



Your Local News
Issue 9 July 2013

WINDOW ON WAKEFIELD

ONLINE EDITION BROUGHT TO YOU

BY



PHONE 03 541 9641

Wakefield Market's 9th Birthday

Saturday 13th July, 9am-1pm, will be the Wakefield Market's 9th birthday. To celebrate, there will be free soup for all, and a new "Community Information Table." Read more about this later.

Interestingly, an earlier market called "A Country Market" was run every Saturday by Rose and Richard Shepard from 1990-1995. Situated near the present supermarket, with trestles provided (courtesy of the Masonic Lodge) the focus was on crafts and baking, which Rose remembers linked well with their adjacent shop and country crafts. Rose adds that the trestles were, in fact, a community asset, stored in the Shepards' garage and available for free loan within the community. Of course, these days selling processed goods, like baking, requires Health and Safety compliance, but in those days selling baking made from the home provided one local family at least with a small but vital income.


The wish to provide a community market regained momentum in 2004. Jean Southward remembers that this was in response to a wish from local people to sell locally, but not necessarily from home. They wanted a neutral setting and "our vision was to create a sense of locals supporting locals, caring wise as well. We're a small community. We care about each other."

So in July 2004, under the auspices of the Wakefield Anglican Parish, the Wakefield Boot Market, as it was then called, held it's first market day on the Wakefield Village Green.

A trio of staunch ladies was there: Jean Southward who continues to this day as the market contact person, and Pam Butler, who also still actively supports the running of the Wakefield Market. Sadly Leonie Eggers, the third of the inaugural group, passed away a few months ago. Hats off to these hardy volunteers for their 9 years work.



Jean says that over the years they have met "so many interesting people – not only people selling whatever, but also people new to the district, others checking out what is available locally, asking about work opportunities, or where to find someone to give a helping hand, or with a particular set of skills"

Results that make you smile 

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WINDOW ON WAKEFIELD

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Wakefield Markets 9th Birthday continued



The vision for the market remains "I'd love to see the market become more diverse."

Current regular stallholders agree. As one myself, sometimes I think we need a megaphone to parade Wakefield streets to advertise the market! We would love the community of Wakefield district to wake up to the potential of the Wakefield Market as a vibrant small community market.

We want the market to thrive, not just survive. We need more local people to come and hopefully spend a few dollars. More buyers will encourage more stall holders, garage sale items, more diversity.

We would welcome more clubs/ groups using the Wakefield Market like the Toy Library did last month to fund raise by selling second hand items. We would welcome local people on a "come on the day" to sell craft things, produce, garage sale type items or whatever. We are friendly – you won't be left to sit all alone! You'll meet some local characters as well.

garage sale type items or whatever. We are friendly – you won't be left to sit all alone!

Also, our 9th birthday initiative is to set up a "Community Information Table."

We envisage that this will provide us all with more detail about what is happening, what is available and what individuals need in our district. If you are a newcomer to the area, please make yourself known. To do this, we need that information! This is an open invitation to clubs/ groups of all kinds to provide details about their focus and activities. As well, it is an invitation to individuals. If you have a skill or small business to promote, or, on the other hand, are looking for a skill, advice or task completed, write that out and bring to the table. It will be set up near the barbeque at the shop end of the Village Green.

Convinced yet? We hope so. See you on the Village Green sometime between 9am and 1pm on Sat 13th at the Wakefield Market, the place where you are welcome, can socialise and buy/ sell locally.

If you have any queries, please phone Jean Southward ph 5418154. Leave a message if needed and she will get back to you. The Village Green Market with winter hours of 9am – 1pm. Sites are available on the day for a donation.

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News from Wakefield School

Wakefield School Quiz Friday 21st June 2013 *by Wendy Pearson*

"It was wonderful to open the school hall door on such a cold night and still see the place crammed full of keen quizees. After a quick detour via the bar, my team mates and I found our table - kindly sponsored by the Elwood's Honey - thank you Nicky and Murray. I was totally unable to help my team mates with the graphic spatial awareness type questions, so I took the opportunity to catch up with some people I hadn't seen for a while.

Soon after 7pm the questions started and the fun began. I had four quiz nerds on my team whose brains seemed full of useless information which turned out to be incredibly useful! I put my team crook with polar bear as the largest carnivorous mammal, but I recognised the tapir, so maybe I've done enough to keep my place on next year's team... Many thanks to Sonia and Dave for all their hard work ensuring Quiz Night is such a success - count me in for next year!"

Fast facts about the 2013 quiz:

- 25 teams competed (150 people)
- 40+ sponsors
- Winners - Drama Queens,
- Second - The Green Manlshis
- Third - Gibbs Valley
- **Raised \$5,700 towards a stage for the School Hall**



Sample Questions

1. Who was the director of "The Fastest Indian"?
2. In what year was the first World War?
3. Which country does the following flag belong to? (Visual A)
4. Which make of car does this symbol represent? (Visual B)
5. What is the name of this painting? (Visual C)
6. How many gold medals did New Zealand win at the 2012 Olympic Games?
7. What was The BFG?
8. Where in the world can you find lemurs in the wild?
9. Who is the author of Fifty Shades of Grey?
10. Which New Zealand Warriors player was recently fined for urinating on the field during a game?

The Wakefield School PTA would like to sincerely thank our fantastic sponsors who helped to make the Quiz Night such a success. We hope that you will support them in the same way that they support us:

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We would also like to thank all those lovely parents who provided a plate for supper, and the 25 teams, or 150 people who turned up on the night and gave it their all. We also had another team who had to pull out at the last minute but kindly donated their team registration money anyway, and a very kind donation from a member of our local community.

A huge thank you again to everyone involved in the Quiz Night.

News from Wakefield School continued

Peer Mediators *by Tayla Briggs*

Wakefield School's Peer Mediators roamed around the school with their neon yellow vests and their good attitudes, for the first time last week.

Peer Mediators (year 5 and 6 students) help the children with sorting out problems while out at playtime. Peer Mediators have to listen closely to both sides of the problem and help the children find a solution. If the problem involves something too serious the Peer Mediators go straight to a duty teacher.



Peer Mediators were trained by teacher Lyn Smith and they had to give her an explanation why they should be a Peer Mediator and what skills they have that would be helpful.

Lyn says "It is a fantastic opportunity for seniors to practise their problem solving skills, their listening skills and their skills in helping others." All cases on the playground are confidential and they are not allowed to be talked about in class.

Being a Peer Mediator gives us good problem solving skills and will be helpful for future problems. Finn, year 6, says he finds being a Peer Mediator fun and loves helping others out.

Being a Peer Mediator gives you great life skills and we are privileged to have them at Wakefield School.

Wakefield School's Arts and Music Showcase *By Kasey McNamara*

The performers had walked nervously to Wakefield's Schools Hall, on Thursday morning, June 6th, where they had chattered quietly among themselves, their voices wavering. They sat on the left side of the hall waiting for the arts assembly to begin.

Sheree and Xavier (the music teachers) welcomed everyone to the arts assembly.

It was a great opportunity for kids to prove and show how they could play the instruments to their proud parents.

Boom, boom! It started with a loud but rhythmic rock band playing "Clocks" which included keyboard, drums, base, guitars and a singer or two. The other performers sat in fear, but amazement for the group had put the bar high.

There were many other groups and solos. Some of them set that bar just as high, like the amazing young drummer, Oliver B and the outstanding keyboard players.

The whole school cheered every act loudly. The drums, guitar players, ukulele strummers and pop groups were very impressive. It was loud rockish music with a good beat and sweet melodic music with a good tune but altogether it was outstanding. This school has high quality students when it comes to playing instruments.

There was a special surprise at the end. Mr Verstappen [our principal], Sheree and Xavier [our fantastic music teachers], with a few kids, played "House of The Rising Sun". The clapping at the end was deafening.

C

Interview with Mr Verstappen By Ivan Gordon and Ronan



With a new principal at Wakefield School, none of the students know much about him. So... official school reporters Ivan and Ronan set out on a quest to find out more about MR VERSTAPPEN.

We noticed that for our interview his office was sparkling clean and organised. Well done Mr Verstappen!

When asked for his first impressions of our school, our new principal said he was first struck by the lovely environment around Wakefield School - the trees, the grounds and the way the buildings were structured.

The second thing he was impressed by was the tone of the powhiri and the atmosphere of the school and how it seemed like a very happy place. He says it is slightly different to his last school, Southbridge School, but there were lots of things that were the same although Wakefield School is a bigger place with more people to get to know.

At first he says he was self-conscious because he knew everybody would be looking at him and checking him out and he wanted to make a good impression.

He said he was nervous at first even though he might not have appeared so and he finds it especially hard not knowing everyone's name because he likes to know all the students names.

We know that he used to be a TV producer and we asked him if he had the chance would he go back to that. His answer was "No" because he thinks most of the TV nowadays is not very good and it was not what he wanted to do with his life.

He has taught lots of year 7 and 8 classes in his teaching career which he has enjoyed but if he had a choice he thinks he would teach year 3 because they have lots of the basic skills in reading and maths and are really beginning to explore the world.

Next we decided to ask him some "random" questions to get to know him better:

What do you have for breakfast?

