

WINDOW ON WAKEFIELD ONLINE EDITION BROUGHT TO YOU

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WINDOW ON WAKEFIELD

Your Local News

Big, Bright and Bouncy in the Bahamas

Article by Peter Verstappen, Roving Reporter

Issue 10 August 2013

Wakefield resident Ian Radcliffe is king of the bouncy castle. The Operations Manager for Nelson company Aflex Technology Ltd, Ian's job is every child's dream – he builds those enormous, colourful aquatic inflatables that make a trip to the swimming pool so much more exciting.

At a time when much of New Zealand's manufacturing industry is closing down or moving off-shore Aflex Technology has grown its range of pool inflatables into a flourishing export trade with all parts of the business, from design to manufacturing and marketing, retained right here in Nelson.

Ian is literally riding the crest of the wave with frequent trips to Canada and the USA to secure new clients and dream up new ideas. But six months ago Ian wondered if he had bitten off more than he could chew when one of their agencies in North America introduced him to a new client – the Cartoon Network.

Cartoon Network wanted a super-sized aquatic obstacle course featuring characters from their popular show Adventure Time. The obstacle course would be the feature summer attraction for the five star Atlantis Resort on Paradise Island in the Bahamas, a place of gently swaying palm trees, cocktails by the pool, 24/7 entertainment and eye-watering prices.

Cartoon Network hired Aflex Technology to do the job because they are one of only a couple of firms globally that have the flexibility in design and manufacturing to create massive one-off inflatable products.

And this was a massive job. Cartoon Network wanted an inflatable obstacle course that covered more than 1000 square metres of Atlantis Resort's glittering tropical lagoon, that met the highest safety standards (no room for error in America's highly litigious environment) and that could be operated by resort staff.



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Big, Bright and Bouncy in the Bahamas continued

So Ian got to work, shuffling between the client in the USA, Aflex's design and build team in Nelson and the occasional day off at home in Belgrove. To recreate the detailed features and colouring of the Adventure Time characters on 3m high inflatables Ian called in another Wakefield resident, Craig Barnes of Power Signs. Other team members designed and built a complex rig to keep the enormous structure safely anchored and balanced in the tidal lagoon.

Aflex's team worked 18 hours a day for 12 weeks to cut, shape and weld 3 tonnes of industrial pvc into an inflatable wonderland. The finished product was too big to assemble in Nelson so each piece was tested separately and the whole lot shipped to the Bahamas with confidence it would fit together – and work.

In early June Ian headed to Atlantis Resort to construct the course and train lifeguards and a maintenance team. The Adventure Time aquatic inflatable was opened on 19th June and was an immediate hit. You can see it for yourself on <http://www.aflextechnology.com/cartoonnetwork>.

According to Ian the Cartoon Network's executives are "blown away" by the quality, scale and appeal of the finished product. Their only small regret is just missing out on the world record for the largest aquatic inflatable, but already Ian is planning to expand the course next year to snap the record.

And in the meantime other clients are booking Aflex Technology's services to build more monster inflatables in Thailand, North America and beyond so Ian will continue to travel to exotic locations and make dreams come true.

Being king of the bouncy castle is a tough job but somebody's got to do it.



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News from Wakefield School

Wakefield School Library

by Saskia Guymer, Kacey McNamara and Tayla Briggs

Wakefield School and community are lucky enough to have a brilliant school library available to everyone in the Wakefield area.

This spectacular library has a total of 7500 books and is used by 529 borrowers. It is at present used by Wakefield Preschool, Plunket, Wakefield Playcentre, parents, school staff and of course the lucky Wakefield School students.

This terrific library was opened on 17 October 2003 and because of this newly built larger building, the whole community can freely get books out.

The people who run this outstanding library are Miss Campbell (teacher in charge) and Kathy and Delyth. They have organised this library extremely well. If you need to find any book Kathy and Delyth are the ones to approach, for they will sort out all book or computer problems and succeed in helping you find any book you are searching for.

New books are chosen by recommendations from teachers, students and library staff.

This year, so far, the teacher who has got the most books out is Mr Weaver and the students who got the most books out are Zoe and Nicola, both from the Whitby syndicate - well done!

The most popular books in our library are:

1. Motorcross Freestyle
2. Diary of a Wimpy kid
3. The Minpins

Our most popular authors are:

1. Geronimo Stilton
2. H I Larry who writes Zac Power books



The school library is also well used at lunch time. Students get books out, play on the computers, (mathletics, funbrain) and play board games, puzzles and chess.

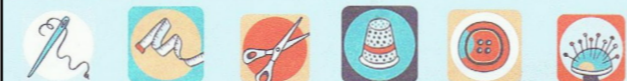
Student librarians are trained to help children find what they're looking for and issue and return books. Being a student librarian is a big senior responsibility.

There are some very interesting things coming up next term in our library. In week two we will have an exciting book week with lots of reading activities and competitions as well as a Scholastic book fair. Staff and students are looking forward to that week. Come along to our library in week two and experience some of the excitement of our book week.



Wakefield Craft Group

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 Wednesday mornings in the Village hall supper room
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 Phone Judy on 541 8342



News from Wakefield School continued

Our Museum Trip

by Dylan Elwood

I burst into the museum with the rest of Room Two. 'It's the museum day!' I said in my head. 'It's all about Roman machines and I can't wait!'

Next thing I knew we were walking through the doors and exploding into the history of Roman machinery. I saw lots of information and models.

We got put into small groups and started with a section for each group. Our group started with lots of excitement.

First I saw the Archimedes screw that was used for pumping out water from different places. You had to turn a handle to pump the water out.

Then I saw a catapult. I was suddenly interested because it was used for knocking down buildings and taking out armies.

Next it was time to visit a new section. I spotted three gladiators with helmets and weaponry. Beside one of them were a trident and a net.

Then Julie, our leader came and said we had to draw something from Roman times. I chose to draw a gladiator because it reminds me most of the Romans.

Time for a new section! My eyes stopped at the assault tower. This tower allowed armies to get very close to other armies. Then I noticed an assault ram that was used to take down enemy buildings and let other troops get through.

The museum trip was very interesting and exciting. I think what I learned most is that things have really changed so much since Roman times.



Tasman District Library Book Quiz by the winning team "The Wakefield Wizards"

Anybody driving past the Richmond branch of the Tasman District Library on Thursday June 27 would have fainted in shock at the sight. There were aliens and cowboys, Romans and Egyptians, wizards, dinosaurs, people ready for bed, and even Harry Potter himself, but this was no ordinary day! This was the day of the Tasman District Library Book Quiz for years 5-6 and there were teams from 10 schools in the Tasman district participating.

The Wakefield School team had been eagerly and frantically reading the three New Zealand Post Book Award finalist books required for the quiz. Finn, Dylan, Ronan and Connor (boys rule!) were the Wakefield team, aka the "Wakefield Wizards"!

These children had the lucky chance to be in it because they had taken a mini-quiz on the three books, at Wakefield School with six other kids, and had come first, second, third and fourth.

On the big day they went in Mary's (the coach's) car. When they arrived they got straight into things, starting with round one based on the book 'At the Beach'. By the end of the round they had seven and a half points and were coming a close second.

In the spot prizes after each round, Ronan bagged a spot prize.

The next round was round two based on 'The Millennium Tree, Taketakarau'. They had decided to double their points on this round, and it paid off! They got all of their questions right and so got 20 points! Since they had won a round, they each won a book of their choice. They were now leading by half a point!

The pressure was on so... they all stopped for muffins and juice, kindly provided by the library cafe!



The next round was on the book 'Uncle Trev and His Whistling Bull'.

A high score again this time of nine and a half points, left them still half a point ahead!

The last round was general knowledge, the one they were dreading. However, they managed to scrape away with eight points.

Before the final scores were announced, the winners of the best dressed competition were announced.

The Wakefield Wizards were extremely surprised when they won; giving them ten dollars in book vouchers each.

Finally it was time for the big announcement.

The winners, by half a point were... the Wakefield Wizards!

They drove home feeling extremely satisfied, with the promise of the glory of a trophy with their team name engraved on it, filling their heads.



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Would you like to participate in the Christmas Craft Co-operative?

I am setting up a shop to run in Wakefield from November 2013 through to March 2014 specialising in country crafts. Would you be interested in being part of this co-op?

Items that I would stock would be such things as:

* Textile Crafts including: hand block printing, quilting, patchwork, appliqué, smocking, dyeing and knitting, tassels and braids, ikat weaving, rag rugs.

* Paper Crafts including: papermaking, papermarbling, calligraphy, wood engraving, wood block printing, bookbinding, paper mache.

* Kitchen Crafts: (food items would need to be made in an approved kitchen) biscuit making, chocolate making, preserves, basketry, dried flowers, candle making, soap making.

* Decorative Crafts: walking stick dressing, gilding, carved birds, toy making, leatherwork, spongeware, stencilled tiles, stained glass, jewellery, folk art in the American style and wreaths.

The shop will be set up in the commercial building opposite Wakefield Garage (was Brown's) in Whitby Road, Wakefield.

To cover rental, power, and advertising, there would need to be a commission on sales of 20%.

Also, as a co-operative, each supplier would be required to help with looking after the shop.

The shop would be set up at the end of October, opening on Friday 1st November 2013. Shop hours would be 11am to 4.30pm, open six days, closed on Mondays.

If you would like to be involved then let me know soonest.

The look I want to go for is traditional country craft, traditionally made, handcrafted work, in natural materials.

Christmas decorations would also be fantastic as long as they are made within the guidelines of the crafts listed above.



The shop will be small and there will be no space for storage therefore if you make something to sell, keep some at home to replace stock as it sells.

For more information or to register your interest you can contact Rose Shepard:

Postal address:
337 Higgins Road
RD 1
Spring Grove
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Heart To Heart

Saying "Yes"

In my last column I wrote about the value of saying "No". It feels right to follow this up with something about saying "Yes". So here it is!

First, I wrote about saying "No" because I had just had an experience where I was offered something that was nearly what I was looking for. On the one hand it was so tempting to say "Yes" but I knew I wouldn't be happy with myself if I accepted less than what I was seeking. And in my heart of hearts I knew that if I held out and stayed in alignment with my intentions the right opportunity would eventually arise. And so it has. Yes there has been a lot of trust and patience needed in the interim but I believed, really believed, that somehow what I was seeking would turn up.

When the right opportunity did come along there wasn't really a question of having to consider the option before saying "Yes". No sitting down with a bit of paper to work out the 'pros' and 'cons' or 'benefits' and 'disadvantages'; I just knew (felt) it would work for me as a next step. And I know there will also be another next step turning up on the horizon soon; I just need to stay open up to the flow that is the river of life. As long as I stay true to my intentions those things I really want will turn up in ways I can't personally plan or control. I know this is true, surrender to the Universe and so much more powerful than anything I can muster myself. Viewing it this way, you could say that saying "Yes" is never really an absolute and we never quite know what it is we are saying "Yes" to. It's like the "Yes" is more of an invitation to more than it is a response to a question.

Some people have always operated this way but there are many of us who have routinely said "Yes" when we really wanted to say "No, when we felt we 'should' because we felt it was our duty or maybe we felt concerned about what other people might think of us. What I know now with great certainty is that when we say "Yes" or "No" because it works for us personally the outcome always ends up being right for those affected by the decision, even though they may react at first. It's more a matter of giving ourselves permission to do what is right for us. And from this perspective saying "Yes" becomes an exciting journey full of expectation of where one might be lead next. We become restored to the adventure that is life.

For more information see
www.karenwason.com

Waimea College House Song 2013

by Hope Shatford-Banks, Roving Reporter

Endless chanting followed by an eruption of noise is something you would expect at a sporting event rather than on a casual day at Waimea College... except house song is not a casual day. House song is when fellow waimea-ns unite to represent their house whether it's Cooper in red, Hilary in yellow, Rutherford in green or Sheppard dressed in blue. These four house names come from influential figures in New Zealand history. The only judgements made in this competition are on participation and how much house spirit you put in. Of course there are the other various minor standards your house has to reach.

Each house is run by two house captains, one male and one female, with various assistants who hold practices each day a week leading up to house song. The houses compete in arts, academic, cultural and sporting events to gain house points and ultimately the house shield which is presented annually. It involves all aspects of intelligence which means everyone can show off their talents and no one is excluded.

