



window on **wakefield**

Your Local News

Community News for the Wakefield Area

BRIDGE VALLEY CAMP *by Solomon Dyson*

On Wednesday March 22nd Totara Karearea went to Bridge Valley Adventure Camp. We left our school and travelled there by car. The journey was short and before we knew it, we were at camp.

We were put into six groups. They were: red, blue, yellow, orange, green, and purple. I was in the purple group. We were all in different cabins. In our cabin there were seven boys; four from the purple group and three from the red group.

Some of the activities we did were: the high ropes course, caving, rock climbing, swimming, and The Hunger Games. My favourite activity was the high ropes course. I liked the technique using the blue and red carabiners. The instructors were encouraging people who were not sure they could do things.

Some people were scared at first, but when they achieved their goal you could tell they were proud. People were encouraging the rest of their group. We played a game at dusk called "Wild people of the woods". We won small prizes for following instructions.

There is a big lake at camp, and one of the adults threw me off the floating water trampoline into the water. It was freezing cold. I shouted "Cannonball!" as I went in!

At night, there were strange sounds. Some people said it was ghosts playing on the playground... but I didn't believe that. It was difficult packing my sleeping bag away but Brooklyn helped me.

We had lots of delicious food. The mashed potato was yummy. We were not allowed to take lollies, chocolate or electronic devices. I missed my Nintendo but I had a lot of fun.

We were lucky it didn't rain and it wasn't too hot either.

We want to thank all the adults (the teachers and the parents) who made this camp possible. I am looking forward to next year's camp already!

Photos: Lucy Pearson



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WINDOW ON WAKEFIELD

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Due out the first full week of each month

All Advertising to be submitted by the 20th of the Month prior

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Wairua Warriors

WAKEFIELD'S WAIRUA WARRIORS *by Caraline Dyson*

The 'Bodyfit Battlers' and 'Team Name Pending' were two of the many locals teams participating at this year's Wairua Warrior Obstacle Course Race. Now in its third year, teams test their strength, endurance and mental attitudes by pitting themselves against natural and man-made obstacles. The race takes place in the picturesque Happy Valley Adventures terrain, where teams conquer walls with rope climbs, carry sandbags, drag tyres and crawl under barbed wire. Obstacle course racing tests physical strength, balance and endurance and "there is lots of sticky mud." First established in 2015 with over 250 competitors, Wairua Warrior is growing every year. Last year more than 400 warriors battled themselves and their peers, and this year around 600 people competed.

Berne McNaughton of Berne's Bodyfit assembled his team just a few weeks before the event. Berne, Rikki Swain, Lesley Olaman and Karen Eden joined 'experienced warrior' Fiona Ingham to test the 6km event. Fiona had sampled the Wairua Warrior last year in a pair, and together the group decided to give it a try. Lesley commented that the sense of accomplishment was great, particularly getting through some of the muddier climbing challenges. Despite little OCR training, she was thrilled to have completed each obstacle without resorting to the 'punishment burpees' necessary for missed sections. "It was good to have a mixed team; having the guys definitely helped with some of the obstacles." Next year the Bodyfit Battlers plan to take on the full 12km race.

If they have any questions, Team Name Pending can definitely give the Bodyfit Battlers a few pointers. This Wakefield team was devised by friends Karyn Young and Sharyn Simpson. They registered their respective husbands and kids - Dion, Jaime and Caleb Young, and Grant and Jacob Simpson - and didn't tell them they were doing the full 12km race until they got to Cable Bay! But the joke was on them - despite this being their first attempt, Team Name Pending took the field by storm and finished third, completing in just 2 hours 12 minutes. Karyn said she and Sharyn enjoyed a lot of the race from the wonderful café, but as the Refresh Spa/Young Swimmers TNP support crew, they were present to watch their team cross the line in jubilant style.

Sharyn, Karyn and Team Name Pending would like to thank Wakefield Print for their strip.

If you fancy obstacle course racing, Wairua Warrior is a great place to start. Have a look on their Facebook page, call into the Wairua Body Coaching Systems Gym on the Wakatu Estate, or contact greg@wbc.co.nz for more information about the sport and next year's race.



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Wakefield School

NEWS FROM WAKEFIELD SCHOOL

Fine weather over the past month has supported lots of outdoor learning. A couple of highlights were our annual Kiwisport day, where we hosted junior children and a heap of parents from our local schools, and a fantastically successful market day organized by the year 5/6 children that exercised their entrepreneurial skills and raised over **\$2,000** for their school camp.

As part of our commitment to a restorative practice way of becoming a bullying-free school, we are learning a simple but effective slogan to guide our behaviour: Is it safe? Is it fair? Is it kind? When we get the habit of asking ourselves these simple questions before we act, then we will eliminate most conflict. Acquiring the habit is a personal journey – quicker for some than for others – but we'll all get there if we stick to it. We encourage families to use the same approach at home.

We are sorry to say that our deputy principal, Leith Bruning, will depart at the end of term one to become deputy principal at Waimea Intermediate. The good news is that Leith will continue to support the learning of Wakefield children in his new role and will keep in close touch with us. We also say goodbye to Ann Baker, one of our amazing learning support staff, who has been part of our Wakefield School team for 19 years! Both Ann and Leith will be missed.

MARKET DAY

by Emily Walker and Lochie Tohill

This term Wakefield School's Karearea syndicate have been working on inquiry. For inquiry we have worked hard on planning for market day. The point of market day was to raise money for Karearea syndicate camp at Bridge Valley. The market day was held on the 14th of March.

Some of the stalls included in our market day were: lemonade, waterslides, cupcakes, fudge, magnet fishing, milkshakes, popcorn, sword fighting, face painting, water balloons, sausage sizzle and much more.

The students spent about six weeks planning what they would do for market day. We looked at how much everything would cost. We did surveys to decide the type of products that would be popular. We had to forecast how many sales we would make and make an approximation of how much profit we could make. Once everyone had decided what they would do, and had completed the checklist of tasks, the teaching staff gave them the resources they needed to purchase the raw materials.

We then spent ages making our products and working on our advertising.

We raised around \$2000 dollars! Our favourite thing about market day was making the food and doing the activities. It was great of the Wakefield community to come along to our school to support our fundraising.

It was a successful day for all the Karearea students.



End of Season POOL PARTY Sunday 9th April 2 - 4pm

The Wakefield School and Community Pool will be closing on Sunday 9th April 2017. The Pool committee invites all key holders to an end of season pool party 2-4pm. The inflatable will be up and sausages, bread and drinks will be available to purchase. Parents must supervise their own children. Keys can be handed in either at the pool party or to the Wakefield school office by Friday 12th May to receive your \$20.00 bond in accordance with the key holders contract. Any keys returned after this date will relinquish your bond.

The Wakefield School and Community Pool committee takes this opportunity to thank the volunteers who helped with pool testing. We would also like to thank Bruce for all his hard work again this season.

In The Bush

DANGER ALERT – Be proactive or lose it! **Edward Baigent Bush Memorial Scenic Reserve Wakefield**

This small area with most of it in bush contains some of the last most accessible 200-300 year old trees that at one time covered the Waimea plains. It was saved from milling by pure luck.

And some further luck in the late 1940's and 1950's when it was gifted by members of the Baigent Family to the Community of Wakefield and the wider Waimea to be looked after by the Council and to protect it. A "condition" of this gift was that people could go and picnic there and wander through it and overnight (not nights) camping was permitted.

Then in 2006 The Wakefield Bush Restoration Society Inc had it made into a Scenic Reserve which gave it much more protection thus requiring the TDC to protect its environment and flora and fauna within it on behalf of the Minister of Conservation.

The issue is not about Freedom Camping as a general discussion but about the TDC designating this very small Scenic Reserve as a camping ground for freedom campers when there are other Non-Scenic Reserves available for this specific purpose.

This very fragile eco system is most susceptible to damage in both the short and long term if not managed correctly. The short term is from the destruction of the undercover which then exposes the interior of the bush to the elements. Long term is the damaged root systems of the protective bigger trees from compaction which leads to dying and again exposing the interior to the elements.

Those of you who walk through and visit this Scenic Reserve will have seen the great increase of camping in the reserve in the last 18 months. This has become a great concern not only to our Society but also for many folks in our community.

As a result of this our Society volunteers undertook a daily early morning survey covering 40 days. The survey results showed clearly the extent of the over use of this Scenic Reserve with up to 90 people staying each night with 40-50 vehicles parked up.

It was also interesting to note that people start coming in from 3pm until after dark and start leaving at 6am in the morning so by 11am there appears to be not many there and thus creating a "smoke and mirrors" for what the actual truth is.

The people that are staying there are freedom campers, seasonal workers and other tourists. This volume of camping is starting to have impact on the bush and surrounds with roots of trees being compacted by the vehicles, people camping in amongst the undergrowth, using it as a toilet rather than using either of the two provided toilets. The Jimmy Lee creek is also being used extensively as a toilet, dishwasher, and washing machine and for personal bathing.

Many instances also of lighting open fires to cook on even though there is a BBQ provided and open fires **are not permitted**. The Wakefield Volunteer Fire Brigade has had to go down and put out an open fire (under one of the larger trees) in the last few weeks and there have been more fires lit since then! Fire is one of the biggest immediate dangers for this Scenic Reserve and our local Fire Chief shares our concerns and would also like to see this area closed to all camping.

Our Society also spent time researching and found that our Edward Baigent Bush Memorial Scenic Reserve is listed on the freedom camper apps **all over the world** – stating FREE camping with facilities of toilets, water, BBQ etc.

We also found that the TDC had passed a freedom camper bylaw in 2013 which listed two places where freedom campers could stay one being this scenic reserve and we duly noted that the TDC did not consult our Society, the Neighbours or the Community when doing this.

