

**ISSUE 50 December 2016** 

# window onwakefield

### Community News for the Wakefield Area

#### Wakefield School Gala 2016 by Sonia Emerson

This year the weather didn't play ball but despite that, we had a good turnout, and once again we delivered another fantastic community event. As a result of the amazing generosity of all of our supporters, we were able to raise just

over \$26,000 for Wakefield School which we are so grateful for.

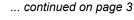
These funds will be put to good use to create an awesome obstacle course for the children of Wakefield School and community. This will improve our rich and diverse learning environment and support our children's health and fitness. In addition, the children will enjoy a fantastic learning opportunity in helping to design and create the obstacle course.

The Wakefield School PTA would like to extend a huge thank you to all the families and staff who supported the gala. Thank you to everyone who donated items, sponsored activities, provided prizes and assisted with set up, clean up and on the stalls during the gala. Without all of this support the gala wouldn't have been possible. Also thank you to everyone who turned out on the night and brought along family, friends and neighbours. There are lots of things that go into making a successful gala, both big and small, and without each and every contribution, the gala would not be as successful as it has been.

We were well entertained during the gala by our many talented students in the school kapahaka group, choir, pop group and rock band, with a special appearance by a trio of young student buskers. Other entertainment was generously provided by Pure Functional Fitness, Tayla Pearless and local parent Vikki Pickering from You and Your Dog, and several canine friends.

Under cover on the hard court area, the food was delicious as always with plenty of options for everyone. The hot food on offer included Mechanised Cable Harvesting mutton or pork sammies, burgers, sausage sizzle, whitebait patties, and hot chips. Other food options were NZ King Salmon bagels, the café, kids sweet treats, ice cream soda stand, Harte Distribution & Freighting milkshakes, and hot drinks courtesy of The Coffee Guy. A regular feature now was the gluten and dairy free stall with its out of this world cakes, which was kindly sponsored by Wakefield Health Centre and Nelbay Solutions.













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### Content...

Window on Wakefield is a community newspaper, and as such, we look forward to having articles and content contributed by our community. If you wish to submit a one off article, or suggest some regular content, please make contact with Sonia on 541 9005 or email windowonwakefield@gmail.com and read the Terms and Conditions below.

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Due out the first full week of each month All Advertising to be submitted by the 20th of the Month prior All Content to be submitted by the **23rd** of the Month prior For Advertising please contact Wakefield Print Ltd 541 9641 For Content please contact All Accounts Matter Ltd 541 9005





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## Wakefield School Gala 2016 ...contd

The kids weren't put off by the damp weather, with plenty of them keen to use the giant water slide sponsored by Wendy Pearson - Tall Poppy Real Estate and the water tumblers sponsored by All Accounts Matter. The "unicorn" was back and as popular as ever, along with a pirate, courtesy of Wild Oats Farm. Town & Country Vet had organised animals, from rabbits and rats to goats and horses. The Eat Me Supplements toddler zone was even more popular with the littlies this year, being inside and out of the weather, as was Anna's gingerbread and Melanie Douglas-Solly's hairdos. The Enviro Horticulture digger was also busy, as were the raffles and other activities in the MTF Vehicle Finance and Nelson Motorcycle Centre motorbikes area, with both of these bringing in more money than the year before. The haunted house, courtesy of Jen Amosa and her team of helpers, was super scary with fantastic costumes, and frightening props delivering the appropriate squeals and screams.

People started coming in early to try and get the best second hand treasures in the books, toys, garage sale and clothing areas. Both the toys and garage sale made more money this year than ever before!!! A lot of the stuff was sold on the day but as always there were some leftovers and where possible these were donated to various charities after the gala, who were most appreciative. Thanks to Bruce for his efforts in transporting these to them.

The Southfuels Spring Grove chocolate wheel was full of fantastic prizes and despite the muddy trek, lots of people still visited the plants and produce stall, overseen by Rosie and Ferretti Growers. The silent auction again grew bigger with more space to move around, and improved systems helping to make the process run smoothly. We had fewer bidders this year but still managed to make more money from the huge range of auction items.

Thank you to other sponsors of areas; Sue Ketel - Nelson Travel Broker for sponsoring the poster competition, Programmed Property Maintenance for the kids competitions, Wendy Pearson - Tall Poppy Real Estate for our radio advertising, Wakefield 4 Square Supermarket for the adult cake baking competition, Shapers Hair Salon for the kids activities, Anne's Hairspace for the mystery bags. Thank you also to Lucy Pearson for the fabulous photos - some of which can be found on our Facebook page - Wakefield School PTA.

Wakefield School would like to extend thanks to the following people who also supported the gala; Wakefield Print, Zeaberry, Young Swimmers, Wood Contracting Nelson, Wilson Experiences – Abel Tasman National Park, Wholesale Landscapes, Westpac, Waste Management, Waratah, Wangapeka Cheese, Wakefield Volunteer Fire Brigade, Wakefield Toy Library, Wakefield Quarry, Wakefield Police, Wakefield Physio, Wakefield Pharmacy, Wakefield Hotel, Wakefield Community Swimming Pool, Wakefield Butchery, Wakefield Bistro, Wakefield Bakery, Wakefield Auto Services, Waimea Nurseries, Waimea Contract Carriers, Village Cycles, Villa Grove Olive Oil, Vibrant Earth, Valley Botanicals, Trinders, Translog, Transdiesel, Trail Journeys, Totaradale Golf Club, Total Oil, Torpedo 7, Tom & Mel Horncastle, Tohu, Titoki Nursery, Three Rooms Restaurant, Thirkettles Nurseries, The Vet Centre, The Station House Motel, The Creative Lunchbox, The Copier Company, The Apple Shed Café & Bar, Tayla Pearless, Tasman Makos, Tasman District Council, Tasman Auto Electrics, Tania Parr, Talleys Group, Tahuna Beach Holiday Park, Sue Mclaren, Stihl Shop Richmond, State Cinemas Nelson, Spring Grove Kennels and Cattery, Sport Tasman, Specsavers Optometrists Richmond, Sounds Air, Smart Engineering Services, Simpatico & Wakefield Bike Hire, Simon Whittaker, Sheree Ching Music, Seifried Estate, Sealord Group, Sam Taylor, Rose Shepherd, Robbie & Cheryl Conning Growers, River Terrace Nurseries, Rick Amberger, Richmond Resene, Richmond Baptist Church, Richmond Aquatic Centre, Reid Helicopters, Refresh Spa, Rebel Sports Nelson, Ravensdown Fertiliser, Queen Street Pharmacy, PYO @ 185 Hope, Pure Functional Fitness, Pro Karts Top of the South Speedway, Post Impressions, Plankville, Place for Plants, Pip and Richard de Hamel, PGG Wrightson, Pets Haven, Paula Aldridge, Paper Plus, Pak n Save Richmond, Pack Gear Go, Office Products Depot Richmond, Nutrimetics, Nood, Noel Leeming, Nikau Gardens, Nelspecs, Nelson Tyre Centre, Nelson Hose & Hydraulics, Nelson Honey, Nelson Fun Park, Nelson College for Girls, Nelson College for Boys, Nelson Brake Services, Nelmac, NBS, Mountain Valley Honey, MotoX Events, More FM, Mitre 10 Mega, Mini Tankers Nelson, Melba Foods, Mega Slide – Tahuna, McGlashen Pharmacy, Matthews Eyewear Eyecare, Marlborough Tour Company, Mackle Motors, Love Thy Curry, Lonestar, Lon and Tracey Bradley, Loggers Shop Brightwater, Live Life Fully, Little Pig Building Company, Kelvin Eggers, Kayak HQ, Kahukayaks, Just Gymnastics, Jack's Tyre & Performance, J S Ewers Produce, It's On Nelson, ITM, Interislander, Inner Strength, Indian Café, I Love Pies, Hunting and Fishing, Hoddys Orchard, Hirequip, Hilltop Native Nursery, Heatherdale Orchards, Heartland Bank, Healthy Food Guide, Harrington Eyecare, Hanmer Springs Thermal Pools & Spa, Hampden Street School, Hair Raisers, Goldpine Industries, Giggling Pony Equestrian Centre, Fry's Pharmacy, Franks Trees, Firth Industries, First National Real Estate, Fine Arts & Framing, Farmlands, Enhance - Grape Escape, Elgas, Dutch Rusk, Dovedale Bread, Donna Howes, Donald & Sally Ladley, Deans Nursery, Dan and Kerri Boustridge, Countdown Stoke, Colourplus, Coeliac NZ, Cleaning Technologies, Chocolate Velvet, Chateau Rhubarbe, Calder Tennis Training, Cable Price, Burton Potton Publishing, Bridgestone Tyre Centre, Bridge Valley Adventure Centre, Boat Shed Café, BNZ, Bluebridge Cook Strait Ferry, Blooming Good Gardens, Blast Bouncy Hire, Bin Inn Richmond, Big Plant Depot, Bidvest, Ben and Sarita Nisbett, Beggs Music Works, Bay Landscapes, Baby on the Move, Avanti Plus Richmond, Aspire Womens Health & Fitness, Appletons Nursery, Animal Farm, Alpine Lodge St Arnaud, All About You, Admire Nails and Beauty, Abel Tasman Centre/Abel Tasman Aqua Taxi, Countdown Nelson.

### And a special thank you to everyone who assisted on a stall – staff, parents and community members.



## **Wakefield Health Centre**

Surgery hours:

Wednesday

Monday to Friday

**New Enrolments Welcome** 

## SKIN CANCER

by Dr Mark Fry

Summer is here and while I don't want to spoil the fun I would like to remind people about skin cancer. It is the most common cancer in New Zealand and unfortunately we have amongst the highest rates in the world.

