window onwakefield

Community News for the Wakefield Area

Heart-warming news regarding public-access defibrillator by Caraline Dyson

WAKEFIELD

. The Heart of Tasman

Following last month's article about the new public-access defibrillator, we have further good news. NZ Fire Service has decided to standardise all defibrillators across the country, so Wakefield Volunteer Fire Brigade have generously offered to donate their current defibrillator to the community. It was recently purchased from community funds and is in full working order, but differs from the new standard Fire Service model.

Reading about the plans in Window on Wakefield, Chief Fire Officer Fritz Buckendahl swiftly liaised with Focus Wakefield, Wakefield and Districts Community Health Centre Inc. and Wakefield Four Square. It is understood that the new Fire Service defibrillator will be at the fire station by April, when their current defibrillator will be formally donated and re-located outside Wakefield Four Square. Focus Wakefield had just agreed to purchase a public-access defibrillator, so the timing of the Fire Service standardisation policy is excellent.

Stuart Hore of Wakefield Four Square is thrilled the public-access defibrillator is going to be sited in the heart of the village, where it will be available to the highest concentration of people.

Bob Croy, representing Wakefield and Districts Community Health Centre Inc. is similarly delighted, and reiterated their offer to maintain the public-access defibrillator. Focus Wakefield will communicate the location of the new community defibrillator, and will focus on educating people so they feel confident enough to use it.

If a member of the public has a cardiac arrest, the defibrillator can make a life or death difference. Every day between three and five New Zealanders have a cardiac arrest. If they receive a shock to their heart prior to the arrival of an ambulance they have a far greater chance of survival.

if they don't receive immediate treatment.

death, however use of a defibrillator can increase the chance of survival by up to 40%.

one at Wakefield Health Centre and one at the fire station.

access defibrillator will be publicised in Window on Wakefield and on Focus Wakefield's Facebook page.

Photo: Fritz showing Stu and Bob how easy the public-access AED is to use



ISSUE 27 January 2015

WINDOW ON WAKEFIELD

How it works...

Window on Wakefield is produced and published by Focus Wakefield, a subcommittee of the Wakefield Community Council. All businesses advertising in this publication incur a cost for the advertising space allocated, depending on the size and location of the advertisement. The funds raised from this advertising are used to cover the costs of printing Window on Wakefield. No parties are paid for the time involved with editing, coordinating and publishing this paper. It is the intention that if surplus funds are raised from advertising, that these will be held in a separate bank account to be used for other community projects. The bank reconciliations and financial reports related to this account will be made available to any person who wishes to view them.

Content...

Window on Wakefield is a community newspaper, and as such, we look forward to having articles and content contributed by our community. If you wish to submit a one off article, or suggest some regular content, please make contact with Sonia on 541 9005 or email windowonwakefield@gmail.com and read the Terms and Conditions below.

We try to ensure information published is truthful and accurate, but do not check the facts of the articles and therefore cannot attest to their validity. While all reasonable care is exercised, we do not accept liability for any loss whatsoever incurred through our errors, acts or omissions in relation to the content of an article, or for any consequences of readers' relying on the information published. Opinions expressed by contributors do not necessarily represent the views of the Focus Wakefield group, nor are they necessarily endorsed by the Editor or Publisher.

Advertising...

If you wish to advertise in Window on Wakefield, please make contact with Genie or Lindsay on 541 9641 or email enguiries@wakefieldprint.co.nz and read the Terms and Conditions that will be provided on the rate card.

TERMS AND CONDITIONS REGARDING PUBLISHING OF CONTENT

- a. All articles and other content submitted for publishing must disclose the author's name or where the article/content is contributed by a community group, then that community group's name.
- **b.** All images should be provided to us in a high quality PDF format. We take no responsibility for the quality of reproduction for images that are not supplied to us in this format.
- c. If you wish to make changes to an article or content already submitted, please ensure these are communicated to us before the relevant deadline date.
- d. When you submit an article or other content for publishing you:
 - agree that the submitted material and/or images can be reproduced by the Editor or Publisher at any time without your prior approval
 - agree that all photographs submitted for publishing are provided free of charge, and the approval to print has been obtained from any persons shown in the photo - this is the responsibility of the person submitting the photo
 - acknowledge that all material is held by us at your risk and is not insured by us. Material will only be returned on request and may otherwise be destroyed by us
- warrant and undertake that no statement, image, representation or information contained in your supplied article or content:
 - * is or is likely to be misleading or deceptive;
 - * is at all defamatory, in breach of copyright, trademark or other intellectual or industrial property right;
 - * is otherwise in breach of the Copyright Act 1994, Defamation Act 1992, or any provision of any Statute, Regulation or rule of law.
- e. We reserve the right to decline the publication of any article or any content whatsoever on any grounds that we in our absolute discretion see fit.

NEXT EDITION

Due out the first full week of each month All Advertising to be submitted by the 20th of the Month prior All Content to be submitted by the **23rd** of the Month prior For Advertising please contact Wakefield Print Ltd 541 9641 For Content please contact All Accounts Matter Ltd 541 9005

Jill O'Brien R D 1 Wakefield Rural Mail Contractor FOR ALL YOUR MAIL NEEDS

Stamps, Parcels, Freight Phone 541 8963 Mobile 027 324 2126

DID YOUR BUSINESS MISS OUT THIS TIME



DON'T DESPAIR

WE HAVE SAVED **A SPOT FOR THE NEXT** PUBLICATION JUST FOR YOUR BUSINESS

Give us a call 541 9641 or Email

Shockingly Easy: Public-Access Defibrillator Advice from Paramedic Karen Walling*

Would you know how to recognise when someone is in a cardiac arrest? Would you know what you can do to save someone's life using a public-access defibrillator? Cardiac arrest is when a patient's heart has stopped. The blood and the oxygen are no longer circulating around the body and the patient will not be breathing. This is a life-threatening emergency and you need to act quickly.

First, dial 111 for an ambulance. Next, you need to start to perform basic life support. By doing this, you're keeping the blood and oxygen circulating around the body and keeping the brain alive until help arrives. For every minute basic life support is not being performed your chances of survival are reduced by about 14%.

A public-access defibrillator is very, very safe and simple to use and it gives the patient the best chance of survival. Simply turn the machine on, take the pads out of the packet, and apply them to the patient's bare chest as indicated. Next, simply connect the electrodes, following the audio prompts.

When the leads are connected to the patient's chest, the machine will analyse what heart rhythm the patient's heart is in. The defibrillator will only recognise when a patient is in cardiac arrest. If it recognises a patient is in cardiac arrest, it will then ask you to deliver a shock to the patient in order to restart the patient's heart. The defibrillator will make an alert sound and tell you to stand clear and push the shock button.

These machines are very safe. They will only deliver a shock to a patient in cardiac arrest. You cannot shock a live patient; the machine WILL NOT let you. These machines are very safe and you cannot make a mistake.

Public-access defibrillators are designed to be used by members of the public with no training.

Remember: if you do nothing for somebody they've got no chance, if you do something you're going to give them some chance.

*Thanks to London Ambulance Service NHS Trust

Cryptic Clues

by Derek Evans

Here are the answers to last months 'famous film stars':

1. Reborn Saint - Paul Newman

2. Throw an old nail into a hole in the ground - Brad Pitt

3. This Robin should be able to mend water pipes - Christopher Plummer

4. Worker in an office at the end of the house - Clarke Gable

5. Cambridge University Official's winged house pet - Dean Martin

6. Drake liked to get close to this but it all turned sour? - Jack Lemmon

7. Mickey's friend's chauffeur - Minnie Driver

8. A noise made by spring on the piano shouldn't frighten the bird away - Russell Crowe

9. Bill's car - William Holden

10. Owned a heavenly choir and a Sky Pilot - Charlie Chaplin

WELLS RURAL POST

Contact Matt & Angie Wells for all your RD2 Wakefield postal needs, including Prepaid Envelopes • Stamps • Courier Items Local freight from Wakefield, Dovedale and Tapawera.

> Prescriptions from Wakefield. Phone 541 8177

Guest blackcurrant chef Steve Jester House Photographic competition **Moutere Artisans** Blackcurrant health information Moutere History



info@wakefieldprint.co.nz





Wakefield School News

Bold as Brass at Wakefield School

by Peter Verstappen

When Wakefield students return to school on Tuesday 3 February they can look forward to being entertained by their own brass band - well, at least the trombone section.



Wakefield School's highly successful music programme received a boost late in 2014 with the arrival of four trombones provided by the Tasman Music Trust, and paid for by the Trust's generous sponsors, including The Car Company in Nelson.

To read more Wakefield School news The bright yellow P-bones – plastic trombones – look like toys but they can sound as good as check out our school blog any brass trombone and are perfect beginner's instruments; light, bright and a fraction of the http://www.blogspot.wakefield.school.nz price of their conventional brass brothers.

Tasman Music Trust teacher, Nick Sharpe, says the P-bones have revolutionised brass music by making it accessible to a whole new generation of young musicians. Having already fostered a small revolution in instrumental music at Lake Rotoiti School and Waimea College. Nick and his colleagues on the Tasman Music Trust are now rolling it out across the district, with Wakefield joining Henley and Appleby schools in the vivid colours and sounds of plastic trombones, flutes and clarinets.

Wakefield student Hamish is one of four eager young trombone artists at the school. He says playing the P-bone is a challenge. 'It's hard to get all the notes right, but I really like it when I get a good sound.'