Weetbix, fruit and milk

What is your favourite book?

"Lord of The Rings"

What is your favourite movie?

"Oh Brother Where Art Thou?"

What is your favourite food?

Tacos

What do you do in your spare time?

My wife and I like to go tramping. I really enjoy gardening. I like writing. I like swimming, running and I love spending time with my family.

What is your motivation to get up in the morning?

I love my morning run in the dark and I am motivated to get up because I love my life.

Do you have a pet hate?

Yes! I hate it when my pet spoodle dog, Bertie, comes in from the rain and rolls on the carpet!

We see you have some very groovy socks. Why do you wear them?

I have lots of groovy socks and hats too but I didn't want to freak you out yet with the hats! You might see some of those soon.

I decided that plain black socks were dull and boring and I asked my wife to buy me some colourful ones. I also got a pair of groovy socks from each staff member at Southbridge School before I left, so now I have lots!



Cross Country by Finn de Hamel

Anticipation spread through the school like a tsunami as we geared up for the cross country. Although it was raining our spirits weren't dampened. We thought it would be more fun in the pouring rain. Unluckily the rain eased off, but the grounds were still wet.

It started at 10:30 am on Tuesday 4 June. The Clifford syndicate raced first, doing one lap of Faulkner Bush, a total of 400 metres. Proud parents clapped their hands in joy, as the kids passed the finish line, red in the face and tired, but proud at the same time. Even at aged 5, this is still a competitive race.



Next came the Arrow syndicate who had to run 800 metres; much longer and much muddier than the juniors. They too were very competitive as they ran down the finishing shoot, listening to the roar of parents and fellow class mates.

The seniors watched the sky with dread, fearing that the rain would bring an end to their race. Luckily the rain held off for long enough. The senior race was by far the most competitive race of the day and definitely the muddiest. It started with the year 5 girls running a massive 1.6 km. Kerby was the victorious girl in that race. Next came the year 5 boys' race which was clearly won by Jayden who lead the whole race. Next came the most intensive races. The year 6 girls' race was a nail biting one. Jade was winning when she took a wrong turn and got overtaken by Mackenzie who won the race.

Finally came the last race, the year 6 boys. One clap of the starter from Mr Weaver and they were off, also running a gruelling 1.6 km run over mud, rocks and grass. Jared was the champion finishing in first place.

A week later, the top eight students from year 4 up competed at Saxton Stadium against other Waimea Schools. That day was drier but the course was still muddy. All competitors did well and in the year 6 boys race, Wakefield took out first, second and third. Congratulations Jared, Ivan and Arron.



Budding Young Scientists By Ronan Thompson

All around the world there are thousands of scientists and many more branches of science. But what about the next generation? Who will be the next generation of scientists? Well, the Cawthron Institute and Wakefield School are taking care of that.

The Cawthron Institute hold an annual science and technology fair and Wakefield students are getting ready to take part. The main science fair will take place at Stoke with students from each school participating. At Wakefield school we will be holding our own mini science fair to choose who goes to Stoke. Each Clifford class will do a class project while Arrow and Whitby students work on their projects individually or in groups of two or three.

Our projects need to follow a set of scientific rules to be accepted as real scientific projects. We have to:

1. Form a question to investigate
2. Make a hypothesis or an educated guess
3. List the equipment we will use
4. List the variables ie the things that will change [only one] and the things that will stay the same
- 5 Write our method in steps
6. Record our results

To help us understand this scientific process we have had an expert scientist to visit, called Richard de Hamel. Richard had brought along some fibreglass wings and cotton sheets. His scientific question was could we make someone fly following the laws of flight and the rules of maths. The Whitby syndicate bubbled with excitement trying to get the smallest boy in the syndicate to fly on the back field. We never knew science could be this exciting!

Now, in class, the students are working on different projects; from angles in basketball to bridges and go-carts. Dylan says "I'm loving researching my bridges and then testing them". Most afternoons in Rooms 1, 2 and 3 are spent with hopeful young scientists working hard to change the future of the scientific world.



The Way We Were

People Come, People Go – but the Land Remains
 Written for Waimea South Historical Society by Roger Batt

For 128 years the name "Wantwood" in 88 Valley has been synonymous with the Hunt and Shuttleworth families. Mount Wantwood, a block of 783 acres was bought by the three sons of Thomas Hunt (known as "the Firm") from Mrs Knyvett for 800 pounds in 1885. Later they bought the adjoining "Sellons Run" from RL Lucas for 1,500 pounds.

In 1894 "Wantwood" was offered for sale. An advertisement in The Nelson Evening Mail described the property [see right]. But the farm stayed in the hands of the Hunt family. Son George took over the running of Wantwood after "The Firm" was dissolved and when he died suddenly in 1934, his wife and daughters continued on with the help of Jack Shuttleworth, a neighbouring farmer. Eventually Jack married Peggy Hunt in 1937. Their son, George, took over managing the farm until this year when, for the second time, "Wantwood" was offered for sale.

This time the real estate firm of PGG Wrightson Ltd described the property as shown below. The advertisement was accompanied by some stunning coloured photographs showing the results of 128 years of hard work and good management.

The new owners of "Wantwood" are the descendants of George Parkes. George had taken his new bride to a home he had built on a 25 acre block next door to "Wantwood" in 1851. Gradually he extended this holding from its modest original size to 178 acres in 1882. By 1999 the family had increased this to 2,000 acres. Today, with the addition of "Wantwood" they farm an area of 3,661 acres.

It cannot have been an easy decision to sell a farm which has been owned by the same family for generations but there is consolation in knowing that "Wantwood" has passed into the hands of a family who grew up beside the first owners and who would have experienced the same good and bad times, shared the same trials and tribulations, and weathered the same economic storms as their neighbours over the last 128 years.

I am reminded of an old Native American saying, attributed to Chief Seattle: **"We do not inherit the Earth from our ancestors, we borrow it from our children."** It reminds us to leave the earth in a better state than when we found it, for future generations. I think the owners of "Wantwood" for the last century and a quarter, are entitled to feel some pride in knowing that they have done that.

Acknowledgements:
 Grahame, Kenneth, for title quotation (amended) from "Wind in the Willows", 1908
 Stringer, Marion: "Just Another Row of Spuds", 1999.

Papers Past — Nelson Evening Mail — 24 December 1894

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Other notable features include 33 hectares established pine plantation and 90 hectares zoned rural residential and therefore presenting a future subdivision possibility.

Rarely available in such close proximity to Nelson City are premier grazing properties of this quality and scale

AllFit Fit Tips

And Baby makes 3 (or 4, or 5 or 6?)

Congratulations you have just had a beautiful bouncing baby - you feel elated (if rather knackered)! Nine months of nurturing and growing your baby have brought you to this wonderful moment. Your whole life has been turned on its head but the world is full of possibilities and hope. There is just one small little niggle in the back of your mind..... how do I get my body back?

Well truth be known it's gonna take a while. It's all very well if you are a famous actress swanning around in your million dollar mansion, but for us normal folk who can't afford a personal chef, house keeper and of course personal trainer on 24 hour on call notice, life is a little more challenging.

The first and most important thing is primarily to let your body rest and recover. It has just been through a very traumatic experience, not to mention been all bent out of shape by nine months of pregnancy. In most cases it's sufficient to give yourself 6-8 weeks of 'rest'. (Ha ha I hear you cry. Silly woman, did she forget I have just had a new baby?). If you have had a C-Section you will need to wait until your wound has completely healed and your Doctor and Midwife have given you the all clear. It is a good idea before beginning any exercise to get the sign off from the Doc any way.

The second thing to remember is that whilst you may have been running marathons before you were pregnant, you are not going to jump right back to where you were before pregnancy. You will get there but it will take a bit of time. So the key is to start slowly. Begin with some walking and go from there.

Walking is a great activity for both Mum and Bub. Try and time your walk with one of the baby's sleep times. It's a good habit to get into and will help baby to learn to sleep in places other than the cot. Walking allows you to get your heart rate up a bit as well as some much needed daylight and fresh air which are all brilliant at helping you lift your mood and restore some much needed energy. To start with, choose easier flat walks, but as your fitness improves, start working in some hills if you can. You can also vary your speed and stride length to add variety. If you have older children get a toddler seat for your buggy, or encourage them on scooters or bikes. If you are worried about safety, try going on some of the many tracks around the area in parks or as part of the cycle trail.

One thing to keep in mind is making sure you warm up and cool down before and after exercise. This isn't as hard as it sounds. It is simply a case of gradually increasing your heart rate over 5 to 10 minutes and then at the end slowing your heart rate down again over 5 to 10 minutes. It's a good habit to get into to do some basic stretches at the end too, but remember that your joints are still very flexible due to the pregnancy hormone Relaxin. This takes around 9 – 12 months for normal levels to return after having a baby.

Another component to think about is strengthening your muscles. Now most of us don't have time to go to the gym, but there are so many activities that can be done at home with baby to help strengthen your body. An example of this is doing kneeling push ups whilst pulling funny faces at your baby; or lifting baby up into the air above your head. Baby will think you are just playing but you are getting some great benefits as well. It is best to get some professional advice around techniques but again this needn't cost a fortune. Any trainer worth their salt will be able to give you some great advice in a reasonable time and cost.