It is largely preventable - over 90% of all skin cancer cases are attributed to excess sun exposure. It is important to detect skin cancer early, especially melanoma. Early detection gives the best chances of successfully treating skin cancer.

## Types of skin cancer:

**Melanoma** - the most serious form of skin cancer, causing over two thirds of skin cancer deaths. **Squamous cell carcinoma (SCC)** - easily treated if found early but can be fatal if left untreated.

**Basal cell carcinoma (BCC)** - the most common and generally the least dangerous skin cancer. BCC can be serious and require surgery if left untreated.

### Causes of skin cancer:

The most common cause of skin cancer is too much exposure to ultraviolet (UV) radiation from the sun. People of all ages and skin colours can be diagnosed with skin cancer but those at a higher risk are people who have:

- Fair skin or red or fair hair
- Fair skin that burns easily no matter what hair colour
- Had one or more severe sunburns especially in childhood or adolescence
- Used sunbeds, particularly at a young age
- A family history of melanoma (parent, brother, sister or child)
- Large irregularly shaped or uneven moles
- A large number of moles

### Prevention of skin cancer:

If people protect their skin and avoid sunburn throughout their lives the risk of skin cancer is reduced. It is important to be sun smart in the months between September and April, especially between the hours of 10am-4pm when the UV radiation levels are very high. In winter it is also important to be sun smart at high altitudes and around snow and water.

### Steps to being SunSmart:

*Slip* - into the shade where possible.

- Slip on some protective clothing ie shirt with collar and long sleeves and trousers or long-legged shorts.
- Slop on sunscreen that has an SPF of at least 30 and apply 20 minutes prior to sun exposure.
- Slap on a hat that protects your face, head, neck and ears.
- Wrap on some close fitting sunglasses.

### Symptoms and diagnosis of skin cancer:

Finding skin cancer as early as possible is the key to successful treatment. You should speak to your health professional if you have a mole, freckle or spot that:

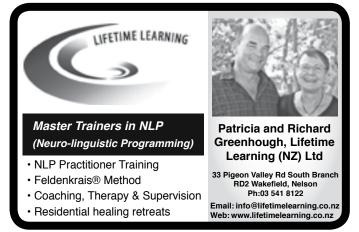
- Is new or changing.
- Does not heal.
- Looks different from others around it.
- Has changed in size, thickness, shape, colour or has started to bleed.

We also encourage regular "skin checks" as an effective way of detecting lesions early and improving outcomes. We ask that these are booked as a dedicated appointment.

### Treatment of skin cancer:

Many skin cancers are treated at the GP surgery and do not need specialist treatment. Other forms of skin cancer may require more specialised surgery.

Enjoy summer but be sun smart and if you are worried about a spot then come and have it checked out.



**Wakefield Health Centre** 

Phone 541 8911

**12 Edward St Wakefield** 

8am - 5:30pm

8am – 7pm

## **Island Hospitality**

#### by Diana Gabric

On my list of must visit places in the South Island D'Urville Island is near the top. I've been living here in Wakefield since 2007 and never even been to French Pass! So when an invite arrived for Iain and me to attend a double birthday party at Greville Harbour we leapt at the chance. Iain had been there twice - once on an epic round the Sounds cycle trip with a friend in the middle of winter many years ago. We considered taking our kayaks across but we needed good weather - if attempted over two days it is an easy paddle when you work in with the tides but if we were delayed for any reason we'd miss the party! Also with the logistics of getting well over 100 people across to the island meant we needed to make our decision a week or so before. A group of our friends were going across on the ferry then cycling - it sounded like a great idea and it meant the socialising would start on the Friday night at the French Pass DOC camp.



Even the drive out to French Pass was exciting for me. The road out from the Rai Valley turn off is mostly sealed now - less than 20kms are gravel and the surface is good - although it would be greasy after rain - and the views spectacular. We stopped at the French Pass lookout and walked down the track to the viewing area - the tide was flowing and it sounded like the roar of a fast flowing river - scary! Most people are aware of the huge tidal flow through that narrow passage and the tragedies that have occurred because of it. There is a fifteen minute slack period when you can safely paddle through so the timing is critical. We read on the information board that people have swum across and how the beacon was built on a rock just above the water at low tide.

On Saturday morning nine of us packed up our bikes and loaded all our gear onto the ferry... and we had a lot as we were camping but the birthday boy was driving over with a trailer to cart it over the hill. It was then we discovered all the ways people were using to get there - one couple kayaked across to the ferry landing at Kapowai Bay then walked, two rowed and sailed their dory from Camp Bay over two days (it's private land so you need permission and it's where we considered kayaking from). We cycled and others boated, then some went by vehicle. The ferry is really small, it can take two cars per trip and costs \$200 one way but split between all the passengers it cost us only \$10 each.

The weather was perfect, sunny with a slight southerly to cool us as we slogged up the hill through beautiful beech forest to the spine of the Island where the scrub gave way to farmland and the vistas opened up. There was no hurry, we stopped at every view point and wowed at the clarity of the air - the snowy tips of Mts Taranaki and Tapuae-o-Uenuku seemed to float in the blue sky. Greville lay way below us - apart from a few gradual rises it was down hill from there. Not too fast for me as the gravel was a bit rough especially right at the bottom so after all the bouncing on the stones it was very tempting (but forbidden) to ride down the smooth clay airstrip! We rode over to the camping area on a beautifully sweeping lawn below the house. We erected our tent alongside dozens of others and joined the rest of the party goers lounging around relaxing in the warm sunshine. Idyllic!

The party was held in a large well swept woolshed and we discovered it was a P - party. No-one had told us but all my clothes happened to be purple and OAP lain wore his Pink Floyd T-shirt. Some of the costumes were so clever and during the evening we had a parade. Judges were appointed for an adults and childrens best costume. The food was amazing, the quantity and variety of dishes. At one stage we were out the back of the shed and saw about four huge pavs lined up on the side of a trailer being slathered in cream and kiwifruit! The cake had 125 candles - celebrating the two birthdays - 50 and 75 years. There was music which went non-stop at a terrific pace for hours and even though we were a bit tired from our ride the music was irresistible... what a party!!



Sunday was another beautiful day. When one considers how much rain we had in October to get a good weather window was just so lucky. We cooked up a big breakfast of bacon,

eggs and toast to fuel up for our next ride back up the hill then down again to Manuwhakapakapa Bay where we were camping for the night. It was a zig zag ride down the hill and mindful that the next day we would have to ride up it some of our group left their bikes at the top and walked. We rode and found the return trip okay taken slowly.

Pip and Jeanette's place is nestled on a flat area at the base of the hills. Such a beautiful spot, sheltered and verdant with huge vege gardens, chooks and pigs. They are as self sufficient as possible and need to be as the road doesn't reach their property. It is a fifteen minute walk along the beach to the house. They rowed across to the road end to collect all our gear and once the pigs had been evicted we camped in their paddock. Once the tents were up it was into the nibbles and beer and more relaxing in the sun. There was an old wood range sitting in the paddock so we could do all our cooking there but that night nearly 30 people gathered at the house to help prepare and then eat another wonderful meal.

That night I heard some weird screeching and thought the pigs had broken into the campsite but it was the little blue penguins making the

ruckus. It's years since I've heard them and I'd forgotten how raucous they are. The other noise that woke everyone up was the bellbird dawn chorous. We all remarked on it - how beautiful to be woken up by such a melodic sound so rarely heard these days. Our breakfast was in three stages - first toast and jam, then Mike cooked the blue cod he'd caught from the dory, then Jeanette joined us with some of her chook eggs which were scrambled and wolfed down with more bacon. Three breakfasts- what good little hobbits!!

So - back on the bikes up the hill and while the walkers and riders regrouped Pip arrived towing our gear, stopped and proceeded to cut big slabs of fruit cake that Jeanette had made but forgotten in the whirl of celebrations. Boy, did it taste good! Then down to the ferry landing and while many did the down hill racer thing I took my time as who knows when I'll bike the island again... What a fantastic introduction to a special part of the Sounds... the best party we've ever attended.









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## The Way We Were

### Houses with History - Part 4 - Whitefriars

Prepared for the Waimea South Historical Society by Roger Batt

The two storey house known as Whitefriars which today stands at the end of a long driveway off the main road about 5.5 kilometers south of Wakefield is the second house built on land purchased by Jacob Watson who, together with his wife Alice, arrived in Nelson on the Clifford on 12th May 1842. They were in good company for the ship also had on board the Saxton brothers (Charles and John) and their families as well as Edward Baigent and his wife Mary, William Higgins, and several others whose names are still synonymous with the Nelson district.

Settlers in the new colony needed to be multi-skilled and Jacob was no exception. At 23 years of age he was an extremely competent builder in both stone and cob. The cob homes he built did not disintegrate and E W Hodgson wrote "that they were almost impossible to dismantle." (p 106 River to Range) so it is rather surprising that there seems to be no sign



today of the first house he built of cob at Wai-iti – not even an incongruous mound of mud or line of daffodils in the corner of a bare paddock at spring time.

His first house was replaced in 1876 by a much larger house of pit sawn timber, the basic structure of which we see today, to accommodate his growing family (he had 12 children – nine of whom survived infancy). This was called The Pines. Other buildings in the area which he constructed were the first Wakefield School (part of which lasted until the 1970's) and the first Pitfure house beside the Pitfure Stream at the end of 1842. The foundations of this house were still visible in 1960.

Their youngest child, Violet, married Thomas Wadsworth some time in the 1890's. They had five children, the youngest of whom, Gordon, is pictured in the arms of his father in front of Whitefriars (The Pines) about 1915/16. Where were Alice and Jacob Watson at this time?

