very much part of our physical programme which also includes regular sessions with Lee Corlett from Sporting Initiatives and Jenny Dravitzski from Sport Tasman.

We have just recently purchased brand-new painting easels thanks to the fundraising efforts of our Family Liaison Group. They are providing lots of opportunity for social interactions amongst the children as well as continuing to produce amazing paintings.

Each day is never the same as before, and is always filled with new and exciting moments of creation, knowledge, fun and laughter.

Keep warm and stay well during the cooler months – I wonder if it will snow here this winter? That would be exciting!

Pinegrove Kindergarten



Wakefield Guides

Wakefield Pippins

We may have found a new leader for this unit. Margaret is going along on June 10th to see if she can help. So now we need a few more Wakefield girls to come along and join the unit.

They meet at Wakefield Scout Den on Mondays from 3.15pm after school until 4.15pm. If you might be interested in taking a place for your daughter please call Sue on 541 9689.

Thanks
Sue Burrowes



Wakefield Scouts

On Friday 24th May, Angela Burke (Wakefield), Sheryl Guyton (Wakefield), Michelle Rooney (Riwaka) and Dan Challinor (Stoke) flew to Wellington to attend the Scouting Advanced Personal Development Course (SAPD) being held there.

The course started at 9am Friday and ended 3pm Sunday.

This is the last part of their Scout training and they have now earned the Gilwell scarf and wood beads which are to be presented to them.

All four participants are part of the Nelson Zone Team and will now be able to assist in the training of new Scout Leaders throughout the area as well as ensuring a good experience is had by all Leaders through their assistance and sharing of knowledge.

The course was a journey of growth and development which included a variety of learning styles and will enhance their journey through both their personal and scouting lives.

This course is available to all section Leaders after 18 months of service.

Congratulations to you all!



BMG Mini for Nelson Cancer

by Bob Croy

These are the up to date pictures of the Mini. It is coming along well now and we are delighted with the body work.



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Wakefield Community Council

What's up with Wakefield Ratepayers?

We have been working hard with Focus Wakefield on getting a solution for the dangerous Church Hill corner, in conjunction with the cycleway trust and TDC.

We now have signs up in the churchyard so pedestrians and cyclists can walk through the church access-way, thus having a safer temporary route. While there are graves to consider along the road edge, the church is working with all groups to see if we can together provide a long term solution to the dangerous corner, especially in the light of the upcoming Ben Nevis subdivision.

Focus have put in a submission on the TDC Draft annual plan for analysis of needs, in the light of recent earthquake reports on the Hall.

Traffic speeds in the village under review are: Pigeon Valley South, Totara View Road, 88 Valley Road, and Edward Street.

The new flood analysis is keenly awaited by us. Next meeting on second Tuesday in June.

Everyone is welcome, held at Worship Centre 120 Edward Street.

Rev.d Allan,
Chairperson.



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Open for sales by appointment

Owners: Bevan & Rachael Hart
74 Eighty Eight Valley Road
Wakefield, Nelson 7025

Phone 03 541 8763

Phone: Bevan 027 541 8763
Rachael 027 286 7927
Fax: 03 541 8764

Village Sports News

Rural Ramblers

On May the 13th, 17 members of the Rural Ramblers group walked the hills of Wakefield. We met at the Wakefield bowling club and went a short way up 88 Valley Road, turned up a private drive way to get to Carolyn Masons property.

We then walked a couple of km's along a ridge parallel to Church Valley Road, which took us to the new cycle way near St Johns Church.

We enjoyed a day of sun, no wind and good views. We then went back to the bowling club for lunch, as they were having an open day.

All but one member tried their hand at outdoor bowls with varying degrees of accuracy. Fun was had by all and we wound up and went home at 3pm.

We would like to thank Carolyn for planning the day.