Bottom line is just to start doing something. Exercise and activity is so important in helping to cope with the stresses and fatigue of becoming a parent. It helps to lift your mood, give you more energy strength and stamina and provides a wonderful example for your children to become active, healthy and happy.

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Healing after an injury

Last month I looked at what strains and sprains are. This time I will discuss how the body heals following a strain or sprain and what a physiotherapist can do to assist this process.

As soon as possible after receiving an injury begin RICE (Rest, Ice, Compression & Elevation) and avoid HARM (Heat, Alcohol, Running & Massage). Following an injury the body goes through a process to heal the damaged area. RICE and HARM help the body to optimise this process.

Within the first couple of hours after injury, the injury site may begin to swell and become inflamed. Bruising may also be seen (either immediately or within a few hours). Inflammation marks the start of the healing process. And like bruising, different injuries and different areas of the body will react differently. Inflammation can take a couple of weeks to fully disappear.

Physiotherapy helps to reduce pain and swelling at the injury site and can reduce any further damage occurring. Some methods of achieving this are taping, ultrasound and movement exercises.

As the body heals the damage caused by the stain or sprain, scar tissue is formed. This occurs as soon as 24-48 hours after the injury, with the most formation typically happening 2-3 weeks following the injury. Scar tissue formation can continue for several months.

Your physiotherapist can reduce stiffness from the injury through joint mobilisations and can help reduce pain and promote healthy scar tissue formation with massage. They can also prescribe some ROM (range of movement) and strengthening exercises to help regain function.

Initially scar tissue is weak and disorganised but it will become stronger and more organised if it is appropriately stressed during the healing process. This process is called remodelling and it begins 1-2 weeks after the injury and can continue for months and even a year.

A poorly healed injury will have thick and stiff scar tissue that can lead to future complications as well as an increased risk of re-injury. A physiotherapist can help maximise the formation of quality scar tissue. The desired outcome from treatment is to regain full function following an injury.

Kate West
Physiotherapist (BPhty)
Wakefield Physio



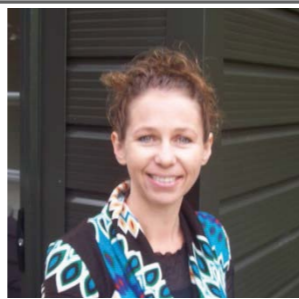
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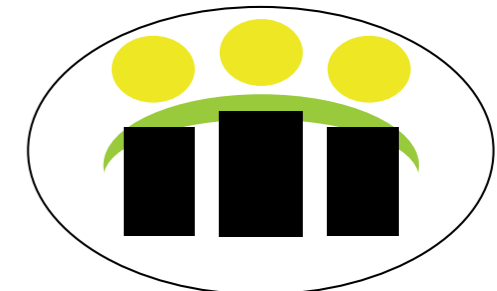
available in full colour at
www.wakefieldprint.co.nz

Wakefield Health Centre

Dr Eloise Fry is taking Maternity Leave from Thursday 4 July until early November.

We wish her and Mark all the best for a safe delivery around the middle of July and a baby that doesn't keep them awake all night!!

Dr Hilary Burbidge and Dr Janine Bailey will be available during this time to take care of Eloise's patients. When Eloise returns in November she will be job sharing with Dr Kim Hurlow.



Wakefield Health Centre

Surgery hours:

Monday to Friday 8am – 5:30pm
Wednesday 8am – 7pm

New Enrolments Welcome

Phone 541 8911
12 Edward St Wakefield

FOCUS WAKEFIELD HITS FACEBOOK



In some of our earlier communications, we talked about how Focus Wakefield want to help improve the communication between individuals, community groups, and just generally within the community.

The first step in this was the redevelopment of this publication, Window on Wakefield.

The next step has been the creation of a new Focus Wakefield Facebook page - so head on over and like us at <https://www.facebook.com/FocusWakefield>.

What is the point of the Facebook page or what are we trying to achieve?

Basically we wanted to create a page where organisations and community groups could interact with each other and share messages with the wider community, even if they don't have a Facebook page themselves.

Representatives from those groups should feel comfortable posting messages for the general Wakefield public on the Focus Wakefield page and we can create events if you want as well. I guess we see it as a bit like a big online noticeboard for all things Wakefield.

We are happy to "like" the pages of local businesses, groups and organisations to help direct traffic to your official pages too.

This is very much a work in progress and we certainly don't have all the answers. We would love you to post your thoughts and ideas of what you would like to see or suggestions you might have for how we as a community could use the page better.

The success of the facebook page depends on two things:

- The Wakefield community posting regular, relevant and useful information; and
- Everyone sharing the fact that the page exists with as many locals [or those interested in Wakefield] as you can, so spread the word

Of course, we have a few administrators of the page and will remove any content which we consider to be inappropriate.

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JULY HOURS

Monday	Closed
Tuesday - Wednesday	8.30 - 4.00
Thursday - Saturday	8.30 - 8.00
Sunday	8.30 - 4.00

Wakefield Volunteer Fire Brigade Report

My name is Dylan Charles Nott. I have been a recruit fire fighter in Wakefield for over a year and a half. I joined the fire service to get to know more of the community that I have lived in for over 15 years and also to help them out along the way.

I recently completed my six day course to become a fully-fledged fire fighter. Leading up to the course I learned a lot by attending the Wakefield Volunteer Fire Brigade weekly training and call outs. On the first day of the course we all met at the Nelson station. There were eight of us all up, keen and raring to go! In the morning we began with station familiarisation and drill ground commands, then we got straight into waterway drills. We practiced running out hoses over and over again, then in the afternoon we carried on with more waterway drills supplying water to the truck and learning the advantages and disadvantages of using different branches for fighting different kinds of fires.

Day two started with a much more class orientated day, doing knot tying for most of the morning then onto more waterway drills and hose skills advancing, withdrawing, door entry and replacing burst lengths. Later that day we concentrated on portable pumps and hose reel operation.

Day three came by fairly quickly and the days focus was wildfire fire fighting. First off we did class room work studying wildfire behaviour and different ways to predict, prepare and combat them. In the afternoon we headed out to Rabbit Island for practical dry firefighting. This involved indirect ways to fight wildfire by cutting a firebreak with hand tools including slashers, axes, spades and shovels. We started direct attacks on wildfire with water, we used portable pumps, made relay dams to house the water using forestry hose which perspires and is smaller and lighter than conventional urban fire hose as well as the application of foam in a wildfire.

The fourth day rolled around relatively fast and now was time to get into the nitty gritty stuff, learning about breathing apparatus and its practical application. Early morning was a quick theory study then afterward we got busy making the breathing apparatus sets up and donning and starting the sets themselves. Heading into the afternoon we started search techniques in the Nelson training tower which is a cement five story building purpose built for training.

On the fifth day we got straight into our breathing apparatus and we had to search the tower in pitch black using the techniques we had gone over the day before. We spent all day working on different scenarios our trainers had set up in the tower - burning house, ship fire, and the list goes on. The walls in the tower can be moved quickly so every scenario is different keeping you sharp and on your toes. That night we headed off to Christchurch for our final day of Fire Science. Once we got to Christchurch we went straight to the hotel then off to the hotels buffet!

The final day we spent the start of the day learning about the danger of fighting urban fire, the science behind this, and in a theory sense, the life cycle of the fire, layers of a fire, flashover and backdraft. In the afternoon we were sat in a room with a fire that built up so we could see the different layers of the fire and the flashover build up. Afterward we did a shipping container burn, controlling a fire and knocking it back without over using water. To finish the day off we learnt extinguisher skills, selecting the right extinguisher for the job and how to use it properly.

Overall the course taught me a lot more in my theory, and practical knowledge of fire fighting and I am happy to say I passed with flying colors. I met some really cool people too ☐ I look forward to furthering my training and continuing to help the community as best I can.

Dylan Nott - Fire Fighter, WVFB.

On behalf of the brigade, I congratulate Dylan on passing his course. His dedication and willingness to learn new skills and be part of an awesome team has made his experience one we have all enjoyed, with many laughs, hard slog and sweat along the way. Well done Dylan!!

Recently the brigade has purchased two sets of emergency LED portable lights. The purchase of these was made possible by donations received from within our community, so thank you to those who have contributed, you are making a difference to the way we operate.

Call Report

Call	Date	Time	
82	1-Jun	08:19	Medical Assist
83	2-Jun	19:28	Car vs fence, Pig Valley, crews assisted police with traffic control
84	9-Jun	00:21	Flooding assistance Wai-iti
85	9-Jun	01:57	Flooding assistance Wai-iti
86	10-Jun	21:22	Medical Assist
87	13-Jun	21:20	Chimney fire, Harcourt Place.

Some of you would have noticed our main siren has been activating in the middle of the night. If our pagers don't activate within a certain time frame then the system overrides the time clock to set off the main siren. We have a bug in our system which is affecting our pagers and this problem is currently being worked on. Like every one it wakes, we hope it is fixed shortly.