Fellow band member Bridie agrees. 'It's fun and educational. I hope I can keep playing for a long time.'

Wakefield local Melanie Stewart, head of music at Waimea College and one of the founders of the Tasman Music Trust, says the cost of instruments and lessons is often a barrier for children keen to learn music. As well as raising funds to buy instruments the Trust subsidises lessons and aims to offer scholarships to promising young players. Fundraising will pick up pace in 2015 and the Trust welcomes new sponsorship from businesses and individuals.

Wakefield School principal Peter Verstappen backs the Trust's efforts all the way. 'We know that music reaches parts of the brain that other things don't. Learning an instrument is more than just a challenge and satisfaction in itself, it also lights up learning in maths, reading, writing and many other areas.'

Peter has picked up the challenge of learning the trombone with his students. 'I'm rubbish at it, far slower than the kids, but I'm determined you can teach an old dog new tricks.'

Meanwhile Wakefield School students will also be offered flute and violin lessons this year so listen up when passing the school and enjoy the cacophony of sounds from our own Wakefield musicians.

Photo Below:

Wakefield trombone students celebrate their new instruments with their teacher and Tasman Music Trust sponsor, The Car Company. From left to right: Nick Sharpe (Tasman Music Trust teacher), Hamish, Enzo, Bridie and Paige, with Oliver Brown, business and marketing manager with The Car Company.

Photos Right: Children take part in the Triathlon



Window On Wakefield Issue 27 January 2015

027 444 93 64

Wakefield School News

The last week at Wakefield School has been exciting for everyone.

On Wednesday 10th December, Totara Tahi held a fun day, which included a pool party and a movie afternoon.

On the following afternoon the Matai syndicate entertained parents and families with their lovely Christmas carols, while on Friday December 12 Totara Tahi and Totara Rua took part in a challenging triathlon, that included a swim, run, and cycle.

At the celebration assembly on Friday December 13th, the new trombone ensemble showed off their impressive skill. The lovely Christmas choir, who will perform at the rest home before Christmas, also entertained the school. The many fantastic sports teams, which include a large number of the Wakefield students, received special congratulation for their achievements.

The final assembly also saw a Year 6 student, Liam Berry, being presented with three awards, a commendation award for the Stringer writing competition, the Peter Ross award for overcoming significant challenges to achieve highly and the Potton and Burton award in literacy.

Liam received these awards early as he will be away for the Awards assembly night, which will be held to celebrate special achievements and achievers at 6.30 pm on December 16.

Photos: Bottom - Matai syndicate Christmas carols, Middle Left and Top Right - Triathlon, Middle Right - Liam Berry with his awards





Wakefield School Prizegiving

by Peter Verstappen

Wakefield School celebrated the end of the year in style with an awards assembly where we acknowledged the effort and achievement of our students and farewelled our Year 6 students heading off to Intermediate School in 2015. On a warm summer evening the school hall was filled to overflowing with students, families and community members. We enjoyed a performance from the school rock band, including a new school song - STAND - written by one of our students, Tayla Pearless, and a highly entertaining Ice Age shuffle by the Year 6 group.

Two staff, Gill Watt and Carol Suddaby, were farewelled and we reflected on some of the high points of 2014; including successful school camps, a junior school musical production and the introduction of open-plan modern learning environments.

Awards for effort and achievement were presented to students at all year levels and several special awards were presented for the first time, sponsored by local businesses and organisations. The complete list of awards is printed here and we congratulate our students on their success.

We send good wishes to our community for a happy and safe summer holiday and look forward to resuming school on Tuesday 3 February.

Matai Syndicate Awards for Effort

- Year 0: Ava Lausen and Cooper Olaman Keira Harris and Lilly Robinson Year 1: Brooke Robinson and Payton Mills Year 2:
- Year 3: Leigh Carter and Emily Wallace

Totara Syndicate Awards for Effort

Christian Wakefield and Brittney Turner Year 4: Isla Kennard and Justin Smith Year 5 Year 6: Sarah Ducray and Neve Lloyd

Stringer Writing Awards Certificate of Commendation: Liam Berry Certificate of Excellence: Awen Lloyd

Ultraspec Building Systems Award for Excellence in Sports Aston Murray-Campbell - Boys Dion Taikato

Young Swimmers Award for Excellence in Sports - Girls Neve Jessop

Potton & Burton Academic Award in Literacy Liam Berry

Matai Syndicate Awards for Achievement

- Year 0: Regan Thomson and Josh West
- Edie Lloyd and Giorgia Doblanovic Year 1:
- Tyler Taafe and Abi Platt Year 2:
- Cam McLean and Isabella Doblanovic Year 3:

Totara Syndicate Awards for Achievement

Awen Lloyd and Mia Ferretti Year 4: Aria McNamara and Emma Davies Year 5 Year 6 Arin Phelan and Blake Dohmen

All Accounts Matter Academic Award in Mathematics Marshall Hore

Wakefield Craft Fair Award for Excellence in the Arts

Peter Ross Award Liam Berry

PTA Community Spirit Award Joel Duncan

Wakefield Four Square Leadership Award Blake Dohmen

Wakefield Plunket Playgroup

WE HAVE MOVED

Wakefield Plunket Playaroup

has moved and we have a new name

New name: Waimea Plunket Plavaroup New venue: The Brightwater Community Anglican Church, Waimea West Road, Brightwater Starting: 28th January 2015 Time: 9.30 – 11.30 am Day: Wednesday morning Cost: FRÉE

Wakefield Plunket Playgroup and Brightwater Community Playgroup have joined together to make the Waimea Plunket Playgroup. Everyone in the Brightwater, Wakefield and surrounding areas is welcome to attend.

Come along, have a hot drink, morning tea, a chat and meet mums, grandparents, babies, infants and young children for a fun morning out. See you there.



"...for all creatures great & small ... "

Open Monday - Thursday 8.30-5pm

Consulting Hours

Monday morning with Brenda **Tuesday afternoon with Brenda** Thursday morning with Paula

Ph 541 8974

info@tcvet.co.nz * www.tcvet.co.nz Edward Street, Wakefield

Head office 35 McGlashen Avenue, Richmond

544 1200 24 hours



Weddings **Functions BBQ's** Lots of Space

Good Old Country Pub Atmosphere With Family In Mind

Garden Platters, Local Wines, Homegrown And Local Produce

Come And Talk To Us About Your Next Function **Spacious Outdoor Venue Worth Visiting Bookings Essential**

Coffee to Go Fill Your Own Riggers Catering - Special Requirements - Our Speciality Courtesy Van

Remember we are open from 10am on Sundays for your Relaxing Brunch

For all Bookings and Enquire Contact Jacqui Ph 541 8105

Hours of Business Wednesday 3pm-Close Thursday 1pm-Close, Friday and Saturday 12pm-Close Sunday - Relaxed Brunch from 10am Outside these hours bookings required



Eye Enhancements Gel Nail Enhancements Hair Removal Swedish Massage Eyelash Extensions



03 541 8345



For Professional Invitations and Wedding Stationery that won't Break Your Budget Call Genie - 03 541 9641 For your FREE Consultation





Town and Country Talk

by Brenda Halliwell

KITTENS

Yes it's kitten season again! And here's a wee reminder to think hard about whether to get one for your family or not! In the last few years, cats have been in the news for the wrong reasons mainly because of uncontrolled breeding. Cats are just being cats - it's up to us humans to look after our cats and get them desexed to avoid unplanned litters.

Rescue centres are usually inundated with homeless kittens and sadly many cats and kittens are dumped in rural areas to fend for themselves. This is bad for cats, our NZ wildlife and for farmers.

Also beware of getting a kitten "free to a good home". Yes it might be free but the ongoing care is not.



If you actually do want to give a kitten a home this season, here are some costs to consider to keep your new pet healthy and safe:

1. Nutrition – buy a good quality kitten food to ensure optimum growth and development

2. Worming – is every two weeks initially then eventually every three months for the rest of their life, especially if they are hunters.

3. Flea control – treatment every 4-6 weeks is needed to keep fleas away

4. Vaccinations - kittens need to be vaccinated against cat flu twice usually at 9 and 12 weeks. Then again one year later then every two years for the rest of their life. Vaccination against FIV (cat AIDS) should also be considered.

5. Neutering – male and female kittens should be 'fixed' at 5-6 months old – for many reasons but especially population control.

Other things to consider include microchipping to identify your cat if it strays, grooming requirements especially if long-haired, and pet insurance for unexpected veterinary bills.

FITNESS OF STOCK FOR TRANSPORT

Recently rules around transporting stock to the works have tightened up significantly. This affects transport companies, stock agents, farmers and vets. If there is a health issue with an animal, it must be certified by a vet that it is fit to travel. The certificate for transport is a "get out of jail free" card for everyone but the vet who signs it! The vet is taking responsibility for that animal's safe and humane passage to the works - so it's a big deal!

The certificate takes a bit of time to fill in properly and we prefer that the animal is not galloping off into the distance when we examine it! Each inspected animal must have its own certificate. The animal MUST go to the nearest works for its species. This means one in-



dividual may have to go to a different works than the rest of the mob. Travel must be completed within one week.

TOWN & COUNTR

"...for all creatures great & small..."