For enquiries please contact:-
Shirley Percy 522 4924
Carolyn Mason 541 9200

WAKEFIELD VILLA

Tearooms & Gift Shop



Tearooms open 9.00am - 4.00pm
Shop open 10.30am - 4.00pm
6 Days a Week

Telephone
541 9168

Winter Wednesday - Soup - Toast & Drink \$15.00 per head
Book your table plus your Grey Power 10% discount

14 Whitby Way, Wakefield

the art room



At Motupiko Studio

What? Small after school Children's Art classes, \$10 per person

Equally small Art classes for grown-ups, \$25 per person

Where? At my studio at Motupiko Hall, just before Quinney's Bush

When? Tuesdays 3.45 - 5.00 for children, 10.00 - 12.30 or 1.00 - 3.30 for grown-ups

How? Contact me to book your limited place 5224989 or emmapanting.com

ART CLASSES TEACH KIDS TO:

RESPECT OTHERS START A DIALOGUE
EXPERIMENT WITH MATERIALS OBSERVE
FIND THEIR VOICE SELF-EVALUATE
MAKE CONNECTIONS EXPRESS THEMSELVES
LEARN FROM THEIR MISTAKES
CLEAN UP REFLECT ON THEIR WORK
EMBRACE DIVERSITY PERSEVERE
HAVE AN OPINION APPRECIATE BEAUTY
BREAK AWAY FROM STEREOTYPES
ENVISION SOLUTIONS VALUE AESTHETICS
SEE ANOTHER POINT OF VIEW INNOVATE

WOMENS BIZ

On a chilly Friday night in May, the Womens Biz group were very lucky to be inside experiencing the warmth and comfort of Maree Peter's Tree Top B&B at Kohatu.

Imagine 20 women sitting around the lounge with laptops, tablets and other mobile devices at hand, fire blazing in the background. Thank you so much Maree for having us at your home once again, especially with such a big turnout.

This month instead of having two people profiling, we called on the services of Karen from Social Media Sorted to deliver us a session on Facebook for Businesses. There were ladies in the group who haven't developed a social media presence yet or started their business Facebook page and others who have built their businesses using these tools.

Whatever stage we are at, there were plenty of tips and tricks for everyone. We talked about the types of pages you can have, how to boost your profile, the terms and conditions, why you want "likes", how to get them and a lot more.

While this was an introductory session to Facebook, Karen is available for one on one sessions to talk about Facebook, Twitter, Linked In and much more - in fact, she can help you with your entire social media strategy.

ANTIDOTE APPLIANCE REPAIRS LTD



Servicing all major brands of whiteware.