Friday the 12th of July was a day to remember for the majority of Waimea College. Cooper stepped up to the stage first; red and ready with the theme love, showing off their signs and costumes which consisted of angels, devils and cupids.

Hilary made it rain with applause when they made a creative entry swinging umbrellas in bright yellow gumboots backed up by the song "Singing in the Rain" by Gene Kelly.

Rutherford looked mean in green as they filled the stage with intimidating gangsters and Sheppard looked simply magical in their blue wizard and fairy costumes. The house captains made an enormous effort to create house songs, chants, bribes and actions which fitted in with their individual themes.

John Glacier the Drug and Alcohol Counsellor was the MC for the event and there were four judges including Principal Larry Ching.

In fourth place came Cooper followed by Hilary in third. Second place went to Rutherford which meant the overall winner was the house I'm in, Sheppard!! Personally, winning house song was the highlight of the year. There's so much unity involved in this event, even the teachers join in! You don't have to have any particular skill just the ability to try your hardest.

While still buzzing from house song, waimea-ns run straight into the school quad full of delicious food going for a cheap price. This is the second event.. foodies! Foodies showcases Asian, Chinese and German cuisine as well as various yummy treats like cupcakes, milkshakes, pies, truffles and so much more! Foodies runs all afternoon and gives everyone a chance to say goodbye to friends and make plans for the holidays on the last day of the term. House song and foodies puts everyone in a good mood ready for a well needed break.

Thank you to all the house captains for everything you have done this year, Waimea College really appreciates it.

I would like to say good job to everyone who joined in, Waimea will be looking forward to the next house competition.



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Focus Wakefield

Focus Wakefield update and plans for the coming year – get in touch and get involved

It's a year since Focus Wakefield was established to build and deliver well-being and prosperity for our whole community whilst retaining our special character. If you are new to the community or your situation has changed and now you would like to get involved, please get in touch. Being part of Focus Wakefield is not a long term heavy duty commitment – you can volunteer to help with part of a project or become a committee member, your level of involvement and responsibility is up to you.

Possibly our key achievement from 2012 is this community newsletter "Window on Wakefield". Respondents from the public meeting held in August 2012 overwhelmingly requested the means to share village information on a regular basis. One of our priorities is to continue to publish the newsletter each month. Everyone is entitled and encouraged to contribute, so please get in touch if you would like to get involved. You can contribute one article for one edition or write each month, but the newsletter is richer when more people contribute, so what are you waiting for?

We also want residents and visitors to have quick, easy access to information on Wakefield, and to provide electronic updates. Editions of "Window on Wakefield" can be downloaded on the Wakefield Print website. We plan to establish a Wakefield community website that will also share this feature, along with local information, photos and community notices. The Focus Wakefield Facebook page is another of our achievements, please have a look and let us know if you like it. You will see there are already people sharing community photos and notices. If you would like to get involved in the community website or Focus Wakefield Facebook page please let us know. We are particularly keen for younger members of our community to contribute in the digital arena.

The cycle trail continues to take a lot of our time. We're working with Nelson Tasman Cycle Trail Trust to complete the final leg of the route to the village, from Higgins Road and along Edward Street. When this is completed we plan to hold an event for residents, visitors, cyclists and officials to officially celebrate the opening. When the project gets closer to completion we will be actively seeking volunteers to help make the celebration a success.

Associated with the cycle trail, we have a dedicated group of people running a project to beautify two specific areas of the village. On Edward Street we will highlight the site of the original school and on the Village Green we plan to provide facilities for cyclists. These projects are underway now, so please get in touch if you would like to get involved.

There are several longer term projects that are also being considered. We plan to start work extending the BMX track to create a Wakefield Wheelie Park for scooters and skaters and their families. This exciting project is in early stages of development, and anyone who would like to help is once again encouraged to get in touch and get involved.

We are keen to establish an annual event for our community and visitors that will become a showcase for Wakefield and also provide opportunities for community groups to raise funds. Another suggestion is to establish a seasonal calendar of smaller events that enable members of the community to socialise together. Again, if you would like to see these ideas grow, please get in touch and share your ideas and experience.

Community involvement with Tasman District Council is another element of our work. We will be coordinating the community's input to TDC's Strategic Review of Wakefield. The strategic review determines how Wakefield will look, feel and develop over the next decade or so, and obviously our engagement and involvement is vital in that process. The ideas and suggestions the whole community make will be actively sought for the review.

If TDC decide to review indoor facilities in Wakefield (a needs analysis) this year, Focus Wakefield will coordinate and contribute to the analysis. Many people in our community believe we need a community centre/complex that better meets our needs, so this analysis will be really important. The existing Village Hall has been identified as an earthquake risk, and although it is ok to be used at present, initial findings were not good. A more detailed analysis is necessary, and is scheduled to be conducted this August. The needs analysis and the earthquake assessment of the existing hall are two separate reviews but obviously if our community needs a hall and our existing hall is unsafe it may be that funds must be raised for a new community centre/complex.

If you are interested in contributing to any of these projects or activities, or you want to be a part of Focus Wakefield, please call Diane on 541 9725.

Please get in touch and get involved!

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Brightwater and Wakefield Flood Modelling

The Council is currently waiting on the results of a flood modelling project for part of the Wai-iti and Wairoa river flood plains that include the Brightwater and Wakefield townships. These rivers converge just north of Brightwater and have a history of flooding. The flood modelling has been commissioned by the Council to better understand the flood hazard. Amongst other benefits this will help with Strategic Planning projects that the Council has commenced in Brightwater and Wakefield. The Strategic Planning will among other things, review the current zoning and consider any new areas that might be suitable for development, or not, as the case may be.

Flooding is a hazard that may affect future development and in some circumstances, existing developed areas. So it is one of the key factors to consider when deciding where new development may occur.

What is Flood Modelling?

A flood model is currently being developed by modelling experts to simulate flood events within the model area. It is a computer simulation of the land form and models simulated flood flows from the rivers and tributaries entering the model area. It is particularly useful for understanding the likely impacts of large flood events that have a low probability of occurring, but potentially significant consequences when they do – often these types of flood events may not have happened since settlement areas were developed. Flood modelling helps predict how water might flow in a future flood event. The flood model can show where floodwaters may breakout of the river channels, and where such flood waters are likely to go.

Why do we do Flood Modelling?

The Council undertakes flood modelling to get a better understanding of the flood hazard. This information is used in areas such as:

Civil defence emergency management planning, including defining what the hazard is and who it might affect, so that communities can be prepared. Including such things as identifying likely road closures and evacuation requirements for extreme events;

Council asset management planning, which helps determine where review of assets may be required to achieve the desired level of service (capacity) for flood management;

Future development planning, which ensures development is directed away from areas of significant risk, or in some locations may require higher floor levels to ensure water does not enter dwellings.

What happens next?

The flood modelling results will be considered by Council staff and presented to the Councillors. After that we will hold information sessions for the local communities of Brightwater and Wakefield. Following this, there may be some options to consider as part of the Strategic Planning projects. These may relate to priorities for expenditure in the Annual Plan process. The model results are likely to confirm some areas as good areas for future development, and show the extent of flood hazard risk in other areas. We can continue with our Strategic Planning process with a much better information base.

Information Sessions

The Council will advise you when these information sessions are to be held and can answer your questions at that time. It will be sometime later in the year.

In the meantime your contacts are:

For the Brightwater Strategic Planning Project – Rose Biss 03 543 8421 and
For the Wakefield Strategic Planning Project – Shelagh Noble 03 543 7229

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Getting Your Business Online

by Gary Nickless

Hello and welcome to my first article for Window on Wakefield.

My name is Gary Nickless and I currently live in Sydney, Australia, but am a born and bred Wakefield boy. I now own and run a number of online businesses and internet marketing is my passion and my world.

With my parents and family still living in and around Wakefield, I come home as often as I can (not as often as I would like with three small kids and businesses to run). What I'm always impressed about when I come home is the amazing businesses, products, arts and crafts and people out there giving things a go, following their passions and dreams.

What I'm hoping to do with this series of articles over the next few months is to give those of you who run businesses around the Wakefield area, a helping hand with getting your business or hobby online and people finding out about what you do.

On my trips home I see some amazing businesses and opportunities, but the major issue I see is in the marketing of your business so that people can actually find you, review your offerings and buy something that you're trying to sell.

The internet has revolutionised the way people search for products and services, and now the next wave of this tech revolution is upon us with things like smart phones and tablets, such as the iPad dominating our lives.

Google, Facebook and Apple are probably the three biggest companies that are spearheading this new technology based world that we now live in, so their devices and online properties will be what I will be focusing on the most.

The areas that I'm going to cover over the next few months are,

- Google Places (these are the maps listings)
- Google Plus (Google's social network for people and businesses)
- Google Authorship (the little photo that shows up beside a website listing)
- Google Adwords (paid advertising on Google)
- YouTube (the amazing world of video and the huge benefits to those that use it)
- Facebook (how to leverage free and paid opportunities)
- Website platforms for business and ecommerce



So where to start?

With Google having such a big hold over search in most countries including NZ, I think this is where we should start.

Get Your Google House in Order

To get the ball rolling with Google and all the products and services that they offer, you need to have a Google ID. Before you jump in and get a Google account in your own name, you may want to think about your business from the angle of selling your business in the future.

What we do for our websites and some of our clients are that we create a "persona" (made up person) that is attached to the business, so that if we ever do sell it down the track we can just handover the login details to the new owner and they are all set to go. Obviously if the business is all about you and your name this may not be possible but I just wanted to point this option out to you.

Action Steps

So your action steps for this month are,

1. Register for a Google ID by creating a Gmail account (either in your name or create a persona)

If you want bonus points this month you could also go and setup a Facebook account using the email address that you just created. (If you are using a persona for your business you can get a nice picture for your account at www.istockphoto.com or www.shutterstock.com. We recommend buying an image so that you don't get sued by a big photo website in the future)

Next month I will cover Google Places. You don't even need a website to use this free service!

See you next month.

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While Away the Winter Daze with Workshops at TopHouse.

August Events:
Check out the website www.tophouse.co.nz/events for info on
Cake Decorating Workshop (Thurs 8 Aug & Fri. 23 Aug), **Wine Tasting** (Mon. 26 August), **Pasta Making** (Thurs 29 Aug) & **How to make your writing Sing** (Mon 19 Aug).
All workshops take place during the day.
More info on the website, incl times and costs.
Or phone 03-521-1848. Reservations required.

September Event:
Somethings brewing at TopHouse. Keep your eyes and ears open.
More info to follow.

The Way We Were

Edward Baigent - Man of Many Mills

The mill which Edward Baigent built at Ryversdale at the entrance to Pigeon Valley in 1855 was not the first he had built in the Wakefield area, nor was it to be the last. He had begun his life in the new colony with his wife and five children on a property in Brook Street after a journey on the Clifford of 151 days.

As a sawyer, he had come well prepared with two pit saws, six circular saws, a circular spindle and files and tools of all kinds. What he needed was good millable timber and this he found at Wakefield. A deal was done with Capt Wilson, the owner of the land and he quickly took possession with the aid of his friend and associate, David Clark. He describes what happened next in his memoirs

"...our first object was to build a whare, next to dig a pit and saw boards for our houses, one for Clark of weather-boards with a board roof, and a small one for myself of cob of two rooms loft square with a boarded roof. This done, we had to see about a mill-lead and dam. By making a dam-head and sinking a water-course I found I could bring the water from the Eighty-eight Valley stream by means of a lead for about two chains with plank sides to guard against floods. My next work was to build a water wheel and fix my circular saw to the best of my judgement. When complete, I found my wheel was far too small, not being powerful enough to drive the saw at more than half the speed, but still I could cut a good deal by sinking a pit and breaking down the logs by hand."

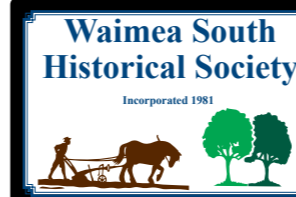
He persevered, obtaining work on the roads for the NZ Company and bringing his wife and children from Nelson. The work he says "...was a boon which I did not expect, and it furnished us with our rations and monthly wages.... Many a night did I work till twelve o'clock at the mill and were soon tolerably settled in our little home, with every prospect before us of getting a road to Nelson by the time I was ready to cut timber for town." With the failure of the New Zealand Company in 1844, the settlers fell on hard times. They had no means of converting their corn into meal except by grinding it in a coffee mill so Edward put to good use the small water wheel he had made first. He converted a small hand flour mill, bought from Mr Kerr, and rigged it up to connect with the little water wheel. He was able by this means to grind a bushel an hour. Barley, wheat and corn could all be ground and so bread or bannocks could be produced in useful quantities.