Jacob had died in 1888 at the age of 69. Alice lived for another 32 years, not at the Pines but in a house across the road on a terrace looking south towards the Wai-iti Church of Christ. We have no record of when she moved out of The Pines but it was probably after Jacob's death and just before Violet's marriage. She had taught her midwifery skills to her daughter who, as well as raising her own five children practised as a midwife for other women in the district. If she was "fully booked" her mother would take the overflow. The Pines closed as a nursing home in the 1930's.

During the 1960's an English couple, Jim and Yvonne Phillips, changed the name to Whitefriars.

In more recent times the house was considerably extended on the western side by an American boat builder, Brian Bennett, whose meticulous craftsmanship and sensitivity to period details is clear on even a brief tour of the house.

Today Whitefriars is in the very capable hands of Susie and Bryan Houston from Fife in Scotland. Together with their daughter Mollie and son Jack, four cats, three dogs (one of which is a Leonberger), two horses and two peacocks (Frank and Judy) they want to develop the property as a horticultural lifestyle farm.

They hope to grow hazelnuts and, if possible, develop a truffle woodlot. Susie is passionate about history so a heritage garden with an orchard of old apple varieties is very much on the agenda.

After 140 years, Whitefriars looks forward to an exciting future.

#### Acknowledgements:

Stringer, M. Another Row of Spuds, 1999 ISBN 0-473-06021-3 Waimea South Historical Society Inc From River to Range, 1992 ISBN 0-473-01466-1

Wadsworth, Brian for permission to use photograph of The Pines Houston, Susie and Bryan for permission to use photographs of Whitefriars today

#### Photos:

Top - The Pines about 1915/16 built from timber pit-sawn on the property. Thomas Wadsworth with small Gordon in front. Middle - North east end showing additions to top storey and to the western side. Bottom - Close up detail of western side









## Wakefield Scouts

We would like to say a huge thank you to everyone who has helped throughout the year with the fundraising they have done to make it possible for them to go to Jamboree, and also to Pub Charities Ltd who donated \$3000 towards the costs.

This year also ends with a change in the group. Nick Law has stepped down as our Group Leader after seven years in charge. Nick has been a driving force in the group over those seven years to help it achieve a large growth in youth numbers and has been behind many of the fundraising efforts throughout the years that have enabled the group to survive and grow in our community.

Nick will still be a very active part of the group in the role of Assistant Group Leader and is also a Scout Leader for the group. He is currently gearing up and getting ready to join the youth over in Renwick at the end of the year to do his part in helping make sure the Jamboree is an experience never to be forgotten.

Pictured right – Nick Law and the Wakefield Scouts doing some cooking.

One of our Kea Scout Leaders, Louis Hornell is taking over the role of Group Leader and is looking forward to continuing the great work that Nick has done over the years.

On behalf of the Wakefield Scout Group and our committee, we would like to also say a big thanks to Nick for all the hard work he has done for the group and we are sure there will be a lot more to come over the next few years.

Have a safe, happy Christmas and New Year.

## St John's 170th Anniversary

Over Labour weekend the Williams family from Wellington, Mark, Steph, Stephen, Rosie and Zoe, visited Wakefield to scatter the ashes of their parents and grandparents, Ray and Kathleen Williams at St John's Church. We arrived for the weekend celebrations of the 170th anniversary of the old church of St John's and joined in for the wonderful Sunday morning service which celebrated the history and whakapapa\* of the oldest functioning church in the South Island.

Ray Williams was priest at St John's from 1978-1983. He and his wife Kathleen both wished to have their ashes laid to rest there. They were scattered at the memorial seat which sits at the top of the cemetery which was kindly made by John Hitchcock of Ace Engineering and timber added and installed by Stuart Watts.

"We hope that it will create a peaceful spot for visitors to the cemetery for many years to come", said Mark Williams, youngest son of Ray and Kathleen. We would love to thank St John's church and Ewan and Valerie Crouch who were friends of Ray and Kathleen, for their generous hospitality.



\*Whakapapa is the Maori concept that land and physical places are intrinsically linked with the lives of the people of the area. Acknowledging the part St John's has played in the lives of everyone who was baptised, married, confirmed or discipled within its walls, is a beautiful part of its historical story.





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## **Wakefield Volunteer Fire Brigade**

I know currently in the back of our minds are the recent earthquake events that are happening around our area. There was the 2011 Christchurch earthquake and we all felt it here in the Tasman area, and we all felt the Kaikoura 7.8m earthquake as well, so if you have not sorted out your family emergency kit by now then go buy the items for your family Christmas present this year.

You can find the items for the kit on the inside of your telephone book. When we do get the big one here you are expected to be selfsufficient for up to three days before help arrives.

Christmas is coming up very quickly and we all have lots to do so please take care on the roads, at work and around the home. Many accidents happen this time of year when we all should be at the beach, fishing, swimming, hunting or just resting up from the hard year of 2016.

As always take care and be safe Fritz Buckendahl, CFO Wakefield

### **Christmas trees**

- Make sure your tree has lots of water treat your Christmas tree like your favourite pot plant. You should fill the water container every day. This will prevent the tree from drying out and make a healthier looking tree.
- Select a place in your house that is cool and away from busy areas, stairs and doors especially doors leading outside.
- · Secure the tree so it cannot be knocked over by children or pets.

## **Christmas tree lights**

- Remember your lights have been stored away in their box since last Christmas. Check the lights carefully before placing them on the tree. If any of the wires are frayed or broken, throw them out and buy a new set of lights.
- Make sure all the connections are tight and that the bulbs/cords are in good condition. Loose connections and frayed cords can cause a short circuit.
- Test the lights before you place on the tree. Once installed, you should be able to turn the lights on and off without having to crawl under the tree.
- Never leave the tree lights on overnight or when leaving the house.
- Never use candles near the Christmas tree or as tree decorations.
  If your tree becomes dry and starts shedding needles you should remove from the house. Don't take the risk!
- Check that your artificial tree is made from flame resistant materials.
- Lights should never be used on artificial trees with metal frames.
- All tree ornaments should be flame resistant.



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Total for the year - 80 calls



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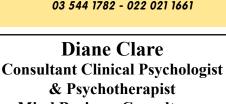
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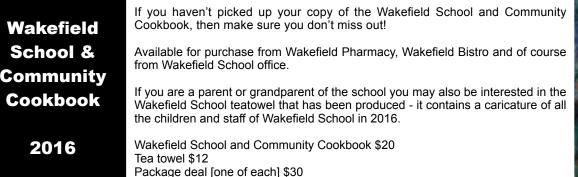
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## **A Matter of Accounts**

### by Sonia Emerson, CA, BBus

In the last few editions of Window on Wakefield we have looked at different accounting software options, so now I would like to talk a little bit about payroll options.

When we start out in business or our business is small, we may only have one or two employees. When this is the case, it can be relatively simple to calculate how much to pay them each period and to keep a track of their holidays owed either manually or in a payroll book using the payroll tables provided by the Inland Revenue Department. Others may do the same function using an Excel spreadsheet and/or the online PAYE calculators that are available on the IRD's website at www.ird.govt.nz and type "PAYE calculator" in the search field.

However, once you have a few employees, the prospect of trying to manage all of this including kiwisaver, student loan and other deductions can seem a little daunting and you may start to think about other options.

You could outsource the job to someone else who does this type of thing on a more regular basis, like your accountant for example, or a range of online providers. This service is often provided for a relatively low cost.

You could also decide to purchase some payroll software and manage the payroll yourself. It is important if you do this that you obtain the relevant training, and make use of all the tools available to you including the IRD website mentioned above, and the Department of

Labour website which I mention below as these tools can assist you to understand what you are and aren't legally allowed to do.

If you decide to purchase payroll software, there are a huge number of options available but some of the more common ones are:

- MYOB
- IMS
- SmartPayroll
- Crystal
- Ace Payroll

Make sure you do your homework, research the products on the internet, speak to your accountant and make sure you choose a package that works well for your situation, or your industry and can grow with you if you need it to. There is often an upfront cost with payroll systems and then an annual charge, or you can pay a monthly subscription.

Whichever payroll system you choose, they will usually provide annual updates when the tax rates change or there are other changes to the employment legislation. It is important you understand if these upgrade costs are included in the price you are paying or if they are additional.

At this time of the year you may also be wanting to clarify leave entitlements or the legalities of paying out holiday pay in advance etc. A good place to look for this information is https:// www.employment.govt.nz. This website has a host of other information which is valuable to employers as well so you might like to spend some time having a good look around the website.

This information is intended as a guide only - it is not intended as legal advice. For more detailed information please refer to the legislation or seek legal and/or accounting advice.





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## **Town and Country Talk**

by Brenda Halliwell

## **GETTING PREPARED FOR SUMMER!**

As we all prepare for Christmas holidays, making arrangements for pet care over the summer and holiday period is an important consideration. Here are a few things to think about...

Vaccinations for respiratory viruses in cats, and Parvovirus plus Canine Cough in dogs
must be up to date in order to stay in boarding facilities. Call us for advice if you're not sure,
and don't leave it until the last minute!

· Leave contact numbers for your vet as well as your mobile phone number with your pet carer.

• Beware of novel objects which could be swallowed by your pets such as Christmas tinsel, strings from the roast, kebab sticks from the barbecue, fish hooks and potentially obstructive food such as chop bones, corn cobs and peach stones.

Most of us know that chocolate is poisonous for dogs. There is definitely more chocolate around at Christmas so remember to keep it
out of reach of your dog. We often see dogs that have found the chocolate under the tree before their owners!

Take care giving your dog leftovers from the BBQ or roast – bones, large amounts of fat and onions can all cause serious internal
problems for dogs.

Another food-related hazard is old food that your pet might find in compost heaps, rubbish bins and out on walks. There are millions of
weird microbes growing in these places that if eaten by your pet (especially dogs), can cause all sorts of symptoms from tummy upsets
through to poisoning and seizures.

• Toxic algae is a warm weather hazard in our rivers. It's safest to avoid the rivers in summer and head to the beach instead.