Until next month, take care, keep warm and be safe
 Simon Ladley
 CFO WV FB

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Wakefield Playcentre

WAKEFIELD PLAYCENTRE

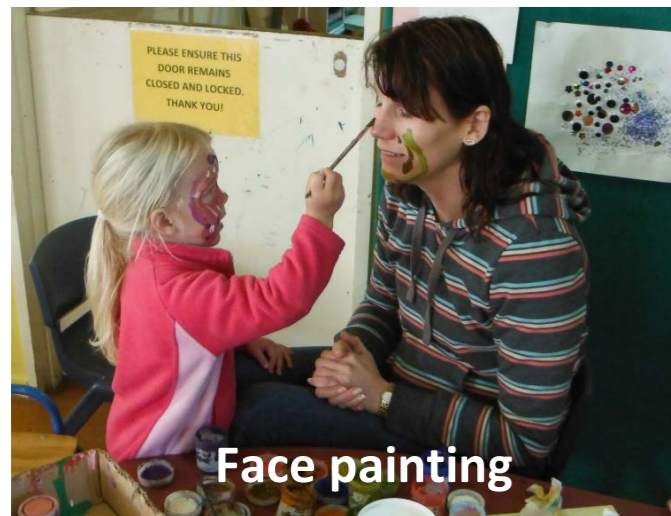
WHATS BEEN HAPPENING IN THE MONTH OF JUNE



Writing



Riding the trikes



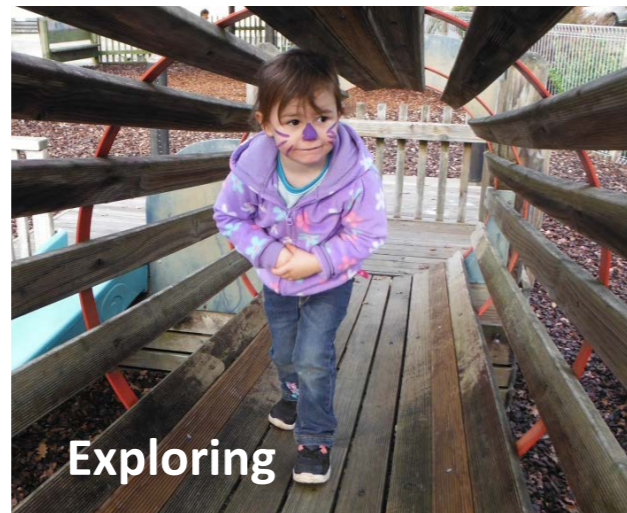
Face painting



Isla the Gruffalo



Bubble fun



Exploring

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To Robyn
BIG CONGRATULATIONS for your new teaching position.
We are missing you, but we know it's a great opportunity for our family,
Love Tony, George, Fred & Sean

Can we celebrate your special event or commiserate with the loss of a loved one?

Please send your obituaries, birth announcements, wedding stories, other celebration notices to us at windowonwakefield@gmail.com or ring 541 9005

Mainly Music PJ Party

On Saturday afternoon June 15th we had a PJ Party with some of our Mainly Music families. Even though it was raining the families came, children dressed in their pjs, and (shy) parents except for one, wore their dressing gowns.

We started with some songs to show the Dads what their child/ren get up to at music, and the Dads joined in – was awesome. Then we had a 'tug-of-war' with the families sitting on rugs – well on a slippery floor on rugs, all that happened was they pulled themselves together to meet each other!!!

A game of balloon volleyball followed, then we played a treasure hunt game, which each family had to do together to find the items to stick on a bedroom. That was a good game of listening to and following instructions (especially for the parents).

This was followed by a yummy pizza and chip tea, with ice creams in a cone to follow. A great time was had by all, getting to know other families and enjoying the relaxed atmosphere.

Any enquiries please phone Wendy Milson 544-7596. Mainly Music is on Mondays (term time), 10am at Wakefield Village Hall, cost \$3 per family.



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For the Month of July Only

Town and Country Talk

This month I thought we could focus on horses. Horses are unusual from a veterinary viewpoint because they are not really a pet or a production animal, and they are also quite unique in how they respond to illness, injuries and stress. However like most animals, if owners focus on preventative health and wellness, a lot of problems can be avoided.

The basics we suggest to keep your horse healthy include:

Worm control

Drenching - this should be based on doing **Faecal Egg Counts** rather than regular 6-8 weekly drenching. This ensures a horse is drenched when it really needs to be and helps to slow down the development of drench resistance. Simply drop off a fresh poo sample to the clinic and we can do a faecal egg count for you. We can also check if your drench is working by doing a faecal egg count before and after drenching.

Pasture management - Cross grazing paddocks with other species such as sheep and cattle reduces exposure to worm eggs in the grass and reduces drenching requirements. Daily/weekly poo pickup will also reduce pasture contamination.

Supplementary feeding - foods such as hay can be fed up off the ground or in buckets to reduce exposure to worm eggs.

Quarantine - all incoming horses should be drenched and kept in quarantine for a couple of days before being allowed out onto pasture.

Selenium supplementation

Horses are often deficient in selenium because our soil is selenium deficient. We advise an annual blood test to check selenium levels then supplement as necessary. Most horses have a daily or weekly selenium dose given orally. It is not safe to guess as horses can also get selenium toxicity if overdosed.

Teeth

Just like we are proactive and brush twice daily to prevent dental disease, horses' teeth should be examined regularly from a young age to prevent common problems such as abnormal wear, sharp points, ulcers, fractured teeth and gum disease. These problems are not only painful but also affect performance and condition. Overgrown and abnormally worn teeth reduce a horse's ability to bite off grass and chew efficiently. Food is wasted, digestion is less efficient and it is harder to maintain condition. If a horse has a painful mouth, it will resent the bit and performance will be affected.

Symptoms of dental disease in horses include shaking/tossing/tilting of the head, poor response to the bit, poor transitions, chewing the bit, dropping food, poor body condition, bad breath, nasal discharge, colic and choke. We recommend a thorough **annual** dental exam done under sedation to avoid these problems.

Tetanus

Horses are the most susceptible domestic animal to tetanus. It is caused by a specific bacteria in the soil and horses are exposed through wounds and hoof injuries. It is very difficult to treat so is usually fatal.

However, prevention is very easy. Horses should have a course of two tetanus vaccinations one month apart, then another one a year later, then one every 3-5 years.

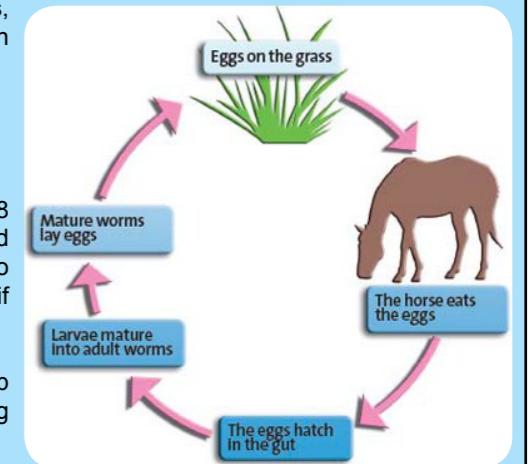


Pregnant mares can be vaccinated so their foal is protected from birth by antibodies in the milk.

Feet

Horses should have their feet/hooves attended to **every 6-8 weeks**.

By Brenda Halliwell



TOWN & COUNTRY
VET
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Thursday 9am - 12pm with Paula
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A Matter of Accounts

GST - TO REGISTER OR NOT TO REGISTER?

You have established that the business is viable with a solid business plan. You have established the best structure for your business and have set that up. Now, to register, or not to register for GST, that is the question? This is a question that I get asked quite a bit. So, I thought that I would cover some of the key points [certainly not everything] about Goods and Services Tax.

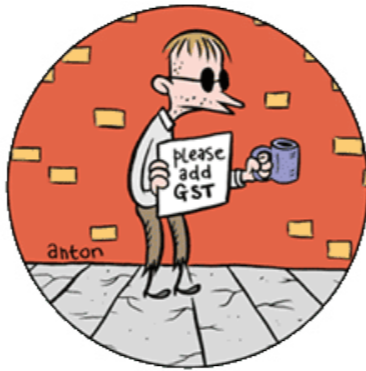
WHO NEEDS TO REGISTER?

You must register for GST if you carry out a TAXABLE ACTIVITY and if your turnover [total value of your sales and income] for the last 12 months was more than \$60,000 or if you expect your turnover for the next 12 months to go over \$60,000. This means that you have to be aware of how you are tracking during the year, and think ahead to what turnover you expect to achieve at the end of each 12 month period. If you are required to register, you need to do so within 21 days of becoming liable. Failure to register for GST when you are over the threshold, may result in the IRD charging you penalties.

TAXABLE ACTIVITY - "A taxable activity is an activity carried out continuously or regularly by a business, trade, manufacturer, professional, association or club. It includes any activity that supplies, or intends to supply, goods and services to someone else for a consideration (money, compensation, reward) but not necessarily for profit. We refer to these goods and services as "taxable supplies". Some examples of activities that are not a "taxable activity" are working for wages and salaries, being a company director, hobbies or private pursuits, the occasional sale of household/domestic items. There are also exempt supplies including residential rental property, interest received, donated goods and services sold by a non-profit body and certain financial services.