The need for an ever more powerful sawmill was always present so he resolved "...to build a larger and more powerful wheel with a long shaft having a 7ft spur wheel at each end, one for the two vertical and the other for the circular saw. I had also a great deal of labour in making the lead deeper and wider, which took me about two years to complete, but when done it answered my purpose for many years." By 1846 he was in the position to supply the timber for a great deal of building activity occurring in the district. There was St Johns at Wakefield to cater for as well as extensions and additions to the school. In 1850 he was employing 8 men 6 days a week, 10 hours a day. His timber mill worked by day and the flour mill at night. He provided the timber for the first Nelson Cathedral, opened by Bishop Selwyn on Christmas day 1851.

His younger brother Isaac, a skilled carpenter, arrived with his wife and children in 1853 and joined Edward in Wakefield. When writing to the folks back home he addressed his letter "Wyndlesham Mills", presumably in reference to the chief activity being carried out there, although Edward had built "a good, substantial house" named Gleniti on the site of the present Gleniti house in Clifford Road. Edward's land extended from the Ryversdale property and mill south to the Jimmy Lee river, and included the Wakefield domain and Baigent Memorial Park.

It was in 1855 that the large flour mill which we see today next door to Ryversdale was built, powered by a 300 yard lead from the Wai-iti. In 1867 the first steam powered mill was built further up Pigeon Valley at a cost of 800 pounds and employed 8 men. The Ryversdale mill was still running using an 8 horsepower water mill with 4 men.

Edward had achieved much in 25 years since he and his friend Clark had discovered in Wakefield "... everything suitable for my purpose" and even greater things were to follow. The business expanded to Nelson and further afield until the Baigent name became synonymous with timber production and one of the chief industries of the province. 158 years later, the mill at Ryversdale still stands as a reminder of Edward's achievements.



Explore the past with us
www.waisouth.wordpress.com

Acknowledgements:
Edward Baigent's Manuscript, Dec 1891
Stringer, Marion: Just Another Row of Spuds, 1999
Waimea South Historical Society: From River to Range 1991
Nelson Provincial Museum for photographs of Edward and Mary Anne Baigent



The editing team of Window on Wakefield would like to sincerely apologise for parts of the Wantwood article printed in the July 2013 edition that were factually incorrect. Specifically, with regards to the named purchasers of the property. Please see below a correction.

Correction re WANTWOOD

Wantwood has been purchased by Simon Vincent and Claire Parkes. It will be amalgamated with their current and neighbouring smaller property 'Castledowns' in Church Valley to bring the combined land farmed to 867ha. Ownership has now changed hands, and the Shuttleworths will shortly move to their new home in Nelson. Contrary to what was written in the July issue, Punawai is a separate farm owned and run by Claire's brother Ian Parkes and his family.

Simon and Claire are grateful for the opportunity to be able to purchase such a property. They have employed Thomas Curnow to join Justin Carlton to manage their farms and look forward to the challenge to reinstate Wantwood back to a highly productive farm. They will expand their current deer farm on Wantwood in conjunction with sheep and beef. Also they would be interested in preserving the history of the place so would be grateful for information relating to Wantwood.

Congratulations & Commiserations

CONGRATULATIONS ELOISE & MARK

Baby Joshua Thomas Fry arrived safely on Sunday 14 July at 8:17am weighing 7lb 9oz

What an exciting time for everyone – we look forward to the daily reports. (Photo – Joshua 2 days old – already sitting in the doctor chair!)



WINNERS OF \$20 PHONE TOP UP VOUCHERS

Focus Wakefield have spent some months gathering feedback from Wakefield youth about what they like about Wakefield, what they don't like, and what they would like to see. This has provided some very interesting information for us which will be used when looking at future projects. As a result of this, we had five \$20 phone top up vouchers to give out, courtesy of the Wakefield Community Council. We can now announce that the winners of these vouchers are:

- Amy Rose Berthelsen
- Blair Eggers
- Rebekah Irving
- Dean Hahn
- Mitch Wilkin

All winners will be contacted directly. Thanks once again to all the young people of Wakefield who contributed to the survey, we really appreciate you taking the time to do so.

WAKEFIELD QUARRY

Pig Valley, 6km from Wakefield



FOR: Basecourse 70mm
Topcourse 40mm
Topcourse 20mm
Drainage metal 40mm
Landscape Rock
Lime

Truck Available

Limeworks
Tony Dick
Philip Dick

541 9093
541 8392 a/h
541 8666 a/h



OPEN:
MON - FRI 7am - 5pm
No longer open Saturdays

Health & Wellbeing

OSTEOARTHRITIS AND EXERCISE

Osteoarthritis (OA) is the most common type of arthritis. It is a degenerative disease affecting the cartilage found in the joints of our hands and the weight-bearing joints of our body (e.g. spine, hips and knees).

In a non-arthritic joint the bony surfaces are covered in cartilage which is hard, shiny and smooth. This cartilage allows the bones to glide over each other. It also helps to absorb the shock that goes through our joints when we move.

In an OA joint the cartilage is no longer smooth; it breaks down and wears away allowing the bones to rub against each other. This causes pain, swelling and consequently a loss of range of motion. Additional pain and loss of range of motion can be caused by bony spurs that form at the edges of the bones (caused osteophytes). These spurs intrude into the joint and may restrict the joint movement.

The benefits of exercise

The idea of doing exercise when you have sore joints may not sound very appealing but exercise is one of the tools used to self-manage OA. An individualised exercise program by a physiotherapist will:

- ✓ **Educate** you on the best form of exercise for you and your stage of OA
- ✓ **Increase** your fitness and your energy levels
- ✓ **Improve** your mood so you will feel good about yourself
- ✓ **Improve** your flexibility and reduce stiffness resulting in reduced pain
- ✓ **Strengthen** your muscles to provide more support for your joints and help reduce your pain

There are three different types of exercise you can do to reduce the effects of OA:

1. **Aerobic exercise** gets your heart pumping and improves your lung function so you become fitter. Some examples of aerobic exercise are biking, walking, dancing, swimming or aqua-jogging and mowing the lawns.

TIPS:

- Your exercise does not need to be done in one hit, spread it out throughout the day and aim for at least 30 minutes plus a day
- Set yourself small goals to start with especially if you have not exercised in a while
- Do things like parking further from a shop and walking or take the stairs instead of a lift

2. **Strengthening exercises** help to improve the strength and stability of our joints as they target the specific muscles that act on or around the joint. A simple exercise to try and improve your knee function is to:

- Sit in a chair with your knees bent and a light weight attached to your ankle
- Straighten your leg and return to the start position
- Do this exercise slowly and in a controlled manner
- Aim to do two sets of 10-12 lifts with a break in between

3. **Stretching exercises** improve your range of motion by keeping your muscles flexible. Tight muscles can lead to stiffness and reduce your range of motion increasing your OA pain.

TIPS:

- You may feel some discomfort when stretching, but not pain. If you feel pain then you need to reduce the stretch or stop it all together
- Hold the stretch for approximately 15 -20 seconds

OA FACTS

There are over 140 different types of arthritis.

OA is more common in people over 40 years, but can occur at any age.

Half of the people over 60yrs will have OA, and most of the over 80's will have it.

OA is the 4th major cause of health problems in women worldwide and 8th in men.

If you think you have arthritis then please seek the advice of your doctor.

If you want to take control and receive advice on how to manage your OA through exercise, then come and see me and together we will work out an individualised plan for you.

The Physiotherapy NZ website has a useful booklet 'Arthritis – exercises to keep you moving' that you can download. It contains advice and some simple exercises to get you started.

<http://physiotherapy.org.nz/your-health/how-physio-can-help/arthritis/>

Kate West
Physiotherapist
Wakefield Physio



Kate West BPhy
Mary Caldwell Cred MDT

Accident & Sports Injuries All Sprains & Strains
Neck & Back Pain Pre/ Post Surgical Rehab

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03 541 8911

WAKEFIELD HEALTH CENTRE 12 Edward Street, Wakefield
info@physiowakefield.co.nz



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MNZAC Counsellor
ACC & WINZ approved

Professional & Effective
help with:

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- Relationship issues
- Stress & Anxiety
- Trauma & Abuse
- Grief & Loss
- Personal Growth

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Cell 027 541 8451 cell
kmsimmons@extra.co.nz

**Window
on
Wakefield**
available in full colour
at
www.wakefieldprint.co.nz

Wakefield Health Centre

Repeat Prescriptions:

• Patients requiring repeat prescriptions on the same day they are ordered will be charged \$20 instead of the usual \$15 fee.

• Patients are required to see their doctor every six months if on regular medication.

• Occasionally the doctor will want to see their patient every time they request a repeat prescription.

• Patients on the Careplus programme are requested to have a doctor's appointment when prescriptions are due ie three monthly.

We ask for at least **48 hours notice** to arrange repeat prescriptions.

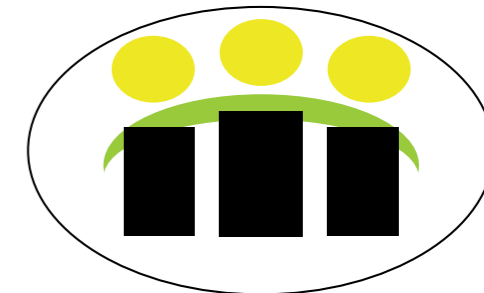
This will allow for

- GP to check patient records
- GP certify and sign prescription
- Prescription sent to appropriate pharmacy
- Pharmacy time to dispense prescription and have ready for collection or sending.

Urgent Medical condition:

If you feel you have an urgent medical problem (but do not require an ambulance), please make this known when you phone for an appointment.

You can then be phone triaged by one of our Practice Nurses and appropriate attention arranged.



Wakefield Health Centre

Surgery hours:

Monday to Friday 8am – 5:30pm

Wednesday 8am – 7pm

New Enrolments Welcome

Phone 541 8911
12 Edward St Wakefield

On The Beat

Hi Everyone

Winter is certainly here and with the recent snow and colder nights it is causing a major concern with ice on the roads. Ice grit has been placed on the road to prevent ice forming and to make it safer for everyone, but still you need to drive to the conditions. I had to attend a crash at St Arnaud where the driver was going too fast on a gritted surface and lost control. When you see the damage to the car you wonder how they survived.

On a good note, over all we have noticed a reduction in the number of motor vehicle crashes that we have had to attend this year, and we have had some pretty harsh conditions to deal with on the roads this year too. It is a good result so keep it up.

There are still a lot of road works happening around recently, and the road crews have asked us to keep an eye on these areas. Be courteous to the stop go people, they are there for your safety, and just because you go past them you still need to observe the speed limit.

The other matter for your attention is the recent increase in "boy racer" activity in the area. There appears to be a small group who are continually doing burnouts on our streets and main roads. The main areas that are being affected are Wakefield, the Rai Saddle, Hope Saddle and Spooners Hill.

If you know any other areas that are of concern could you please let us know, or if you know the vehicles or people involved then also let us know as well.

We have a great community spirit in this area so let's keep it going, so keep the information coming to us.

Cheers
S/Const Marty Tutton
Wakefield



Chateau Rhubarbe CAFE - BAR - PIZZERIA

Amanda Ledger

"Opening Lines"

Art Exhibition Opening Night

Tuesday 20th August 5 - 7pm

All Welcome – Come along and view Amanda's Art at the

Chateau Rhubarbe with free nibbles on opening night

6 Edward St, Wakefield, Phone 541 8747

Wakefield Volunteer Fire Brigade Report

Below is some information released following the recent earthquakes near Seddon. This is a timely reminder that these shakes can happen anywhere or any time.

Seddon Earthquakes: YOU Need to Think Ahead

Please take the time to work through the advice below with your family, discuss it, and implement the steps recommended. This information is compiled by the Nelson Tasman Emergency Management Office. You can reach us at emergencymanagement@ncc.govt.nz or on 546-9500 if you have any questions.

