



window on **wakefield**

Your Local News

Community News for the Wakefield Area

OFFICIAL CYCLEWAY OPENING

by *Sonia Emerson*

After it's informal opening last year, the Brightwater to Wakefield leg of the Great Taste Trail officially opened with a blast last weekend. The Wakefield Community Council and Focus Wakefield had jointly agreed to hold off holding an opening ceremony until we were happy that the safety concerns posed by the Edward Street church corner had been addressed. This work has now been completed and I think you will agree that a safe route has been provided for cyclists [and pedestrians] as they come around this particular corner.

Luck was upon us and for the most part, it was sunny but quite windy. A few cycle enthusiasts braved the wind though cycling along the trail from Brightwater to Wakefield.

On the Village Green Chris Allison from Get Moving, and Mike Tasman-Jones from TDC took care of the technical aspects with Chris doing free mechanical bike checks. The Blast Bouncy Castle was a hit with the kids and adults alike although I personally wasn't game enough to try it. Phil Higgins kindly provided a generator to power the castle and provide power for the sound system.

A sausage sizzle, slices of cake and tea and coffee provided refreshments for those that attended. Thanks to Colin Gibbs, Fritz Buckendahl, Russell and Carol Wilson, Angela and Annie McMiken, and Emma Marshall for making sure that everyone had the sustenance they needed.

Gillian Wratt, Chairperson of Nelson Tasman Cycle Trail Trust provided some interesting background and facts on our stretch of the trail. Apparently this last year approx 7,000 people have used the Brightwater to Wakefield section of the track, which is almost twice the previous years 4,000. This is also almost half the number of people who used the Richmond to Brightwater section for the same period which was 15,000. Gillian thanked the TDC for the support and spoke about the next exciting leg out through the Spooners Tunnel to Tapawera.

Judene Edgar, TDC Councillor, expressed how pleased the TDC are with Tasman's Great Taste Cycle Trail and their desire to continue to work together on the upcoming sections of trail. Judene then cut the ribbon officially opening the trail.

Thank you to Judene, Gillian and all those who attended the opening as well as the many people who helped on the day.



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Window on Wakefield is a community newspaper, and as such, we look forward to having articles and content contributed by our community. If you wish to submit a one off article, or suggest some regular content, please make contact with Sonia on 541 9005 or email windowonwakefield@gmail.com and read the Terms and Conditions below.

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All Advertising to be submitted by the 20th of the Month prior

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Wakefield School & Community Pool

Did you know?? - Wakefield School & Community Pool...

by Peter Verstappen

The Wakefield swimming pool has been a valued community asset for 62 years. The original pool, built in 1953, was a small outdoor pool on the school field, but the needs of a growing community led pool Committee Chairperson Adrienne Baigent to call a public meeting in 1994 to gauge support for building a new larger pool. A committee with both school and community representatives was formed to undertake the project, chaired by Mr Ian Douglas.

In 1996 the Wakefield School & Community Pool Incorporated Society was formed. A Management Board was also formed, comprising two members of the Society, two members of the Wakefield School Board of Trustees and one member appointed by Tasman District Council. The Board, now referred to as the Committee, ran the operational and business duties on behalf of the Society and the wider community.

The new pool complex was constructed on its present site in 1997 with money from local fund raising activities along with grants from the Community Trust, Lotteries Commission and the Tasman District Council.

The opening ceremony in December 1997 was conducted by Kerry Marshall, the then Tasman District Mayor, Dr Tony Eames, Chairperson of the Wakefield School & Community Swimming Pool Management Board, and Mr Phil Dick, Chairperson of the Wakefield School Board of Trustees.

In August 1998 Mr David Crowe made a generous bequest of \$160,000 to roof and enclose the pools. This project was completed in 2001 and opened by Mr Tim King, Tasman District Council Deputy Mayor, and Mr George Baigent, Chair of the Wakefield School & Community Pool Management Board. The total cost of the structure was \$210,170 with the balance of funds met by Tasman District Council reserves and local community fund raising by the Society.

Over the years the Incorporated Society's numbers have dwindled and today all the business of the pool is managed by the Committee, with a few extra helpers. This small group of dedicated volunteers and the school caretaker keep our valuable community asset running.

The complex is maintained predominantly from investment by the school, funds generated from season key sales and the fund raising efforts of the Committee and the community. A savings plan is in place, with money set aside each year for maintenance.

The pool continues to be a key local asset, providing relaxation, exercise and play that contributes greatly to the general well-being of our community. The pool is a not-for-profit community asset and the Committee tries to ensure that key prices remain affordable while still covering the ever-increasing costs of operation and maintenance.

The pool facility has now reached an age where significant maintenance is required, mainly resurfacing the pools and repainting the roof structure. To manage this work and the fundraising to help pay for it, the Committee needs more members from our community. You may be a regular swimmer or you may have family members who are, but even if not it's in all our interests to see the Wakefield Community pool stay open, so if you have a bit of time and energy to spare we invite you to join us.

The Committee meets monthly and is a cheerful and purposeful group. To show your interest or find out more please contact Jo Kitchen, the Committee chairperson, 541 9714; or Peter Verstappen, Wakefield School principal, 541 8332 for more details.

The Society's Annual General Meeting will be held on Wednesday July 22nd at 7pm in the Wakefield School library. All are welcome.

Live Well Stay Well

"Live well stay well" is a health and social group that meets two weekly in Wakefield or Brightwater from 9.45 - 11am. All interested are welcome to attend especially if you are new to the village.

A varied programme is organised which is informative and fun plus regular coffee and chat sessions. The group is followed by a walk around Wakefield or Brightwater for those who feel like being more energetic.

July 7 Meet the "Trade Me Queen" at Sues place, 60 Pitfure Rd at 9.45am for coffee and a practical internet session.

July 21 Meet at the Wakefield Hall 9.45am – 11am for a morning with Heather Lackner from The Alzheimers Society. Subject "Lets talk about dementia"

August 4 Coffee and chat at the "Wakefield Bakery" at 9.45am.

All of these sessions are followed by a walkabout in Wakefield. Any enquiries or to go on our email list to let you know what's happening, please call Margaret 5419693 or Yvonne 5422235.



Wakefield Health Centre

WELCOME TO OUR NEW GP REGISTRAR

Hello!

My name is Janneke, I'm the new registrar here at Wakefield.

I've been working in hospitals for the last five years or so both in the UK and in New Zealand and I'm really excited to finally be out in General Practice (where the real work gets done!)

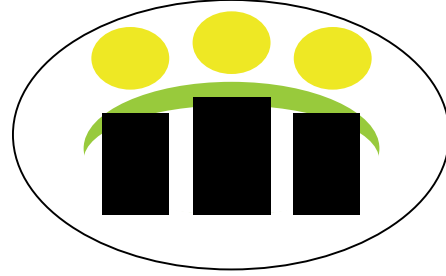
I am looking forward to getting to know the people out in Wakefield, Tapawera and surrounding districts and interested to see what working in a more rural setting will be like!

I'm from a small farming town in Devon in the UK originally, so I think I will really enjoy being here.

I expect I will see some of you over the next six months.

I'm keen to learn and I love meeting new people so feel free to come and say hello if you see me around the place.

See you soon! Janneke



Wakefield Health Centre

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New Enrolments Welcome

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Wakefield Cubs

by Julian Eggers, Wakefield Cub Leader

The Wakefield Cubs have smashed off with another awesome start to this year. Starting off with the Nelson Zone Camp where the cubs were involved with other groups from around our zone doing awesome activities such as abseiling and the mud slide. The cubs also enjoyed the rest of the summer months being outside doing games and even completing their stage one to three swimmers badges. All good fun.

At the end of term one we farewelled our amazing leader Emily Tudor. Emily was a great leader and awesome with the cubs. Again thank you heaps Emily you did an amazing job running the cub pack.

Term Two:

This term we all welcomed our two new leaders to the cub pack, Andy McKenna and Mark Tohill and got them into the cub way of things and cracked on with the term. We have done a lot this term with a visit to the local fire station where the cubs learnt how to be safe with fire and had a look around the fire trucks.

We also had Brightwater cub pack visit, cub bring a friend night around a campfire eating marshmallows and singing campfire songs. A huge highlight for the cubs was heading into Nelson to Vertical Limits Indoor Rock Climbing. The cubs got out of their comfort zones and all had an amazing time going up and down the climbing walls. It was also great to see the parent's involvement too, helping out getting to see their children enjoying themselves.

At the end of this term I'm grateful to say that we have an outstanding, healthy cub pack of 20 invested Wakefield Cubs. It's been such an awesome term learning and having fun with the cubs and the parents and I can't wait to do all this again next term.



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Country Players

OLIVER TWIST

by Neve Lloyd

My heart was beating fast, my hands were shaking and I couldn't read the words on my page properly but as Margy hit the first piano key I knew I had to start singing. It was my first audition to be in a play.

John and Jen Amosa are busy rehearsing with a group of Wakefield children and adults for a musical production of Oliver Twist. Our practices are every Sunday. They also run an extension drama class for children who want extra practice.

The story of Oliver Twist is about a young orphan boy who runs away to London and meets a group of pickpockets run by an old man called Fagin. It is a magnificent musical featuring lots of great songs like "Food Glorious Food", "You've Got to Pick a Pocket or Two" and "Consider Yourself."

The cast will be rehearsing hard throughout the winter and we will be performing the show on the 11th, 12th, 13th, 16th, 18th and the 19th of September. Tickets will be on sale from The Country Players nearer the time. Please come along and support us, it's going to be a very entertaining show!



Wakefield Plunket Playgroup

With a few cold and wet days the children enjoyed being able to go and play outside again when the sun came out and warmed everything up again. The children enjoyed trying their hand at dying on squares. The children who chose to try dying chose which colours they wanted to use and where they wanted the colours to go. They watched the colours join together to make other colours. Once the squares had dried the end result were fantastic. The children enjoyed dying.

One of our mums is a guide dog supporter. For the Guide Dog Awareness Week she made biscuits in the shape of dogs for the children to decorate and then eat. This went down a real treat with the children enjoying decorating their biscuits any way they wanted and then getting to enjoy the end result by eating it. Everyone got a chance to colour in a guide dog any way they wanted and these were sent away to go into the draw. Thank you Tania.

We would like to thank Higgins Contractors for kindly donating a trailer load of sand for our sand pit. The children are enjoying having a full sand pit. Thank you very much.

The children got to have a look on the SBL red double decker bus when it was parked outside the Brightwater Community Anglican Church. We waved it off when it was time for it to leave.

The parents each week enjoy catching up with each other and meeting new mums/dads who come along. It is a great atmosphere for everyone. If you wish to come along you are very welcome.

We are open 9 -12pm for anyone to attend. Come along and meet other parents/caregivers in a relaxing environment, with a shared morning tea for children and parents/caregivers.

Any enquiries please contact Wendy 5419272 - 0276949720.





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Town and Country Talk

by Brenda Halliwell

POISONINGS

Fortunately poisoning cases do not make up a large part of our work as vets. There are many substances which can be toxic to animals, some common and others not so common.