TIM LLOYD
79 Treeton Place
Wakefield
antidote@ihug.co.nz

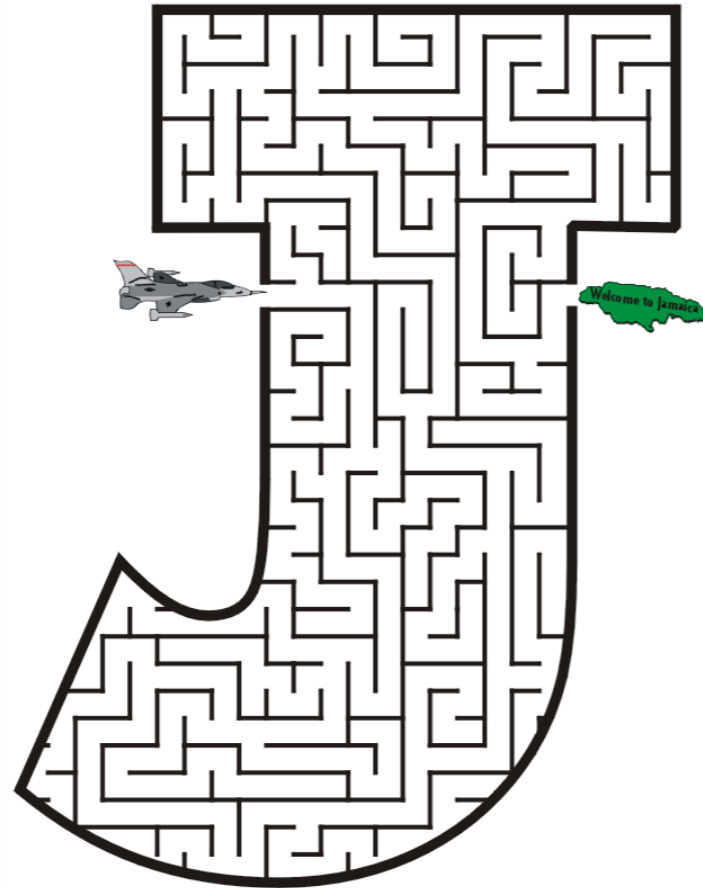
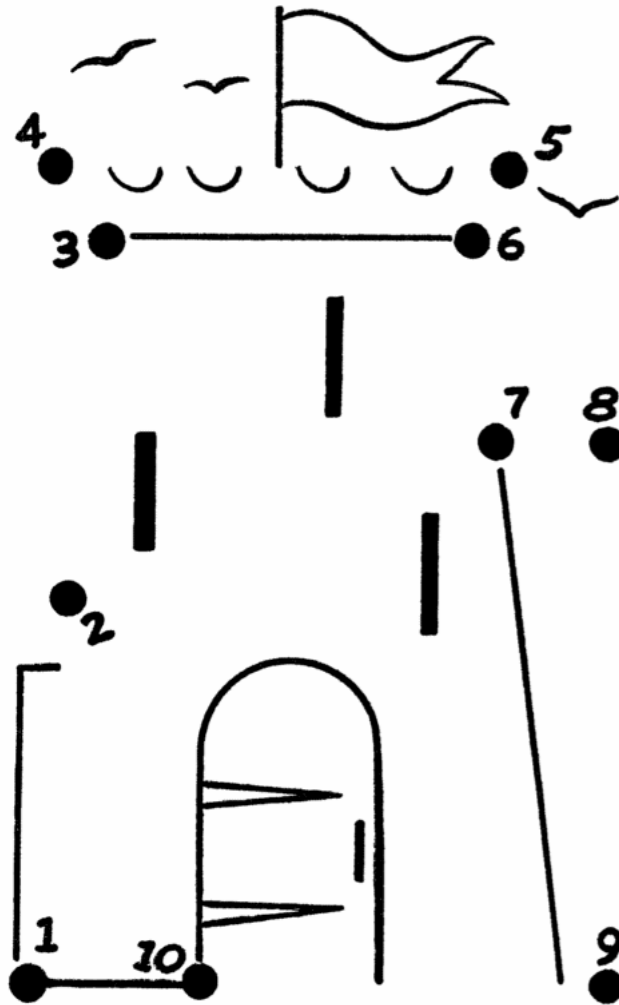
For warranty, service or second hand sales call:
03 541 8877 or 021 1601 004
www.antidoterepairs.co.nz

Thank you so much Karen for your information, tips and knowledge. I know there are many of us who will be following up this introduction with more in depth work.

The next meeting will be held on Friday 28th June, 7.30pm with venue to be advised, but it will be in the Wakefield area.

If you are interested in coming along to find out more, or going on our contact database, please ring
Justyne 522 4488 or
Sonia 541 9005.

Kids Colouring Corner



PONY REQUIRED

To lease for beginner 6 yr old rider. Must be quiet, friendly and like children!

Wakefield family with own land and existing horse, call Sue on 021 545 799

STORAGE AVAILABLE

Large Shed
Ph 541 9053

CHILDCARE REQUIRED

in Wakefield, from 5 August to 20 September 2013, approx 5 hours – 12-5pm, 4 days a week.

Must have experience in child care and have a great sense of humour, all enquiries to Sue on 021 545 799.

HAY FOR SALE

minimum purchase 25 bales - \$9.00 per bale. Phone Sue or Rob 5418908 ah or Sue 021 545 799

WANTED

Two strong students for several weekends labouring work, sorting and cleaning up demolition timber for recycling (eg rimu t 'n' g flooring and sarking etc) hourly rate neg. - ph Jeremy 021 885771

FOR RENT -

1 bedroom, modern warm self-contained flat (double glazing), Private location in Pigeon Valley, no smoking/no pets. Suitable for mature person with reference. Would also suit a couple looking for temporary accommodation.

PH 541 8176

WANTED TO RENT

2 bdm flat or house unfurnished Wakefield area Ph 547 0032 Contact Melva Nevin & Geoff Bateman

WANTED

Looking for a school leaver in the local area who is fit and energetic. If this sounds like you give Sam a ring on 027 581 1621

WAKEFIELD BABY SITTER AVAILABLE

I am 16 years old and looking for local babysitting work.