Our Society has also written a four page letter to the Mayor expressing our growing anxieties over this issue if it continues unchecked and we gave the TDC very easy options on how to solve this problem and protect this Reserve.

The main one being to close this Scenic Reserve to all camping as soon as possible and redirect to another Non-Scenic Reserve, of which there is one 4 km South of Wakefield which is much larger and more open. And then when and if the land next to the Edward Baigent Bush Memorial Scenic Reserve is purchased, is to re-establish a managed camping area away from the bush.

I also spoke at our last Wakefield Community Council meeting (which was attended by the Mayor, TDC executives and our local councillors). I had a fair crack at trying to get through that the camping needs to cease – my opinion was that my comments were all falling on deaf ears and a stoic stance that as camping had always been allowed then they would defer to that. Totally bizarre to say the least! I mentioned also that I had not had a reply to my letter??

The very next week I received a one page letter in return. Basically to say NO we cannot close this Scenic Reserve to camping because it has always been allowed there and they did not have to consult anyone when making the by-law. Then passing the buck on to the Reserves Department for me to further contact with any further issues.

The Reserves Department have been installing some bollards at the Reserve out from some of the trees to try and "limit" the number of campers. Will that work? No because the campers are pitching tents inside the bollards! Also a patrol now goes in two days a week to try and catch the long term stayers but the problem with this is that this patrol person has no more power than you or I have. So they leave a nice little colour card stating how to be a good freedom camper on their windscreens or tent!

cont next page

DANGER ALERT – Be proactive or lose it! - cont
Edward Baigent Bush Memorial Scenic Reserve Wakefield

If you want to see the letter I sent (which has a lot more information in than I have put here) and the reply from the Mayor contact me at the e-mail below and I will send them to you or contact me at my phone number for further information.

If you agree with the stance our Society is making and the options we are suggesting then please start writing letters or emails, expressing your concerns to:

Mayor Richard Kempthorne Tasman District Council
Private Bag 4
Richmond 7050
or email richard.kempthorne@tasman.govt.nz

Member of Parliament Damien O'Connor
234 High Street
Motueka 7120
or email damien.oconnor@parliament.govt.nz

Minister of Conservation Maggie Barry
Freepost Hon Maggie Barry
Parliament Buildings,
Wellington 6160
or m.barry@parliament.govt.nz

If writing or emailing why not send to all three noting who it has been copied to.

“Remember the squeaky wheel gets the most oil”

Doug South
President
Wakefield Bush Restoration Society Inc
Telephone 03 541 8980
Email tuiville@xtra.co.nz

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**FOR THE WEEKEND
HANDYMAN/WOMAN**

In conjunction with Carol's Emporium, Pete will be opening a small Hardware Department for the weekend DIY.

HandyMan/Woman which will cater for a lot of the smaller items such as Nails, Nuts & Bolts, Screws Painting Accessories etc.

The Department will be opening Mid-April.
Customers welcome to come along and have a browse



The Way We Were

175 Years of European Settlement in Nelson 1842-2017

I The Journey Begins

To be accepted by the New Zealand Company as a “worthy immigrant” to which “the Strictest enquiry was made as to Character” – a necessary prerequisite to obtaining a free passage - was just the beginning. An outfit for each adult male and female had to be purchased at a cost of 5 pounds 14 shillings and 7 pence and 3 pounds 17 shillings respectively. In addition, each person had to have a mattress, knife, fork and spoon and children also had to be provided for.

The journey to New Zealand began for most migrants with an overland trip to the nearest point of embarkation: London, Plymouth or Glasgow. The cheapest way to get to London was by mail coach or night stage coach and it was cheaper to travel on the outside rather than inside. If the ships were not ready to leave, passengers might have to wait for up to a fortnight, often without enough money for decent board and lodging. For many, the journey to the ship would have been the longest land journey they had ever made.

At London the loaded ships were towed by steam tug to Gravesend, where the cabin passengers boarded who had escaped the crowding, pushing and confusion experienced by the “assisted” emigrants further up river. This was the case with the Clifford bound for Nelson in 1841 which took on 13 cabin passengers here.

On boarding the Lord Auckland to sail to Nelson in 1841, Alfred Fell wrote, “*The scene of confusion on board this evening...the women crying, the children playing regardless of everything, the men running about and almost knocking each other down, all of us driving away in the arranging of our berths, carpenters hammering, the noise of pigs, sheep and poultry, the horrible shouting of the sailors...carcasses of beef and mutton hanging around the rigging, the luggage tumbling about on deck...altogether forming a scene of confusion enough to drive one wild.*”

It was worse in wet weather. When William Bryan left Plymouth for New Plymouth in November 1840, “*It rained in torrents and the decks were ankle deep in dirt.*”

When they embarked they knew that they would be unlikely to see England again but as they took “a last long aching gaze “at their native shore, they noted later that “the hope of the future drove regret away.”

Sleeping and living accommodation on board varied according to how wealthy you were. Assisted immigrants travelled in steerage – a low-ceilinged space beneath the main deck. Those paying their own way were usually in “second” or “intermediate” cabins or in a saloon cabin below the poop deck at the stern. In 1866 the cheapest saloon fare was more than three times that of steerage.

Class distinctions continued on board in the form of better accommodation and food for cabin passengers. When the Otago paused at Madeira in 1879, fresh fruit was brought on board, but it was “all for the cabin.” It was for this very reason that some were opposed to having such passengers on emigrant ships. However, rigid class distinctions began to break down through such communal activities as choir singing although some cabin passengers were not so inclined to mix and mingle, one remarking that “even the poorest imagine that they will be grand folk in New Zealand.”

It was a cramped life below decks. Steerage passengers slept in tiers of bunks and the headroom between decks could be as little as 1.8 metres. On the Olympus passengers enjoyed a generous 1.96metres. There were three main compartments: single men occupied the forward area, single women were aft and married couples in the middle. These were accessed by separate hatchways.

Gradually, however, the separation of classes became more relaxed. At first on the Lord Auckland the Captain read prayers to the cabin passengers while the doctor read them in steerage to their passengers and the crew. Later on all the passengers gathered on the main deck for prayers and finally the steerage passengers were admitted to the saloon cabin (or cuddy). Shipboard concerts also brought everyone together as both performers and audience.

(To be continued with The Voyage next month)

Acknowledgements

McLean, John Voyages of the Pioneers to New Zealand 1839-85 Winter Productions, Wellington NZ, 2015

Neale, June E. Pioneer Passengers Anchor Press, Nelson, 1982

Te Ara The Encyclopedia of New Zealand on line: <http://www.teara.govt.nz/>



A somewhat idealised view of cabin passengers relaxing on the Royal Dane

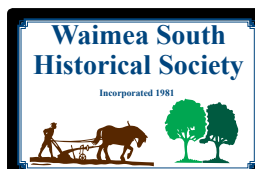
(Source):<http://www.teara.govt.nz/en/artwork/2641/new-years-eve-on-the-royal-dane>



Source: <http://www.teara.govt.nz/en/artwork/4237/steerage-passengers-eating-dinner>



Source: “Fatal Success”, A History of the NZ Company by Patricia Burns, Heinemann Reed 1989



Explore the
past with us
www.waisouth.wordpress.com

Wakefield Volunteer Fire Brigade

Another very busy month for the brigade with an array of calls from near drowning, heart conditions and motor vehicle accidents to shed fires and false alarms.

This is the reason we train every week because we have to have the skill set to cater for a wide range of emergencies when called upon.

This also makes the job very interesting because we never know what the next incident will be and where the next incident will take place.

As always take care and be safe
Fritz Buckendahl
CFO Wakefield

Schools are four times more likely to suffer an arson attack than commercial buildings.

Follow the simple inexpensive steps in the fact sheet to improve fire safety and reduce your likelihood of arson.

The New Zealand Fire Service offers a range of fire-safety education resources for early childhood, kōhanga reo, primary and year 7 and 8 students:

Get Out! Stay Out! for early childhood
E Puta! E Noho ki Waho! for kōhanga reo

Get Fire wise for year 1 and 2
Māui-tinei-ahi for year 1 and 2 (Maori-medium education)

Be Fire wise for year 7 and 8
The education resources are designed to be delivered by teachers and kaiako. They can be supported by fire-fighters with a school visit and fire-safety presentation.

<http://www.getfirewise.org.nz>

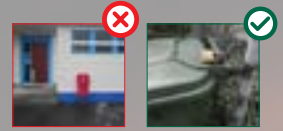


IT'S ARSON SEASON, SCHOOLS BEWARE!

Schools are four times more likely to suffer an arson attack than commercial buildings. All schools can take some simple, inexpensive steps to improve fire safety and reduce the likelihood of arson.

1 KEEP RUBBISH BINS AND SKIPS WELL AWAY FROM OUTSIDE WALLS

- We recommend you keep all fixed bins and wheelie bins at least two metres away from all buildings
- Lock and secure bins so they can't be moved up against buildings.



FACT: MOST SCHOOL FIRES ARE STARTED USING RUBBISH & OTHER EASY-TO-BURN ITEMS

2 REMOVE MATERIALS THAT CAN BE USED TO SET FIRES

- Empty bins every night and weekend if school grounds are being used e.g. sports, fairs
- Remove loose combustible items from under buildings e.g. timber, desks, school crafts
- Lock recycle bin lids after hours
- Monitor school boundaries, as nearby rubbish can be easily carried to school grounds.



FACT: MOST SCHOOL FIRES LIT BY YOUNG PEOPLE ARE OPPORTUNISTIC

3 INSTALL/INCREASE SECURITY LIGHTS

- Leave external lights on or increase timer periods for sensor lights
- Cut back vegetation to make school buildings more visible & minimise places for arsonists to hide.