You can also choose to register for GST even if your annual turnover is less than \$60,000, which is called voluntary registration. So why would someone voluntarily register for GST. This table shows some of the advantages and disadvantages of GST registration:

Advantages of being GST-registered	Disadvantages of being GST-registered
If you purchase goods and services from someone who is GST-registered, you'll be charged GST and you'll be able to claim it back.	You have to account to us for GST on all of your taxable goods and services, including grants and subsidies.
You can also claim GST if you purchase secondhand goods from someone who isn't GST-registered, and you use these goods in your taxable activity.	Complying with GST requirements takes time.
Completing regular GST returns helps keeping your records up-to-date and accurate.	When you stop your registration you have to pay GST on the open (current) market value of any business assets that you keep for private use.



One other thing to consider is, who are your clients likely to be?

If your clients are predominantly private individuals, there is likely to be less incentive to register for GST as you will have to charge your clients a GST inclusive price. This means that you either add GST onto the existing price, hence charging more, or you effectively receive less yourself as you have to account to the IRD for the GST portion of the income.

On the other side of the coin, if your clients are predominantly other businesses, they may perceive your operation to be more professional or substantial, if you are GST registered [note the word perceive]. More on GST in the next issue.

This information is intended as a guide only - it is not intended as legal advice. For more detailed information please refer to the legislation or seek legal and or accounting advice.

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Sonia Emerson
Chartered Accountant

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Live Local Shop Local

Profiling a Wakefield business - Helping keep the great businesses in our Village

Wakefield Supermarket – The Four Square by Caraline Dyson



Do you shop incognito in the village supermarket? I did until last week. I think they probably called me 'the pom who sends mail to Wakefield in England' or 'the woman with the ginger kid who drinks gallons of milk'. But they didn't really know my name until I introduced myself on a competition entry form. But I knew them, of course.

I would be surprised if there is anyone who lives in Wakefield who doesn't shop at the Four Square. It's an essential part of our community, and most people I know shop there at least once a week. So Stuart and Jacqui are familiar to us, along with most of their staff. But there are only a handful of them, and they all wear helpful name tags so we know who we're talking to. Customer's faces and the things we most frequently buy are just as familiar to them, but often they don't know our names... They may know our children's names, however - I'm forever calling my son away from the lolly aisle!

Names aside, the Four Square team really do know most people in the community, and that is one of the things Stu and Jacqui like most about running the business. One thing they really care about is our time. Have you noticed how the Four Square team never keep you waiting in long queues at the till? They always have enough staff to open another till and get you served and on your way. Yet they never make you feel rushed, and they are always polite and genuinely interested in your day. It may seem like a small thing, but it really can make a big difference.

Originally the village store was Hodgsons, dating back to 1865, and whilst it has been a Four Square for more than 15 years, this month sees the couple celebrate their sixth anniversary in the village. They take their role as a convenient supermarket very seriously. Unlike a convenience store, that has a limited range but sells essentials at a premium, our village supermarket stocks a wide range at reasonable prices. We are fortunate that Stu's background as a supplier means he negotiates great deals on top of the already sensible group prices. Thanks to his knowledge of the market and his long established relationships with suppliers, he is confident that he gets some of the best prices around. Obviously, he doesn't purchase the same volumes that PnS does, but the more we shop, the better he can negotiate, and the more we all save.

As much as Stu is concerned with great pricing, Jacqui is equally as passionate about their great range. She is keen for us all to nominate items we would like to see stocked. If there is an item you regularly buy in Richmond, take the packaging into the Four Square with your name on it and they'll see if they can stock it for you. Why not try it, you'll be helping them 'look after the locals' and maybe you'll be doing us all a favour. And you'll be quietly introducing yourself to them, and putting a name to a familiar face ☺

Wakefield Four Square Supermarket

22 Edward Street, Wakefield

541 8470

www.foursquare.co.nz

www.facebook.com/Wakefield.Four.Square

Trading hours: 8am – 8pm everyday



You and Your Dog's Yabber

CANINES WHO NEED SPACE!

Written by Vikki Pickering (Dip, CBST)

I thought I would talk this month about dogs that need a little space when out and about on their daily walk. In particular, I am talking space from people or more commonly from other dogs. It is not uncommon to see a dog when walking on-lead react with behaviours such as barking, snapping, growling, lunging or covering with their tail between their legs when they walk past another dog, or down the local park. These sorts of behaviours are sometimes exhibited by certain dogs towards others.

Dogs that received insufficient socialisation as a young pup or received a traumatic experience involving another dog, or dogs that just don't get out amongst other dogs very often, can start to behave aggressively as they grow into adulthood. The most common reason for a dog to act aggressively is to make that thing (dog or person) go away as they may be fearful or anxious, and it usually works for them.

Additionally some dogs can be way over the top excited when they walk past another dog while on-lead and this excitement can tip over into an aggressive type display – purely out of frustration even though they may be dog friendly when off-lead at the park. For most owners that have dogs that behave this way it can be very frustrating for them and quite often embarrassing because their dog isn't acting like he 'should' and won't socialise or play with the other dogs.

If you can't walk your dog past another dog without him reacting aggressively it is clear that he needs space. The same applies to down the park. Not all dogs are social butterflies and are just not comfortable being put into that situation and probably require some space from the other dogs.

To help manage your reactive dog, it is best to keep him at a distance away from the things that trigger his reactions, and if a dog off lead appears from nowhere then best thing to do is quickly and calmly as possible move on. There are dog-friendly training methods that can help change his emotions and make 'walkies' less stressful for you and your dog.

I am currently working with a very special dog that also requires space – from strangers (particularly men). Her name is Fern and she is from the Hokitika SPCA. At 14 weeks old, Fern and her litter mates were rescued in a starved and uncared for state. Due to Fern receiving very little exposure to people, as well as her being on the receiving end of some possible traumatic experiences, the SPCA have had no luck with trying to re-home her due to her nervous demeanour and fear of strangers.



Hokitika SPCA dog Fern sporting her 'I Need Space' bandana

Fern has been in my care as a foster mum for nearly four months and I have been helping to change her fearful emotions in a very gradual and controlled manner. She is now confident enough to walk around the streets of Wakefield and visit cafes when it's quiet and she is a regular visitor at the local T&C Vet. She can cope with meeting strangers – but at this stage only if she has the choice to move towards them. She cannot cope with strangers moving directly into her space. To help her out, she now wears a yellow bandana with the words printed "I NEED SPACE". This hopefully alerts people to the fact that... you guessed it, she actually needs space and it is detrimental to her progress if a stranger that means well were to reach out to pat her.

Fern will be up for adoption once I believe that her 'confidence bubble' is big enough to cope with moving on into a special forever home.

These yellow bandanas are a great idea for dogs that need space. If you have a nervous dog and you like this concept – check out 'Dogs in need of Space' on Facebook or feel free to get in touch with me directly and I can point you in the right direction.

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Reactive dog lunging at other dogs while on-lead, he needs some space

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Wakefield Welcomes

Wakefield Welcomes... Peta Wellstead PhD. Peta is an academic, writer, researcher and editor who has recently moved here following a few years in Wellington.

Originally from Perth WA, Peta moved for love – after a working holiday in Wellington she fell in love with NZ and couldn't leave. Last year she visited Nelson Bays and fell in love with our own corner of paradise, and she finally decided Wakefield was the place she wanted to call home.

Living on the edge of the village overlooking farmland, she loves the beauty of the village and surrounding rural area, and particularly appreciates Wakefield's impressive amenities. "There is everything here to meet my day to day needs, and bigger services are just a short drive away. Everything is local."

As a librarian (now an academic), Peta would like to do things to support 'housebound' services for those who cannot visit the library. She would also like to support schools and she has experience on boards.



She may join the St Johns Community Garden on Edward Street, or even help villagers who need help in their own garden (for whatever reason).

A keen hand crafter, Peta loves to sew, spin and cook and if she can fit it in, she hopes to add her political personality to our community groups too.

Please say hello to Peta and welcome her personally if you meet her in the area.

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Live Well Stay Well

"The "Live Well" group meets two weekly on a Tuesday 9.45 – 11am in Wakefield with a health and social programme for anyone who would like to join in.

Advertised in the Window on Wakefield and on notice boards.

A varied programme is arranged which is informative and fun.

This group is followed by a walk around Wakefield 11 – 12 midday. All interested are welcome. Coming up:

- July 2nd 9.45 -11.00am Wakefield Village Hall, Harvey Norman Team, IT and the future, the "New Technology"
- July 16th 10.00am Coffee at Wakefield Tearooms
- July 30th 9.45 - 11.00. am Wakefield Village Hall, Falls Prevention with Cherie Thomas

Any enquiries, call Yvonne 542 2235 or to go on the email list to notify you of whats happening.

Do you know your heritage?

Written by Colin Gibbs

The residents of Alton Street Heritage precinct, Nelson, hosted a highly successful World Heritage Day on April 18 2010 to unveil an interruptive panel showing highlights of Alton Street's history.