Open Monday - Thursday 8.30-5pm

Consulting Hours

Monday morning with Brenda

Tuesday afternoon with Brenda

Thursday morning with Paula

Ph 541 8974

info@tcvet.co.nz * www.tcvet.co.nz

Edward Street, Wakefield

Head office 35 McGlashen Avenue, Richmond

544 1200 24 hours

Conditions that cannot be certified for the works include (but are not limited to): ingrown or broken horns, compound fractures, protruding eye lesions (including cancer eye), infected wounds, open wounds, painful internal disease, prolapses, thin animals/low body condition score, sick animals with a high temperature and lame animals that can't bear weight on all four legs.

An animal that is not able to be certified for transport must either be treated by a vet, destroyed humanely, killed for home consumption or killed on farm by an approved pet food operator.

Focus Wakefield - Beautification Project

by Emma Marshall and Jason Preller

After more than two years of planning and consultation, the Focus Wakefield project for Beautification of the Village Green has finally received approval from the Tasman District Council.

The project has been planned to be implemented in several stages as follows:

- 1. Establishment of the planted area within the green and the planting of the new cedar tree (with the involvement of the School).
- 2. Organisation of litter bins, bike racks, tables, seating and drinking fountain (and a water feature **).
- 3. Laying of brick paving at the end of the car park forming the additional planting area around the toilet and plant up. This would follow on well with the establishment of the bike racks (we may even combine these).
- 4. Construction of the raised beds in the central area.
- 6. Construction of the water feature**.

We had hoped to commence Stage 1 this Spring 2014 but due to the timing of TDC's approval we are going to commence with Stage 2 (sourcing litter bins, bike racks, tables, seating and water fountain) in January/February 2015 and come back to Stage 1 in Autumn 2015.

We need

- people to assist with construction and manufacturing of the bike racks, tables and seating · donations of or towards these items (you or your business will be recognised with an appropriate plaque on or near the item)
- donations of raw products eq steel piping, wood, concrete
- · furniture makers, woodworkers, engineers
- and volunteers

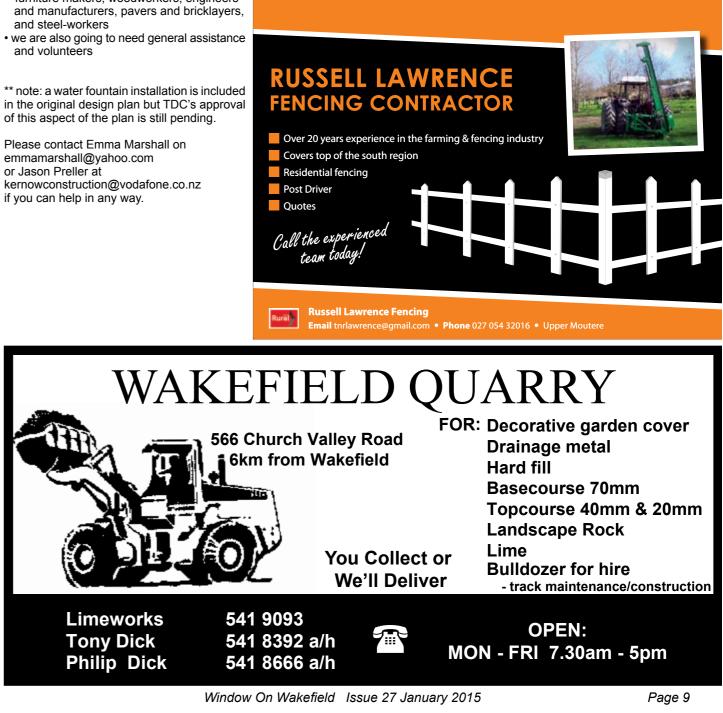
in the original design plan but TDC's approval of this aspect of the plan is still pending.

emmamarshall@yahoo.com or Jason Preller at kernowconstruction@vodafone.co.nz if you can help in any way.

Post Driver

team today

Ruräl



- 5. Construction of the two raised beds by the main entrance to the Green followed closely by the central raised flower gardens.

Wakefield Physio - Health & Wellbeing

TEST YOUR KNOWLEDGE by Kate West, Physiotherapist

How well have you been reading my monthly articles? This month I want to put you all to the test! Answers are found in the community notices section.

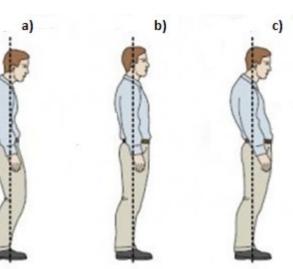
- 1. When you injure yourself you need to R.I.C.E immediately for the first 72 hours. What does R.I.C.E stand for?
- 2. What two groups of muscles stabilise your shoulder?
 - a) Abdominals and rotator cuff
 - b) Rotator cuff and scapula stabilisers
 - c) Scapular stabilisers and pecs
- 3. True or False? The Active Cycle of Breathing is a better way of clearing mucus in your lungs than coughing alone?
- 4. From the pictures below which is a good standing posture?



Accident & Sports Injuries All Sprains & Strains Neck & Back Pain Pre/ Post Surgical rehab

ACC & PRIVATE TREATMENTS





- 5. True or False? As you age your bones stop growing?
- 6. When first injured you need to avoid H.A.R.M. What does H.A.R.M stand for?
- 7. Which statement is correct? To train your pelvic floor muscles you:
 - a) Need to stop yourself midflow when going to the toilet and lift and squeeze your pelvic floor muscles
 - b) Tighten your stomach, bottom and inner thigh muscles and lift and squeeze your pelvic floor muscles
 - c) Squeeze and lift your pelvic floor muscles whilst you relax your stomach, bottom and inner thigh muscles
- 8. Which statement is correct?
 - a) Osteoporosis is a disease that affects bone
 - b) Osteoporosis protects you from fracturing your bones
 - c) Osteopororis affects your muscles

Totaradale 9 Hole Golf Club Wakefield Craft Group

As a final fling to the season we have had the chance to enjoy two wonderful fun days of golf. Last Friday the 18 Hole ladies at Totaradale took over the organisation of our weekly game. We just needed to turn up, sit in the sunshine and await our instructions.

They did a wonderful job, with a different fun challenge on each hole. Peals of laughter could be heard around the course as we tackled such things as, teeing off with a cricket bat whilst wearing cricket gloves, using childs size golf clubs, using left handed clubs, putting around garden ornaments and even one hole turned into a crochet green as we went through the hoops before getting to the hole.

The final twist being the winner was the person with the highest score! We all went home with a "Secret Santa" present and a final promise of a return challenge next year.

On Monday we were lucky to have had the most wonderful weather for our annual 9 Hole Christmas Tournament. This year open to Men 9 Hole players in the region (a group that is growing as younger men realise they can fit a nine hole game in more easily around work and family commitments, plus they do not need to pay full 18 hole club fees).

We had a record number of entries, 56. We tried hard to make it a fun/ serious day with a great array of Christmas themed prizes in two grades with a super ham for the two main winners. There were spot prizes around the course and even a "Christmas best dressed" prize, which was won by yours truly thanks to the \$2 shop! We felt very pleased that we managed to pull it off and, from the feedback received, it was a great success.

There is still plenty of time to make use of a summer membership to Totaradale Golf Club, just pop along Pigeon Valley and have a word with Jackie in the office, or give her a call 541 8030 or if you are interested in our 9 Hole Ladies group give me, Verety Johnson, a call 541 9644.

Make 2015 the year you try a new hobby.





by Judith Hutchings

Here is a follow up on soft toys that we were knitting.

On Wednesday 10th December the soft toys were taken and put under the Nelson Mail Christmas Tree in Sundial Square, Richmond.

These will be distributed at Christmas by the Salvation Army.





Plants Grown Locally For You

Email: BrooksideNusery@clear.net.nz Trademe: BrooksidePlants Facebook: Brookside Nursery Wakefield Phone: Keith Baigent, 027 222 0916 BROOKSIDE

NURSERY

present this voucher and recie perchase over \$2

Michael Mokhtar AREINZ B. Sc (Hons); Ph. D Wk Ph (03) 544-4441 mobile 027 443 2703 email:mokhtar@xtra.co.nz www.movewithmichael.co.nz

WE'VE BEEN SUCCESSFULLY

Open Monday - Saturday

10am - 5pm

BROOKSIDE

NURSERY

Licensed Agent REAA 2008

BEHALF OF OUR TO THE VENDORS SINCE

www.harcourts.co.nz

Wakefield Health Centre

ALLERGIES

Allergies are very common and affect one in three New Zealanders. Allergies occur when the body's immune system overreacts to something which results in an allergic reaction.

Common allergies include:

- Pollen
- Food Nuts, seafood, cows milk
- Dust mite
- Mould
- Insect bites

Allergic reactions will be different for everyone depending on the severity of the allergy. Some allergies are mild and can be managed with no treatment, others may need to be treated with an oral medication while severe reactions are life threatening (called anaphylaxis) and require urgent medical attention and prompt treatment.

Surgery hours: Wednesday

Why am I Always Itchy ?

Common symptoms include: Rash / eczema

- Conjunctivitis
- Sneezing
- Swelling
 - Runny nose

Treatments include avoidance of exposure to allergens and medication.



If you are going away this summer please remember to take your medications with you. If you require any further information or you think you need to discuss management of your allergy make an appointment to see your GP or Practice Nurse.