FACT: THE LARGEST FIRES ARE SET AT NIGHT, ADDITIONAL SECURITY LIGHTS HAVE REDUCED FIRES & VANDALISM IN BRITISH SCHOOLS

4 INVOLVE THE COMMUNITY

- Ask neighbours and parents to keep an eye on the school and report any fires and serious vandalism to Police immediately.

5 CONFRONT ALL FIRE-SETTING BEHAVIOUR, NO MATTER HOW SMALL

- Report minor fire lighting to Police as it has been shown it is likely to continue
- Increase night security patrols during November
- The Fire Service offer a **FREE** programme to assist where young people are showing a fascination about fire. For further advice about the Fire Awareness Intervention Programme (FAIP) call **0800 FIREINFO** or visit our website www.fire.org.nz/FAIP. This programme is highly effective in ending fire-setting behaviour. The intervention can be directed at known fire-setters or to school groups when it is not known who is lighting the fires
- Record all information about fire-setting incidents for possible use by the Fire Service.

FACT: SCHOOLS OFTEN HAVE A SPATE OF SMALL FIRES ON THEIR GROUNDS BEFORE A MAJOR ARSON ATTACK

GET FIREWISE

Order resources from our Get Firewise programme to teach children general fire safety. Go to www.getfirewise.org.nz to order these resources, and feel free to get in touch with us through this page if you have any queries.



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Wakefield School & Community Cookbook

2016

If you haven't picked up your copy of the Wakefield School and Community Cookbook, then make sure you don't miss out!

Available from Wakefield Pharmacy, Wakefield School office during school hours or email ptawakefield@gmail.com to contact a member of the PTA.

If you are a parent or grandparent of the school you may also be interested in the Wakefield School teatowel that has been produced - it contains a caricature of all the children and staff of Wakefield School in 2016.



Wakefield School and Community Cookbook \$20
Tea towel \$8
Package deal [one of each] \$25

Wakefield Apple Fair

WAKEFIELD APPLE FAIR Sunday 23 April 11.30am – 3.30pm

Willow Bank Heritage Village – 79 Wakefield Kohatu highway.

Autumn's harvest of fresh, ripe apples is a delicious time of year in our district and once again the Wakefield Apple Fair celebrates the harvest in both fun and practical ways.

Now in its fourth year, the Wakefield Apple Fair is a true community event; organized, supported by and benefitting our people. "This year we've made community groups a real focus of the Apple Fair," says organizer Sylvia Huxtable. "Many of our stall holders are local groups providing great food and activities for the pleasure of fair-goers and at the same time raising funds for their organisation."

Make a day of it and stay for lunch, all the usual food favourites will be on sale; sausages, baking stalls, toffee apples, apple turnovers, milkshakes, crepes, gelato and many more, along with a new food option this year - a hangi. By special request The Coffee Guy will serve delicious fresh coffee.

The entertainment too will feature a mix of familiar and new performers. Returning are the crowd-pleasing Ragged Crow Morris Dancers and Plinkers ukulele band, and they will be joined by special guests the MSA men's choir from Ashburton. A highlight is story-teller Roger Sanders with Akiko Miyamoto a master puppeteer, whose performances will open the new puppet theatre – the latest addition to Willow Bank historic village, whose many quaint attractions are both a colourful setting and a thousand curiosities for young and old.

But, as always, the Apple Fair's main attraction is of course, apples, and the apple presses will be working overtime to process a small mountain of fruit into fresh, delicious apple juice. Bring your own apples to be juiced, or help yourself to free apples donated by Hoddy's orchard, and take home your own apple juice at the end of the day.

Bring your family and friends to the Wakefield Apple Fair, Sunday 23 April.

APPLE FAIR HELPERS WANTED

The Wakefield Apple Fair organisers are looking for some keen volunteers to help set up and run this year's event.

Set up is on Saturday 22 April, with jobs including putting up marquees, signage and bunting, and setting up the apple processing machinery.

On fair day, Sunday 23 April, help is needed to crush and press apples, using modern and vintage machinery, fill juice containers, sell souvenirs and maps, and manage car parking.

If you want to join the fun of running a vibrant community event and have a spare few hours on either of those days, contact Sylvia Huxtable, 541 9762, or Christine Grieder, 541 8595.



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On The Beat

Hi Everyone,

The year seems to be flying by and autumn is well on its way.

For those of you who are unaware Peter Jackson is on leave for a month so I have been at the station by myself. This means there will be times where the station is unmanned and will be covered by Nelson/Richmond. If you have an emergency that needs urgent attendance please make sure you call 111 in the first instance rather than try to get a hold of myself or PJ.

It has also come to my attention that there are still a number of you out there that are unsure how to contact Peter Jackson or myself when we are not at the station or feel that we are not always easily accessible. The most important thing to remember is that if it is an emergency, call 111. Your call will go to the Police Communications Centre in Christchurch and from there whoever is working will be dispatched. Even though the call goes through Christchurch this is the quickest way to obtain Police assistance in an emergency. Generally speaking if we are not working one of us will be on call and will still be available to attend.

If it is a routine enquiry, reporting of a historic incident or you just need some advice there are a number of options: Our phone number is (03) 541 8210. In recent times the phone system has been changed and you will get an automated message. It will give you some options and one of them is to enter an extension number. The extension number for the Wakefield Station is 38340. If there is no answer feel free to leave a message and we will get back to you.

Alternatively if you visit us at the station and we are not there you can pop a note in the slot next to the door. We will check this each time we come in to the station and will get back to you.

Please remember, our station is primarily a place to store our paperwork, computer and gear etc. Because of the area we cover it is not prudent to sit in the office all day. We are the Wakefield Police in name only mainly due to that being our historical name and the village where we are based in. There are only two of us policing a large area including Wakefield, Brightwater, Tapawera, Dovedale and every little valley and settlement in between. Because of this we are not able to sit in the office all of the time waiting for people that may or may not turn up. We really appreciate your patience and understanding.

Be safe out there and enjoy the last of the warm days before we head into the winter months. Look after yourself and your loved ones.

Regards,
Jamie White

Wakefield Police



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Authorised by Damien O'Connor, 208A Palmerston St, Wsp.

Quiz

APRIL QUESTIONS

1. Name the most dangerous place on earth?
2. Where is the hottest temperature recorded on earth?
3. Where is the world's coldest place?
4. Where is the world's most dangerous city to live in?
5. Where is the lowest point in the world?
6. How did Alexander the Great die?
7. What is the first place to welcome the New Year?
8. What is Progeria?
9. Where does the Phrase "Fools rush in where angels fear to tread" originate?
10. Who invented the first portable defibrillator?

ANSWERS FROM THE QUIZ FROM LAST MONTH

1. What liqueur bearing the letters D.O.M. on the bottle label was developed at Fecamp, France, in the 16th century?
BENEDICTINE (DOM = Deo Optimo Maximo = To God, most good, most great.)
2. What have been cooked in syrup and glazed to make the sweetmeat Marrons Glaces?
SWEET CHESTNUTS
3. Which 17th century explorer was buried with a pipe and a box of tobacco?
SIR WALTER RALEIGH
4. Who composed the music entitled Wedding March?
FELIX MENDELSSOHN
5. In which bay is Alcatraz?
SAN FRANCISCO BAY
6. Which Cornish village claims to be the birthplace of King Arthur?
TINTAGEL
7. What is an otter's home called?
HOLT
8. In Roman mythology, Neptune is the equivalent to which Greek god?
POSEIDON
9. What is the other name for Wildebeest?
GNU
10. What is the name given to a locked case in which decanters can be seen but not used?
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A Matter of Accounts

by Sonia Emerson, CA, BBus

ARE YOU CONSIDERING STARTING A BUSINESS?

So you have a new business idea, or have decided to go out on your own, or have seen a business that has captured your interest. What now? It seems like there are a million things to think about, a lot to do and you have no idea where to start. Take a deep breath, and then begin, one step at a time.

No doubt you are considering going into business because you are passionate about your business idea. But do you have the skills you need to make the business work? Unlike being employed by someone else, when you own your own business, unless you employ staff, or engage professionals to assist you, you will need to 'wear more than one hat' and have multiple skills ie organisation, financial or personnel management, marketing/advertising, people skills, negotiation or sales skills.

Firstly, you need to work out whether the business will be viable? You will need to:

- Research the market - is there an existing demand for your product or services, or will you be creating a new need?
- If so, how will you attract customers? What things might your customers consider when making their buying decisions?
- Who are your competitors and how will you differ from them?
- How big is the market and what are the characteristics of the people who will purchase your product or service?

[Prepare a simple business plan that covers the answers to these questions].

- Crunch the numbers - How much will you sell the product or service for?
- What are the costs involved that will be fixed or don't change with the amount of the product or service that you sell?
- What are the variable costs - those that change in direct relationship to your volume of sales?
- What are the assets that you need to purchase in order to run your business?
- How much do you need to take out of the business to cover your personal expenses?
- How long can you manage before the business must 'pay' you something?
- Do you have enough money [working capital] to cover the expenses until such time as the business is profitable?
- How much of your personal money will you need to invest and what sort of return do you want from it - is this more or less than other options?

[Prepare a high level cashflow forecast, and a break-even analysis - a calculation of how much money you need to have coming in to cover all outgoings]

If after completing the two steps above your business still seems viable, you should complete a full Business Plan, and start thinking about what business structure you will use [this will be the topic of next months article].

For more information and some useful tools including ideas on what to include in your Business Plan, visit www.business.govt.nz or www.ird.govt.nz/tool-for-business/tfb-start, or give me a call for a free initial consultation.