From this link several Nelsonians have visited Alton in Hampshire, England (the village Alton Street was named after in 1842) with forebears and researchers visits both ways.

Building on this established relationship, Alton Street would like to host a Street Party and to extend an invitation to Councillor David Willoughby, wife Margaret, son Richard, historian Jane Hurst and any others from Alton, Hampshire interested in visiting Nelson and New Zealand.

Locally of course we plan to gather together descendants from Alton and the surrounding villages (who arrived on the Whitby, Will Watch, Bolton and other vessels).

They plan to hold an occasion during the week surrounding World Heritage Day 2015 – Saturday 18th April.

Many families in and around Wakefield and Wakefield Village itself have links with these early pioneers and ships.

It could be very fitting if the celebration centred around the hop industry as two early descendants developed the hop industry in Riwaka and the Maitai Valley.

If you or your family would be interested in contacts and festivities, the local coordinator is

Margot Haley – margothaley@xtra.co.nz

or you may like to contact

Colin and Marilyn Gibbs 541 8435 or gibbs@ts.co.nz



Nelson Health Shuttle Service

Our volunteer-run service operates Monday to Friday to provide transport to and from health-related appointments.

Bookings are required by 2.00pm on the day prior to appointment*.

* Monday appointments to be booked by 2.00pm Friday.

For more information or to make a booking please contact St John Nelson

Phone 546 9445 ext 3

We do not charge a fee for Health Shuttle transport, however we do accept donations to help cover costs.



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Lynda's Aerobics/Pilates Classes Term 3, 2013

St John Worship Centre, Edward St, Wakefield.

A new 9-week term starts Thursday August 1st ends Thursday September 26th

Thursdays 9.15am - 10.00am

followed by Pilates 10.05 - 10.55am

You can do either or both classes.

Aerobics \$60.00 for the nine-week term.

Pilates \$60.00 for the nine-week term.

Discount for both sessions - \$105.00

No special skills, gear or fitness levels required for either class. New folk most welcome - you don't have to be "fit" to come, we start "at the beginning" each term.

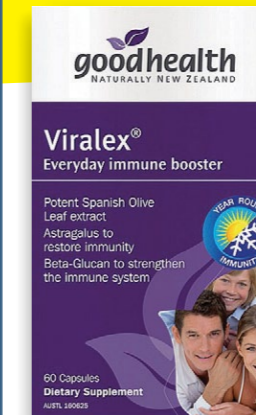
We're a friendly bunch, and it's as much about the coffee afterwards as the exercise ☺

Half-term memberships are available if you are going away and will miss more than 4 sessions.

Please phone Lynda 5432268, txt 027 222 1491, email lynda@hht.co.nz to book and for details.

Classes are on a per-term basis, no casuals sorry. If you commit for the term (and pay!) you are much more likely to come, then you'll get results.

SPECIALS



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Ask Amcal first.

4 Edward St Ph 541 8418

Wakefield Guides

Guiding in Wakefield

Wakefield Pippins has a new leader! Her name is Margaret and she is looking forward to taking the group in Term 3. Meanwhile, she will be at the Wakefield Scout Den helping Kirsty until the end of Term 2.

If you have a daughter aged 5 – 7 years, you are welcome to visit Pippins on Monday afternoons from 3.15 – 4.15 and have a chat to Margaret.

Contact Number 547 0232, Email marob@xnet.co.nz

Guide Biscuits – the rural area still has a large quantity of plain cartons of biscuits which we are desperate to sell – reduced to \$50.00 per carton. This is our profit which is used to pay for programmes and keep our yearly fees down.

If you can help us shift a few of these either at home or at work we would be very grateful.

Contact: Sue on 541 9689 or Lisa (Richmond & Waimea) 544 0358

Many Thanks
Sue Burrowes
DC Twin Peaks



Wakefield Scouts

The Wakefield Scout Group have had another busy month with our Kea section planting 100 plants behind the scout den the other week. A big thank you to those Keas and parents who participated. This was in recognition of Arbor Day.

They have also been doing their Techno Kea badge. The best bit was pulling old video players etc to pieces and making a big poster out of the bits. We have invested a couple of new Keas this term and also new Leaders. Great stuff.

Our Cubs had an evening of paintballing. We were lucky enough to have the use of a couple of paintball guns and plenty of enthusiastic cubs participated. They have also had a quiz night, pizza night and first aid this term.

Some of our Scouts have attended a Gold Level Achievement camp at Paratai, Lee Valley. There they were taken through some of the gold level award scheme which included a tramp, first aid and various other activities.

Also, some attended the Cossgrove Course in Marlborough. This involved learning the practical skills that scouting offers. There were plenty of fun activities and team building exercises. These were Upper South Island camps which had youth and leaders from Nelson, Marlborough and Christchurch. Well done to all of those who attended.



Sheryl Guyton and Angela Burke were awarded with their Gilwell Scarf and Wood Beads which were earned at a training weekend in Wellington in May.

Our Venturer section had some attend the Velocity/Cooksey Course at Canvas-town. This was also an Upper South Island event.

Sarah Arnold, was officially invested as the Wakefield Venturer Leader and also received her Gilwell woggle to recognise the previous training she has done through her many years in Girl Guiding. Congratulations to Sarah and officially welcome to our Scout Group...finally! She has already been filling this position for a few terms and is doing a brilliant job mentoring the Venturers. The Venturers set a challenge for Sarah's investiture and required her to climb a ladder onto a plank for the official ceremony. The challenge was accepted and followed through by her. Thanks to Peter Westphal, our Zone Venturer Leader who also had to climb up there to officiate.

Finally, our Group Leader, Nick Law received his Gilwell woggle to recognise the training he has done over the time he has been involved with our Scout Group. Thank you Nick for all the time you put into Wakefield scouting.

If you would like any information about Wakefield Scout Group, please call Nick on 5419190 or Angela on 5419223

Sarah Arnold being invested as the Venturer Leader by Peter Westphal, the Zone Venturer Leader

Wakefield Auto Motoring Tips

Coolant Basics – Our Hot Tips

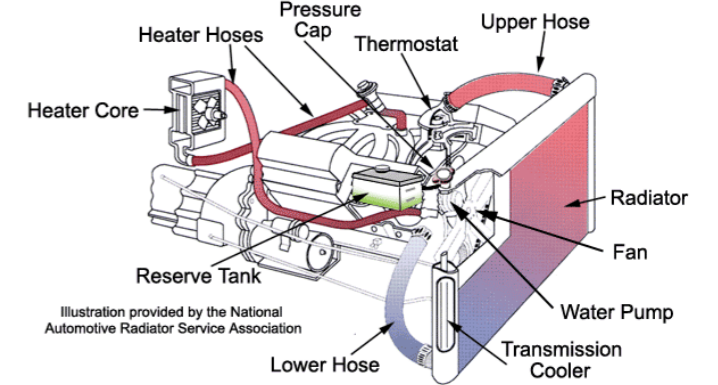
Antifreeze, also called coolant, is the coloured fluid (usually green or red) found in your radiator. Antifreeze serves a few purposes. The most important and known is keeping the water in your radiator and engine from freezing in cold temperatures. It also keeps that same water from boiling over in the summer. Radiators are normally filled with a 50/50 mixture of antifreeze and water. The third function of antifreeze or coolant is lubrication and anti-corrosive -- it lubricates and protects the parts it comes in contact with, like the water pump.

How Does It Work? The key chemical component in today's coolants is ethylene glycol. Mixed correctly, this stuff can keep your radiator fluid from freezing even if the temperature is less than 30 degrees below zero! That's cold. The amazing thing is that it can also keep the same fluid from boiling at as much as 135 degrees C. Antifreeze can really get control of those water molecules!

Keeping a proper coolant mixture is vital to your car's health. Antifreeze should be close to a 50 percent mixture, depending on your climate and driving conditions.

The components of engine coolants are the following:

- Water
- Ethylene or Propylene Glycol
- Corrosion Inhibitors
- Hard Water Stabilizers
- Coolant Inhibitor Stabilizers
- Antifoamants
- Dyes



Checking your cooling system:

- Check the radiator coolant level when your vehicle is cold.
- Check the operation of the expansion tank (if fitted).
- Coolant level should be high when your vehicle is hot and low when your vehicle is cold.
- Check the seal on the radiator cap and for evidence of sludge build-up on the underneath of the cap and in the neck of the radiator.
- Check the radiator core and tanks for leaks. Leaks are indicated by the presence of water or water staining.
- Check radiator and heater hoses for signs of deterioration, leakage, softening and loose clamps.
- Check the water condition. Rusty brown water indicates your radiator needs attention.

Hazardous Substance

- Read label before use
- Keep out of reach of children
- Wash hands thoroughly after handling
- Avoid release to the environment
- May be harmful if swallowed
- Causes eye irritation
- Antifreeze



Beware: Antifreeze poisoning is one of the most common forms of poisoning in small animals. Antifreeze poisoning typically happens when antifreeze drips from a car's radiator, where it is licked off the ground and ingested by a pet. It does not take a significant amount to cause fatal damage to the system; less than 88 ml of antifreeze is sufficient to poison a medium-sized dog. Antifreeze poisoning affects the brain, liver, and kidneys.