Here is a list of the more common ones for cats and dogs, in no particular order!

- Human medications
- Pet medications – when not given as prescribed
- Human food – including chocolate, avocado, onions, macadamia nuts, grapes, raisins, xylitol
- Pesticides such as rat bait
- Lawn/garden products such as slug bait
- Compost heaps and mouldy foods
- Antifreeze
- Plants – including azaleas, rhododendrons, peace lily, daffodils
- Household chemicals such as bleach, pool chemicals, paint thinner

Pet poisoning symptoms vary depending on how a particular substance affects your pet and how much was eaten or inhaled:

- Gastrointestinal eg vomiting, diarrhoea
- Neurological eg wobbliness, seizures
- Heart and breathing problems
- Internal bleeding
- Collapse, coma, death

Very few poisons have specific antidotes. Rat bait and antifreeze are two that do. But even if we can give an antidote, other treatment is necessary too.

The main aims of treatment are to:

- Get rid of poison from the body by causing vomiting or using an enema
- Prevent further absorption
- Control any symptoms, such as seizures
- And support the animal until they are back to normal function

This can mean several days in hospital on intravenous fluids and medications plus multiple blood tests to assess internal organ function.

Poisoning is less frequent in farm animals and horses as they are usually restricted to pasture and vegetation. However, plants can be toxic and care needs to be taken with prunings and dumping plants in a pile to be burnt.

Many plants can be toxic but sometimes it is just the seeds or flowers or leaves, not the whole plant. It can also depend on the time of year and how much is eaten.

Other poisoning risks for farm animals include licking treated timber which contains arsenic and old sheds which are painted with lead paint.

Unfortunately once poisons are inside a large animal, we can't get them back out! Only supportive treatment is possible.

Once again, it is better to prevent access to poisons than have to treat a poisoned animal!




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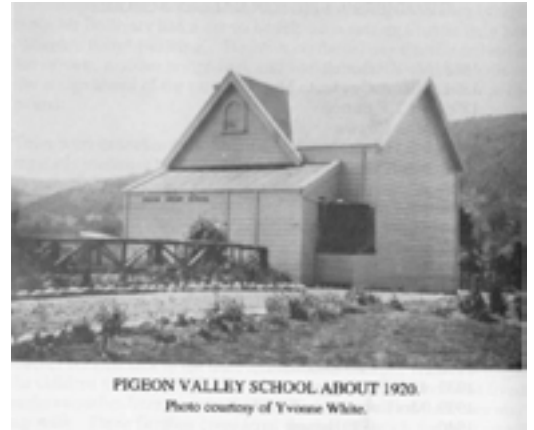
The Way We Were

Back to School at Pigeon Valley 1875 - 1911

Prepared for the Waimea South Historical Society by Roger Batt

Beginnings - The site for the school was purchased in September 1885 from Mr Baigent for 10 pounds per acre. Building started soon after and the school opened on January 11th 1888 with Mr T Burrell as master. The roll was small at the beginning with only seven pupils in 1895 but the valley was quickly settled and in 1908 ten feet was added to the schoolroom. By 1910 the roll had increased to 25 children. It did not rise above this after World War I.

An amusing story is recounted in 150 Years of Wakefield Schooldays of a hotel bet between Mr Charlie Baigent and Mr Bullivant. Charlie wagered a whole pound that he could beat Bullivant across the Pigeon Valley bridge. As Mr Bullivant had a car he felt quite safe while his protagonist had only "Shank's pony." However, on the set day Charlie arrived at the narrow wooden bridge first and proceeded to walk right down the middle of it, ahead of the car, leaving it no room to pass. Thus his pound was won.



With Wakefield School being a little over two miles away it was natural that its facilities for manual training would be shared with Pigeon Valley as well as other schools close by. Joint end of year concerts were also greatly enjoyed. The Nelson Evening Mail of 19th December, 1905 has this delightful review of one such occasion:

DISTRICT NEWS. WAKEFIELD SCHOOL CONCERT

The annual concert in connection with the Wakefield and Pigeon Valley Schools took place in the Oddfellows' Hall last Friday night, the building being crowded. The concert opened with a piano duet by two schoolgirls, Misses H Hooper and T Thomas. Miss Martin's scholars followed with a song. Six boys and six girls danced round the maypole, after which Mr A Thomas rendered a song, and another as an encore; then came a recitation by Miss F Coote, of Nelson, which was so well delivered that the audience insisted on an encore.

The tableaux* entitled "Sing a Song of Sixpence," was next staged, after which came another series of tableaux: "Little Jack Horner," "Grandmother," and "Little Miss Muffett." These were partly acted and partly recited, the large "blackbird" making many darts at the "maid" before finally "nipping off her nose," and the spider, a Brobdingnagian* one, was large enough to scare many Miss Muffetts.

Miss Harris played a pianoforte piece. Miss Faulkner well deserved her encore to her song. Miss Hooper and her six girls next entertained the audience by an exhibition of Indian clubs, after which Miss Eden's pupils sang "The Little Piggies." Mr L Hoult's song was encored, and was followed by physical drill by eight school cadets. Miss Coote gave another recitation and another, "I'm not bald," in response to her encore. A fancy march by the big girls came next. This was one of the best performances of the evening.

The whole school sang "The British Grenadiers," after which Mr G Johnson's troupe of ten little niggers evoked great fun. Then came "Good Night" in character, acted by ten little "tots" in nightcaps and dresses, bearing candles. The entertainment concluded by the audience singing "God Save the King."



Photo Above: History enthusiasts on south side of the School October 1993

Photo Below: North front Pigeon Valley School 1993

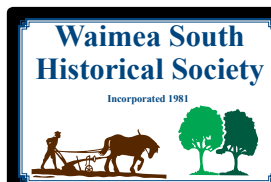


- Tableaux - Literally a "living picture" showing a scene, usually on a stage, by silent, motionless and costumed participants
- Brobdingnagian - of tremendous size - from the imaginary land of the giants in "Gulliver's Travels"

The small size of the school roll was no barrier to the needs of the children being met. The Country Library Services van called regularly to exchange books in the small library staffed by volunteers. Swimming lessons were taken in a pool in the Pigeon Valley river just above White's house and dental treatment was not neglected. The children either walking or being transported to the Wakefield clinic by trap (a small horse-drawn cart.)

However, with the roll never rising above 25 (this in 1910) it did not take more than the loss of five or six children for the viability of the school to be placed in doubt. The Board attempted to close the school as early as 1944 but the parents resisted.

Five years later in the third term of 1949 the teacher became ill and Mr Phil Walker began transporting the children to Wakefield by bus. (The roll by this time had dropped to about 16.) The rule which made those who lived under two miles from the nearest school ineligible for the free bus service was relaxed and so all school children in the valley were able to be transported to Wakefield. Thus the fate of Pigeon Valley School was sealed and it closed officially on February 1st 1950. ...continued on next page



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The Way We Were (contd...)



PUPILS AT PIGEON VALLEY 1935.

Back row: Roger Mead, Nora Fowler, Thelma Martin, Zaida Davies, Theo Loveridge.

Front row: Jane Fowler, Trevor Loveridge, Grace Martin, Douglas McPherson, Joyce Loveridge.

Photo courtesy of Thelma (Martin) Taylor.

Unlike many other redundant school buildings in the area, however, it was not sold off to a neighbouring farmer and used as a shed. It was later used by both Anglican and Brethren ministers for church services and as a Sunday school.

For a short time in 1983 when the Pigeon Valley bridge was washed away in a large flood and direct road contact with Wakefield was lost for three days it came into its own as a civil defence emergency headquarters. Later it was remodelled for use as a private dwelling and more recently the flat paddock below the school has been subdivided and sold.

Acknowledgements:

Stringer, Marion: *150 Years of Wakefield Schooldays 1843-1993*, first published by the Wakefield School 150th Anniversary Committee 1993. ISBN 0-473-02137-4

NZ Papers Past: *Nelson Evening Mail Dec. 19th 1905 p.2*

1993 Photos courtesy of Yvonne White



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Wakefield Volunteer Fire Brigade

The frosts are here now so please take care on the icy roads around our district. What I saw last week was some idiot driving his/her car with a fully frosted window screen and only a very small cap for vision. This is not safe behavior and we all must make time to scrape the ice off the wind shield as well as side mirrors so you can see what is happening around you.

I again apologise to all for the siren going off during the early hours of the mornings but we have another small glitch in the system but it has now been fixed by the service provider. At times when our pager system fails to go off at night for one reason or another the siren will activate itself to let us know that we have a call to respond to, our back-up system. Hopefully the issue has been fixed and you can all get a good nights' rest without hearing the siren going off.

Another small problem we sometimes have is locating the correct address when we are responding to a call. We are given an address to respond to but at times we struggle to find the address due to some letter boxes not having their number written on it or the rural rapid number not on the gateway or bushes grown over the number itself. Can you please check that your letter box has a number on it or check your rural rapid number is easily seen. This could save a life or reduce your property loss. Where possible have someone standing outside the driveway so it is very clear to us which property we are going to.

Call outs for June so far

- MVA = Motor Vehicle Accident
- Garden rubbish fire
- Medical, cardiac arrest
- Medical rescue, Brightwater
- Fire in old Church, Wakefield
- MVA, car v bank
- PFA = Private Fire Alarm
- Medical assist, Wakefield Medical Centre
- MVA, motorcycle v tree
- MVA, car v pole
- MVA, car fire Brightwater
- Medical assist, Wakefield Medical Centre

Running total for the 2015 = 39

As always take care, Fritz Buckendahl, CFO WVFB



In The Bush

by Doug South, President, Wakefield Bush Restoration Society Inc.

Our June weeding bee was well attended with 14 in total and very dedicated to the job at hand. A little variety this time in that we were assisting a "neighbour" whose property boundaries border part of the Faulkner Bush Scenic Reserve to assist them with major weed infestation and in the long term minimise the risk for our own Reserve.

The Reserves Department of the Tasman District Council organised PD workers to progress the spreading of the bark in the new track area in preparation for the plantings planned for June, July and August. Ongoing track maintenance, weed and pest control are never ending, with some of our volunteers working long hours outside of our usual weeding bees. We are extremely grateful for their commitment and dedication to all three Reserves within our Village.

We however do need a gentle reminder to all dog owners to note that the bottom area and entrance way to the Faulkner Bush Scenic Reserve is strictly for dogs on leads. Dogs must not be running loose in this area as this is where the children's playground and public picnic/barbecue area is located.

Just remember that before you leave your vehicle your dogs must be on a lead and controlled in this area at all times. We have had one incident of an unattended dog actually snatching a sandwich from a child's hand. I do appreciate that most dog owners are extremely responsible and value the top area of the Faulkner Bush Scenic Reserve for free running of their dogs, but again please be in control so that your dog when called will return to you.

Also unfortunately the incidents of dog poop in this bottom area and along the walkways is prevalent. We do ask all owners to be aware of the doggy do facilities on the Reserves or alternately to always remember to bring your own "catch" bags etc.