Delicious Honey straight from the valley

Mountain Valley Honey brings you award winning honeys, harvested from the beautiful Marlborough Sounds and stunning remote areas of the top of the South Island. Our bees forage to bring you Manuka, Native Bush, Autumn Gold, Honeydew and Kamahi honeys to enchant your tastebuds.

Find us at: www.mountainvalleyhoney.co.nz Email: info@mountainvalleyhoney.co.nz Visit us: Every Saturday at the Nelson Market Μουνταιν VALLEY HONEY

Window On Wakefield Issue 27 January 2015



Window On Wakefield Issue 27 January 2015



Phone 541 8911 **12 Edward St Wakefield**





Hill Top Native Nursery Propagators and Growers of New Zealand Native Trees and Shrubs Open for sales by appointment Owners: Bevan & Rachael Hart 74 Eighty Eight Valley Road Wakefield, Nelson 7025

Phone 03 541 8763

Phone: Bevan 027 541 8763 Rachael 027 286 7927 Fax: 03 541 8764

The Way We Were

Uncle Dick's Story - Part III 21 July 1917 - 3 September 1917

Prepared for the Waimea South Historical Society by Roger Batt

(Continued from last month)

Half way through Uncle Dick's third year of war service comes the opportunity he has been waiting for. He manages to take some leave and travels to London and then Scotland - first Edinburgh and then Glasgow. His letter of July 21st sees him in a very happy mood. "I have had the time of my life. Everywhere I went they gave me such a time it was hard to leave." But he doesn't care for London - "too much bussel" and he asks if they have received the table centre that he sent and the German belt.

He thinks that Edinburgh is "the prettiest place I have ever seen," and in Scotland he has spent "some of the happiest days of my life - the people treated us so well." As if to restore some balance, in a letter written the next day he adds, "you are lucky to be living in a beautiful little country like NZ where there is not a bluddy war raging at your door." His father, who recently had shown some proficiency at bowls comes in for praise and congratulations, "He will (by now) be a dabster I bet."

And now after nearly three years of active service he feels able to express some deeper emotions. "Mother, I shall never forget the day that I sailed away from that beautiful shore and left my dear Mother and sister standing there. I went and cried a little but then I got brave and have faced everything since then, even the bayonet charge. I am so glad that you were both brave and never broke down, I could see what you were thinking and now just what a mother felt like. I am much different in my ways now mother. I can't help noting it myself, it has made a man of me...This is such a cruel war Mother and I see all the suffering and misery of it the poor fellows often dye in my care and the suffering is horrible and I have got that hard-hearted and used to it that I have seen myself sit and watch them dye, and think nothing of it, it seems a very cruel thing to say but it is quite true. Well, I will say au revoir for the present with heaps of love to all, Douglas."

A letter dated September 3rd 1917 is the last surviving letter he wrote to his mother from France. It is soon to be his birthday (20th September) - his third away from home. The autumn rains have returned with unsettled weather but a "kind French lady (with whom he is billeted) gives me a nice hot bath and a good feed and a nice feather bed when I come out of the line. She is just like a mother to me." All of this when they live within a few miles of the line and are under shell fire all the time. He is learning French much quicker and teaching the Mademoiselle to speak English - which she is doing well. He promises that "She is going to write you a letter soon and you will see how she is getting on."

From his war records we learn that eventually he was invalided home with severe PUO (see footnote 1) in February 1918 - first to a convalescent depot in France and then to England where he embarked from Plymouth on the lonic on 24th August having been declared no longer fit for active service.

We have no accounts of his homecoming but he was fortunate to be able to take up farming in Dovedale on a "rehab" farm (see footnote two) where he married and brought up three children. He was indeed one of the lucky ones to have survived (see footnote 3).

Footnotes:

1. PUO - an abbreviation for pyrexia (fever) of unknown origin (commonly called "Trench Fever) affected up to one third of British troops. Characterised by a sudden raging fever, loss of energy, intense headache, skin rash, pain in eyes, dizziness, muscle aches and constant severe pain in shins. Would break after 5-6 days but come back several days later and then be repeated. Recovery was slow over several months and relapses would occur. Some sufferers could experience problems up to ten years later.

2. Special re-settlement farms in various areas of the country organised by the government for returned servicemen

3. NZ had one of the highest per capita casualty rates of any country involved in the war; 16, 900 died (plus 1,000 more within five years), and 41,317 were wounded.

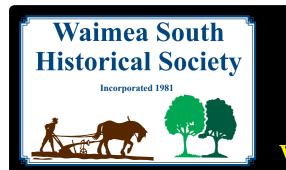
Acknowledgements:

- www.hubpages.com -trench fever in WWI 1
- www.theprow.org.nz resettlement farms 2
- www.wikipedia.org military history of NZ WWI З.

Photo Caption:

Uncle Dick (bottom left) among Dovedale friends in happier days





Explore the past with us www.waisouth.wordpress.com

Window On Wakefield Issue 27 January 2015

Wakefield Volunteer Fire Brigade

Wakefield Volunteer Fire Brigade would like to thank the community for the help and support we get over the year through thank you letters, donation and food parcels and the kind waves we get when driving around the village.

Our call numbers have been dropping over the years which is great news so please keep this trend going. As summer is coming the trend for our brigade is that motor vehicle accidents increase, so please take care on the roads over this holiday period. Be patient, leave plenty of room in front of the car you are following and take rest breaks every three hours or so.

Also the brigade would like to wish you all a very Merry Christmas and a Happy New Year, and please take care with the fire and the road.

Call outs for Dec so far

- MVA = Motor Vehicle Accident
- PFA = Private Fire Alarm
- Permitted burn, good intent call

In total this year 81 calls so far as at 11/12/14

As always take care Fritz Buckendahl CFO WVFB









by Sonja Lamers

Photo:

Members of the Wakefield Art Group had a well deserved coffee on 11 December 2014

From left to right: Barry, Gary, Sonja, Donna, Des, Muriel and Caroline

Absent: Arlene, Fiona, Jan and Rowena

We will be back on Thursday 12 February 2015.

Meeting in the Wakefield Village Hall supper room from 9.30am onwards, Thursday mornings during school term time.

Wakefield Community Council

by Reverend Allan Wasley, Chairperson

There were several items of general business discussed as well as a Focus Wakefield update. Items discussed included:

1. A meeting to discuss State Highway crossings with the advice from NZTA that the best option is a new sort of pedestrian island, each of which would cost the community \$30,000 to fund.

2. Fire brigade will have a spare defibrillator to be located at the Wakefield Four Square.

3. We would be helped if anyone has an historic photo of the missing plaque off one of the lights.

4. Cycleway progress: TDC will soon let the contracts for the new shared pathway at either end of the Church Hill section of the cycleway to be started early 2015.

5. Cycleway gates should be left shut at all times after use.

6. Allan advises that Worksafe have completed their investigation into the tragedy on the Church hill, and clearly probation are to be held legally accountable for the care of their workers whom they place with community groups.

7. Because the Wakefield Hall is not currently up to EQ safety standards, we will clearly have to consider options. Perhaps we may look at ideas such as repairs, or building a new facility elsewhere - watch this space and have your say when we have more information about EQ standards.

Thank you to all our regular attendees at the monthly meetings - your presence and input helps us to build a safer, richer community for us



Do you have something you want to write about? Do you want to submit an article?

we are always looking for new material, so if you have something email windowonwakefield@gmail.com



For all your whiteware repairs in

Wakefield, Richmond and the

surrounding areas.

FRIDGES • FREEZERS WASHERS · DRYERS DISHWASHERS 'OVENS RANGEHOODS

TIM LLOYD

Wakefield.

79 Treeton Place,



Felbridge Cottage 6 Pitfure Road, Wakefield

Available through summer for short or long stays. Phone Phill and Brenda 03 541 9520 www.felbridge.co.nz

by Sonia Emerson, Chartered Accountan

TAX ON PRESENTS AND PARTIES

At this time of year, the focus has often been on presents and parties for workers, so what is actually tax deductible?

This information is a direct extract from the NZ Business website: http://www.business.govt.nz/news-and-features/tax-on-christmas-presents-and-parties

If you're holding a Christmas function or giving work gifts, you may be able to claim tax back. If you don't hold a function but give your employees some sort of entertainment - like a voucher that they can use at any time - you may need to pay FBT (fringe benefit tax). You can generally claim 50% of your party expenses in your GST and income tax returns. Party expenses can include things like venue hire, food, drink and entertainment. You can generally claim 100% of the cost of gifts, such as food, wine or event tickets.

Tax deductions on gifts for employees

If you give your employees a gift you can claim the full cost as an expense, as long as it doesn't fall within the business entertainment rules, but you may have to pay FBT. You won't have to pay FBT on the gift if it's less than the general employee exemption and maximum employer exemption.

If you file your FBT returns quarterly there's a \$300 exemption per employee per quarter if vou provide free goods, or subsidised or discounted goods and services. If the value of the benefit for an employee goes over \$300 for a guarter, you must pay FBT on the full value of the benefit.

For example, Charli and Sam are given gifts of mystery weekends. One is valued at \$250 and the other \$350. The \$250 gift is not subject to FBT but the \$350 gift is.

The maximum employer exemption you can claim is \$22,500 per annum. If the total value of benefits for all employees goes over \$22,500 for the current quarter and the three previous quarters, you must pay FBT on the total value of the benefits in the current quarter.