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Sonia Emerson
Chartered Accountant

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Town and Country Talk

by Brenda Halliwell

KEEPING CHICKENS

Chickens will add more to your family than just eggs! They are very social and make great pets! They have become very popular in recent years and there are now a lot more products and information available. The most important thing about keeping chickens is their environment - they must have a clean, warm area to sleep, have constant access to fresh food and water and be able to dust bath (this keeps external parasites under control).

Lifespan/Laying: Chickens live for 7-8 years depending on their breed. Most pullets (young hens) start laying at about 16-24 weeks of age, the first eggs are often small, odd shapes and sometime don't have shells. As they get larger you may strike the odd double yolker! As laying becomes regular the eggs will have healthy looking shells. They will continue to lay strongly for two to three years and then lay less and less as they age. Egg production will depend on the quality of their food and their living conditions.

Housing/cleaning: Each chicken needs space to flap their wings, move about and build a nest. They require a minimum area of 3 square metres to house up to 3 large birds and 0.4 square metre per additional bird. If they are to be caged, then make sure they are not overcrowded. Is there enough room at the feeder for them all at once? Is there enough room on the perch for them all? Use clean straw on the floor and nesting boxes. They must be able to scratch around in the dirt and dust bath so a reasonable size run is important. They require a warm and dry area to perch each night. Young hens will mostly teach themselves to perch, but to ensure this happens, lift them gently onto the perch each evening until it becomes a habit (2-4 nights). Make sure the perch is just high enough that they can jump onto it from the ground.

Free range chickens can live and behave more naturally - interestingly a truly free range chicken can walk more than 1km daily! - but remember chickens are foragers and will happily destroy your vege patch in a very short time if they get the chance! It is safest to be free range during the day and locked up at night. Free range birds will perch in trees if there is nowhere else but they prefer somewhere warm and dry. Provide a closed in nesting box so they have a safe place to lay their eggs, if they lay in the wrong place, put the eggs in the nesting box and they will usually go to that spot to lay next time.

Feeding: Start with a good quality pellet or mash for young chickens and then graduate to layer pellets when laying commences as their requirements change at this time. Feeding a good quality pellet is essential as it will be formulated to meet the requirements of a laying hen. The best food is one that contains 16-18% protein. They also require daily greens - silverbeet is a favourite. If they are caged and don't have access to insects and worms then get the kids to go on a worm hunt and give them as a treat. Chickens also require a certain amount of 'grit' in their diet, they naturally eat small stones which are stored in the gizzard to grind up their food, caged birds can't get these naturally so giving them a handful of shell grit or ground up egg shells every now and then will help them digest their food better and keep their calcium levels up. Feeding kitchen scraps is a great way of recycling but you need to be careful as they can easily get too much salt and sugar. Have a look online for some good tips as to what is good and what is not.

Health and Disease: Keeping your hens perch and flooring area clean is essential to keeping disease at bay. Clean your hen house out every 6-8 weeks (depending on size) and put in fresh straw. De-worm your hens twice a year, in spring and autumn. Check for mites and lice every week, general mites are tiny red specks and live in the cracks in your chicken house. Scaly leg mites burrow into the scales on your chickens legs causing raised encrusted scales. Lice are yellow and flat and can be seen at the base of the feathers. If you have any concerns, please call the clinic and we will help you diagnose the problem and treat accordingly.

Predators: Unfortunately hens are low on the food chain and they have a large number of predators such as dogs, cats, ferrets/stoats and hawks (and possibly pukeko's depending where you live) so make sure they are safe!

Moulting: Chickens will moult once a year, usually during late summer or early autumn. They may not lay as well during this time and will look pretty scruffy.

Broody hens: Occasionally hens will go clucky even without the presence of a rooster, they will sit on the nest and not get off. If a rooster is present then eggs will hatch in about 21 days. If no rooster is present you may be able to source fertilised eggs, otherwise you may remove eggs daily from your hen and she will eventually give up although this could take a few weeks in persistent birds!

Crowing roosters!: Roosters can start crowing from 16-20 weeks of age. They generally do this in the morning but some will do it at random times during the day, they can start very early in the morning (usually first light) which is a great way to annoy your neighbours! Check with the council about rules in your area for keeping hens and roosters before you commit to your new pets.



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Health

FLU SEASON IS HERE AGAIN

Influenza season has come around again. At Wakefield Health Centre we are running some flu vaccine clinics on:

- Tuesday 4th April at Tapawera
- Wednesday 5th April at Wakefield Health Centre
- Tuesday 11th April at Wakefield Health Centre
- Wednesday 12th April at Wakefield Health Centre

Flu vaccines are free if:

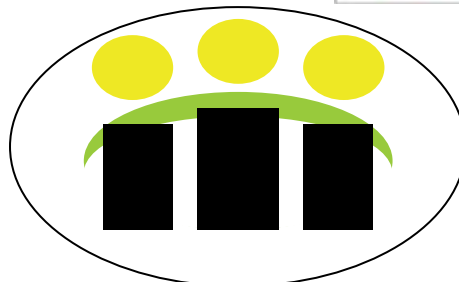
- You are aged 65 or over
- You are pregnant
- You have heart disease
- You have diabetes
- You have asthma or another chronic respiratory disease
- You have an autoimmune disease



Phone the clinic on 5418911 to make your appointment at either Wakefield or Tapawera.

You may have noticed that we have recently set up a text system at the Health Centre. This means that you will receive a text reminder for appointments, and also enables your GP or nurse to text non-urgent results to you. If you want to make use of this free service make sure we have an up to date cell phone number on record for you. If you prefer not to receive texts just let us know!

We regularly post news and health articles on our website – take a look at www.wakefieldhealthcentre.co.nz for our latest news and information.



Wakefield Health Centre

Surgery hours:

Monday to Friday 8am – 5:30pm

Wednesday 8am – 7pm

New Enrolments Welcome

Phone 541 8911

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KCP Racing Team

Just a quick update on the KCP racing team before the season comes to a close here in Nelson. The three have had a very busy season so far and for us it doesn't slow down for another month or so yet.

Piper and Kyla recently got invited to take part in the Wellington girls invitational race night. Even with a few complications the weekend was amazing.

Connor and Kyla will be travelling to Geymouth for 'King of the coast' shortly.

Kyla raced in Ashburton for South Island NZ champs and will race in Oxford for NZ champs at the end of May.

With a few broken cars this year we have been very busy but will still be sad when the season ends. And quietly relieved.

So with the final race date in Nelson on the 15th of April at 4pm we would really love to see you there.



Physiotherapy

UNDERSTANDING TRIGGER POINTS

By Kate West, Physiotherapist at Wakefield Physio

Trigger points (TP) are specific points in a muscle that become tight, irritated and/ or inflamed. When you touch them they often feel like a hard lump and can be very painful. TPs also can 'shoot' or 'refer' pain to a different location meaning the pain you feel could be from a completely different area.

TP's develop as a result of stress placed on our body. This stress can be emotional or physical; virtually anything that places an increased demand on our body. TPs can occur after adapting a poor posture, through lack of sleep, when feeling anxious or under emotional pressure, after an injury or trauma, or from doing a repetitive task for a prolonged period.

Treatment of TPs is centred on correcting any abnormalities that could cause the TP in the first place including assessing your range of motion, muscle length and strength as well as your posture. Once this has been ascertained, techniques such as trigger point release can be used to help ease the pain.

Trigger point release is where direct pressure to the trigger point is held by your thumb or finger, and sustained until your pain starts to dull.

This direct pressure results in an increase in blood flow to the area, bringing natural pain killers or endorphins to the area.

This relaxes the tight muscle or trigger point and decreases your pain.

A common area where TPs can be found is on a muscle located between our neck and shoulder joint; the upper trapezius. Injuries to our neck, shoulder and/or thoracic spine; overuse and poor posture are often causes of tightness and pain in this muscle.

If you experience pain in this region, a simple way to do a trigger point release at home is to do the following: -

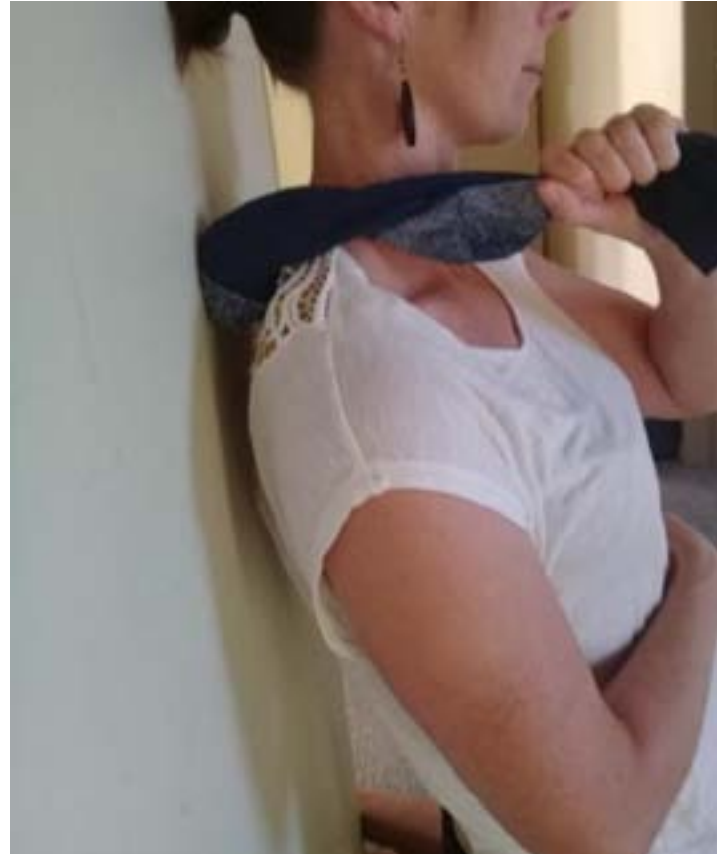
- Grab a tennis ball and a long sock, and work the ball into the toe end of the sock
- Hold onto the end of the sock and throw it over your back
- Stand with your back against a wall, with the ball in between you and the wall
- Move your back around, rolling the ball over the back of your shoulders and over the muscle between your shoulder blades
- Once you find a tender spot, hold this position until your pain dulls. You may find you need to either increase or decrease depending on how much pain at that spot.
- Continue daily. However if the pain increases please stop.