Our volunteers are few in numbers but very big of heart and for you all we work in conjunction with the Reserves Department of the Tasman District Council to protect the legacy of our Scenic Reserves for many future generations in our region.



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On The Beat

Hi all

Winter is definitely here and there is a lot of snow on the hills already.

With winter upon us it is always the time of year where we would like to remind you about road safety, driving to the conditions and getting your vehicle checked. These simple steps save lives.

If you are travelling away then leave a little later as there is always a risk of ice on the roads.

A big thank you to a large proportion of motorists who are slowing down for school buses, but again with winter here and the sun being lower in the sky in the morning it can create an extra hazard, so extra attention please. When I'm driving around I see a lot of people with fogged up or frosted windscreens and as soon as you get that sun strike on the window then visibility is reduced heaps, so spend a couple of minutes before you drive off to make sure your windscreen is clear.

There has been a lot of talk on social media about a group of people who have been breaking into and stealing cars. Yes some of this group have been apprehended and will face the consequences of their actions. Just a reminder to all residents to keep their cars locked and don't leave expensive items, wallets, phones etc, in your cars as this is what they have been targeting.

There is still a bit of damage happening around the community with letter boxes being broken. If you see or hear anything about these then let us know.

There have been a few comments from members in the community about seeing a lot of people at the Wakefield Police station over the last week. To put your fears to rest Wakefield Police station is the first station in New Zealand to be upgraded to the new 8.1 computer system. So it is a new learning curve for PJ and I.

I would like to take the opportunity at this time to thank all the members of our great community who do a lot of work that is not formally recognised. We have a lot of people who donate their time which is great to see.

We have a great community spirit in this area so let's keep it going, so keep the information coming to us.

Enjoy the rest of the year, drive safe

Cheers
S/Const Marty Tutton, Wakefield



Growing Things - Guerilla Gardening

by Jenni Komarovsky

I admit that I suffer from unnatural urges. Well, perhaps the urges aren't so much unnatural as primitive but naughty. That is, whenever I walk past a bare patch of earth, my green fingers itch to plant something in it.

A worldwide movement has arisen that's known as Guerilla gardening. Groups of people with similar naughty urges will descend on an abandoned, weedy area in the centre of town or along the roadside, and get planting. The term "guerrilla" implies that these actions are undertaken sneakily and without permission, rather than while wearing a giant ape suit. Although that has been known to happen! (I'm sure the gorillas would approve.)

The emphasis is usually on food plants, with a view to transforming a piece of unused land into something productive that can be taken by anyone walking by. So commuters can pick an apple for lunch on their way to work, or harvest herbs for dinner near the bus stop on their way back home. Sometimes the aim is merely to create a small patch of beauty in an otherwise cold and sterile city environment.

I once turned a small corner of an abandoned site near my workplace into a herb garden, hoping that people would use and enjoy them. Every day I looked forward to seeing how my parsley, sage, rosemary and thyme were progressing, and in dry weather I carted water in bottles to keep them from dying of thirst.

After a few months the big machines moved in to start construction, and I quickly dug up my herbs and moved them (with permission) into a half wine barrel at work, where some of them thrive to this day. It still gives me a kick to use them for salads or herbal teas occasionally, and to see others doing the same.

And isn't that why growing plants is so much fun? It nurtures not only the body, but the creative spirit as well.

I see that the latest cycle track developments in Wakefield have left patches of bare earth. I wonder if anyone will notice if I sneak by some night and plant some veggies?

PS The shortest day of the year is traditionally the time for planting garlic. That was the 21st June. If you missed it, it's not too late to plant now!



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Wakefield Playcentre

by Jen Amosa



Tahliah enjoying the sandpit

Earlier this year, the Education Review Office, which is the New Zealand government department that evaluates and reports on the education and care of students in schools and early childhood services, visited Wakefield Playcentre as part of the normal review cycle.

The following is an extract from their Report.

The Review Findings

Children are happy and highly engaged as they play with each other. The centre philosophy is very evident in the ways that children have uninterrupted play in mixed age groupings.

Parents have a strong sense of ownership and support each other and all children. The supervisor provides good modelling and demonstrates effective ways to extend children's learning for new parents. The learning environment is thoughtfully prepared to invite children to fully participate.

Infants and toddlers are well supported in the way the dedicated learning space encourages safe play and is attractively resourced. Parents are able to participate in the programme while they supervise their children.

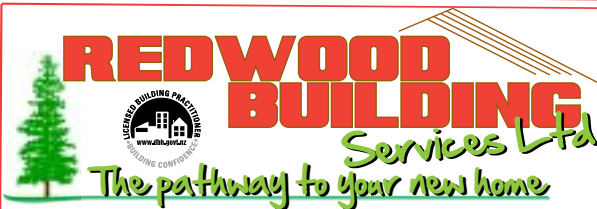
Most children's learning stories clearly show their interests, identify the adult's role and the next steps for extending learning. A particular strength is the quality of resources to encourage children's interests in science, financial literacy, and the language and concepts of mathematics.

The centre has a useful format for using self review to make improvements. A review that focused on te reo Māori in the programme identified a number of effective strategies to consult with Māori whānau, to increase the use of te reo in the programme and to purchase suitable resources. Adults continue to make good efforts to use te reo Māori in the programme.

Parents work well together as a cooperative and share responsibilities for the operation of the playcentre. They are encouraged to participate in training which often takes place during sessions. This contributes to the high numbers of parents who complete course training.

The playcentre is well placed to promote positive learning outcomes for children.

The full report and background information can be found on the Education Review Office website at www.ero.govt.nz



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CLICKY AND PAINFUL KNEES

by Kate West, Physiotherapist (BPhy) at Wakefield Physio

Patellofemoral pain is a term that describes pain in your knee. Pain mostly occurs in the front of the knee, but can also occur around the sides.

Patellofemoral pain can affect anyone from adolescence to the older population. Pain is usually not associated with trauma, and can occur when walking, running, jumping, walking upstairs or crouching.

Your knee joint is formed by three bones: your femur (thigh bone), your tibia (lower leg bone) and your patella (knee cap). Your patella is held in place by your quadriceps muscle (front of thigh muscles), which insert into your tibia.

When we want to straighten our knee our quadriceps muscle contracts or shortens to produce movement.

If you were to look at the underside of our patella you will see that it is convex shaped. Conversely the shape of our femur has a concave shape. When we bend our knee the patella tracks within this groove.



If this normal pattern of movement or 'patella tracking' is affected you will experience symptoms such as pain that is not easily located, pain that comes and goes as well as clicking, grating or a popping noise/s in your knee.

There are several reasons why your knee may not be tracking very well and one of them is muscle imbalance. Typically our outer quadriceps muscles are stronger than our inside quadriceps muscles. This has the effect of pulling our patella more to this side. Because of this our patella no longer tracks within the groove but instead rubs on the femur giving us symptoms of pain.

Muscle imbalances can also occur at the hip, and this has the effect of rotating your thigh inwards putting more stress on your patella.

Treatment of patellofemoral pain requires a thorough physiotherapy assessment to ascertain the cause of your knee pain.

Your physiotherapist will then give you specific hip and knee strengthening exercises to correct any muscle imbalances, and decrease the load on your knee.

Where appropriate taping strategies can be used to help with your knee pain in the short term.



Side view of your knee

Adapted from www.patient.co.uk



Kate West BPhy

Mary Caldwell Cred MDT

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Wakefield Community Council

by Fritz Buckendahl, Acting Chairperson

Some of the outcomes from the Community Council meeting in June;

The Faulkners Bush Reserve representative spoke to us about the unleashed dogs that use this area to give their dogs some exercise. It needs to be pointed out that it is a privilege that we can let dogs out and run around this area because it is a Conservation Scenic Reserve and under the 1978 Act it states that dogs are not to be allowed in this area. The Faulkners bush team don't want to stop dogs from using this area but are asking for dog owners to clean up after their dog has done their business and take their bag home with them rather than throwing the bag into the reserve.

Many residents have rung some of our community council members about the new cycle path section that comes down Edward Street from the St Johns Church to the corner of Treeton Place and they are asking why Edward Street now has a greater out of alignment than it started with. We will let you know the outcome of this puzzle when we have an onsite meeting with the TDC engineers asking them this question.

Also some local residents are asking why some heavy trucks are parked by the weighbridge by the bowling green. They are not concerned about the way they are parked but the noise they make when starting up their engines at 3:00am in the morning and waking the local neighbourhood up. Although there is nothing illegal with this practice, it would be great if the operators of the could please park by the truck park down beside the fire station so the locals can get a better night's sleep. Thank you in advance.

Sorry for all the bitching and moaning in this issue but this is a good forum to hear of any issues that need to be sorted. We do work closely with TDC and the local police on many matters and generally we can resolve most of our issues with a favourable outcome. It would be great to get more representatives from all our local clubs or groups at our council meetings to understand your issues and with our help we may get the outcome you are after.

Wakefield Foodie Group

The June meeting took the form of two food tours, at Pomeroy's Coffee and Pic's Peanut Butter, and then lunch at Pomeroy's cafe. Good food, good company and hugely interesting on-site talks about the processing of coffee and peanut butter. Great time.

Next meeting: Wednesday 8 July, 1.00pm
St. John's Worship Centre kitchen, top of Edward Street
Topic: Stir frying demos and sharing tips. Nice sampling.
Please join us.

Wakefield Keas

by Angela Burke, Zone Kea Leader (Nelson)

On Sunday 17th May Nelson Zone had their Keas in Action Kea Hike. Wakefield was represented by seven of their nine Keas and their two Kea Leaders - Veronique and Louie. It was a beautiful day and the scenery was fantastic. We walked from Marahau through the Abel Tasman track to Tin Line Bay. There was a lovely clearing that was perfect for a picnic lunch and lots of activities.

The Keas had a ball thanks to the dedicated leaders there. They played football, had penguin walk relays, sack races, tail tag and even enjoyed some free time.

Overall we had 38 Keas, six leaders and with their families we totaled 91 people from four groups. The Keas on this hike also get their (Jamboree on the Trail) JOTT badge for 2015 which is an added bonus.

Thanks to all the awesome leaders and parents who came. I'll bet there were some tired Keas by the time you got home.



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Nelson Ark

by Vikki Pickering, *You and Your Dog*

Have you ever heard of the Nelson Ark? In a nutshell The Nelson Ark rescues unwanted and abused dogs and pairs them with young people who are perhaps losing their way. This combination has proven to be truly transformative for the lives of the young people and rescued dogs and has positive repercussions throughout the community.

I started with The Nelson Ark in January this year taking on the role as Lead Dog Trainer and Chairperson of the Dog Advisory Welfare Group. Working with dogs and being involved with training and behaviour is a passion of mine; but combining that passion with helping unwanted or abused dogs plus guiding 'troubled' teenagers, is very exciting for me. I'm not sure if exciting is the right word to describe it, but it's a good feeling none the less knowing that the students I work with will be experiencing some sort of positive impact on their lives from being involved with the ARK.