 Heatstroke is common over summer particularly in larger dogs. NEVER leave dogs in the car on a hot day, even in the shade with windows down. Offer frequent drinks/stops on journeys. Restrict exercise to cooler parts of the day. Limit the length of walks especially for young energetic dogs, old dogs and dogs with medical problems. Provide shade for dog kennels and rabbit/guinea pig cages.

Clipping long haired pets can prevent problems such as overheating, soiling, skin infections and grass seed problems. We often clip
the underside/belly of long haired cats, and advise clipping under ears and around the feet of long haired dogs. Some long haired dogs
which aren't traditionally clipped (eg Border Collies) are much more comfortable and active, even if they do look a bit odd!



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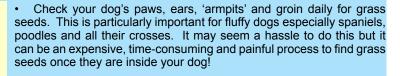
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## Wakefield School

Here are some of our camp stories:

## **Kayaking By Emily**

It was a hot sun but the the wind was cold. There was a current in the water. The water looked warm but I was certainly not.

"I am having this one" I shouted as we launched our kayaks into the warm looking water. I turned my kayak around in the water. We had a paddle around to get used to it. I think I was pretty good. Then our instructor (Dougal) said "follow me". So we did. We went past two big ferries.

Then our instructor( Dougal ) said "ok we are going to have a race." So we lined up and he said "ready, set, GO!!!!! We raced to get to the finish line. I got 5th out of 8 so I think I did pretty good. We had another race but the first person had to hang onto a slimy buoy and the people on the end had to switch kayaks by crawling over the top of everyone else's kayaks with their paddles. And guess who was on one end. Me. It just had to be me. So I got up and started to crawl over the kayaks with my paddle but when I got halfway there the two kayaks in front of me let go so I had to crawl all the way back to my kayak.

The instructor (Dougal) said "we are going to go back to shore". We all moaned "nooooo" but we had to so we started paddling back to shore. The girls started to paddle back but the boys were still there. They must've seen a fish or a bee or a wasp. Whatever it it was, it was holding them up so the instructor went to get them. We got back to shore and dragged our kayaks up on the shore.

I really liked the kayaking because we had to race and I got fifth in both of them out of eight which I am proud of but the most fun part was climbing over the kayaks with my paddle.

## Aqua Taxi Ride by Jaxon

We climbed into the majestic boat that was on a trailer and the trailer was hooked onto a tractor. We were ready to steam off up the road to the boat ramp where we will get dropped off and start our trip to Torrent bay.

Our driver screamed, "Are we all ready?" "Yes" we screamed back. The driver put the pedal to the metal and screeched off down the road. Once we got to the boat ramp he backed us into the water and at that moment another guy came and took over the tractor and our driver hopped in so now our driver was our skipper. Me and Luca sat in the front and talked to skipper. Luca kept asking "can we do donuts, can we do donuts?"

Five minutes later we arrived at split apple rock. I thought it looked like pac man upside down but it also looked like a split apple. We circled the rock once and then we sped off to Adele island. Us and the other boat raced over to the island. We won of course because we had a boy driver.

We sped over to the island. Once we were there we drifted along next to the island trying to spot a seal. Someone spotted one and screamed "look a seal" every one jumped up and started staring at the seal. Then we saw another one and another one and another one! Once we had finished spying on the seals we carried on with our trip to Torrent Bay. For the rest of it we were on the open water which was boring.

This trip was fun and everyone enjoyed it, especially me. A big thanks to all the parents who helped on camp. If we did not have parents we wouldn't be able to have camp.

## Abel Tasman Walk by Mia

My feet sunk in the golden sand and as I picked it up it glided through my hands. We're here! Torrent Bay, the start of our journey I said in my head. I saw the deep diamond blue water going hundreds of metres out to the ocean with the sparkling sun reflecting on it. We sat down and had a little nibble of our morning tea. I had chocolate Maltesers, they were good.

As we started our walk all 33 kids, six parents, and two teachers. Lance, Merryn and Karina in the very front, Mary and Lydia in the middle and Kathy, Ed, and Libby in the very back. We entered the forest. All you could see is native nature. It was so green, leafy, and some scary prickly branches with peely wood everywhere. I was in between the front and the middle of the walk. In the first 500m I was tired. I found myself next to Ashlee, behind us was Karina.

Soon after nibbling on my sandwich and sculling half of my first drink bottle, although I only had one because I gave my second to Celia. Me and Celia were in front of Lydia (Loren's Mum) and Mary. They were talking about christmas.

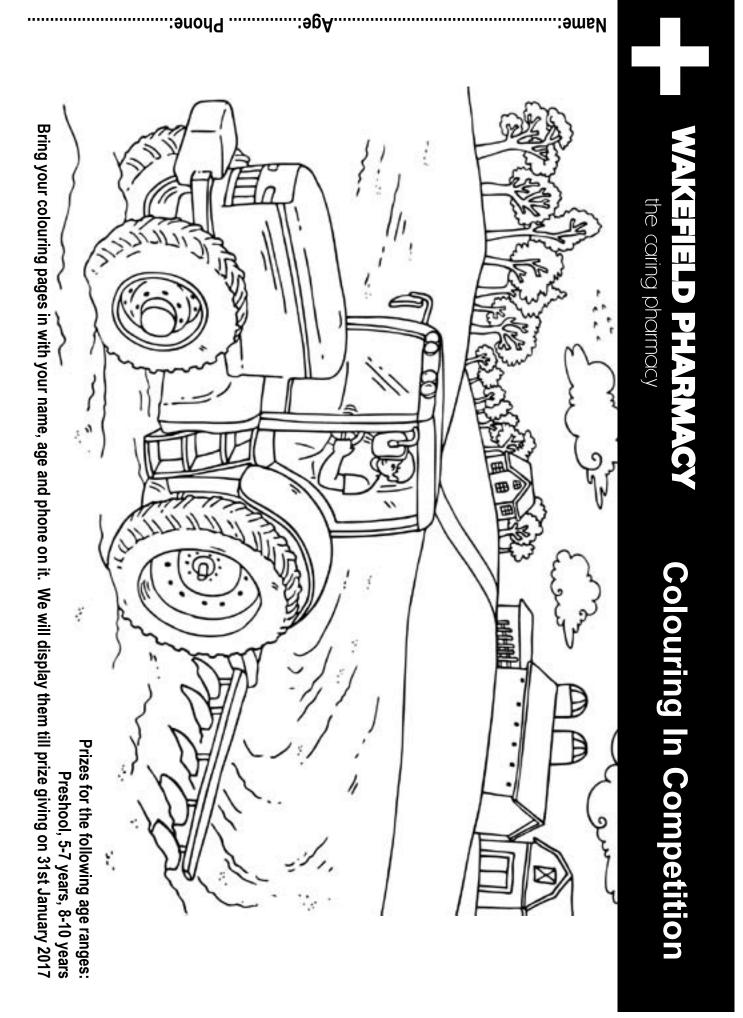
We crossed the DOC signs (Department of Conservation) which said Sandfly Bay arrive in 5 min, Bark Bay arrive in 30 min. Celia screamed and kissed the green and white lettered DOC sign. Eww I thought, but I wondered why she was so thrilled, there's still half an hour left so I asked her "why are you so happy?". She replied with "5 more minutes!" Obviously she didn't read the sign and as I explained her joy bubble popped!

We finally arrived at Bark Bay, the shelly sand, the bright sea. Me and Brylee put our feet in the water while everyone was talking about Kathy falling down a cliff (she didn't actually). I slowly put my head in the water just to wet my face and my hair but Brylee pushed me in!









## **Detecting the Truth**

#### by Doug South

Perhaps a timely warning is needed as we seem to have within our village and surrounding environs an influx of very determined folks with the add on of carrying metal detectors.

Firstly for those not in the know, Wikipedia describes these wee beasties thus:

"A metal detector is an electronic instrument which detects the presence of metal nearby. Metal detectors are useful for finding metal inclusions hidden within objects, or metal objects buried underground. They often consist of a handheld unit with a sensor probe which can be swept over the ground or other objects".

It is the "buried underground" which can cause the anguish – let me be quite clear that if you have for instance an historic building which is now your private residence and you are approached and agree to have metal detectors used on your private land, then that is totally your decision. Just be aware that in most instances you are allowing total strangers on to your property. No matter what assurances they give, they will need to dig and how many holes in your lawn are actually going to survive, by just simply being plugged back in. If these holes in turn dry out or expansion

in your lawn are actually going to survive, by just simply being plugged back in. If these holes in turn dry out or expand that in turn causes issues for not only your lawn mower but also the "plugs" can be forced out with pressure and cause damage to yourself or your equipment.

That being said the same goes for any of our Scenic or Recreational Reserves as no matter what these metal detector folks spin at story time NO they are not allowed in any way shape or form in any Scenic or Recreational Reserve, sports ground, school ground, or church yard – cemeteries seem to be favourites!!!

Recently one of my volunteers when querying a group of persons on one of our Reserves was told the following, "We have a right to be here. This is a public place and we can use our equipment here, we are members of the public so we have an entitlement to be here. We work within the Reserves Act and we are at present working with the Tasman District Council to come up with a responsible process for us to use our detectors in any of their Reserves. If we have an historic find we will donate it to a museum". And so it went on until the volunteer replied that under the Conservation Act they simply could not and asked them to leave the area. The number plate was noted and the police informed of what had taken place immediately after the incidence.

PLEASE be totally assured that under NO circumstances whatsoever can metal detectors be used in any of the places as listed above. If you should view this happening, think firstly of your own safety in making an approach, but it would be good if you could obtain the licence plate of the vehicle, where this illegal action was taking place and make a phone call to either the local police, the Reserves Department of the Tasman District Council or you are most welcome to contact me direct with your concerns - Doug South Telephone 03 541 8980 Email tuiville@xtra.co.nz.