BE PREPARED FOR COLD MORNINGS

Have your radiator flushed and prevent winter damage

Radiator Flush and Fresh Anti-Freeze

From \$60 incl gst

Also available Anti-Freeze packs if you wish to do it yourself.

Phone Today for a booking



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Phone 541 8121



Wakefield Community Council

Wakefield Community Council

Focus Wakefield is working on the beautification around the memorial plaque for the Wakefield School by the church car-park. Discussion included a possible wheelie park (skateboards and scooters, not green bins!).

Lynne Scanlon was a great start-up chairperson for Focus Wakefield, but is standing down from that role - thanks heaps Lynne.

We discussed the water ponding between the garage and bowling green on the former railway reserve. The loop at the bottom of 88 Valley could do with some warning chevrons of the corner ahead, so we are requesting this be done. We also noted the problem of a queue and the crossroads at Burke's bank, and the need for better signage. Visibility is often quite limited due to the steep rise there.

St Johns corner signage for a temporary cycle route is now in place but the surface still needs attention. We hope that the permanent shared cycle and walkway will be able to eventually follow the left hand side of the road on Edward Street. St Johns church advised us that they will have to sell the land behind the Worship Centre and below their car-park in future in order to maintain their financial viability.

The new school principal, has indicated his support for a footpath from the church car-park over the open drain, as more children will be walking that route to school as subdivision lots are sold.

Our council was delighted Wakefield foursquare was chosen as the venue for their new set of TV adverts. Well done Stuart and Jacqui.

Our next meeting is to be held at the Worship Centre on Edward Street, 7.30pm 9th July. All welcome, see you there.

Allan Wasley, Chairperson.



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or 03 541 9141

email: kernowlandscapes@ihug.co.nz
www.kernowlandscapes.co.nz

Village Sports News

Rural Ramblers

Rural Ramblers.
On Monday 10th June, 14 of the group went to Marahau at the start of the Abel Tasman National Park. We walked through to Appletree Bay. The day was really fine and sunny, T shirt weather. It is so sad that only a few days later, the area was lashed with bad weather. We headed over a causeway which crossed the Estuary and walked through open country and pretty easy terrain, past Tinline Bay and Guilbert Point, then Appletree Bay. The return trip was 10 kms. There were quite a few kayakers already heading to Appletree Bay, a group of 15 and 16 year olds. The bay was the lunch stop, very attractive with a lovely backwash. Later some took a short cut which wasn't shorter after all!! Two of the group did a shorter walk on the sandy flats near the DOC information shelter and had an equally pleasant day. The kayakers beat us back; it was quite surprising to behold; all the cigarettes lit up you could hardly see them for smoke. All that outdoor fun wasted.
Next trip may be a beach walk at Tahunanui, 8th July.
Shirley Percy 5224924

WAKEFIELD VILLA

Tearooms & Gift Shop



Tearooms open 9.00am - 4.00pm
Shop open 10.30am - 4.00pm
6 Days a Week

Telephone
541 9168

Winter Wednesday - Soup - Toast & Drink \$15.00 per head
Book your table plus your Grey Power 10% discount

14 Whitby Way, Wakefield

the art room

At Motupiko Studio

What? Small after school Children's Art classes, \$10 per person

Equally small Art classes for grown-ups, \$25 per person

Where? At my studio at Motupiko Hall, just before Quinney's Bush

When? Tuesdays 3.45 - 5.00 for children, 10.00 - 12.30 or 1.00 - 3.30 for grown-ups

How? Contact me to book your limited place 5224989 or emmapanting.com

ART CLASSES TEACH KIDS TO:
RESPECT OTHERS START A DIALOGUE
EXPERIMENT WITH MATERIALS OBSERVE
FIND THEIR VOICE SELF-EVALUATE
MAKE CONNECTIONS EXPRESS THEMSELVES
LEARN FROM THEIR MISTAKES
CLEAN UP REFLECT ON THEIR WORK
EMBRACE DIVERSITY PERSEVERE
HAVE AN OPINION APPRECIATE BEAUTY
BREAK AWAY FROM STEREOTYPES
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Rachael 027 286 7927

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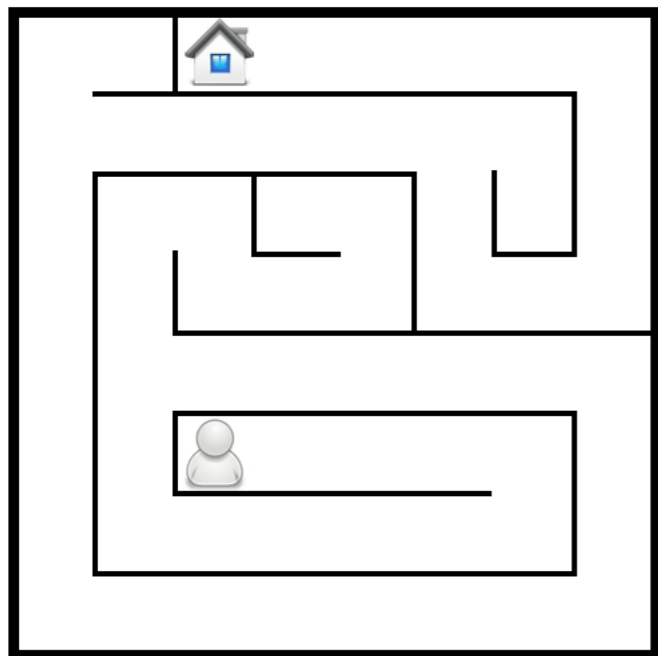
Call Genie - 03 541 9641
For your FREE Consultation



Kids Colouring Corner



FOLLOW THE DOTS



Work Wanted
 School Leaver/Student seeks weekend and holiday employment if anyone needs a hand in labouring or farm work. Fit, energetic and eager to help out. Attending the NMIT Primary Industries course presently once a week. Phone: Jethro 541 8005, 027 764 7444

LOCAL FIREWOOD!

Dry Pine – local delivery \$55.00 per cu.m.
 Collected - \$50.00 per cu.m.
 Call 541 9689

WAKEFIELD BABY SITTER AVAILABLE

I am 16 years old and looking for local babysitting work.

Good references available, please phone Laura on 541 9334



**WE NEED YOUR
 FOR SALES
 WANTED
 OR HELP REQUESTS**

**PLEASE CONTACT
 541 9005
 SOME LIMITATIONS APPLY
 PLEASE ASK**

MONTHLY COMMUNITY CALENDAR

JULY 2013

Mon 1	10.00 am - Mainly Music, Wakefield Village Hall 1.00 pm - Indoor Bowls, Wakefield Village Hall
Tues 2	9.45 am - Livewell Staywell, Wakefield Village Hall 10.30am - Wakefield Community Library open 7.00 pm - Indoor Bowls, Wakefield Village Hall 7.30 pm - Wakefield Village Hall Committee Meeting
Wed 3	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Thurs 4	9.00 am - Art Group, Wakefield Village Hall
Fri 5	2.30 pm - Wakefield Community Library open
Sat 6	9.30 am - Wakefield Community Toy Library open
Mon 8	10.00 am - Mainly Music, Wakefield Village Hall 1.00 pm - Indoor Bowls, Wakefield Village Hall
Tues 9	10.30 am - Wakefield Community Library open 7.00 pm - Indoor Bowls, Wakefield Village Hall 7.30 pm - Wakefield Community Council meeting, Worship Centre
Wed 10	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Thurs 11	9.00 am - Art Group, Wakefield Village Hall
Fri 12	2.30 pm - Wakefield Community Library open
Sat 13	9.00 am - Market Day, Whitby Way Carpark 9.30 am - Wakefield Community Toy Library open
Mon 15	1.00 pm - Indoor Bowls, Wakefield Village Hall
Tues 16	10.00 am - Livewell Staywell, Wakefield Villa Tearooms 10.30am - Wakefield Community Library open 7.00 pm - Indoor Bowls, Wakefield Village Hall
Wed 17	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Thurs 18	12 noon - Community Lunch, Worship Centre
Fri 19	2.30 pm - Wakefield Community Library open
Sat 20	9.30 am - Wakefield Community Toy Library open
Mon 22	1.00 pm - Indoor Bowls, Wakefield Village Hall
Tues 23	10.30am - Wakefield Community Library open 7.00 pm - Indoor Bowls, Wakefield Village Hall
Wed 24	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Fri 26	2.30 pm - Wakefield Community Library open 7.00 pm - Womens Biz, venue TBA
Sat 27	9.30 am - Wakefield Community Toy Library open
Mon 29	10.00 am - Mainly Music, Wakefield Village Hall 1.00 pm - Indoor Bowls, Wakefield Village Hall
Tues 30	9.45 am - Livewell Staywell, Wakefield Village Hall 10.30am - Wakefield Community Library open 7.00 pm - Indoor Bowls, Wakefield Village Hall

AUGUST 2013

Thurs 1	9.00 am - Art Group, Wakefield Village Hall
Fri 2	2.30 pm - Wakefield Community Library open
Sat 3	9.30 am - Wakefield Community Toy Library open
Mon 5	10.00 am - Mainly Music, Wakefield Village Hall 1.00 pm - Indoor Bowls, Wakefield Village Hall
Tues 6	10.30am - Wakefield Community Library open 7.00 pm - Indoor Bowls, Wakefield Village Hall 7.30 pm - Wakefield Village Hall Committee Meeting
Wed 7	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Fri 9	Country Players Production, Wakefield Village Hall
Sat 10	Country Players Production, Wakefield Village Hall
Thurs 15	9.00 am - Art Group Workshop - Rose Shephard, Village Hall

Community Notices



This workshop is being funded by TDC
Tasman Communities Scheme

Wakefield/Brightwater Art Group

WORKSHOP

'HOW TO DRAW A PERSON'

This workshop shows how to get down on paper quickly the human figure, using the following drawing techniques: contour line, modelled form and gestural drawing

with **Rose Shepard**

Thursday 15th August 2013

Wakefield Village Hall
9.00 am – 12.00 pm

Please be at the hall at 8.50 am for a prompt start at 9.00 am

Cost: Members \$10, non-members \$15
Morning tea provided
ALL WELCOME

Maximum number: 12 people

All Materials will be provided

Please RSVP to Sonja
Email: sonjal@ts.co.nz or phone (03) 5418-176

Wakefield Craft Group

Come and join the ladies craft group

Wednesday mornings in the Village hall supper room

9.15am - 12pm.