If you file annual or income year returns there's a yearly exemption of \$1,200 for each employee, with the maximum employer exemption for all employees of \$22,500 per year. If the period covered by the return is less or more than a normal income year, an adjustment per employee is needed as: (Days covered by return ÷ 365) × \$1,200.

Tax deductible party and entertainment expenses

If you provide your employees, clients and suppliers, or prospective clients and suppliers, with any of the following items you can only deduct 50% of the cost because they're counted as 'entertainment expenditure'. Entertainment expenses that are 50% deductible include:

- * corporate boxes, corporate marquees or tents, and similar exclusive areas (whether permanent or temporary) at sporting, cultural or other recreational activities that take place away from your business premises, this includes tickets or other rights of entry
- accommodation in a holiday home, time-share apartment or similar, but not accommodation incidental to business activities or employment duties
- pleasure-crafts, such as a corporate yacht
- food and drink provided or consumed:
- * at any of the three types of entertainment above, such as alcohol and food provided in a corporate box
- * away from the taxpayer's place of business like a business lunch at a restaurant * on the taxpayer's business premises at a party, reception, celebration meal, or other similar social function - like a Christmas party for all staff, held on the business premises
- * at any event or function, on or away from your business premises to build staff morale or goodwill, such as Friday drinks at the pub
- * in an area of the business premises reserved for use by senior staff, such as executive dining room for entertaining clients.

GST adjustments

If you claim a 50% deduction for a business entertainment expense you'll have to make a GST adjustment so you're only claiming 50% of the GST, if you previously claimed 100%.



This information is intended as a guide only - it is not intended as legal advice. For more information seek legal and/or accounting advice

WHITEWARE SOLUTION S LTD

For service call: 027 685 5777 or 541 8877

A Matter of Accounts All Accounts Matter Ltd

For All Your Accounting and Tax Needs



74 Whitby Road, Wakefield 702 Phone: 03 541 9005 Fax: 03 541 9305 Email: allaccountsmatter@amail.com







Whether you have cattle, horses, dogs or cats, the staff at the Vet Centre always endeavour to treat each animal as an individual for personal patient care. Let us help you to treat your animals with the quality care they deserve.

For a happier, healthier animal, family and lifestyle come see us at The Vet Centre Richmond.

Our services include -Puppy classes -Acupuncture -Orthopaedics and general surgery -Digital xray -Portable ultrasound -Free Tapawera days on Thursday

and so much more!



24 hour emergency 03 544 5566 www.vetcentre.net.nz Richmond Clinic - Gladstone Road 03 544 5566 Motueka Clinic 03 528 8459 and Mapua Clinic 03 540 2329 Keep an eye on our promos on Facebook

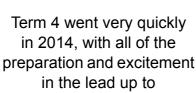




Wakefield Playcentre







Christmas.

by Amby Cowe

The tamariki and adults all enjoyed thinking up new ways of decorating and celebrating the season.

Wakefield Playcentre is now closed for the holidays.

The centre will open again on 3rd of Feb 2015.

Sessions run from 9 until 12 weekday mornings.

We welcome all families with children from 0 to 6 years to join us for three free visits so you can check out what Playcentre has to offer in 2015.









Window On Wakefield Issue 27 January 2015

Higgins Heritage Park News

Nelson Vintage Engine & Machinery Club Inc.

Saturday 31st January

Sunday 1st February 2015 9.00am to 4.00pm Higgins Heritage Park, Pigeon Valley, Wakefield

Bring the family and enjoy the day in the lovely setting at Higgins Park - there's something here for everyone!





Transport & Military Vehicle Museum Stationary engines **Steam engines Demonstrations** Hay baling Sawmilling Food & Drinks Available

Adults \$5 Under 13 free **Contact Allan Palmer** 0273 197 427 www.higginspark.co.nz

Vintage tractors & machinery New Ray Win Collection (Jowett Cars / Speedway Motorcycles) Free rides with traction engine & railway jigger Ladies handiwork display & demonstrations





ANZAC Day 2015

As most of you will know ANZAC Day is on Saturday 25th April 2015 and it is the 100th commemoration for this very special event. Many of our local men and woman have served and lost their lives in the theatre of war. A number of local Wakefield residents have formed a small committee to organise the 100th ANZAC service and parade and there are some areas that we need help with:

- We would like one or two local clubs or organisations to put on morning tea for the people who wish to gather around after the service. The morning tea will be held at the Wakefield fire station.
- The committee would like to organise a memorabilia of any sort that relates to ANZAC or any of the wars and this will be held in care and displayed at the fire station as well.
- We need to know who wishes to lay a wreath at the cenotaph so we can work out the order of lying and also announce it to the people who are gathered at the cenotaph.
- We would like to hear from anyone who can play the bagpipes at the ceremony.
- · We are also looking for a Turkish resident or descendant to read out the "ode".

If you can help with any of these items can you please give me a call: Fritz Buckendahl 136 Edward Street Wakefield 541 9061 or 027 22 44 162 Email fritz.b@nelsonforests.com

Tapawera Christmas Fair

Photos from the 4th Annual Tapawera Christmas Fair held on Sunday 14th December.



Window On Wakefield Issue 27 January 2015



A New Start For Me

by Wendy Pearson

After eight enjoyable and instructive years with Heyward Realty, I am moving to Tall Poppy Real Estate.

This is a great opportunity for me to forge even closer links with the village by opening a real estate office in the heart of Wakefield.

The former mail sorting office next to Town & Country Vets is a great location and I am thrilled to be adding to the commercial growth in our village.

Clients will still benefit from the same reliable and exceptional service, the same conscientious care and the same results for which I am already known

And now with Tall Poppy, a real estate company who believes in "making real estate fair', I will be able to offer an unbeatable capped fee of \$10,000 plus gst, (\$11,500 inclusive), regardless of the value of your property.

So whether your property will sell for \$350,000, \$550,000 or \$850,000. you know the fee will be \$11,500. For properties with a lower value, I guarantee to beat any written quote.

This transparent fair pricing has proved very popular elsewhere in other parts of New Zealand and I am excited to pioneer it here in Wakefield.

I hope to have my new Edward Street office open part time hours from the middle of January. It is just across the road from the Four Square, please pop in and say hello.

Check out our Focus Wakefield Facebook page www.facebook.com/FocusWakefield

Share your stories, photos, events with the community.

Post items wanted, for sale, help needed etc...

Lynda's Aerobics/Pilates Classes Term 1, 2015 St John Worship Centre, Edward St, Wakefield. <u>A new 8-week term starts Thursday Feb 12th - ends April 2nd</u>

We are staying with the 9.05am start for this term. Also note new (5 minutes later) start-time for Pilates ©. Fees have increased a tiny bit because Hall hire fees have gone up.

Thursdays 9.05am - 9.50am followed by Pilates 10.00 - 10.50am

You can do either or both classes.

Aerobics \$65.00 for the eight-week term. Pilates \$65.00 for the eight-week term. Discount for both sessions - \$110.00 (\$20.00 discount) No special skills, gear or fitness levels required for either class. New folk are most welcome - we are a friendly bunch and usually head off for coffee after Pilates.

Please phone Lynda **5432268, txt 027 222 1491**, email <u>lynda@hht.co.nz</u> to book and for details. Classes are on a per-term basis, no casuals sorry. If you commit for the term (and pay!) you are much more likely to come, then you'll get results. If you have to miss a class you can truck on over to Mapua and make it up on a Wednesday or Friday.







Live Local Shop Local

Profiling a Wakefield business - Helping keep the great businesses in our Village

Shop Local - Sticks 'n' Stones, tree care and landscape services

by Caraline Dyson

They say 'sticks and stones can break your bones, but words can never harm you'. Most of us reflect upon the adage when we look at trees on our properties, wondering how we're going to trim them without breaking a leg. Thankfully, a few words with Morten Lausen and we can be out of harm's way, just like the poem.

After seven years at Appleton's Nursery, Morten began using more and more of his free time and arborist qualifications to help friends.

Finally, two years ago he 'took the leap' and started Sticks 'n' Stones tree care and landscaping business from his home on Arrow Street. Local people have been quick to support his venture and his reputation for planting, landscaping, tree felling and hedge trimming is growing more quickly than Old Man's Beard. Thankfully, the lawns he establishes thrive just as quickly too.

As a longstanding member of Wakefield Football Club, his reputation on the pitch almost rivals that of fellow Dane Brian Laudrup. Morten met Wakefield girl Gaylene when he was on his big OE, and as love blossomed he decided to say a permanent "Hej hej" to Denmark and "Kia ora" to NZ. His education and experience as a nurseryman, landscaper and arborist were transferable skills and he has never looked back.

Son Noah (8) and daughter Ava (5) attend Wakefield School, and Morten enjoys the flexibility being his own boss provides. He coaches afternoon summer soccer, working late in the summer evenings to make up the time. Morten's wife Gaylene works at Chateau Rhubarbe and she is Wakefield born and bred. The family are a big part of our community (he has even helped the fire brigade to rescue a cat up a tree), supporting the school and before that the playcentre, when the children were younger.

If you have a 'green project' that you've been putting off, or some landscaping planned that you think needs some expert hands, call Morten and he will give you a free quotation.

He works with local nurseries and supports other local businesses through his work. So choosing a local family man for your green care is truly an environmentally sound thing to do.

Sticks 'n' Stones **51 Arrow Street** Cell: 0212069914 Phone: 5418685 Web: nelsonlandscaping.co.nz Email: mortenlausen@gmail.com





Summer is nearly here. It's time to think about that parking area for the Boat or Caravan?