## In The Bush

by Doug South, President Wakefield Bush Restoration Society Inc.

On Monday the 21st November I had the pleasure of attending the classes of "Totara Karearea" at Wakefield School, with approximately 60 children in attendance. The children had previously contacted me as the President of the Wakefield Bush Restoration Soc Inc. via email and letter to ask about ideas they had for caring for Faulkner Bush and could these be incorporated into our own maintenance responsibilities for this Scenic Reserve.

One of the teachers Mr Kent Davis, kindly monitored the projects and was the facilitator of this contact to the Society. Each group presented their projects which they had been working on for several weeks which were;



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- \* Feeding the New Zealand falcon
- The control of pests
- Water quality
- \* Planting of native trees
- \* The identification of poisonous plants
- \* Frogs tadpoles to be introduced to the ponds
  - \* Attracting more bird life
  - \* Rubbish control around the waterways

The enthusiasm given with each presentation and the ideas were indeed varied and incredibly interesting with the added plus for the most part that these projects can be trialled at Faulkner Bush.



Some improvements will be taken on board especially in relation to the pest traps, but I must say that they had been really well thought out, with some great construction technique in evidence.

After a very through question and answer segment our Society can only be indebted to the Wakefield School and it's teaching staff for planting the "native" seeds within these children for their future responsibilities to our village and our most amazing gems – our Scenic Reserves; Faulkner Bush, Edward Baigent Bush and Robson Reserve.

Regards Doug South, Telephone 541 8980, Email tuiville@xtra.co.nz, Mobile 027 907 2879







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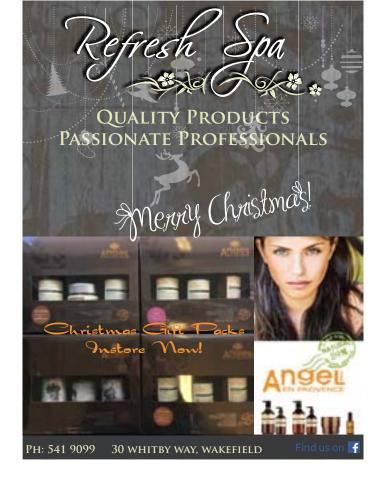
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## ANSWERS FROM THE QUIZ FROM LAST MONTH

1. Who wrote Frankenstein back in 1818? Mary Shelley

2. In Stephen King's 1986 novel It, what human form does the predatory monster most often take? Pennywise the Clown

3. Name the Charles Dickens short story about a haunted railway junction."The Signal-Man" (1866)

4. Who wrote the novel The Phantom of the Opera? Gaston Leroux (1909)

5. Who created the evil wizard whose name must not be mentioned? JK Rowling (Voldemort)

6. In which year did Boris Karloff make his screen debut as Frankenstein's monster? Was it a) 1942; b) 1926; c) 1931? 1931

7. On which historical figure was Bram Stoker's Dracula said to have been based? Vlad the Impaler (1431-1476)

8. In which city did the two Williams, Burke and Hare, murder 17 people to sell their corpses for medical dissection? Edinburgh

9. Which deadly practice was last carried out in England in 1684? Witch hangings

10. What is the name of the legendary ghost ship that can never make port, doomed to sail for ever with its cursed crew? The Flying Dutchman



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## **Pack Gear Go**

### Getting kids to carry their stuff when you are out and about in New Zealand's great outdoors by Lucy Pearson, Co-Owner PackGearGo

Hi, I'm 'Mum' and until recently I was also known as 'The Pack Horse!'. Mum, I'm tired, Mum, my pack hurts, Mum, I'm hot, please carry my jacket... wait now I'm cold I want it back! Does this sound familiar? I often look back at old photos and groan at the image of me clawing my way up a hill, bogged down with a mountain of gear whilst my children scamper freely on!

But no more! Oh the wonders that a great, well-fitting backpack can do! Suddenly the kids don't even notice that they are carrying stuff because the pack is so comfortable they forget they are wearing it. I am going to share a recent photo of my youngest daughter who beautifully demonstrates my case in point!

Her pack was so comfortable that she even went to sleep in it (she is four by the way).



It's always hard as a parent, you want to get the good equipment but at the same time you are very aware that your child is likely to outgrow it very quickly, so why spend those extra dollars? Well it depends on your individual family and your priorities but for me I wanted to get my kids outdoors and loving it (but with me loving it too).

And here is where having great gear pays off ... they love wearing it, they love packing it themselves and they love being in control of their gear. And in terms of outgrowing the gear there is a huge variety of packs available that now have a good range of growth built into them. If you chose the right pack that has a great growth range, whilst still accommodating the small child frame, you can't lose. Some packs are even adjustable enough to fit kids, but can be grown to fit an adult too.



Getting the right pack will totally change a walk with the kids. Bear in mind though that a child should only carry up to about 10% of their bodyweight. So if a child weighs around 35kg their pack should weigh no more than 3 ½ kilograms. So think about what you want your child to carry (for example, water bottle, snacks, lunch box, jumper and rain coat).

Don't expect them to be able to carry absolutely everything they need especially if you are all just getting used to it, but as they get older then you can up the expectation and of course they grow and get bigger so they are able to carry more.

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## **Quilts and Painting for St Michaels Church**

St Michael's church on Waimea West Road, just out of Brightwater (the pretty white church with the funny trees) celebrated the 150th anniversary of the laying of the foundation stone of the current church on 27th November at 10.00am. (The first wooden church was opened in 1843 in Waimea West, but it later needed substantial repairs so the current church was built with its foundation stone being laid on 24th November, 1866).

The Wakefield Art Group was asked if they would like to do some paintings of St Michael's to celebrate this anniversary. On Sunday 6 November these paintings, along with two quilts made by Marilyn Gibbs of the Waimea Quilting Group, were presented and gifted to the church. The quilts now adorn the walls of the church as a permanent reminder of the anniversary. Some of these paintings were auctioned during the lunch after the service on 27th November.

Marilyn Gibbs comments on how the quilts evolved, creating two wonderful pieces of art - St Michael's church - "A-Cross the Ages".

In April 2016 the Waimea Quilters Group held their first Quilt Show in Wakefield School Hall. Following that exhibition Pauline Coy contacted our group and inquired about having a quilt to commemorate St Michael's Church in Waimea West, Brightwater 150th Celebration of the current church.

The request was forwarded to Marilyn Gibbs, a quilter from Lone Oak Farm in Wakefield. Marilyn researched the internet for ideas and found a design by: QuiltFox Design - designer Judit Hajud from Switzerland and based the larger quilt on this design. Marilyn used images of history, activities, and birds found in the local area to quilt the panels of the cross:

Left side: grapes, pear, ruru (moreporks), kereru, houses, trees, soldier, apples, hay stack, draught horse, geese, pig, pukeko, lady milking a cow, flax, silver fern.

Right side: green linnet, hops, apple, houses and horse, shepherd, dog and sheep, children in prayer, fantail, stock, woman and man, deer, Anzac poppy, man watching neighbour, turning first furrow in the Waimea's wheat, as well as doves in each top corner.

[NB These pictures cannot be seen in the photo reproduced below but they are there].

This done, the work had not met Pauline's requirements which was to have a picture of St Michael's for inside the Church. Marilyn felt that while the current St Michael's Church has reached a significant milestone of 150 years, the original church should not be forgotten as it was the first original church in the Nelson region. This lead to the second quilt which features photos of both of the buildings.







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## Wakefield Bowling Club

### by Tony Eames

The November Tournament was sponsored by Marsden House Funeral Services. It was won by Tom, Yvonne and Gavin Close, second place was Barbara McGregor, Margaret Eames and Julie Hall and third was John and Pauline Cawthra from Motueka.

### Nelson Centre Interclub Sevens

The Wakefield Women's Sevens team has won the Nelson Centre Division 2 against teams from Stoke, Richmond and United Bowling Clubs. This qualifies them to attend the National Intercentre play offs in Auckland in March.

Margaret Eames played the Singles, Linda Sisterson and Di Holland in the Pairs and Julie Hall, Chris Longman, Chris Evans and Carolyn Mason in the Fours.

### **Nelson Centre Mixed 2-4-2 Pairs**

There were some more great performances by several Wakefield players to qualify for post section play in this centre event: Stu Peterson and Carolyn Mason and Margaret Eames and Mike Wilson reached the semi finals but both missed out by just one point in excellent games with high quality play from all four teams.

Gordon Hope and Rae Peterson and Peter Fitzwater with his sister Karen also qualified for post section play.

### Wakefield Club Championships

Winners so far: Men's Junior Singles - Steve Goodfellow Men's Open Pairs - Peter Sisterson and Tony Eames Women's Triples - Margaret Eames, Linda Sisterson and Di Holland Women's Vot Singles - Carelyn Mason

Women's Vet Singles - Carolyn Mason

Women's Vet Pairs - Margaret Eames and Linda Sisterson Men's Vet Singles - Stu Peterson (for the fourth successive year and five from six years)

Men's Vet Pairs - Stu Peterson and Tony Eames (for the third successive year)

### **Nelson Centre Fours**

Congratulations to Wakefield residents Barbara McGregor and Yvonne Closey on winning the Women's Centre Fours with their United Club team. It is Barbara's 32nd Centre title and Yvonne's 15th.



New players always welcome. We have several events over the Christmas period including full day tournaments on Wednesdays 14 December and 28 December and social roll ups on Monday and Friday afternoons.

Family or work functions can be arranged. Please feel free to call into the club at these times or contact Tony on 5418316 to arrange a time to have a go.

Photo: Winners of the Nelson Centre Interclub - from left: Linda Sisterson, Di Holland, Margaret Eames, Julie Hall, Chris Longman, Chris Evans and Carolyn Mason.