To clarify in more detail what is involved with The Nelson Ark, here is a little run down for you: We recruit six homeless dogs, usually from the pound of SPCA, we assess them, and the successful dogs that make it onto the APART programme will be vaccinated and de-sexed. They then go into foster family homes.

In the meantime, we have six students from around Nelson/Tasman, (usually referred to The Nelson Ark from other sources) and we pair each student with each ARK dog. A lot of thought and planning goes into the pairing and we may for example pair a quieter 'timid' dog with a student with a very quiet nature.

Then commences the 8-week APART programme. All the students and dogs are taken three days a week to Stonehurst Farm in Hope where the ARK is based. They spend two hours in each session doing dog training plus spending class time with the 'Healing Species Violence Intervention/Character Education programme. The Healing Species class benefits all students on many levels with empathy being the primary focus. The course runs for a total of eight weeks, so generally it's about 24 sessions.

The dog training component of the programme consists of the students learning how to use positive reinforcement to train their ARK dog resulting in ten new practical behaviours that we class as 'basic manners'. Additionally we combine 'fun stuff' with the dogs in the curriculum such as trick training, scent work games, basic agility such as tunnel, jumps, weave wands, teaching the dog how to play plus grooming and learning about canine body language. At the end of the programme, we finish off with a graduation ceremony for the students and their families. At this time, the ARK dogs often will go to their new forever homes – along with an array of basic skills.

The APART programme runs four times a year (one for each school term). The Nelson Ark is a charitable trust relying on donations and money raised through fund raising efforts.

We also rely on the wonderful people who volunteer for the ARK and we welcome new volunteers with open arms, as the APART programme wouldn't run smoothly without the help of volunteers. There are a variety of ways that a volunteer can help with the ARK so please do get in touch on the numbers following or visit www.thenelsonark.co.nz for more info.

We also rely HUGELY on our wonderful foster families, and we are ALWAYS looking for more families that could love and look after one of our ARK dogs for the duration of the course. We provide the food and vet care for the dog and support where needed. The ARK dog is picked up three times a week and taken to the ARK for the APART programme.



We always try our best to match the right ARK dog to the 'right' household, ie if you have cats, then we try and give you a dog that we know has lived with cats before.

If you're a dog lover, then fostering an ARK dog is highly rewarding!!

I have fostered several dogs at different times, and I always feel that I'm helping a dog in need during that transition until he's ready to go to a new forever home.

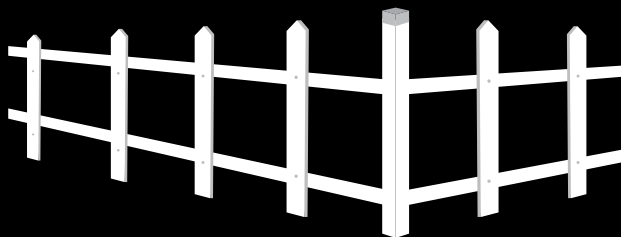
Please get in touch with me or the ARK directly if you think you might be able to help foster a dog.

The Nelson Ark contact details:
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See The Nelson Ark on Facebook and 'Like' their page!

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A Matter of Accounts

by Sonia Emerson, Chartered Accountant, BBus

HOW DO I REGISTER AND WHAT DO I DO NEXT?

In order to register for GST, you need to know what structure you are going to use, and then ensure that you have an IRD number for the applicable structure. This might mean that you need to apply to the IRD for a number if you have just set up a company or partnership. The IRD have application forms on their website for applying for an IRD number, and also for registering for GST.



To be able to complete the application form, you will need to think about the following things:

- **Your Business Industry Classification code** - you need to search this on the ACC's website www.businessdescription.co.nz. This tells ACC what type of business you are in, and enables them to create an ACC invoice applicable to your business type in due course.

- **An Accounting Basis** - there are three options;

1. **Payments** - The payments basis is only available if your annual turnover is under \$2 million. When using the payments basis, you account for GST in the taxable period in which you actually make or receive the payment. This basis is suitable for small businesses as it more closely aligns the GST to be paid/refunded to the IRD with the cashflow of the business. A cashbook can provide a sufficient method of recording transactions, and there is less need for a "financial system".

2. **Invoice** - When using the invoice basis, you claim GST when you receive or issue an invoice, or receive and make a payment, whichever comes first. This therefore may not align with the actual cash in/out of the business. At the end of each period, you need to be able to identify invoices you have raised but have not yet been paid for, and bills that you have received but not yet paid, in order to account for these items as well. A computerised accounting system can come in handy for this purpose, but is not compulsory as there are other ways to track these items.

3. **Hybrid** - You claim GST on your expenses using the payments basis and account for GST on your income using the invoice basis.

- **A Taxable Period** - there are three choices of taxable periods:

1. **Monthly** - If your taxable supplies in a 12 month period are more than \$24m, you must use this period. You may also choose to file GST returns every month if you expect to receive regular GST refunds, eg as an exporter, or find it easier to work out your GST for a shorter period.

2. **Two Monthly** - This is the standard taxable period and there are two different filing frequencies ie the two month period ending on the last day of Jan, Mar, May etc, or the two month period ending on the last day of Feb, Apr, Jun etc.

3. **Six Monthly** - only available for small businesses and you can select the months in which the taxable periods end. If your turnover is greater than \$500,000, the IRD may allow you to stay on a six monthly basis in certain circumstances.

Obviously every business is different but upon discussion with clients, the combination that I would recommend the most frequently would be Two Monthly Payments basis. This is because it aligns most closely with the cashflow of the business. The reason I generally don't recommend the six monthly frequency is that if there is GST to pay, after six months the amount is a bit more significant and unless the business is very good at setting aside the funds each month, it will be harder to find the money to pay the IRD. If there is a GST refund, then you have to wait six months to get the funds refunded to you from the IRD.

WHAT YOU NEED TO DO AFTER YOU HAVE REGISTERED FOR GST

Once you have registered for GST it is compulsory to:

- Charge GST at 15% on all your sales [except if you are making exempt supplies]
- Give tax invoices to GST registered persons within 28 days
- Keep GST invoices and receipts when you buy goods or services for your business
- Keep any other documents which support the figures shown on your GST returns
- File your GST returns by the due date and pay any GST to be paid to the IRD by the due date

This information is intended as a guide only - it is not intended as legal advice. For more detailed information please refer to the legislation or seek legal and or accounting advice.

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Quiz

by Derek Evans

What do you know about New Zealand?

1. NZ were the first country to give women the vote - in what year?
2. NZ has the largest insect in the world, the biggest being the size of a sparrow - name it, but be specific, not just one word
3. NZ Is on a continent - name it
4. What record does Wakefield School hold?
5. Founded in 1927, what was, and maybe, still is, the name of the NZ national badminton team?
6. In Dunedin there is a clock which has never been wound since it was installed in 1864. It has stopped, but restarts itself, although the hands have to be altered to indicate the correct time after the stoppage period. Where is it and how does it achieve this?
7. What is the smallest bird in NZ?
8. Dunedin holds a world record - what is it for?
9. Harold Gillie is an otolaryngologist but what is he famous for?
10. When was the status of NZ Citizenship first established?



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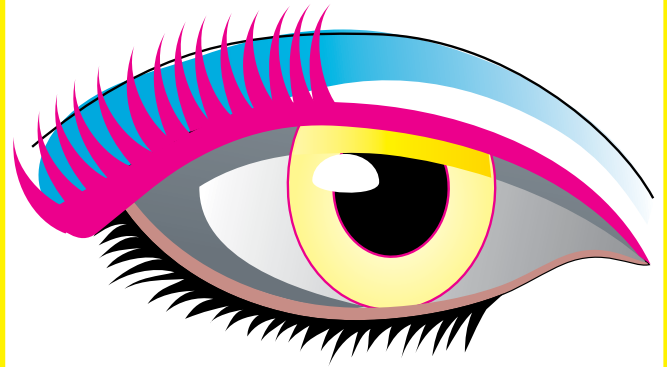
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Greetings from a Former Wakefield Person

It was my pleasure last Tuesday to visit Wakefield, along with a long-time friend, for a lovely nostalgia trip. Both of us grew up in the village and were astounded at how much the place had grown and developed.

My first memories are of living in a house on Whitby Road before moving to a small farm in Pigeon Valley. After a number of years there we moved back into Whitby Road, although to another house. A little later my parents bought the first house on the left in Belfit Lane and when I saw it last week it looked just as it did when the house was extended. I was surprised to note though that the section at the front, right on Whitby Road has not been built on after all these years.

When we lived there my dad had the whole section planted in vegetables which he sold through A Hodgson & Son Ltd (now 4 Square) and where he worked. I must say that the main street of the village hasn't changed greatly over the years and I found that quite charming and rather pretty really, especially as the trees were such a beautiful colour still.

All my primary schooling was at Wakefield Primary School, which had a roll of just under 100 when I started in September 1939. It looks to be a great deal bigger now!

I recall the Centennial Celebrations in 1943 and watching the progress of the gates being erected and what a great occasion it was. I was fortunate enough to attend the 150th celebrations in 1993 too and wonder if there is to be anything to commemorate the upcoming 175th anniversary in 2018, which is only three years down the track. If I feel as fit and well as I am at the moment I would love to be part of whatever happens.

During my visit last week I was able to pick up a copy of the June issue of "Window on Wakefield" and I was so impressed with its content and to see what a busy place Wakefield has become. The Community Directory inside the back cover shows that there is something for everyone.

It was also great to see Ira McPherson on the front cover too - a well known name from the past.

As well as Window on Wakefield I also picked up a copy of the Wakefield Strategic Review which I found very interesting too. I was interested to see that what we referred to as the Pigeon Valley Stream is really Pigeon Creek. I recall one time when we were living up there the stream flooded and covered the valley floor and came right up to the bottom of the bank on which the house was. To a child this was rather exciting.

Thank you for producing such a wonderful edition of local news it really made my day visiting Wakefield.

Kind regards

Sheila Gaelic
(formerly Sheila Palmer)
Paraparaumu
Kapiti Coast



Lynda's Aerobics/Pilates Classes Term 3, 2015

St John Worship Centre, Edward St, Wakefield.

A new 10-week term starts Thursday July 23rd, ends Sept 24th.

Winter start times apply.

Thursdays 9.15am - 10.05am

followed by Pilates 10.10am - 11.00am

You can do either or both classes.

Aerobics \$75.00 for the ten-week term.

Pilates \$75.00 for the ten-week term.

Discount for both sessions - \$130.00 (\$20.00 discount)

No special skills, gear or fitness levels required for either class.

New folk are most welcome - we are a friendly bunch and usually head off for coffee after Pilates.

Please phone Lynda 5432268, txt 027 222 1491, email lynda@hht.co.nz to book and for details. Classes are on a per-term basis, no casuals sorry. If you commit for the term (and pay!) you are much more likely to come, then you'll get results. If you have to miss a class you can truck on over to Mapua and make it up on a Tuesday night, or Wednesday, Friday or Saturday morning.