During an earthquake

- If you are inside a building, move no more than a few steps, drop, cover and hold. Stay indoors till the shaking stops and you are sure it is safe to exit. In most buildings in New Zealand you are safer if you stay where you are until the shaking stops.
- If you are in a lift, drop, cover and hold. When the shaking stops, try and get out at the nearest floor if you can safely do so.
- If you are outdoors when the shaking starts, move no more than a few steps away from buildings, trees, streetlights, and power lines, then drop, cover and hold.
- If you are at the beach or near the coast, drop, cover and hold. Get to high ground or go inland if the earthquake is strong (hard to stand up) or long (lasts a minute or more).
- If you are driving, pull over to a clear location, stop and stay there with your seatbelt fastened until the shaking stops. Once the shaking stops, proceed with caution and avoid bridges or ramps that might have been damaged.
- If you are in a mountainous area or near unstable slopes or cliffs, be alert for falling debris or landslides.

After the earthquake, check on your neighbours and other vulnerable people such as the elderly and disabled. Prepare for aftershocks.

Being prepared at home and at work

Being prepared means having a three day kit at home (there is a link below that will take you to more information). But your emergency kit is not enough. Below are just a few other things you can do to help you feel better prepared at home and work.

First, is your house up to scratch? Will it collapse under stress? Second, secure objects in homes and workplaces that will fly around in an earthquake. Especially televisions, bookshelves and hot water cylinders. Remember, "Fix Fasten Forget". The EQC website provides some handy hints <http://www.eqc.govt.nz/quakesafeyourhome.aspx>

Check your workspace or home office. Do you have equipment or files on shelves that may fall on you during an earthquake? What is the condition of the roof above you (eg tiles)? Do you know the way out of your workplace or home in the dark. It may be time now to write or update your escape plan.

See <http://www.getthru.govt.nz/web/GetThru.nsf/web/BOWN-7H37SG? OpenDocument> for more information.

Most people know all about what's happening on TV or Facebook, but know little about local hazards. For example most people think earthquakes kill people. Actually they don't – unsafe buildings kill. Earthquakes strike when we are least expecting them – anytime.

Build a community

One of the strongest indicators of earthquake preparedness is involvement in the community, for example clubs, social organisations, Neighbourhood Support Groups. When we strengthen our community, a bonus spin-off is greater preparedness and self confidence. We have only to look at Christchurch to see that amidst the devastation, there is community and hope.

For more information www.getthru.govt.nz

Nelson Tasman Emergency Management Office
July 2013

Call	Date	Time	
88	26-Jun	02:09	Bark fire, Ecopine Eves Valley
89	27-Jun	22:24	Medical Assist
90	30-Jun	05:49	Motor vehicle crash, St Arnaud-Kawatiri Road, appliances from Wakefield were turned back e-route as there was no person trapped and the local Roto-iti Rural crew had the incident in hand
91	2-Jul	15:13	Motor vehicle crash, Motueka Valley
92	11-Jul	11:35	Rubbish fire under the Pigeon Valley Bridge
93	12-Jul	12:36	Structure fire, Brightwater. A fire in a shed behind Brightwater Motors that spread to the house next door, quick work by crews from Brightwater, Wakefield and Richmond managed to save the house
94	13-Jul	13:02	Medical Assist

There is a group of young people that are believed to be responsible for the fire under the bridge. Although this seems harmless, parents you need to be aware that you could be held responsible for the financial loss to any property should these 'small fires' spread. The recent court case involving the property owners who were held accountable for over \$1 million dollars from a fire should serve as a warning. Parents, please take responsibility and educate your children about the consequences involved in their actions. Some direction now could save some heartache and embarrassment later. They are good kids that just need pointing in the right direction.

Until next month, take care, keep warm and be safe
Simon Ladley
CFO WV FB

Wakefield Playcentre

What's been happening in July... making volcanoes in the sandpit, building cars in the woodwork area, baking and decorating gingerbread men, walking up to the lookout for morning tea, getting our hands messy playing with goop and a school visit for the four year olds.



Wakefield Playcentre 16 Treeton Place, Wakefield ph 541 8866

AllFit Fit Tips

What does your body run on?

SO we all know that we should try and eat healthy, make good food choices, stop drinking coffee and eat less sugar... but how many of us actually know why we need to make dietary changes and how the food we eat effects our body. The world of nutrition is vast and I shall not even attempt to cover it all in one small article, so I thought I would give you some pointers in the right direction.

The first thing to think about is how do I want to tackle this? You can either bee-line your health goals, head straight for the target and make all the changes in one go, or you can meander towards the healthier way of living by making small changes as you go. What option you take is up to you and will depend on your personality and what works for you.

The human body is a hugely complex structure. The thing to remember is that NOTHING works in isolation. There will be a knock on affect within all areas of the body. So when it comes to nutrition, what you eat and drink will affect every cell in your body and how well it works. With this in mind it makes sense to try and put in the best stuff you can. To use a car analogy: Your car will run much better with 96 High Octane Fuel than if you fill it with 2 stroke! Your body is the same. So what makes up quality food? The primary thing to consider is how fresh is it and how much has it been processed? Don't buy into sugar and fat free advertising, it's a load of rubbish! If you are eating good quality nutritious food, calories are irrelevant. When a food is processed it will start to lose the good qualities it has such as vitamins, minerals etc. These are the things your body needs to function. The same can be said for cooking. Heat destroys the vitamins in food. Now there are some people out there that bestow the virtues in RAW FOOD, and for those of you that can do it..... hats off to you! The theory behind raw food is that all the wonderful nutrients remain in the food and are therefore available for your body to use. For me personally it is too hard to do 100%, especially in winter to have RAW all the time, so just keep it in the back of your mind and try and incorporate it in to your food as much as possible. Again here you need to consider how hard line you want to be.

Another very important organ in your body is the liver. This is a vitally important organ that helps to process all the 'toxins' that run through your body. However it can only do so much. In a normal healthy liver, it copes well with the everyday demand, but when it gets over loaded as with any production queue, things start to build up, get missed and eventually go horribly wrong. So what can over load it? Well coffee, alcohol, medication, sugar, etc. (Noooooooo I hear you scream not the coffee!!!!!!). Again I urge you to consider your path. If you are going hard line, then yes the coffee. But if you are working at it, try reducing your coffee / wine intake until you maybe just enjoy one really good cup a week. Medication is a hard one, and it can mean you have to compromise on other things to try and decrease the load on your liver. Talk to your GP about other options that may be available to you or look at ways to reduce the liver load through reduction in coffee / wine etc.

Basically the less processed and the better the quality and freshness of the food that you consume the less load and stress will be put on your bodies system, leaving it free to deal with other issues you may face, such as dealing with a cold or work stresses. This is also true for weight loss. If your body doesn't have to deal with mass toxins then it can better cope with breaking down fat stores to use as energy, all good for reducing the 'wobbly bits'.

Your body will also crave less food if you are giving it the nutrients it is asking for. If your body tells you it's hungry and you feed it a high sugar snack, then you may feel full for a short while and have a brief period of energy, but in a short while your body will ask for more food because it still hasn't got what it needed. So over all you consume more useless calories. If however you eat a nutritious snack of for example raw unsalted nuts you will have given your body some vital nutrients and feel more satiated for longer. A win win on all fronts.



I know I have barely scratched the surface on this subject but if I have wetted your appetite for more information then check out some of the websites below or of course you can contact me directly for help with your own situation.



ALLFIT
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167 Whitby Rd, Wakefield Ph 541 8585 / 027 464 0154
Email warrenandlucy@xtra.co.nz Facebook / allfitnelson

<http://www.drlibby.com/> (Dr Libby has written some great books on how the body works, they are mainly written for women but a lot of the information is still relevant for the guys, so get reading chaps!)

<http://www.therealfoodchef.com/>

<http://www.freoholisticnutrition.com/recipes.html>

<http://www.naturalnutrition.co.za/recipes/>

There are many more recipe websites if you run a google search. Nelson is a little difficult to source some of the ingredients but it's getting better all the time. So which ever route you choose to take, start thinking of your body as a racing machine / temple/ whatever you choose, and focus on only giving it the best ingredients to work with.

BMG Mini for Nelson Cancer *by Bob Croy*

Our little car is now moving along at a pretty fast pace at the moment. Having received it back after having a wonderful job done by Mortimer's Upholstery we have spent time refitting the doors and getting all of the new rubbers and fittings around the car boot and doors. The windows are all fitted and look great. Smith and Smith have fitted the front and rear screens and very generously have supplied us with a brand new front windscreen. We got the engine going last week and we are very pleased to be able to say that it goes and sounds very well.

We now have the funds to register the BMG Mini and trailer thanks to the Wakefield Medical Centre and Wakefield Pharmacy respectively. The car and trailer are also now fully insured, thanks to Stuart and Jacqui Hore at the Wakefield Four Square. When we are finished here the BMG Mini will go back to Tony and his team at Sun City Panel and Paint for it's last touch up and a big polish, then it will be ready for the road and a Warrant of Fitness. Once again I thank all of our sponsors and my band of helpers. Without them all we would not be doing this project.

I am about to apply to Internal Affairs for a licence to run a raffle. This is not as easy as one might think but with some help from Pitt and Moore Solicitors I am sure we won't have too much of a problem.

I have put a lot of work in recently for the raffle prizes as I felt that the BMG Mini on it's own wasn't enough and I am very pleased to announce that The Richmond House of Travel has donated us a second prize of a trip for two to Sydney. For a third prize Awaroa Lodge has gifted us two nights accommodation in their executive suite and the Hanmer Pools has donated us one night in a four star accommodation hotel and use of the pools and spa plus a half hour massage for two people - they call it a Pamper Pack.

By this time next month I hope that we can say that everything is in hand and that the Mini is complete.



Video Ezy Relocation

Paul and Catalina have done their best to keep the business in Wakefield, but from September 1st they will be trading next to HQ café in Brightwater. Moving to Brightwater is a commercial decision. They hoped to offer an additional range of new services from their proposed relocation to the old Post Office on Edward Street, but after a change of heart from the owner of the premises, they finally accepted that moving to Brightwater was their only viable option.

"Our licence is from Hope to Murchison so it makes sense to capture the Brightwater market. I will empty the Wakefield drop box daily so Wakefield residents can collect movies on their way home from our new bigger store and then leave them in the Wakefield drop box after they're done." says Paul.

Along with a new adult section, the new premises allow them to offer a wider range of both movies and games. Stock is being sold off in Wakefield to make space and raise funds for the new store, so drop in any day in August and get a \$5 bargain.

You can make the most of their new range with half price Tuesdays across all 5000 titles and their ever popular 5 for \$15 deal, hiring two new releases and three recent releases for six days.

So whilst Paul and Catalina want to thank Wakefield residents for their patronage so far, they are looking forward to welcoming them to their new store, and they are hoping the move sees them offering excellent entertainment for many more evenings to come.



Town and Country Talk

Over winter we see three types of poisoning more regularly than others....

Rat bait – in winter, rats and mice tend to seek warmth inside buildings which prompts people to start laying rat bait. It is important to use a proper bait station which is pet-proof or place baits where pets can't get into eg the roof space. It is also important to secure the storage place - often pets are poisoned when they find the rat bait which has fallen off the shelf in the garage!

Rat bait causes haemorrhage and symptoms vary depending on where the bleeding is occurring. There may be blood in urine, faeces or saliva. Sometimes there will be coughing or rapid breathing due to haemorrhage in the lungs. Or animals can just be lethargic.

If you suspect your pet has just eaten rat bait, we need to make it vomit ASAP. This is followed by a blood test to check treatment has worked. If not treated early, your pet is more likely to need long courses of antidote medication, hospitalisation and sometimes a blood transfusion.

Anti-freeze – usually dripping from a leaky radiator. Anti-freeze is sweet-tasting so cats and dogs like it. Exposure will cause acute kidney failure. If diagnosed early, intravenous fluids and intensive care can save some cases but it is often fatal.

Slug bait – causes seizures and death rapidly in cats and dogs. Again if diagnosed early, treatment with intravenous fluids, enemas, sedatives and intensive care can save some cases. Some slug baits contain pet-repellent but this won't stop a determined pet! There are some pet-safe slug baits available.

There are many other poisonous substances for dogs including chocolate, large amounts of grapes, accidental ingestion of pet or human medications, lead and some plants. It is generally a lot easier to **prevent access** to toxins than it is to treat them once they are inside your pet!