Bring any project - sewing, knitting, crochet etc.

and join us for coffee and company

\$3 per morning

Phone Judy on 541 8342



TRAVEL OPPORTUNITIES

Calling all ladies that are interested in travelling with other local women in small groups for interesting adventures overseas, if this sounds like you please register your interest by calling Sue on 5418417 or email at sue@nelsontravelbroker.co.nz

YOUTH GROUP IN WAKEFIELD

St Johns church now has two different age range youth groups operating on Friday nights.

6pm for the intermediate age range
7.45pm for the older and wiser mob

Contact Hayden 5418909.

COMMUNITY LUNCH

Community Lunch,
12 noon on 18th July
at Worship Centre,
Edward Street, Wakefield.
All welcome - gold coin donation.
Ph. Brenda 541 9413

WAKEFIELD MARKET 13th July.

We celebrate 9 years, start time until September 9am to 1pm.
Come enjoy free soup, fun and friendship. Plenty of plants, magazines, books, recycled goods.
Phone Jean 541 8154.
Sites available.

VOLUNTEER REPORTERS WANTED

Window on Wakefield is looking for interested people of any age, who would be keen to write articles from time to time for this publication. Stories might be about events, people, places or anything else considered newsworthy.

If this sounds like you, ring 541 9005.

WELLS RURAL POST

Contact Matt & Angie Wells for all your RD2 Wakefield postal needs, including

- Prepaid Envelopes
- Stamps
- Courier Items
- Local freight from Wakefield, Dovedale and Tapawera.

Prescriptions form Wakefield.
Phone 541 8177

Community Directory

Citizens Advice Bureau
548 2117 - 0800 367 222

Guiding Co-ordinator
Sue Burrowes 541 9689

Lord Rutherford Memorial Hall Foxhill
Helen Pullan 541 8058

Pigeon Valley Steam Museum
Alan Palmer 027 319 7427

Rural Ramblers
Carolyn Mason 541 9200

Spring Grove Drill Hall
C. Pike 542 3904

Totaradale Golf Club
Jacquie 541 8030

Wakefield Anglican Church – St Johns
Meet Sun 9.00am; 10.30am
Rev. Allan Wasley 541 8883

Wakefield Brownies
Vin Law 541 9190

Wakefield Community Library
Wendy Gibbs 541 8490
Pam Dick 541 8392
Hours - Tues 10.30 - 11.30am
Friday - 2.30 - 4pm
Excluding Public Holidays

Wakefield Football Club
Richard Malcolm 541 9429

Wakefield Medical Centre
541 8911

Wakefield Playcentre
Contact: 541 8866

Wakefield School
Edward Street 541 8332

Wakefield Scout Group
Sheryl Guyton 541 9178

Wakefield Toy Library
Tues 10.30-11.30am
Friday 2.30-4.00pm
Chris Gaul 541 8148

Wakefield Volunteer Fire Brigade
CFO Simon Ladley 027 2577 786

Womens Biz
Justyne McGaveston 522 4488
Sonia Emerson 541 9005

Country Players (Drama)
Philip Calder 541 8442

Junior Country Players
Dixie McDonald 541 8862

Nelson Vintage Engine & Machinery Club
Allan 027 319 7427

Pinegrove Kindergarten
03 542 3447

Rural Women
Dawn Batchelor 542 3628

St Joseph's Catholic Church
Sun 8am, Wed 10am
Fr David Gruschow 544 8987

Waimea Sheepdog Trial Club
Colin Gibbs 541 8435
gibbs@ts.co.nz

Wakefield Bush Restoration Society
Doug South 541 8980

Wakefield Craft Fair
Leanne and Glen Turner
541 8306

Wakefield/Brightwater Guides
Sarah Arnold 5419481

Wakefield Methodist -Presbyterian Church
Meet 1st & 3rd Sundays 11am
Rev Paul Tregurtha 544 8394

Wakefield Plunket
Donna Todd 541 8583

Wakefield School/ Community Swimming Pool
Contact Phill Platt on 027 231 7610

Wakefield Smallbore Rifle Club
Ian Hutchings 541 8342

Wakefield Village Rest Home
Gerri Harvey 541 8995

Wanderers Sports Club
542 3344

Window on Wakefield
Advertising - 541 9641
Genie & Lindsay Bradley

Focus Wakefield
Diane Blackburn 541 9725

Just Gymnastics
Linda Mace 546 6013

NZ Postcard Society Inc.
Doug South 541 8980

Richmond Lions - Wakefield Representative
Ivan Burrowes 541 9689

Spring Grove Church of Christ
Meet Sundays 10am
541 8011

Top of the South Rural Support Trust -
gibbs@ts.co.nz
Colin Gibbs 541 8435

Waimea Sth Historical Society
Jeannine Price 542 3033

Wakefield Bowling Club
Margaret Eames 541 8316

Wakefield Community Council
Allan Wasley 541 9622

Wakefield Indoor Bowls Club
Ren Olykan 541 8275

Wakefield Pippins
Kirsty Harte 541 9799

Wakefield Preschool
Contact: 541 8086

Wakefield School PTA
Jeanette Mattsen
zephyrfan@hotmail.com
03 541 8118

Wakefield Tennis Club
Ngairie Calder 541 9419

Wakefield Village Hall
Rob Merilees 541 8598

Way to Go Co-ordinator
Vanessa Mairs 027 511 8826

St. John's Worship Centre
Caroline Gibbs 541 8491

Waimea Plains Junior Football Club
Grant de Joux
542 4452

CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have **specialised skills/ equipment**, and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their **responsibility to be personally prepared**.

You should ensure that you have your own **survival kit** in place, and that you are able to be **fully self sufficient for at least three days**.

In the event of an emergency, for urgent public messages, tune in to:
More FM 94.1, Classic Hits 89.8, Fresh FM 95.4



FOR SALE IN WAKEFIELD

See the rest of my listings at www.nelsonrealestate.co.nz

NEW LISTING

\$295,000+

2 bedrooms plus office, single internal access garage, sunny and warm. New kitchen and logburner on wetback.

Private, easy care north facing section.

Please call me for more information.

NEW LISTING



**150 EDWARD ST
WAKEFIELD
\$429,000+**

Stunning Transformation!

4 Bedrooms,
2 bathrooms,
2 living rooms,
2 heatpumps,
logburner on wetback,
solar booster.
Brand new kitchen
and gorgeous decor
throughout.

Please call me to view.



**21 BIRD LANE, WAKEFIELD
\$299,000**

Power, telephone, water & sewerage services to the boundary

Fantastic value here with this flat bare block, approximately 3 and a half acres, with all services available! Hidden away on the north side of Wakefield village, there is a lovely outlook to the foothills and Ben Nevis.



NEW PRICE

**489 CHURCH VALLEY ROAD
\$760,000 + GST IF ANY**

Amazing value - 21 hectares

Secluded and peaceful rural retreat only 5 minutes to Wakefield village. Spacious 3 bedroom plus office home with stunning views to the Ranges. The land is fully deer fenced, with its own water source. Modern 140m² garaging. RV \$800,000



**128 WAKEFIELD-KOHATU
HIGHWAY \$549,000+**

Owners keen to see your offer

Now priced under RV of \$565,000. 3 bedrooms, 2 bathrooms, double glazed homestead with huge loft space/rumpus, logburner on wetback, town supply water plus well. Excellent garaging and sheds. High-stud 3-bay shed. 1.32 ha flat land.

COMMISSION

2.95%

+ \$500
Base Fee
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on the first \$400,000 and thereafter by negotiation

FREE Market Appraisals

SOLD



**87 PIGEON VALLEY ROAD
\$499,000+**

Fantastic value here

So close to the Wakefield Village, but enjoying the peace and quiet of the countryside. Double garage plus workshop, and a huge high-stud shed. Town water plus a bore.

WINDOW ON WAKEFIELD
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