From my experience everyone will have a TP somewhere in their body.

The point may be sore if you push it hard enough but there will be no major impact on your daily life.

However, when TPs do start to cause you pain, even when at rest, take that as your body's warning.

Our body is telling us that something needs to change. If ignored, pain can increase and become more persistent.



Kate West NZRP, BPhty

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SPRING GROVE KENNELS AND CATTERY

by Charlotte Botha

Visiting Spring Grove Kennels and Cattery is more than just a visit to the business, it is a fun experience... as you come up the drive you will meet our five alpaca boys, our four kunekune pigs and our miniature horse Harry. All are very tame and children love feeding them bread or carrots as much as they love being fed! You will also see Bambi and Adrian, a very tame old deer and sheep who also love snuggles. There are also guinea fowl, chickens, rabbits, chinchillas and a beautiful galloway.

Although Spring Grove Kennels and Cattery has been established for over 30 years, there have been lots of changes recently. Since we took ownership in January 2016 we have made changes including refurbishment of the kennels and cattery, creating a website and a fun Facebook page where parents can see what their pets are up to whilst they are on holiday. We also have a lovely hydro bath where the dogs can be shampooed and dried for a very low cost, so that they go home clean and smelling beautifully fresh. Have you noticed our bright yellow sign on the main road?

The best thing about owning Spring Grove Kennels and Cattery is having a job that I absolutely love, where I can give unconditional love and where a kind and friendly nature is a pre-requisite. It is fantastic to see the relief on a mum or dad's face when they come and pick up their precious companion and realise that they have had a lovely stay.

Another joy is seeing pets coming back for a visit with their tails wagging, genuinely excited to come for another holiday. Some parents say their dogs get really excited once they turn into the driveway. It is easy to see how much the cats are enjoying their stays – they reward me with lots of purring when I groom them!

I absolutely love running around and playing with the dogs, but there are many public expectations around barking and noise levels, which can make it difficult to have as much fun as we would like to. Dogs bark when they play and are excited, but that is sometimes not well tolerated by humans, which I find very unusual and often frustrating especially in a rural environment. We try to be good neighbours as well as good fun for our furry visitors.

We are proud to be able to care for dogs that have been neutered or spayed after they have spent the required time at the pound. Often we help them heal after surgery, and give them a loving and caring environment whilst people try and find them forever homes. These dogs are so grateful for every pat and cuddle and their tails never stop wagging once they realise there is nothing here to be afraid of. It is so rewarding seeing them go to their forever homes.

We also care for birds, rabbits, guinea pigs and even rats and mice! We often take pets that are extremely timid and frightened into our home, to help them settle and adjust to the kennel environment at a slower pace than those that regularly attend motels. A dream for the future is a hydrotherapy facility for our older clients with arthritis and stiff joints. By next summer I hope to install a large shallow swimming pool for dogs to cool down in during very hot summer afternoons.

We are open seven days a week. Please call in if you think you will need a caring place for your cat or dog to stay in future. It is better to choose a kennels or cattery before you need it, and you can book in confidence once you have seen Spring Grove Kennels and Cattery for yourself.



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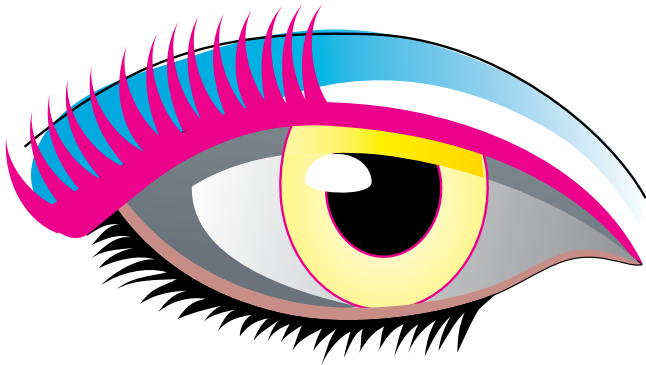
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Wakefield Bowling Club

by Tony Eames

There has been a lot going on this month with some excellent performances by Club members and teams producing great results in Nelson Centre events, the highlights being:

- *Di Holland winning the Junior Singles Champion of Champions. Pictured right.
- *Two Wakefield teams winning their respective sections in the midweek Junior Pairs, Steve Goodfellow & Phil Johnson winning the final against Di Holland & Pam Bonis.
- *The Saturday morning Interclub team winning the Presidents Trophy.
- *The Open Singles Champion of Champions being played at Wakefield with Wakefield players performing well against top class opposition.

The March Tournament was sponsored by Comfort Master heating, insulation & ventilation suppliers, with staff members playing in the Tournament. These tournaments are very popular with teams from around the region. The Tournament was won by Ray Dyson from Tahuna, second placed was Monica Kennedy from Richmond and third the Wakefield team of Peter Sisterson, John van der Laan & Tony Eames.

Club Championships.

The final Championships to be decided for this season were the Fours: The Women's won by Chris Longman, Carolyn Mason, Pam Bonis & Vicki Sixtus. The Men's won by Stu Peterson, Peter Fitzwater, Trevor Woodbury & Tony Eames.

National Interclub.

The Women's 7s team had a great experience on their trip to Auckland for the National Interclub playoffs having won the Nelson Interclub Division 2. The Singles won two games from three and the Fours won one game but overall the team just missed out on qualifying for the finals. Thanks again to Wendy Pearson of Tall Poppy Real Estate and the Mainland Foundation for support with travel costs.

Nelson Interclub.

*The Midweek Interclub Pairs is played on Wednesday evenings, the final between the two Wakefield teams being a close game with excellent play from all four players, Steve & Phil just getting ahead on the last few ends. *The Saturday morning President's Trophy is played over the season with a play off between two sections winners; we had various players involved at different times, represented in the final by Ron Charles, John van der Laan and Carolyn Mason.

Champion of Champions.

These are played by the Club Championship winners from all the Clubs in the region in a knock out competition. *Di Holland won the Women's Junior Singles.* Stu Peterson made the final in the Men's Veteran Singles and also in the Vet Pairs with Tony Eames. Margaret Eames and Linda Sisterson made the final of the Women's Vet Pairs in a very close game which came down to the last bowl. Carolyn Mason played two excellent games before being knocked out of the Women's Vet Singles. Margaret, Linda and Di made the semi final of the Women's Triples losing by one point to the eventual winners from Motueka.

*The Open Singles Champion of Champions was hosted at Wakefield. Linda Sisterson was drawn to play NZ International Black Jack, Kirsten Edwards, and gave her a great game before Kirsten got ahead on the last few ends. Tony Eames reached the final of the Men's Singles to play World Champion, Shannon McIlroy who was always in control of the game but stated after that he was "made to work for the win". What a great privilege & experience to play against such players; in what other sport can you play at your local club against International players and a World Champion.

The Wakefield Club is proud to have a great social atmosphere with good camaraderie in social roll ups and tournaments as well as achieving good results in the regional competitions. There is a great balance catering for enjoyment at all levels and serious competition at the highest level.

Please feel welcome to give it a go, come along on Monday or Friday afternoons (Wednesdays & Fridays in winter) or call in at other times. Contact Tony on 5418316 for further enquiries or to arrange a time to meet.



Di Holland, Winner of the Women's Junior Singles Champion of Champions



*Phil Johnson & Steve Goodfellow
Winners of the Midweek Interclub Junior Pairs*



Laurence Kirdy (L) and Marc Stewart (R) of Comfort Master played with Peter Fitzwater in the Tournament they sponsored.

Wakefield Hotel

WHERE TO NOW??

After purchasing the Wakefield Hotel and subsequently saving it from closure, it was clear that we needed to look at how the business operated and how the community interacted to ensure that moving forward what has been part of the community for over 150 years, would continue to do so and be there long term.

Having found a fantastic manager in Maxine Morrison, the next step was what to do with the building. It was clearly under utilised and up for a bit of a makeover. The first thing we decided to do was to update the accommodation. We repainted and re-carpeted the bedrooms. The existing bathroom was updated and another smaller bathroom added. We then added an ensuite bathroom to two of the rooms. The outcome is that now Maxine has the accommodation side bubbling away very well and some months is completely full.

This has led to looking at what to do to enhance the accommodation side. We also purchased the adjoining property, the very mysterious "Fort Haldeman" that was built by GJ Gardner Homes just over three years ago. The idea now is to incorporate some of that land into the hotel property and develop a series of camper van parks with a new amenities block built at the back of the hotel to service those people wishing to stay there. Given the demands on the hotel accommodation we may also build a series of self contained cabins to encourage more people to visit, utilise and stay within the village for more than just overnight. Maxine has already done a great job with various cycle companies and that is forming a large part of the accommodation to date, along with travellers and truckers, not to mention the odd local using the accommodation for family and friends that are visiting

The Bistro was another challenge. Having undertaken a revamp inside and adding French doors to enable better access to the front deck and tables for people to enjoy a coffee or meal outdoors, we set about finding a good operator.

That person came in the form of Jeanette, who with a small number of locals transformed the food side of the hotel business.