It is a potentially fun/crazy/tiring time of year for our **large animal** owners with the start of lambing and calving. It can be fun and relatively easy when the weather is great, there's plenty of feed, babies pop out and their mums look after them. However it can all go badly wrong if weather conditions are poor or feed supplies are low. When nutritional requirements aren't met, we start seeing **metabolic disease**.

This is a HUGE subject which can't be covered in half a page but here are the very basics:



Shearing heavily pregnant **ewes** or holding them overnight for crutching, or other disease which reduces food intake can all bring on sleepy sickness and milk fever. Ewes with **milk fever** will initially stagger around then sit with their head to the side before going into a coma within a day. Ewes with **sleepy sickness** are usually heavily pregnant with twins or triplets. They show similar symptoms to milk fever but can also be twitchy, froth at the mouth and appear to be blind before going into a coma over a few days.

Both diseases can be fatal if not treated soon enough with metabolic solutions usually containing a combination of glucose, calcium, magnesium and phosphorus.

Cows can also suffer from metabolic disease during pregnancy and lactation, and is generally due to their massive nutrition requirements while carrying or feeding a calf, or being milked.

Milk fever occurs when blood calcium is low. **Grass staggers** occurs when blood magnesium is low.

Ketosis occurs when there is a negative energy balance ie not enough food to maintain the cow and calf or milking.

Again all these diseases can be fatal if not treated soon enough with metabolic solutions that correct the deficiencies. And it is important to take a look at the rest of the herd's nutrition as they are very possibly deficient too.

By Brenda Halliwell



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A Matter of Accounts

HOW DO I REGISTER AND WHAT DO I DO NEXT?

In order to register for GST, you need to know what structure you are going to use, and then ensure that you have an IRD number for the applicable structure. This might mean that you need to apply to the IRD for a number if you have just set up a company or partnership. The IRD have application forms on their website for applying for an IRD number, and also for registering for GST.

To be able to complete the application form, you will need to think about the following things:

Your Business Industry Classification code - you need to search this on the ACC's website www.businessdescription.co.nz. This tells ACC what type of business you are in, and enables them to create an ACC invoice applicable to your business type in due course.

The Accounting Basis - there are three options;

- 1. Payments** - The payments basis is only available if your annual turnover is under \$2 million. When using the payments basis, you account for GST in the taxable period in which you actually make or receive the payment. This basis is suitable for small businesses as it more closely aligns the GST to be paid/refunded to the IRD with the cashflow of the business. A cashbook can provide a sufficient method of recording transactions, and there is less need for a "financial system".
- 2. Invoice** - When using the invoice basis, you claim GST when you receive or issue an invoice, or receive and make a payment, whichever comes first. This therefore may not align with the actual cash in/out of the business. At the end of each period, you need to be able to identify invoices you have raised but have not yet been paid for, and bills that you have received but not yet paid, in order to account for these items as well. A computerised accounting system can come in handy for this purpose, but is not compulsory as there are other ways to track these items.
- 3. Hybrid** - You claim GST on your expenses using the payments basis and account for GST on your income using the invoice basis.

A Taxable Period - there are three choices of taxable periods:

- 1. Monthly** - If your taxable supplies in a 12 month period are more than \$24m, you must use this period. You may also choose to file GST returns every month if you expect to receive regular GST refunds, eg as an exporter, or find it easier to work out your GST for a shorter period.
- 2. Two Monthly** - This is the standard taxable period and there are two different filing frequencies ie the two month period ending on the last day of Jan, Mar, May etc, or the two month period ending on the last day of Feb, Apr, Jun etc.
- 3. Six Monthly** - only available for small businesses and you can select the months in which the taxable periods end. If your turnover is greater than \$500,000, the IRD may allow you to stay on a six monthly basis in certain circumstances.



Obviously every business is different but upon discussion with clients, the combination that I would recommend the most frequently would be Two Monthly Payments basis. This is because it aligns most closely with the cashflow of the business. The reason I generally don't recommend the six monthly frequency is that if there is GST to pay, after six months the amount is a bit more significant and unless the business is very good at setting aside the funds each month, it will be harder to find the money to pay the IRD. If there is a GST refund, then you have to wait six months to get the funds refunded to you from the IRD.

All Accounts Matter Ltd

For All Your Accounting and Tax Needs

Sonia Emerson
Chartered Accountant

Mobile: 021 221 1009
105 Whitby Road, Wakefield 7025
Phone: 03 541 9005 Fax: 03 541 9305
Email: allaccountsmatter@gmail.com



WHAT YOU NEED TO DO AFTER YOU HAVE REGISTERED FOR GST

Once you have registered for GST it is compulsory to:

- Charge GST at 15% on all your sales [except if you are making exempt supplies]
- Give tax invoices to GST registered persons within 28 days
- Keep GST invoices and receipts when you buy goods or services for your business
- Keep any other documents which support the figures shown on your GST returns
- File your GST returns by the due date and pay any GST to be paid to the IRD by the due date

This information is intended as a guide only - it is not intended as legal advice.

For more detailed information please refer to the legislation or seek legal and or accounting advice.

Live Local Shop Local

Profiling a Wakefield business - Helping keep the great businesses in our Village

Chateau Rhubarbe by Caraline Dyson

Do you think size matters?!

I do. And I believe the appendage 'boutique' explains that a place has a small, specialised clientele, whilst chateau means a LARGE French mansion... so I think we should all stop referring to our bar as 'The Chateau' and call it 'The Boutique' instead! Anyway, I think we all agree that Chateau Rhubarbe is not huge, but for certain members of our community it is a small but essential part of our village. And those are the special clientele I'm referring to.

They are the people who John and Shari greet like good friends, who can always find a seat in the sunshine, no matter how busy it is under the red umbrellas. They are the ones who appreciate the 'regular's benefits' that John alludes to but doesn't explain in too much detail. (Basically, regulars are 'rewarded' with special prices and drinks, instead of offering promotions to tempt in new people. But it's all done in a typically low key Kiwi way). If you go there once or twice, you'll be treated well. Kylie or Natalie will greet you with a smile and your freshly cooked pizza will be delicious. Jasmine or Gaylene may serve you with a delicious home baked slice or muffin. Logan or maybe Anna will deliver you a wonderful flat white or a beer you'll enjoy, and you'll want to go back again. But for a certain group of people The Chateau is more than just great food and drinks. It's a part of their social life, and they're not trying to exclude the rest of us from the party, but unfortunately they only have so many seats, and more often than not they're taken.

The great thing is, if you want to be part of the special group, to become one of the regulars, all you have to do is go there a little more often. Before you know it people will move along the bench to make space for you, they'll move their chairs closer together and beckon you to the table. Chateau Rhubarbe isn't exclusive, it's inclusive, and all you need to do is go in.

Even though the bar has been there for fifteen years or so, John and Shari only bought the place eighteen months ago. It didn't take them long to stamp their special Lawson magic on the place, and they are proud that the relaxed welcoming atmosphere became famous so quickly. But John took it personally when they were on the steep part of their learning curve. A small number of people didn't get their 110% service with a smile in the first few weeks and he still regrets it now. In fact, the passion the couple and their team have for hospitality is probably the most noticeable thing about the place. It matters to them that locals love their bar, and they work hard to maintain both the quality and the camaraderie. John admits that he'd like to have more space, and he's really keen for people to tell him what they want the Chateau to be like. So please do.

Mae West apparently said "Too much of a good thing can be wonderful" but to see if she was right, make sure you get to The Chateau - sorry, The Boutique, early this Friday.



Chateau Rhubarbe

6 Edward Street, Wakefield
541 8747

www.facebook.com/pages/Chateau-Rhubarbe

Trading hours: Monday - closed
Tuesday, Wednesday, Sunday - 08:30 - 16:00
Thursday, Friday, Saturday - 08:30 - 20:00 (last seating)



You and Your Dog's Yabber

Start your puppy off right!

Written by Vikki Pickering (Dip, CBST)

Did you know that around the world statistics report that the biggest killer of pet dogs is death by euthanasia due to behaviour problems? The majority of these dogs are put to death in places like refuges, shelters, pounds, and vet clinics where they have either been surrendered or dumped by their owners.

The behaviour problems that these dogs have are generally CAUSED BY (from) the following three things:

1) INADEQUATE SOCIALISATION AS A PUPPY – this is a biggie!

When a puppy is approximately 4 – 13 weeks old, he is in a developmental period sometimes termed as the 'critical learning period'. This is when a puppy is very open to accepting new and wonderful things around the environment. This is the age bracket that your puppy should have all sorts of **positive** exposures to a large variety of people, dogs, noises, vehicles...the list is endless and it is a good idea to have repeated exposures of all of these sorts of things. It is important that your puppy is kept safe, and that he doesn't have any traumatic experiences as it can result in long-term effects as he grows up which can cause him to be fearful towards anything similar that caused him such trauma in the past.

Vaccinations are important in your puppies life and most vets will advise you not to walk your puppy out in the environment until he is fully vaccinated – which is normally after the puppy has turned 12 weeks old. But you can still get your puppy out and about and socialise him either by carrying him around or putting them down in safe areas where you know other dogs don't venture (this would normally be indoor locations). The best way to expose your puppy to other puppies during this critical learning period prior to him being fully vaccinated is by enrolling him into puppy pre-school, your puppy has the opportunity to play with other puppies of various breeds and sizes. You can take your puppy to a pre-school course as long as he has had his first set of injections.

What happens to dogs that aren't socialised early?? After the 4-12 week 'critical learning period' finishes, your puppy enters into a fear-acquiring developmental world. Some puppies as they start to grow up will show signs of being fearful towards certain types of people, or certain dogs, or other things in the environment. If these fears are ignored, often the fearful dog will start to respond aggressively towards the person/object, and that is where the behaviour problem begins.

It is hugely important to socialise your puppy as a preventative measure rather than having to try and spend many months trying to change these fearful emotions in your dog when he becomes an adult. Genetics also play a part in the way that your puppy will respond to the environment when he is older. Some puppies that aren't exposed to certain things sometimes will turn out fine as an adult dog and have no fear when introduced for the first time, but then different dogs with other genes will have huge issues if they aren't socialised early. So it's much better to play it safe and have fun taking your puppy out and about and introducing him to the big wide world ☺.

2) LACK OF TRAINING

When you first bring your puppy home is when you can start training him. To have a dog that responds to what you ask (most of the time) and can settle down at home doesn't just happen! You must teach him what to do – and I encourage the use of positive reinforcement to do so. There are so many benefits of training your dog: you and your dog are interacting – so it's bond building for both of you, mental stimulation for your dog – so it's tiring! And overall your dog will respond better to what you ask of him. Unfortunately plenty of dog owners adopt a puppy or dog and don't put much effort into teaching their dog what to do, and the results are a dog that they can't control – and this becomes problematic behaviour.

3) UNSUITABLE BREED CHOICE

It is important when planning to adopt a puppy or dog, that you research the breeds thoroughly that you are thinking about getting. And be realistic as to whether the breed of choice has traits that suit your current lifestyle. Don't go adopting a high energy dog such as a blue heeler, border collie or husky (just to name a few) if you have a lifestyle of casual walks, gardening and relaxing at home a lot! The high energy dog in this lifestyle won't adapt to the more relaxed lifestyle and if his energy needs aren't met he will put his energy into other things such as destructive behaviours at home and then an out of control dog when let off the lead down the park and this becomes a behaviour problem.

As you can see, all of the above is pretty much preventable just by doing heaps of positive socialising when your pup is young, fun consistent reward-based training and choosing the right breed to begin with! If you follow this then you should have a great relationship with your hound ☺.

For more advice on this or any dog behaviour issue, or if you are thinking of adopting a new dog, give me a call or email at You and Your Dog.



You and Your Dog
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NEW ROVING REPORTERS

Window on Wakefield is pleased to announce that we now have three new roving reporters on board. We are very excited about this which means that we are now in a position to report on people, places and things of interest.

Introducing:

- Peter Verstappen - hopefully you have all "met" Peter through the articles in previous editions
- Hope Shatford-Banks - look out for her profile in an upcoming edition
- Finn Thomas - look out for his profile in an upcoming edition too

We look forward to bringing you their articles in this and future editions.