Give Sam from Carter & Sons Concrete a call for a free Quote and Assessment on 0275-811-621.

CALL TODAY!!



YOU DON'T NEED A NEW YEAR TO MAKE A CHANGE.....

ALL YOU NEED IS JOHN FITZGERALD

MAKE THIS THE WEEK YOU **CHANGE YOUR LIFE!**

Window On Wakefield Issue 27 January 2015

146 Nail Salon

Trained in CND Liquid & Pow Enhancements & Shella

03 541 9505 / 0211026163 146 Pigeon Valley South Branch Road

Email: simpson.sharyn@gmail.com



- Feldenkrais® Method
- Coaching, Therapy & Supervision
- Residential healing retreats



146 Nail S

Sharyn Simpsor

Your local Nail Techn

Patricia and Richard Greenhough, Lifetime Learning (NZ) Ltd

33 Pigeon Valley Rd South Branch RD2 Wakefield, Nelson Ph:03 541 8122 nail·info@lifetin

eb: www.lifet



john.fitzgerald@bayleys.co.nz

Vining Realty Group Ltd, Bayleys Licensed under the REA Act 2008

Byn/2 BAYLEYS



Mobile Feet Podiatry *

Carole Horrell B H Sc (Podiatry)

Now available at Wakefield Health Centre Phone Carole to book

Mobile: 021 0247 4037 | A/H 03 9275120 Email: carole@mobilefeet.co.nz www.mobilefeet.co.nz

Mainly Music

Now meeting at St Johns Anglican Church Worship Centre from Monday February 9th 2015 10.00am

Any queries please phone Wendy Milson 544 5494.



Window On Wakefield Issue 27 January 2015



into teams on the day. Contact Tony on 5418316 for further details. Club Championships

Winners to date:

by Tony Eames

Junior Singles: Men - Peter Sisterson Women - Carolyn Mason

Community Bowls



Junior Pairs: Men - Peter Sisterson and Harry Beckers Women - Carolyn Mason and Pam Bonis

Veteran Singles: Men - Stu Peterson

Open Fours: Men - Bruce Smith. Graham Burrows. Trevor Woodburv and Kevin Edwards. Women - Julie Hall, Margaret Eames, Linda Sisterson and Dianne Holland.

Open Triples: Men - Don Sixtus, Ron Charles and Tony Eames. Women - Julie Hall, Margaret Eames and Linda Sisterson.

Open singles and pairs to be completed over the summer. Winners enter the Nelson Bowls "Champion of Champion" events.

The new "live" green will be opening for the two day New Year Tournament and we are all looking forward to playing on it. Many thanks to green keeper Stu Peterson with Don Sixtus, Les McJarrow and many others who have helped at various times. It is looking great. It is visible from the car park outside the Club on the railway reserve behind the storage units.

Please call in over the summer at any time.

Phone the clubrooms on 541 8556 or check out our website http://www.sportsground.co.nz/wakefieldbowls



6 Tonne digger **D**ry hire or with **Experienced Operator** Call **Richard Winn** 0274 362 897 AH: 541 9567

Window On Wakefield Issue 27 January 2015



Wakefield Bowling Club

Community Bowls recommences on Thursday 5 February for a further four weeks, 6 - 8 pm, \$5 per adult, children free. Sausage sizzle and drinks available. The last two weeks, 19 and 26 February, will include the Grants Corner to Corner, winners receiving a bottle of whisky. All previous and any new players welcome. Come for a fun time with family and friends as a team or we can place individuals



Photo: Participants at Wakefield Community Bowls, come along and join in on Thursday evenings in February.

WAKEFIELD **BOWLING CLUB** 61 Whitby Road, Wakefield

Community Bowls 2014 - 15 6pm – 8pm Thursday evenings February 5, 12, 19 & 26th

\$5 per player (children under 16 free) for new and inexperienced bowlers bowls and instruction supplied Sausage sizzle and drinks available

To enter or for more details phone Tony on 541 8316

Wakefield Venturers

by Sarah Arnold

The Wakefield Venturer Unit has had another amazing year in 2014 with plenty of new challenges, new adventures and new friends made.

We organised and ran a five day camp on a farm in 88 Valley (many thanks Lester). We started the camp off with a bang with rock band Blackwater rocking the Scout den for three hours. They were amazing and set the tone for the camp.

Other camp activities included Vertical Limits, a mystery bike ride around Nelson city, several late night bonfires, sailing to Haulashore Island with Iron Duke Sea Scouts and an awesome day at Armageddon Paintball.

The Venturers made an absolutely amazing covered bridge complete with built in seat in the middle as their pioneering project. We finished our camp off with a formal dinner at Chateau Rhubarbe and all agreed we should definitely make this a yearly thing.

One of the highlights this year has got to be the Rover's Mudbash in Canterbury. The Rovers prepare all manner of race cars and then spend the first day racing on grass tracks around circuits largely consisting of donuts, handbrake turns and dead stops inside the markers with points taken off for hitting the tyres or not coming to a complete stop.

The show stealer was the Angledore which is a Ford Anglia body sitting on highly modified Commodore running gear. Very impressive until it blew the diff apart and the driveshaft was left hanging. Nothing phases the Rovers though and after some on the spot welding the car was back in action.

The second day is the killer with the cars tackling the mud course at the river. Most cars self destruct in this phase as it consists of mud and jumps along with more donuts and handbrake turns. A photograph is taken pre race of the cars still intact then it's all on.

It was a real education on how to drive a car by either keeping the lead foot flat to the floor or yanking on the handbrake. Julian, Justin, Todd and Sam travelled down to Coaltrack Road with myself and one of the Nelson Rovers.

It was an awesome weekend and the Rovers went out of their way to make us welcome and the Venturers got plenty of rides in the various cars. Sam even got to drive the Mark 1 Cortina. We saw how it all works and the Venturers have great plans for the car they plan to enter next year.

Julian Eggers has worked extremely hard for the latter part of this year on his Queen Scout Award and led a successful exploration to Reefton with Justin. Owen and Dan for his Gold Venturers Award.

A great time was had by all (including the Reeftonites) and when he returned it was all about getting his paperwork and reports collated, Zone Scout trailer painted for his Service project and attending his Queen Scout Panel where he was grilled thoroughly by the new National Venturer Leader via Skype.

We are thrilled for Julian that he has earned his Queen Scout Award, he certainly earned it the hard way. Three other Venturers have gained their Bronze Venturer Awards; Daniel Wallis, Ashleigh Burke and Owen Jemmett.

We are all looking forward to the best year yet in 2015 when we will have two more Queen Scouts.

We are always keen to have more young people join us for loads of fun, adventure and mudcake; guys and girls aged 14 and a half to 18.

We meet on a Tuesday night from 6.30pm till late and other days depending on activities.

Contact Sarah on 5419481 for more information.















Sin City 2. Starring Bruce Willis, Jessica Alba, Mickey Rourke, Josh Brolin Sin City's most hard-boiled citizens cross paths in another round of stories from the mind of Frank Miller, a must see movie.

Teenage Mutant Ninja Movie, this is by far the best movie made

starring these loveable characters and was a huge hit at the box office. Fun for the whole family

FUTY. Starring Brad Pitt and Shia LaBeouf April 1945 as the Allies make their final push a battle hardened army sergeant named War Daddy (Brad Pitt) commands a Sherman tank and his five man crew on a deadly mission behind enemy lines. Outnumbered and outgunned, War Daddy and his men face overwhelming odds in heir heroic attempts to strike at the heart of Nazi Germany.

The Maze Runner Thomas (Dylan O'Brien) is deposited in a community of boys after his memory is erased, and soon learns that they are all trapped in a maze and will need to join forces if they are to have a shot at escape.

Step Up 5- All In.Brings in the all stars from previous movies together in Las Vegas battling for victory that could define their dreams and their careers.



The Boxtrolls starring Ben Kingsley and Nick Frost, a young orphaned boy is raised by underground cave dwelling trash collectors and he tries to save his friends from an evil exterminator. Great family movie.

The Equalizer, starring Denzel Washington as a man who believes he has put his past behind him and leads a quiet life. But when he meets a young girl under the control of ultra violent Russian gangsters he cant stand idly by, he decides to help her

🕻 OTHER MOVIES COMING OUT IN JANUARY INCLUDE.

ABC's Of Death 2. Reef 2 High Tide. Into The Storm. Rob The Mob. The Giver. Supremacy. Automata. Drive Hard. Reclaim. Life Of Crime. Repentance. Bad Ass 2. Amazonia. V/H/S Viral.







Whiteheart variety - New season (2014) crop Grown locally in Wakefield Spray free, Gluten free, Cholesterol free, Lactose free.