Window On Wakefield Issue 50 December 2016

## **Health & Wellbeing - Physio**

### **Clicky and Painful Knees**

By Kate West, Physiotherapist (BPhty) at Wakefield Physio

Patellofemoral pain is a term that describes pain in your knee. Pain mostly occurs in the front of the knee, but can also occur around the sides. Patellofemoral pain can affect anyone from adolescence to the older population. Pain is usually not associated with trauma, and can occur when walking, running, jumping, walking up or down stairs or crouching.

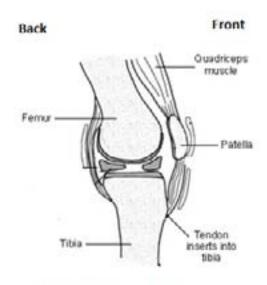
Your knee joint is formed by three bones: your femur (thigh bone), your tibia (lower leg bone) and your patella (knee cap). Your patella is held in place by your quadriceps muscle (front of thigh muscles), which insert into your tibia. When we want to straighten our knee our quadriceps muscle contracts or shortens to produce movement.

If you look at the underside of our patella you will see that it is convex shaped. Conversely the shape of our femur has a concave shape. When we bend our knee the patella tracks within this groove. If this normal pattern of movement or 'patella tracking' is affected you will experience symptoms such as pain that is not easily located or feels deep, pain that comes and goes as well as clicking, grating or a popping noise/s in your knee.



There are several reasons why your knee may not be tracking very well and one of them is muscle imbalance.

Typically our outer quadriceps muscles are stronger than our



Side view of your knee Adapted from www.patient.co.uk

inside quadriceps muscles, this has the effect of pulling our patella more to this side. Because of this our patella no longer tracks within the groove but instead rubs on the femur giving us symptoms of pain.

Muscle imbalances can also occur at the hip, and this has the effect of rotating your thigh inwards putting more stress on your patella.

Treatment of patellofemoral pain requires a thorough physiotherapy assessment to ascertain the cause of your knee pain. Your physiotherapist will then give you specific hip and knee strengthening exercises to correct any muscle imbalances, and decrease the load on your knee.

Where appropriate taping strategies can be used to help with your knee pain in the short term.



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At the WAKEFIELD HEALTH CENTRE 12 Edward Street, Wakefield info@wakefieldphysiotherapy.co.nz www.wakefieldphysiotherapy.co.nz

## **Wakefield Toy Library**

## Toy Library Christmas Hire Available

by Liz Ashburner

Wakefield Toy Library closes over the summer holidays but you can still get your toy fix! We offer Christmas hire on all toys and you can keep them until February – perfect for the summer holidays when the Christmas presents have lost their sparkle or if you are expecting visitors.

Our great rates are: one toy for \$10, two for \$15, three for \$20. It's first come, first served and the toys are available to hire until the 17th December.

If you are not already a member you can join on the day – we have 'grandparent' or casual memberships available and standard memberships start from \$25 a year.

Call in to see us in the Old Library Building on Edward St, opposite the school, 9:30 – 11:30 the first and third Saturday of every month. Our last day for 2016 will be Saturday 17th December and we reopen February 4th 2017





6 Tonne digger Dry hire or with Experienced Operator Call: Richard Winn 0274 362 897 AH: 541 9567



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## **Country Players**

### by Jen Amosa

Country Players would like to thank the community for all their support of their recent musical production 'Peter Pan'. This was a great success. The cast and crew had a wonderful time and our audiences obviously enjoyed themselves too. The show was so popular that we actually sold out and had to turn people down who were trying to book tickets. This was great from the point of view that so many people wanted to see our show, but we don't like disappointing anyone when they can't get a ticket; so please remember – next time BOOK EARLY!

Country Players would also like to thank the Tasman District Council Community Grants Scheme who provided funding for a two day acting/directing workshop facilitated by the President of Theatre NZ, Bryan Aitken which took place in October. All 16 participants in the workshop challenged themselves with the activities and developed new skills and strategies which we'll be able to put in place in our future productions. It was great to see some of our youth members participating in the workshop alongside the adults.

The support of the Dramatix Theatre Development Trust also needs acknowledging with regard to this workshop; the Trust generously provided funding to cover the workshop fee for four participants who would otherwise have been unable to attend.



Finally, on behalf of Country Players, I'd like to wish the Wakefield community a very merry Christmas and we hope to see you at our 2017 productions.



# Christmas is coming

Santa Claus instore on the 2nd, 9th, 16th Dec Free photo with Santa 3pm to 4:30pm

Watch out for the January colouring competition

and go in the draw for two cape cod chairs and a table. Drawn on 23rd Dec at 3pm

Spend \$30

See our Secret Santa under \$10 gift table

WAKEFIELD PHARMACY the caring pharmacy Join us on our FACEBOOK page and be in the draw to win our monthly prize www.wakefieldpharmacy.co.nz

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Have a happy Christmas and best wishes for the new year.

Damien O'Connor MP West Coast/Tasman





**free phone 0800 326 436** 234 High Street, Motueka | Phone 03 528 8190

damienoconnormp

Authorised by Damien O'Connor. 208A Palmerston St, Wsp

## **Live Local Shop Local**

## Wild Oats Farm, Pretty Bridge Valley, Wakefield

by Caraline Dyson

At the end of Pretty Bridge Valley, a unicorn\* is waiting... Owner, manager and hands on pony lady Kirsty Lalich is what they call 'horsey'. Kirsty grew up around horses in the UK, with pony club and eventing and all that that entails. As a child, her family had a riding school, her father used to drive horse carriages and even sold ponies to the Queen. Her sister is a former British National Dressage champion and you could say horses are very much in her blood. So despite her career in Child Mental Health both overseas and here with CAMHS, perhaps it was inevitable that Kirsty would eventually work with her equine friends.

In the aptly named Pretty Bridge Valley, Wild Oats Farm offers children the perfect introduction to ponies. They can try an affordable 30 minute trek with a friend, or go out for an hour and explore some

of our beautiful scenery in the same way that many of New Zealand's pioneers once did. Whether your children are novices or more experienced riders, Kirsty will provide a pony that is appropriate to their needs, and all Wild Oats rides are adjusted to suit the ability of each rider. With caring instruction from Kirsty and perfectly mannered horses and ponies, novice riders are offered a special treat at Wild Oats Farm – a lead rein ride on one of their adorable, sweet natured ponies. Guaranteed to delight even the most nervous rider, this provides a wonderful introduction to horse riding.

Children can take a lead rein trek through stunning native forest, alongside beautiful streams and across magnificent farm land. With acres of sun dappled trails to explore, this is an unforgettable pony riding experience.

One hour lead rein scenic farm trek through bush and farmland, all ages catered for: \$30.00 hour per rider; maximum four riders

30 minute trail ride, lead rein ride only through beautiful scenic farmland: \$20.00 per rider; minimum two, maximum four riders

As your child's interest and confidence grows, Wild Oats offers 45 minute riding lessons for only \$35, with discounts available for regular bookings.

### **Pony Parties**

Would your children like the opportunity to visit a farm, feed the animals, and ride a pony? Wild Oats Farm offers a healthy alternative for a memorable children's party, special occasion, or educational, hands-on, family activity away from technology.

At a Wild Oats Pony Party, children not only brush and ride their pony, they can play farm-friendly games, interact with the animals, and round it all off with a bit of quiet time in the petting farm.

The ponies are well behaved and have calm, loving natures. They enjoy attention from children, and it's incredible to see how the children's confidence grows as they interact with ponies. At Wild Oats Kirsty encourages children to learn about the ponies and they take away treasured memories of an unforgettable party experience.

Picnic Pony Parties are for boys or girls, allowing up to six children to enjoy ninety minutes of fun. After a one hour pony ride, the kids can then groom and brush the ponies. With two experienced pony handlers, safety helmets, two quiet, well presented sweet ponies to ride and one gorgeous miniature pony to groom and plait, Wild Oats supply picnic tables, plates, cups, water, coffee and tea for parents. Just bring your party food: \$150.00 for up to six children (extra children \$10.00 each)

Or why not arrange a two hour Barn Party with pony rides and petting farm animals? Up to 12 children can enjoy pony rides on two gorgeous ponies for pony rides and also groom and plait the cute miniature pony. Other friendly farm animals are available for petting and feeding. Wild Oats supply picnic tables, plates, cups, water, coffee and tea for parents. The party includes games such as horseshoe throwing, gymkhana, face painting and lasso. Just bring your party food: \$220.00 (extra children \$10.00 per head)

Or Wild Oats Party Ponies can come to you! Kirsty can bring their delightful quiet ponies to your children's party in the Nelson area. Two quiet ponies are available for an hour of rides followed by thirty minutes of grooming and petting afterwards. Their ponies have the sweetest natures and love attention. Only \$150.00 in Wakefield or Brightwater (or \$175.00 Nelson, Atawhai, Mapua, Stoke, Richmond etc.) Optional extra for all parties: Fancy dressed ponies – themes include pirate, knight, ladybird and the now famous unicorn.

Perhaps uniquely, Kirsty's child mental health training also allows her to provide therapeutic care in this special environment. Please call her if this is something you would like to discuss. Children's emotional respite care is also offered on a case by case basis.

Just down the road, at the end of the valley, a pony (possibly wearing a unicorn horn) is waiting to change your child's life... so, what are you waiting for?!

Wild Oats Farm
441 Pretty Bridge Valley Rd, Belgrove
P: 541 9794 - please leave a message and Kirsty will call you back
W: www.wildoatsfarm.co.nz
E: info@wildoatsfarm.co.nz
Facebook: http://ww.facebook.com/wild.oats.farm.nelson
Open all week, all year







## **Wakefield Playcentre**

#### by Liz Ashburner

We are well into the swing of Term Four here at Wakefield Playcentre with lots of fun to be had both on excursions and at the centre.