Good references available, please phone Laura on 541 9334

MONTHLY COMMUNITY CALENDAR

JUNE 2013

Sat 1	9.30 am - Wakefield Community Toy Library open
Mon 3	All Day QUEENS BIRTHDAY
Tues 4	7.00 pm - Indoor Bowls, Wakefield Village Hall 7.30 pm - Wakefield Village Hall Committee Meeting
Wed 5	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Thurs 6	9.00 am - Art Group, Wakefield Village Hall
Sat 8	9.30 am - Wakefield Community Toy Library open 8.00 am - Market Day, Whitby Way Carpark 1.00 pm - Wakefield Bowls Winter Season opens
Mon 10	10.00 am - Mainly Music, Wakefield Village Hall 1.00 pm - Indoor Bowls, Wakefield Village Hall
Tues 11	9.45 am - Livewell Staywell, Wakefield Village Hall 2.00 pm - Fashion Parade, Worship Centre 7.00 pm - Indoor Bowls, Wakefield Village Hall 7.30 pm - Wakefield Community Council meeting, St Johns Church
Wed 12	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Thurs 13	9.00 am - Art Group, Wakefield Village Hall
Sat 15	9.30 am - Wakefield Community Toy Library open
Tues 18	7.00 pm - Indoor Bowls, Wakefield Village Hall
Wed 19	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Thurs 20	9.00 am - Art Group, Wakefield Village Hall 12 noon - Community Lunch, Worship Centre
Fri 21	6.30 pm - Wakefield School PTA Quiz Night, Wakefield School
Sat 22	9.30 am - Wakefield Community Toy Library open
Tues 25	7.00 pm - Indoor Bowls, Wakefield Village Hall 9.45 am - Livewell Staywell, Wakefield Villa Tearooms
Wed 26	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Thurs 27	9.00 am - Art Group, Wakefield Village Hall
Fri 28	7.00 pm - Womens Biz, venue TBA
Sat 29	9.30 am - Wakefield Community Toy Library open

JULY 2013

Mon 1	10.00 am - Mainly Music, Wakefield Village Hall 1.00 pm - Indoor Bowls, Wakefield Village Hall
Tues 2	9.45 am - Livewell Staywell, Wakefield Village Hall 7.00 pm - Indoor Bowls, Wakefield Village Hall 7.30 pm - Wakefield Village Hall Committee Meeting
Wed 3	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Thurs 4	9.00 am - Art Group, Wakefield Village Hall
Sat 6	9.30 am - Wakefield Community Toy Library open
Mon 8	10.00 am - Mainly Music, Wakefield Village Hall 1.00 pm - Indoor Bowls, Wakefield Village Hall

[If you want to make sure your important date shows on this calendar, please email windowonwakefield@gmail.com]

Community Notices

FOR SALE

WANTED

FREE

HELP



Nelson Travel Broker
your journey starts here
Sue has over 15 years experience and together with Air New Zealand Holidays can provide you with the very best deals!
Phone: 03 541 8417 or 021 545 799
Email: sue@nelsontravelbroker.co.nz

AIR NEW ZEALAND
holidays
travel broker

Find more great deals at...
www.nelsontravelbroker.co.nz
LOCALLY OWNED & OPERATED

TRAVEL OPPORTUNITIES

Calling all ladies that are interested in travelling with other local women in small groups for interesting adventures overseas, if this sounds like you please register your interest by calling Sue on 5418417 or email at sue@nelsontravelbroker.co.nz

YOUTH GROUP IN WAKEFIELD

St Johns church now has two different age range youth groups operating on Friday nights.

6pm for the intermediate age range
7.45pm for the older and wiser mob

Contact Hayden 5418909.

WAKEFIELD MARKET DAY

Saturday 9th.

We look forward to seeing you there 8 to 12 as its time to clear out the draws for the winter woollies.