If there is something that you would like to see covered in Window on Wakefield, please make contact with ring us on 541 9005us on windownonwakefield@gmail.com or Or if you know one of our reporters, give them a tap on the shoulder and share your ideas with them directly.

Wakefield Community Council

We do keep an eye out on the town and its well-being on your behalf!

Yep, Wakefield Community Council is just a bunch of ratepayers like you, who look out for issues, or problems that need addressing, as well as considering new initiatives to make the Village a better place to live.

At our recent meeting we noted that Sonia Emerson has been appointed chair of our sub group, Focus Wakefield. They are focussing on the Edward Street beautification project at present, and are considering improvements sought for the village green. They continue to operate this WoW publication you are reading, for which we are all very thankful. The Community Council recently discussed increased parking on Pitfure Road, the positive impact of "meet you at the four square" campaign, and the need to review the Civil Defence plan.

We are asking clarification of the process of advising the public about 'boil water' notices. The pothole on the walkway behind the garage has been a focus of our attention too, but I believe it has been resolved. We are also concerned about the long delays in notification about the flood analysis, which seems to be already noted on some L.I.M.s, but has not yet been publically notified. If you would like to serve on the committee, do come along on the 2nd Tuesday of the month at the Worship Centre on Edward St. Rev.d Allan Wasley, Chair.

Wakefield Welcomes

Wakefield Welcomes... Yvonne and Allan Lash

The couple are not newcomers to the area, but are actually returning to Nelson Bays from Christchurch. Yvonne says "This move has a sense of coming home for us. Allan's great-grandfather settled in Golden Bay in the 1850s and my parents built and ran motels in Tahunanui more recently". Allan was raised in Golden Bay and attended Nelson College as a boarder. Yvonne and Allan return regularly to Golden Bay for holidays and family gatherings and are looking forward to shortening their journey time. Whilst Yvonne runs her genealogy publishing business from home, Allan continues to work in the financial services field.

Perhaps the catalysts for their return were the events in Christchurch in 2010/2011 which impacted on their lives. Allan says "We surprised ourselves by buying a home in Wakefield, but are happy to have done so. We enjoy the quiet, friendly nature of village life here and look forward to many years of that and meeting more of the locals".

Be sure to say hello when you meet Allan and Yvonne in the village.



- *Planting projects
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Womans Biz

Junes meeting was kindly hosted by Sonja Lamas. We had an organic focus this month and what a fabulous turn out, we were in for a treat. Sonja gave us an insight into their business Sustainable Nutrition where their focus is to advise clients on what is right for their crops - whether it be organic or non organic, to ensure they will get the greatest yield for their chosen crop. They can also make recommendations after testing your soil on what may be a suitable activity for your land.

Sonja and her husband then showed us around their eco home which was fascinating. From mud brick to stone feature walls, they have definitely made the most of natural products to ensure their home is warm in winter and cool in summer. Thanks once again Sonja it was a pleasure to visit your home - it was simply amazing.

Lucy Maxwell then took the floor and gave us an exciting profile on her organic food delivery service - Fresh 2U. Lucy is very passionate about her business and it was clear she loves what she does. Fresh 2U is a convenient and cost effective weekly delivery service which provides a box of fresh organic fruit and veg every Wednesday to lucky customers. All products are predominately sourced from local and other growers of organic produce throughout NZ. Boxes are seasonably based and change from week to week depending on what is available. Thank you Lucy - it was so great to get an insight into what you do and it generated loads of discussion.

July's meeting has been postponed but August will be Fri 30 Aug at 7:30pm. Womans Biz is a friendly and informative group who meet on a monthly basis. Formed to provide an informal support and networking group for the very talented ladies in the Wakefield / Tapawera and beyond area.

For further info feel free to contact Justyne 522 4488 or Sonia 5419005.

Wakefield Art Group's 1st BIRTHDAY

by Sandra Monro

In 2012 Sonja Lamers decided Wakefield needed its own art group, so our group was formed. On Saturday 13th July we celebrated its first birthday with a progressive midwinter Christmas dinner. Seven members and their partners attended.

The first course of soup was held at Sonja & Sjeff's home in Pigeon Valley. Sjeff gave us a very interesting talk about the construction of their home, which they built emphasising passive heating.

The main course of traditional Christmas fair was held at our home in Hunt Terrace. While the meat was being carved Bruce demonstrated how to make a pot on the wheel.

One of our new members thought it looked really easy so Bruce challenged her to have a go, which she duly did!! That was followed by a tour of the workshop.

Next were desserts at Caroline's in Pitfure Road. Thank goodness I had paced myself as they were to die for. I was not the only one who came back for seconds.

Thanks to the members and partners who contributed all the yummy food. Everyone had a fabulous time and we plan to have more social events.



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Check out the new Focus Wakefield Facebook page

www.facebook.com/FocusWakefield

Share your stories, photos, events with the community.

Post your items wanted, for sale, help needed etc...

Lynda's Aerobics/Pilates Classes Term 3, 2013

St John Worship Centre, Edward St, Wakefield.

A new 9-week term starts Thursday August 1st ends Thursday September 26th

Thursdays 9.15am - 10.00am

followed by Pilates 10.05 - 10.55am

You can do either or both classes.

Aerobics \$60.00 for the nine-week term.

Pilates \$60.00 for the nine-week term.

Discount for both sessions - \$105.00

No special skills, gear or fitness levels required for either class. New folk most welcome - you don't have to be "fit" to come, we start "at the beginning" each term.

We're a friendly bunch, and it's as much about the coffee afterwards as the exercise ☺

Half-term memberships are available if you are going away and will miss more than 4 sessions.

Please phone Lynda 5432268, txt 027 222 1491, email lynda@hht.co.nz to book and for details.

Classes are on a per-term basis, no casuals sorry. If you commit for the term (and pay!) you are much more likely to come, then you'll get results.



Individualised Bach Flower Remedies now available at Wakefield Pharmacy

We are excited to announce that Health Consultant - **Jude Twin** has joined our health team.

Jude has spent all of her working life in the health arena and is happy to discuss your individual health requirements and advise on the appropriate product for you.

Bach Flower Remedies are completely safe for all ages and do not interact with other medications.

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Wakefield Guides

GUIDING NEW ZEALAND AND IN PARTICULAR TWIN PEAKS RURAL DISTRICT CONGRATULATES THE FOLLOWING LEADERS ON THEIR 2013 AWARDS!

Presented at our Leaders Retreat Weekend at Paretai Guide Lodge, Lee Valley, Brightwater on 6/7 July.

Tash Whitehead – Waimea Brownies – Full Leadership Certificate and the Te Ara Award for a leader who has met all the requirements of their position and commitment to building her skills and her many offers of help on Region Task Forces & Biscuit Campaigns.

Sue Burrowes - DC Twin Peaks Rural District – 5 year Award and Te Ara Award for commitment to her Leaders, the District & the Region - a total of 45 years Guiding in New Zealand, United States and UK.

Jo Hutson - Nelson–Waimea Guides, 10 year Award and Te Kaiarahi Award for outstanding commitment to the District and to her girls over a long period. Her many offers of help on Region Task Forces & Biscuit campaigns.

Josie Macdonald – Brightwater Guides, Te Kaiarahi Award for outstanding commitment to the Region, the District and her girls.

To all our Leaders in Twin Peaks who have worked diligently on behalf of their units and the District over the past year, my thanks to all of you and many congratulations to those who have received the above national awards, they are well deserved and the District is very proud of you.

BISCUITS – everyone has been working very hard to sell the remaining biscuit cartons and we have gone a long way to reducing the 145 cartons we were left with. We still have about 50 cartons to go so if anyone would like some please contact Sue on 541 9689 or Lisa 544 0358 or visit us at Westpac Bank on Saturday mornings, we would love to sell you some!!

Our thanks to all the families who have sold extra biscuits during the school break your help is much appreciated.

Many Thanks
Sue Burrowes
DC Twin Peaks



Wakefield Market

Our 9th birthday market last month was celebrated with free birthday soups of vege and pumpkin soup. Good soup and a great idea, especially early on when it was a bit of a dismal morning. Thanks Jean and team, including Natasha and Hannah our youngest volunteers who helped out with the barbeque.

AND thank you Wakefield – certainly it was heartening to see numbers of new faces amongst the market-goers (or should I say “market-comers”?) By the way, we tried to estimate how many people came through the market, but every stall holder had a different idea! We did agree that it is very tricky to count and keep track when people are moving around; so if anyone has a bright idea how to do this, we would like to hear.

Now we are looking for more stall holders amongst you to keep that potential momentum going, and build the range of items for sale. Maybe it is time for you to put a price on your handcraft, or to have a pre-spring clear out of cupboards, wardrobe, sheds or garage, and come join us as a stall holder, as well as being a market-goer. We often joke that our best customers include ourselves – the other sellers.

Our next market is 10 August 9am – 1pm, with sites available on the day for a donation (\$5 is fine). Contact person Jean Southward ph 541 8154.

The small beginning on our Wakefield Community Information Table was also encouraging. Amongst the interesting people checking out the table, we talked with three couples new to Wakefield, and fielded enquiries ranging from where to find community allotments to the possibility of providing music, and selling hand-made candles on market days. Hopefully we will have a candle stall at the September market. We received a couple of brochures about new ventures in the village area.

Please do bring your individual or group information to the table to help make it a useful resource, and check out the table this month. As liaison person for the Community Table, Fran Nicoll ph 541 8442 is happy to take hand written information and format it for the table. This month, the Community Information Table will be set up closer to the old ambulance selling plants so that she can “dash from one to t’other”.

Finally, we appreciate the support given to this initiative and the market in general by Focus Wakefield, and their agreement that we have a mutual role within their community goal of “Locals supporting locals”.



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Wakefield Auto Motoring Tips

Wheel Alignment Defined – Our Hot Tips

Do things feel a bit out of line? Having the correct wheel alignment is important when it comes to the safety and the lifespan of your tyres; even your vehicle’s fuel efficiency. Wheel alignment can change by simply hitting a pothole, having faulty suspension or any number of other reasons.

The wrong wheel alignment can result in irregular wear on your tyres, low fuel efficiency and extra strain on the driver. If you answer yes to any of the following questions you may need your wheels re-aligned.

- Is your car resisting your steering?
- Have you recently had new tyres fitted?
- Have you had the components in your suspension replaced?
- Have you hit anything on the road such as a pothole?
- Has it been a year or more since your wheels have been re-aligned?

What is an Alignment?

All of the elements that make your car go straight are called “alignment.” Some shops try to make it seem like rocket science, but wheel alignment is a fairly straightforward affair. The inclusive term “wheel alignment” involves three main measurements – caster, camber, and toe. These measurements have standards that a technician uses as targets of adjustment. In other words, get as close as you can to the right measurement.

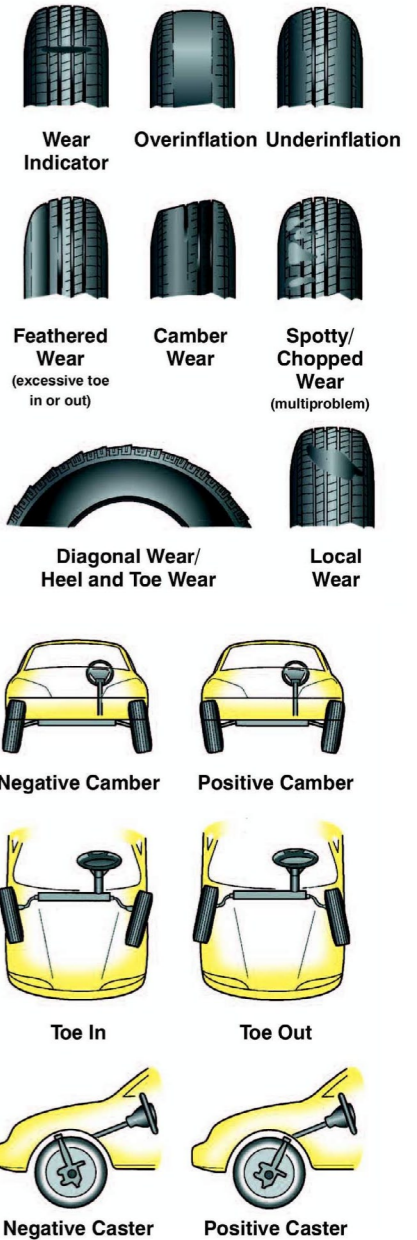
The good news is that most modern cars only have adjustments for toe. Caster and camber are no longer adjustable with more modern vehicles.