This month we finally managed a long-planned visit to Wild Oats Farm in Pretty Bridge Valley. Around 20 children and adults made the trip and had a great time meeting a selection of their friendly animals.

The farm currently has lambs, which the children enjoyed bottle feeding, as well as other farm and rescue animals. Highlights for our tamariki included the pony rides and feeding apples to the pigs, ponies and donkey. Some of the children had a great time 'driving' the old tractor and there was face-painting and morning tea undercover when the rain returned.

Huge thanks to Kirsty and Amy from Wild Oats Farm for their warm welcome and for making our visit fun, safe and a great learning opportunity.

Later in the term we have trips planned to another working farm and to Rabbit Island. We are all keeping our fingers crossed that the weather cooperates!

Back at the centre this month we have continued to follow the children's interests in the natural world with nature hunts around the grounds. We have a great selection of bug viewers and our rock garden is the perfect spot to find woodlice, spiders and skinks. The children enjoy the hunt and we have some interesting conversations about their finds before they are released back into their natural environment.

Earlier in the term our children sowed pea and sunflower seeds and the seedlings have recently grown enough to be planted out, along with strawberry and vegetable seedlings. Gardening offers so many benefits to children – they can learn fine motor skills, patience and responsibility. It also encourages healthy eating and provides opportunities to introduce numeracy, literacy and scientific



concepts. Later in the summer and autumn we will be able to harvest our crops and cook with our produce – the learning opportunities go on and on!

We will be finishing for 2016 a little later than school this year. If you have been thinking about checking out Playcentre and have older

children, you could call in between the end of the school term and our closing date on the 20th December. We are open 9:30 until 12:00 Monday to Friday and school children are more than welcome to come and join in the fun. We will be reopening after the summer holidays on Jan 31st.









136 Queen Street Ph 5444 699 or 021 313 140



## Live Well Stay Well

### by Margaret Clark

"Live Well Stay Well" group has had its last event for 2016. Our visit to the Eyebright Christmas shop with their great displays and lots to see as well as their lovely garden was a plus. This was followed by lunch together at the Wakefield Hotel Bistro. A good meal and a good time was had by all. Our planned programme for next year will recommence after Easter 2017.

However until then, if you are looking for some company and are missing your regular coffee fix, most Tuesday mornings you will find someone in one of the local coffee shops to meet up with.

We have had a good year with varied activities plus meeting new Wakefield and Brightwater residents and those people looking to make new friends in the area. If there is anyone who wants to to be put on our email list to be notified of our programme, please call Margaret 5419693 or Yvonne 5422235.

So untill then have a blessed Christmas and safe and happy new year.



## **AVAILABLE TO RENT**

TOTARA VIEW COTTAGE 164 Totara View Road, Wakefield



Furnished - One bedroom (gueen bed) with ensuite shower and toilet.

Living area with heat pump, kitchen with underfloor heating, laundry, study area. Linen and towels included.

Rent - \$250 per week incl electricity and gas

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## 027 537 9600

## THIS MONTHS QUESTIONS

- 1. Which British monarch (born 1865, died 1936) introduced the custom of giving thousands of Christmas puddings to staff?
- 2. Very loosely related to Christmas, the predatory animal 'uncia uncia' is better known by what name?
- 3. The Latin word meaning 'coming' gave us what term which still refers to the coming Christmas period, and also to a particular tradition popular with children?
- 4. Which southern central US state, whose capital city has the same name, was the last to recognise Christmas as an official holiday?
- 5. The fortified wine drink, sherry, is named after what town?6. Which Christmas condiment is made from fruit sometimes referred to as marshworts?
- 7. Which famous comedy double-act partner made the first ever UK mobile phone call, New Year's Day, 1985?
- 8. Christmas Crackers was the first Christmas edition of which popular UK comedy series?
- 9. What is a baby turkey more correctly called, other than a chick?
- 10. What is the greatest-selling Christmas single of all time?



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## 40th Annual Wakefield Craft Fair Monday 2nd January 2017



Wakefield Village Green and Wakefield Hall Over 60 stalls Drinks and Food available Rain or Shine!

## **Community Notices**

## WAKEFIELD BOWLING CLUB 61 Whitby Road, Wakefield

Community Bowls 2016 Thursday evenings: 6pm - 8pm 10 November - 15 December

> \$5 per player Children no charge

Come alone or with a group and teams will be organized. Bowls & advice supplied. Meet some new people and join in a fun evening. Flat soled shoes please. Music.

Sausage sizzle & refreshments available.

To enter or for more details phone Tony on 541 8316

## **BETTER THAN BEFORE GROUP**

Want to set an intention for the new year? Let's meet as a small group and to motivate each other

Wednesday 4 January 7pm

William Higgins Cobb Cottage, 170 Main Road, Spring Grove

Email kathycambridge@yahoo.co.nz [Put "group" in the subject line]

### HOUSE/PET MINDING OFFERED

Do you live in the Wakefield area and will you be going on holiday in December or January?

Do you want someone to pop into your house daily and check up on security / water plants / feed and cuddle the cat / feed the budgie?

We're happy to do that in exchange for showers and use of washing machine.

Call Fran on 027 224 0955.

### TO RENT

One bedroom self contained cottage, rural farm location, limited cell phone but wifi for permanent rental. \$160 per week. Phone Kirsty 027 212 8021.

### WANTED

Three bedroom house with garage for small family. Anywhere from Richmond to Wakefield. Rural okay. References available.

Phone Regan 021 103 1020 or 543 2570.

Do You Have Photos of Historical Interest That You Would Like to See Preserved For the Benefit of Future Generations?

Waimea South Historical Society would be happy to take care of them for you.

They would be housed in the Tasman District Library and become part of our collection.

Like the George Lawrence Collection they would eventually become digitised and available on-line as part of the Kete Website.

If you wanted to keep them but thought they would be of interest to others they could be copied and dealt with in the same way.

Just make contact with our Secretary: Jeanine Price Phone 03-542- 3033 or e-mail jandwprice@outlook.com



Come and join the ladies Craft Group held on Wednesday mornings in the Fire Brigade Supper Room Pigeon Valley Road 9.00am - 12pm

Bring any project - sewing, knitting, crochet. Learn to knit or crochet or just come for a look and join us for tea, coffee and company. Small donation

For more information phone Judy on 5418342

## COME AND CELEBRATE CHRISTMAS

You are very welcome to attend any of the following CHRISTMAS IN WAKEFIELD events :

### Sunday December 18th - 7pm

St Johns Worship Centre, 120 Edward Street Wakefield Community Carol Singing Join with us in singing all your old favourite Christmas carols and songs. Tea, coffee and Christmas cake served afterwards

Saturday December 24th - "Midnight at Nine " 9pm St Johns Church – Christmas Eve Service A traditional evening service which is celebrated in the oldest church in the South Island

### Christmas Day 9am

St Johns Worship Centre, 120 Edward Street Christmas Morning Celebration Come and share the joy of Jesus birth, w the greatest gift the world has ever received

Come and join us, we assure you of a friendly welcome

## St Johns Anglican Church

## **Community Notices**



Are you a beginner, or have never drawn or painted before? Come and give it a go Join our very friendly group

> Every THURSDAY of the School Term 9.30 am – 12.00 pm Wakefield Village Hall – Supper Room \$4 per session/cup of tea included

For more information contact: Fiona - P: 027 767 7909 E: kahurangicottage@gmail.com or Sonja – P: 541 8176 E: sonjal@ts.co.nz

## PERMACULTURE GROUP

Our group meets informally on the 4th Wednesday of the month.

If you are interested in joining us to share knowledge or learn to start growing food organically then ring Diana and Iain on 5418950 for the venue.

### CAR POOL

I'm looking to start a carpool or join an existing one to Nelson and return Monday to Friday.

Please contact Lynette on 021 100 6197

## **BERRY PICKERS REQUIRED**

For Fairfield Gardens, Wakefield 11yrs and over, start approx 17th December, must have good work ethic.

Ph Christine 541 8564 or Steve 027 223 4788



## MAINLY MUSIC

Now meeting at Wakefield St Johns Anglican Worship Centre Monday's 10.00am. Cost \$3.00 per family. This is a time for parents and children to enjoy music, song, dance and lots of laughs.

Any queries please phone Wendy Milson 544-5494.

## PARENTS/GRANDPARENTS

The ultimate present for the young ones.

A brand new, never used, bright red Mercedes Benz electric car. Mostly plastic construction.

Full drive function and remote control drive, working red lights, engine noise and horn. MP3 and music.

Maximum speed 3.4kph, 8-12 hour charge provides 1  $\frac{1}{2}$  hour drive time. Suitable for children 3 – 8 years with weight capacity of 30kg maximum.

Cost \$350, phone Elaine 5418612

## WAIMEA PLUNKET PLAYGROUP

The Brightwater Community Anglican Church, , Waimea West Road, Brightwater

Time: 9.00 - 12.00 noon Day: Wednesday morning Cost: FREE

### ST JOHN'S ANGLICAN CHURCH COMMUNITY LUNCHES

The monthly community lunches have now finished for this year, and will recommence on 16th February 2017. We look forward to seeing you all there as usual.

## **FOXHILL TENNIS COURTS**

658 Wakefield-Kohatu Highway (at rear of Rutherford Memorial Hall) FREE PUBLIC USE

Re-painted lines, nets up ready to go, for twilight practices and summer fitness.

Managed by Rutherford Memorial Hall (Foxhill) Assn Inc. for TDC Erica Short Secretary/Treasurer 541 8882

### 2017 NELSON'S BIRTHDAY

**Celebrating 175 Years of European Settlement** 

In February next year it will be 175 years since the first four emigrant ships: *Fifeshire, Mary Ann, Lloyds and Lord Auckland* arrived in Nelson Haven, carrying our pioneer ancestors from Britain. Over the course of the year 15 more would follow.