A hand-drawn style advertisement for 'Buze Stitches'. It features a banner at the top with the name 'Buze Stitches'. Below the banner is a drawing of a dressmaker's mannequin and a portrait of a woman. The text includes: 'Experienced local dressmaker and machinist', 'Clothing alterations for Men, Women, and Kids', and 'Call Buze should have you in stitches Ph 027 417 1035'.

Be Part of Design Wakefield

by Lynne Scanlen

We're very excited... it's now only a few weeks until Monday 20 July. That day, 28 students and three lecturers from Victoria University's School of Landscape Architecture arrive and start working with us on their design projects.

The students are with us from Monday 20 to Saturday 25 July (a change from the date we reported last month).

Wakefield is the subject for their four month-long (July to October) studio projects.

Based on what they see in Wakefield and their conversations with us, each student selects a project and works with the people involved here in Wakefield and at TDC to investigate the idea and develop their designs.

These designs are academic projects. The designs will help us imagine how our village might look and function in the future and contribute to richer conversations within our community and with TDC.

The topics covered must be relevant to Wakefield and relate to one or more of the following items:

1. Waste and water cycle
2. Information technologies and infrastructure systems
3. Design for efficient energy
4. Maximise on-site food production
5. Enhance mobility and circulation
6. Restore stream and rivers (flooding)
7. Re-establish habitat and wildlife
8. Incorporate innovative materials
9. Preserve culture and heritage
10. Value equity, health and happiness

Students will be based at the soccer clubrooms on the Recreation Reserve, doing their work and talking with speakers from our community, around the district and TDC. They'll also be having their lunches and dinners there.

The students and lecturers are being billeted by families in Wakefield. A very big thank you to those of you who have generously offered to accommodate someone.

Do you want to be part of this exciting opportunity? Here's how you can join in.

- Come along to the community dinner and evening at the Village Hall 6:30pm Wednesday 22 July. Everyone is welcome and food is being provided. You're also welcome to bring along food to share. For catering please RSVP focuswakefield@gmail.com by midday Tuesday 21 July.

- Welcome the students on Monday afternoon and hear about the studio project and what it means for Wakefield. Drop in to the Village Hall from 4pm to 6 pm Monday 20 July.

- Attend the presentation of the students' initial results of the analysis and synthesis at 10:00am to 12:30pm Saturday 25th at the Village Hall. Keep in mind we get to see their final designs in November.

- Say hello and chat with the students if you see them. You'll see them walking round, getting to know Wakefield. They really want to meet you and learn what it's like to live here.

- Provide ideas, suggestions, sketches and drawings for the students' projects by dropping them into the box at reception at Wakefield School from Monday 20 to Wednesday 22 July.

So what do landscape architects do? Here's some concepts and designs prepared for other communities. What do you want for Wakefield?

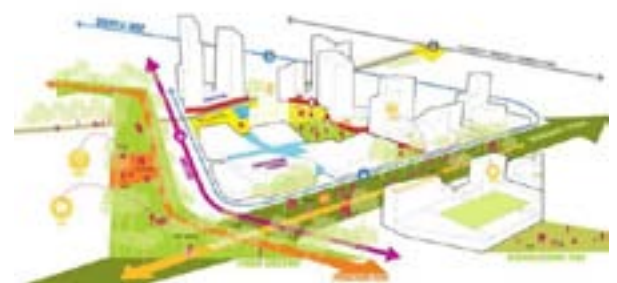
If you'd like to know more or want to talk about this project, please phone Richard Malcolm 541 9429, Peter Verstappen 541 8332, or email us at focuswakefield@gmail.com.



Designing town centres and streets



Creating playgrounds, recreation facilities and parks



Designing transport and infrastructure



Developing urban areas in the rural landscape

Target Shooting Wakefield



FUNDRAISING

Look out for us at the Wakefield market, second Saturday of the month. We will have some awesome raffles up for grabs and other items for sale. All the proceeds go back into our club to accommodate travel costs for members travelling to competitions around the country, entry fees, and updating club equipment. If you or your business is able to help us out with any items please contact me: Dot Ashton on 0275430529 or targetshootingwakefield@gmail.com.

WINNER ~ Pantry filler raffle
Drawn Monday 25/05/15 at our club night.
Congratulations to: Chris Paris

Nelson Open Champs Sun 31st May 2015, held at the Barton range. There were 70 shooters competing on the day. Results for the Wakefield crew that attended:

"D" Grade ~ Dot Ashton 275.5, Isaak Guyton 280.6.
"C" Grade ~ Barry Green 284.7, Scott Green 286.10
"B" Grade ~ Sheryl Guyton 289.5, Tim Green 283.12
"A" Grade ~ David Baigent 283.7, Ian Inwood 292.10, Ian Hutchings 294.10
Club team event Wakefield took away the "A" Grade trophy with the team of Sheryl Guyton, David Baigent, and Ian Inwood.
Marksman badges went to: Dot Ashton, Scott Green, Isaak Guyton, Sheryl Guyton, and Ian Hutchings.
Sheryl Guyton came 3rd overall in B grade & came 1st in the top 10 BCD.
Ian Hutchings made the Top 10 shoot off match for A grade and came in 8th overall ~ Fantastic effort ☺

Marlborough /Nelson Aggregate Sat 30th May

RESULTS:
Sheryl Guyton 7th BCD grade top 10
David Baigent 10th A grade
Ian Inwood 16th A grade
Sheryl Guyton 5th B grade
Barry Green 7th C grade
Scott Green 9th C grade
Isaak Guyton 4th D grade
This was a big weekend for these shooters who also shot the next day in the Nelson Champs.
Well done team ☺

Nelson Seasons Agg May 2015 results

A grade	D grade
David Baigent 197.10	Dot Ashton 95.02
Ian Inwood 191.05	Cam Gibbons 94.03
B grade	Holly Gibbons 90.00
Tim Green 192.05	Ryan Ashton 89.01
Sheryl Guyton 182.05	Livy Guyton 87.00
C grade	Sandbagger
Scott Green 94.02	Robert Green 80.00
Barry Green 92.02	

A few of our Wakefield members attended back to back championship shoot down south. This consisted of shooting 3 x 10 shot matches over two days. All shooters went really well. Sheryl especially must have had a sense she was going to do well in the north Canterbury champs, so keen to get there and get started a lovely man with red & blue flashing lights stopped to have a chat. Yup she will fill you in on the rest

Ashley Championship 16th May

Tim Green - 290.2
Scott Green -289.7
Barry Green- 282.9
Sheryl Guyton- 284.6
Overall Tim came 8th in B grade,
Scott achieved 1st in C grade &
Barry came 3rd.

North Canterbury Champs 17th May

Tim Green- 291.1
Scott Green- 287.6
Barry Green -279.9
Sheryl Guyton- 292.9
Overall Scott came 2nd, Barry 5th in C grade. Sheryl 3rd & Tim 6th in B grade both also achieving marksman badges.

Club Night ~ Mondays from 7pm, range next to soccer rooms. Kids shoot first so they can get home on a school night. \$6 a card, all gear supplied and completely supervised. Come on down and give it a go, age 10yrs - and beyond. Great sport for all ages that you can carry on with throughout your life. Even though winter is biting, the club room is warm and the humour's hot. If you would like some more info or have any questions just contact us on:

targetshootingwakefield@gmail.com

OR Bev Inwood ph:
5448074 after 7pm

Events July

- Seddon Shield match
- NDC- round 5
- Berthelson
- Town/Country match
- A&F match
- 4th round McDonald/Tantrum

Events August

- National Indoor Champs
- ABC Match
- 4th Divisional match
- North/South match
- 5th round McDonald/Tantrum
- Closed Nelson Champs

L-R Ian Hutchings , David Bagient , Ian Inwood , Sheryl Guyton



Smarter Business Administration

Setting the tone for your business communication

by Joanna Smith and Amanda Ledger

We all use words in our day-to-day business life. You may think most of the words you use are spoken, but in reality, we put pen to paper (or finger to keyboard) just as often.

It is important to get your written communication right. Without the face-to-face contact, misinterpretation is common. In fact a recent psychology study has shown that over 50% of emails are misinterpreted! The hardest thing to get across in written communication is the tone – and without this it is easy to think someone is being rude when in fact they were trying to be humorous.

Everyday business communication covers a wide range of documents, such as invoices, quotes, Terms and Conditions, letters, emails, company policies, website updates, newsletters and social media posts.

The factual documents are quite straightforward – you are unlikely to add a tongue-in-cheek comment to your Terms and Conditions or an invoice. But what about all the other forms of communication that small business owners rely on? Emails, newsletters, texts and social media posts are the most likely to trip you up.

Here are a few handy hints to help you navigate your digital communication, and keep everyone on the right track:

- Avoid sarcasm or irony unless you know the person you are writing to well – it is easy to misinterpret.
- Use punctuation – without it words and phrases can take on a whole new meaning – and sometimes with drastic consequences. Just think about “Let’s eat Grandpa!” and “Let’s eat, Grandpa!”
- If you need to put emphasis on a phrase use italics or bold, not both and not too often. Less is more.
- Don’t use all capital letters. PEOPLE WILL THINK YOU ARE YELLING.
- Don’t use text language or abbreviations unless you know the person very well. Remember, your written communication is a reflection of your business as a whole. You want to appear professional and credible, so keep your tone professional but natural.
- Not everyone likes emoticons :o/ Keep them for your private messages, or make sure you have a good relationship with the recipient before using them in your business writing.
- Avoid negative or emotional written conversations. Anything of a sensitive nature has a greater chance of being misinterpreted and is best talked about in person.
- Although emails and texts provide the ability to be brief and to the point, it is worth remembering that most of us like a few social niceties.

If you enjoy writing but don’t have time for the details, getting someone to proof read your work is a good idea. It is often hard to see mistakes in your own writing, as you know what you meant to write. A new set of eyes will pick up typos and sentences that don’t quite make sense.

If you don’t have a second person to check it over for you, try reading it backwards. Start at the end of each paragraph and work towards the beginning. When reading we anticipate the next words, and our brain sees what it expects to see. Reading the words out of sequence forces us to read them as they really are.

Most of us have been on the receiving end of an email that has missed the mark, but in the majority of cases, it is likely that the sender just hit the wrong tone. It’s easily done, but by thinking about your business writing from your reader’s perspective you are less likely to inadvertently cause offence!



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Children's Learning & Development

Nurture@Home
by Amy Bucknall

FREE PLAY

Play is how children (and adults) learn and the great thing is we do not have to be taught to play. Children are naturally drawn to play and explore and unstructured or free play is the most influential in learning and development.

The nature of a child's free time has changed over the last 10+ years. A variety of structured activities now fill our children's time; music, dance, sport, and art classes to name a few. Time for free play has decreased and children's exposure to 'screen time' (TV, computer, tablets etc) has increased. Unstructured free play is such an important part of a child's development that the National Association for sport and physical education recommends that pre-schoolers engage in some form of unstructured play for at least an hour a day.