Toe

Toe is a measurement of how much the front and/or rear wheels are turned in or out from a straight-ahead position. The purpose of toe is to ensure that the wheels roll parallel. Toe also serves to offset the small deflections of the wheel support system that occur when the vehicle is rolling forward. In other words, with the vehicle standing still and the wheels set with toe-in, the wheels tend to roll parallel on the road when the vehicle is moving. Improper toe adjustment will cause premature tyre wear and cause steering instability.

Wheel Alignment is often confused with Wheel Balancing. The two really have nothing to do with each other except for the fact that they affect ride and handling. If a wheel is out of balance, it will cause a vibration at highway speeds that can be felt in the steering wheel and/or the seat. If the alignment is out, it can cause excessive tyre wear and steering or tracking problems.

If you’re questioning your vehicle’s wheel alignment, take it to your local garage for a check. Using a wheel alignment machine and experienced technicians we will check your wheel alignment, as well as the condition of your suspension components to make sure it’s all in order.



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Village Sports News

Totaradale Golf Club - 75th Anniversary 1938 - 2013

Compiled and written by Ron Hay

Totaradale Golf Club is located in the Wakefield area south of Nelson. The first location of the club was in the Eighty Eight Valley on Totaradale farm, the property of Mr E Springer. The club is now situated in Pigeon Valley directly west of the Wakefield Village. The club was in recess during the war years of 1940 to 1946.

The club itself is a prime example of the efforts of a small band of enthusiasts in setting up one of the best nine hole courses in the country. The original clubhouse called the shed was moved to Pigeon Valley in 1946 and was added to and altered over the years until a purpose built clubhouse was built and opened in 1965. Since then alterations have been done consisting of a large extension to the clubrooms and a shop. A new kitchen and bar area have just been completed.

Over the years irrigation (two dams above the second green) and storm water drainage have been completed although drainage is on going with improvements to the system.

Club members are all equal, male or female. Age has no bearing on ability to play golf. At Totaradale it is not an elite sport and is a game for life.

The Totaradale Golf Club has survived a change of venue and some very hard financial times and to reach its 75th anniversary is indeed a triumph.

The course itself is one of the best kept in the district and is one of the most picturesque in the South Island thanks to past and present green keepers and volunteers.

The anniversary celebrations will be held in October 2013.

Sources: Marion J Stringer Totaradale Golf Club 1938-2003

Rural Ramblers

Monday 10th July saw the Ramblers going along the front beach at Tahunanui, then round to the back beach, noting the strange jelly fish and all the erosion of the beach.

After morning tea we took to the hills above Tahuna and some of the party of 12 climbed the flights of concrete steps up to Princes Drive, then down to Paddy's Knob, which is a viewing platform over the beach, where we took time for photos and lunch.

3 pm saw our day about over and we decided to have coffee at the Smugglers Cafe, Muritai Street. A very satisfying day and enjoyable outing with perfect weather!

If you would like to be part of our Rambling Group please feel free to call any one of us below :-
 Carolyn Mason 541 9200
 June Johnston 542 3588
 Ann Johnston 541 9268
 Or Louise Baker 522 4909

We are always good for a laugh, somewhere different each month.

We meet every second Monday in each month.
 June Johnston 542 3588



WAKEFIELD VILLA

Tearooms & Gift Shop

Tearooms open 9.00am - 4.00pm
 Shop open 10.30am - 4.00pm
 6 Days a Week

Telephone
541 9168

Awesome August Sale in the Shop
 14 Whitby Way, Wakefield

the art room

At Motupiko Studio

What? Small after school Children's Art classes, \$10 per person
 Equally small Art classes for grown-ups, \$25 per person

Where? At my studio at Motupiko Hall, just before Quinney's Bush

When? Tuesdays 3.45 - 5.00 for children, 10.00 - 12.30 or 1.00 - 3.30 for grown-ups

How? Contact me to book your limited place 5224989 or emmapanting.com

ART CLASSES TEACH KIDS TO:
 RESPECT OTHERS START A DIALOGUE
 EXPERIMENT WITH MATERIALS OBSERVE
 FIND THEIR VOICE SELF-EVALUATE
 MAKE CONNECTIONS EXPRESS THEMSELVES
 LEARN FROM THEIR MISTAKES
 CLEAN UP REFLECT ON THEIR WORK
 EMBRACE DIVERSITY PERSEVERE
 HAVE AN OPINION APPRECIATE BEAUTY
 BREAK AWAY FROM STEREOTYPES
 ENVISION SOLUTIONS VALUE AESTHETICS
 SEE ANOTHER POINT OF VIEW INNOVATE

MOUNTAIN VALLEY

Delicious New Season Kamahi Honey Now in Stock
 Contact Nicky to place your order today

Mountain Valley Honey is locally owned by Murray and Nicky. Our bees forage for honey in the Marlborough Sounds and Mt Richmond Forest Park. Try our Manuka, Honeydew, Autumn Gold, Clover, Kamahi and Native Bush Honey's

Find us at
www.mountainvalleyhoney.co.nz

Hill Top Native Nursery

Propagators and Growers of New Zealand Native Trees and Shrubs
 Open for sales by appointment
 Owners: Bevan & Rachael Hart
 74 Eighty Eight Valley Road
 Wakefield, Nelson 7025

Phone 03 541 8763
 Phone: Bevan 027 541 8763
 Rachael 027 286 7927
 Fax: 03 541 8764

ANTIDOTE APPLIANCE REPAIRS LTD

Servicing all major brands of whiteware.

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 79 Treeton Place
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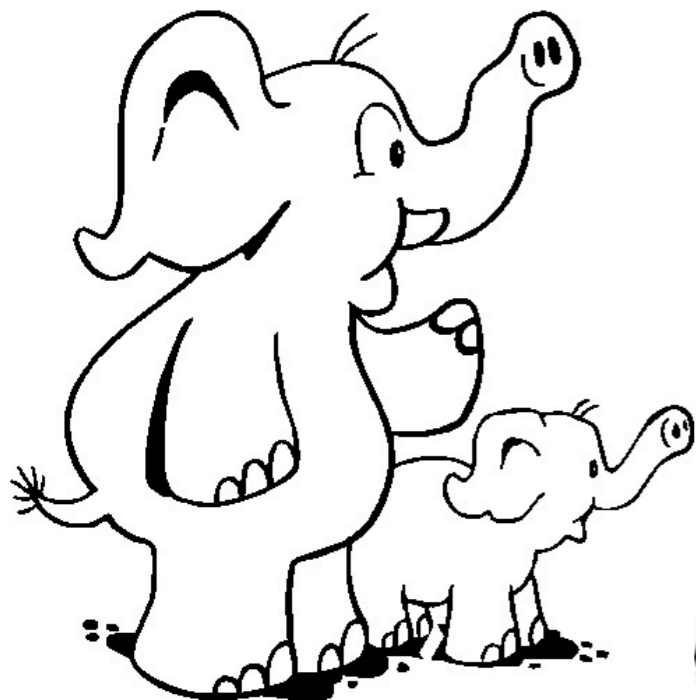
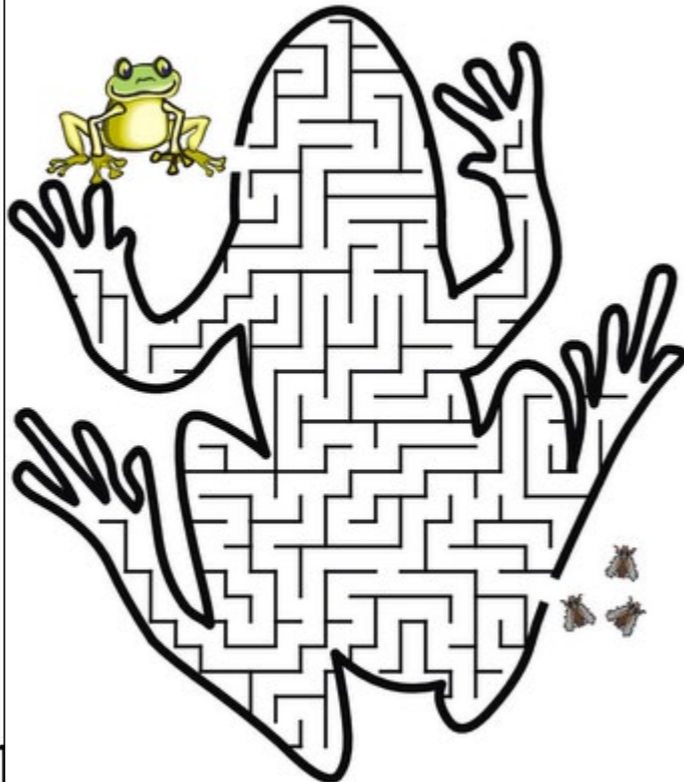
For warranty, service or second hand sales call:
03 541 8877 or 021 1601 004
www.antidoterepairs.co.nz

Wedding Invites by **Wakefield PRINT**
 Custom Design & Print
 Your Ideas - Our Expertise

For Professional Invitations and Wedding Stationery without Breaking the Budget

Call Genie - 03 541 9641
 For your FREE Consultation

Kids Colouring Corner



FOR SALE

WALNUTS: Spray-free, Motueka Valley. Shelled (\$8/200gm), In-shell (\$8/kg). Delivery by arrangement or pick-up Nelson, Richmond. 03 545 2270, 0272335336.

WORK WANTED

School Leaver/Student seeks weekend and holiday employment if anyone needs a hand in labouring or farm work.

Fit, energetic and eager to help out. Attending the NMIT Primary Industries course presently once a week.

Phone: Jethro 541 8005, 027 764 7444



WOOD FOR SALE.

DRY PINE

\$55.00 Cu.mtr. delivered

\$50.00 cu.mtr. collected

Phone 541 9689

WAKEFIELD BABY SITTER AVAILABLE

I am 16 years old and looking for local babysitting work.

Good references available, please phone Laura on 541 9334

BABYSITTER

I am a year 13 Student [age 17] with much experience working with children and vast training in First Aid.

Looking to provide excellent babysitting in Wakefield and the surrounding areas. Happy to work weekdays, weekends and late nights.

References and more details available upon request.

Jono - 03 541 9345

TECH SUPPORT

I am a year 13 Student with much technical experience (Position of webmaster and an Award of Distinction in Technology at my school) looking to provide excellent technical assistance in Wakefield and the surrounding areas.

Happy to work weekdays, weekends and late nights. References and more details available upon request.

Jono - 03 541 9345

HELP WANTED

Looking for somebody to pick up Thelma Taylor from Wakefield Rest Home and drop her home Tuesdays and Thursdays at approx 4.30pm.

She does have a frame so preferably not a high vehicle as this may be difficult for her to get in and out of.

If you can help, please phone Diane on 544 5436, preferably evenings, to discuss remuneration and logistics.