Unfortunately for us, Jeanette only wanted a one year lease as she and Brian still have property and ties to another business in Kaikoura. Jeanette worked extremely hard to build up a clientele from scratch again and her commitment proved it's worth. Unfortunately during our discussions in regard to renewing the lease, Jeanette made it clear that at times the going had been very tough, the business was struggling to be profitable, and the decision to not go any further in fact was a bit of a relief, according to Jeanette. It is unfortunate but reality is reality, so it was decided that we would take over the operation of the bistro and roll it back into the business generally. It is hoped that the menus will be revamped to provide a more gastro pub experience with good wholesome simple dishes, using all local produce.

Publicly though we would like to thank Jeanette and her team for the efforts they have put in over the last year. The feedback we have received about the meals has been overwhelmingly good, so we have a challenge ahead to make things even better.

An additional part of the process of enhancing the hotel generally is to provide a more relaxed and homely feel to the garden bar area so that families can come on the weekend and enjoy the property in a very relaxed way, over the summer months. This may include adding a pizza oven with the pizza made onsite but cooked by a family member if they wish. It could also be an outside grill where various cuts of meat and smallgoods can be bought and cooked onsite with a choice of simple healthy salads as accompaniments. Winter may see the good ol Kiwi roast back on the menu.

We are very open to working with our locals to provide exactly the sort of experience and enjoyment that suits everyone, and look forward along with Maxine and her crew to being there for another 150 years.



Garden Seating at the Wakefield Hotel

RURAL POST

Contact Nick & Jackie Costley

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Your Space group meets weekly on Wednesdays from 12:30 at Brightwater Playcentre, giving you and your baby the chance to make real connections during your baby's first year.

You and your baby will explore music, books, discussion topics and a variety of play experiences as you continue to learn together, along with crafts and a cuppa, with the support of experienced Space facilitators.

For more information, call Brigit on 021 148 0161



Young Ex Local Wins

YOUNG EX LOCAL WINS FIRST CHAMPIONSHIP

by Colin Gibbs

"Bow, Wow". The Waimea Sheep Dog Trial Club will hold its 96th Annual Trials on Easter Monday and Tuesday 17 – 18 April 2017 on the grounds of Johnston, Brown and Levy with the entrance off Higgins Road. The major day will be Monday with both Huntaway and Heading Events being held on three different courses. Each course will test man and dog with three sheep and to complete within a specified time.

The sheep will be eight month old lambs, or hoggets that have been supplied by Eion Herbert for the Huntaways and Nigel Gibbs for the Heading Events. It is convenient that each mob can be driven to the grounds from farms not far away instead of cost for truck cartage.

Competitors will be from Marlborough and Nelson along with some coming from Canterbury although we don't know as yet as entries are open until 9.30am on Monday 17th April. We hope to have a good turn out with it being a holiday.

One young competitor who is expected to attend will be Scott Downing, whose parents live on the northern side of Wakefield, with his dogs Bo and Bell. Scott, with his dog Bo, won his first Championship Event at Tapawera on 19th March putting up two excellent runs of 97.5 each for an aggregate of 195 out of 200. This has followed his great performance of winning three Club Events at Marlborough Trials earlier in the month instead of two of them with his Huntaway dog Bo and one with heading dog Bell – Well Done Scott! Winning three or more events at the same trial is not unusual but is a great achievement.

Both Phil Gibbs and Eion Herbert have won three Events at Waimea Trials previously and I have heard of a competitor winning all four Events at the same venue competition.

The Tapawera Championship Events where the top five Marlborough Nelson dogs get enough qualifying points (6) to take part in the Island and NZ Championships. At normal Club Trials a competitor/dog gets 5 points for a win, 4 points for second place, down to 1 point for 5th place.

Scott's heading dog Bell, at Tapawera gained enough run points to be the 4th Top Qualifying Marlborough Nelson dog in Event 2 – short head and yard.

The other top dog man is our local Eion Herbert who rents a farm and lives in Gibbs Valley with his dogs Bell and Storm. Bell managed to win Event 2 Championship at Tapawera and was placed in Event 1. Storm gained third place in Event 2 at the Championships. Eion's dogs have been consistently placed in other trials throughout the season.

Along with our trials there are a number of other clubs still to run their events with the Nelson lakes just completed on 2nd April at St Arnaud where we feed the sandflies (and catch a few) and Wairau Valley on April 7/8.

We are looking toward 2018 when the NZ Championships will be held in our area and the major sponsor –Tux Purina - will be celebrating 50 years of continuous support to the NZ Dog Trial Association – the longest any company has contributed to any sport.

Please feel free to come along to our trials especially on Easter Monday to see the competitors and their dogs in action with their three sheep.

Thank you to our supporters and sponsors for their very valuable input to making what is hoped to be a great competition. For more information contact Secretary: Colin Gibbs 03 5418 435.



Live Well Stay Well

“Live well Stay well” group recommencing for 2017.

We are a healthy living and social group for the over 50s living in the Wakefield and Brightwater areas. A varied programme is arranged which is informative and fun. We meet regularly for coffee and chat sessions, go for local walks, visit places of interest nearby or have speakers of interest to us all.

•Tuesday April 4th from 9.45 - 11am with a coffee and chat session at The Villa - reopend tea rooms. Plan to discuss our programme for the year.

•Tuesday April 18 Meet at Chateau Rhubarb from 9.45 - 10.30am for a coffee and chat session then we will head off for a local walk.

•Tuesday May 2, meet 9.45 at the Wakefield Hall for coffee then at 10am-11am we have our new local policeman Jamie White coming to talk to us all about local issues.

All interested are welcome especially those new to the area. Come and meet some friendly locals.



For an up to date programme diary to be emailed to you, please contact, Yvonne Moore 5422235 or Margaret Clark 5419693.

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Tel: 03 526 6095 Mob: 021 167 3803
Email: kernow4construction@gmail.com

Target Shooting Wakefield

Contact : targetshootingwakefield@gmail.com
If you require any further information about coming shooting.



CONTACT : Dot Ashton 5418989 or 0275430529
If you require further information about coming shooting.

Club Night ~ SEASON STARTS APRIL 3RD Mondays from 7pm, range next to soccer rooms. Kids shoot first so they can get home on a school night. \$7 a card, all gear supplied & completely supervised.
Come on down and give it a go, age 10yrs - and beyond. Great sport for all ages that you can carry on with throughout your life. Even though winter is biting, the club room is warm and the humours hot. If you would like some more info or have any questions just contact us on the above contacts top of the page.
Would be great to see some old faces back in the club as well as some new ones. Target shooting isn't only for the young ones us older ones can do it too. If it's something you would like to have a go at and become part of our little club please come along or give me a ring, details at the top of the page.

AGM – TUESDAY 11TH APRIL 7pm 2017 WAKEFIELD FIRE STATION

Meeting held to discuss the coming season , fees , fundraising , who's doing what and general business .Your most welcome to come along especially if you are interested in shooting or offering any help to the club.

Wakefield Playcentre

by Liz Ashburner

WHAT'S HAPPENING AT WAKEFIELD TOY LIBRARY?

Annual subs are now due at the Toy Library and we have a special offer to encourage you all to get in early: Pay your subscription in full before the end of April and you will get two free hires!

Our subscription rates are very reasonable and start from \$25 a year for a full subscription (with volunteer duties). Casual and home-based educator rates are also available.

Look out for Wakefield Playcentre this month at the Apple Fair – we will be selling delicious home-baking to raise funds for the Toy Library. See you there!

At playcentre we love getting out into the community and our great adult to child ratio means that it is easy for us to plan trips or pop out to explore the area. This month we held a few excursions, including a visit to Tapawera Playcentre, a morning at Twin Bridges Reserve in Aniseed Valley and a walk to watch the Kiwisports Day at Wakefield School. Before the end of term we are also planning a visit to Nelson Gym where our tamariki will be exploring their range of equipment.

Back at the centre we have been focussing on relationship building with lots of group activities encouraging the development of social skills. Some of the activities have included baking, parachute play and bathing babies (both plastic and real!). The results have been noticeable in friendships that are developing between some of our more reserved children and the teamwork we have witnessed on session.

Relationships don't stop at the children of course and our first social evening for the year was a great success. We held a Friday afternoon BBQ with families bringing Playcentre kids and older siblings. It was lovely to catch up with our Playcentre friends out of session, to meet other family members and to see how much the older children got out of playing at the centre. We are hoping to hold a social event at least once a term.



If you are interested in being part of the Playcentre community, come along Monday to Friday between 9:30 and 12:00 on Treeton Place. Your first three visits are free!



WAKEFIELD PHARMACY

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Join us on our **FACEBOOK** page and be in the draw to win our monthly prize.

Shop hours -

Monday 8.30am to 5.30pm - Tuesday 8.30am to 5.30pm - Wednesday 8.30am to 7pm
Thursday 8.30am to 5.30pm - Friday 8.30am to 5.30pm - Saturday 10am to 12pm

4 Edward Street, Wakefield - Phone 03 541 8418 - Fax 03 541 9100

www.wakefieldpharmacy.co.nz

Community Notices

222 Pigeon Valley Road, Wakefield, Nelson. Email: pigeons@pigeonvalleymuseum.com

Home to Pigeon Valley Steam Museum (2012) Inc. • Historic Transport Museum Trust • Street Car Club Nelson • Nelson Vintage Engines & Machinery Club Inc. • Army Group Centre Inc. AND NOW • the Bay Wa Collection of rare and specialist motorcycles.

P.O. Box 62,
Brightwater, 7051

2016/17 SEASON EVENTS.

"On Steam" first Sunday monthly, September to May. (January on the 2nd day of the month.) These days are also part of Destination Wakefield where many attractions and lunch venues around the Village are all open together for a great day out. Higgins Heritage Park sheds are open on the 3rd Sundays monthly until winter.