Free play is where children engage in open ended play that is fun, has no specific learning objective and without direct adult supervision. Play and activities are child-lead, leading to play that is creative and improvised. When left to their own devices children will naturally create games and stories based on the world around them and develop ideas about how they fit into that world. Free play doesn't necessarily mean a child plays alone - peers, siblings and parents can all participate in the play.

Free play allows a child a sense of freedom and control and provides opportunities for them to learn about themselves. They can make mistakes without feelings of pressure or failure. It gives them the ability to be flexible in changing circumstances and environments, developing resilience that can be very useful when adult life becomes unpredictable.

Benefits of play:

Emotional benefits:

Enjoyment, fun, love of life, relaxation, release of energy, tension reduction, self-expression.

Developmental benefits:

Cognitive development: Creativity, abstract thinking, imagination, problem-solving, social cognition, empathy, perspective-taking, mastering new concepts

Affective development: Self-confidence, self-esteem, anxiety reduction, therapeutic effects

Social development:

Cooperation, sharing, turn-taking, conflict resolution, leadership skill development (control of impulses and aggressive behaviour)

Physical development:

Gross motor experiences, fine motor experiences, physical challenges, self-help skills

Attentional development:

Attention regulation, concentration, persistence

Language development:

Communication skills, vocabulary, story telling



NURTURE@HOME PLAYSCHOOL

9.30am – 12pm every Thursday

Hope Community Church, Ranzau Road, Hope

NURTURE@HOME NATURE PLAY

10.30–11.30am every Tuesday

Faulkner's Bush, Main Road, Wakefield

Rabbit Island (last Thursday of every month)

We also have Natureplay in the Stoke area

– venue changes regularly so check our

Facebook page for details

NURTURE@WAKEFIELD PLAYGROUP

9.30 – 11.30am every Friday

Wakefield Community Toy Library,

61 Edward Street Wakefield

Join us anytime at these locations

ALL WELCOME

NURTURE@HOME

We provide quality educators to care for children in a positive, nurturing environment that encourages co-operation, creativity and a sense of belonging.

A friend or family member, who already cares for your child, is also eligible for our childcare subsidy!

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The child is at the heart of everything and home is where the heart is.
Ko te tamaiti te putake o te Ao me te Manawa I roto I te Kainga.

Call Now 541 8871 or 547 6631

Educational benefits:

Providing a meaningful context for children to learn concepts and skills, making learning fun and enjoyable, encouraging children to explore and discover together and on their own, allowing children to extend what they are learning, encouraging children to experiment and take risks, providing opportunities for collaborative learning with adults and peers, allowing for the practice of skills.

Source: <http://udel.edu/~roberta/play/benefits.html>

Free play can take place in any environment, however the outdoors may provide the most opportunity for free play due to the many different parts, such as sticks, leaves, mud and rocks which lend themselves to exploration and creation.

At Nurture@Home we are passionate promoters of free play and provide playgroups that are free for anyone in the community to attend.

We would love to have you join us and play!

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Labour

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Wakefield School

Jack Flash and the Jumping Beanstalk

The school was treated, by the PTA, to a performance on Friday 19 June, called Jack Flash and the Jumping Beanstalk. This funny adaptation of Jack and the Beanstalk combined the traditional story with the environmental issue of littering to create an hour long show about a mischievous boy determined to find out who was dropping giant rubbish bags on the people of A Land Far Far Away. With the help of a feisty mexican jumping bean, a golden goose and a weasel for a Mayor, Jack begins the climb of his life into the land of the giants.

The school would like to thank the PTA for their kind offer to provide the funding for this performance so the children could experience an entertaining and topical show.

Some feedback from the show:

It was really funny – Bliss

I liked the bit when the Golden Goose flew Jack Flash down from the castle – Lachlan

I liked how the beanstalk grew really fast – Abbie

The mix of children's and adult humour made for an entertaining hour! – Bek

I thought it was funny when the giant found the rubbish bag and said "Ew!" - Junts

Market Day

On Friday 19 June Tōtara Rua syndicate from Wakefield School ran a market day to raise money for the Nepalese people affected by the big earthquakes. The children ran many different stalls including billy cart rides, baking, crafts, nerf wars and RC car racing. This was a huge success and we raised \$2000. This money is going towards a Community Centre at an orphanage in Kathmandu, which will become a place to distribute food, sleeping accommodation for the orphans and a community gathering point.

Cross Country

We finally managed to run our school cross country on Wednesday 23 June and were lucky to have a perfect winter's morning for this event. The children demonstrated the 'Never Give Up' value by showing grit and determination over longer and more challenging courses than in previous years.

We would like to say a big thank you to all of the parents who offered to act as marshals for this event. With such a large and spread out course it is important to supply the children with support and encouragement on their way around it.



Live Local Shop Local

Profiling a Wakefield business - Helping keep the great businesses in our village

MOBILE FEET PODIATRY

by Carole Horrell

I established my podiatry service in the Nelson region almost two years ago and now run clinics at the Wakefield Health Centre every fourth Tuesday.

A bit of a late starter, I graduated from AUT University in Auckland five years ago and then gained further experience firstly in Invercargill and then at a busy Sydney practice.

Podiatrists are registered health professionals with three years of academic and practical training. As registered health professionals, we form part of your health care network and are required to maintain competency and embrace new evidence. Podiatrists are required to have broad knowledge and understanding of general health and how it may impact on your feet. We take into consideration any diabetic or vascular issues and the impact of general aging with special assessment when required.

A lot of my work is general nail care, especially among the elderly. Nails may become thicker for a number of reasons. They may become ingrown, difficult or impossible to cut. A bevy of tools and some skillful cutting and grinding can make the difference between pain and comfort. Nails with longstanding fungal infection benefit from regular podiatry treatment. Feet become more comfortable, nails better looking and topical treatments are likely to be more effective.

Many people come with heavy callus or painful corns to be removed. I like to do a professional job and also if possible include simple measures to reduce recurrence of the cause of the discomfort. Often woollen felt cut outs placed in a shoe or a self styled toe prop will offload the pressure areas and allow my patients to take a little more control of painful symptoms and enjoy improved mobility. It is always a good feeling when someone comes in the door saying 'I haven't been back as my feet have been so much better'.

Musculo-skeletal issues often cause foot pain, especially as abnormal forces may overload tissues. Biomechanics is a branch of podiatry that looks at your foot posture and your gait and how this may be impacting on foot, knee, hip and back pain.

A simple biomechanics examination of your feet can reveal common problems that may be resolved by a change in footwear, some simple in shoe additions or an orthotic that controls foot function. Often small changes in foot posture and some stretching and strengthening can make a real difference to comfort and function. Older people with arthritic feet can also benefit from these simple measures.

Working in Wakefield is very rewarding. I often end my day's work knowing I have made a difference and I have always enjoyed meeting such a variety of residents and hearing their stories.

Please get in touch if you think you may benefit from my services. I will be happy to help you forget your feet!

Mobile Feet Podiatry
Podiatrist Carole Horrell
BHSc Podiatry

Covering the Nelson region,
visiting Wakefield once each month

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The seminar includes presentations from skilled and innovative people who will educate and empower you to always do the right thing for children and young people.

People who have been to this seminar have learned what to do, and taken actions which have saved children.

The seminars are for ANYONE and EVERYONE

We all need to know what to do

When: **Tuesday 21st July 2015**

Time: **4.15 - 9.00 pm**

Where: **Wakefield School, Edward Street, Wakefield**

Cost: **Free** - koha/donations welcome.

Please bring a packed dinner –
Tea / coffee provided.

**Registration by:
Wednesday 20th July 2015
is essential at
www.safeguardingchildren.org.nz**

Certificates: Certificates available for all attendees. CME endorsed

Sponsored by:



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P: 027 772 4469 or 0277 SCI 4 NZ | admin@safeguardingchildren.org.nz | www.safeguardingchildren.org.nz

Wakefield Pippins and Brownies

TWIN PEAKS DISTRICT
BISCUIT CAMPAIGN 2015



A huge 'THANK YOU' to all parents, family members, friends and villagers for their outstanding support of our biscuit campaign this year. We have done exceptionally well and really appreciate the help and effort you have given the girls and leaders in our village units and further afield.

We especially thank Stu and Jacqui at Four Square for their handling of our stock in the warehouse, and Jacqui for her great organisation and for selling a large number of biscuits in the store. Also, members of St. John's Church for their support and for the folks in the village who have been so kind when the girls have approached them. We are really fortunate in Wakefield for the outstanding help we have received this year.

As Term Two draws to a close we come to the end of a really busy term, with the new programmes much enjoyed by all the girls in Wakefield, Brightwater and the Waimea units. Thank you to all our volunteer leaders and helpers!

Term Three starts week commencing 20th July. Wakefield Pippins and Brownies will continue to meet in the Village Hall until towards the end of September. We are in need of some help in several units with great volunteer leaders needing a helping hand, so if you think this is something you could do one evening a week then please contact me on 541 9689. For new girls please contact the unit leaders or myself.

Sue Burrowes
DC Twin Peaks District.

Wakefield Venturers Annual Hammer Bike Ride

This year we had 16 Scouts take on the annual bike to Hanmer challenge and we set off on a fine, slightly breezy June morning at 5.30am. With the Rainbow access road being washed out we had to go with plan B; travel to Murchison and bike the Maruia Saddle to Frog Flat instead. The Venturers, two senior scouts and a cub set off from Murchison Four Square by 7.00am. It was a drizzly, long uphill journey but everyone was in great spirits and those of us in the support vehicles enjoyed watching the antics of the Venturers as they trundled the 49km to the other side. Then back into vehicles to travel to Hanmer where we drove to the top of Jacks Pass and the Venturers got out and biked round to Jollies Pass.

After a bit of free riding fun it was hot pools time and then the highlight of the trip, an invitation to dinner with Mark Inglis. He and his wife put on a lovely bbq for us and got the Venturers to light a fire on his back lawn. He told us funny stories about his adventures climbing Mt Everest as a double amputee and told us of his journey back down Everest tied up in a tent bag and slung on the back of a sherpa. When it got to a tricky 600 metre drop he was simply dropped over the edge and bounced and skidded his way held only by a rope.

He told the Venturers of his 1982 accident and said that the positive he thinks he got out of that terrible time is being able to talk to youth about surviving in the mountains, how to build snow caves with their packs and other survival tips. It was a fabulous evening and no one wanted to go home. We all relaxed in his lounge while he talked about his accident and ways he has overcome challenges. After dinner Mark presented Tim Green and Jamie Honor with their Silver Venturer Awards and Justin McRae with his Gold Venturer Award. Something they will never forget. Owen Jemmett then presented Mark with a Wakefield Venturer scarf and badge which he was thrilled with.

Sunday morning saw half the group go off tramping with Chris Arnold and Tamaha's Venturer leader Tony Jemmett. The rest were back on their bikes for lots of downhill fun and mayhem. Jamie found himself 'strategically misplaced' in a ditch on the downhill race from the top off Jack's Pass and gained himself an awesome graze and cuts, but in true Venturer style he brushed it off as a minor problem and after impatiently waiting while we cleaned him up he got back on his bike for another hour or so of downhill carnage.