MONTHLY COMMUNITY CALENDAR

AUGUST 2013

Thurs 1	9.00 am - Art Group, Wakefield Village Hall
Fri 2	2.30 pm - Wakefield Community Library open 6.45 pm - Country Players Production, Wakefield Village Hall
Sat 3	9.30 am - Wakefield Community Toy Library open 6.45 pm - Country Players Production, Wakefield Village Hall
Mon 5	10.00 am - Mainly Music, Wakefield Village Hall 1.00 pm - Indoor Bowls, Wakefield Village Hall
Tues 6	10.30am - Wakefield Community Library open 7.00 pm - Indoor Bowls, Wakefield Village Hall 7.30 pm - Wakefield Village Hall Committee Meeting
Wed 7	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Fri 9	2.30 pm - Wakefield Community Library open
Sat 10	9.00 am - Market Day, Whitby Way Carpark 9.30 am - Wakefield Community Toy Library open 10.00 am - Annual tree planting, Faulkner Bush
Mon 12	10.00 am - Mainly Music, Wakefield Village Hall 1.00 pm - Indoor Bowls, Wakefield Village Hall Rural Ramblers meet
Tues 13	9.45 am - Livewell Staywell, Wakefield Villa Tearooms 10.30am - Wakefield Community Library open 7.00 pm - Indoor Bowls, Wakefield Village Hall 7.30 pm - Wakefield Community Council, Worship Centre
Wed 14	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Thurs 15	9.00 am - Art Group Workshop - Rose Shephard, Village Hall 12 noon - Community Lunch, Worship Centre
Fri 16	2.30 pm - Wakefield Community Library open
Sat 17	9.30 am - Wakefield Community Toy Library open
Mon 19	10.00 am - Mainly Music, Wakefield Village Hall 1.00 pm - Indoor Bowls, Wakefield Village Hall
Tues 20	10.30am - Wakefield Community Library open 7.00 pm - Indoor Bowls, Wakefield Village Hall
Wed 21	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Thurs 22	9.00 am - Art Group, Wakefield Village Hall
Fri 23	2.30 pm - Wakefield Community Library open
Sat 24	9.30 am - Wakefield Community Toy Library open
Mon 26	10.00 am - Mainly Music, Wakefield Village Hall 1.00 pm - Indoor Bowls, Wakefield Village Hall
Tues 27	9.45 am - Livewell Staywell, Wakefield Village Hall 10.30am - Wakefield Community Library open 7.00 pm - Indoor Bowls, Wakefield Village Hall
Wed 28	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Thurs 29	9.00 am - Art Group, Wakefield Village Hall
Fri 30	2.30 pm - Wakefield Community Library open 7.30 pm - Womens Biz, Venue TBA
Sat 31	9.30 am - Wakefield Community Toy Library open 7.00 pm - Country Players Junior Play, Wakefield Village Hall

SEPTEMBER 2013

Mon 2	10.00 am - Mainly Music, Wakefield Village Hall 1.00 pm - Indoor Bowls, Wakefield Village Hall
Tues 3	10.30am - Wakefield Community Library open 7.00 pm - Indoor Bowls, Wakefield Village Hall
Wed 4	9.15 am - Craft Group, Wakefield Village Hall 9.30 am - Wakefield Plunket Playgroup, Methodist Church
Thurs 5	9.00 am - Art Group, Wakefield Village Hall
Fri 6	2.30 pm - Wakefield Community Library open

Community Notices

LIVE WELL STAY WELL

"The "Live Well" group meets two weekly on a Tuesday 9.45 – 11am in Wakefield with a health and social programme for anyone who would like to join in.

Advertised in the Window on Wakefield and on notice boards.

A varied programme is arranged which is informative and fun.

This group is followed by a walk around Wakefield 11 – 12 midday. All interested are welcome. Coming up:

August 13th Coffee and Talk at Wakefield Villa Tearooms

August 27th Health Advocate Laschelle Walker

Any enquiries, call Yvonne 542 2235 or to go on the email list to notify you of whats happening.

WAKEFIELD MARKET DAY

Wakefield Market Day 10th August 9am - 1pm.

Come enjoy a chance to hear what is on. Exchange a few dollars for some wonderful bargains, plants, books, lavender soap, clothes, you name it we can try and procure it.

Ring Jean 5418154 sites available.

WAKEFIELD ANGLICAN PARISH OUTREACH LUNCHEAS

The July lunch was enjoyed by all who attended, as usual.

As these lunches have become so popular, it has become more necessary for those who wish to attend to let us know by the Monday evening prior to the Thursday lunch.

Nicola Berthelsen gives us the numbers for her folk but others need to let us know by phoning either Brenda 5419413 or Caroline 5418491.

The next lunch will be on Thursday 15th August at 12 noon. All welcome.

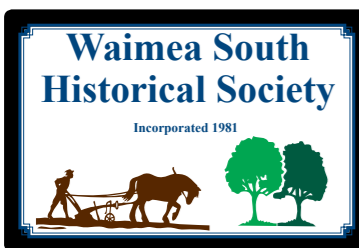
Caroline Gibbs, Co-ordinator.

YOUTH GROUP IN WAKEFIELD

St Johns church now has two different age range youth groups operating on Friday nights.

6pm for the intermediate age range
7.45pm for the older and wiser mob

Contact Hayden 5418909.



In August the Society meets in the Constance Barnicoat Room at the Tasman District Library at 10.30am on Monday 26th

August to hear Christine Hunt Daniell introduce her new book: *Just an Orange for Christmas*. Everyone welcome.



WAKEFIELD ART GROUP

More Information:-

In 2012 our group applied to the Tasman District Council 'Creative NZ Scheme' for a grant to fund four workshops.

There have been two workshops so far this year, one covering perspective with Marie Hill, and the other, a watercolour workshop with Beryl Yeoman.

Our next workshop is being held in August with Rose Shepard 'How to Draw People'. The class is now full with a waiting list.

The final course for the year will be on 7th October with Lloyd Harwood from The Arts Council. (The subject is to be decided).

The Wakefield Art Group is open to everyone at all levels of drawing and painting.

There is no joining fee, but we pay \$4 per session.

We meet every Thursday of the school term, from 9 am – 12pm in the Wakefield Village Hall.

Contact: Sonja (03) 5418-176 or Sandra (03) 5419-615.

WAKEFIELD BUSH RESTORATION SOC INC

ANNUAL TREE PLANTING

SATURDAY 10TH AUGUST
10AM UNTIL NOON

Over 1000 Native Trees to be Planted

This will take place at the Southern end of Faulkner Bush Wakefield.

Please park your vehicles at Faulkner Bush and then follow the signs to the planting area.

Please wear appropriate clothing, good footwear, and bring a spade.

Refreshments will be provided.

If wet this planting will be postponed until the following Saturday the 17th August.

For further information please contact;
Doug South President
Telephone 541 8980
(Serviced by a message minder)
Email tuiville@xtra.co.nz

Community Directory

Citizens Advice Bureau
548 2117 - 0800 367 222

Guiding Co-ordinator
Sue Burrowes 541 9689

Lord Rutherford Memorial Hall Foxhill
Helen Pullan 541 8058

Pigeon Valley Steam Museum
Alan Palmer 027 319 7427

Rural Ramblers
Carolyn Mason 541 9200

Spring Grove Drill Hall
C. Pike 542 3904

Totaradale Golf Club
Jacquie 541 8030

Wakefield Anglican Church –
St Johns
Meet Sun 9.00am; 10.30am
Rev. Allan Wasley 541 8883

Wakefield Brownies
Vin Law 541 9190

Wakefield Community Library
Wendy Gibbs 541 8490
Pam Dick 541 8392
Hours - Tues 10.30 - 11.30am
Friday - 2.30 - 4pm
Excluding Public Holidays

Wakefield Football Club
Richard Malcolm 541 9429

Wakefield Medical Centre
541 8911

Wakefield Pharmacy
5418418
wakefield.pharmacy@paradise.net.nz

Wakefield Playcentre
Contact: 541 8866

Wakefield School
Edward Street 541 8332

Wakefield Scout Group
Sheryl Guyton 541 9178

Wakefield Toy Library
Saturday 9.30-11.30am
Chris Gaul 541 8148

Wakefield Volunteer Fire Brigade
CFO Simon Ladley 021 229 0020

Womens Biz
Justyne McGaveston 522 4488
Sonia Emerson 541 9005

Country Players (Drama)
Philip Calder 541 8442

Junior Country Players
Dixie McDonald 541 8862

Nelson Vintage Engine &
Machinery Club
Allan 027 319 7427

Pinegrove Kindergarten
03 542 3447

Rural Women
Dawn Batchelor 542 3628

St Joseph's Catholic Church
Sun 8am, Wed 10am
Fr David Gruschow 544 8987

Waimea Sheepdog Trial Club
Colin Gibbs 541 8435
gibbs@ts.co.nz

Wakefield Bush Restoration
Society
Doug South 541 8980

Wakefield Craft Fair
Leanne and Glen Turner
541 8306

Wakefield/Brightwater Guides
Sarah Arnold 5419481

Wakefield Methodist -Presbyterian
Church
Meet 1st & 3rd Sundays 11am
Rev Paul Tregurtha 544 8394

Wakefield Plunket
Donna Todd 541 8583

Wakefield School/ Community
Swimming Pool
Contact Phill Platt on 027 231 7610

Wakefield Smallbore Rifle Club
Ian Hutchings 541 8342

Wakefield Village Rest Home
Gerri Harvey 541 8995

Wanderers Sports Club
542 3344

Window on Wakefield
Advertising - 541 9641
Genie & Lindsay Bradley

Focus Wakefield
Diane Blackburn 541 9725

Just Gymnastics
Linda Mace 546 6013

NZ Postcard Society Inc.
Doug South 541 8980

Richmond Lions -
Wakefield Representative
Ivan Burrowes 541 9689

Spring Grove Church of Christ
Meet Sundays 10am
541 8011

Top of the South Rural Support Trust -
gibbs@ts.co.nz
Colin Gibbs 541 8435

Waimea Sth Historical Society
Jeannine Price 542 3033

Wakefield Bowling Club
Margaret Eames 541 8316

Wakefield Community Council
Allan Wasley 541 9622

Wakefield Indoor Bowls Club
Ren Olykan 541 8275

Wakefield Pippins
Kirsty Harte 541 9799

Wakefield Preschool
Contact: 541 8086

Wakefield School PTA
Jeanette Mattsen
zephyrfan@hotmail.com
03 541 8118

Wakefield Tennis Club
Ngairie Calder 541 9419

Wakefield Village Hall
Rob Merilees 541 8598

Way to Go Co-ordinator
Vanessa Mairs 027 511 8826

St. John's Worship Centre
Caroline Gibbs 541 8491

Waimea Plains Junior Football Club
Grant de Joux
542 4452

CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have **specialised skills/ equipment**, and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their **responsibility to be personally prepared**.

You should ensure that you have your own **survival kit** in place, and that you are able to be **fully self sufficient for at least three days**.

In the event of an emergency, for urgent public messages, tune in to:
More FM 94.1, Classic Hits 89.8, Fresh FM 95.4



FOR SALE IN WAKEFIELD

See the rest of my listings at www.nelsonrealestate.co.nz



4 TOTARA VIEW ROAD, WAKEFIELD - \$539,000+

Beautiful 2 acre farmlet (8962m²) with super sunny 4 bedroom home. Small set of yards, good sheds, and 3 units of water.



1 BIRD LAND, WAKEFIELD - \$329,000

3 bedroom cottage with logburner on fully fenced 1022m² section, great garaging and sheds.



4A WINDLESHAM PLACE, WAKEFIELD - \$295,000+

Sunny, private, central and convenient
A north facing, private outdoor living area; a convenient internal access single garage, plus off-street parking for at least 3 other vehicles. The kitchen is new, and logburner on wetback.



150 EDWARD STREET, WAKEFIELD - \$429,000+

Stunning transformation!
4 Bedrooms, 2 bathrooms, 2 living rooms, 2 heatpumps, logburner on wetback, solar booster. Brand new kitchen and gorgeous decor throughout.



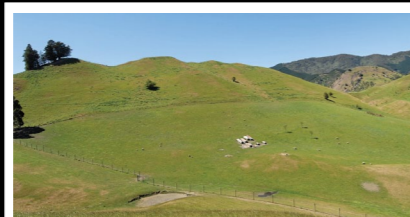
128 WAKEFIELD-KOHATU HIGHWAY \$549,000+

Owners keen to see your offer
Now priced under RV of \$565,000. 3 bedrooms, 2 bathrooms, double glazed homestead, logburner on wetback, town supply water plus well. Excellent sheds. 1.32 ha flat land.



21 BIRD LANE, WAKEFIELD \$299,000

All services to the boundary with this flat bare block, approximately 3 and a half acres. Hidden away on the north side of Wakefield village, there is a lovely outlook to the foothills and Ben Nevis.



489 CHURCH VALLEY ROAD \$760,000 + GST IF ANY

Amazing value - 21 hectares and a spacious 3 bedroom plus office home with stunning views to the Ranges. The land is fully deer fenced, with its own water source. Modern 140m² garaging. RV \$800,000



81 WHITBY ROAD WAKEFIELD

COMMISSION

2.95%

+ \$500
Base Fee
+ GST

on the first \$400,000 and thereafter by negotiation

FREE

Market Appraisals



WENDY PEARSON

544 5488 / 541 8778 hm

LICENSED REAL ESTATE SALESPERSON (REAA 2008)



WINDOW ON WAKEFIELD ONLINE EDITION BROUGHT TO YOU

BY



PHONE 03 541 9641