Sunday 4 th September:	On Steam, and Classic & Collectable Car Show.
Sunday 2 nd October:	On Steam.
Sunday 16 th October:	On Steam for Touring Classic Trucks. All welcome.
Sunday 6 th November:	On Steam.
Sat. & Sun. 12 th & 13 th November:	On Steam and Logging Weekend.
Sunday 4 th December:	On Steam.
Monday 2 nd January:	On Steam, coincides with Wakefield Craft Day.
Sat. & Sun. January:	On Steam and Vintage Machinery Club Show.
Sunday 5 th February:	On Steam.
Sat. & Sun. 4 th & 5 th March:	On Steam and Transport Museum Show
Sunday 2 nd April:	On Steam.
Sunday 7 th May:	Last Steam Day, and Military Re-enactment Action Day.

Sheds will be open only on first Sunday of June, July and August for winter.
Special visits may be arranged with Park Manager, Allan. 027 318 7477

AVAILABLE TO RENT

TOTARA VIEW COTTAGE
164 Totara View Road,
Wakefield



Furnished - One bedroom (queen bed) with ensuite shower and toilet.

Living area with heat pump, kitchen with underfloor heating, laundry, study area. Linen and towels included.

Rent - \$250 per week incl electricity and gas

Contact: 03 541 9689 or 027 364 0073

Wakefield Craft Group

Come and join the ladies Craft Group
held on Wednesday mornings
in the Fire Brigade Supper Room
Pigeon Valley Road
9.00am - 12pm

Bring any project - sewing, knitting, crochet.
Learn to knit or crochet or just come for a look
and join us for tea, coffee and company.
Small donation

For more information phone Judy on 5418342



WAIMEA AREA QUILTERS

Our APRIL 2017 meeting will be a

SEW IN MEETING ON THURSDAY APRIL 13th

From 5.00pm – 9.30pm

AT

HOPE SCHOOL LIBRARY

Corner of Paton Rd. and Anniseed Valley Rd.

OUR ROUND ROBIN CHALLENGE HAS COMPLETED ITS FIRST MONTH!

Please bring the following: Yourself! BYO evening meal, your machines, or hand sewing and your first border for the above challenge, to exchange with those taking part. Any Show & Tell items you may have or completed Charity Quilts. Tea/Coffee provided.

New ladies of all quilting/patchwork levels, always welcome to our friendly group! Please contact below for information.

Contacts: Judy-Anne on 5422104, email: judyannesmb@gmail.com or Marilyn on 541 8435, email: gibbs@ts.co.nz.

New season of Indoor Bowls !!

Wakefield Hall is the ideal place to play indoor bowls

Another season of Indoor Bowls is about to begin at Wakefield. Last season was our most successful for a number of years and this year is promising to be better again, with most of our experienced players returning.

The Wakefield Hall is the ideal venue, being spacious and light with excellent facilities, warm in winter (the temperature is kept at a very cosy 23°C),

The Wakefield Indoor Bowls Club
Invites young and old to their
2017 season, starting

*Monday afternoon 3rd April 1 pm

*Tuesday night 4th April 7.15 pm

A special offer

for new players is 100% discount
on local subscription for the first year!

So come along in your favourite soft shoes and join in. Our experienced Trophy winners will be very willing to share their knowledge.

*If you would like more information please phone Lionel 5418840 for Monday afternoons or Ren 5418275 for Tuesday nights

Car sharing can be arranged, so if you would need a lift please let us know.

Community Notices



Wakefield has much to offer within a small area and so we have come up with the Destination Wakefield days.

The first Sunday in each month (from Sept to May) will be a happening time in Wakefield. Pigeon Valley Steam Museum will be on steam, Willow Bank Heritage Village will be open to the public and Villa Grove Estate will be offering their special olive oils for sale.

Have a coffee & lunch at the Wakefield Bistro located in the Historic Wakefield Hotel.

Carol's Emporium, Thistle Gallery, Armageddon Paint Ball, Wakefield Bike Hire, Barbars, The Bush Walk Gallery and The Village Gallery are among other Wakefield businesses open - make a day of it!

All these activities will be open from 10am - 3pm.

**SUNDAYS: 4.9.2016 | 2.10.2016 | 6.11.2016 | 4.12.2016
2.1.2017 | 5.2.2017 | 5.3.2017 | 2.4.2017 | 7.5.2017**



WAKEFIELD MARKET DAY

Saturday 8th April

Winter hours 9am to 1pm

Come enjoy the village market - a large array of goods available. Books, plants, recycled goods and more all waiting for a new home

BBQ and sites available, ring Jean 541 8154

BETTER THAN BEFORE GROUP

Want to work on an intention for the New Year? Create and keep better habits? Lets meet 2 weekly as a small group to motivate each other, share intentions and knowledge.

Thursdays 2 weekly, April 11th and 25th
William Higgins Cobb Cottage,
170 Main Road, Spring Grove

All welcome just turn up

Email kathycambridge@yahoo.co.nz
[Put "group" in the subject line]

FERMENTATION WORKSHOP

Sauerkraut, kimchi, kombucha, milk kefir and yoghurt are types of fermented food that have nutritional and health benefits.

If you're interested in attending a workshop to learn more, contact Jenni on jennik@ts.co.nz or 027 224 0977. Probably held on Saturday 22 April in Wakefield, depending on interest.

RURAL PROPERTY WANTED TO RENT

Feb

Due to our current rental being sold, we find ourselves looking for a country house with some land to rent/lease long term, with a view to purchase in the area.

We have a small number of sheep, and wish to run a few calves, chooks and have our own vege garden. Being a mature, professional couple and son, we are careful, responsible, quiet folk. We are ex-sheep/cattle farmers. We have NO dogs. We would be very happy to help out with farm chores if need be. If you have or know of a property that needs to be looked after, call us on: 03 543 3600 Anne and Grant.

All areas considered.

**25th April - 10am
Wakefield Village
Hall
All Welcome**

Do You Have Photos Of Historical Interest That You Would Like To See Preserved For The Benefit Of Future Generations?

Waimea South Historical Society would be happy to care of them for you.

They would be housed in the Tasman District Library and become part of our collection.

Like George Lawrence Collection they would eventually become digitised and available on-line as part of the Kete Website.

If you wanted to keep them but thought they would be of interest to others they could be copied and dealt with in the same way.

Just make contact with Arnold Clark Ph 544 7834



Community Notices



Are you a beginner, or have never drawn or painted before?
Come and give it a go
Join our very friendly group

Every THURSDAY of the School Term
9.30 am – 12.00 pm

Wakefield Village Hall – Supper Room
\$4 per session/cup of tea included

For more information contact:
Fiona - P: 027 767 7909
E: kahurangicottage@gmail.com
or Sonja – P: 541 8176
E: sonjal@ts.co.nz

MAINLY MUSIC

Now meeting at Wakefield St Johns Anglican Worship Centre
Monday's 10.00am. Cost \$3.00 per family.

This is a time for parents and children to enjoy music, song, dance and lots of laughs.

Any queries please phone Wendy Milson 544-5494.

WAKEFIELD ANGLICAN COMMUNITY LUNCHES.

The monthly Community Lunches will recommence for the year on
Thursday February 16th at 12 noon in the lounge at the Worship Centre.

All welcome.

If you wish to attend we prefer that you let us know by phoning Caroline
5418491 by the previous Monday if possible.

Come and enjoy a social hour and chat over a meal.
A small donation is appreciated to cover expenses.

WAIMEA PLUNKET PLAYGROUP

The Brightwater Community
Anglican Church, Waimea West Road, Brightwater

Time: 9.00 – 12.00 noon Day: Wednesday morning Cost: FREE

WAKEFIELD JUNIOR TENNIS

Fridays Term 4 and Term 1

To register visit www.caldertennis.co.nz

FOXHILL TENNIS COURTS

658 Wakefield-Kohatu Highway
(at rear of Rutherford Memorial Hall)
FREE PUBLIC USE

Re-painted lines, nets up ready to go,
for twilight practices and summer fitness.

Managed by Rutherford Memorial Hall (Foxhill) Assn Inc. for TDC
Erica Short Secretary/Treasurer 541 8882

PERMACULTURE GROUP

Our group meets informally on the
4th Wednesday of the month.

If you are interested in joining us to share knowledge or
learn to start growing food organically
then ring Diana and Iain on 5418950 for the venue.

MEALS ON WHEELS DRIVERS NEEDED.

Volunteers are needed to deliver Meals
on Wheels to recipients in the Wakefield -
Brightwater area.

Meals are delivered Monday - Friday, and
are picked up at 11am from the Wakefield
Rest Home.

Delivery takes approximately 1 1/2 hours.
At this stage we need people who can do
relief days for our regular drivers, but we
probably require one or two to do regular
fortnightly days in the near future.

This service is greatly appreciated by the
recipients, as it enables them to stay in their
own homes, ensuring they have a good
meal, and they also enjoy a chat with the
driver.

If you think you would like to help provide
this service, please contact Heather Watts,
Phone 5418151,
before 14th April.

2017 NELSON'S BIRTHDAY

Celebrating 175 Years of European Settlement

This February it will be 175 years since the first four emigrant ships: *Fifeshire*, *Mary Ann*, *Lloyds* and *Lord Auckland* arrived in Nelson Haven, carrying our pioneer ancestors from Britain. Over the course of the year 15 more would follow.

Window on Wakefield encourages all families, clubs, societies and organisations which are based in and around Wakefield to recognise this in some way during the year.

We would also like to **publish photographs of any houses which were built prior to 1900**. We may have a photo of your house on file, but if you think we haven't please feel free to send us one (the most interesting side) in jpg format. Include the name of the family who first owned it and (if possible) the year of construction as well as your address.