*Window on Wakefield* encourages all families, clubs, societies and organisations which are based in and around Wakefield to recognise this in some way during the year.

We would also like to **publish photographs of any houses which were built prior to 1900.** We may have a photo of your house on file, but if you think we haven't please feel free to send us one (the most interesting side) in jpg format. Include the name of the family who first owned it and (if possible) the year of construction as well as your address.

Send your e-mail to rogerab@vodafone.net.nz

With the title: Nelson's 175<sup>th</sup> Birthday

## **Community Diary & Classifieds**

**RURAL PROPERTY WANTED TO RENT**Oct Due to our current rental being sold, we find ourselves looking for a country house with some land to rent/lease long term, with a view to purchase in the area.

We have a small number of sheep, and wish to run a few calves, chooks and have our own vege garden.

Being a mature, professional couple and son, we are careful, responsible, quiet folk.

We are ex-sheep/cattle farmers. We have NO dogs.

We would be very happy to help out with farm chores if need be.

If you have or know of a property that needs to be looked after, call us on:

03 543 3600 Anne and Grant.

All areas considered.

FOR FREE

Nov Boxes, bubble-wrap and packing paper. Handy for moving house! Phone: Marten 5419350

FREE

Nov Hen & Baby chicks to give away to a good home.

Phone Rachel 541 8763 or 027 286 7927

FOR SALE Nov Sheep Manure \$8.00 per 25kg bag Can deliver ph: 541 8488

### FOR SALE

11 hand, 4 year old broken coloured pony. Well handled but not ridden. Phone Lorna 541 8979.

FOR SALE Nov Agapanthus - cheap mature plants. Clearing out section. Phone 03 265 5066

STORAGE BAYS AVAILABLE Nov Great for a Motorhome or Boat, Wakefield area. Contact: 541 9726 or 0210 833 0261

FOR SALE Free range eggs \$5.00 per dozen Dec

Nov

## FOR SALE

Ph Gail 541 9701

Beginners pony 10.1 hands, black and white paint, broken into harness, 11 yrs old. \$2500 or near offer, Ph Gail 541 9701

FOR SALE Swings - pipe and chain type \$35.00 Ph Marion 541 8018

FOR FREE Half tractor tyre large, suitable for sandpit Ph Marion 541 8018

### FOR SALE

Highline brown pullets from excellent laying stock, quiet, vaccinated and guaranteed. Ph Alison White 021 168 0324

### MONTHLY COMMUNITY CALENDAR

DECEMBE	R 2016	
Thur 1 Fri 2 Sat 3 Sun 4 Mon 5 Tues 6 Wed 7 Thur 8 Fri 9 SMon 12 Tues 13 Wed 14 Thur 15 Fri 16 Sat 17 Mon 19 Tues 20 Wed 21 Thur 22 Fri 23 Sun 25 Mon 26	9.30 am 6.00 pm 2.30 pm 9.30 am 10.00 am 10.00 am 9.00 am 9.00 am 9.00 am 9.00 am 9.00 am 9.00 am 10.30 am 7.30 pm 9.00 am 9.00 am 9.00 am 9.30 am 10.00 am 9.30 am 2.30 pm 9.30 am 2.30 pm 9.30 am 2.30 pm 9.30 am 2.30 pm 9.30 am	Wakefield Art Group, Wakefield Village Hall Community Bowls, Wakefield Bowling Club Wakefield Community Library open Destination Wakefield, various locations Mainly Music, St Johns Worship Centre Wakefield Community Library open Waimea Plunket Playgroup, B/water Anglican Church Wakefield Craft Group, Fire Brigade Supper Room Wakefield Art Group, Wakefield Village Hall Community Bowls, Wakefield Bowling Club Wakefield Community Library open Mainly Music, St Johns Worship Centre Wakefield Community Library open Mainly Music, St Johns Worship Centre Wakefield Community Library open Wkfld Comm Council Meeting, St Johns Worship Centre Waimea Plunket Playgroup, B/water Anglican Church Wakefield Craft Group, Fire Brigade Supper Room Wakefield Art Group, Wakefield Village Hall Community Bowls, Wakefield Bowling Club Wakefield Community Library open Wakefield Community Library open Makefield Community Library open
JANUARY	2017	
Sun 1 Mon 2 Fri 6 Tues 10 Sat 14	2.30 pm 10.30 am 8.00 am	NEW YEARS DAY 40th Annual Wakefield Craft Fair Wakefield Community Library open Wakefield Community Library open Wakefield Market Day, Village Green
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## WAKEFIELD JUNIOR TENNIS

Fridays Term 4 and Term 1

To Register Visit www.caldertennis.co.nz

### WAKEFIELD MARKET DAY Saturday 10th December Summer hours 8am to 12pm Welcome - Christmas time is here.

Come and see the display of stalls that can inspire you with living gifts and give you a chance to be in on some bargains.

We have some sites available and bbg on site. Ring Jean 541 8154 - seasons greetings to you all

## **Community Directory**

**Citizens Advice Bureau** 548 2117 - 0800 367 222

Rutherford Memorial Hall 658 Wakefield-Kohatu Highway, Foxhill Bookings and enquiries: Erica Short 541 8882 or rutherfordmemorial.hall@gmail.com

Pigeon Valley Steam Museum Alan Palmer 027 319 7427

Rural Ramblers Carolyn Mason 541 9200

Spring Grove Drill Hall C. Pike 542 3904

Totaradale Golf Club Jacquie 541 8030

Wakefield Anglican Church – St Johns Meet Sun 9.00am; 10.30am Rev. Allan Wasley 541 8883

Wakefield Community Library Wendy Gibbs 541 8490 Pam Dick 541 8392 Hours - Tues 10.30 -11.30am Friday - 2.30 - 4pm Excluding Public Holidays

Wakefield Football Club Chris Olaman 027 541 9029 Ian Radcliffe 021 0244 6459

Wakefield Medical Centre 541 8911

Wakefield Pharmacy 5418418 doug@wakefieldpharmacy.co.nz

> Wakefield Playcentre Contact: 541 8866

Wakefield School Edward Street 541 8332

Wakefield Scout Group wsg4kids@gmail.com

Wakefield Toy Library Saturday 9.30-11.30am Chris Gaul 541 8148

Wakefield Volunteer Fire Brigade DCFO Fritz Buckendahl 027 224 4162

Justice of the Peace Katie Greer 896 Wakefield/Kohatu Highway Ph 021 547 756 Country Players (Drama) Jen Amosa 541 8139 enquiries@countryplayers.org.nz www.countryplayers.wordpress.com

> Nelson Vintage Engine & Machinery Club Allan 027 319 7427

Pinegrove Kindergarten 03 542 3447

Rural Women Dawn Batchelor 542 3628

St Joseph's Catholic Church Sun 8am, Thurs 9.30am Parish Preist Seth Pijfers 544 8987

Waimea Sheepdog Trial Club Colin Gibbs 541 8435 gibbs@ts.co.nz

Wakefield Book Group Mahala White - 541 8933 or Chrissy Harris - 541 9596

Wakefield Bush Restoration Society Doug South 541 8980

> Wakefield Craft Fair Leanne and Glen Turner 541 8306

Wakefield Plunket Donna Todd 541 8583

Wakefield School/ Community Swimming Pool Phill Platt 027 231 7610

Target Shooting Wakefield targetshootingwakefield@gmail.com Contact: Dot Ashton 541 8989 or 027 543 0529

Wakefield Rest Home Ltd Cath Smart - Manager Rita O'Neil - Clinical Manager 541 8995

Wanderers Sports Club 542 3344

Wakefield Physiotherapy Kate West 03 541 8911

Window on Wakefield Advertising - 541 9641 Genie & Lindsay Bradley Focus Wakefield focuswakefield@gmail.com

> Just Gymnastics Linda Mace 546 6013

NZ Postcard Society Inc. Doug South 541 8980

Richmond Lions - Wakefield Rep Ivan Burrowes 541 9689

Spring Grove Church of Christ Meet Sundays 10am 541 8011

Top of the South Rural Support Trust gibbs@ts.co.nz Colin Gibbs 541 8435

Waimea South Historical Society Arnold Clark 544 7834

Wakefield Bowling Club Margaret Eames 541 8316

Wakefield/Brightwater Book Club Pauline Coy 542 3994 paulinebc@gmail.com

Wakefield Community Council Sonia Emerson 541 9005

Wakefield Indoor Bowls Club Ren Olykan 541 8275

> Wakefield Preschool Contact: 541 8086

Wakefield School PTA ptawakefield@gmail.com

Wakefield Tennis Club Ngaire Calder 541 9419

Wakefield Village Hall Rob Merilees 541 8598

St. John's Worship Centre Nigel Massey 541 8857

Waimea Plains Junior Football Club Debbie and Grant de Joux 541 8307

> Window on Wakefield Articles & Content - 541 9005 Sonia Emerson

### **CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE**

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have **specialised skills/ equipment,** and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their responsibility to be personally prepared.

You should ensure that you have your own survival kit in place, and that you are able to be fully self sufficient for at least three days.

In the event of an emergency, for urgent public messages, tune in to: More FM 94.1, Classic Hits 89.8, Fresh FM 95.4





Thanks Wakefield for supporting me to achieve the National Top Salesperson award for Tall Poppy Real Estate for 2016.



I love giving back to our fantastic community and am so proud to support the following organisations.



## Have a wonderful Christmas, and I look forward to being of service to you all in 2017.



FREE qualified advice about your home's value is only a phone call away Wendy Pearson M 021 567 722 P 541 9667 E wendy.pearson@tallpoppy.co.nz