Come get some good reading, plants before too many frosts, enjoy bbq, sites available phone jean 5418154

WINTER FASHION SHOW

50 and over winter fashion show
2pm 11th of June
St Johns Worship Centre
\$2.00 entry
Afternoon tea provided
Spot prizes to be won
So bring a friend and enjoy a fun afternoon

COMMUNITY LUNCH

Community Lunch,
12 noon on 20th June
at Worship Centre,
Edward Street, Wakefield.
All welcome - gold coin donation.
Ph. Brenda 541 9413

VOLUNTEER REPORTER WANTED

Window on Wakefield is looking for interested people of any age, who would be keen to write articles from time to time for this publication. Stories might be about events, people, places or anything else considered newsworthy.

If this sounds like you, ring 541 9005.

WELLS RURAL POST

Contact Matt & Angie Wells for all your RD2 Wakefield postal needs, including

- Prepaid Envelopes
- Stamps
- Courier Items
- Local freight from Wakefield, Dovedale and Tapawera.

Prescriptions form Wakefield.
Phone 541 8177

Wakefield Craft Group

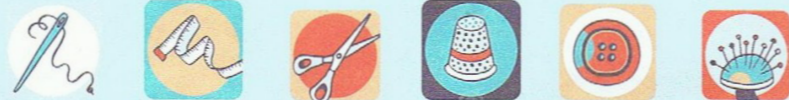
Come and join the ladies craft group
Wednesday mornings in the Village hall supper room

9.15am - 12pm.

Bring any project - sewing, knitting, crochet etc.
and join us for coffee and company

\$3 per morning

Phone Judy on 541 8342



Community Directory

- | | | |
|---|---|---|
| Citizens Advice Bureau
548 2117 - 0800 367 222 | Country Players (Drama)
Philip Calder 541 8442 | Focus Wakefield
Diane Blackburn 541 9725 |
| Guiding Co-ordinator
Sue Burrowes 541 9689 | Junior Country Players
Dixie McDonald 541 8862 | Just Gymnastics
Linda Mace 546 6013 |
| Lord Rutherford Memorial Hall Foxhill
Helen Pullan 541 8058 | Nelson Vintage Engine & Machinery Club
Allan 027 319 7427 | NZ Postcard Society Inc.
Doug South 541 8980 |
| Pigeon Valley Steam Museum
Alan Palmer 027 319 7427 | Pinegrove Kindergarten
03 542 3447 | Richmond Lions - Wakefield Representative
Ivan Burrowes 541 9689 |
| Rural Ramblers
Carolyn Mason 541 9200 | Rural Women
Dawn Batchelor 542 3628 | Spring Grove Church of Christ
Meet Sundays 10am
541 8011 |
| Spring Grove Drill Hall
C. Pike 542 3904 | St Joseph's Catholic Church
Sun 8am, Wed 10am
Fr David Gruschow 544 8987 | Top of the South Rural Support Trust -
gibbs@ts.co.nz
Colin Gibbs 541 8435 |
| Totaradale Golf Club
Jacquie 541 8030 | Waimea Sheepdog Trial Club
Colin Gibbs 541 8435
gibbs@ts.co.nz | Waimea Sth Historical Society
Jeannine Price 542 3033 |
| Wakefield Anglican Church - St Johns
Meet Sun 9.00am; 10.30am
Rev. Allan Wasley 541 8883 | Wakefield Bush Restoration Society
Doug South 541 8980 | Wakefield Bowling Club
Margaret Eames 541 8316 |
| Wakefield Brownies
Vin Law 541 9190 | Wakefield Craft Fair
Leanne and Glen Turner
541 8306 | Wakefield Community Council
Allan Wasley 541 9622 |
| Wakefield Community Library
Wendy Gibbs 541 8490
Pam Dick 541 8392 | Wakefield/Brightwater Guides
Sarah Arnold 5419481 | Wakefield Indoor Bowls Club
Ren Olykan 541 8275 |
| Wakefield Football Club
Richard Malcolm 541 9429 | Wakefield Methodist -Presbyterian Church
Meet 1st & 3rd Sundays 11am
Rev Paul Tregurtha 544 8394 | Wakefield Pippins
Kirsty Harte 541 9799 |
| Wakefield Medical Centre
541 8911 | Wakefield Plunket
Donna Todd 541 8583 | Wakefield Preschool
Contact: 541 8086 |
| Wakefield Playcentre
Contact: 541 8866 | Wakefield School/ Community Swimming Pool
Contact Phill Platt on 027 231 7610 | Wakefield School PTA
Jeanette Mattsen
zephyrfan@hotmail.com
03 541 8118 |
| Wakefield School
Edward Street 541 8332 | Wakefield Smallbore Rifle Club
Ian Hutchings 541 8342 | Wakefield Tennis Club
Ngairie Calder 541 9419 |
| Wakefield Scout Group
Sheryl Guyton 541 9178 | Wakefield Village Rest Home
Gerri Harvey 541 8995 | Wakefield Village Hall
Rob Merilees 541 8598 |
| Wakefield Toy Library
Tues 10.30-11.30am
Friday 2.30-4.00pm
Chris Gaul 541 8148 | Wanderers Sports Club
542 3344 | Way to Go Co-ordinator
Vanessa Mairs 027 511 8826 |
| Wakefield Volunteer Fire Brigade
CFO Simon Ladley 027 2577 786 | Window on Wakefield
Advertising - 541 9641
Genie & Lindsay Bradley | St. John's Worship Centre
Caroline Gibbs 541 8491 |
| Womens Biz
Justyne McGaveston 522 4488
Sonia Emerson 541 9005 | Waimea Plains Junior Football Club
Grant de Joux
542 4452 | |

CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have **specialised skills/ equipment**, and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their **responsibility to be personally prepared**.

You should ensure that you have your own **survival kit** in place, and that you are able to be **fully self sufficient for at least three days**.

In the event of an emergency, for urgent public messages, tune in to:
More FM 94.1, Classic Hits 89.8, Fresh FM 95.4



FOR SALE IN WAKEFIELD

See the rest of my listings at www.nelsonrealestate.co.nz



87 PIGEON VALLEY ROAD
\$499,000+

Fantastic value here

So close to the Wakefield Village, but enjoying the peace and quiet of the countryside. Double garage plus workshop, and a huge high-stud shed. Town water plus a bore.



11 O'SHEA PLACE

Buyers have missed out here
- please call me for a

FREE APPRAISAL
of your home.



359 PIGEON VALLEY ROAD

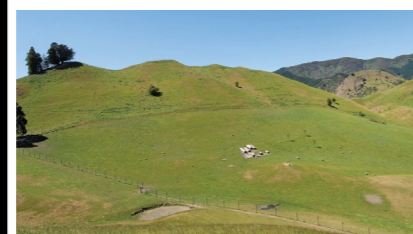
Can't meet demand for lifestyle properties - please call if you are thinking of selling.



21 BIRD LANE, WAKEFIELD
\$299,000+

Power, telephone, water & sewerage services to the boundary

Fantastic value here with this flat bare block, approximately 3 and a half acres, with all services available! Hidden away on the north side of Wakefield village, there is a lovely outlook to the foothills and Ben Nevis.



489 CHURCH VALLEY ROAD
\$780,000 + GST IF ANY

Peaceful & so private on 21 hectares

Secluded and peaceful rural retreat only 5 minutes to Wakefield village. Spacious 3 bedroom plus office home with stunning views to the Ranges. The land is fully deer fenced, with its own water source. Modern 140m² garaging. RV \$800,000



128 WAKEFIELD-KOHATU HIGHWAY \$549,000+

1.32 hectares flat land, so close to Wakefield! Amazing value here - 3 bedroom, 2 bathroom spacious, double glazed homestead with huge loft space/rumpus, and logburner on wetback, town supply water plus well. Double garage, workshop, 3-phase power. High-stud 3-bay shed. RV \$565,000.

COMMISSION

2.95%

+ \$500
Base Fee
+ GST

on the first \$400,000 and thereafter by negotiation

FREE Market Appraisals

WANTED

up to \$400,000

3 bed home plus large garage.

up to \$410,000

3 bedroom modern home.

up to \$450,000

Modern 3+ bed, 2 bath home.

up to \$480,000

Modern 3+ bed, 2 bath home.

WINDOW ON WAKEFIELD
ONLINE EDITION BROUGHT TO YOU
BY



PHONE 03 541 9641



WENDY PEARSON

544 5488 / 541 8778 hm

LICENSED REAL ESTATE SALESPERSON (REAA 2008)