Send your e-mail to rogerab@vodafone.net.nz

With the title: Nelson's 175th Birthday

Community Classifieds

FREE *March*
Large old chest freezer, suitable for storing animal and dry food.
Phone 542 4428

FREE *Nov*
Hen & Baby chicks to give away to a good home.
Phone Rachel 541 8763 or 027 286 7927

FOR SALE *Nov*
Sheep Manure \$8.00 per 25kg bag
Can deliver ph: 541 8488

STORAGE BAYS AVAILABLE *Nov*
Great for a Motorhome or Boat, Wakefield area.
Contact: 541 9726 or 0210 833 0261

FOR SALE
Dec
Free range eggs \$5.00 per dozen
Ph Gail 541 9701

FOR SALE
Swings - pipe and chain type \$35.00
Ph Marion 541 8018

FREE
Half tractor tyre large, suitable for sandpit
Ph Marion 541 8018

FOR SALE
Highline brown pullets from excellent laying stock, quiet, vaccinated and guaranteed.
Ph Alison White 021 168 0324

WANTED *March*
Metal filing cabinet, size or condition doesn't matter, something cheap
ph Murray 541 9655

FOR SALE
SONY BRAVO 42" TV \$150.00
Perfect condition - we upgraded to a Smart TV. Tel:- 541 8817

FOR SALE *Jan*
Dolls and knitted and sewn dolls clothes
phone Judy 5418342

Also wanted someone who can translate dolls knitting patterns from French into English
Phone Judy 5418342

FOR SALE
Ram 4yr English Leicester Purebred.
Good feet, good nature, good wool.
\$150.00
Ph 541 9119

WANTED - ROVING REPORTERS

Window on Wakefield are looking for more volunteer roving reporters.
Please contact us on windowonwakefield@gmail.com

FOR SALE *March*
Tipperary Equestrian Body Protector- Size YL adjustable fit.
Worn twice, as new condition
\$220.00
christinegodfrey@windowlive.com
Ph 541 9233 or 027 677 0080

FOR SALE *Nov*
Agapanthus - cheap mature plants.
Clearing out section.
Phone 03 265 5066

FOR SALE *March*
White Sleigh Cot with draw underneath plus mattress in excellent clean condition. \$150.00.
Please phone 5419779.

Haier Bar Fridge HRZ-40 Litre
excellent condition. \$130.00.
Please phone 5419779.

TO RENT
1 bed, self contained unit in Belgrove.
\$250pw including power and WIFI
Call 0272 128 021

WANTED
Piano music and any lesson books or similar to help a complete beginner who also needs to learn to read music. I'm determined to teach myself but any help would be great.

Also Paint, any old or unused paint, any colour, size or type. Tins or part tins oil, turps or solvent base. Water base only in plastic containers.

To paint some old toys, shed shelves and a few farm bits and pieces.
Phone Murray 541 9655

FOR SALE or TRADE
Old hay, too old for animals but excellent for compost or mulch.

About 1 tandem or 2 small trailer loads.
Offers or trade ?

Clothes drier, Frigidaire. Older model but had very little use.
Offers ?
Phone Murray 541 9655

Old/Vintage Logging or Forestry equipment for local museum.

Chainsaws or any old style item of interest related to logging.
Phone Murray 541 9655

Situations Vacant



We are looking for awesome people to join our team.

We have opportunities for:

- Cook/Baker
- Front of House Staff

As we are a 7 day a week business flexibility and the ability to work weekends is a must.

Working as part of a small team we require the ultimate all rounder.

Some experience an advantage but full training and support is available.

Only those who are invited to interview will be contacted.

Please send CV, including referees and any relevant training and qualifications to: mauzgonz@xtra.co.nz or call in and see us. Please type "Job application" in the subject line.

WAKEFIELD BOWLING CLUB

Wanted scrap metal, appliances, old wiring, old car batteries, etc

Wakefield Bowling Club is willing to collect any items.

Please phone Trevor on 5418855

SOCIAL INDOOR BOWLS

Wakefield Village Hall, Mondays 1pm
Come along and have a game, chat and a cuppa
\$2.50pp

FREE
Spoil / fill. We have a large volume of clay spoil that was dug out from our building platform. Collect for free to use in your landscaping project! Off Totara View above Wakefield.

Fran fran@mobilecomputing.co.nz
027 224 0955

WANTED
Green waste. Fresh grass clippings, food scraps, hedge trimmings, small branches, for making compost. I will pick up small amounts of fresh green waste from Wakefield area. Jenni jennik@ts.co.nz 027 224 0977 (text only)

Community Directory

Citizens Advice Bureau
548 2117 - 0800 367 222

Rutherford Memorial Hall
658 Wakefield-Kohatu Highway, Foxhill
Bookings and enquiries:
Erica Short 541 8882 or
rutherfordmemorial.hall@gmail.com

Pigeon Valley Steam Museum
Alan Palmer 027 319 7427

Rural Ramblers
Carolyn Mason 541 9200

Spring Grove Drill Hall
C. Pike 542 3904

Totaradale Golf Club
Jacquie 541 8030

Wakefield Anglican Church – St Johns
Meet Sun 9.00am; 10.30am
Rev. Allan Wasley 541 8883

Wakefield Community Library
Wendy Gibbs 541 8490
Pam Dick 541 8392
Hours - Tues 10.30 -11.30am
Friday - 2.30 - 4pm
Excluding Public Holidays

Wakefield Football Club
Chris Olaman 027 541 9029
Ian Radcliffe 021 0244 6459

Wakefield Medical Centre
541 8911

Wakefield Pharmacy
5418418
doug@wakefieldpharmacy.co.nz

Wakefield Playcentre
Contact: 541 8866

Wakefield School
Edward Street 541 8332

Wakefield Scout Group
wsg4kids@gmail.com

Wakefield Toy Library
Saturday 9.30-11.30am
Chris Gaul 541 8148

Wakefield Volunteer Fire Brigade
DCFO Fritz Buckendahl 027 224 4162

Justice of the Peace
Katie Greer
896 Wakefield/Kohatu Highway
Ph 021 547 756

Country Players (Drama)
Jen Amosa 541 8139
enquiries@countryplayers.org.nz
www.countryplayers.wordpress.com

Nelson Vintage Engine & Machinery Club
Allan 027 319 7427

Pinegrove Kindergarten
03 542 3447

Rural Women
Dawn Batchelor 542 3628

St Joseph's Catholic Church
Sun 8am, Thurs 9.30am
Parish Priest Seth Pijfers 544 8987

Waimea Sheepdog Trial Club
Colin Gibbs 541 8435
gibbs@ts.co.nz

Wakefield Book Group
Mahala White - 541 8933 or
Chrissy Harris - 541 9596

Wakefield Bush Restoration Society
Doug South 541 8980

Wakefield Craft Fair
Leanne and Glen Turner
541 8306

Wakefield Plunket
Donna Todd 541 8583

**Wakefield School/ Community
Swimming Pool**
Phill Platt 027 231 7610

Target Shooting Wakefield
targetshootingwakefield@gmail.com
Contact: Dot Ashton
541 8989 or 027 543 0529

Wakefield Rest Home Ltd
Cath Smart - Manager
Rita O'Neil - Clinical Manager
541 8995

Wanderers Sports Club
542 3344

Wakefield Physiotherapy
Kate West 03 541 8911

Window on Wakefield
Advertising - 541 9641
Genie & Lindsay Bradley

Focus Wakefield
focuswakefield@gmail.com

Just Gymnastics
Linda Mace 546 6013

NZ Postcard Society Inc.
Doug South 541 8980

Richmond Lions - Wakefield Rep
Ivan Burrowes 541 9689

Spring Grove Church of Christ
Meet Sundays 10am
541 8011

Top of the South Rural Support Trust
gibbs@ts.co.nz
Colin Gibbs 541 8435

Waimea South Historical Society
Arnold Clark 544 7834

Wakefield Bowling Club
Margaret Eames 541 8316

Wakefield/Brightwater Book Club
Pauline Coy 542 3994
paulinebc@gmail.com

Wakefield Community Council
Sonia Emerson 541 9005

Wakefield Indoor Bowls Club
Ren Olykan 541 8275

Wakefield Preschool
Contact: 541 8086

Wakefield School PTA
ptawakefield@gmail.com

Wakefield Tennis Club
Ngaire Calder 541 9419

Wakefield Village Hall
Rob Merilees 541 8598

St. John's Worship Centre
Nigel Massey 541 8857

Waimea Plains Junior Football Club
Debbie and Grant de Joux
541 8307

Window on Wakefield
Articles & Content - 541 9005
Sonia Emerson

CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have **specialised skills/ equipment**, and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their **responsibility to be personally prepared**.

You should ensure that you have your own **survival kit** in place, and that you are able to be **fully self sufficient for at least three days**.

In the event of an emergency, for urgent public messages, tune in to:
More FM 94.1, Classic Hits 89.8, Fresh FM 95.4



I've sent high commissions **PACKING**
with our **UNBEATABLE FLAT FEE**



WAKEFIELD

21A Harcourt Pl \$659,000



3 bed plus office on a 1257m² section

WAKEFIELD

466 Church Valley Rd \$1,230,000



Large 4 bed & office home on 9.76 hectares

WAKEFIELD

9 McCrae St \$598,000+



Beautiful 4 bedroom home and garden

WAKEFIELD

1 Turner Place \$639,000+



3 bedroom plus office with 2 garages

WANTED

**3 bedroom
home
up to
\$450,000**

**Retiree looking
for a home
up to
\$360,000**

**House to do up,
up to
\$360,000**

WAKEFIELD

57 Lord Auckland Rd



WAKEFIELD

23A Matariki Pl



WAKEFIELD

Trass Valley Pl



I love giving back to our fantastic community and am so proud to support the following organisations



Wendy Pearson

M 021 567 722

P 541 9667

E wendy.pearson@tallpoppy.co.nz

Bulsara Ltd REAA Licensed MREINZ

Licensed Real Estate Salesperson (REAA 2008)