Natural & Roasted kernel, Hazelnut meal, paste & oil Cracked and vacuum packaged to order for maximum freshness

Phone & Door sales from \$5 at Hazelbrook126 (RD1) Wakefield-Kohatu Hwy. 7095 Phone 03 541 8901 See us in the red gazebo every Saturday at Monty's Square, Nelson and 2nd Saturday of each month at the Wakefield market. also at the Wakefield craft fair on the 2nd January 2015 Also available at all Benge & Co outlets and Raeward fresh. Internet and phone sales see our web site at-

www.phi-hazelnuts-nelson.co.nz



92 Totara View Road Wakefield 7095 Ph: 03 541 9337



AIR NEW ZEALAND C Holidays TRAVEL

Nelson Travel Broker

your journey starts here

Phone: 03 541 8417 or 021 545 799

mail: sue@nelsontravelbroker.co.nz

Check out what my clients have to say at www.nelsontravelbroker.co.nz





Join in our colouring in Competition - Prizes for the following age ranges: Pre-schoolers, 5-7 years and 8-10 years Bring your colouring page in with your name, age and phone no. on it. We will display them until prize giving on the 30 January 2015



Thank you to everyone who participated in our Christmas Advent Calendar Month of Specials... we hope you got some great gifts at good prices.



Another big thank you to everyone who made a Gingerbread House for the competition....it was great to have the Christmas cheer in the Pharmacy.



Kate West and Family, Solomon Dyson and the Quinney family.

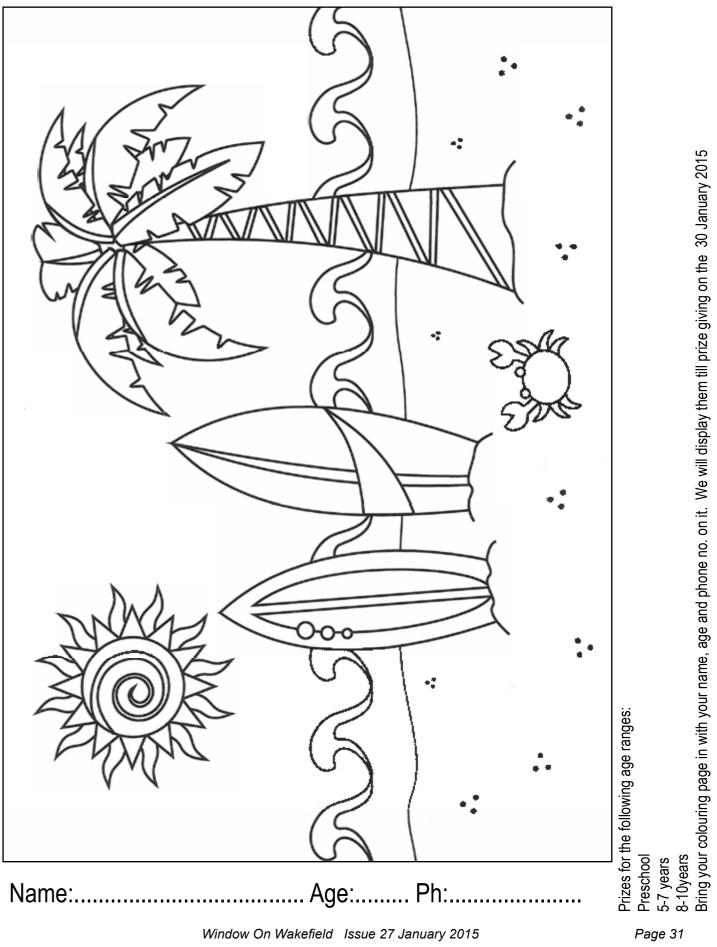
Congratulations to all the winners: Kerri Boustridge + family, Sharon Regan,

Thank you for being part of the Wakefield Pharmacy family this year. We aim to take care of our community and look forward to being there for you all in 2015.

Have a safe, happy and healthy holiday. From Doug and the girls @ Wakefield Pharmacy Remember to get colouring over the holidays, there are great prizes to be won. phone 03 5418 418 www.wakefieldpharmacv.co.nz

Window On Wakefield Issue 27 January 2015

WAKEFIELD PHARMACY the caring pharmacy





Colouring in Competition

Community Notices



WE NEED YOUR FOR SALES WANTED OR HELP REQUESTS

PLEASE CONTACT 541 9005 SOME LIMITATIONS APPLY PLEASE ASK



WANTED

Old appliances and scrap metal of ANY SORT. Missing from Totara View since 26th out there? Fridges, freezers. microwaves, DVD players, November, black cat, quite skinny and computers, old A/C units, trampoline frames, bald on tummy, answers to the name I'd also love to meet other musicians who play power cords and cables, old lawnmowers or Lexie. mower bodies, weed eaters and MORE, in any condition.

Andy McKenna will come and clean up whatever you've got as long as there is some metal in it. If you're not sure what qualifies give him a call to find out.

Contact Andy McKenna on 027 365 1011 or 541 9788.

WANTED - ROVING REPORTERS

3. Window on Wakefield are looking for more 4. volunteer roving reporters. Do you have a 5. flair for writing or passion for stories? 6 7.

Please contact us on windowonwakefield@gmail.com

HOLIDAY SERVICES IN WAKEFIELD

Holiday Services: Sadly our Methodist brothers and sisters will be ending their meetings in Wakefield Breville ikon Baker's Oven. Free. from 11 January and Reverend Paul Tregurtha has decided to take his retirement. God bless you Paul.

Jovfully we will join with the Methodists on the first two Sundays of January at 11am, with the Phone 541 8953 evenings second Sunday (11th) being Pauls last service at their building.

Other January services:

18th Jan 9am up the hill 25th Jan 10.30am at the Worship Centre, with Reverend Dale Pomeroy as celebrant.

We trust you will share in this season of Christmas FOR SALE Celebration at the birth of Jesus Christ at a local Contact the Brooks, phone 541 8018 for: Church, or wherever you are on holiday.

Reverend Allan Wasley

RIDE WANTED

Student requires ride from Brightwater to Nelson Institute Technology - Wakatu Drive mornings TO GIVE AWAY around 8.30am.

Will share costs

Please phone Michelle 542 4211 or 027 449 6067.

RENT/BOARD

Furnished double room available, in spacious Phone 541 8468 house, to share with small, friendly family, large workshop and garage space.

Must be working. \$140 includes expenses.

Ph/text 0211528315

MISSING

Christine 541 9358

(4) cooking top. Offers.

FOR SALE

EasyCook Custom 737 glass Health Oven, benchtop. Offers. Near New.

Moffat Gourmet 2000 benchtop solid elements

WANTED

Free CD's and DVD's that you want to throw out or are damaged, irrespective of content. For hobby activity - not for playing.

Phone 541 8953 evenings.

One childs swing \$190 One jigger swing \$240 Both galvanised, strongly built, in excellent condition

Mobile sheep ramp 3m long in excellent condition \$700

To give away to good country home, lovely buff bantam roosters, suitable for breeding, showing, and pets, phone 541 8018.

GARDENER WANTED

Knowledgeable gardener wanted for approximately 6 hours per week.

SINGERS. MUSICIANS. **CRAFTERS WANTED!**

I'm new in Wakefield and would love to start a social group that happens in the evening or on a weekend, possibly once a month.

Knitters, quilters and other crafters - are you

old timey, Irish or English traditional music.

If anyone has seen her please phone And if I could find others to join me for some fun a cappella singing, I'd be over the moon! Contact Jenni 548 4107

ANSWERS TO WAKEFIELD PHYSIO TEST

Rest, Ice, Compression and Elevation

B) True B) False Heat, Alcohol, Running and Massage

C) A)

8.

Community Diary & Classifieds

WORK WANTED Sick of doing housework, not got the time? Give me a call. \$25 per hr, \$20 p/h senior citizens Sandra 541 9615 **JANUARY 2015** Thurs 1 **TUTOR AVAILABLE - SECONDARY** Fri 2 NCA English, History, Geography all levels. Ph: Tony 541 8481 Tues 6 WORK WANTED - BABYSITTING Fri 9 Babysitting available after school and weekends Sat 10 (anytime in school holidays). I am 17 yrs old, live in Wakefield and have been babysitting for the Tues 13 last three years. Pay negotiable. Fri 16 Please call Caitlin - 5418 254. Sat 17 Tues 20 WORK WANTED Fri 23 Full or Part Time New to district. Sat 24 CV and references available. Tues 27 Experienced in a variety of roles including Wed 28 administration and hospitality. Fri 30 Sat 31 Anything Considered Please Phone Sarah Robinson 5224603 WORK WANTED Do you need a housekeeper or gardener? FEBRUARY 2015 Professional cleaner and keen gardener. 9.00 am -Sun 1 Reasonable rates apply within. Mon 2 Tues 3 References are available. Wed 4 Text or Call Anna on 027 2277033/ 5419633 Thurs 5 Fri 6 **Sewing Repairs & Alterations** Mon 9 Hemming and Zip replacements etc Tues 10 Kala Wray, ph 541 9606, 027 224 1001 FOR SALE A dolls cradle, dolls bassinet plus bedding, dolls knitting and sewing, plus dolls. Mon 16 Will make to order. Phone Judy 5418342 Trampoline wanted. Do you have a trampoline sitting round that you don't use anymore? I am looking to buy something low cost and local. Please call 541 9319 or 021 152 8315. WORK WANTED Hi my name is Rebecca. I am 15 years old and wold like some work over the Christmas holidays to raise funds for a trip to Japan. Anything considered, phone 541 8128.

WANTED Wanted clean, empty 25kg feed and fertiliser bags for Wakefield Scouts. Please drop to Debbie at Wakefield Trading.

WANTED

anvtime.

WANTED

Ice-cream containers 2lt, with or without lids. Drop off at Strawberry Patch Wai-iti or Wakefield Trading.