On the way home we stopped at the Kawatiri rail tunnel where the Venturers turned up the stereo and danced an impromptu Macarena on the side of the highway before walking the tunnel and listening to Julian Eggers' ghost story involving an imaginary Chinese railway worker.

Another awesome weekend watching young people get out there and have a great time in the outdoors, pushing themselves and achieving more than they knew they were capable of. A special mention to Ashleigh Burke, a young lady who doesn't particularly like biking and yet she biked the whole day Saturday and kept up with the lads the next day on the downhill tracks. She has come such a long way in a year. I'm very proud of all the Venturers and it is a privilege to work with these amazing youth.



Wakefield Bowling Club

by Tony Eames

Many thanks to Wendy Pearson of Tall Poppy Real Estate for sponsoring the two day Queens Birthday weekend tournament. This annual tournament attracts entries from as far afield as Papanui, Greymouth and Westport as well as our regular visitors from other local clubs.

The first day's qualifying was won by Craig Fowler and Sheryl Riordan from Motueka and Wakefield's Bruce Smith. The full two day tournament was won by the home team of Stu Peterson, Margaret and Tony Eames (see photo) with runner up Peter Sisterson, Helen Mosely with Diane Holland and Linda Sisterson playing one day each (the other day spent working in the kitchen) and third place Craig, Sheryl and Bruce.

The winter Club Championship 2-4-2 pairs with drawn teams was won by Peter Sisterson and Di Holland.

The Club's AGM was held on Saturday 20 June. Maureen Barton was elected as a life member following her 50+ years service to the Club. Peter Sisterson remains on the Board as immediate past President, Margaret Eames as Secretary, Arnold Mason as Treasurer and Julie Hall, Chris Longman, Linda Sisterson, Maurice Benjes and Pam Bonis as Board members.

Roll ups in winter are held every Wednesday and Friday 1 pm with drinks and nibbles after. Club days are Saturdays and full tournaments alternate Sundays. Winter Triples Championship will be played 11 and 25 July.

Please feel welcome to call into the club anytime.



Higgins Heritage Park News

by Allan Palmer, Park Manager 027 319 7427

Home to Pigeon Valley Steam Museum (2013), Rover Car Club Nelson, Historic Transport Museum, Nelson Vintage Engine & Machinery Club, Army Group Centre (re-enactors), Ray Win Collection

During the cold winter months the old steam machinery does not like the sudden changes of temperature from boiling hot to frosty nights, so the next **on steam day** will not be until September. However the park complex and all the sheds are now open on the first and third Sundays of each month, 10am - 3pm.

Bring your friends, have a picnic. It's a grand place for a kids birthday party. We can put on trailer rides, and if it rains there are several sheds we can make room in. If you haven't yet seen the new Ray Win Collection of Jowett cars, Bradford vans and classic speedway motorcycles, this is a must do.

A small group of model railway enthusiasts are planning to construct an S: scale layout in a part of the Steam Museum. They wish to recreate a part of the Historic Nelson Railway line from Wakefield to the south. We are all keen about this extra attraction planned for the park. Those interested in becoming involved with this group can contact John Hillier, 541 9280 evenings. Anyone with photographs, posters or memorabilia relating to the Nelson Railway, there will be wall space to display such items.

Painter




Interior, Exterior & Wallpapering

**For a Free Quote
Phone Peter Thompson
027 444 93 64
A/H 03 541 9678**

62 Whitby Rd Wakefield

Digger For Hire



6 Tonne digger Dry hire or with Experienced Operator

**Call:
Richard Winn
0274 362 897
AH: 541 9567**



You and Your Dog
Educate • Understand • Bond

Reward Based Training
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03 541 9752
027 513 8879
vikki@youandyourdog.co.nz



www.youandyourdog.co.nz

BE IN to WIN

This 32" LED Panasonic life screen TV



Its easy to enter. Just spend \$50 or more* on fuel, LPG, workshop services or shop sales in the month of July and August 2015 to go in the draw.

***Competition closes on 31 August 2015. Excludes charged sales**

Wakefield Auto Services Ltd

67 Whitby Road, Wakefield

Phone 541 8121



ENJOY THE JOURNEY



CALTEX

Community Notices

FLAT/HOUSE WANTED

May to October
Can be furnished or unfurnished
Careful responsible tenant
References available
Wakefield, Spring Grove, Brightwater preferred
Please phone Kathy 03 541 8441

HOUSE TO RENT

Short term rental from 25 July to the end of October 2015.
Furnished large three bedroom home for rent in Wakefield.

Phone: 0275419615

WOOL WANTED

Wanted wool for craft group members who are assisting Wakefield Rest Home residents to knit peggy squares at our Wednesday morning craft group at the hall, for Nepal.

Any spare oddments of wool will be gratefully accepted.

Phone Judy 541 8342

WINTER TENNIS SCHEDULE

Hope Tennis Club
Mondays 20th July
Waimea West
Tuesdays 21st July
Wakefield Tennis
Fridays 3.15 24th July
All levels catered for,
Contact ngaire@caldertennis.co.nz
0272799938
or register online www.caldertennis.co.nz

CARPOOLING WANTED

I would like a ride into Richmond every day, leaving Wakefield some time between 7.00 am and 7.30 am.

Will pay petrol money.

If you are able to help please text/call 0204 070 1475.

RIDE NEEDED WEEKLY

Does anyone travel to Richmond or Nelson every Wednesday?

I would like a lift in as I am unable to drive. Please phone : Jean 5419068
Happy to share cost

WANTED - ROVING REPORTERS

Window on Wakefield are looking for more volunteer roving reporters.

Please contact us on windowonwakefield@gmail.com

NANNY/AU PAIR REQUIRED

In-home caregiver required for five month old girl. Mum works from home. Some housekeeping duties required. Live in or live out.

Probably Mon - Fri 9am to 3pm but some flexibility possible.

Phone Sonia to discuss details and rate - 03 541 9005

TO GIVE AWAY

To give away to good country home, lovely buff frissel cross hen and rooster, suitable for breeding, showing, and pets, phone 541 8018.

DUCKS AND DRAKES

Ducks \$25 and drakes \$20 - Pekin Welsh Harlequin
541 8228

WANTED

I'm after an older style petrol bowser, any condition considered.

My contact details are Kaye Hill 541 9745 or 027 468 9627.

COMMUNITY OUTREACH LUNCHES

The community lunches at St. John's Worship Centre will be the third Thursday of each month.

All welcome.

To assist with catering, please phone Caroline, 5418491 by Monday evening preceding, if possible, if you wish to attend.

FOR SALE

Dolls clothes and dolls still for sale
Phone 541 8342

FOR SALE

Sheep Manure \$8.00 per bag
Pinecones \$5.00 per bag

Can deliver ph: 541 8488 or 0211 279 567



FINAL DAY OF TRADING – SUNDAY 5TH JULY 2015

It is with deep regret that we have made the decision to close Wakefield Villa Tearooms & Giftshop from Sunday 5th July 2015. All our suppliers will be paid to date and the building will remain in our possession.

If you have any GIFT VOUCHERS they must be used by the closing date Sunday 5th July 2015.

I would personally like to thank everyone who has supported me through this venture and those of you who have become regulars and who I now know by name, it has been a real pleasure to get to know so many of you in the community. I have thoroughly enjoyed the whole experience .

I thank you all from the bottom of my heart for your support.

Kind regards

Ally Preller

Waimea South Historical Inc

Meets: Thursday 30th July 2015

Constance Barnicoat Room
Tasman District Library
2pm

Guest Speakers:

Karen Stade & Karen Price
will discuss writing their new publication:
Pasta, Prayer and Promise
(copies will be on sale)

Non-members welcome
(Gold coin donation entry)

Wakefield Community Toy Library

needs new members!
Wakefield Community Toy Library
Edward Street, Wakefield

Community Diary & Classifieds

WORK WANTED - BABYSITTING

Babysitting available after school and weekends (anytime in school holidays). I am 17 yrs old, live in Wakefield and have been babysitting for the last three years. Pay negotiable.

Please call Caitlin - 5418 254.

WORK WANTED

Full or Part Time

New to district.

CV and references available.

Experienced in a variety of roles including administration and hospitality.

Anything Considered

Please Phone Sarah Robinson 5224603

WORK WANTED

Do you need a housekeeper or gardener?

Professional cleaner and keen gardener. Reasonable rates apply within.

References are available.

Text or Call Anna on 027 2277033/ 5419633 anytime.

Sewing Repairs & Alterations

Hemming and Zip replacements etc

Kala Wray, ph 541 9606, 027 224 1001

WANTED

Old books (up to 1930s) for Willow Bank Library. The books will be used for display in a vintage library. It doesn't matter what content the books have.

Contact Christine 541 85 95

WANTED

Ice-cream containers 2lt , with or without lids. Drop off at Strawberry Patch Wai-iti.

FLATMATE WANTED

To share our large house on the edge of Wakefield Village. One large room or more, bathroom and kitchenette, off street parking. Available until November / negotiable.

Call Fran 548 4107

TO GIVE AWAY

Three rabbits to give away to a good home, They have been the kids pets but they no longer have time for them

Ph 541 9606

WANTED

Naked Ladies bulbs wanted to brighten back garden at pensioner flats.

Phone Carol 5418744

DONATION

The Wakefield Hotel wishes to advise that it is donating \$500 from the boar/stag hunt to Wakefield Pippins and Brownies this year.

They would like to thank all of their sponsors and those who helped with the event.