MONTHLY COMMUNITY CALENDAR

- HAPPY NEW YEAR!
- 8.30 am 37th Annual Wakefield Craft Fair Steam Day, Higgins Park
- 10.30 pm Wakefield Community Library Open
- 2.30 pm Wakefield Community Library open
- 8.00 am Wakefield Market Day
- 9.30 am Wakefield Community Toy Library open
- 10.30 pm Wakefield Community Library Open
- 2.30 pm Wakefield Community Library open
- 9.30 am Wakefield Community Toy Library open
- 10.30 pm Wakefield Community Library Open
- 2.30 pm Wakefield Community Library open
- 9.30 am Wakefield Community Toy Library open
- 10.30 pm Wakefield Community Library Open
- 9.30 am Waimea Plunket Playgroup. Brghtwtr Anglican Church 2.30 pm - Wakefield Community Library open
- 9.00 am Nelson Vintage Engine & Machinery Club, Higgins Park
- 9.30 am Wakefield Community Toy Library open
 - Nelson Vintage Engine & Machinery Club, Higgins Park NELSON ANNIVERSARY DAY
- 8.55 am First day back for Wakefield School First day back for Wakefield Playcentre
- 9.30 am Waimea Plunket Playgroup. Brghtwtr Anglican Church
- 6.00 pm Community Bowls, Wakefield Bowling Club WAITANGI DAY
- 10.00 am Mainly Music, Wakefield Anglican Church Hall
- 7.30 pm Wakefield Community Council, St Johns Worship Centre
- Wed 11 9.30 am Waimea Plunket Playgroup. Brghtwtr Anglican Church
- Thurs 12 9.30 am Wakefield Art Group, Wakefield Village Hall
 - 6.00 pm Community Bowls, Wakefield Bowling Club
 - 10.00 am Mainly Music, Wakefield Anglican Church Hall

Community Notices

MAINLY MUSIC

Now meeting at Wakefield St Johns Anglican Worship Centre Starting back Monday 9 Feb, 10.00am. Cost \$3.00 per family.

This is a time for parents and children to enjoy music, song, dance and lots of laughs.

Any queries please phone Wendy Milson 544-5494.

WAKEFIELD TENNIS CLUB

Junior Tennis Starts Friday 18th October. Contact Ngaire 0272799938 Register online www.caldertennis.co.nz

Adult Tennis Social Doubles Starts Thursday 30th October 6 pm for 6/8 Thursdays.

> All welcome some rackets available & BBQ to follow. \$20 or \$2 each week. email Phill@drpotatoehead.net

Come along and have some fun!!

WAIMEA PLUNKET PLAYGROUP

Held every Wednesday morning at the Brightwater Community Anglican Church Waimea West Road, Brightwater starting 28th January, 9.30am to 11.30am

Everyone welcome to attend for a cuppa, morning tea and a chat. No charge.

FOXHILL TENNIS COURTS

658 Wakefield-Kohatu Highway (at rear of Rutherford Memorial Hall).

FREE PUBLIC USE. Re-painted lines, nets up ready to go, for twilight practices and late summer fitness.

Managed by Rutherford Memorial Hall (Foxhill) Assn Inc. for TDC Erica Short Secretary/Treasurer 541 8882

WAKEFIELD CRAFT GROUP

Our craft group is going strong on Wednesdays so still only \$2.00, cozy room with heaters and hot coffee or tea supplied. [See larger ad to the right top].

WAKEFIELD SCOUT GROUP

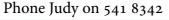
Would like to thank John Baston who supplied a special timber for us to fix the floor outside our toilet in the den. This was much appreciated, thank you John.

IF YOU HAVE A COMMUITY NOTICE OR UPCOMING EVENT TO PROMOTE , PLEASE SUBMIT YOUR MATERIAL BY THE 25TH OF EACH MONTH

EMAIL TO WINDOWONWAKEFIELD@GMAIL.COM OR PHONE 03 541 9005



Come and join the ladies craft group Wednesday mornings in the Village hall supper room 9.15am - 12pm. Bring any project - sewing, knitting, crochet etc. and join us for coffee and company \$2 per morning







Are you a beginner, or have never drawn or painted before? Come and give it a go. Join our very friendly group

> Every THURSDAY of the School Term 9.30 am – 12.30 pm Wakefield Village Hall – Supper Room \$3 per session/cup of tea/coffee included 27 November last day for 2014 Starting again February 2015

For more information contact: Fiona - Phone: 5418 910, or Sonja – Phone: 5418 176

WAKEFIELD MARKET DAY

Saturday 10th January 8 to 12

We are into the New Year

Come and see what we have:

great plants, books, magazines, treasures galore

Sites available, ring Jean 541 8154

BBQ on site

Community Directory

Citizens Advice Bureau 548 2117 - 0800 367 222

Guiding Co-ordinator Sue Burrowes 541 9689

Lord Rutherford Memorial Hall Foxhill Helen Pullan 541 8058

> Pigeon Valley Steam Museum Alan Palmer 027 319 7427

Rural Ramblers Carolyn Mason 541 9200

Spring Grove Drill Hall C. Pike 542 3904

Totaradale Golf Club Jacquie 541 8030

Wakefield Anglican Church – St Johns Meet Sun 9.00am; 10.30am Rev. Allan Wasley 541 8883

Wakefield Brownies Veronique Law 541 9190 nvaslaw@gmail.com

Wakefield Community Library Wendy Gibbs 541 8490 Pam Dick 541 8392 Hours - Tues 10.30 -11.30am Friday - 2.30 - 4pm Excluding Public Holidays

Wakefield Football Club Richard Malcolm 541 9429

Wakefield Medical Centre 541 8911

Wakefield Pharmacy 5418418 wakefield.pharmacy@paradise.net.nz

> Wakefield Playcentre Contact: 541 8866

Wakefield School Edward Street 541 8332

Wakefield Scout Group Angela Burke 541 9223

Wakefield Toy Library Saturday 9.30-11.30am Chris Gaul 541 8148

Wakefield Volunteer Fire Brigade DCFO Fritz Buckendahl 027 224 4162

> Womens Biz Justyne McGaveston 522 4488 Sonia Emerson 541 9005

CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have **specialised skills/ equipment**, and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their responsibility to be personally prepared.

You should ensure that you have your own survival kit in place, and that you are able to be fully self sufficient for at least three days.

In the event of an emergency, for urgent public messages, tune in to: More FM 94.1, Classic Hits 89.8, Fresh FM 95.4

Country Players (Drama) Philip Calder 541 8442

Junior Country Players Dixie McDonald 541 8862

Nelson Vintage Engine & Machinery Club Allan 027 319 7427

Pinegrove Kindergarten 03 542 3447

Rural Women Dawn Batchelor 542 3628

St Joseph's Catholic Church Sun 8am, Wed 10am Fr David Gruschow 544 8987

Waimea Sheepdog Trial Club Colin Gibbs 541 8435 gibbs@ts.co.nz

Wakefield Book Group Mahala White - 541 8933 or Sheila Kennard - 541 8860

Wakefield Bush Restoration Society Doug South 541 8980

> Wakefield Craft Fair Leanne and Glen Turner 541 8306

Wakefield/Brightwater Guides Josie Macdonald 544 2660 macdonald.josie@gmail.com

Wakefield Methodist-Presbyterian Church Meet 1st & 3rd Sundays 11am Rev Paul Tregurtha 544 8394

> Wakefield Plunket Donna Todd 541 8583

Wakefield School/ Community Swimming Pool Contact Phill Platt on 027 231 7610

Wakefield Smallbore Rifle Club Ian Hutchings 541 8342

Wakefield Rest Home Ltd Melinda Kelly Manager 541 8995

> Wanderers Sports Club 542 3344

Window on Wakefield Advertising - 541 9641 Genie & Lindsay Bradley Focus Wakefield Diane Blackburn 541 9725

Just Gymnastics Linda Mace 546 6013

NZ Postcard Society Inc. Doug South 541 8980

Richmond Lions - Wakefield Rep Ivan Burrowes 541 9689

Spring Grove Church of Christ Meet Sundays 10am 541 8011

Top of the South Rural Support Trust gibbs@ts.co.nz Colin Gibbs 541 8435

Waimea Sth Historical Society Jeannine Price 542 3033

Wakefield Bowling Club Margaret Eames 541 8316

Wakefield/Brightwater Book Club Pauline Coy 542 3994 paulinebc@gmail.com

Wakefield Community Council Allan Wasley 541 9622

Wakefield Indoor Bowls Club Ren Olykan 541 8275

Wakefield Pippins Veronique Law 541 9190 nvaslaw@gmail.com

Wakefield Preschool Contact: 541 8086

Wakefield School PTA Sue Ketel ptawakefield@gmail.com 03 541 8908

Wakefield Tennis Club Ngaire Calder 541 9419

Wakefield Village Hall Rob Merilees 541 8598

St. John's Worship Centre Caroline Gibbs 541 8491

Waimea Plains Junior Football Club Grant de Joux 542 4452

 DPY) Making real estate fair!

tallpoppy.co.nz

YOUR LOCAL SALESPERSON WENDY PEARSON HAS NOW JOINED TALL POPPY

Receive the same exceptional service and now for the lowest fees around!

+ UNBEATABLE LOW FEE capped at \$10,000+GST

+ No admin fee

+ Full service real estate

Wendy Pearson

Mobile: **021 567 722** Email: wendy.pearson@tallpoppy.co.nz

Committed to supporting the Wakefield Village Community