MONTHLY COMMUNITY CALENDAR

JULY 2015

Wed 1	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church
	9.15 am	Wakefield Craft Group, Wakefield Village Hall
Thurs 2	9.30 am	Wakefield Art Group, Wakefield Village Hall
Fri 3	2.30 pm	Wakefield Community Library open
Sat 4	9.30 am	Wakefield Community Toy Library open
Mon 6	10.00 am	Mainly Music, St Johns Worship Centre
	1.00 pm	Indoor Bowls, Wakefield Village Hall
Tues 7	9.45 am	Live well Stay well, coffee at Sue's Pitfure Road
	10.30 am	Wakefield Community Library open
	7.00 pm	Indoor Bowls, Wakefield Village Hall
Wed 8	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church
	9.15 am	Wakefield Craft Group, Wakefield Village Hall
	1.00 pm	Wakefield Foodie Group, St Johns Worship Centre
Fri 10	2.30 pm	Wakefield Community Library open
Sat 11	9.00 am	Wakefield Market Day
	9.30 am	Wakefield Community Toy Library open
Mon 13	10.00 am	Mainly Music, St Johns Worship Centre
	1.00 pm	Indoor Bowls, Wakefield Village Hall
Tues 14	10.30 am	Wakefield Community Library open
	7.00 pm	Indoor Bowls, Wakefield Village Hall
	7.30 pm	Wakefield Community Council, St Johns Worship Centre
Wed 15	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church
	9.15 am	Wakefield Craft Group, Wakefield Village Hall
Thurs 16	12 noon	Community Outreach Lunch, St Johns Worship Centre
Fri 17	2.30 pm	Wakefield Community Library open
Sat 18	9.30 am	Wakefield Community Toy Library open
Mon 20	10.00 am	Mainly Music, St Johns Worship Centre
	1.00 pm	Indoor Bowls, Wakefield Village Hall
Tues 21	9.45 am	Live well Stay well, Wakefield Village Hall
	10.30 am	Wakefield Community Library open
	7.00 pm	Indoor Bowls, Wakefield Village Hall
Wed 22	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church
	9.15 am	Wakefield Craft Group, Wakefield Village Hall
	6.30 pm	Design Wakefield Community Event, Wkfld Village Hall
Thurs 23	9.30 am	Wakefield Art Group, Wakefield Village Hall
Fri 24	2.30 pm	Wakefield Community Library open
Sat 25	9.30 am	Wakefield Community Toy Library open
Mon 27	10.00 am	Mainly Music, St Johns Worship Centre
	1.00 pm	Indoor Bowls, Wakefield Village Hall
Tues 28	10.30 am	Wakefield Community Library open
	7.00 pm	Indoor Bowls, Wakefield Village Hall
Wed 29	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church
	9.15 am	Wakefield Craft Group, Wakefield Village Hall
Thurs 30	9.30 am	Wakefield Art Group, Wakefield Village Hall
Fri 31	2.30 pm	Wakefield Community Library open

AUGUST 2015

Sat 1	9.30 am	Wakefield Community Toy Library open
Mon 3	10.00 am	Mainly Music, St Johns Worship Centre
	1.00 pm	Indoor Bowls, Wakefield Village Hall
Tues 4	9.45 am	Live well Stay well, Wakefield Bakery
	10.30 am	Wakefield Community Library open
	7.00 pm	Indoor Bowls, Wakefield Village Hall
Wed 5	9.00 am	Waimea Plunket Playgroup, B/water Anglican Church
	9.15 am	Wakefield Craft Group, Wakefield Village Hall
Thurs 6	9.30 am	Wakefield Art Group, Wakefield Village Hall
Fri 7	2.30 pm	Wakefield Community Library open

Community Notices



Are you a beginner, or have never drawn or painted before?

Come and give it a go
Join our very friendly group

Every THURSDAY of the School Term
9.30 am – 12.30 pm
Wakefield Village Hall – Supper Room
\$3 per session/cup of tea included

For more information contact:
Fiona – Phone: 541 8910, or Sonja – Phone: 541 8176
email Fiona: kahurangicottage@gmail.com
email Sonja: sonjal@ts.co.nz

FOXHILL TENNIS COURTS

658 Wakefield-Kohatu Highway
(at rear of Rutherford Memorial Hall)

FREE PUBLIC USE.

Re-painted lines, nets up ready to go,
for twilight practices and late summer fitness.

Managed by
Rutherford Memorial
Hall (Foxhill) Assn Inc. for TDC
Erica Short
Secretary/Treasurer 541 8882

WAKEFIELD CRAFT GROUP

We meet each Wednesday from 9.15am until 12.00pm.

Come and visit for a coffee or tea or chat to see what we do. We have members from Richmond and Brightwater and surrounding areas of Wakefield. We look forward to meeting you.

Costs \$2.00 per Wednesday as we have to cover the hall hire.

Wakefield Craft Group

Come and join the ladies craft group
Wednesday mornings in the Village hall supper room
9.15am - 12pm.

Bring any project - sewing, knitting, crochet etc.
and join us for coffee and company

\$2 per morning

Phone Judy on 541 8342

MAINLY MUSIC

Now meeting at Wakefield St Johns Anglican Worship Centre
Starting back Monday 9 Feb, 10.00am.
Cost \$3.00 per family.

This is a time for parents and children to enjoy music, song,
dance and lots of laughs.

Any queries please phone Wendy Milson 544-5494.



WAIMEA AREA QUILTERS

Our next meeting will be a

**WEEKEND MIDWINTER RETREAT AT
PARETAI LODGE,
LEE VALLEY, BRIGHTWATER
10 – 12TH JULY 2015**

FEATURING

**A Mystery Quilt by Lana Hylkema
Children's Charity Quilts by Leah Campbell
or your own project if you prefer**

Please bring the following:

Your machine and sewing tools

For details, costs etc. please contact:

Margaret Robinson on 547 5036, 021588216

or marob@xnet.co.nz

SOCIAL INDOOR BOWLS

Wakefield Village Hall
Mondays 1pm
Come and have a game, chat and cuppa
\$2 per person

Waimea Plunket Playgroup
The Brightwater Community Anglican Church,
Waimea West Road, Brightwater

Time: 9.00 – 12.00 noon
Day: Wednesday morning
Cost: FREE

WAKEFIELD MARKET DAY

**Saturday 11th July
9am to 1pm (winter hours)**

Come join the happy marketers
We have a wide range of goods, old and new,
New stallholders welcome
Sites available ring Jean 541 8154
Cancelled if wet



Community Directory

Citizens Advice Bureau
548 2117 - 0800 367 222

Guiding Co-ordinator
Sue Burrowes 541 9689

Lord Rutherford Memorial Hall Foxhill
Helen Pullan 541 8058

Pigeon Valley Steam Museum
Alan Palmer 027 319 7427

Rural Ramblers
Carolyn Mason 541 9200

Spring Grove Drill Hall
C. Pike 542 3904

Totaradale Golf Club
Jacquie 541 8030

Wakefield Anglican Church – St Johns

Meet Sun 9.00am; 10.30am
Rev. Allan Wasley 541 8883

Wakefield Brownies
Veronique Law 541 9190
nvaslaw@gmail.com

Wakefield Community Library

Wendy Gibbs 541 8490
Pam Dick 541 8392
Hours - Tues 10.30 - 11.30am
Friday - 2.30 - 4pm
Excluding Public Holidays

Wakefield Football Club
Richard Malcolm 541 9429

Wakefield Medical Centre
541 8911

Wakefield Pharmacy
5418418
wakefield.pharmacy@paradise.net.nz

Wakefield Playcentre
Contact: 541 8866

Wakefield School
Edward Street 541 8332

Wakefield Scout Group
Angela Burke 541 9223

Wakefield Toy Library
Saturday 9.30-11.30am
Chris Gaul 541 8148

Wakefield Volunteer Fire Brigade
DCFO Fritz Buckendahl 027 224 4162

Womens Biz
Genie Bradley 541 9641

Country Players (Drama)
Philip Calder 541 8442

Junior Country Players
Dixie McDonald 541 8862

Nelson Vintage Engine & Machinery Club
Allan 027 319 7427

Pinegrove Kindergarten
03 542 3447

Rural Women
Dawn Batchelor 542 3628

St Joseph's Catholic Church
Sun 8am, Wed 10am
Fr David Gruschow 544 8987

Waimea Sheepdog Trial Club
Colin Gibbs 541 8435
gibbs@ts.co.nz

Wakefield Book Group
Mahala White - 541 8933 or
Sheila Kennard - 541 8860

Wakefield Bush Restoration Society
Doug South 541 8980

Wakefield Craft Fair
Leanne and Glen Turner
541 8306

Wakefield/Brightwater Guides
Josie Macdonald 544 2660
macdonald.josie@gmail.com

Wakefield Plunket
Donna Todd 541 8583

Wakefield School/ Community Swimming Pool
Phill Platt 027 231 7610

Target Shooting Wakefield
targetshootingwakefield@gmail.com
Secretary : Bev Inwood
5448074 after 7pm evenings

Wakefield Rest Home Ltd
Pauline Coombs Manager 541 8995

Wanderers Sports Club
542 3344

Wakefield Physiotherapy
Kate West 03 541 8911

Window on Wakefield
Advertising - 541 9641
Genie & Lindsay Bradley

Focus Wakefield
Diane Blackburn 541 9725

Just Gymnastics
Linda Mace 546 6013

NZ Postcard Society Inc.
Doug South 541 8980

Richmond Lions - Wakefield Rep
Ivan Burrowes 541 9689

Spring Grove Church of Christ
Meet Sundays 10am
541 8011

Top of the South Rural Support Trust -
gibbs@ts.co.nz
Colin Gibbs 541 8435

Waimea Sth Historical Society
Jeannine Price 542 3033

Wakefield Bowling Club
Margaret Eames 541 8316

Wakefield/Brightwater Book Club
Pauline Coy 542 3994
paulinebc@gmail.com

Wakefield Community Council
Allan Wasley 541 9622

Wakefield Indoor Bowls Club
Ren Olykan 541 8275

Wakefield Pippins
Veronique Law 541 9190
nvaslaw@gmail.com

Wakefield Preschool
Contact: 541 8086

Wakefield School PTA
ptawakefield@gmail.com

Wakefield Tennis Club
Ngaire Calder 541 9419

Wakefield Village Hall
Rob Merilees 541 8598

St. John's Worship Centre
Caroline Gibbs 541 8491

Waimea Plains Junior Football Club
Debbie and Grant de Joux
541 8307

Window on Wakefield
Articles & Content - 541 9005
Sonia Emerson

CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have **specialised skills/ equipment**, and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their **responsibility to be personally prepared**.

You should ensure that you have your own **survival kit** in place, and that you are able to be **fully self sufficient for at least three days**.

In the event of an emergency, for urgent public messages, tune in to:
More FM 94.1, Classic Hits 89.8, Fresh FM 95.4





THE
HOUSE
SELLER'S
CHAMPION

Proud Sponsor of the Wakefield School Music Program,
Wakefield Bowling Club and the Wakefield Football Club



WAKEFIELD
1 TURNER PLACE

\$465,000



NEW LISTING



3 bedrooms, office, 2 bathrooms on 879m² section, next to a reserve.

WAKEFIELD
109 EDWARD STREET

\$429,000+



NEW LISTING



5 bedrooms, heatpump, logburner, garage plus workshop, 809m² section.

WAKEFIELD
30 WHITING DR

\$469,000+



4 bed, 2 bathrooms, fabulous large section.

HOPE
456 MAIN ROAD

\$785,000+



4 bedrooms plus a flat on 1.8 hectares of flat land.

WAKEFIELD
98C TOTARA VIEW RD

\$649,000+



4 bed, 2 bath, 2 living rooms, self-contained flat, sheds.

WAKEFIELD
9 HODGSON STREET

\$319,000+



3 bedrooms, logburner, sunny fully fenced section.

WANTED

4 bedroom,
2 bathroom modern
home on
a good sized section
with room for a
campervan,
up to \$500,000.

WANTED

in Wakefield

2 or 3 bedroom
home,
fenced for dogs,
up to \$300,000.

Call me to find out more about our
UNBEATABLE FLAT FEE

Wendy Pearson 021 567 722 or 541-9667

wendy.pearson@tallpoppy.co.nz

